

# Alzheimer's Analysis

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## **Introduction**

Our team decided to analyze the Alzheimer's Disease dataset created by Rabei El Kharoua on Kaggle. We decided to proceed with this topic since Alzheimer's is a very common illness without a cure that affects millions of people both directly and indirectly. This data set includes data from 2,149 patients and has 34 variables.

Which factors are strongly associated with a diagnosis of Alzheimer's Disease?

E.g. “1. Neural Networks (Jake Schwartz, Alina Akhtar)”

```
alzheimers_data = alzheimers_data <- read.csv("alzheimers_disease_data.csv")
colnames(alzheimers_data)
```

```
## [1] "PatientID"           "Age"
## [3] "Gender"              "Ethnicity"
## [5] "EducationLevel"      "BMI"
## [7] "Smoking"             "AlcoholConsumption"
## [9] "PhysicalActivity"     "DietQuality"
## [11] "SleepQuality"        "FamilyHistoryAlzheimers"
## [13] "CardiovascularDisease" "Diabetes"
## [15] "Depression"          "HeadInjury"
## [17] "Hypertension"        "SystolicBP"
## [19] "DiastolicBP"         "CholesterolTotal"
## [21] "CholesterolLDL"      "CholesterolHDL"
## [23] "CholesterolTriglycerides" "MMSE"
## [25] "FunctionalAssessment" "MemoryComplaints"
## [27] "BehavioralProblems"  "ADL"
## [29] "Confusion"           "Disorientation"
## [31] "PersonalityChanges"  "DifficultyCompletingTasks"
## [33] "Forgetfulness"       "Diagnosis"
## [35] "DoctorInCharge"
```

```
table(alzheimers_data$Diagnosis)
```

```
##
##      0      1
## 1389  760
```

Initialize Model, 2 hidden layers, uses ReLU activation, and binary cross entropy with logits loss because it says in torch modules it is more stable than sigmoid

```
library(torch)
```

```
## Warning: package 'torch' was built under R version 4.3.3
```

```
alzheimers_net = nn_module(
  "class_net",

  initialize = function(){
    self$layer1 = nn_linear(in_features = ncol(x), out_features = 64)
    self$layer2 = nn_linear(in_features = 64, out_features = 32)
    self$output = nn_linear(in_features = 32, out_features = 1)
  },
  forward = function(x){
    x %>%
      self$layer1() %>%
      nnf_relu() %>%
      self$layer2() %>%
```

```

    nnf_relu() %>%
    self$output()
  }
)

```

## Convert columns to numeric

```

alzheimers_data = alzheimers_data[, -which(names(alzheimers_data) == "DoctorInCharge")]
alzheimers_data = alzheimers_data[, -which(names(alzheimers_data) == "PatientID")]

alzheimers_data$Gender <- as.numeric(factor(alzheimers_data$Gender))
alzheimers_data$Ethnicity <- as.numeric(factor(alzheimers_data$Ethnicity))
alzheimers_data$EducationLevel <- as.numeric(factor(alzheimers_data$EducationLevel))
alzheimers_data$Smoking <- as.numeric(factor(alzheimers_data$Smoking))
alzheimers_data$AlcoholConsumption <- as.numeric(factor(alzheimers_data$AlcoholConsumption))
alzheimers_data$PhysicalActivity <- as.numeric(factor(alzheimers_data$PhysicalActivity))
alzheimers_data$DietQuality <- as.numeric(factor(alzheimers_data$DietQuality))
alzheimers_data$SleepQuality <- as.numeric(factor(alzheimers_data$SleepQuality))
alzheimers_data$FamilyHistoryAlzheimers <- as.numeric(factor(alzheimers_data$FamilyHistoryAlzheimers))
alzheimers_data$CardiovascularDisease <- as.numeric(factor(alzheimers_data$CardiovascularDisease))
alzheimers_data$Diabetes <- as.numeric(factor(alzheimers_data$Diabetes))
alzheimers_data$Depression <- as.numeric(factor(alzheimers_data$Depression))
alzheimers_data$HeadInjury <- as.numeric(factor(alzheimers_data$HeadInjury))
alzheimers_data$Hypertension <- as.numeric(factor(alzheimers_data$Hypertension))

# Normalize the numeric columns, but the -ncol removes the last column which is diagnosis because we do not want to
alzheimers_data[, -ncol(alzheimers_data)] <- scale(alzheimers_data[, -ncol(alzheimers_data)])

#Applies as.numeric to all data because it wasnt working with above earlier
alzheimers_data = data.frame(lapply(alzheimers_data, as.numeric))

#See classifications in table
table(alzheimers_data$Diagnosis)

##
##      0      1
## 1389  760

```

## Split Data and Convert Into Tensors

```

x = as.matrix(alzheimers_data[, -32]) #All but diagnose column
y = alzheimers_data$Diagnosis

x_tensor = torch_tensor(as.matrix(x), dtype = torch_float())
y_tensor = torch_tensor(as.numeric(y), dtype = torch_float())
y_tensor

## torch_tensor
##  0
##  0
##  0

```

```
## 0
## 0
## 0
## 0
## 1
## 0
## 0
## 0
## 0
## 0
## 1
## 0
## 1
## 1
## 1
## 0
## 1
## 1
## 0
## 0
## 1
## 1
## 0
## 0
## 0
## 0
## 0
## 0
## ... [the output was truncated (use n=-1 to disable)]
## [ CPUFloatType{2149} ]
```

## Neural Net Steps with K-Folds cross validation

```
library(caret)

## Loading required package: ggplot2
## Loading required package: lattice
# Define K-fold cross-validation parameters
k <- 10
folds <- createFolds(y, k = k, list = TRUE, returnTrain = TRUE)

result <- numeric(k)

for (i in 1:k) {
  cat("Fold:", i, "\n")

  # Split the data
  train_indices <- folds[[i]]
  test_indices <- setdiff(seq_len(nrow(alzheimers_data)), train_indices)

  x_train <- x_tensor[train_indices, ]
  y_train <- y_tensor[train_indices]$unsqueeze(2)
  x_test <- x_tensor[test_indices, ]
```

```

y_test <- y_tensor[test_indices]$unsqueeze(2)
# Initialize the model
neural_model <- alzheimers_net()
optimizer <- optim_adam(neural_model$parameters, lr = 0.001)
criterion <- nn_bce_with_logits_loss()

# Training loop
num_epochs <- 100
for (epoch in 1:num_epochs) {
  optimizer$zero_grad()
  outputs <- neural_model(x_train)
  loss <- criterion(outputs, y_train)
  loss$backward()
  optimizer$step()

  if (epoch %% 10 == 0) {
    cat("Epoch:", epoch, "Loss:", loss$item(), "\n")
  }
}

# Evaluate the model
neural_model$eval()
with_no_grad({
  outputs <- neural_model(x_test)
  predictions <- torch_sigmoid(outputs) > 0.5
  accuracy <- mean(as_array(predictions) == as_array(y_test))
  result[i] <- accuracy
})
}

```

```

## Fold: 1
## Epoch: 10 Loss: 0.6548127
## Epoch: 20 Loss: 0.6171016
## Epoch: 30 Loss: 0.5649083
## Epoch: 40 Loss: 0.4927339
## Epoch: 50 Loss: 0.4077709
## Epoch: 60 Loss: 0.3250087
## Epoch: 70 Loss: 0.2560219
## Epoch: 80 Loss: 0.2022445
## Epoch: 90 Loss: 0.1597737
## Epoch: 100 Loss: 0.1244614
## Fold: 2
## Epoch: 10 Loss: 0.6562297
## Epoch: 20 Loss: 0.6070468
## Epoch: 30 Loss: 0.5470157
## Epoch: 40 Loss: 0.4722339
## Epoch: 50 Loss: 0.3912062
## Epoch: 60 Loss: 0.3151656
## Epoch: 70 Loss: 0.253592
## Epoch: 80 Loss: 0.206868
## Epoch: 90 Loss: 0.1699495
## Epoch: 100 Loss: 0.1379056
## Fold: 3

```

```
## Epoch: 10 Loss: 0.6644116
## Epoch: 20 Loss: 0.6303245
## Epoch: 30 Loss: 0.5837034
## Epoch: 40 Loss: 0.5214015
## Epoch: 50 Loss: 0.4472862
## Epoch: 60 Loss: 0.3695334
## Epoch: 70 Loss: 0.2972417
## Epoch: 80 Loss: 0.2365288
## Epoch: 90 Loss: 0.1880703
## Epoch: 100 Loss: 0.1489289
## Fold: 4
## Epoch: 10 Loss: 0.671301
## Epoch: 20 Loss: 0.63283
## Epoch: 30 Loss: 0.5869412
## Epoch: 40 Loss: 0.5256845
## Epoch: 50 Loss: 0.4495069
## Epoch: 60 Loss: 0.3660335
## Epoch: 70 Loss: 0.2893146
## Epoch: 80 Loss: 0.230259
## Epoch: 90 Loss: 0.1868162
## Epoch: 100 Loss: 0.1524627
## Fold: 5
## Epoch: 10 Loss: 0.6763661
## Epoch: 20 Loss: 0.6351676
## Epoch: 30 Loss: 0.5947539
## Epoch: 40 Loss: 0.5492331
## Epoch: 50 Loss: 0.4930807
## Epoch: 60 Loss: 0.428286
## Epoch: 70 Loss: 0.3595619
## Epoch: 80 Loss: 0.2942329
## Epoch: 90 Loss: 0.2380775
## Epoch: 100 Loss: 0.1914133
## Fold: 6
## Epoch: 10 Loss: 0.6847839
## Epoch: 20 Loss: 0.6369051
## Epoch: 30 Loss: 0.5914015
## Epoch: 40 Loss: 0.5373437
## Epoch: 50 Loss: 0.4724266
## Epoch: 60 Loss: 0.3992122
## Epoch: 70 Loss: 0.3256584
## Epoch: 80 Loss: 0.2599944
## Epoch: 90 Loss: 0.2076306
## Epoch: 100 Loss: 0.1667324
## Fold: 7
## Epoch: 10 Loss: 0.6640218
## Epoch: 20 Loss: 0.6219987
## Epoch: 30 Loss: 0.5739584
## Epoch: 40 Loss: 0.5108392
## Epoch: 50 Loss: 0.4336388
## Epoch: 60 Loss: 0.3501763
## Epoch: 70 Loss: 0.2754579
## Epoch: 80 Loss: 0.2174327
## Epoch: 90 Loss: 0.1730146
## Epoch: 100 Loss: 0.1367406
```

```

## Fold: 8
## Epoch: 10 Loss: 0.6500049
## Epoch: 20 Loss: 0.6161366
## Epoch: 30 Loss: 0.5710318
## Epoch: 40 Loss: 0.5081824
## Epoch: 50 Loss: 0.4279924
## Epoch: 60 Loss: 0.3402181
## Epoch: 70 Loss: 0.2642025
## Epoch: 80 Loss: 0.2079965
## Epoch: 90 Loss: 0.1658514
## Epoch: 100 Loss: 0.1307195
## Fold: 9
## Epoch: 10 Loss: 0.6708925
## Epoch: 20 Loss: 0.6287234
## Epoch: 30 Loss: 0.5769619
## Epoch: 40 Loss: 0.510579
## Epoch: 50 Loss: 0.4320328
## Epoch: 60 Loss: 0.3494756
## Epoch: 70 Loss: 0.2738889
## Epoch: 80 Loss: 0.2124735
## Epoch: 90 Loss: 0.1658315
## Epoch: 100 Loss: 0.129988
## Fold: 10
## Epoch: 10 Loss: 0.6495581
## Epoch: 20 Loss: 0.6188761
## Epoch: 30 Loss: 0.576013
## Epoch: 40 Loss: 0.5133113
## Epoch: 50 Loss: 0.432047
## Epoch: 60 Loss: 0.3440225
## Epoch: 70 Loss: 0.2674099
## Epoch: 80 Loss: 0.2103252
## Epoch: 90 Loss: 0.1677094
## Epoch: 100 Loss: 0.1327588

```

```

# Print cross-validation results
cat("Cross-Validation Accuracy:", mean(result), "\n")

```

```

## Cross-Validation Accuracy: 0.9306629

```