"Mzungu, you're famous now," the group of boda boda drivers shouted at me laughing and pointing to their radios. Mzungu, a Bantu term for foreigner, became my unofficial name the month I spent reporting on HIV for the Daily Monitor, Uganda's largest independent newspaper.

The drivers finally had an answer to why three Americans were hiking across their island. I had just made my debut on Radio Ssese talking about my time reporting on the island's HIV medication shortage.

Despite the people in HIV treatment on the island, the National Medical Store shipped the local clinic medicine weeks away from expiration. I was shocked with the lack of accountability securing drugs so many depended on to survive.

Alongside the few journalists I was traveling with, I went to the local clinic where we found piles unsecured trash bags holding nearly expired medicine. We used this firsthand reporting later that day to confront the district health official who continued to claim shortages weren't foreseeable.

Without being there ourselves we would have never discovered how the story was different from what it looked like on paper. Back home in school I was taught to be there and bear witness. This interview cemented that value in me.

My first few days were spent tracking down researchers and government officials across the hustling capital. Many had no contact information online and a note under their office door proved to be my most effective contact method.

Time and time again my sources warned me of the National Medical Store's mistakes but had no proof themselves. At this point I knew burning through some boot leather was the only way I was going to get a story that needed to be told out.

If I had remained in the capital with the other interns I could have never uncovered the proof I needed for my story or found the people most effected by it. Only by being there to bare witness with my own eyes did I get the real story.

I try to never loose site of this when covering stories back in the States. Many of the stories I work on are data driven and it could be easy to forget the value of getting up from behind my computer screen. Luckily I think back to confronting a lying bureaucrat with photographic proof of my question or being thanked by a patient for traveling so far out of my way to cover her story, and I realize burning a little boot leather is always worth it.