- 1. Describe 3 leader related tweets (from @leadershipatfsu) what were they about what are your takeaways!
 - Tweet by John Cleese (@JohnCleese) "Sometimes your biggest failures lead to your greatest creations."
 - i. My takeaway from this tweet is that is not only ok to fail at things, but it is necessary to create later success.
 - b. Tweet by Brian Solis (@briansolis) "Your fear of the unknown has convinced you that comfort is more rewarding than growth Meggan Roxanne"
 - My takeaway from this tweet is to not get too comfortable in a certain work situation as growth sometimes requires people to step out of their comfort zone to properly grow.
 - c. Tweet by Vala Afshar (@ValaAfshar) "A good teacher will educate you. A great teacher will also inspire you."
 - i. My takeaway from this tweet is
- 2. Do you debate, clarify, and enunciate your goals? Can you write down your personal goals for the next 1-3 years?
 - a. My main three goals for over the next 1-3 years are to graduate from FSU, start my career in the tech field, and to eventually buy my first house.
- 3. Can others around you tell you what those goals listed above are? Why or Why not?
 - a. I am pretty sure that others can tell what my goals are because those around me are in a similar situation. All of us are college students and our basic goals should be very similar because of that.
- 4. Do you use any tools to plan, organize your goals? Are they written down?
 - a. I have some of my goals written down in a document.
- 5. How often do you sit down and review your goals and how much progress you made?
 - a. I try to sit down and look at my goals and my progress with them at least once every month, but I would prefer to do it every two weeks.
- 6. After answering the questions above (and reviewing your timetracker), will you do something different with your life plan/goals or NOT?
 - a. I am going to try a better way for me to write down and see my goals. I want to have something that I see everyday, so I don't loose track of what I am working towards. Also, I need to think about adding some more goals to my list and removing some others. Things have drastically changed since I last modified my list of goals.
- 7. Referring to Emotional intelligence review the four quadrants of the model summarize the model in your own words. Do not rehash the model -- but explain HOW you interpret each quadrant
 - a. From left to right it labels are Self and Social, and from top to bottom the labels are Recognition and Regulation. The titles in the quadrants are Self-awareness, Social awareness, Self-management, and Relationship management. The model highlights the importance of Recognition and Regulation in social and personal sense are the cornerstones of emotional intelligence.
- 8. Using the EI model for each quadrant, tell me how YOU will address one thing about yourself based on the definition of that quadrant.
 - a. For the self-awareness quadrant, I need to address my self-confidence as that plays a role in my personal awareness of my emotions. Confidence is key when leading others, if you aren't confident in yourself, how are others supposed to be confident in you. For the self-management quadrant, I need to address my Initiative. It is really hard for me to start a project independently and even once it is started it is equally as hard to see the project to

completion. For the social awareness quadrant, I need to work on my organizational awareness. In some social situations, I am bad at reading the crowd. For the relationship management quadrant, I need to work on my ability to build bonds with others. I tend to be a little more reserved so I may take a while for me to build a bond with someone.

- 9. How often do you work on YOU? Why or why not! What am I asking well, you take classes and learn new material but how often do you do something besides school to improve you (learn a new skill, take a fun class, explore new challenges, read about a new technology or interest area). Reference the 4 circles from class (goals for 2021).
 - a. I try to spend a couple of hours each week working on myself, weather that is keeping up to date with new technologies are learning something new. For example, About a year ago, I created a little website and I've been working on it since, constantly making changes and expanding upon some of the knowledge I learn in class. It started out as a redirect link to my LinkedIn but has not evolved in to an interactive resume with a portfolio. Also, I am also starting to study to take the CompTIA Network+ Certification so I can prove to potential employers that I know what I need to know.