



Spire Healthcare

PRIVATE AND CONFIDENTIAL

PAS ID: 34911138

Patient Demographics

Patient Surname, Forename: Saint, James

Date of birth: [REDACTED]

Gender: Male

NHS Number: - Not known

Patient Address: [REDACTED]

Admission Details

Admission Method: 13 - planned

Hospital Site: Spire Portsmouth Hospital

Discharge Details

Admission date: 06.05.2025

Admission time: 13:00:00

Discharging Consultant: DOCTOR Ellis, Richard

Date of discharge: 06.05.2025

Time of discharge: 18:33:12

Discharge method: 1. Discharged on clinical advice or with clinical consent

Discharge destination: place of resid

Discharge address: [REDACTED]

Hospital Emergency Contact Number: 02392 456047 or 02392 456111

Diagnosis

Diverticulosis

Procedures

Procedure:

Colonoscopy

Complications related to procedure:

Nil

Specific anaesthesia issues:

Nil

Anaesthetic Type:

GA.

Investigations and Procedures Requested

Biopsies taken, awaiting Histology results

Plan and Requested Actions

Actions:

Follow-up care/appointments

Consultant:

Date: 00.00.0000



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Location: To be arranged
Fitness note provided: Not required

Clinical Summary

Clinical Summary:

Routine procedure under sedation with an uneventful recovery.
Observations have remained stable and within normal limits.
Safely tolerated diet and fluids.
Mobilising safely and independently.
Seen by the consultant, findings explained and report attached.
Normal diet and fluids should now be resumed - ensure you maintain adequate hydration and mobilise.
Take things gently for the first 24 hours following sedation - this includes NO driving.
Any mild discomfort should settle but over the counter pain relief such as paracetamol can be used if required. Please follow the instructions on the box as to how and when to take.
Observe for any increased abdominal pain, high fever or if you start to have heavy, prolonged bleeding from your back passage.
Consultant follow up to be arranged.
Seek medical advice with any concerns on the numbers provided.

Infection Status:

Not applicable, not tests requested

Information Given

Contact info

Allergies Adverse Reactions

New and Known Allergies:

Penicillin

Causative agents:

Description of reaction:

Probable reoccurrence:

First date experienced:

GP Practice

GP Name: [REDACTED]

GP Practice Details (address):
[REDACTED]

Email Address:

- Not known

Telephone Number:
[REDACTED]



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Person Completing Record

Name: A.Waldock/D.Adegoke

Designation or role: HCA

Grade: RGN

Date Completed: 06.05.2025

Distribution List

Patient Name: Saint, James - 06.05.2025

GP Name: [REDACTED]

Medical Record: Spire Healthcare - 06.05.2025

