



Filing ID #10071627

FINANCIAL DISCLOSURE REPORT

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FILER INFORMATION

Name: Stefany Shaheen
Status: Congressional Candidate
State/District: NH01

FILING INFORMATION

Filing Type: Candidate Report
Filing Year: 2025
Filing Date: 09/26/2025
Period Covered: 01/01/2024– 08/26/2025

SCHEDULE A: ASSETS AND "UNEARNED" INCOME

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
M&T Bank - Checking [BA]	JT	\$1 - \$1,000	None		
NH Community Loan Fund [BA]	SP	\$1,001 - \$15,000	Interest	\$1 - \$200	\$201 - \$1,000
Rental Property [RP]	JT	\$500,001 - \$1,000,000	Rent	\$15,001 - \$50,000	\$50,001 - \$100,000
LOCATION: Portsmouth, NH, US					
TD Bank - Checking [BA]	JT	\$1,001 - \$15,000	None		
Triangle Credit Union - Checking [BA]	JT	\$15,001 - \$50,000	None		
Type E Productions [OL]	JT	\$1,001 - \$15,000	None		
LOCATION: Portsmouth, NH, US DESCRIPTION: Theatrical production					
Schwab Brokerage Account ⇒ Invesco BulletShares 2025 Corporate Bond ETF (BSCP) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
Schwab Brokerage Account ⇒ Invesco BulletShares 2026 Corporate Bond ETF (BSCQ) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Invesco BulletShares 2027 Corporate Bond ETF (BSCR) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Invesco BulletShares 2028 Corporate Bond ETF (BSCS) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Invesco BulletShares 2029 Corporate Bond ETF (BSCT) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Invesco BulletShares 2030 Corporate Bond ETF (BSCU) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Invesco BulletShares 2031 Corporate Bond ETF (BSCV) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Invesco BulletShares 2032 Corporate Bond ETF (BSCW) [EF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ iShares Core S&P 500 ETF (IVV) [EF]	JT	\$15,001 - \$50,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ iShares Core S&P Mid-Cap ETF (IJH) [EF]	JT	\$15,001 - \$50,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ iShares Russell 1000 ETF (IWB) [EF]	JT	\$15,001 - \$50,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Materials Select Sector SPDR (XLB) [EF]	JT	\$1 - \$1,000	Dividends	\$1 - \$200	\$1 - \$200
Schwab Brokerage Account ⇒ PRIMARY BK (PRMY) [ST]	JT	\$1,001 - \$15,000	None	\$1 - \$200	\$1 - \$200
Schwab Brokerage Account ⇒	JT	\$1,001 - \$15,000	Interest	\$1 - \$200	\$1 - \$200

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
Schwab Bank Deposit Program [BA]					
Schwab Brokerage Account ⇒ Schwab Treasury Obligations Money Fund - Investor Shares (SNOXX) [MF]	JT	\$1,001 - \$15,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ SPDR S&P 500 (SPY) [EF]	JT	\$50,001 - \$100,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ SPDR Select Sector Fund - Industrial (XLI) [EF]	JT	\$1 - \$1,000	Dividends	\$1 - \$200	\$1 - \$200
Schwab Brokerage Account ⇒ Vanguard Div Appreciation ETF (VIG) [EF]	JT	\$15,001 - \$50,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Vanguard FTSE Developed Markets ETF (VEA) [EF]	JT	\$15,001 - \$50,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab Brokerage Account ⇒ Vanguard Small-Cap ETF (VB) [EF]	JT	\$15,001 - \$50,000	Dividends	\$201 - \$1,000	\$201 - \$1,000
Schwab IRA 1 ⇒ Fidelity Contra Fund (FCNTX) [MF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ Goldman Sachs GQG Partners International Opportunities Fund Institutional Shares (GSIMX) [MF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ Invesco BulletShares 2025 Corporate Bond ETF (BSCP) [EF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ Invesco BulletShares 2026 Corporate Bond ETF (BSCQ) [EF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ Invesco BulletShares 2026 Corporate Bond ETF (BSCQ) [EF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ Invesco BulletShares 2027 Corporate Bond ETF (BSCR) [EF]		\$1 - \$1,000	Tax-Deferred		

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
Schwab IRA 1 ⇒ iShares Core S&P Mid-Cap ETF (IJH) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 1 ⇒ Schwab Bank Deposit Program [BA]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ SPDR S&P 500 (SPY) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 1 ⇒ Vanguard Equity Income Pt (VEIPX) [MF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ Vanguard FTSE Developed Markets ETF (VEA) [EF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 1 ⇒ Vanguard Small-Cap ETF (VB) [EF]		\$1 - \$1,000	Tax-Deferred		
Schwab IRA 2 ⇒ Fidelity Contra Fund (FCNTX) [MF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Goldman Sachs GQG Partners International Opportunities Fund Institutional Shares (GSIMX) [MF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Invesco BulletShares 2025 Corporate Bond ETF (BSCP) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Invesco BulletShares 2026 Corporate Bond ETF (BSCQ) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Invesco BulletShares 2027 Corporate Bond ETF (BSCR) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ iShares Core S&P Mid-Cap ETF (IJH) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Schwab Bank Deposit Program [BA]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒	SP	\$1,001 - \$15,000	Tax-Deferred		

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
Schwab Treasury Obligations Money Fund - Investor Shares (SNOXX) [MF]					
Schwab IRA 2 ⇒ SPDR S&P 500 (SPY) [EF]	SP	\$15,001 - \$50,000	Tax-Deferred		
Schwab IRA 2 ⇒ Vanguard Equity Income Pt (VEIPX) [MF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Vanguard Equity Income Pt (VEIPX) [MF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Vanguard FTSE Developed Markets ETF (VEA) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab IRA 2 ⇒ Vanguard Small-Cap ETF (VB) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Fidelity Contra Fund (FCNTX) [MF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Goldman Sachs GQG Partners International Opportunities Fund Institutional Shares (GSIMX) [MF]		\$1 - \$1,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Invesco BulletShares 2025 Corporate Bond ETF (BSCP) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Invesco BulletShares 2026 Corporate Bond ETF (BSCQ) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Invesco BulletShares 2027 Corporate Bond ETF (BSCR) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ iShares Core S&P Mid-Cap ETF (IJH) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Schwab Bank Deposit Program [BA]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒		\$15,001 - \$50,000	Tax-Deferred		

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
SPDR S&P 500 (SPY) [EF]					
Schwab Roth IRA 1 ⇒ Vanguard Equity Income Pt (VEIPX) [MF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Vanguard FTSE Developed Markets ETF (VEA) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 1 ⇒ Vanguard Small-Cap ETF (VB) [EF]		\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Goldman Sachs GQG Partners International Opportunities Fund Institutional Shares (GSIMX) [MF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Invesco BulletShares 2025 Corporate Bond ETF (BSCP) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Invesco BulletShares 2026 Corporate Bond ETF (BSCQ) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Invesco BulletShares 2027 Corporate Bond ETF (BSCR) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ iShares Core S&P Mid-Cap ETF (IJH) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Schwab Bank Deposit Program [BA]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ SPDR S&P 500 (SPY) [EF]	SP	\$15,001 - \$50,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Vanguard FTSE Developed Markets ETF (VEA) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Vanguard Small-Cap ETF (VB) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		
Schwab Roth IRA 2 ⇒ Vanguard Small-Cap ETF (VB) [EF]	SP	\$1,001 - \$15,000	Tax-Deferred		

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
Shaheen Enterprises ⇒ 903 Central Ave Associates [OL]		\$15,001 - \$50,000	Partnership	None	\$5,001 - \$15,000
LOCATION: Dover, NH, US DESCRIPTION: Owns commercial rental property at 903 Central Ave					
Shaheen Enterprises ⇒ Atlas-Heritage Title Co [OL]		\$1,001 - \$15,000	None		
LOCATION: Dover, NH, US DESCRIPTION: Title services					
Shaheen Enterprises ⇒ Citizens Bank - Checking [BA]		\$50,001 - \$100,000	None		
Shaheen Enterprises ⇒ Route 125 Associates [OL]		\$50,001 - \$100,000	Partnership	None	\$201 - \$1,000
LOCATION: Dover, NH, US DESCRIPTION: Owns commercial rental property at 903 Central Ave					
Shaheen Enterprises ⇒ The Shop by Wheat [OL]		\$1,001 - \$15,000	None		
LOCATION: Barnes Bay, AI DESCRIPTION: Retail business					
Shaheen Enterprises ⇒ Vera Innovcations [OL]		\$15,001 - \$50,000	None		
LOCATION: Dover, NH, US DESCRIPTION: Coffee company					

* Investment Vehicle details available at the bottom of this form. For the complete list of asset type abbreviations, please visit <https://fd.house.gov/reference/asset-type-codes.aspx>.

SCHEDULE C: EARNED INCOME

Source	Type	Amount Current Year to Filing	Amount Preceding Year
Portsmouth Housing Authority	Spouse Salary	N/A	N/A
Stefany Shaheen Consulting	Consulting	\$110,000.00	\$151,489.00
Good Measures	President - Salary & Deferred Compensation	N/A	\$433,448.00
NationsBenefits	SVP, Nations Nutrtion	\$85,000.00	\$12,308.00

Team - Salary

SCHEDULE D: LIABILITIES

Owner	Creditor	Date Incurred	Type	Amount of Liability
JT	M&T Bank	Sep. 2020	Mortgage on rental property	\$500,001 - \$1,000,000
JT	UWM	Aug. 2020	Mortgage on primary personal residence	\$500,001 - \$1,000,000

SCHEDULE E: POSITIONS

Position	Name of Organization
Trustee	Joslin Diabetes Center
COMMENTS: Jun. 2014-Sep. 2024	
Director	Primary Bank
COMMENTS: Jan. 2024-Present	
Member	UniverCell
COMMENTS: Oct. 2019-Present	
President	Good Measures
COMMENTS: Jun. 2011-Nov. 2024	
Community Board Member	Breakthrough T1D Greater NE Chapter
COMMENTS: Jun. 2022-Jun. 2024	
SVP, Nations Nutrition Team	NationsBenefits
COMMENTS: Nov. 2024-Present	
Member	Type E Productions
COMMENTS: Apr. 2021-Present	
Member	Stefany Shaheen Consulting
COMMENTS: Apr. 2019-Present	

SCHEDULE F: AGREEMENTS

None disclosed.

SCHEDULE J: COMPENSATION IN EXCESS OF \$5,000 PAID BY ONE SOURCE

Source (Name and Address)	Brief Description of Duties
ARMI (Manchester, NH, US)	Chief Strategy Officer

SCHEDULE A INVESTMENT VEHICLE DETAILS

- Schwab IRA 1
- Schwab IRA 2 (Owner: SP)
- Schwab Brokerage Account (Owner: JT)
- Schwab Roth IRA 1
- Schwab Roth IRA 2 (Owner: SP)
- Shaheen Enterprises
LOCATION: Dover, NH, US

EXCLUSIONS OF SPOUSE, DEPENDENT, OR TRUST INFORMATION

Trusts: Details regarding "Qualified Blind Trusts" approved by the Committee on Ethics and certain other "excepted trusts" need not be disclosed. Have you excluded from this report details of such a trust benefiting you, your spouse, or dependent child?

Yes No

Exemption: Have you excluded from this report any other assets, "unearned" income, transactions, or liabilities of a spouse or dependent child because they meet all three tests for exemption?

Yes No

CERTIFICATION AND SIGNATURE

I CERTIFY that the statements I have made on the attached Financial Disclosure Report are true, complete, and correct to the best of my knowledge and belief.

Digitally Signed: Stefany Shaheen , 09/26/2025