

CONTACT

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- paligantristanjake@gmail. com
- Baguio City, Benguet 2600

LANGUAGES

- English (Fluent)
- TagalogFluent)

TRISTAN JAKE L. PALIGAN

REGISTERED CRIMINOLOGIST

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PROFILE

I am a registered criminologist with a strong foundation in law enforcement principles, crime prevention, and investigative procedures. Highly motivated to serve the community and uphold justice, I am seeking a position in the Philippine National Police (PNP) where I can apply my training, discipline, and commitment in making the Philippines a better place.

PERSONAL INFORMATION

Sex: Male

Birthdate: September 5, 2005

Civil Status: Single Citizenship: Filipino



WORK EXPERIENCE

Foundever

2023 - 2024

Customer Service Representative

- Strengthened communication and interpersonal skills by handling a high volume of calls and addressing diverse client concerns with professionalism and patience.
- Practiced conflict resolution and de-escalation techniques, ensuring calm and respectful interactions—skills essential in law enforcement work.
- Demonstrated integrity and confidentiality in handling sensitive customer data, reflecting trustworthiness and accountability.
- Maintained discipline, focus, and composure in a high-pressure environment—qualities aligned with the demands of police service.

SKILLS

- Teamwork
- Leadership
- Effective

Communication

- Critical Thinking
- Martial Artist
- Computer Skills

REFERENCE

Charity P. Daniel

Phone: 123-456-7890 Email: chadaniel.gmail.

com



EDUCATION

TERITIARY

2024 - 2027

Bachelor of Science in Criminology

University of the Cordilleras

Governor Pack Road, Baguio City 2600

SECONDARY

2017 - 2023

TVL - HOME ECONOMICS STRAND

Quirino High School

Molave, Project 3, Quezon City 1102

PRIMARY

2011 - 2017

Project 3 Elementary School

Molave, Project 3, Quezon City 1102



SEMINAR AND TRAININGS

TESDA Online Program - Philippines

CERTIFICATE OF COMPLETION
Introduction to Food and Beverage Services

TESDA Online Program - Philippines

CERTIFICATE OF COMPLETION Providing Housekeeping Services

TESDA Online Program - Philippines

CERTIFICATE OF COMPLETION
Microsoft Digital Literacy

TESDA Online Program - Philippines

CERTIFICATE OF COMPLETION
Wi-Fi 101 and Digital Thumbprint Program

University of the Cordilleras

CERTIFICATE OF PARTICIPATION UC - Center for Productions

University of the Cordilleras

ROTC 1 and 2 GRADUATE Philippine Air Force