

**TRISTAN JAKE L. PALIGAN**

Cuanso Compound, Bakakeng Central

Baguio City, Philippines 2600

+ 63 981 7803 808

paligantristanjake@gmail.com

**PERSONAL INFORMATION**

Sex: Male

Birthdate: September 5, 2005

Civil Status: Single

Citizenship: Filipino

Language and Dialect spoken: English and Tagalog,

**EDUCATIONAL ATTAINMENT**

SENIOR HIGH SCHOOL TVL – HOME ECONOMICS STRAND

University of the Cordilleras

Governor Pack Road, Baguio City 2600

2021 - Present

JUNIOR HIGH SCHOOL Quirino High School

Molave, Project 3, Quezon City 1102

2017 - 2021

ELEMENTARY SCHOOL Project 3 Elementary School

Molave, Project 3, Quezon City 1102

2011 - 2017

**SEMINAR/WORKSHOPS AND TRAININGS ATTENDED**

* CERTIFICATE OF COMPLETION

Introduction to Food and Beverage Services

TESDA Online Program – Philippines *(Issued on February 15, 2023)*

* CERTIFICATE OF COMPLETION

Deal with Intoxicated Guests

TESDA Online Program – Philippines *(Issued on February 15, 2023)*

* CERTIFICATE OF COMPLETION

Providing Housekeeping Services

TESDA Online Program – Philippines *(Issued on February 15, 2023)*

* CERTIFICATE OF COMPLETION

Providing Valet Services  
TESDA Online Program – Philippines *(Issued on February 15, 2023)*

* Certificate of Completion

Providing Laundry Services to Guests  
TESDA Online Program – Philippines *(Issued on February 15, 2023)*

* Certificate of Completion

Microsoft Digital Literacy

TESDA Online Program – Philippines *(Issued on February 15, 2023)*

* Certificate of Completion

Wi-Fi 101 and Digital Thumbprint Program

TESDA Online Program – Philippines *(Issued on February 15, 2023)*

* Certificate of Completion

Crafting Your Career

TESDA Online Program – Philippines (Issued on May 29, 2023)

* Certificate of Completion

Your Guide To Job Readiness

TESDA Online Program – Philippines (Issued on May 29, 2023)

* Certificate of Completion

Building Human Skills for Career Success

TESDA Online Program – Philippines (Issued on May 29, 2023)

**AWARDS**

* WITH HIGH HONORS

Quirino Highschool- Junior High School

2020 - 2021

* WITH HIGH HONORS

Quirino Highschool- Senior High School

2021 - 2022

**CHARACTER REFERENCES**

**MS. LYKA MAE COMILA**

UC Instructor

University of the Cordilleras, Senior High School

Governor Pack Road, Baguio City 2600

Email Address: comilalykamae@gmail.com

Contact Number: 0956 5416 987

**MR.ARI O’NEIL B. BISQUERA**

Teacher

University of the Cordilleras-Integrated School-Senior High School

Email Address: arioneil.bisquera@gmail.com

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