Dr Richard Ellis MD FRCP

Consultant Physician and Gastroenterologist

GMC No: 3261387

Consulting Rooms

Private Secretary and All Correspondence to:

NHS Hospital

Laservision Ltd - Prema clinic

Pippa Williams 38 Green Lane Clanfield Department of Medicine Queen Alexandra Hospital Cosham, Portsmouth PO6 3LY

Spire Portsmouth Hospital

Waterlooville Hants PO8 0JX

Enquiries/Appointments:

07947 781550

Email:

practicemanager.pippa@gmail.com

RE/ PW 7 August 2025



Dear Dr Smiley

Re: Mr James SAINT -

Diagnosis: Left sided sigmoid diverticulosis but without any significant inflammatory change – biopsies

normal

Single colonic polyp removed

One or two aphthous ulcers in the terminal ileum of doubtful significance – probably

physiological

Currently under investigation by neurologists for potential transverse myelitis

I saw James following his colonoscopy. He does have a moderate amount of sigmoid diverticulosis at a relatively young age. However, there are no signs of any complications from the diverticulosis and biopsies taken from this area did not show any inflammation. He does have quite a lot of muscular hypertrophy in this segment of the colon associated with the diverticulosis, and indeed they did note that on the ultrasound scan so there is no doubt that the sigmoid colon in the left side of his abdomen is more powerful and perhaps more prone to going into spasm which might explain the pains on the left side of his tummy and the more frequent bowel action. There is nothing particularly to do about this.

He doesn't require any surveillance colonoscopy as he only had one polyp removed.

I have not made any definite further arrangements to follow him up in clinic but happy to see him at any point as need be.

Kind regards Yours sincerely

Dictated, but sent unsigned to avoid delay

Dr Richard Ellis Consultant Physician and Gastroenterologist

Cc Mr James Saint, 6 Brunswick Place, Emsworth, Hampshire PO10 7UB