



Triple Constraint Theory

MDA402 Project Management

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Lecture Overview

1. Triple Constraint Theory

- Definition

- Project Triangle

2. Project Manager & Project Triangle

- Relationship

- Tips & Tools

3. Agile vs. Predictive

- Comparison

Triple Constraint Theory

Definition

Definition 7.1

Triple Constraint Theory is a critical project management concept:

- it is primary **building block** of the project plan
- it consists of three key variables:
 - **TIME** - "What is the deadline for project delivery?"
 - **SCOPE** - "What are we delivering?"
 - **COST** - "How much it will cost to deliver it?"
- every project must operate **within boundaries** of these variables [8]

Triple Constraint Theory

Project Triangle

Definition 7.2

Visual representation of three variables of Triple Constraint Theory is called **Project Triangle** or **Iron Triangle**.

- **useful** and **easy to understand** model
- simply illustrates **consequences** of changes
- clearly shows the need for **trade-offs** in case of any change

Triple Constraint Theory

Project Triangle

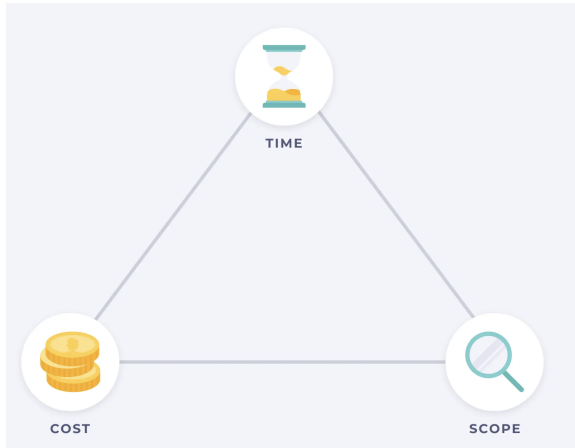


Figure: Project Triangle [1]

Triple Constraint Theory

Project Triangle

Dynamics in Project Triangle can be characterized as a **function** of three key variables and explained based on "**Pick Two**" rules:

↓ COST & ↑ SCOPE \Rightarrow ↑ TIME

■ having **cheap** and **high quality** service means it will **take time**

↓ TIME & ↑ SCOPE \Rightarrow ↑ COST

■ having **high quality** service delivered **quickly** means it will be **expensive**

↓ TIME & ↓ COST \Rightarrow ↓ SCOPE

■ having **cheap** service delivered **quickly** means it will be **poor quality**

Project Manager & Project Triangle Relationship

- **Project Triangle** is central point of project management → its **day-to-day** responsibility of project manager to **BALANCE** and **MANAGE** all three constraints
- project manager must have **deep** knowledge in all three constraints to correctly **respond** to changes and make **adjustments**
- crucial responsibility of project manager is to keep key stakeholders always **informed** about the constraints and also about adjustments and trade-offs applied
- no matter how dedicated project manager is, project triangle and its rules within constraints stands **unchanged** → project manager cannot bent it to their will [2]

Project Manager & Project Triangle

Tips & Tools

Project managers have several **tools** that can be used in the day-to-day work to help them successfully manage and balance project triangle.

We will talk about tools in categories by managing each constraint individually:

Managing SCOPE

Managing TIME

Managing COST and BUDGET

Project Manager & Project Triangle

Managing SCOPE

- **scope** = **size** of the project deliverables
- scope elements are:
 - features complexity
 - output quality
 - performance
- **scope creep** → demands and deliverables exceeds agreed & pre-set project scope [3]

Tips

- finalize **plan** as soon as possible
- agree on **scope** and sign it off at the beginning of the project understand

Project Manager & Project Triangle

Managing SCOPE

Tips

- define clear and realistic project **objectives**
- thorough **communication** with key stakeholders
- communicate **trade-offs** clearly and swiftly
- proper **documentation** of requirements
- create **scope management plan** that is easy to read and understand

Tools

- **JIRA / Asana** → PM tools managing scope by allowing to track requirements, work items, tasks, changes, ...

Project Manager & Project Triangle

Managing SCOPE

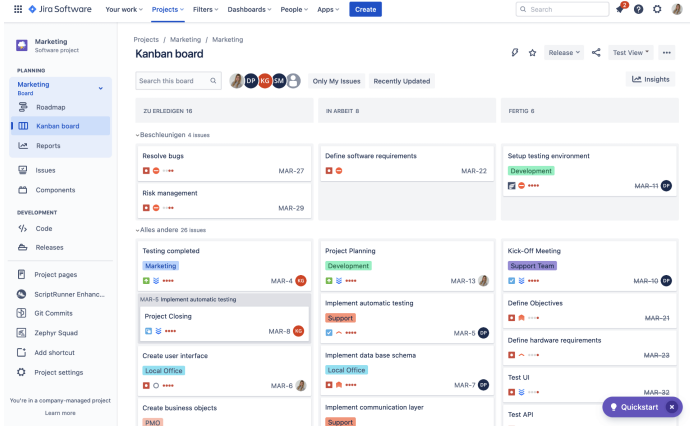


Figure: JIRA [4]

Project Manager & Project Triangle

Managing SCOPE

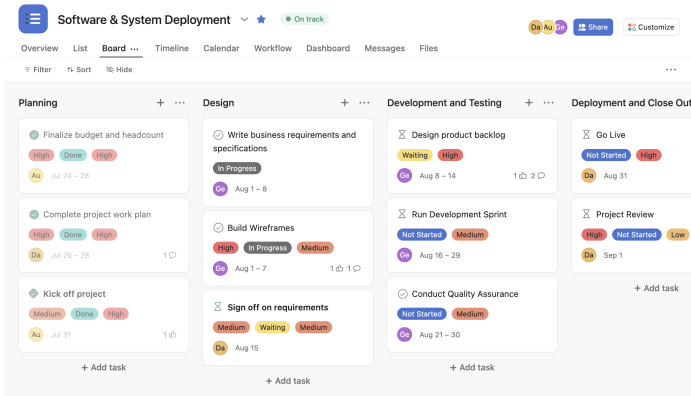


Figure: Asana [5]

Project Manager & Project Triangle

Managing TIME

- **time** = **schedule** of project delivery with agreed **deadlines**
- time elements are:
 - project timeline
 - hours worked on project
 - planning time
 - number of project phases

Tips

- create **project estimate** and manage it in **details** → update frequently in case of changes
- rely on **prioritization** → priority & severity

Project Manager & Project Triangle

Managing TIME

Tips

- define reasonable **controls** → **KPIs** (key performance indicators)
- keep track of **risks** → use **risk register** or **risk matrix**

Tools

- **WBS** → work breakdown structure
- **Critical Path**
- **Gantt chart**

Project Manager & Project Triangle

Managing COST and BUDGET

- **cost** = **resources** needed to deliver the project
- cost elements are:
 - financial budget
 - size of the delivery team
 - equipment and team facilities
- crucial constraint → **empowering** team to deliver outstanding work
- correct cost management allows:
 - to **see** the whole picture
 - to **distribute** work consistently
 - to **set** realistic goals [6]

Project Manager & Project Triangle

Managing COST and BUDGET

Tips

- apply correctly available **resource management techniques**:
 - resource **allocation** → process of assigning right resources to right tasks and projects
 - resource **utilization** → capacity planning technique to determine team's capacity over period of time
 - resource **forecasting** → proactively predicting resource requirements for the future
 - resource **leveling** → process of balancing between over-allocation and under-utilization among available resources
- **monitor** and **track** resources pro-actively
- rely on detailed **documentation** of resources

Agile vs. Predictive Comparison

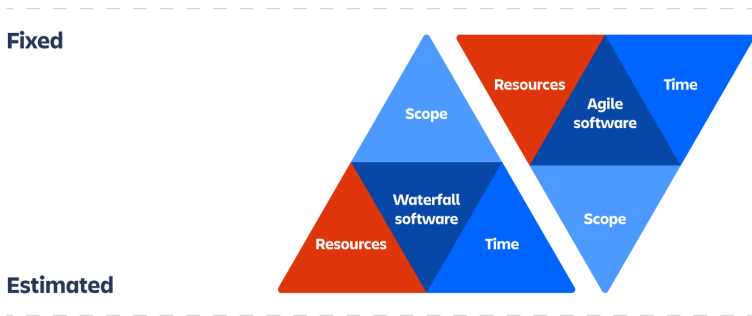


Figure: Agile vs. Predictive project triangle [7]

Agile vs. Predictive Comparison

Agile

SCOPE:

- change to the scope is **accepted** and **embraced**

TIME:

- usually **fixed** timeline → e.g. number of sprints in SCRUM

COST:

- **consistency** in resources and agreed budget

Predictive

SCOPE:

- **fixed** scope agreed and planned in advance

TIME:

- **established** in advance, but **adjusted** based on the real progress against initial plan

COST:

- **agreed** before, but available to **adjustment** later

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Thank You for Your Attention!