

NZ BMI Calculator

Purpose

The purpose of this program is to calculate the BMI of an individual to one decimal place with the individual's weight, height and ethnicity, in order to provide a general indication of whether the individual is underweight, overweight, or a healthy weight for their height. Additionally, this program will give the individual a general indication towards their risk of obesity related diseases.

Programming Language

This calculator will be programmed using Python 3.2.

Data Dictionary

| Data item | Data type | Variable name |
|--|-----------|------------------|
| The individual's inputted weight (kg) | Integer | userWeight |
| The individual's inputted height (m) | Integer | userHeight |
| The individual's inputted ethnicity | String | userEthnicity |
| Valid ethnicities | List | validEthnicities |
| The individual's calculated BMI | Float | userBMI |
| The individual's | | |
| Lower BMI index classification ceiling for underweight NZ Europeans | Float | euroUnderweight |
| Lower BMI index classification ceiling for healthy weight NZ Europeans | Float | euroHealthy |
| Lower BMI index classification ceiling for overweight NZ Europeans | Float | euroOverweight |
| Lower BMI index classification ceiling for obese NZ Europeans | Float | euroObese |
| Lower BMI index classification ceiling for underweight Pacific Island & Māori | Float | maoUnderweight |
| Lower BMI index classification ceiling for healthy weight Pacific Island & Māori | Float | maoHealthy |
| Lower BMI index classification ceiling for overweight Pacific Island & Māori | Float | maoOverweight |
| Lower BMI index classification ceiling for obese Pacific Island & Māori | Float | maoObese |
| Lower BMI index classification ceiling for underweight Asian & Indian | Float | asiaUnderweight |
| Lower BMI index classification ceiling for healthy weight Asian & Indian | Float | asiaHealthy |
| Lower BMI index classification ceiling for overweight Asian & Indian | Float | asiaOverweight |
| Lower BMI index classification ceiling for obese Asian & Indian | Float | asiaObese |