



Filing ID #10070440

FINANCIAL DISCLOSURE REPORT

Clerk of the House of Representatives • Legislative Resource Center • B81 Cannon Building • Washington, DC 20515

FILER INFORMATION

Name: Jennifer Konfrst
Status: Congressional Candidate
State/District: IA03

FILING INFORMATION

Filing Type: Candidate Report
Filing Year: 2025
Filing Date: 09/05/2025
Period Covered: 01/01/2024– 08/06/2025

SCHEDULE A: ASSETS AND "UNEARNED" INCOME

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
SoFi Savings Account [BA]	SP	\$1,001 - \$15,000	Interest	\$1 - \$200	\$1 - \$200
AMC 401K ⇒ Vanguard Emerging Markets Stock Index Fund Institutional Plus (VEMRX) [MF]	SP	None	Capital Gains	None	\$50,001 - \$100,000
AMC 401K ⇒ Vanguard Institutional Index Fund Institutional Plus Shares (VIIIX) [MF]	SP	None	Capital Gains	None	\$50,001 - \$100,000
AMC 401K ⇒ Vanguard Total Bond Market Index Fund Admiral Shares (VBTLX) [MF]	SP	None	Capital Gains	None	\$5,001 - \$15,000
Fidelity 401K ⇒ Fidelity International Index Fund (FSPSX) [MF]	SP	\$50,001 - \$100,000	Tax-Deferred		
Fidelity 401K ⇒ Fidelity Large Cap Growth Index Fund (FSPGX) [MF]	SP	\$50,001 - \$100,000	Tax-Deferred		
Fidelity 401K ⇒ Fidelity Mid Cap Index Fund (FSMDX) [MF]	SP	\$50,001 - \$100,000	Tax-Deferred		

Asset	Owner	Value of Asset	Income Type(s)	Income Current Year to Filing	Income Preceding Year
Fidelity 401K ⇒ Fidelity Sustainable Target Date 2040 Fund (FSVX) [MF]	SP	\$50,001 - \$100,000	Tax-Deferred		
IPERS Defined Benefit Pension Plan ⇒ IPERS Defined Benefit Pension Plan [PE]		\$100,001 - \$250,000	Tax-Deferred		
TIAA-CREF IRA ⇒ Nuveen Lifecycle Index 2035 Fund R6 (TLYIX) [MF]		\$100,001 - \$250,000	Tax-Deferred		

* Investment Vehicle details available at the bottom of this form. For the complete list of asset type abbreviations, please visit <https://fd.house.gov/reference/asset-type-codes.aspx>.

SCHEDULE C: EARNED INCOME

Source	Type	Amount Current Year to Filing	Amount Preceding Year
Drake University	Salary	\$53,398.02	\$90,260.70
State of Iowa	Salary	\$43,333.59	\$48,928.78
Nationwide Insurance	Spouse Salary	N/A	N/A
Drake University	Spouse Salary	N/A	N/A

SCHEDULE D: LIABILITIES

Owner	Creditor	Date Incurred	Type	Amount of Liability
SP	Aspire	August 2006	Student Loans	\$15,001 - \$50,000
	Sallie Mae	August 2020	Co-Signed Student Loans with Son	\$15,001 - \$50,000

SCHEDULE E: POSITIONS

Position	Name of Organization
Faculty Senate	Drake University
Academic Freedom and Tenure Committee	Drake University
Graduate Committee - School of Journalism and Mass Communication	Drake University
Promotion and Tenure Committee	Drake University

Position	Name of Organization
Faculty Advisor	Drake Policy Institute
Faculty Advisor	Drake Political Review
Legislative Council	Iowa General Assembly
Board of Directors	Democratic Legislative Campaign Committee
Accredited Member & Awards Judge	Public Relations Society of America
State Representative	Iowa General Assembly

SCHEDULE F: AGREEMENTS

None disclosed.

SCHEDULE J: COMPENSATION IN EXCESS OF \$5,000 PAID BY ONE SOURCE

None disclosed.

SCHEDULE A INVESTMENT VEHICLE DETAILS

- IPERS Defined Benefit Pension Plan
- TIAA-CREF IRA
- Fidelity 401K (Owner: SP)
- AMC 401K (Owner: SP)

EXCLUSIONS OF SPOUSE, DEPENDENT, OR TRUST INFORMATION

Trusts: Details regarding "Qualified Blind Trusts" approved by the Committee on Ethics and certain other "excepted trusts" need not be disclosed. Have you excluded from this report details of such a trust benefiting you, your spouse, or dependent child?

Yes No

Exemption: Have you excluded from this report any other assets, "unearned" income, transactions, or liabilities of a spouse or dependent child because they meet all three tests for exemption?

Yes No

CERTIFICATION AND SIGNATURE

I CERTIFY that the statements I have made on the attached Financial Disclosure Report are true, complete, and correct to the best of my knowledge and belief.

Digitally Signed: Jennifer Konfrst , 09/05/2025