



Spire Healthcare

PRIVATE AND CONFIDENTIAL

PAS ID: 34911138

### Patient Demographics

**Patient Surname, Forename:** Saint, James  
**Date of birth:** 09.09.1977  
**Gender:** Male  
**NHS Number:** - Not known  
**Patient Address:** 6 Brunswick Place, PO10 7UB Emsworth

### Admission Details

**Admission Method:** 13 - planned  
**Hospital Site:** Spire Portsmouth Hospital

### Discharge Details

**Admission date:** 06.05.2025  
**Admission time:** 13:00:00  
**Discharging Consultant:** DOCTOR Ellis, Richard  
**Date of discharge:** 06.05.2025  
**Time of discharge:** 18:33:12  
**Discharge method:** 1. Discharged on clinical advice or with clinical consent  
**Discharge destination:** place of resid  
**Discharge address:** 6 Brunswick Place Emsworth PO10 7UB  
**Hospital Emergency Contact Number:** 02392 456047 or 02392 456111

### Diagnosis

Diverticulosis

### Procedures

**Procedure:**  
Colonoscopy  
**Complications related to procedure:**  
Nil  
**Specific anaesthesia issues:**  
Nil  
**Anaesthetic Type:**  
GA.

### Investigations and Procedures Requested

Biopsies taken, awaiting Histology results

### Plan and Requested Actions

**Actions:**

**Follow-up care/appointments**  
**Consultant:**  
**Date:** 00.00.0000



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**Location:** To be arranged  
**Fitness note provided:** Not required

### Clinical Summary

#### Clinical Summary:

Routine procedure under sedation with an uneventful recovery.  
Observations have remained stable and within normal limits.  
Safely tolerated diet and fluids.  
Mobilising safely and independently.  
Seen by the consultant, findings explained and report attached.  
Normal diet and fluids should now be resumed - ensure you maintain adequate hydration and mobilise.  
Take things gently for the first 24 hours following sedation - this includes NO driving.  
Any mild discomfort should settle but over the counter pain relief such as paracetamol can be used if required. Please follow the instructions on the box as to how and when to take.  
Observe for any increased abdominal pain, high fever or if you start to have heavy, prolonged bleeding from your back passage.  
Consultant follow up to be arranged.  
Seek medical advice with any concerns on the numbers provided.  
**Infection Status:**  
Not applicable, not tests requested

### Information Given

Contact info

### Allergies Adverse Reactions

#### New and Known Allergies:

Penicillin

#### Causative agents:

#### Description of reaction:

#### Probable reoccurrence:

#### First date experienced:

### GP Practice

**GP Name:** DOCTOR Smiley, ER

#### GP Practice Details (address):

Rowlands Castle Surgery PO9 6BN Hampshire

#### Email Address:

- Not known

#### Telephone Number:

0239 2412846



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**Person Completing Record**

**Name:** A.Waldock/D.Adegoke

**Designation or role:** HCA

**Grade:** RGN

**Date Completed:** 06.05.2025

**Distribution List**

**Patient Name:** Saint, James - 06.05.2025

**GP Name:** DOCTOR Smiley, ER - 06.05.2025

**Medical Record:** Spire Healthcare - 06.05.2025

