

# **The Impact of Inflation on Time Use of Individuals**

**Jalal Bagherzadeh**

Texas Tech University

Department of Economics

February 4, 2026

# Introduction

# Motivation

- The impact of inflation is far beyond the higher price levels, wages, purchasing power, etc.
- Inflation affects the value of time
- Rising prices change the relative value of market goods, home production, and leisure
- Understanding time allocation is key for interpreting how households experience inflation
- Home production has a major contribution to welfare but it is invisible in national accounts

# Research Question

**What is the impact of inflation on time allocation of individuals?**

- The effect on market work hours
- The effect on home production hours
- The effect on leisure hours

# Methodology

## Research Question:

What is the impact of inflation on time allocation of individuals?

### 1) Empirical Method:

- A two-stage **IV-Local Projection** model
- A variation of the Phillips Curve as instrument

### 2) Theoretical Method:

- A **DSGE** model with **home sector**
- Inflationary shocks:
  - Demand-side: Government expenditure, Household preferences
  - Supply-side: TFP, Markup

# Finding

## 1) Empirical:

- Market work  $\uparrow$
- Home production  $\downarrow$
- Leisure  $\downarrow$

## 2) Theoretical:

- Different source of inflation generate different time-use responses
- Demand-driven inflation: Market work  $\uparrow$ , Home production  $\downarrow$ , Leisure  $\downarrow$
- Supply-driven inflation: Market work  $\downarrow$ , Home production  $\uparrow$ , Leisure  $\uparrow$

# Related Literature and Contributions

## Inflation and Labor Market

- Christiano et al. (2005, JPE): DSGE model with sticky wage/price: inflationary shocks  $\rightarrow$  labor hours  $\uparrow$
- Blanchard and Galí (2007, JMCB): NK model with wage rigidity: inflation  $\rightarrow$  real wage  $\downarrow$   $\rightarrow$  labor hours  $\uparrow$
- Christiano et al. (2016, Econometrica): Monetary-driven inflation  $\rightarrow$  labor hours  $\uparrow$
- Pilossoph and Ryngaert (2024, NBER), Stantcheva (2024, BPEA), Afrouzi et al. (2024, NBER): post-covid inflation and time allocated to job search

**Contribution:** Economic effects of inflation on time allocation with home production

## Related Literature and Contributions

### Time Use in Macroeconomics

- Benhabib et al.(1991, JPE): Homework in RBC model
- Gnocchi et al.(2016, JME): Housework and fiscal expansions
- Cacciatore et al.(2024, RESTAT): The effect of economic uncertainty on time use

### Contribution:

- (1) Extend a DSGE model with home sector
- (2) Develop a mechanism to rationalize the empirical findings



## Empirical Analysis

## Data: American Time Use Survey (ATUS)

- Conducted by BLS
- Asking how, where, and with whom they spend their time in the previous day from 4 AM to 4 AM of the interview day
- Interviewing approximately 252,000 individuals drawn from the existing CPS sample pool from 2003 to 2024
- Continuous data collection
- Downloaded directly from the BLS website and cleaned following Aguiar et al. (2013, AER)
- Mutually exclusive variables for market hours, home production hours, and leisure hours

# Data: American Time Use Survey (ATUS)

## Market work activities:

- Working
- Other income-generating activities
- Socializing, relaxing, and leisure as part of job
- Eating and drinking as part of job
- Travel related to work
- Travel related to work-related activities



# Data: American Time Use Survey (ATUS)

## Home production activities:

- Food and drink preparation
- Core housework tasks
- Home ownership activities
- Child care
- Lawn, garden, and houseplants
- Animals and pets care
- Car maintenance at home
- Travel related to home production



# Data: American Time Use Survey (ATUS)

## Leisure activities:

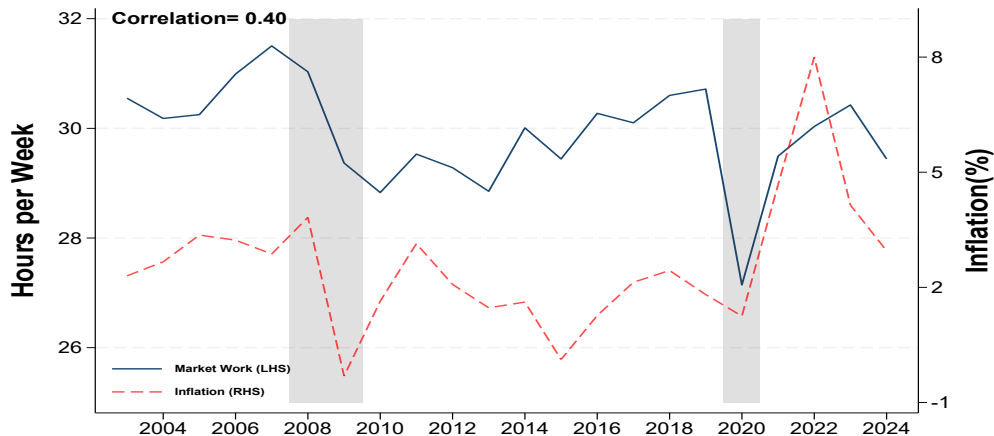
- Watching TV
- Socializing
- Sleeping
- Eating
- Personal care
- Sports, exercise, and recreation
- Reading
- Other leisure activities
- Travel related to leisure activities



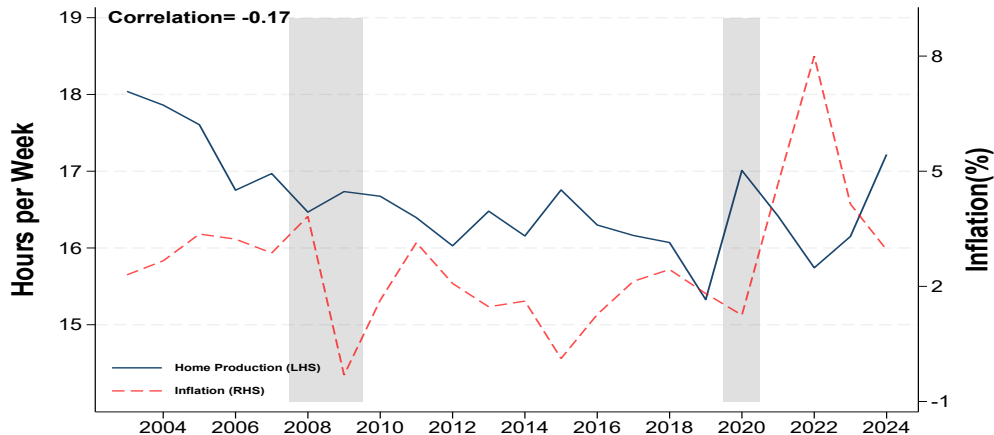
## Data: Aggregated-level

- Survey of Professional Forecasters (SPF)
  - Federal Reserve Bank of Philadelphia collecting data since 1981(Q3)
  - Forecasters provide quarterly estimates for the next five quarters
  - Mean, median, 25 percentiles, and 75 percentiles level of CPI
- FRED, Federal Reserve Bank of St. Louis
  - Quarterly inflation calculated from the CPI
  - Real GDP
  - Potential GDP

# Market Work and Inflation

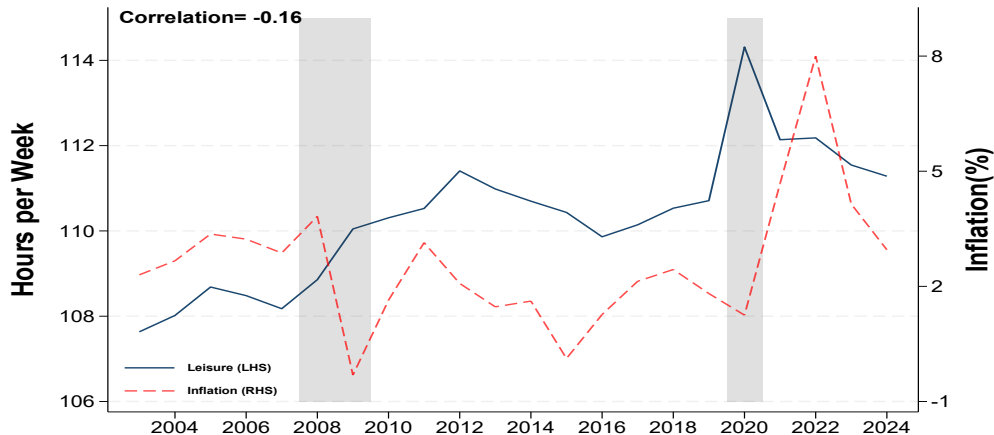


# Home Production and Inflation





# Leisure and Inflation



## IV-Local Projection

### 2nd-Stage

$$H_{t+\kappa}^j - H_{t-1}^j = \delta_\kappa + \gamma_\kappa \tilde{\pi}_t + \sum_{i=1}^p \phi_\pi \tilde{\pi}_{t-i} + \sum_{i=1}^p \phi_{hj} \Delta H_{t-i}^j + \varepsilon_t^j \quad (2.1)$$

- $H_t^j$ : market hours ( $j=1$ ), home production hours ( $j=2$ ), and leisure hours ( $j=3$ )
- $\tilde{\pi}_t$ : estimated inflation from instrument
- $\tilde{\pi}_{t-i}$ :  $i$ -th lag of estimated inflation
- $\Delta H_t^j$ : first difference of allocated hours
- $\kappa = 0, 1, 2, \dots, 12$ : time horizon
- $p = 3$ : number of lags
- Example: market = 40 hours, hp=20, leisure=108

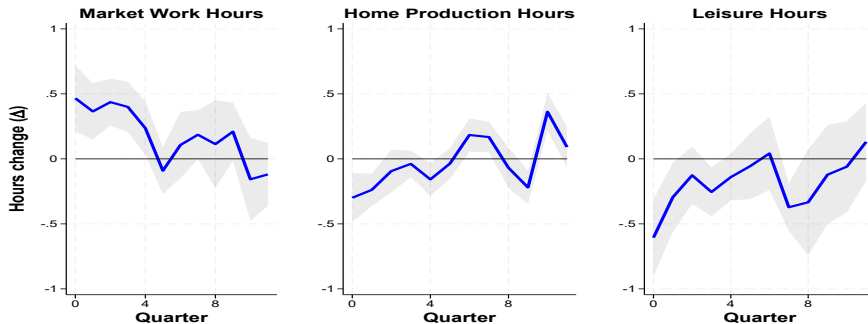
## IV-LP

### 1st-Stage

$$\pi_t = \alpha + \sum_{i=1}^p \phi_i^{\pi} E_{t-i} \pi_{t+1} + \sum_{i=1}^p \phi_i^Y \Delta Y_{t-i} + \mu_t^{\pi} \quad (2.2)$$

- $\pi_t$ : instrumented inflation
- $E_t \pi_{t+1}$ : next period's inflation expectation
- $\Delta Y_t$ : percentage deviation of real GDP from potential GDP
- $\mu_t^{\pi}$ : the residual term
- $p = 3$ : number of lags

# Baseline IRF Result

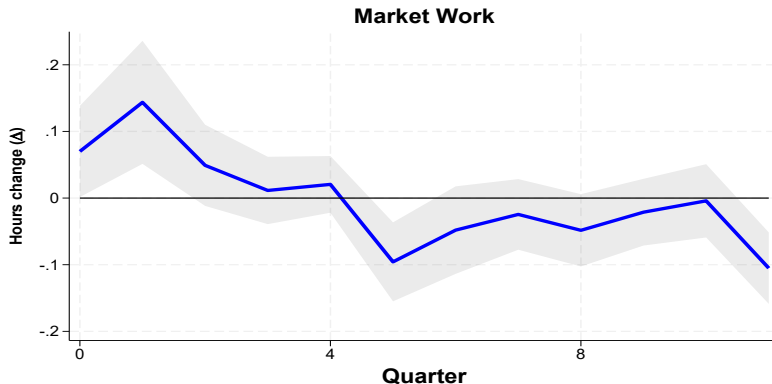


IRF to 1-standard-deviation shock in the inflation rate using the median of next-quarter inflation expectations (68% confidence interval)

Theoretical results

## Robustness Check

**BLS data:** The total number of hours worked over all jobs in the last week



IRF of market work to 1% increase in the inflation rate, using the median level of next-quarter inflation expectations. Data from 1989:Q1–2024:Q4. (68% confidence interval)

## Theoretical Analysis

# Households

$$\text{Max } E_0 \sum_{t=0}^{\infty} \beta^t \frac{[(C_t)^b (l_t)^{1-b}]^{1-\sigma} - 1}{1-\sigma}, \quad b \in (0, 1), \quad \sigma \geq 1 \quad (3.1)$$

subject to:

$$E_t \{Q_{t,t+1} B_{t+1}\} + P_t (C_t^m + l_t) \leq B_t + W_t P_t h_t^m + r_t^k P_t k_t^m + T_t \quad (3.2)$$

$$C_t = [\alpha_1 (C_t^m)^{b_1} + (1 - \alpha_1) (C_t^h)^{b_1}]^{\frac{1}{b_1}}, \quad \alpha_1 \in [0, 1], \quad b_1 < 1 \quad (3.3)$$

$$C_t^h = (k_t^h)^{\alpha_2} (h_t^h)^{1-\alpha_2} \quad (3.4)$$

$$h_t = h_t^m + h_t^h, \quad l_t = 1 - h_t \quad (3.5)$$

$$l_t = k_{t+1} - (1 - \delta)k_t + \frac{\xi}{2} \left( \frac{k_{t+1}}{k_t} - 1 \right)^2, \quad k_t = k_t^m + k_t^h \quad (3.6)$$

# Firms

$$\underset{\{P(t)_i\}}{Max} \mathbb{E}_t \left\{ \sum_{j=0}^{\infty} \theta^j Q_{t,t+j} \left[ \underbrace{P_t(i) Y_{t+j}(i)}_{\text{revenue}} - \underbrace{P_{t+j} \Xi_{t+j} Y_{t+j}(i)}_{\text{cost}} \right] \right\} \quad (3.7)$$

subject to:

$$Y_t(i) = (k_t^m(i))^{\alpha_3} (h_t^m(i))^{1-\alpha_3}, \quad \alpha_3 \in [0, 1] \quad (3.8)$$

$$Y_t(i) = \left[ \frac{P_t(i)}{P_t} \right]^{-\varepsilon_t} Y_t^d \quad (3.9)$$



## Aggregation and Market Clearing

$$Y_t = \left[ \int_0^1 (Y_t(i))^{\frac{\varepsilon_t-1}{\varepsilon_t}} di \right]^{\frac{\varepsilon_t}{\varepsilon_t-1}}, \quad G_t = \left[ \int_0^1 (G_t(i))^{\frac{\varepsilon_t-1}{\varepsilon_t}} di \right]^{\frac{\varepsilon_t}{\varepsilon_t-1}} \quad (3.10)$$

$$c_t^m = \left[ \int_0^1 (c_t^m(i))^{\frac{\varepsilon_t-1}{\varepsilon_t}} di \right]^{\frac{\varepsilon_t}{\varepsilon_t-1}}, \quad l_t = \left[ \int_0^1 (l_t(i))^{\frac{\varepsilon_t-1}{\varepsilon_t}} di \right]^{\frac{\varepsilon_t}{\varepsilon_t-1}} \quad (3.11)$$

$$h_t^m = \int_0^1 h_t^m(i) di, \quad k_t^m = \int_0^1 k_t^m(i) di \quad (3.12)$$

$$Y_t = Y_t^d = c_t^m + l_t + G_t \quad (3.13)$$

$$(1 + R_t) = (1 + R_{t-1})^{\rho_m} \left( \beta^{-1} \Pi_t^{\Phi_\pi} \left( \frac{Y_t}{Y_t^n} \right)^{\Phi_y} \right)^{1-\rho_m} \quad (3.14)$$

## Exogenous Shocks

$$\textit{Fiscal Multiplier} : \ln g_t = (1 - \rho_g) \ln \bar{g} + \rho_g \ln g_{t-1} + \eta_t^g \quad (3.15)$$

$$\textit{Household Preference} : \ln \beta_t = (1 - \rho_b) \ln \bar{\beta} + \rho_b \ln \beta_{t-1} + \eta_t^\beta \quad (3.16)$$

$$\textit{TFP} : \ln a_t = (1 - \rho_a) \ln \bar{a} + \rho_a \ln a_{t-1} + \eta_t^a \quad (3.17)$$

$$\textit{Markup} : \ln \varepsilon_t = (1 - \rho_\epsilon) \ln \bar{\varepsilon} + \rho_\epsilon \ln \varepsilon_{t-1} + \eta_t^\epsilon \quad (3.18)$$

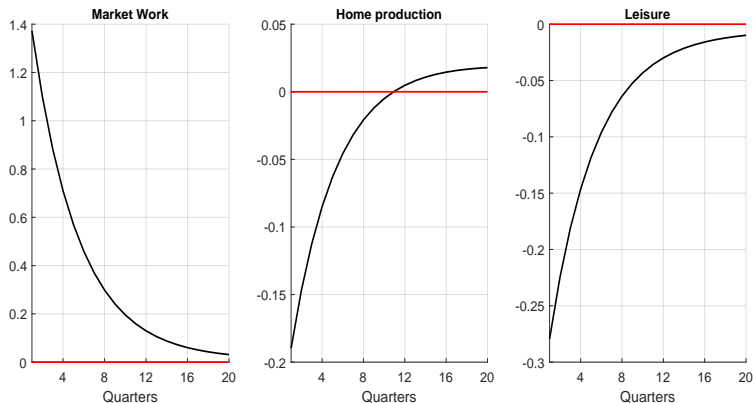
# Calibration

- Investment-to-capital ratio equal to the depreciation rate ( $\frac{I}{K} = \delta = 0.025$ )
- $\beta = 0.995$
- Annual inflation rate of  $\Pi = 2\%$
- $b_1$ : elasticity of substitution between home and market goods,  $\frac{1}{1-b_1}=2$
- $1 - \theta = 0.25$ : probability of price resetting
- Steady states for  $h^m = 0.19$ ,  $h^h = 0.11$ , and  $l = 0.7$ , consistent with ATUS
- Elasticity of substitution between intermediate goods ( $\varepsilon$ ) is 6  $\rightarrow \mu = \frac{\varepsilon}{\varepsilon-1} = 1.2$
- $\rho_m$  and  $\Phi_y$  are assumed zero
- Fiscal multiplier:  $\bar{g} = \frac{G}{Y} = 0.18$

# Calibration

Parameter	Value	Description
$\rho_\beta$	0.935	Persistence household discount factor shock
$\rho_g$	0.55	Persistence government expenditures shock
$\rho_a$	0.987	Persistence TFP shock
$\rho_\epsilon$	0.9	Persistence markup shock
$\sigma_\beta$	0.0026	Household discount factor shock, std. deviation
$\sigma_g$	0.027	Government expenditures shock, std. deviation
$\sigma_a$	0.00012	TFP shock, std. deviation
$\sigma_\epsilon$	0.0014	Markup shock, std. deviation

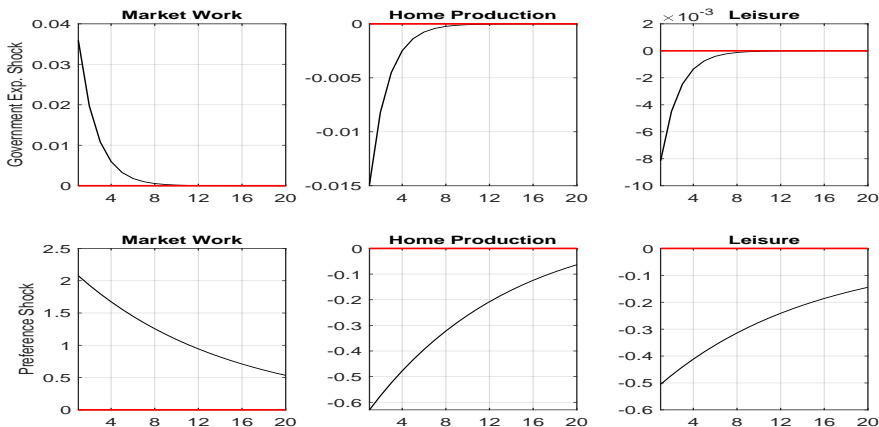
# Baseline Results



IRFs are calculated as the linear sum of shocks to the household discount factor, government expenditures, technology level, and price markups. [Empirical results](#)

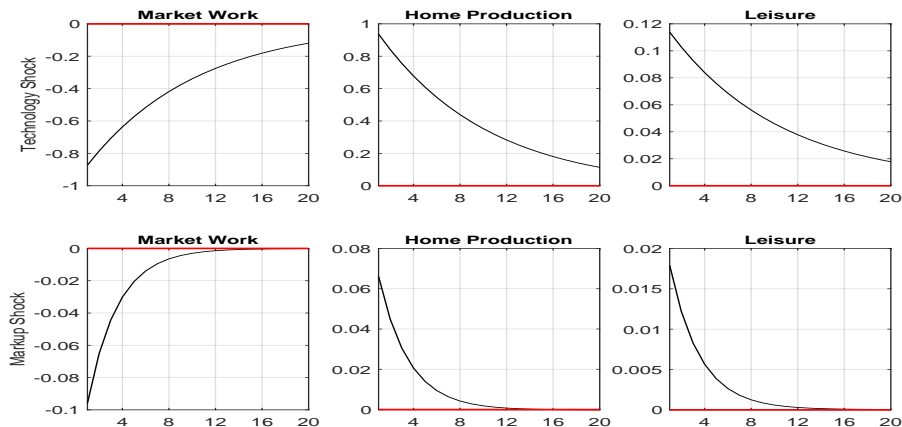
## Mechanism Inspection

# Demand-driven Inflation



IRFs to one-standard-deviation demand-sided shocks of fiscal multiplier and household preference.

# Supply-driven Inflation



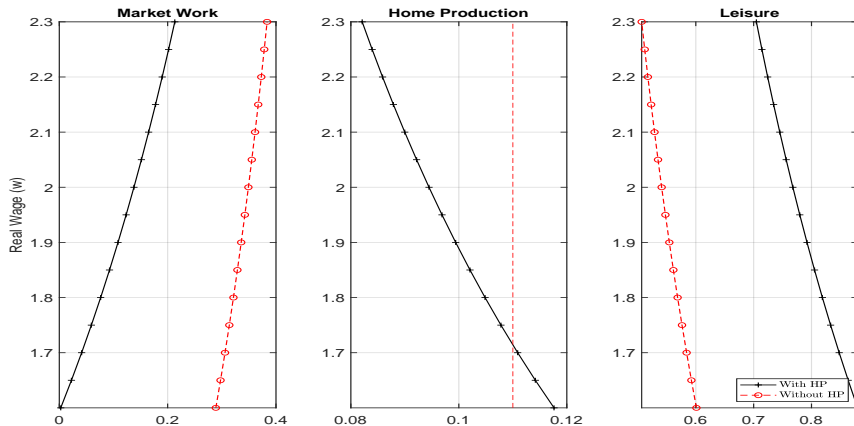
IRFs to one-standard-deviation supply-sided shocks of TFP and markup.



## Partial Equilibrium: Substitution Effect

- Market work, home production, and leisure are normal goods
- $w \uparrow \Rightarrow$  price of market goods  $\downarrow$ , price of home goods  $\uparrow$ , price of leisure  $\uparrow$
- Substitute away from home production and leisure

# Partial Equilibrium: Substitution Effect

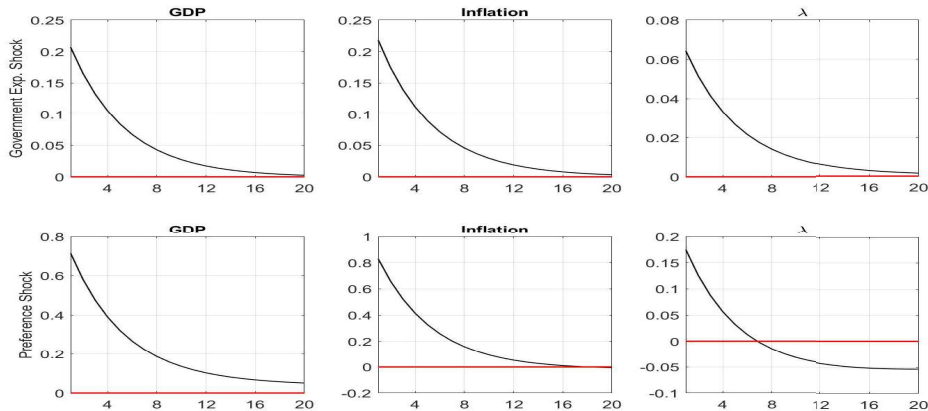


Time allocation responses to real wage in models w/ and w/o home production.

## Partial Equilibrium: Wealth Effect

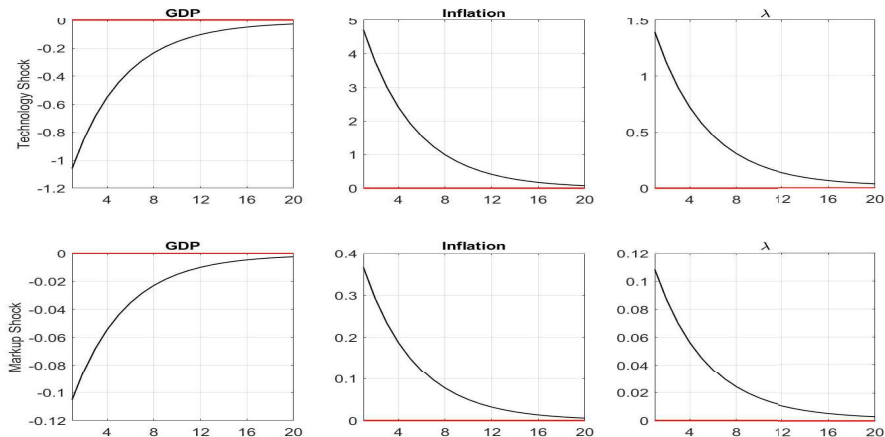
- Lagrange multiplier  $\lambda$  tells us how much the maximum utility increases when the budget constraint is relaxed by one unit
- $\lambda$  = marginal utility of wealth
- FOC:  $\lambda = \frac{dU}{dc^m} = U_{c^m}$
- Marginal utility of wealth = Marginal utility of market goods consumption
- $\frac{d\lambda}{d\Pi} > 0$  ???

# Mechanism Inspection: Wealth Effect



IRFs to one-standard-deviation demand-sided shocks of fiscal multiplier and household preference.

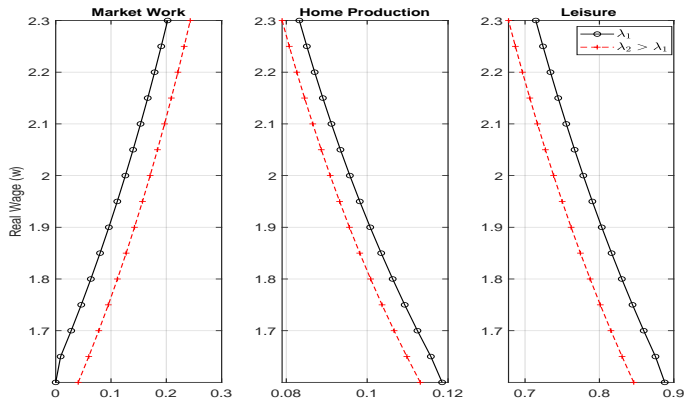
# Mechanism Inspection: Wealth Effect



IRFs to one-standard-deviation supply-sided shocks of TFP and markup.

# Partial Equilibrium: Wealth Effect

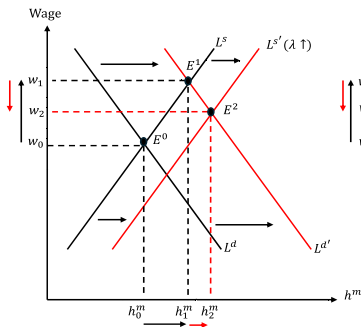
Inflation  $\rightarrow \lambda \uparrow$



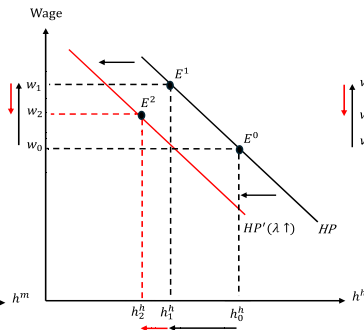
Time use responses to real wage and marginal utility of market goods consumption ( $\lambda$ ) –  $w/$  hp.

# Demand-driven Inflation Mechanism

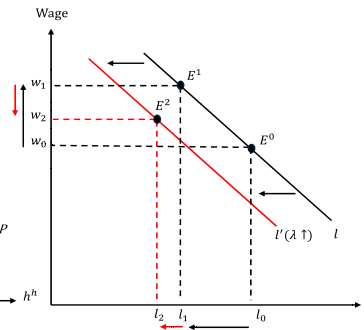
## Market Work



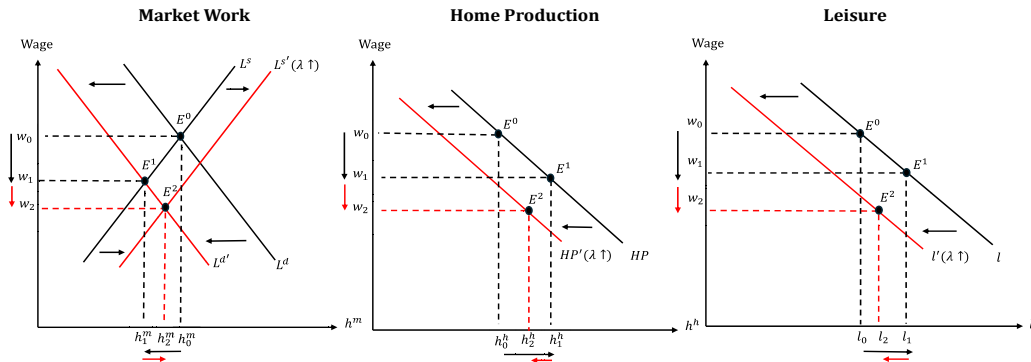
## Home Production



## Leisure

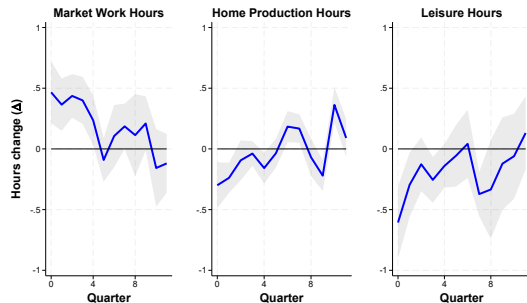


# Supply-driven Inflation Mechanism

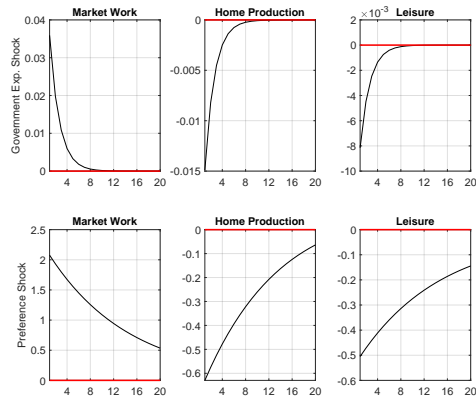




# The Main Source of Inflation



Empirical Result



Theoretical Result: Demand-sided IRFs

## Conclusion

# Conclusion and Future Studies

## Conclusion

- Estimating causal effect of inflation on time allocation using LP-IV
- Discussing how empirical model address endogeneity
- Presenting a theoretical model with home production sector
- Presenting a mechanism to analyze demand- and supply- driven inflationary responses

## Future studies

- Extending the empirical model to state-dependent environments, such as high- v.s. low-unemployment or high- v.s. low-inflation
- Exploring heterogeneous responses
- Exploring other time use categories, such as shopping or job search
- Estimating parameters using Bayesian approach

# Thank you!

`jalal.bagherzade@ttu.edu`

# References I

AFROUZI, H., A. BLANCO, A. DRENIK, AND E. HURST (2024): “A theory of how workers keep up with inflation,” Tech. rep., National Bureau of Economic Research.

AGUIAR, M., E. HURST, AND L. KARABARBOUNIS (2013): “Time use during the great recession,” *American Economic Review*, 103, 1664–1696.

BENHABIB, J., R. ROGERSON, AND R. WRIGHT (1991): “Homework in macroeconomics: Household production and aggregate fluctuations,” *Journal of Political economy*, 99, 1166–1187.

BLANCHARD, O. AND J. GALÍ (2007): “Real wage rigidities and the New Keynesian model,” *Journal of money, credit and banking*, 39, 35–65.

CACCIATORE, M., S. GNOCCHI, AND D. HAUSER (2024): “Time use and macroeconomic uncertainty,” *Review of Economics and Statistics*, 1–36.

## References II

- CHRISTIANO, L. J., M. EICHENBAUM, AND C. L. EVANS (2005): “Nominal rigidities and the dynamic effects of a shock to monetary policy,” *Journal of political Economy*, 113, 1–45.
- CHRISTIANO, L. J., M. S. EICHENBAUM, AND M. TRABANDT (2016): “Unemployment and business cycles,” *Econometrica*, 84, 1523–1569.
- GNOCCHI, S., D. HAUSER, AND E. PAPPA (2016): “Housework and fiscal expansions,” *Journal of Monetary Economics*, 79, 94–108.
- PILOSSOPH, L. AND J. M. RYNGAERT (2024): “Job Search, wages, and inflation,” Tech. rep., National Bureau of Economic Research.
- STANTCHEVA, S. (2024): “Why do we dislike inflation?” *Brookings Papers on Economic Activity*, 2004, 1–46.

# Empirical Analysis: LP-IV

## 1-Stage Regression Result

	$\tilde{\pi}$
L1. $E_t \pi_{t+1}$	2.056*** (0.416)
L2. $E_t \pi_{t+1}$	0.415 (0.4)
L3. $E_t \pi_{t+1}$	-0.551* (0.301)
L1. $\Delta Y_t$	0.09 (0.119)
L2. $\Delta Y_t$	-0.007 (0.08)
L3. $\Delta Y_t$	-0.066 (0.089)
Constant	-1.714*** (0.641)
Observations	85
$R^2$	0.594
F-statistics	16.13
Prob > F	0.0000

\* $p < 0.10$ , \*\* $p < 0.05$ , \*\*\* $p < 0.01$

## Appendix: Households

- Maximize the lifetime utility function over  $C_t$  and  $I_t$
- Utility function is CRRA (Constant Relative Risk Aversion)
- Rent capital  $k_t^m$  to firms at price  $r_t^k$  or use for home production as  $k_t^h$
- Allocate their time to market ( $h_t^m$ ) to produce intermediate goods in exchange of real income of  $w_t$ , working at home ( $h_t^h$ ) to produce non-tradable home goods, and leisure ( $l_t$ )
- Market goods can be consumed,  $c_t^m(i)$ , or stored as investment,  $I_t(i)$
- Own one-period riskless portfolio  $B_t$  at time  $t$  and carry  $B_{t+1}$  to the next period of time
- Combine market goods ( $c^m$ ) and home goods ( $c^h$ ) through CES function
- Households are price takers



## Appendix: Firms

- Infinite firms indexed by  $i \in [0, 1]$  produce intermediate goods
- Market is monopolistically competitive
- They rent labor and capital stock from household in a perfect competition market to produce market good  $Y_t(i)$
- Constant-returns-to-scale (CRS) Cobb-Douglas production function
- Constant real marginal cost for all firms
- Calvo price setting: change their nominal price  $P_t(i)$  with a constant probability of  $(1 - \theta)$

## Appendix: Calibration

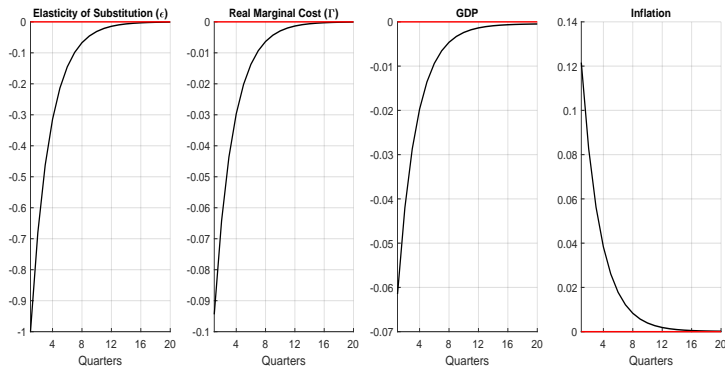
Parameter	Value	Description
$\beta$	0.995	Discount factor
$\sigma$	2.0	Risk aversion
$\delta$	0.025	Capital depreciation rate
$\xi$	252.5	Capital adjustment costs
$\alpha_1$	0.55	Expenditure share on market goods
$\alpha_2$	0.35	Capital share home goods production function
$\alpha_3$	0.2	Capital share market goods production function
$\Phi_\pi$	1.50	Monetary policy inflation coefficient
$\rho_m$	0.0	Interest rate smoother
$\frac{1}{1-b_1}$	2	Elasticity of substitution between market and home consumption
$b$	0.3	Elasticity of substitution between total consumption and leisure
$\epsilon$	6	Elasticity of substitution of intermediate goods
$\theta$	0.75	Constant probability of resetting prices

## Appendix: Calibration

Parameter	Value	Description
$\rho_\beta$	0.935	Persistence household discount factor shock
$\rho_g$	0.55	Persistence government expenditures shock
$\rho_a$	0.987	Persistence TFP shock
$\rho_\epsilon$	0.9	Persistence markup shock
$\sigma_\beta$	0.0026	Household discount factor shock, std. deviation
$\sigma_g$	0.027	Government expenditures shock, std. deviation
$\sigma_a$	0.00012	TFP shock, std. deviation
$\sigma_\epsilon$	0.0014	Markup shock, std. deviation

## Exogenous Shock: Markup

- A negative shock to  $\varepsilon$  is contractionary inflationary disturbance
- $\mu = \frac{P}{MC} = \frac{1}{RMC} = \frac{\varepsilon}{\varepsilon - 1}$



## Partial Equilibrium: Value Functions

$$C = \left[ \alpha_1 (c^m)^{b_1} + (1 - \alpha_1) (c^h)^{b_1} \right]^{\frac{1}{b_1}} \quad (6.1)$$

$$c^h = (k^h)^{\alpha_2} (h^h)^{1-\alpha_2} \quad (6.2)$$

$$k_{ss} = k^m + k^h, \quad l = 1 - h^m - h^h \quad (6.3)$$

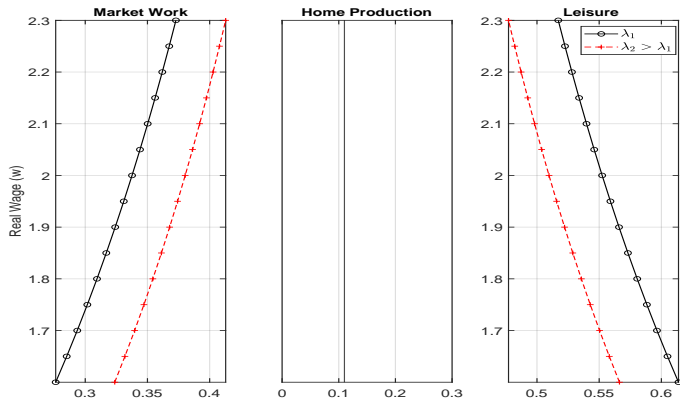
$$\left( \frac{\alpha_1}{1 - \alpha_1} \right) \left( \frac{c^m}{c^h} \right)^{b_1-1} = \frac{1 - \alpha_2}{w(.)} \left( \frac{c^h}{h^h} \right) \quad (6.4)$$

$$\left( \frac{\alpha_1}{1 - \alpha_1} \right) \left( \frac{c^m}{c^h} \right)^{b_1-1} = \left( \frac{\alpha_2}{r^k} \right) \left( \frac{c^h}{k^h} \right) \quad (6.5)$$

$$\lambda_{ss} = b\alpha_1(l)^{(1-b)(1-\sigma)} (c^m)^{b_1-1} c^{(b_1-\sigma)-b_1} \quad (6.6)$$

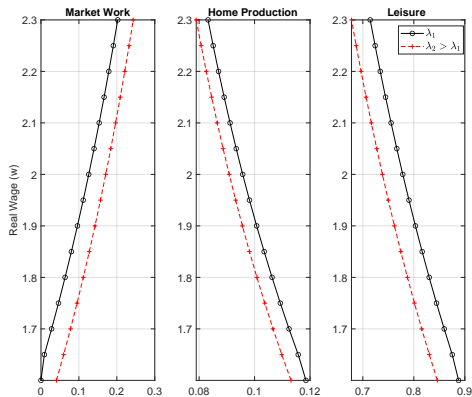
$$w(.)l = \left( \frac{1-b}{b\alpha_1} \right) (c^m)^{1-b} C^{b_1} \quad (6.7)$$

# Partial Equilibrium: Wealth Effect

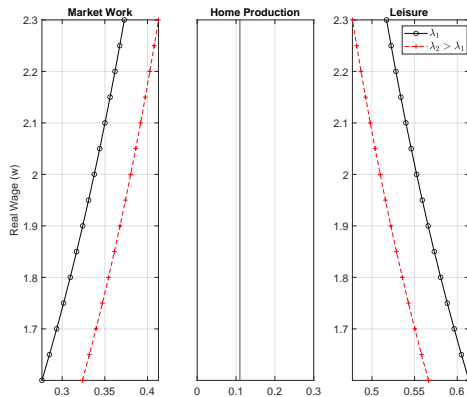


Time use responses to real wage and marginal utility of market goods consumption ( $\lambda$ ) – w/o hp.

# Partial Equilibrium: Wealth Effect



W/ HP



W/O HP

# Motivation

$$H_{it}^j = \beta_0 + \beta_1^j \pi_t + \beta_2^j t + \varepsilon_{it}^j \quad (6.8)$$

	Market Work (Hour)		Home Production (Hour)		Leisure (Hour)	
	(1)	(2)	(1)	(2)	(1)	(2)
Inflation (%)	0.147*** (0.054)	0.205*** (0.062)	0.018 (0.031)	-0.006 (0.035)	-0.070 (0.048)	-0.110** (0.055)
N	252,808	198,635	252,808	198,635	252,808	198,635

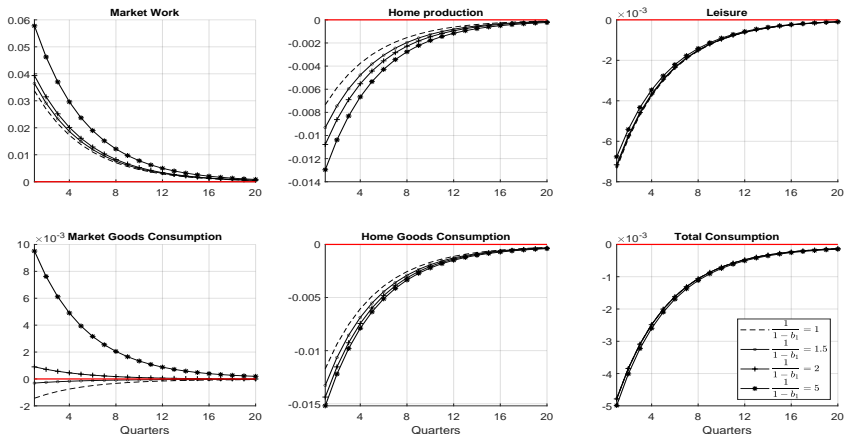
Standard errors in parentheses.

\* $p < 0.10$  , \*\*  $p < 0.05$ , \*\*\* $p < 0.01$

(1): All population, (2): Working age population

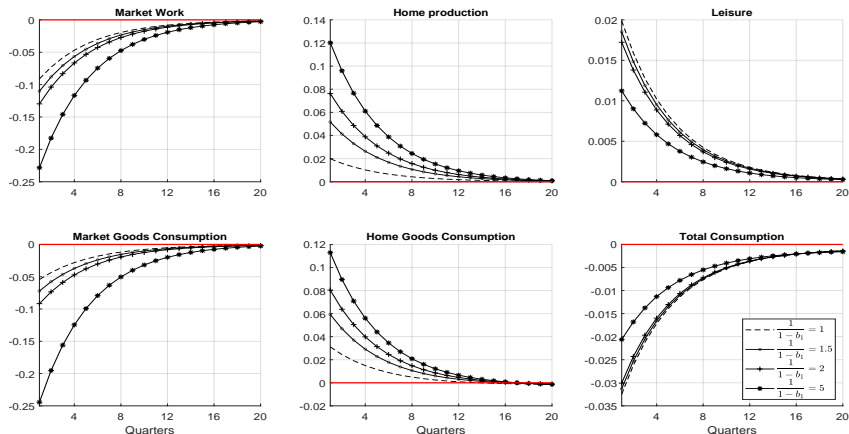


# Elasticity of Substitution Between Market and Home Goods



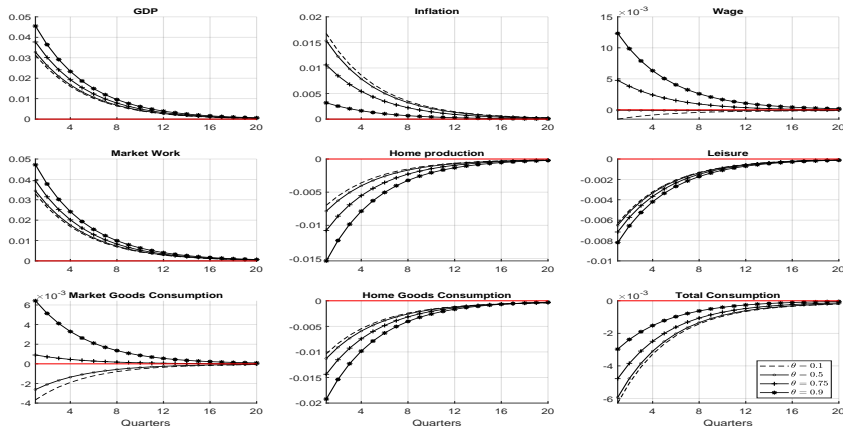
IRFs following a one-standard-deviation government expenditure shock for elasticity of  $\frac{1}{1-b_1}$ .

# Elasticity of Substitution Between Market and Home Goods



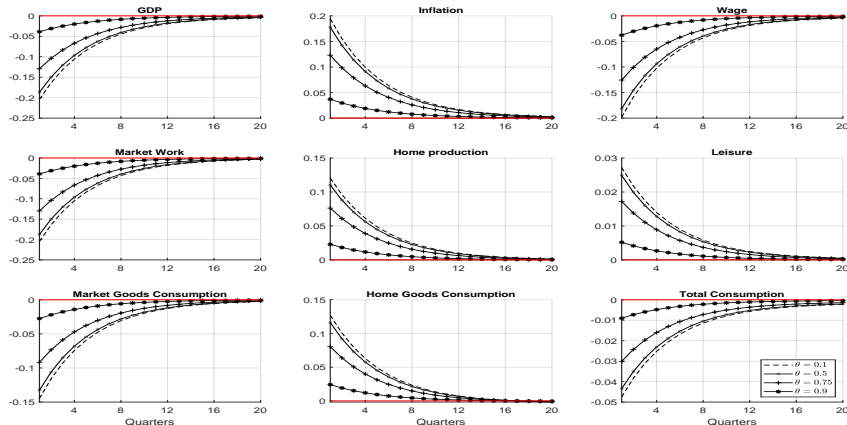
IRFs following a one-standard-deviation markup shock for elasticity of  $\frac{1}{1-b_1}$ .

# Probability of Price Resetting ( $1 - \theta$ )



IRFs following a one-standard-deviation government expenditure shock for different values of  $\theta$ .

# Probability of Price Resetting ( $1 - \theta$ )



IRFs following a one-standard-deviation markup shock for different values of  $\theta$ .