# ELLA HARRIS SAILOR PROFILE

Date of Birth **2006-12-09** 

Years Left U19

1

Years Left U21

2

Classification

Nacra

Height 171.0cm

Predicted Height

172.0cm

#### PERFORMANCE

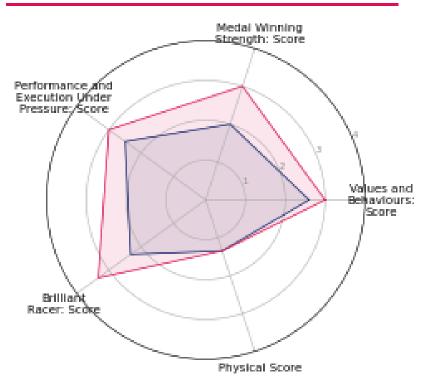
#### **Primary Indicator Event**

- Position in fleet: No Data
- Position relative to other applicants: 1

#### Secondary Indicator - 6 Month Ranking

• Ranking: No Data

### **POTENTIAL MARKERS**



For all graphs, self reflection is shown in red, coach review in blue. Physical scoring for both taken from testing results.



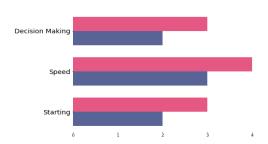
#### **COACHES' COMMENTS**

A respectful sailor, but could push herself harder, especially in fitness tests and tough sessions. Strong in windward mark roundings and boat speed, but could take more ownership in starting and decision-making. Performs consistently under pressure, but her fitness sometimes wanes in longer races. More communication and taking greater responsibility would enhance her sailing. Disclaimer: Comments are an Al generated summary of coach comments, and may contain inaccuracies.

#### **CHART KEY**

- **1- Emerging potential -** executes inconsistently without pressure/rarely demonstrates
- **2- Future potential -** executes consistently without pressure/sometimes demonstrates
- **3- High potential -** executes consistently under pressure in training/regularly demonstrates
- **4- Obvious Talent -** executes consistently under high pressure/always or nearly always demonstrates

# **BRILLIANT RACER**



# VALUES AND BEHAVIOURS

