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Cyber Security

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Project Report

Virtualisation vs. Containerisation for Hosting Headless Servers in Computer Networks

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General Computing Project

Declaration

I declare the following:

1. that the material contained in this dissertation is the end result of my own work and that due acknowledgement has been given in the bibliography and references to ALL sources be they printed, electronic or personal.
2. the Word Count of this Dissertation is $\langle \text{len} \rangle$
(result of shell command `texcount -total -inc Dissertation.tex`)
3. that unless this dissertation has been confirmed as confidential, I agree to an entire electronic copy or sections of the dissertation to being placed on the eLearning Portal (Blackboard), if deemed appropriate, to allow future students the opportunity to see examples of past dissertations. I understand that if displayed on eLearning Portal it would be made available for no longer than five years and that students would be able to print off copies or download.
4. I agree to my dissertation being submitted to a plagiarism detection service, where it will be stored in a database and compared against work submitted from this or any other School or from other institutions using the service.

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5. I have read the Northumbria University/Engineering and Environment Policy Statement on Ethics in Research and Consultancy and I confirm that ethical issues have been considered, evaluated and appropriately addressed in this research.

SIGNED:

Acknowledgements

Abstract

A summary of the entire project. From background to conclusions. I recon on about half a page as the upper end of the summary.

This is an example structure for the Terms-of-Reference and the Dissertation. Along with some notes.

You can start by forking the repository on github <https://github.com/dr-alun-moon/cs-dissertation>. Then you have a working copy of this document as a starting point.

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Chapter 1

Introduction

This document is split into several files. This makes the editing easier, if the file management a little harder.

The two principle means of including sub parts into a main document are the \LaTeX commands `\input` and `\include`

1.1 Splitting the Input

The `input` command simply reads that file in, at that point in the main file. The result is as if the inputed file was pasted in at the point of the command.

The `include` command is a little more complex. The main point to note is that it forces a new page, then reads in the file. It is good foe content that needs to start a fresh page, such as chapters. As a rule of thumb I put each chapter in an included file.

1.1.1 Some tricks.

The Dissertation uses the book class, that gives the Chapter as the top sectional element, followed by section, subsection, paragraph. The Terms-of-reference uses the article class, which starts at the section level.

By writing the ToR as a driver document that handles all the setting up, and then inputing the tor content from a separate file. When it

comes to including the tor as an appendix in the dissertation, you can start a chapter then just input the tor content file.

```
\appendix  
\chapter{Terms of reference}  
\input{tor}
```

1.2 Magic comments

Since L^AT_EX needs to have a certain amount of setup (known as the preamble), this is the file that needs to be build. From a Makefile or command-line, this is simple enough.

Several editors allow you to trigger the build from within their environment. Here the file you are editing is a subpart and not the mater document that needs to be passed to L^AT_EX. The editor needs to know which `.tex` file is the master document. Some editors recognise a magic comment placed at the top of a sub-file.

```
%!TeX root=Dissertation.tex
```

This informs the editor that `Dissertation.tex` is the file to build to rebuild the document. I can save changes and just press the key combination set to trigger a L^AT_EX build, and the editor knows how to do the rest.

Part I

Analysis

Chapter 2

Review of Virtualisation

2.1 Terminology & Definitions

2.1.1 Virtualisation

Virtualisation as a term originated in the 1960s when IBM workers began work on a project that would allow an IBM model-40 computer to segregate off its memory and allow up to 15 users to use the computer independently at once [Lindquist et al., 1966]. Each user would see their own abstract Operating System, separate from the others. Whilst virtualisation has continued in its development from this point onwards, the core functionality and architecture behind Hardware Virtualisation, remain much the same.

Each of these individual logical (as opposed to physical) devices is called a ‘virtual machine’.

2.1.2 Hardware Virtualisation

There are a number of different types of virtualisation. This can open the scope for what can and can not be considered as a virtual machine. For the purpose of this report the term ‘virtualisation’ will refer specifically to ‘hardware based virtualisation’, whereby a ‘virtual machine’ is an operating system running on top of another operating system, with the virtualisation task itself being controlled by a ‘hypervisor’ (This is explained in more detail in the next subsection: 2.1.3).

This is an important definition to clarify, as often times container-

isation (Chapter 3) can be viewed as a type of virtualisation, and other times not. For the purposes of this report, the two definitions must be distinguished as separate things, much like in the report “Autonomic Orchestration of Containers: Problem Definition and Research Challenges” [Casalicchio, 2016], where a clear and defined difference between Hardware Virtualisation and Containerisation is made.

2.1.3 Hypervisor

Hardware Virtualisation relies on an underlying software that runs on the already existing OS in order to manage each instance/OS. This software can have a number of different names depending on the origin of the work, and the context. In early work on virtualisation, this software was often referred to simply as a “control program” [Creasy, 1981], but for the purposes of this research, this software will be referred to as a ‘Hypervisor’. This term is often preferred in practical settings, such as in VMware’s online Glossary [VMware, n.d.], or in Red Hat’s “What is a hypervisor” [Hat, 2021].

The hypervisor manages things such as logically splitting up hardware on the host machine so that virtual machines can make use of it, such as RAM, CPU cores, Disk space, network management or more [Fragni et al., 2010]. It is also usually responsible for user interface into the operating system, whether that be through a graphical input, or other means.

2.2 The workings of virtualisation

Virtualisation can work in a number of ways, and as mentioned by Thiruvathukal, et al. there could be whole reports looking into exactly what virtualisation is [Thiruvathukal et al., 2010] and how it works on different machines, or operating systems. However, most virtual machines follow some version of what will now be described. Firstly, the primary operating system (installed on the host machine) provides interface to the hardware of the machine. Then, a hypervisor (as discussed above in subsection 2.1.3) bridges the gap between the host machine’s operating system, and the the operating systems

that are going to be virtualised[Fragni et al., 2010].

Figure 2.1 shows a diagram to better illustrate the layers that go into creating a virtual machine. This diagram shows a hypervisor that is supporting three virtual machines. The layers start from the bottom and move up the diagram. The 'Libs/Bins' part of the diagram is the binaries and libraries that are required to allow certain applications to run on operating systems.

Figure 2.1: Diagram basis taken from Alaasam, et al. [Alaasam et al., 2019]

Libs/Bins	Libs/Bins	Libs/Bins
Guest Operating System	Guest Operating System	Guest Operating System
Virtual Machine	Virtual Machine	Virtual Machine
Hypervisor		
Host Operating System		
Host machine (bare metal)		

2.3 VMware

2.3.1 Why VMware?

In order to provide virtual machines for testing in this research we will be using VMware Workstation Pro [VMware, 2021e]. This choice comes because it is one of the leading virtual machine hypervisors for the desktop environment[G2, 2021]. This choice also comes because VMware provides hypervisor technology for a number of different applications, including server infrastructure. The core hypervisor technology across these different versions however, is the same[VMware, 2021d], so results we get from this research in relation to VMware Workstation Pro, should be applicable to other VMware applications, such as those in real server infrastructure.

Chapter 3

Review of Containerisation

3.1 Terminology & Definitions

3.1.1 Containerisation

Containerisation has become the de-facto term to describe what could also be described as OS-level virtualisation. For the purposes of this report, I will be referring to this technology only as Containerisation, and each individual instance as a container (instead of virtual machine). This is the same approach towards defining containers as taken by Dua et al [Dua et al., 2014] when they have made their own distinction between Containers and Virtual Machines.

3.1.2 Container Engine

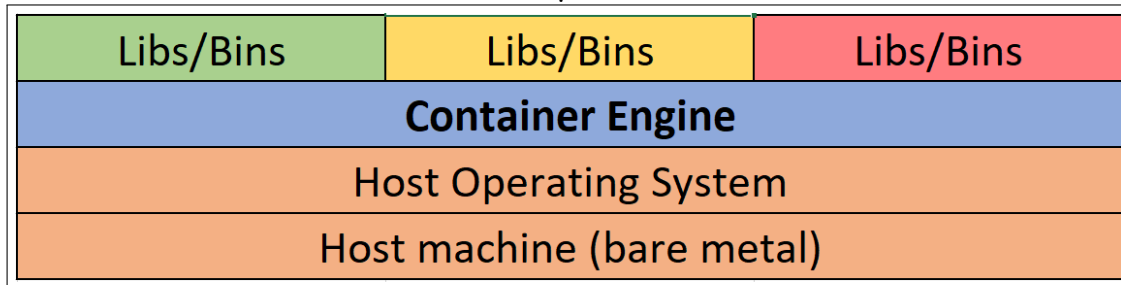
What a hypervisor is to a virtual machine, a container engine is to a container. A container engine sits on the base operating system, much the same as a hypervisor. Where a difference is found however, is in the way it interacts with the base operating system.

Whilst a hypervisor works by running a full operating system on top of the existing one, a container engine works without that upper operating system by using the base operating system as the OS component for each container. Segregation of containers and resource allocation is simply managed by the container engine, so that each container is allocated resources. This can be done dynamically or be static, depending on the use-case.

Figure 3.1 shows diagram that illustrates how the containers and

container engine work in relation to the host machine. When compared with the diagram in figure 2.1, it is easy to see that containers have far less overheads in comparison to virtual machines.

Figure 3.1: Diagram basis taken from Jenny Fong (Docker Blog)[Fong, 2018]



3.2 Developments in containerisation technology

3.2.1 Docker

An ever more popular implementation of container technology is a software known as Docker. This software is primarily used by (and aimed at) developers, who can use the platform to quickly create and deploy applications for testing. The use of containers is supposed to make managing these applications much easier, and ensures compatibility along the whole development process. Datanyze (a technology market usage group) report that Docker is currently the second most used Containerisation platform, with 25.34% market share in Containerisation [Datanyze, n.d.].

Docker's Container engine is aptly named Docker Engine, and utilises a client-server architecture [Docker, 2021, Section: Docker architecture]. The server portion of the Docker System is known as the 'docker daemon', the Client uses a command line interface to interact with one or more docker daemons. The client and daemon communicate using a 'REST API' [Docker, 2021, Section: The Docker daemon]. REST (Representational State Transfer) provides an architecture for web services [Booth et al., 2004] that allows them to communicate over HTTP. The protocols within REST are stateless, this means there is no set 'state' or session control within the protocol; each command sent to a daemon can be understood as it

is, without the need for any outside context to the command being sent.

The Docker Daemon manages ‘Objects’ [Docker, 2021, Section: Docker objects] required for a full Docker system. ‘Objects’ refers to the containers, the images (Docker images are the instruction sets for Docker containers, not to be confused with OS images, though often the Docker images will include which OS image is to be used).

Docker images are stored in a Docker Registry [Docker, 2021, Section: Docker registries]. By default, the registry is configured to use “Docker Hub” which is a public, open registry that already contains a large number of complete images for use. This registry can be changed however, to point to any location. This behaviour allows a registry to be setup part of a network, and the images can then be ‘pulled’ or ‘run’ from the registry using the “docker pull” and “docker run” commands [Docker, 2021, Section: Docker registries]. An image can also be configured on a live container, and then that image pushed to the registry using the “docker push” command [Docker, 2021, Section: Docker registries].

3.2.2 How Docker works

Docker is written using the ‘Go Programming language’ [Docker, 2021, Section: The underlying technology]. Go is developed and maintained by Google on an open source license, and is roughly based on the C programming language [The Go Authors, 2021a]. Being based on C gives the programming language the same benefits of any other low level language, being able to make use of functions that are integral to the kernel and operating system. Where go differs is that it is also designed to be more intuitive and “clutter free” [The Go Authors, 2021b].

Namespaces

Docker makes use of a feature of Go that allows further use of a linux kernel feature known as namespaces [Docker, 2021, Section: Namespaces]. When new containers are created, a set of namespaces are created specifically for that container. This means that programs that might otherwise be considered by the kernel to be en-

tirely sperate, are processed together, and vice versa. This in turn allows multiple containers to run processes in isolation that otherwise would have been processed by the kernal together, and also process a number of actions as one whole unit, that otherwise would have been considered seperate tasks to the operating system. This is key to the function of containers, as it allows each container to process tasks as sperate entities, but make use of the same kernal and operating system across all containers.

Control Groups

Control groups is another feature of the linux kernal used by Docker. Control groups allow hardware resources to be segregated in a way that limits and further isolates them [Corbet, 2007]. In docker, this is used to segregate parts of memory, logical processors, drive space and network access so that there is no crossover in hardware utilisation between different containers. This is similar to how a hypervisor would segregate resources, but instead this is managed entirely by the kernal.

Chapter 4

Comparisons Between Virtual Machines and Containers

4.1 Research comparing both methods

4.1.1 To support PaaS

Research has already been conducted comparing containers and virtual machines, such as Dua, et al.'s study into using containerisation and virtualisation in PaaS (Platform as a service)[Dua et al., 2014]. In this study, it was concluded that containers performed better in almost every way for online applications, but they also concluded that adoption of containers was still relatively low, and that there were some issues with standardisation in the field[Dua et al., 2014]. That study was conducted in 2014 however, so a lot could have shifted by now.

Since that study took place, we have had a whole host of changes that could have had substantial impact in the field. For example; since this study, Microsoft has released Windows 10 (2015)[Myerson, 2015], and then later, Windows Subsystem for Linux (WSL), which provides the ability to run Linux applications on Windows[Loewen, 2019]. WSL2 has also been released, using a real Linux kernel[Loewen, 2020], and has been adopted by container applications such as Docker[Docker, 2021], allowing them to run better on windows machines, could this be the start of the standardisation that Dua, et al. were looking for?

4.1.2 A more recent review

In 2019, Watada, et al. did a review of containerisation and found that containers were faster in virtually every deployment when compared to tradition virtual machines[Watada et al., 2019]. This study was thorough in looking at the workings of various Virtual Machine and Container technologies, but most of these were tested on cloud applications, such as AWS (Amazon Web Services). The results in this study focused more on seeing how containers were already deployed in working environments[Watada et al., 2019, VII.], and the benefits of using them in those situations. Whilst recommendation were made as to where containers should and shouldn't be used, the study makes mention that complex networking is difficult to achieve using containers[Watada et al., 2019, VIII. A.].

The main issues mentioned by Watanda, et al. regarding complex networking with containers is IP address application, mentioning that most most containers make use of NAT networking[Watada et al., 2019, VIII. A.]. It is mentioned, however, that NAT networking can be avoided by assigning individual containers directly to host network interfaces[Watada et al., 2019, VIII. A.].

4.2 Full Virtualised/Containerised Networking

4.2.1 Virtual networks

We have already discussed the many applications of virtual machines, and among these is the ability to run multiple networked VMs on the same hardware, keeping various parts of the network logically separate. One example of this is VMware's network manager, whereby virtual machines can be made to appear as separate entities on a physical network[VMware, 2021b], whilst all sitting on the same base machine.

4.2.2 Containerised Networks

The studies and research mentioned above in section show that containers, in most situations, are faster than Virtual Machines. Where containers are said to fall down is their ability to interface and be

deployed easily in real world situations. This is why most SME's still rely on Virtualisation for a large portion of their network infrastructure, despite the fact they could probably prolong their hardware, or get more raw power from existing hardware by moving to containers.

In this report we will be aiming to create a typical network topology that could easily be deployed on virtual machine infrastructure, and then, we will be applying this same exact topology to a containerised network, and then measure that actual performance benefits in order to generate a recommendation to those that are still using virtual machines to host their infrastructure.

Chapter 5

System design and definition

5.1 Maintaining scientific method

To ensure that results are scientific, variables must be controlled between both of the systems. The first step in this, is ensuring that the topology and configurations for both systems are the same. This can be done by copying the configuration files from one system to the other, ensuring that the system works in the same way for both systems. As the underlying operating system should be a version of Linux for both the virtual machine and the Docker system, this should be relatively easy.

To further ensure that variables are controlled, we need to ensure that the same benchmarks are maintained throughout the testing process, when being used on the *same part of the system*. This means that if one benchmark is used to measure, for example, network latency on a web-server, then the same benchmark should be used to measure the network latency on that same web-server on the mirrored system. It may be necessary to use different benchmarks across the whole system, but this is acceptable as long as all testing is done to a parallel across both systems. The benchmarks to be used will be discussed in more detail in section 5.3 (Benchmarking).

5.2 LAMP System

I will need to make sure that the test system is as accurate to a real-world system as possible. To do this I will be employing a LAMP

topology for both the Docker system and the Virtual Machine system. LAMP is the acronym for Linux, Apache, MySQL and PHP. Whilst this can technically be run all on one system, it is common to separate various functions out onto different machines (logically or physically), this generally makes management of these systems easier.

For the Linux section of the LAMP topology, I will be employing Ubuntu Server as it is headless which resulting in a lower overhead, and because Ubuntu is one of the most widely used Linux operating systems for website infrastructure as of 2021 [Q-Success, 2021b]. Ubuntu even has its own images stored officially on Docker hub, which is updated regularly to stay in line with Ubuntu's Long Term Service version [Canonical, 2020]. Some of the images hosted on Docker Hub by Ubuntu [Ubuntu and Docker, 2021] are already configured to contain some of the parts required for the deployment, such as Apache2 and MySQL. These may be useful when implementing a Docker setup in the synthesis of this report, though for the sake of ensuring a fair-test, I may instead push images to docker that use the exact setup used by my virtual-machine testing. This could remove a possible source of extraneous variables from the testing.

5.3 Benchmarking

Benchmarking software and tools are designed to create a standard output measurement for performance of a computer-based system[Fleming and Wallace, 1986].

There are a number of benchmarking tools available, but for this research these can be split in discussion along lines of what they are designed to measure. That being said, the main split for this research is the measuring of computing performance, and of network performance.

5.3.1 Computing Performance

Computing performance in this case relates to the performance as a result of the computers ability to process information, and at what rate. Whilst this is tied directly to the processor, RAM, and other

hardware, the overhead of the Operating system can affect these components and as a result, have a large affect on the performance of a system. This effect is known as ‘operating system overhead’. Based on previous research on containers and virtual machines it can be hypothesised that in this research, the total Operating System overhead for a container-based system will be smaller than that of Virtual Machines (*when using the same operating system*). This is due to the way that containers utilise one OS for their function (as discussed in subsection 3.1.2).

5.3.2 Network Performance

Further to the Computing Performance; Networking Performance is the measured performance on the network between various nodes. These nodes are the servers, clients and other infrastructure that are configured to receive and send traffic on a network. One of the best ways to measure network performance is delay. Compute performance may change the network delay in some areas, but not all. To explore this, we should further break network delay into its four main components:

- **Processing Delay:** The amount of time it takes for a node (router, server, client, etc) to process the header of a packet [Ramaswamy et al., 2004]. This is usually affected by the CPU performance, which is linked to the compute performance as discussed previously.
- **Queuing Delay:** The time spent after being processed or produced by the node, and then actually being pushed onto the line [Institute for telecommunication sciences, 1996]. This is called queuing delay, as this delay is most usually due to other data already being pushed out onto the line. As a result, our data is waiting in a ‘queue’ behind other data, waiting to be pushed onto the line. This is affected by the amount of traffic being sent from a node, along with the speed at which the node can process multiple packets. This does tie in with Computing performance.
- **Transmission Delay:** The amount of time it takes for a node to ‘push’ packets (bit by bit) onto the line [Chen, 2005, Chapter

7]. This delay is a result of the bandwidth on a line, and as a result, the change in transmission delay between virtualisation and containerisation can't be hypothesised. This is due to differences in the way that both methods manage network traffic. There is no physical line between the servers, so differences in bandwidth are entirely down to the relevant solution (Containerisation, or virtualisation).

- **Propagation Delay:** The time it takes for packets to travel over a line/medium (such as copper cable) [Messer, 2021]. This could be affected by the the change from virtualisation to containerisation, however, this would be down to the individual ways that each of the solutions I choose manage network traffic between logical machines. As such, I can't generate a hypothesis for how this would be affected, much the same as Transmission Delay.

5.3.3 Other key findings

Whilst the purpose of this project will be primarily to find differences in speed between the two methods, there may be other performance, or even logistical improvements of one over the other. The final output from this research should be a recommendation to those that might be considering using containers in order to run their infrastructure, so whilst performance might be the key focus of this report, I will ensure to mention in evaluation anything else that could be considered important to those that might be looking to containerisation as a 'step forward' for infrastructure. For example, in subsection 3.2.1 (Docker) I discuss the Docker Hub, which is an public repository of images that anyone can push to or pull from. This system might make the deployment of containers easier than the deployment of virtual machines, so whilst this isn't directly related to the performance of the system itself, it may be worth mentioning as a possible point of interest.

We can see from exploring these various types of delay on the network, that network delay can be directly tied to Computing Performance in *some* areas. As a result of this, it could be expected that the changes to overhead, and the possibility of streamlining processes as

discussed in chapters 2 and 3.

5.4 Requirements List: Infrastructure

To create a realistic web infrastructure, a number of services will need to be implemented across

5.4.1 Webserver

The network will contain an intranet website in order to best simulate the intranets that are often operated by enterprises of various sizes across many different areas. Intranets are an integral part of a large number of businesses, as aim to serve as a central node for a large number of operations within businesses. These intranets can often host a number of important services for day-to-day working of a business [Jacoby et al., 2005], such as time-sheet and clock-in access, information sharing, and policy documentation hosting, to name a few.

Apache

The Apache HTTP server (Apache) is an open source HTTP server software developed by the apache foundation. It is (as of current) the most widely used HTTP server in the world with 34.5% of known websites using Apache to host their infrastructure[Q-Success, 2021a]. This makes it the perfect tool for simulating a real-world enterprise network, and should give fairly realistic results from benchmarks.

5.4.2 DNS

The architecture will require a DNS system in order to resolve host-names outside of our own control (Recursive DNS), and to to maintain the control over the domains for the intranet discussed in 5.4.1. Secondary DNS servers will be configured to interact with clients, whilst the primary and authoritative server will be hidden from clients. Having secondary servers acts both as a way to load balance DNS requests from the clients, and to act as a redundancy should one of the servers fail.

It is important to mention that for the purposes of testing, Reverse DNS (rDNS) will also be configured [Mockapetris, 1987]. This service essentially converts from IP addresses to hostnames, and is useful for using test commands such as Ping and Traceroute. These commands wont appear in the testing, but will be useful for troubleshooting when the systems are being created.

The primary and secondary forwarding addresses for queries unknown to the primary DNS server will be Google’s Public DNS servers. (8.8.8.8 and 8.8.4.4).

BIND

As the machines running the network infrastructure will be using Linux, the best fit for DNS architecture will be the use of BIND. This is because BIND is the de-facto standard for DNS on linux, and because it allows us to run the DNS server both as a recursive (for finding DNS queries for the outside network) and an authoritative (for managing the intranet domain) DNS server. BIND is maintained by the ISC [Goldlust, 2021], who also maintain a Docker Image for the application in docker hub.

5.4.3 DHCP

The network will also require a DHCP server in order to allocate IP addresses to clients.

ISC-DHCP

Another ISC solution[Goldlust, 2021], this will be used in order to manage DHCP. This service is simply known as ISC-DHCP and is another de-facto service in enterprise environments. These programs are in line with the testing I am doing, as they are commonly used in real world environments, which is where my research aims to replicate and implicate.

5.4.4 MySQL

As discussed in 5.2, a MySQL server will be used in order to host a database. There are a number of reasons an organisation might

want to host a database on their internal network, such as storing employee information for access on the intranet. Databases can take a lot of resources to maintain, and are often an important part of key infrastructure. Any increase in database performance from virtualisation to containerisation would be a clear success, and a good reason to move over to containers over virtual machines. MySQL has its own Ubuntu Server Package, making the server portion of the installation easy.

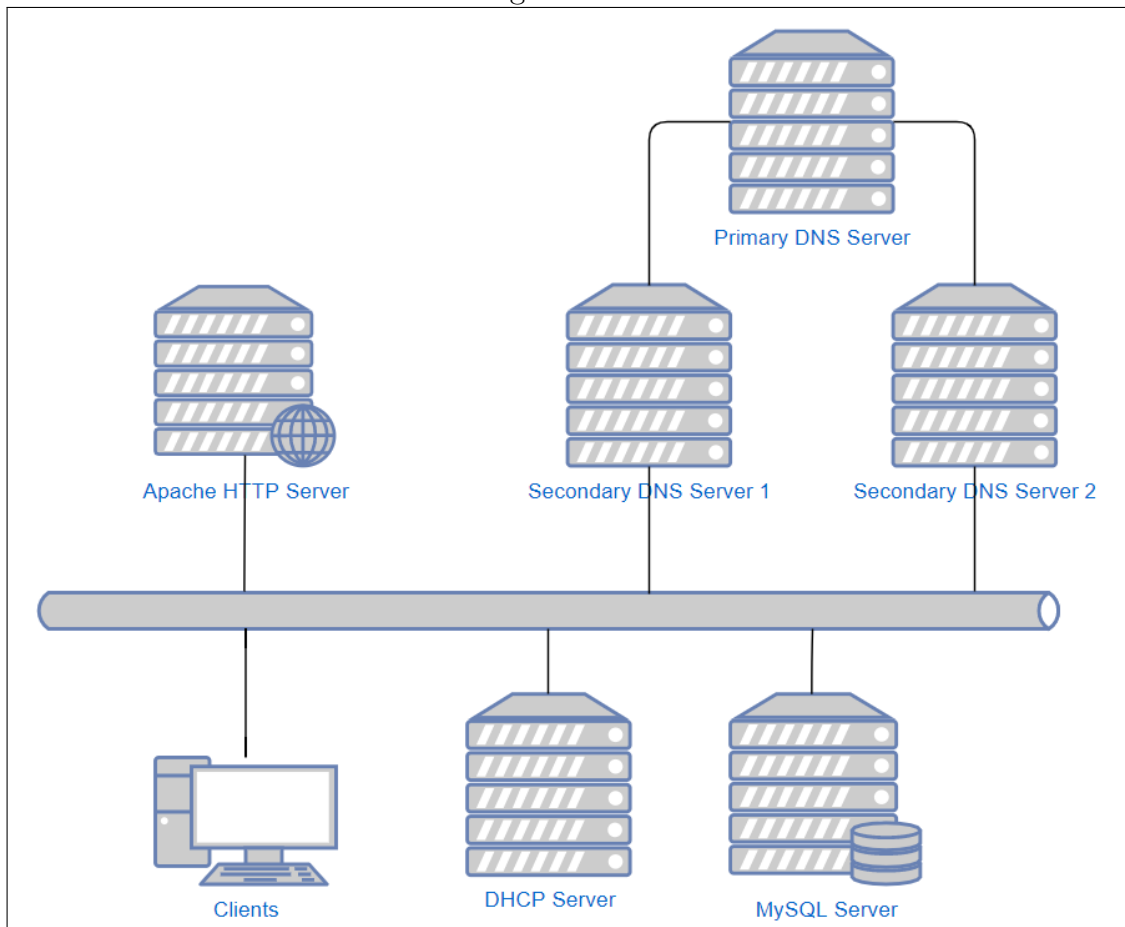
5.4.5 Clients

Whilst not technically a service, the network will have to include at least one client in order to test that the services listed above actually work as intended. These sorts of internal networks are made entirely to serve clients, so without testing performance on the client end, the testing would be somewhat redundant. Ubuntu Desktop will be used, as it is also open source and can be deployed easily on both systems. The client machine used in testing will be a VMware machine so that it can interact with the network setup for testing. The same system resources will be allocated to this client for both testing environments, so whilst there will be an impact on the performance of the machine doing the testing, it should have the same impact on the host machine's system resources across both systems, and shouldn't change the legitimacy of the output.

5.4.6 Topology Diagram

Figure 5.1 is a mock-up of what the final topology should look like logically. This will be subject to change throughout the synthesis section of this report, as findings are made and areas are adapted.

Figure 5.1:



This topology should be replicated in the same way across both systems in order to ensure that the results are measuring exactly what is supposed to be measured.

The difference in setup here is that Docker containers are run from the command line on the host machine whereas VMware will be using the VMware workstation pro environment to virtualise a new operating system for each instance.

Chapter 6

How will the system be measured

6.1 Requirements list: Benchmarks to be used

The system will need to be measured using standardised benchmarks in order to ensure that results are comparable.

To ensure that all elements of the system are measured, I will do four tests as follows.

6.1.1 Test one - iPerf3

iPerf is a tool used for measuring the total bandwidth achievable over IP networks [Dugan et al., 2021a]. In this test, the throughput will be tested between the client and the Apache server, as realistically, this is the server that would receive the most traffic in a real deployment. It can be expected that any server to client bandwidth would be the same however, given that the connections are all virtual and should work much the same way, regardless of which server is being used.

Measuring throughput for the web server is important because a higher throughput should mean a greater number of users being able to use the website without long wait times for example.

6.1.2 Test two - Sysbench MySQL

Sysbench is a benchmarking tool that comes with a number of different tests for measuring processing, memory usage, Input/Output speed, and database performance[Akopytov, 2020]. Whilst the tool is extremely versatile, with tests for a number of different functions,

the test that is of interest to this work is the 'oltp_read_write' test supplied. This test performs a number of random read and write queries and transactions to a pre-prepared MySQL database using OLTP (Online Transaction Processing), which is a system which facilitates small-scale, multi-user transactions and processes to a database[Bog, 2013].

This test will be performed on the MySQL server outlined in subsection 5.4.4, with the client machine being used to send the queries and initiate reads and writes.

The output from this test should give the number of queries that were successfully performed, along with the total latency for each transaction that takes place. These measurements are important because lower latency and a higher number of transactions in the same amount of time in a real deployment would result in better load times for end users for any web pages that require database manipulation. Even databases that don't face any users could see benefit from increased performance however, as lower latency allows for greater workloads [Eyada et al., 2020], which would allow heavier, more demanding work to be allocated.

6.1.3 Test three - Namebench

Namebench is an old and archived, but still fairly standard DNS benchmarking utility developed by Thomas Stromberg as part of Google's 20% program [Stromberg, 2010]. The project is using the Apache Open-Source License, and is still available to download and compile for use on Linux.

The tool's original purpose was for testing DNS response times for multiple websites against well-known, public DNS servers. The output from the test was designed to give the user a good idea as to which servers to use as their primary and secondary DNS servers in order to achieve the best response times possible when browsing the web. However, the outputs given can also be extremely useful for testing internal DNS server speeds. For example; the average, maximum and minimum latency given for each server. When this test is done for both deployments (Docker and VMware) the outputs can be compared to determine which DNS architecture gives less latency.

DNS latency directly affects how quickly websites load, as time is needed to resolve the server address from the IP. Overstressed DNS architecture can result in larger query latency[Liang et al., 2013].

6.1.4 Test four - Apache JMeter and Performance measurements using Netdata

Apache JMeter is an open-source application provided by the Apache Software Foundation designed to allow load-testing of various servers [Apache Software Foundation, 2021]. It was initially designed for testing of web-applications, and whilst it can now be used to test a number of different protocols, we will be using it for testing of HTTP/HTTPS.

JMeter is fully user customisable, but under a fairly standard and basic use, it allows for the simulation of a number of clients to a remote server in order to simulate what a different loads would look like if the server were to be in a real deployment[Rodrigues et al., 2019].

This test will be performed against the Apache server laid out in subsection 5.4.1, and as with the other tests, the client machine will be used to initiate the test, so that the traffic uses the network environment.

However, JMeter only gives performance results that are perceived by the clients that it simulates, for example, query latency. It doesn't show the impact on performance of the machine itself during these stress tests. So to measure the computing performance (as laid out in subsection 5.3.1), Netdata will be implemented to run on the host machine in order to monitor the performance metrics.

Netdata is open source software that is designed to pull numerous performance metrics such as CPU and RAM usage in real-time from nodes and end-points, whilst maintaining as small of a footprint on that node as possible [Netdata, 2021]. These statistics are displayed in a visual 'dashboard' which display a number of charts showing usage. A key feature of this dashboard is the ability to export and import snapshots [netdata, 2021]. This feature will allow a snapshot to be created for each scenario, allowing for historical access to the

exact performance metrics from each test. This allows for in-depth analysis even after the testing has finished.

Part II

Synthesis

Chapter 7

System creation and setup

7.1 The host machine

7.1.1 Hardware

It was decided as a better test of Docker’s ability to reduce strain on a system, that an older machine with limited resources would be used rather than a more modern and capable machine. This was to better represent the target group of this research; that being SMEs that may have aging hardware, attempting to get the most out of what they currently have available.

The test machine has

7.1.2 Operating System

7.2 Servers

7.2.1 Operating system

Both systems were created from scratch, using the latest LTS versions of Ubuntu Server (20.04, Focal Fossa Server [Ubuntu Documentation Team, 2021]).

For VMware, the images were downloaded directly from the Ubuntu Website and the virtual machines were created using VMware’s workstation Virtual Machine creation wizard, whereas for Docker, the Ubuntu Server image was taken from Ubuntu’s official Docker Image, hosted on Docker Hub [Canonical and tianon, 2021]. Each docker

image was then created using a Dockerfile, which lays out which version to use; in this case, ubuntu:latest.

7.2.2 Software

The servers were created to use the software and topology laid out in the requirements within section 5.4.

For both VMware and Docker this meant using the Advanced Package Tool (which is the default package manager on ubuntu) to install the various software needed.

However, for VMware this was done once each server was installed and booted. On Docker, through the use of Dockerfiles, this can be integrated directly into the Docker image, along with any configuration files that may be required, such as local zone files for the primary DNS server (DNS1). An example of a Dockerfile for DNS1 is shown in figure 7.1 below. This shows how the base image is selected, along with the addition of the software and tools necessary to make bind9 work. The ‘COPY’ command takes the completed configuration files and places them in the correct folders.

Figure 7.1: Dockerfile

```
FROM ubuntu:latest

RUN apt-get update \
    && apt-get install -y \
    bind9 \
    bind9utils \
    bind9-doc

COPY named.conf.options /etc/bind/
COPY named.conf.local /etc/bind/
COPY db.intranet.co.uk /etc/bind/
COPY db.72.168.192.in-addr.arpa /etc/bind/

CMD ["/bin/bash", "-c", "while :; do sleep 10; done"]
```

Both methods of creating the machines and grabbing software are straight forward, though I would argue that Docker, whilst maybe

having a slight learning curve, is faster once the user knows that they are doing. Writing Docker files for each machine was quick and easy.

The one caveat with using Dockerfiles, however, was that during setup of phpMyAdmin on the MySQL machine, the installation process asks for user input. The Dockerfile creation process isn't intelligent enough to return these to the user so the creation of the Docker image fails in this instance. Instead, the MySQL Docker Container was created without phpMyAdmin and then once the container was created and running we could install phpMyAdmin manually. Once this is done the container in its running state must be committed to a new image using the `'docker commit'` command [Docker, 2021a], otherwise the changes won't be saved.

7.3 Client

7.3.1 Operating System

The client machine was created using VMware workstation pro, using Ubuntu's latest LTS desktop version (20.04, Focal Fossa Desktop [Zemczak and Canonical, 2021])

The same client machine was used for both the VMware system and the Docker System. This was to ensure that the client used the same amount of resources (RAM, CPU and Network usage) on the host machine for both the VMware tests and the Docker tests, as in a real environment, the clients would be remote devices on the network. By using the same virtual machine as the client in both tests, any impact to the outputs of the tests should be mitigated.

The Client machine was configured to use up to 4GB of RAM, and up to two cores using VMware Workstation Pro.

7.3.2 Software

The client machine had all the testing and benchmarking software required installed before any testing took place, so that the machine was the same between testing.

The software installed was as described in the requirements list in section 6.1. As mentioned in that section, Netdata is installed on

the host machine during the final test, not the client machine. This is to ensure that usage statistics represent the whole machine, not just the client, or the endpoint (in this case, the web server).

7.4 The Network

For both tests, VMware Workstation’s NAT networking mode was used [VMware, 2021a]. The same network was used for both in order to ensure a fair test. Using the same network provided by VMware’s NAT setting ensures that any differences in network performance measured in the tests is due to factors other than the network infrastructure itself; more specifically, the difference between Docker and VMware’s core performance in a network setting.

The configuration of this network was edited using VMware’s ”Virtual Network Settings” [VMware, 2021b] to disable the built in DHCP server, so that it didn’t conflict with the DHCP server created for the testing (see subsection 5.4.3).

Setting up VMware Virtual Machines to use the NAT (VMnet8) network is straight-forward. On the contrary, to do the Docker test, more work was required. Firstly, a Custom Docker Network named ”CustomNet” was set up using Docker’s ”macvlan” network driver [Docker, 2021b]. This network driver is designed to be bound to a physical network, similar to the ”bridged” mode found in VMware, by giving each Container an individual MAC address. When creating a ”macvlan” network, the interface to be used must be specified. This is where VMware’s Virtual Network Adapter was used [VMware, 2021c], which is designed to allow the host machine to communicate with virtual machines over a virtualised IP interface that installed on the host machine. This allowed the Docker Network ”CustomNet” to be bound to the VMnet8 interface, thus allowing the Docker containers to communicate with each other over the VMware network. This also made it possible for the VMware client to be used in the Docker test as explained in subsection 7.3.1.

Table 7.1 shows the IP addressing and hostname scheme that was used in both tests.

Table 7.1:

	IP Address	DNS Hostname
DNS1	192.168.72.3/24	No hostname
DNS2	192.168.72.4/24	ns1.intranet.co.uk
DNS3	192.168.72.5/24	ns2.intranet.co.uk
DHCP	192.168.72.6/24	dhcp.intranet.co.uk
Apache	192.168.72.150	www.intranet.co.uk
MySQL	192.168.72.151	mysql.intranet.co.uk
Client Addresses	192.168.72.50/24 - 192.168.72.100/24	No hostname

For testing, when a server needed to be specified, the hostname was used over the IP address where applicable so that the process would make use of the DNS infrastructure. For example, 'www.intranet.co.uk' is used in the Jmeter test, instead of '192.168.72.150'.

7.4.1 Difficulties with Docker and DHCP

As mentioned above, Docker was using the 'macvlan' Docker network driver. This network driver is not the recommended driver for use by Docker, as generally Containers in Docker are designed to run within the constraints of the machine they are running on, and not to face out onto a physical network. Due to this, there was an occasion during the creation of the Docker system whereby the DHCP server was not giving our IP addresses even though it was configured to do so.

After trying various troubleshooting methods, and after rebooting several times, it seemed there was no solution to the problem. It was decided that we would come back to the issue the following day with a fresh mind. After booting up Docker fresh the following day, the DHCP server started working as intended. I believe the issue was due to the way the Docker handles replies over IP, as it seemed to be dropping important packets headed into the DHCP container that were part of the DHCP handshake process (The process would restart from the beginning again, and then the returning packets would drop in a continuous loop). This is however, merely hypothesis, as if I had the real solution to the problem I was facing I would certainly explain it in more detail, but this erroneous behaviour was never observed again.

Even after the Docker containers were saved to .tar files, and then reloaded onto different hardware, the DHCP server ran entirely as expected. I would suggest this speaks to the fact that this work is on the edge of what Docker is really designed to do, so your own tests and observations on your own hardware, may in-fact differ.

Chapter 8

Testing & Benchmarks

Introductory explanations for each of these tests and benchmarks are included in the requirements in section 6.1.

8.1 Test 1 - iPerf3 Throughput

8.1.1 Test parameters

In this test, the throughput is measured between the Apache server and the Client. The listener for iPerf3 was setup on the Apache server using port 5201 (the default port for iPerf3 [Dugan et al., 2021b]). The client then specifies that it is in-fact running iPerf3 as a client, and tells the server which format to record throughput with. For this testing, the format used was 'M', meaning Megabytes [Dugan et al., 2021b].

The test runs for ten seconds, taking measurements of total throughput in a second, resulting in ten points that can be converted into a graph showing the transfer rate (throughput) over time in Megabytes per second. An average can also be taken from this. A separate throughput is calculated on each side of the transaction (at the server, and at the client).

8.1.2 Results

The average throughputs for both tests, and for clients and servers, are shown in table 8.1 below.

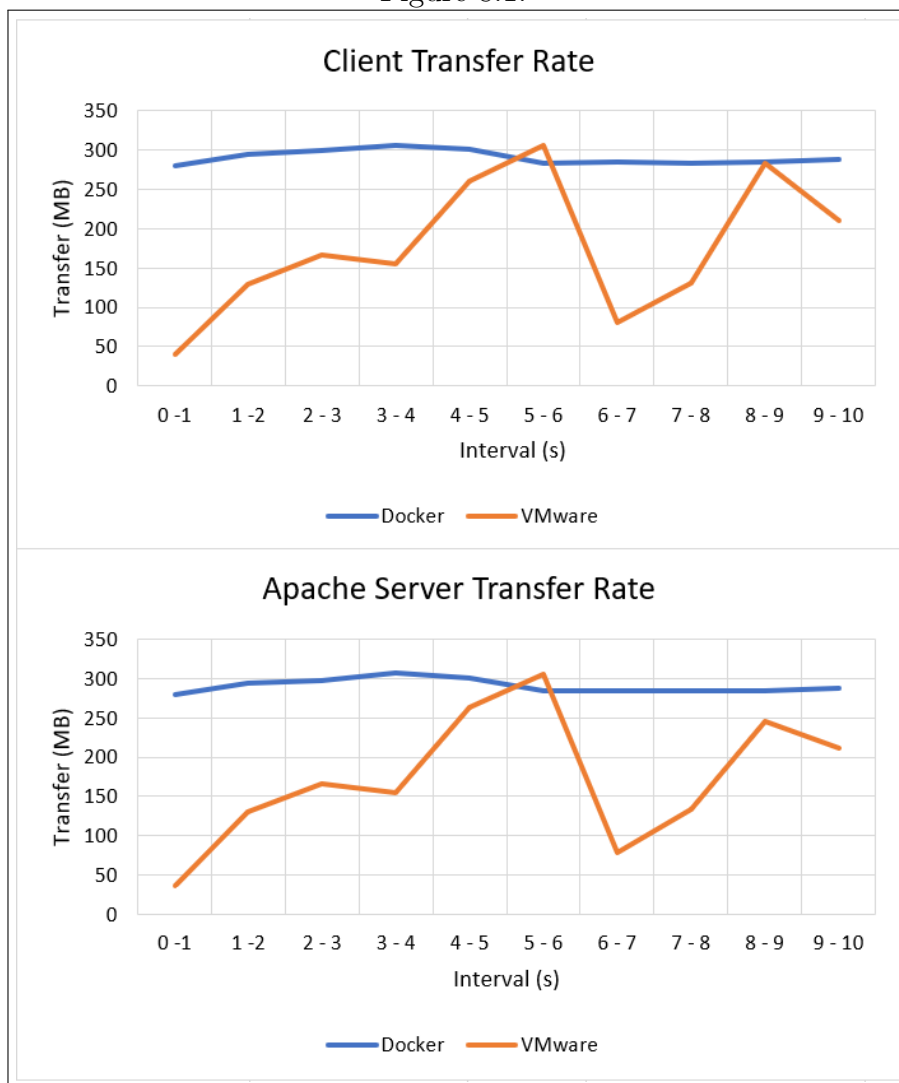
Table 8.1: Table showing the average transfer rate in a 10 second period

x	VMware Average (MBytes/s)	Docker Average (MBytes/s)
Client	176.37	290.70
Apache Server	172.61	290.40

The averages shown in this table clearly show a higher throughput for the Docker system, with an improvement (averaged between the Client and the Apache Server) of 116.06 MegaBytes per Second.

Figure 8.1 shows the transfer rate over time for both Client and Server.

Figure 8.1:



This shows that Docker is stable, whilst VMware's throughput result fluctuates far more. This would suggest that the VMware system

is unstable; something we will investigate further in the evaluation section of this report.

8.2 Test 2 - Sysbench MySQL Input/Output

8.2.1 Test parameters

This test required a test database with random data to be created on the MySQL server. Luckily, Sysbench includes a 'prepare' tool, which allows a user to specify parameters of for the table that match the test they want to conduct [Akopytov, 2020]. Sysbench then creates, or *prepares*, a database that is suitable for said test. A test user account with all permissions was also created for Sysbench to use. When the prepare command is run, it creates the database and tables, and then fills the tables with the amount and type of data specified.

The database we created for testing had the following parameters:

- The database had two tables.
- Each table had a size of 500000.
- Table size in sysbench relates to rows. Meaning across the two tables, there was a total of one million rows of data.
- The test was specified as 'oltp_read_write'.

OLTP is Online Transaction Processing[Bog, 2013], which is a term used to describe online databases that generally have high throughput and connectivity from many users [Cyran, 1999]. The `oltp_read_write` test attempts to simulate an OLTP workload by performing various different SELECT, DELETE, INSERT and UPDATE queries on the data [Ksiazek, 2018].

Once the above table was created, the actual test could be performed. The client machine runs the command that starts the test, and the domain name for the MySQL server (mysql.intranet.co.uk) was used to specify where the server and database were located.

The test was run using the following parameters:

- The port was set as 3306 (the default for MySQL).

- Two threads were used. This simulates the database being accessed and changed by two different users or programs at the same time.
- 'Time' was set as 300. This is in seconds, meaning the scenario ran for five minutes.
- 'Events' was set as 0. This setting would allow the user to specify that the test should stop after a certain number of events have been reached. By setting this to '0', the test will continue to run until the 'Time' setting is reached.

8.2.2 Results

Figure 8.2 shows the total number of Read, Write and Other queries performed by Sysbench in a 5 minute period. The results for both systems are compared side by side.

This graph shows a clear win for Docker, with the VMware system managing to perform just over a third of the number of Reads that Docker managed in the same time frame.

Figure 8.2:

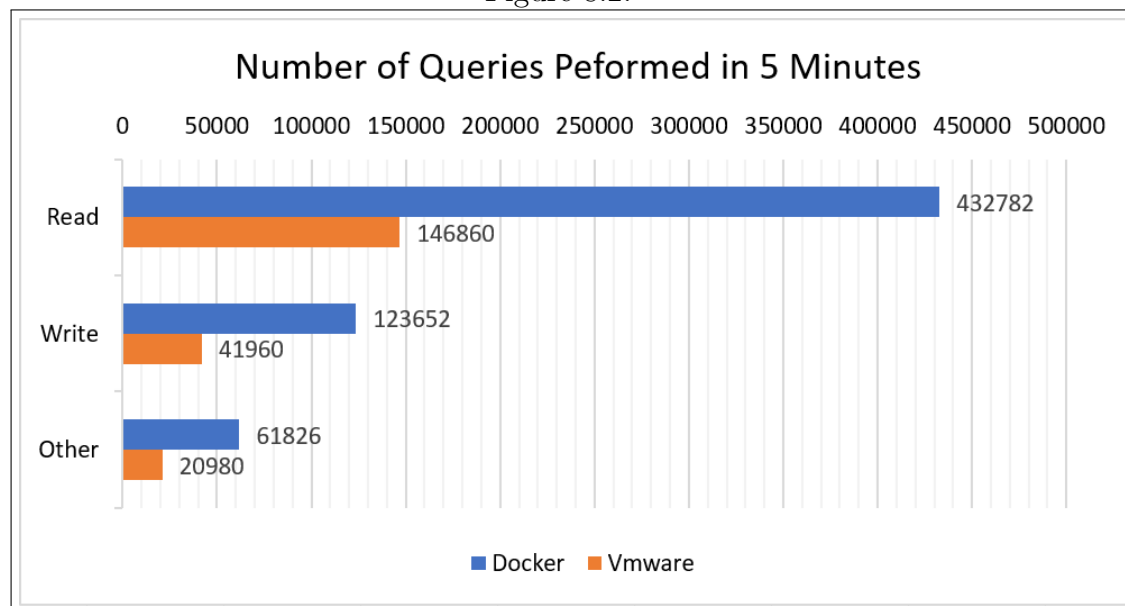
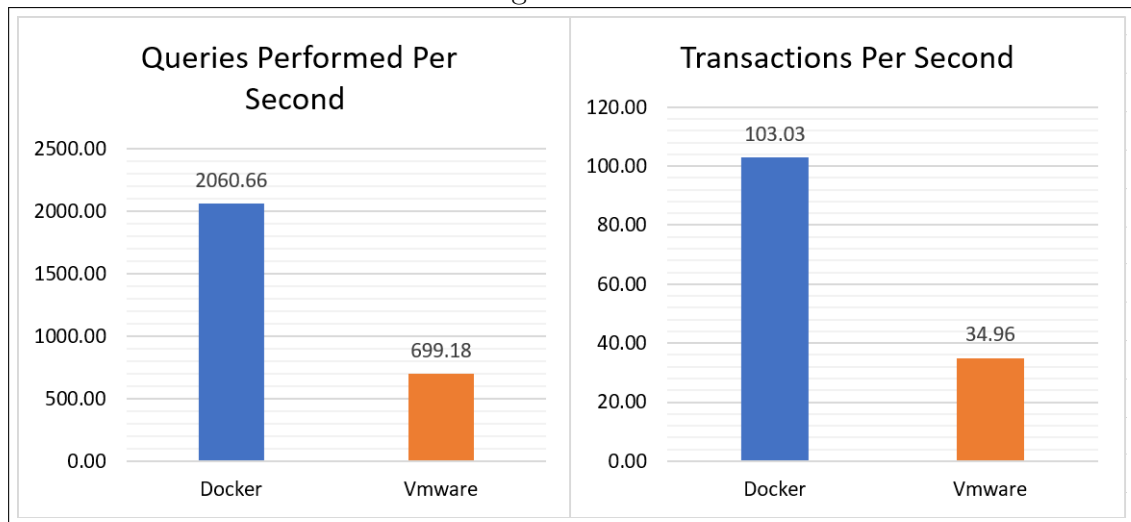


Figure 8.3 shows both the total queries per second, and the total transactions per second for both systems. A query is defined as being a single statement such as SELECT, INSERT or UPDATE[Oracle,

2021a]; whereas a transaction is a combination of multiple of these statements within one command[Oracle, 2021b], typically in order to manipulate multiple rows of data.

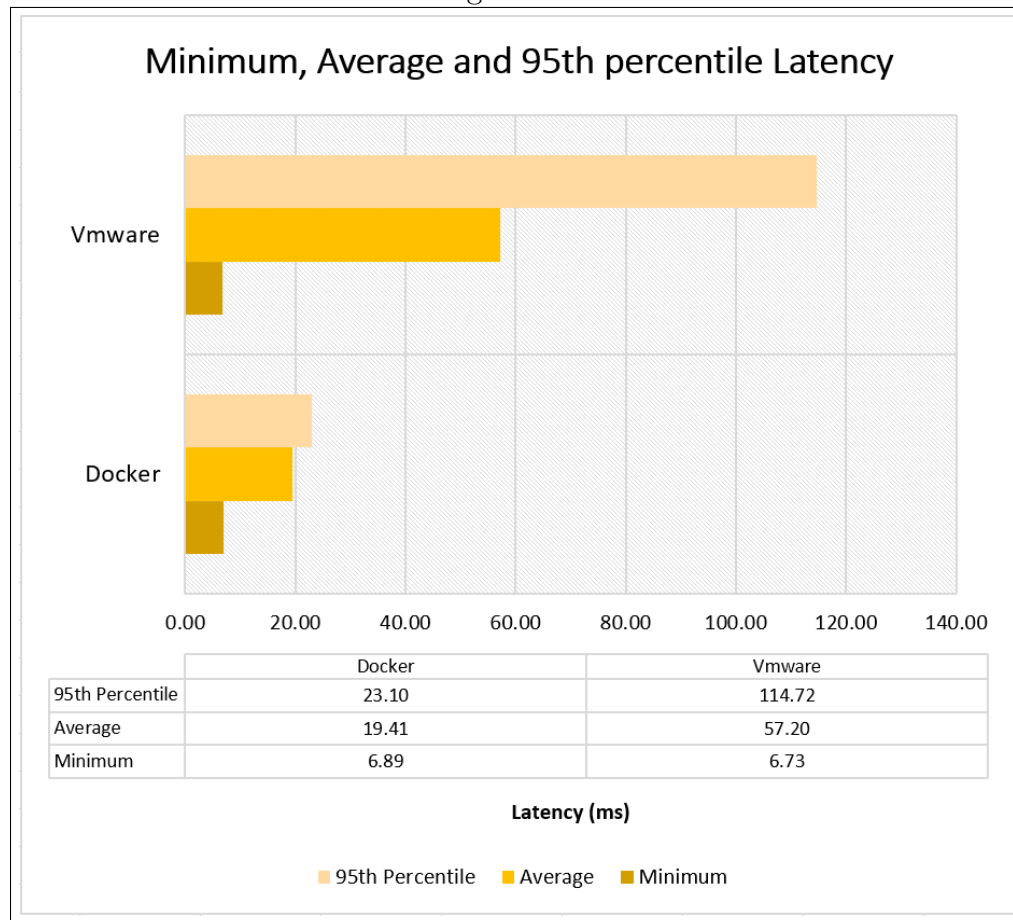
This further shows just how much faster the Docker system was at data manipulation.

Figure 8.3:



The latency between queries was also measured by Sysbench. Figure 8.4 shows a latency bar graph, with the minimum, average, and 95th percentile latencies in Milliseconds. The 95th percentile was rather than the maximum, because both tests experienced a maximum latency that would have dwarfed the other results. These maximum latencies were also most likely errors (which were to be expected with such a high number of queries being performed [Bog, 2013]).

Figure 8.4:



We can see from these results, that Docker far out performs VMware in terms of latency, to such an extreme extent that Docker's top 95th percentile results are lower than VMware's average latency.

8.3 Test 3 - Namebench

8.3.1 Test parameters

This test compares the performance of the DNS servers and their ability to perform DNS queries for various websites.

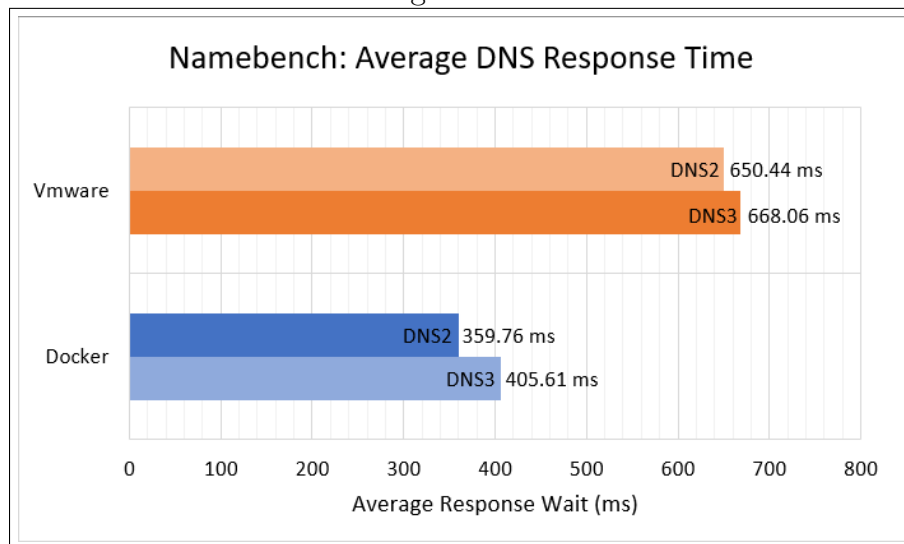
Namebench works by going through a list (specified by the user) of websites and recording the latency for the DNS server to perform the query [Stromberg, 2010]. Before the test commenced, the caches on all of the DNS servers in our infrastructure were wiped to ensure a fair test between the two systems. In our testing, the following parameters were set:

- The list to be used was specified as 'alexa'. This option uses Amazon's Alexa Top Sites list [Alexa Internet, 2021]. Around 38,000 different website addresses were tested. Having a high number of tests is important because it gives a good average.
- Both DNS2 and DNS3 were specified (using their domain names: ns1.intranet.co.uk and ns2.intranet.co.uk respectively) to be tested. DNS1 is a primary server, and is hidden in the network topology, only to be used as the master for the 'intranet.co.uk' domain, so it isn't tested here.

8.3.2 Results

Figure 8.5 shows a graph of the average DNS response times. We can see from this graph that Docker has smaller average DNS response when compared to VMware. An interesting, but unrelated behaviour here is that DNS2 in both tests out performed DNS3; this is unexpected given that both servers share exactly the same configuration. Perhaps this is a characteristic of the way that BIND9 handles secondary DNS servers?

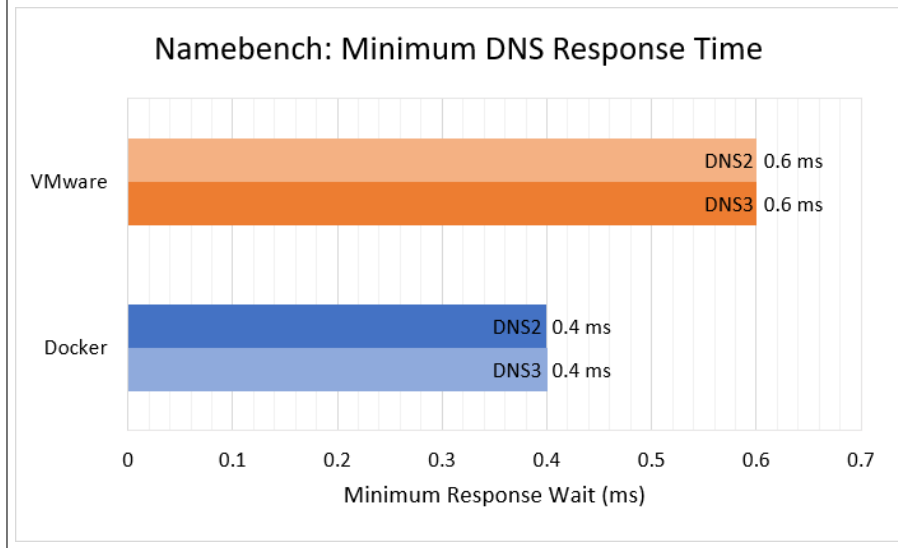
Figure 8.5:



We can see the minimum latency response in figure 8.6. Here, Docker takes the win again, with a similar relative margin between results as with the average latency shown above. Here we can see that the latency for each server is the same within the same system; this helps

us to rule out an element of chance to the results (ie, the results are more likely to be genuine given that they are the same across the two servers for the same system).

Figure 8.6:



No maximum latency is given in a graph as in both tests, certain requests hit their maximum wait time for a response (3500ms). This is most likely due to an error with authoritative servers outside of our control. Furthermore, 95th percentile data could not be used (such as in our last test in subsection 8.2.2) because Namebench compiles the the minimum, average and maximum data itself, without allowing the user to access raw data. (Most likely because the domain name list provided by Alexa [Alexa Internet, 2021] is propriety, so providing access to this data could be a breach of Alexa’s agreements.

8.4 Test 4 - Apache JMeter and Performance measurements using Netdata

8.4.1 Test parameters

This test is slightly different, in that the data we get back from the workload (JMeter) isn’t the most important piece of data we receive by doing the test. Instead, we are using the workload that is generated using JMeter [Apache Software Foundation, 2021], in order to measure the stress on the machine (though we do still look at the

data JMeter found). The three areas of Computing performance we will be looking into here are the CPU usage, RAM usage and the 'Load' on the machine. These were measured using Netdata[Netdata, 2021], so that the data could be monitored on another PC without affecting the performance of the PC running the Containers and Virtual Machines. Netdata also creates real-time graphs that can then be saved in snapshots, so that we can investigate the results in depth.

Idle data was also collected from Netdata. In these idle tests, the whole system was live, but without the client machine running. When the test with the JMeter load was done, the whole system, *including* the client was active. The reason for taking idle data, was so that we have a baseline figure to compare to for when the system was under stress.

JMeter was used to test the Apache server, and the JMeter tool was installed and run from the client (the same as the other tests). JMeter works by the user creating a test plan[Apache Software Foundation, 2020b], in which a number of different parameters can be set to create a test workload that is exactly what the user requires. The below parameters were specified for JMeter:

- A new thread group was created. A thread group is essentially a group of simulated users, with each individual 'thread' being one user [Apache Software Foundation, 2020b, 3.1 Thread Group], that to Apache, will appear as a different client. This is what allows JMeter to do stress testing.
- Within this thread group, we set the number of 'threads' to 100. The ramp-up period was also set as 100. The ramp up period is the amount of time (in seconds) that Jmeter takes to start all threads[Apache Software Foundation, 2020b, 3.1 Thread Group]. The time between starting one thread and starting the next is equal to $\frac{Time(s)}{ThreadCount}$ [Apache Software Foundation, 2020b, 3.1 Thread Group]. In this case, $\frac{100}{100} = 1$. So the time between each thread start is one second. The loop count within this thread group was set to 10, this means each thread (user) will perform the test 10 times before that thread closes.

- Now that we have our thread group, we need to assign it a task. This is done by adding both a 'sampler' and a 'configuration' element. A sampler allows us to do various requests [Apache Software Foundation, 2020b, 3.2.1 Samplers] but in this case we will be doing a HTTP request. The configuration element, allows us to change the options within the sampler [Apache Software Foundation, 2020b, 3.6 Configuration Elements]. For our test we used the 'http request defaults' config element; the only change we make is to set the domain to `www.intranet.co.uk`.
- Finally, we need to add a listener. A listener is a way to collect the results that are generated by JMeter [Apache Software Foundation, 2020b, 3.3 Listeners]. As we wanted to be able to compile the results ourselves, we used the 'view results in table' listener [Apache Software Foundation, 2020a, 18.3 Listeners, View Results in Table], which allows us to export the results to a CSV file for easy data manipulation later.

8.4.2 Results

JMeter

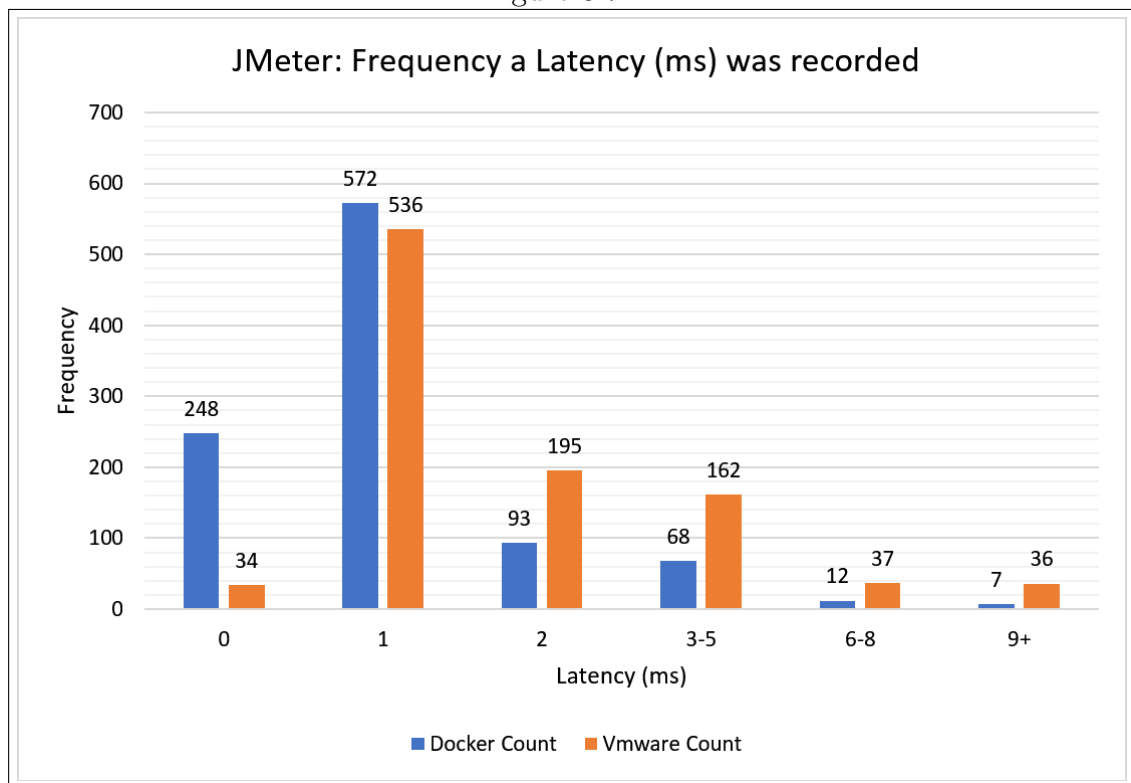
Table 8.2 shows the average latency for both the Docker System and the VMware system. We can see that Docker has a reduced average when compared to VMware; further strengthening support for the Docker system.

Table 8.2:

AVERAGE LATENCY (ms)	
Docker	Vmware
5.85	8.88

The parameters we set gave us an output that had the latency for 1000 HTTP request transactions. To better illustrate the spread of latency, Figure 8.7 shows the frequency of these latencies. Frequency relates to the number of times a certain latency (in ms) was recorded. A latency of 0ms means the system took less than 1ms to process the HTTP request. Some latencies have been grouped together as they became less frequent.

Figure 8.7:



Firstly, we can see that Docker had far more response times in the 0ms category. This suggests the Docker system often didn't have a backlog of requests due to being saturated meaning it was still able to give almost instant replies. Moving to the next category, we can see that both Docker and VMware have similar numbers of requests in the 1ms range, however, Docker is still slightly ahead. Moving on to the 2ms range, we can see that VMware starts to take over as having more counts of this latency. Moving past this latency we can see that VMware has far more responses in the higher latency ranges, with 36 counts in the 9ms+ range, compared to only 7 counts for Docker.

If we dig deeper into these 9+ results, we can see that some of them are incredibly high in comparison to what we would expect. For Docker, of the seven results in the 9+ category, five of them are in the magnitude of 10^1 ms. One of the results is in the magnitude of 10^2 ms but is also the first result in the series, so can be omitted as a 'warmup' result. The one other result here is 4635ms, which clearly shows an erroneous result.

To look at VMware’s 36 results in the 9+ category it is easier to break it down into table 8.3.

Table 8.3: Magnitude of latencies for VMware that are over $9ms$

Latency Magnitude	Count
10^1	28
10^2	6
10^3	2

From this table, we can see that six results took between $100ms$ and $999ms$ (One of these is also the first result, so should be considered a ‘warmup’ result, as have done the same with Docker. A further two results take $1036ms$ and $3996ms$. When compared with Docker, this demonstrates how these anomalous results or ‘hitches’ in the system were more common in VMware.

Netdata

CPU Usage: First, we will look at idle CPU usage. Important to remember, in subsection 8.4.1 we discussed that the idle usages were taken without the client running. This means that the idle usages are reflective of the usage we would see in a live environment on this hardware, if the system was receiving no traffic.

Figure 8.8 shows Docker’s CPU usage at idle

Figure 8.8: Docker Idle CPU

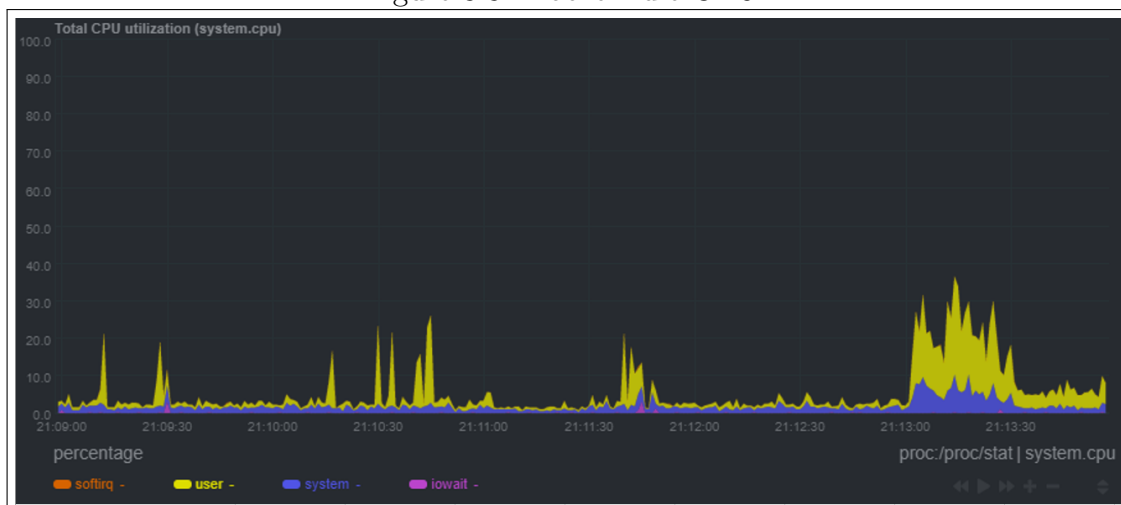
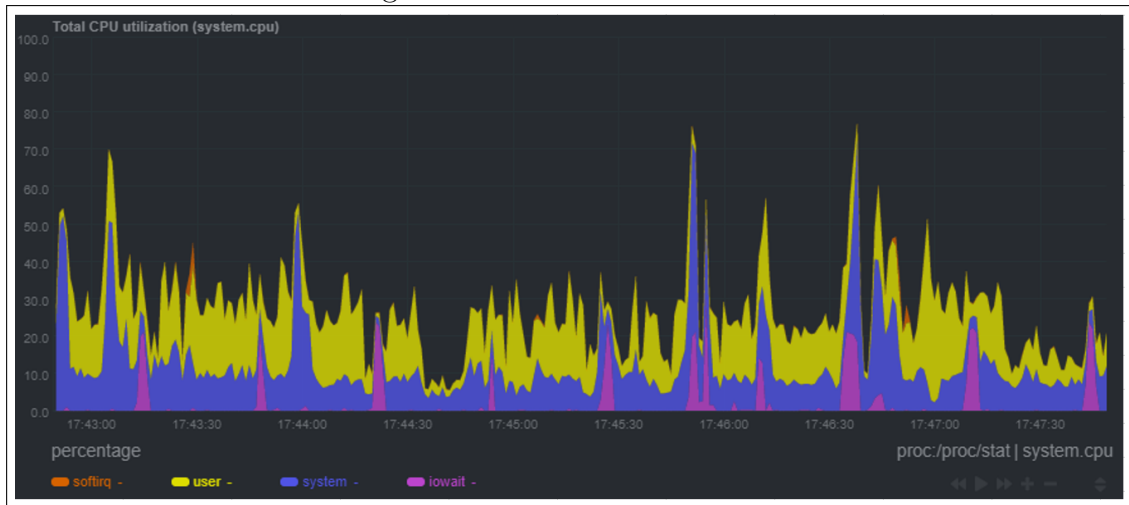


Figure 8.9 shows VMware's CPU usage at idle.

Figure 8.9: VMware Idle CPU



Already we can see that VMware is using far more resources from the CPU when idle compared to Docker. Figure 8.10 shows the CPU usage of the Docker system for when the JMeter test was being performed.

Figure 8.10: Docker JMeter Workload CPU

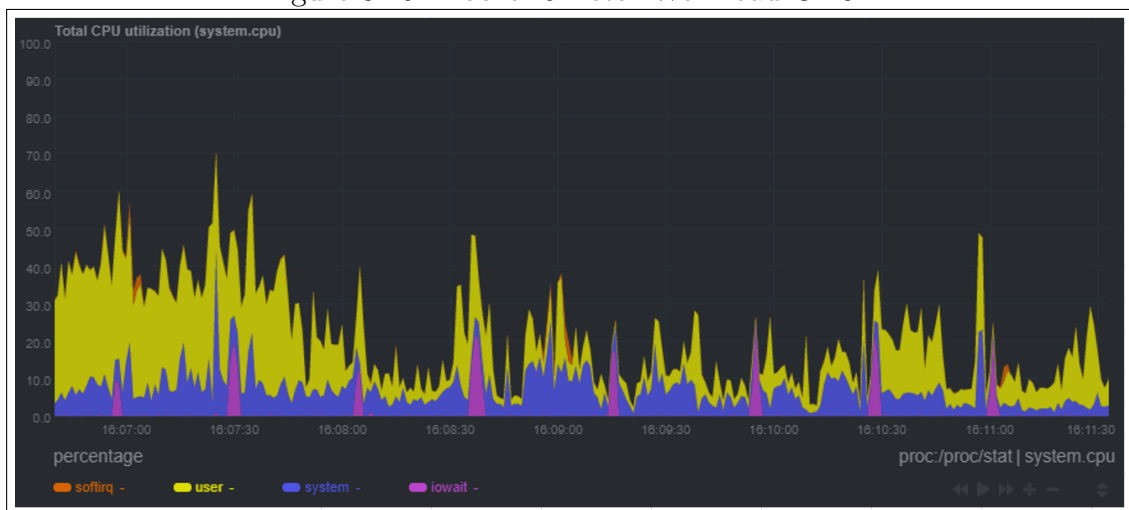
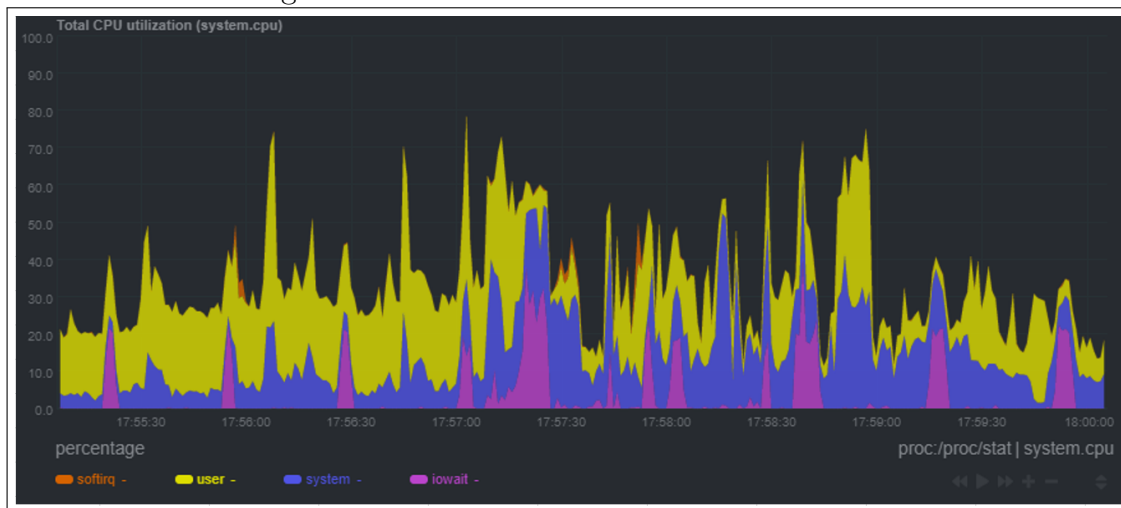


Figure 8.11 shows the CPU usage of the VMware system whilst under stress from the JMeter test.

Figure 8.11: VMware JMeter Workload CPU



Whilst the difference during a workload is less noticeable, it is still clear that VMware's CPU usage is more than Dockers. Interestingly, we can see that the Docker's usage ramps up at the start of the test, but begins to drop once the test has been running for some time. This might suggest that Docker manages consistent workloads more efficiently.

RAM Usage: Here we will investigate the RAM usage on the system. To start, Figure 8.12 shows the machine's RAM usage whilst running the Docker system idle. We can see from this, that when idle, the docker system takes up very little RAM on the host machine

Figure 8.12: Docker Idle RAM

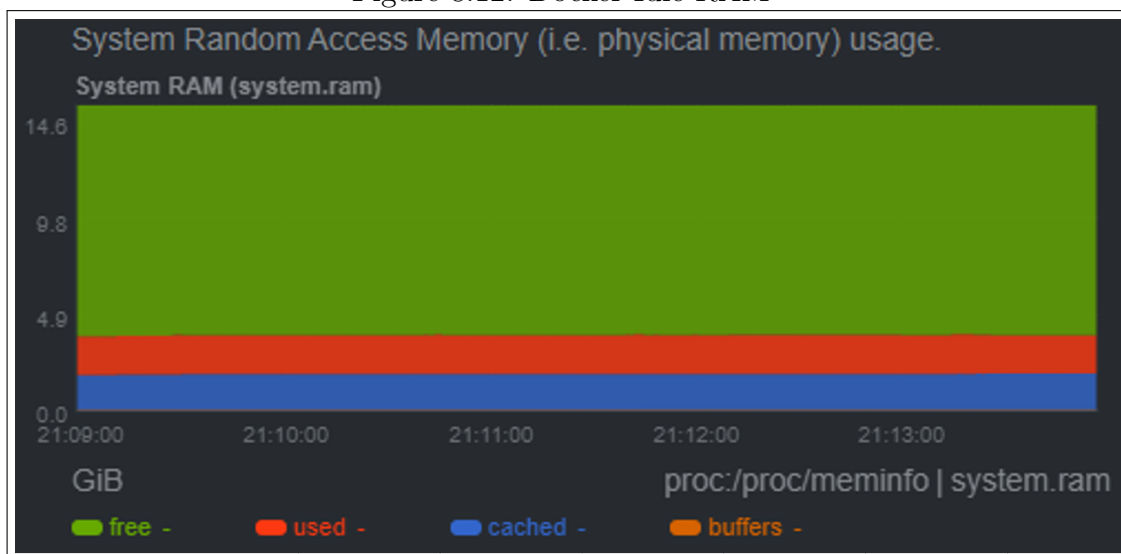
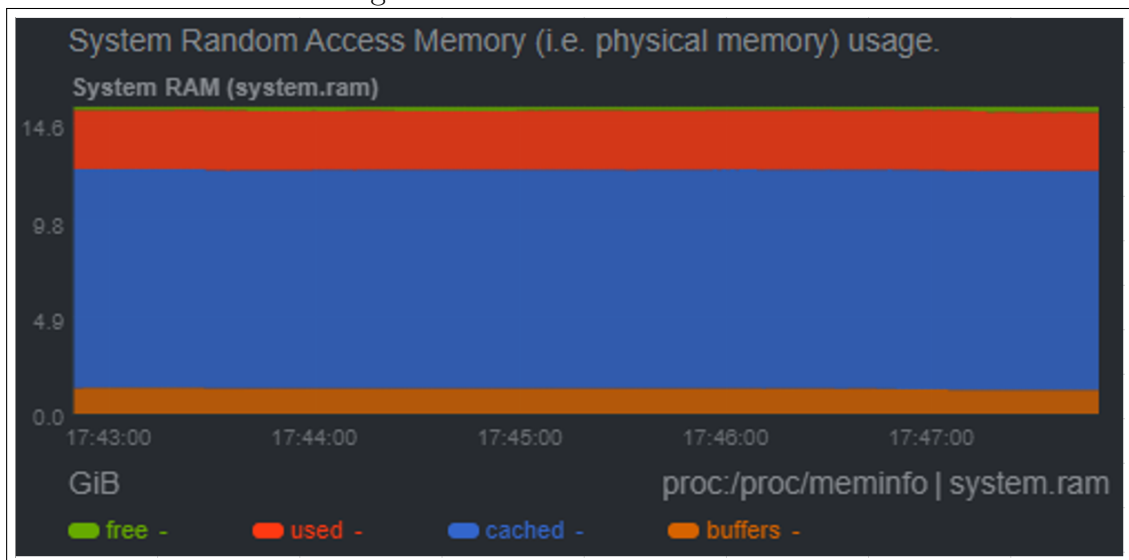


Figure 8.13 shows the RAM usage on the host machine when the VMware system is running in idle. We can see that there is a very tiny amount of free RAM, which could be a considerable bottleneck to the system, or cause it thrash [Denning, 1968]. However, the portion of RAM actively being 'used' is also fairly small (still more than the Docker system, but not unreasonable). Instead most of the RAM is cached. This is most probably due to the way that VMware partitions away sections of RAM for its virtual machines. The ram we see cached is most likely being used to host each individual virtual machine .

Figure 8.13: VMware Idle RAM



Moving onto Docker under a load from the JMeter test (Figure 8.14), we see that there is a slight increase in 'used' RAM, and considerably more ram being cached. There is still a healthy amount of RAM left free for the system to use, so no thrashing should take place.

Figure 8.14: Docker JMeter Workload RAM

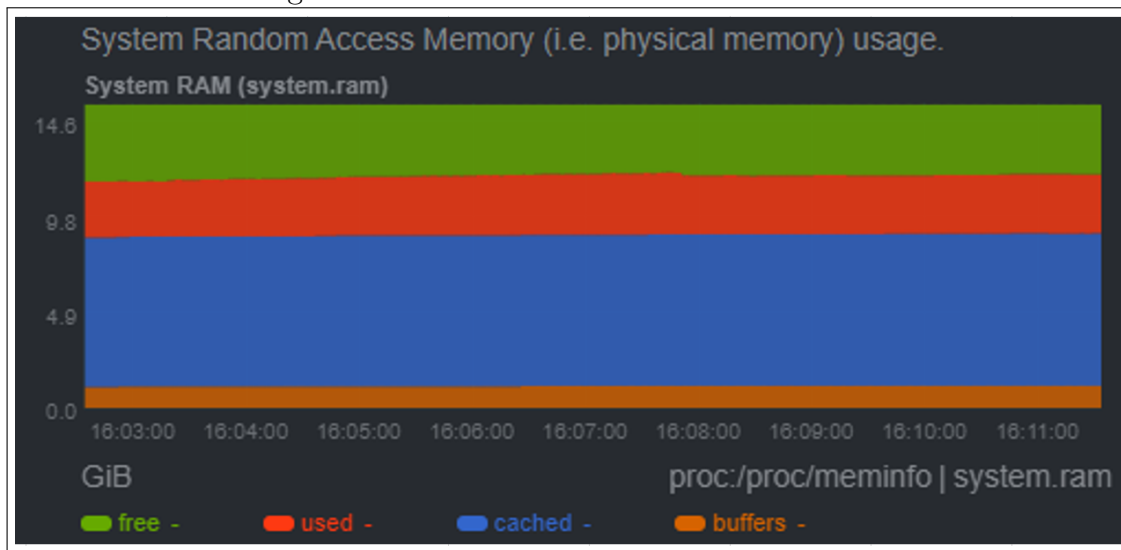
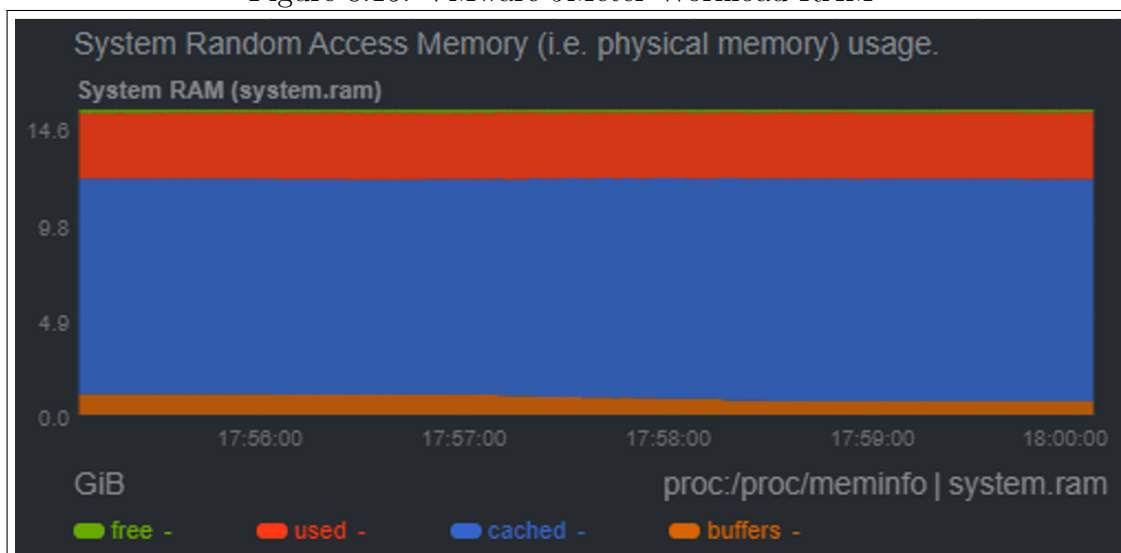


Figure 8.15 shows the RAM for the host machine whilst under a workload from the JMeter test. There is very little change between the usage here and the usage at idle (Figure fig:VMwareRAMidle), other than the RAM buffers being slightly reduced. This is because even at idle, the system is already fully committed; there is no free ram for the machine to move into. This might explain why some of our previous results for VMware, such as in subsection 8.1.2 (Test 1 Results), are unstable.

Figure 8.15: VMware JMeter Workload RAM



Load: Whilst CPU and RAM usage are self explanatory, 'load' may

seem more vague. Load as measured by Netdata, is defined in the same way that Ferrari et al. defines load, whereby load is based on the number of tasks using the CPU and I/O along with those that are waiting in a queue[Ferrari and Zhou, 1987]. This is as opposed to just using CPU utilisation on its own, as this combined approach gives better results as to the actual extended load of the system. By measuring load in this way, we are also tying in other parts of the hardware, as load could increase with little CPU utilisation, if for example the machine was waiting for memory resources to be clear. Netdata access this data by using linux's built in `"/proc/loadavg"` file [Fedora, 2012].

By looking at load in this way, we effectively tie the two measurements above (CPU and RAM) with other hardware (for example; the disk) to see what the combined affect is to the machine.

Figure 8.16 shows the Netdata load graph for Docker whilst idle. In this graph, 'load1', 'load5' and 'load15' refer to the number of tasks waiting on over one, five and fifteen minute averages respectively. Generally low results across the board is best, however, we can see in this graph that 'load1' has a few spikes, however the scale of this graph is actually designed to show load at all times. If we look at the y axis, we can see that the axis is actually showing 0.70 as the highest number, which relatively speaking means less than one task a second is taking 5 minutes in the queue.

Figure 8.16: Docker Idle Load

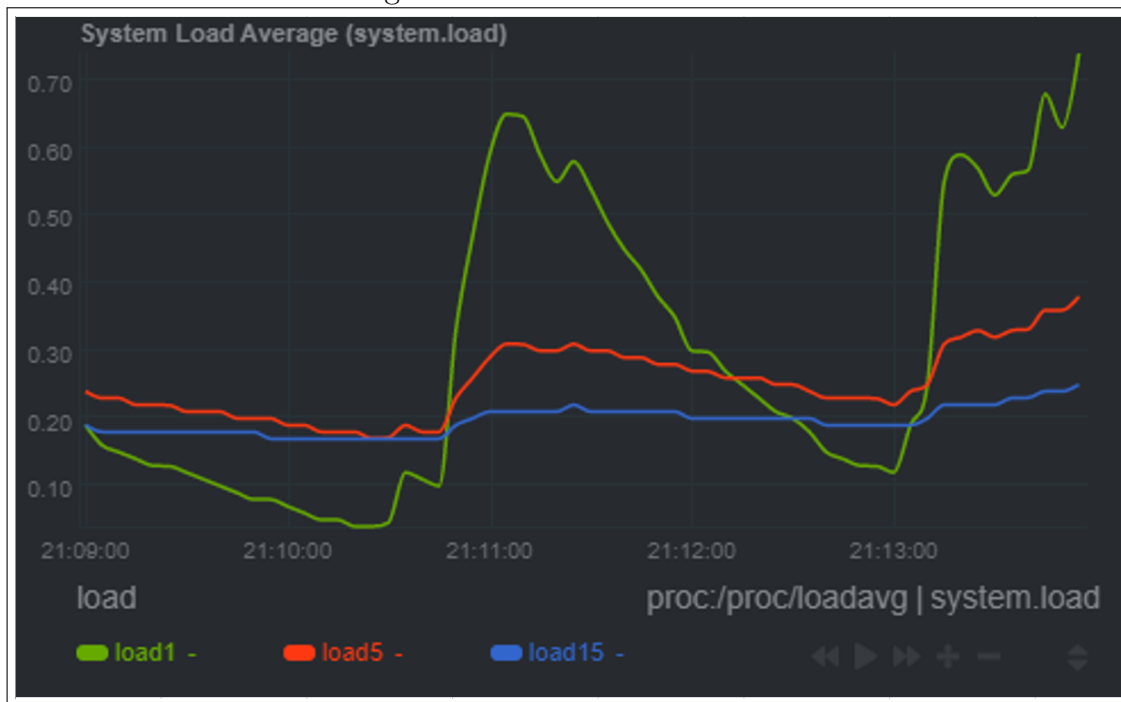


Figure 8.17 shows the idle load for VMware. Here, we can see just how much of an affect on task completion times having multiple virtual machines running has on the system. Again, notice the y axis goes much higher here, and that there are more tasks waiting 15 minutes, than there are 5 or 1. Around three and a half tasks are waiting more than fifteen minutes to be processed.

Figure 8.17: VMware Idle Load

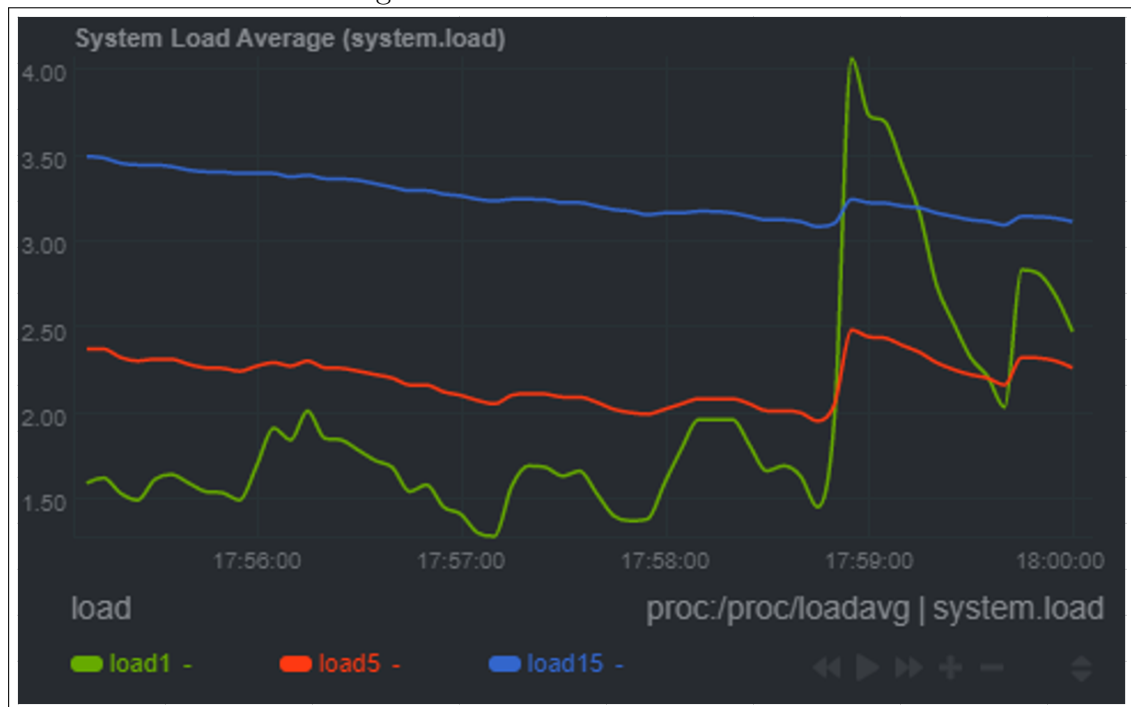


Figure 8.18 shows the Load on the host machine when docker was under stress from the JMeter test. We can see from the Y axis that around two tasks are waiting more than a minute to be completed at peak. There is around one task at worst waiting 15 minutes.

Figure 8.18: Docker Workload Load

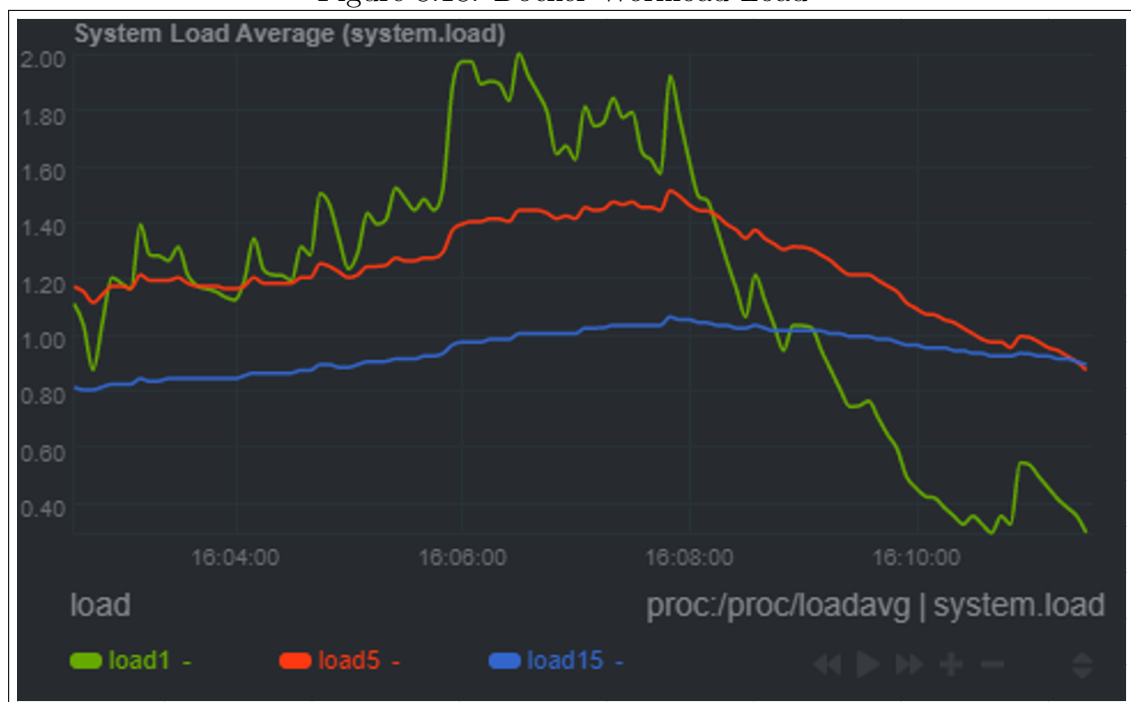
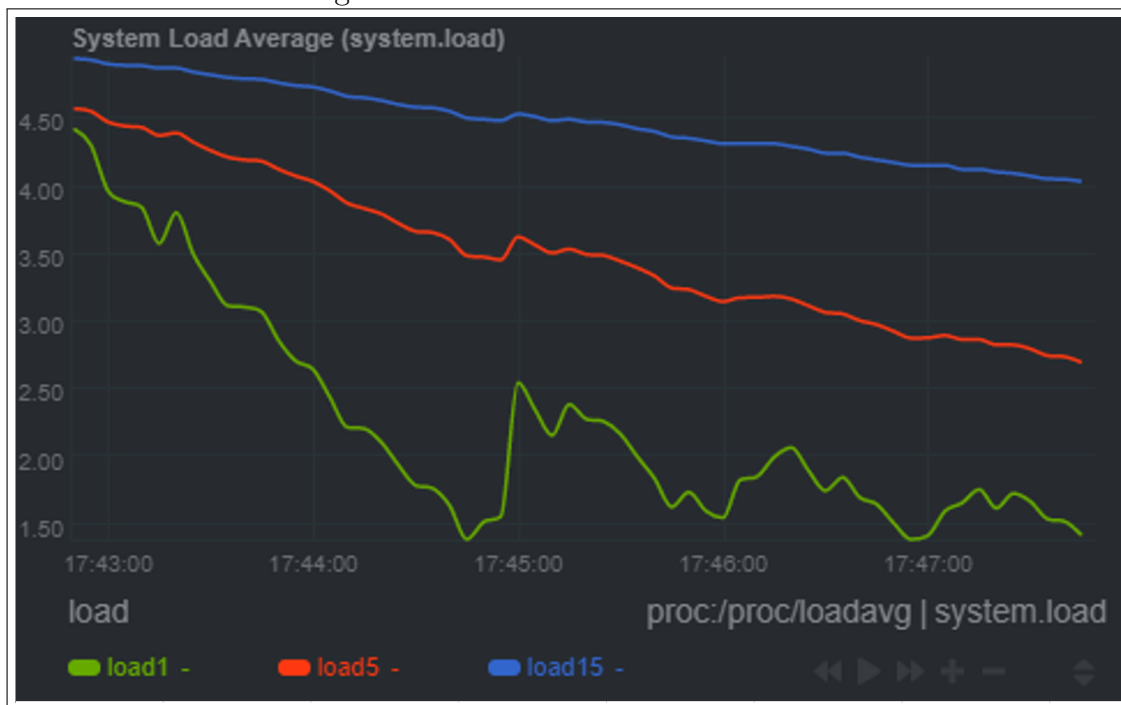


Figure 8.19 displays the Load during the same JMeter test, but on the VMware system. We can see here that more tasks are taking longer than 15 minutes than otherwise. Looking at the y axis, we can also see that the bars are sitting far higher than the previous graphs. Interestingly, we can see that load is on a downwards slope even during a workload. So whilst load here may be very high, we could maybe hypothesise that should the load continue long enough, that the machine may reach some sort of equilibrium.

Figure 8.19: VMware Workload Load



Part III

Evaluation

Chapter 9

Evaluation of the Product

9.1 Evaluation of the systems

9.1.1 Successes

Both systems (The VMware system and the Docker system) do exactly what was described in the analysis. The network topology for both of the real systems is exactly the same, with both of these networks matching the topology that was designed during the analysis section (Figure 5.1, in subsection 5.4.6). The system maintained a LAMP topology, as was specified, along with the various other components of the system such as DHCP and DNS. This is an important part of the research because it demonstrates that this kind of system can be supported by containers, and not just virtual machines, as is done historically. Furthermore, the configuration for matching services across the two systems (ie. DHCP on VMware; DHCP on Docker) are identical, ensuring that results remained comparable.

Separately, the VMware system is not particularly impressive, or groundbreaking, whilst the container based system on the other hand *is* impressive, and potentially groundbreaking. This is because there are not many examples of systems such as this one being built for use outside of small scale development operations (whereby the network infrastructure couldn't be supported on a real LAN). Together, the two systems combine to form an important base for research that could potentially impact the current paradigm of virtualisation in which we currently find ourselves in. The actual results, and their impact will be discussed further in section 9.2, but without the work

that was conducted to ensure that both systems worked exactly as designed, those results wouldn't have been useful. This is due to the fact that the testing was a direct comparison of systems; should there have been any disparity between the VMware network and the Docker network, the results would not be a fair comparison.

This required a level of perseverance when it came to finding something within the Docker system that was difficult. For example, getting phpMyAdmin to work on the Docker system wasn't as easy as the rest of the build (as mentioned in subsection 7.2.2), but a work-around was found to make it work, even though there was probably an alternative system that could have been implemented easier. Had the Docker system been the only system being built, and that had been the project basis, then using an alternative method would have been acceptable, and this could have been worked into the synthesis, but with both systems needing to be identical, this was just not an option. In the long run, I think this has made the project more of a success, because it has proven that taking systems that already exist within virtual environments, and converting them to container environments is an option without compromise for those that are in positions to make this move.

The scalability of the system we have created is very good. During development the system was actually entirely designed and created on a separate machine and then moved over to the testing machine after the fact with a fresh installation of Ubuntu. Setting the whole system up on a fresh machine was simple, and there was minimal hitches in the process. This suggests that both the containers and virtual machines were designed and created in an efficient manner. I would suggest that scaling up the number of machines, or adding new functions to the system later, would be an easy task.

9.1.2 Some notable Limitations

This project took place over what became a bizarre year for academia. Due to the Coronavirus pandemic, there was limited ability to access network labs and University infrastructure, so this project had to be scaled in a way that was reasonable for me to complete with my own personal hardware.

RAM and CPU usage

The computer that was used was a desktop PC, and as a result, the hardware reflects that of what is reasonable in a typical desktop machine. I think it would have been interesting, and possibly more reflective of the area I am trying to influence with this research, if the testing could have been done on a purpose built server machine, that may have had more than 16GB of RAM, and possibly a more server focused processor. For example; AMD have recently written a paper showing the use of their new EPYC line-up of server CPUs for hosting containers [AMD, 2019].

However, if we are looking to make recommendations for users that may still use old server hardware, I believe the use of older desktop hardware in this test may actually be *more* compelling to them, as the results may offer those users an alternative should they already be using virtualisation, and looking to get a little bit more usage out of the hardware before an upgrade.

Perhaps if the test was done over a few different systems, we could have compared the usefulness of containers and virtual machines across these systems. This however, would have made the project much larger, and would have been outside the scope of what could be considered a reasonable amount of work.

The Client

As already discussed, access to hardware switches, and with that, the ability to run the network infrastructure outside of a virtual network was not possible. This meant the client within the network had to be hosted on the same hardware as the rest of the network. Obviously, in a real-world environment we would expect a number of clients to be on the same network, but on separate host hardware. Part of the way through the design process, it was decided that to ensure that there was no run-off affect on the results

Using VMware's VMnet8 Adapter

9.2 Evaluation of the test results

One of the most important parts of the tests in my view is the quantity of data that was generated. Testing was done across the whole system, and those tests focused on both the network performance, and the performance of the hardware itself. This makes the research very valuable, as it gives us a very detailed insight into how containerisation affects all parts of a network topology.

9.2.1 Understanding the test results

All of the tests we performed looked at some degree, into the performance of various network components, with Test 4 offering further insight into the hardware performance of the system whilst performing network tasks. To understand the relationship between the results, we will start with Test 1 (iPerf3, Section 8.1). Here, the tabled results showed (as with all other tests) a clear win for Docker, with an average transfer rate sitting at 116.06 MBytes/s higher than that of VMware's. Looking into the transfer rate over time however, we can see that performance over time for VMware and Docker was not a linear and parallel, like we may expect to see. Instead, whilst Docker's Apache server transfer rate *was* relatively linear, staying around the same level throughout the test with little deviation, we found that VMware's transfer fluctuated. At times, the transfer rate for the VMware Apache server reached and even surpassed Docker's own transfer rate in the same relative time period, but it would then quickly drop back down to levels that were less than half of what it had been.

This sort of behaviour is something we then started to see in further tests, such as Test 2 (Sysbench MySQL I/O, Section 8.2). In this test, Docker is again the clear winner when looking at averages, with VMware falling behind with around a third of the total queries performed in the same time frame. When we dig deeper into these results however, we see the same trend of fluctuation appearing again as we see that VMware has a minimum latency that is actually slightly smaller than Docker's minimum, but the average and 95th

percentile latencies of VMware are far higher than the Docker Average's and 95th percentile latencies. This shows that the range of results for VMware is considerably larger, suggesting fluctuation like we saw in test one, whilst Docker's results maintain a small range, which suggests those results are more consistent.

Moving onto Test 3 (Namebench, Section 8.3), we see that the Name Servers on the Docker systems can perform queries $\approx 72\%$ faster than the same Name Servers on the VMware system. Where this test falls down, is the inability to dig further into the results in the same way as we did for Test One and Test Two, due to the way that Namebench compiles and presents the results. The data crunching that takes place to find the averages is behind a screen on Namebench, and the raw data is never presented to the user, instead, only the Minimum, Average and Maximum results are given. This is most likely because the Alexa Top Sites data that the test uses is a propriety data set that may be protected under rules of usage. Nonetheless, this results in a smaller workable data pool when compared to the rest of the tests, and whilst the data collected here is still valuable, it would have been more valuable if we could have looked in detail to see if we could pinpoint if the tendency towards fluctuation in the VMware results, and stability in the Docker results, is present in this test also. Further disappointment in the results from this particular test comes from the maximum latency that was given, which was 3500ms for both VMware and Docker. This result is most likely due to errors on Authoritative servers for one or more of the domains that we tested against resulting in the request being dropped after this exact amount of time (3.5 seconds), and as such, should be treated as anomalous data. Without access to the raw data, we can't actually confirm this and thus it remains merely as hypothesis. This kind of error is to be expected given that the test was against $\approx 38,000$ domains, but access to the raw data would have allowed us to investigate whether or not it was the same domains giving this high output, or even if this error was more frequent on one system over another. The reason Namebench was chosen despite not giving much flexibility and control over the results, is merely due to the fact that there are so few DNS server performance tests. Perhaps the development of a more in-depth DNS benchmarking suite would

be beneficial so that interesting behaviours such as those witnessed in this test can be explored in greater detail.

The final test was Test 4 (JMeter and Netdata, Section 8.4). Though we grouped this as one test, we essentially performed two tests in one, those being the networking performance test with JMeter, and then the host machine's hardware performance measured by Netdata during that test (alongside comparison idle data from Netdata also). To start, we will evaluate the network performance measured from the JMeter test. This test was much better than the one in Test Three (namebench) in terms of providing us with a real dataset. The full results from this test were output by JMeter, and this allowed a more in depth analysis of the results. To start though, and as with the other tests, the data was compiled to show the average latency where, unsurprisingly, Docker came out on top again, being on average 3.03ms faster than the equivalent Apache server on the VMware system. When taking a deeper look into these results, like in Test One and Two, we see that the spread of results for VMware is much higher. Whilst Docker and VMware both have most of their results in the 1ms category, we see that VMware has far more results spread across the categories for higher latencies. This is significant because it further shows this trend of fluctuating results that we have witnessed in Tests One and Two. We can also see that Docker has a number of latencies (248) in the less than 1ms category (0ms), whilst VMware only has 34, which further works to solidify that Docker is just faster than VMware in these high stress networking tasks.

Whilst Docker always remains the fastest option, these tests also demonstrate another key finding: that Docker, *in this system at least*, is far more **Reliable** than VMware. In Test One, Two and Three, we see a clear trend towards Docker not only performing well, but being consistent in doing so. VMware can often times pull results that match or surpass the Docker equivalent, it just doesn't maintain these results for any amount of time that could be considered reasonable for a live system in a critical environment and as anyone with Computer Networking knowledge should understand, reliability is a key factor with any live system, not to mention a high input and output OLTP database like the one we are trying to simulate. As discussed in the Analysis and Synthesis, OLTP systems are very

common ways of maintaining databases with high user interaction, as as such they need to be able to manage under a large load, as to not crash or develop errors during peak usage times.

A good way of seeing how often these errors take place for both systems is looking at results which appear to have excessively long latencies (as extremely high latencies would suggest the system is waiting for other resources, which further leads to I/O errors). When looking at Docker, we see than only one result appears to be due to an error, when on the VMware system there appears to be seven results that are due to errors. It is worth a note here mentioning that this method of determining errors is speculation; no actual MySQL error checking was used during the tests. Other reasons could be to blame, but it stands to reason that the most likely reason is I/O errors.

9.2.2 Understanding the fluctuations

By now it is clear that the results present Docker as faster on average, but we have not yet fully understood why the fluctuations on the VMware system that we are observing in tests one, two, and four take place.

This may be one of the areas that the research falls down, as no scientifically sound root cause analysis is possible with the results we have. Currently we can only hypothesise as to why the results present in this way. Despite this, we *can* make hypothesis as to the most likely and logical explanation, that explanation being linked to the RAM (and possibly, but perhaps less so, the CPU) usage. As discussed in subsection 9.1.2, testing was only performed on one Desktop PC with limited resources. If we then look to the second stage (Netdata results) within Test Four, we can the CPU and RAM usage, along with Load on the host machine during the JMeter test and when idle. Looking at RAM specifically, we can see that during the VMware testing there is little to no free RAM. It is most likely, by my own hypothesis, that this is the reasoning behind the seemingly random high latencies, and drops in throughput. Furthermore, the Load increase on the VMware system is considerable, and most likely due to the system needing to quickly to perform a lot of memory swapping (moving memory from RAM to Disk). When this

process of swapping memory back and fourth becomes large, then it starts to have an affect on CPU times (reflected in load as measured by Netdata), at this point, we are experiencing what is known as thrashing [Denning, 1968].

To summarise, whilst Docker is still more suitable than VMware (as it *does* uses less resources), it could be that our results around network performance are being unfair to VMware in that we are not providing enough resources for it to be able to handle the workload we are putting it under. Whilst it could be hypothesised that we would still see similar results without this RAM bottleneck, this research doesn't investigate this any further.

That is not to say that the research isn't still useful, as this recorded behaviour could actually be very useful to some users (Businesses, Network Administrators, IT Infrastructure Workers, etc.). As there may be a number of those users using outdated hardware along with virtualisation, in order to host networks, that are beginning to show signs of the issues we detailed here (i.e. Memory Swapping or Thrashing). For those users, the research in this paper details a possible solution (that being containerisation) that they could do right now, without yet having to update to newer hardware. This option could an appealing solution for those looking to stay in-line with new demands in the networking sector without spending large amounts of money on new hardware.

Nevertheless, should this research be done again I would want to look to do testing on other, more advanced hardware, to confirm that the results remain similar. Similar research that removed hardware bottlenecks that are present in this research could be extremely useful, as it could be better applied to those that are already running modern and fast server machines with ample memory. Sadly, with where the results we see in this paper lay, we are less useful to those very end users.

Chapter 10

Evaluation of the project and process

10.1 Development of skills

10.1.1 VMware

10.1.2 Docker

10.2 Personal Evaluation

Part IV

Conclusion & Recommendations

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Part V

Appendices

Appendix A

Terms of Reference

A.1 Background

Virtualisation has been utilised by a number of industries for a long time now, with first iterations of virtual machines dating back to IBM in the 1960s [Pugh, 1995]. System Virtual machines allow an operating system to emulate the function of a full operating system layered on top of a base operating system. Functionally, this allows multiple different logical 'computers' with varying operating systems to run on one physical computer. In most modern implementations, virtualisation requires software (known as a hypervisor) to manage and create the virtual machines.

Whilst I was on a year-long placement provided as part of a sandwich course at my university, I had the chance to work in an IT risk department at a reputable enterprise in Newcastle Upon Tyne. whilst working there I witnessed first hand, infrastructure and operations departments using virtualisation for much of the internally and externally facing server infrastructure, in what was an unwieldy and cumbersome use of scripts to update and install patches and dependencies across a multitude of systems. This resulted in a number of incidents where systems had to be pulled down in order to update the Operating Systems of individual virtual machines. These methods often caused unnecessary down time for systems, resulting in substantial risk for the business. Furthermore, this method often put a substantial stress on the hardware of these systems, with hardware boxes often running at full resource potential under heavy

load, and whilst these boxes were designed to withstand these kinds of loads, it still affected the longevity of the hardware.

In recent years there has been research into the use of containers instead of virtual machines for various operations across computing industries [Watada et al., 2019]. Containers are different from virtual machines in that they run on the base OS, and don't require a secondary emulated operating system to be managed by a hypervisor. This is a benefit as it reduces the resources [Joy, 2015] used by each instance. Overall, containers are a more lightweight and efficient system, that are easier to keep up to date. Whilst research has claim in displaying the benefits of containerisation, much of the server infrastructure of enterprise remains reliant on Virtualisation, not Containerisation.

I have also had the opportunity to partake in gatherings held by CoTech, a network of tech co-operatives that meet semi-regularly to discuss various tech related topics. Whilst I was there, it was discussed that a large portion of these small enterprises used Docker, a system for packaging and deploying containers, to develop applications for their clients.

There is historical research that compares virtualisation and containerisation for other technical applications, for example [Dua et al., 2014] compares the two methods inside the context of PaaS (Platform as a service), which is similar to co-techs use of Docker. It seems that the application for containerisation has been realised as early as 2014 when it is being applied to the development and hosting of applications, but not as much when talking about the running of wider server infrastructure. This is further supported by research from '451 Research' who in 2017 estimated a compound annual growth rate of 40% for containers in 2020 [Research, 2017], suggesting a coming paradigm shift from virtualisation to containerisation.

A.2 Proposed Work

I plan to do similar work to the studies I have already mentioned [Joy, 2015], [Dua et al., 2014], but instead focus this work on my own context and my own interest in Operating Systems and Server

Infrastructure. I have experience with running headless servers on virtual machines already, through the Advanced Operating Systems module I did in my second year of study at Northumbria University.

It is important to set a baseline system here, and to best reflect a realistic topology, I will use LAMP (Linux + Apache + MySQL + PHP). I have experience with Ubuntu server, so I will use this version of Linux as the base operating system for my virtual machines, and plan to host a full working topology of servers, including a DNS architecture, a web-server architecture that includes HTTP (Apache) servers, NFS servers and MySQL servers. The reasoning for doing this is to create as realistic a topology as possible, and to ensure a somewhat realistic level of network traffic so that meaningful data can be captured.

For the virtual machines, I will use the virtual machine infrastructure available to me through the university, and for the container infrastructure, I plan on using Docker. This is because Docker is a popular choice among app developers, and is supposed to make container deployment easy. Though, as I have never worked with containers before, if Docker fails to be a good way of providing containers for web-servers, then there are a number of other ways to deploy containers, such as LXC, that I could turn to as a contingency.

I will also need to set a standard for measurement to ensure that my data is meaningful and uses the scientific method. I plan to use tools such as iPerf3 (for network performance) and Sysbench (for hardware performance) across a number of servers. It is important to measure both network and hardware performance (CPU, Memory, Disk, etc) to ensure that described benefits are achieved for the system as a whole. iPerf is an industry standard tool for measuring network performance on Linux systems, whilst Sysbench is a full benchmarking suite for linux that will let me benchmark the CPU, file IO, and importantly, MySQL performance (allowing direct measurement of database performance on the machine that will be hosting the previously mentioned MySQL database. Whilst I have mentioned these benchmarking tools, it is possible that they could have problems with integrating with certain applications or environ-

ments, in this case, there is a number of other standard benchmark utilities (Phoronix Test Suite, KDiskMark, UnixBench, etc) available that should give me the flexibility to create measurements. Whilst these utilities all have differing overheads within them (meaning they will use up varying resources to run the benchmark), as long as I use the same benchmark across the same machines I am comparing, this overhead shouldn't effect the measurable performance difference between these machines.

Once data is collected, I will do a comparative analysis of the data to determine if there is a clear improvement as previous research suggests, and if this difference is enough to justify a change in the current best-practice use of virtualisation.

A.3 Aims and Objectives

A.3.1 Aims

To compare and contrast the performance difference and hardware impact between virtualisation and containerisation when running headless servers.

A.3.2 Objectives

Your objective list is a series of measurable objectives, can you tick each one off as *done*? I usually expect between 8 and 12 objectives

1. **Explain the problem domain that encompasses current practices in virtualisation.**
2. **Explanation of the two different methods in practice.**
3. **Determine the software and hardware to be used.**
4. **Design the network infrastructure to be built.**
5. **Learn how to implement and utilise containers using Docker.**
6. **Build the network topology on the virtual machines.**
7. **Build the network topology on the container system.**

8. **Determine a method to scientifically evaluate and determine performance of both systems.**
9. **Accurately measure performance of the two systems.**
10. **Compare and contrast between the findings for both systems to determine improvements or failings.**
11. **Create a recommendation regarding the real-world implementation of containerisation in this use case.**

A.4 Skills

This is where you can cover the skills you have relevant to the project and the new skills you are going to acquire during the project.

1. Advanced Operating Systems 1, see module KF5004.
2. Computer Networking Experience.
3. Computer Technology, see module KF4004.
4. Virtual machine configuration.
5. LAMP topology experience.
6. Docker configuration.

A.5 Resources

I will require access to Virtual Machine infrastructure in order to do build my topology and compare virtual machine performance. I will also require access to a machine that has the same hardware and system resources as those shared by the virtual machines, as I will need to perform my containerisation tests on the same hardware in order to effectively control that variable.

A.5.1 Hardware

I shouldn't require any hardware as long as I can get remote access to the virtual machine infrastructure in a way that allows me to use the same resources for containerisation (as mentioned above).

As contingency, if I cant access this infrastructure, I will still need some way of creating and managing virtualisation. This might be possible on my own hardware, though I'd rather use university infrastructure as this should be more reliable and accessible.

A.5.2 Software

I will need to install Docker, and will need access to benchmarking suites, but these are free and/or open-source.

A.6 Structure and Contents of the Report

Below I will set out the chapters that I will most likely have in my final report.

A.6.1 Report Structure

Abstract & Introduction Here I will set out the background for my project and the reasoning behind the work I will be doing. The Abstract will also summarise the work that has been done along with my findings, subsequent recommendations and conclusions.

What is virtualisation & containerisation An introduction to virtualisation and its current context and usage in today's world of computing. An introduction to containerisation, what it is, how it works, and how it differs to virtualisation. This will form part of my literature review.

Current uses of virtualisation An explanation of modern uses of virtual machines. I will emphasis virtual servers here, and the reasons they are used.

Current uses of containerisation. An explanation of modern usage of containers. I will emphasise application development and other, non-main-sever applications here.

Application of containerisation to server infrastructure Introduce the idea of applying containers to the area I study, with the use-case of server infrastructure. Explain what the implications of this could be. Set out a detailed definition of the problem I want to solve/test. Brief explanation of how this could be designed, with reference to other similar studies.

Network Infrastructure Design Here I will lay out the infrastructure that I want to implement for my testing and my reasoning for this, along with references (see proposed work).

How to test and measure the system Justify the creation or use of a particular set of benchmarks that I will use against the system for testing. I will also explain here how I will measure and evaluate the two systems.

Building the Virtual System Here I will build the virtual system to work with the topology laid out in the infrastructure chapter. I will make sure to explain how to do it. I will also provide evidence of the system working.

Building the Container System Similar to the previous chapter, I will build the container based system following the topology laid out in the infrastructure design section. I will explain how this is done. (ie, using Docker). (see proposed work). As per the previous chapter, I will provide evidence of this working in practice.

Testing and gathering data Here I will create a test plan for running benchmarks across the parallel servers in order to compare the like for like running of both systems.

Analysis & Comparison I will briefly explain how the data shown was required as an introduction to what the data shows. This is where I will explain in detail the actual results, and what they mean, I won't infer here.

Evaluation of the system A technical evaluation of the system I created. I will highlight and strengths, and failings in my ability to meet the requirements of my implementation. I will also ensure to evidence this accordingly.

Evaluation of the project process Here I will evaluate my own learning, and explain what I would do differently about my approach, should I go on to do the same, or a similar, project in the future. My objectives should be assessed as per the marking scheme laid out in the project handbook.

Conclusion and Recommendations I will first create a balanced conclusion, considering the main points mentioned in my evaluation sections. This should cover the direction the work went in, presenting key findings as a way of getting my opinion on the project across. I will present my opinions on the usage of containers in practical setting (ie, whether I think they should be used instead of virtualisation; where they would/could be used) Furthermore, as my work should have practical implications on enterprise and organisations that use virtualisation, I will aim to create recommendations of further work in order to push this area further in the future.

A.6.2 List of Appendices

My appendices will first include my TOR, Ethics form and Risk Assessment.

Some of the network design documentation may be included if too large for the main body, along with the configurations from the various servers.

I should also include the full and direct results of my benchmarks, as these will almost certainly be too large to display in my main text. (I will instead pull the direct numbers from the benchmarks and reference to the related Appendix).

A.7 Marking Scheme

The marking scheme sets out what criteria we are going to use for the project.

Project Type General Computing.

Project Report *Analysis Chapters*

- What is virtualisation & containerisation.
- Current uses of virtualisation.
- Current uses of containerisation.
- Application of containerisation to server infrastructure.

Synthesis Chapters

- Network Infrastructure Design.
- How to test and measure the system.
- Building the Virtual System.
- Testing and gathering data.
- Analysis & Comparison.

Evaluation Chapters

- Evaluation of the system.
- Evaluation of the project process.
- Conclusion and Recommendations.

Product The 'product' includes the Network Infrastructure design, the configurations across both systems, the virtual system and the container system themselves.

Fitness for Purpose

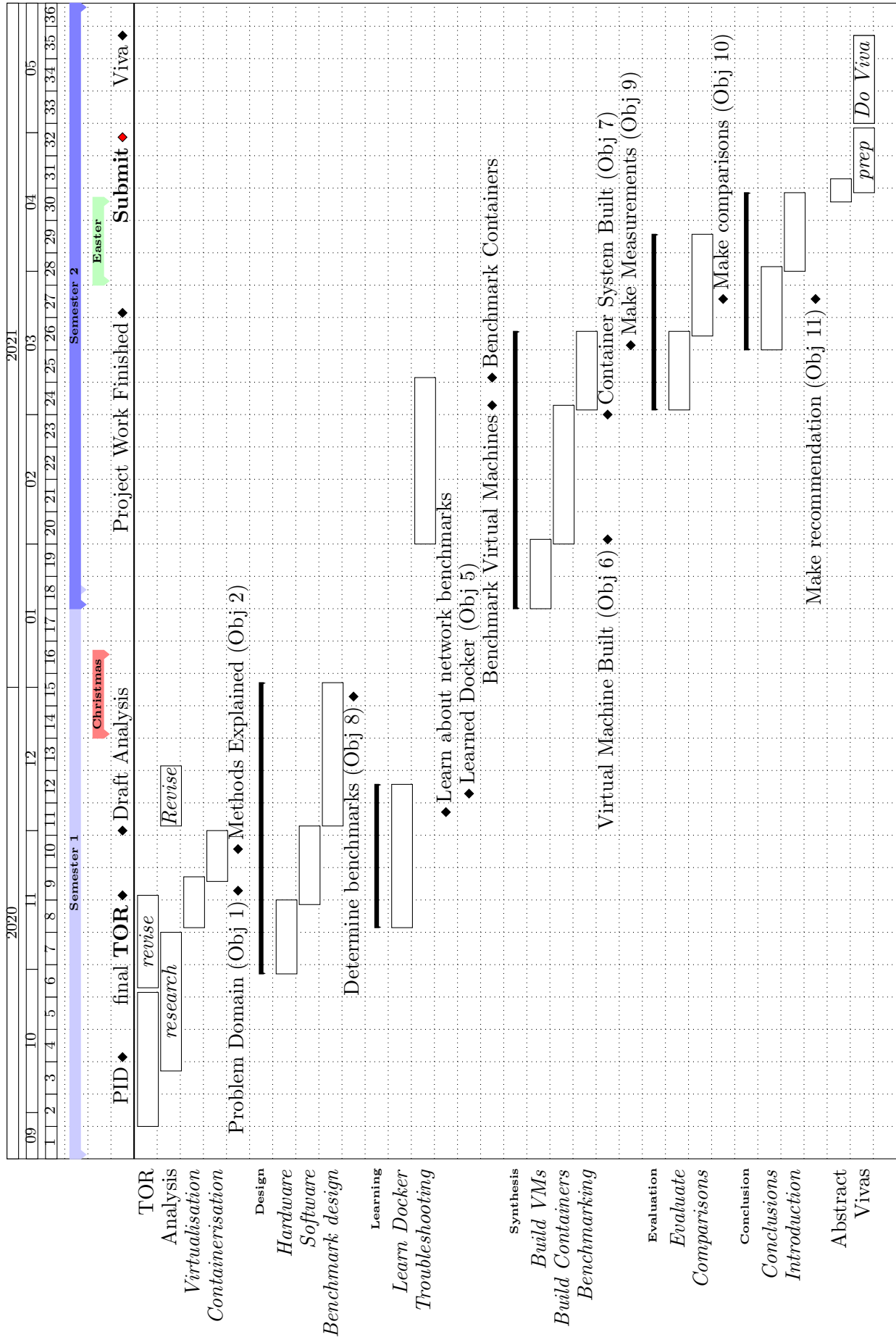
- Meet requirements identified.
- Application to real world infrastructure.

- Whether the headless servers can communicate effectively on both systems.
- Whether both systems achieved the same goals and outcomes. They should have the same logical topology.

Build Quality

- Requirements specification and analysis.
- Quality of the infrastructure design.
- Configuration quality.
- Benchmarking plan quality.

A.8 Project Plan



A.9 Ethics Form

If you scan the Ethics form on one of the multifunction printers, you can get a pdf copy. This can then be included with the \LaTeX command

```
\includegraphics{ethics.pdf}
```

Assuming of course you have saved the form as `ethics.pdf`

A.10 Risk Assessment Form

Likewise you can scan and include the Risk Assessment Form

```
\includegraphics{risk-assesment.pdf}
```