

# Using Instructor Wet Notes

Wet notes are a simple but powerful tool that help you capture accurate observations and turn them into targeted feedback afloat. By noting each sailor's strengths and developing skills in real time, you can deliver personal feedback and adapt your next exercises based on what you actually see. These notes support more effective debriefs and should be transferred into Checklick to track each sailor's progress over time.

## Using your Wet Notes Effectively

### 1. Keep notes individual

- Record by sailor name or boat number.
- Focus on one key strength and one development area per sailor.

### 2. Capture observations immediately

- Write short shorthand keywords the moment you see a pattern.
- Don't wait until you're ashore — you'll forget.

### 3. Prioritise technique over single mistakes

- Look for repeated behaviours, not isolated errors.
- Use tally marks for recurring issues (e.g., late mainsheet).

### 4. Use short, clear keywords

- e.g., Roll exit late / Eyes in boat / Good lane holding / Strong communication.

### 5. Highlight strengths as well as faults

- Reinforces confidence.
- Shows progression.
- Balances feedback.

### 6. Group observations by skill theme

- Boat handling
- Trim and balance
- Communication
- Decision making
- Mark roundings

### 7. Translate notes directly into coaching actions

After you spot a pattern:

- Adjust next exercise angle
- Introduce a drill variation
- Brief a mini-focus topic

Your notes should shape the session.

### 8. Bring notes into the debrief & record on Checklick

- Pick 2–3 common themes for the group.
- Share individual positives privately if needed.
- Reference examples directly from your notes.

### Senior Instructor Support Strategies

#### - Encourage personal goal-setting with sailors

“Before you launch, get one personal target from each sailor and jot it down.”

#### - Use notes in end-of-day feedback

Ask instructors to share:  
2 positives + 1 improvement

#### - Observe instructors using notes afloat

Are notes influencing feedback?  
Do their notes appear in their debriefs?

#### - Digital transfer at end of session

Set the expectation that key observations are transferred into Checklick.