Street Support Reading is a partnership of charities and statutory organisations working together to end rough sleeping and homelessness in Reading.

If you find yourself sleeping rough organisations exist in Reading that can provide you with food, support and accommodation. This guide aims to give you the most important and relevant help and information. For our full Street Support Reading Guide visit: www.streetsupport.net/reading

If you are concerned about someone sleeping rough you can refer them into local services via www.streetlink.co.uk, by calling 0300 500 0914 or downloading the StreetLink App. Your information is used to help outreach teams locate someone



# Help if you are sleeping rough

If you are sleeping rough & want support:

- Call StreetLink on 0300 500 0914 who will ensure that you are referred to local outreach services
- Drop into Reading Borough Council Mon-Fri 9am-5pm or call 0118 937 2165

### Or you can contact or visit:

Reading Borough Council -Homeless Prevention Service For advice if you are homeless or think you are at risk of being made homeless

No appointment needed Mon-Fri 9am - 5pm 0118 937 2165 Email: housing.advice@reading.gov.uk Out of hours call: 01344 786 512

St Mungo's Rough Sleeper Outreach Service For help with accessing accommodation and support services including support with physical and mental ill-health, drugs and alcohol, legal services and reconnection in the UK and abroad

Mon-Fri: 9am-5pm call 0118 958 5002 Fri (drop-in): 11am - 1:30pm at CIRDIC

For hot meals, clean clothing, toiletries, bath and shower facilities, a safe postal address, use of a telephone, links to specialist services and someone to listen Mon, Tue & Fri (drop-in): 10am-3:30pm Sat (drop-in): 6pm - 7pm 0118 950 2536

Support with O

Adult drug and alcohol service (aged 18+)

for immediate treatment, assessment and

referral, advice and information, needle

9:30am - 4:30pm (Mon & Thur until 7pm)

drugs & alcohol /

exchange and support groups

Mon & Thurs 9:30am-7pm

Please see map for locations

'Change, Grow, Live'

Oxford Road Pharmacy

Mon-Thurs: 8am-10pm

Fri & Sat: 8am - Midnight

Western Elms Pharmacy

Mon - Fri: 8:30am - 5:30pm

Mon - Fri: 8:30am - 5:30pm

Boots Pharmacy (train station)

Sat: 9am - 2pm Sun: 10am - 4pm

Sun: 8am - 8pm

Sat: 9am - 2pm

Call: 0118 955 7333

Needle Exchange

Reading Services

Tues, Weds & Fri 9:30am -4:30pm

'Change, Grow, Live'

Reading Services

# **Advice** about housing, homelessness & money

Launchpad – Drop-in Service For anyone in Reading who needs housing or homelessness related information and support Mon, Wed & Fri (drop-in): 10am-2pm

Call: 0118 950 7656 Email: enquiries@launchpadreading.org.uk

For impartial and free housing advice Mon-Fri: 8am-8pm Sat & Sun: 9am-5pm National helpline: 0808 800 4444

Citizens Advice Reading Free advice service on housing, finances and employment

Mon, Tue, Thur & Fri (drop-in): 10am-4pm Wed (drop-in): 1pm-4pm Closed: 12:30 -1:00pm every day Call: 0344 4111 306

Communicare

Free advice, information & benefit support Mon-Thurs: 10am - 4pm Fri: 10am - 1pm Call: 0118 926 3941

# safelv

Berkshire Women's Aid Confidential helpline for advice & support

related to domestic abuse including getting help with somewhere safe to stay Call 24/7: 0118 950 4003

## RAHAR Support for women and men who

are being sexually exploited Mon-Fri: 9am-5pm & 9pm-Midnight Call: 0118 956 7000 (option 4 for RAHAB) https://rahab.co.uk/contact Trust House Reading

affected by rape and sexual abuse Mon-Fri: 9am-5pm call 0118 958 4033 Email: support@trusthousereading.org Alana House

Confidential, women only space to support and empower women with their health and well-being Mon, Wed & Thur (drop-in): 12:30-2:30

Confidential service for those

Call: 0118 921 7640 Email: alana.house@pactcharity.org

National domestic violence helpline

For women experiencing domestic abuse, their family, friends, colleagues and others calling on their behalf Call free 24/7: 0808 2000 247

A number of organisations provide free food in Reading Please see map for details

Your health

Walk-in Health Centre Treatment, information and advice

no registration necessary

Call: 0118 902 8300

Mon - Fri: 9am - 5pm

Call 0118 207 7651

Call: 0118 322 7202

- physical & mental

for a range of minor illnesses and injuries

Mon - Sun (7 days a week): 8am - 7:45pm

Health Outreach Liaison Team (HOLT)

For anyone who is homeless, living in

physical or mental health services

Mon: 11am-1:30pm at CIRDIC

a hostel or having difficulties accessing

Tue: 7 - 9am outreach with St Mungo's

Mental Health Crisis Team (Reading)

If you need urgent help with your mental

Call 0300 365 0300 or 0300 365 9999

Sexual health screening and treatment

Mon-Fri: 7am - 7pm (Weds closed 11am - 1pm)

Sat: (not bank holiday weekends): 9:30 - 11:30am

First Stop/Sanctuary (night time service)

Paramedics (SCAS) provide urgent medical care services alongside volunteers providing

Fri & Sat (nights): 9pm - 3am, Reading Minster

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first aid, hot drinks, shelter & support

wellbeing, but it's not an emergency

Florey Clinic (walk-in service)

and advice about contraception

Anyone can use this walk-in service;

## Monday Berkeley Avenue: 10am-3pm

Oxford Road: 8 - 9:15pm

Berkeley Avenue: 10am-3pm

## St Mary's Church: 8 -8:45pm

Wednesday

 Great Knollys Street: 12-1:30pm St Mary's Church: 8 - 8:45pm

# Thursday

 Great Knollys Street: 12-1:30pm St Mary's Church: 8-8:45pm

Friday Berkeley Avenue: 10am-3pm

 Great Knollys Street: 12-1:30pm St Mary's Church: 7:30 - 8:15pm

Saturday

 Great Knollys St.: 11:30am-1:30pm Berkeley Avenue: 6 - 7pm

Sunday

 Berkeley Avenue: 9-10am Great Knollys Street: 3-4:30pm

 Hosier Street: not on first Sunday of the month 5:30-6:30pm





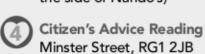






















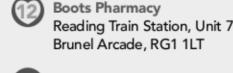
Oxford Road Pharmacy

270 - 274 Oxford Road,

RG30 1AD



Western Elms Pharmacy 351-353 Oxford Road, RG30 1AY







Alana House 2 Southern Court,

South Street, RG1 4QS



**Providence Chapel** 3 Oxford Road, RG1 7UD



**New Beginnings** The Queens Arms, Great Knollys Street, RG1 7HL



**SADAKA** Fairview Community

Centre, 90B Great Knollys Street, RG1 7HL



ReadiStreet (Faith Christian Group) The Minster, St Mary's Church, Chain Street, RG1 2HX



ReadiStreet (Faith Christian Group) Hosier Street, RG1 7JL



