

MAGNETIC MEMORY METHOD



BLANK MAGNETIC MEMORY METHOD WORKSHEETS

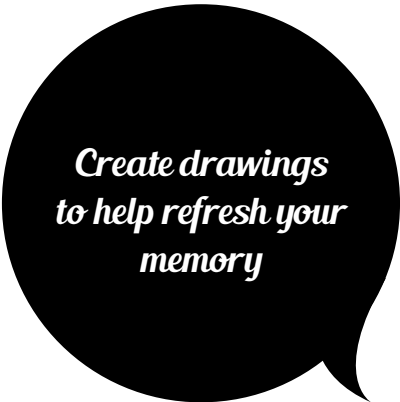
BY ANTHONY METIVIER

IF YOU FIND SOMETHING OF VALUE IN THIS MMM WORKSHEET, INSTEAD OF PASSING ON THE PDF, WOULD YOU BE SO KIND AS TO SEND YOUR FRIENDS OVER TO
WWW.MAGNETICMEMORYMETHOD.COM/FREE-MEMORY-IMPROVEMENT-KIT TO GET THEIR OWN COPY? THANKS!

READ THIS FIRST

Dear Friend,

Thanks for downloading these Worksheets. *Before you fill them out, please be sure to refer to the sample Worksheets in PDF 2.* That will give you a great example of how to fill them out.



.....

In addition, you can draw maps of the different locations you are using as Memory Palaces. Many people benefit from taking this step. I myself have created drawings to help refresh my memory about how certain locations looked. You may also want to get in the habit of photographing places you've been in order to better build Memory Palaces if you are not a particularly visual person.

.....

I've included a final sheet at the end of this document with a square that you can print out to help contain your Memory Palaces.

And here's the best part: If you'd rather not print these sheets out, you can type directly into this form to fill out the details as you create your Memory palaces. Like this:

A.	<input type="text" value="Arden's house"/>	N.
.....		
B.		O.
.....		

Don't forget: Draw your Memory Palaces by hand as well to make them extra-powerful. And then start using them right away to memorize the information that will give you the mental advantage you've dreamed of your entire life.

ENJOY!

BLANK A-Z SHEET



Use this sheet to connect one Memory Palace to each letter of the alphabet. If some letters seem like a stretch, try substituting something related. For example, you might have read about Malcolm X in a particular library. Use that library for the letter X. Or you may have seen a Zorro movie in a particular movie theatre. Use that theatre for Z. If you need more ideas, listen to this episode of the MMM Podcast on How to Find Memory Palaces.

<http://www.magneticmemorymethod.com/how-to-find-memory-palaces/>

A.	N.
B.	O.
C.	P.
D.	Q.
E.	R.
F.	S.
G.	T.
H.	U.
I.	V.
J.	W.
K.	X.
L.	Y.
M.	Z.

LOCATION FOR LETTER



Now that you've got all of your Memory Palaces assigned, it's time to create at least 10 Memory Palace stations in each one. You don't have to create a minimum of 10 for each, nor are you limited to ten. But 10 is a nice number to start with for each Memory Palace and the majority of people do best when either stretching themselves to assign 10 or limiting themselves to 10 as they build their skills.

.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

LOCATION FOR LETTER



.....

.....

.....

1. 6.

.....

2. 7.

.....

3. 8.

.....

4. 9.

.....

5. 10.

.....

YOUR MEMORY PALACE



Draw the room and 10 stations

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

A large, empty rectangular box with a thin black border, intended for drawing the room and 10 stations.

YOUR MEMORY PALACE



Draw the room and 10 stations

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

A large, empty rectangular box with a thin black border, intended for drawing the room and 10 stations.