



JAMES PATRICK SAINT

6, BRUNSWICK PLACE, EMSWORTH, HAMPSHIRE PO10 7UB

+44 (0) 7544 405 471 - JAMES@JAMESSAINT.COM

Dr Hannah Morgan
Emsworth Surgery
North Street House
6 North Street
Emsworth
Hampshire
PO10 7DD

Monday, 30 May 2022

WITHOUT PREJUDICE

RE: Statement of Covid-19 Vaccination Experience - (AstraZeneca)

REF: Mr James Patrick Saint - 6 Brunswick Place, Emsworth, Hampshire, PO10 7UB

DOB: 09/09/1977 NHS #: 444 230 6184

Dear GP,

I write to advise and inclusion of this 'Statement of vaccination experience - AstraZeneca' within my records.

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Statement of Covid-19 Vaccination Experience - (AstraZeneca)

1st April 2021 - 1st dose - AstraZeneca Covid-19 Vaccine

Side Effect Symptoms Experienced:

- Severe Headache
- Mildly sore arm (left)
- Severe Neck Ache / Neuralgia
- Fever / Chills
- Severe Fatigue
- Severe myalgia - (pre-existing Fibromyalgia symptoms increase - brain fog, joint pains etc. etc.)

Outcome:

Symptoms mostly subsided after 10-14 days.

Follow-up:

- None
- Scheduled phone call from consultant Psychiatrist Dr Denzel Mitchell - advised that yes, very likely to be experiencing inflammatory and joint pain effects with a pre-existing Fibromyalgia diagnosis.

13th July 2021 - 2nd dose - AstraZeneca Covid-19 Vaccine

Side Effect Symptoms Experienced:

- Severe headache
- Severe neck ache
- Severe body aches
- Extreme fever/chills
- Extreme fatigue
- Fibromyalgia Symptoms severely increase - brain-fog, joint pains
- Chest pains - front/back extending into abdomen
- Heart rate / Blood pressure up/down/out of control
- Lymph pain, under arms, breast, neck
- Progressive numbness in feet and hand
- Pins and needles in hands and feet
- Loss of balance and coordination
- Hands, forearms, feet and shins/calves - pain and weak ankles and wrists, claw-like hands/ wrists/forearms, stiff, painful feet, ankles, calves and knees
- Major difficulty walking / moving due to aforementioned
- Major difficulty moving my legs, arms and face - felt "locked"
- Difficulty breathing - wheezy, unable to catch a full breath, coughing up mucus
- Blurred vision - "fibro-fog" (dial to 9/10)
- Difficulty speaking - ENT pain
- Extreme jaw pain - lockjaw
- Teeth pain
- Difficulty swallowing and chewing - choking on occasion (particularly when trying to consume medication)
- Constipation

Outcome:

The majority of **acute, severe, debilitating** symptoms subsided after 90-120 days.

However **ongoing** experiencing of chest pains, difficulties in heart rate regulation, sharp neuropathic pains in extremities, continued stiffness in hands, wrists, muscle weakness, de Quervain's tenosynovitis symptoms in thumb/wrist (existing condition) worsened, carpal ganglion inflammation (pre-existing condition) worsened, weak ankles/feet, tender/sensitive feet, sweaty feet. sensitivity to light (especially TV/Laptop/Smartphone), glands under arms and in neck inflamed, fatigue, 'brain-fog' / cognition issues.

Follow-up:

- None.

October 2021

- Astra Zeneca formally added a "potentially rare side effect" to their medical statute of "Guillain-Barré syndrome"
- Identifying some similar presentations I sought further information online visiting [Overview Guillain-Barré syndrome](#)
- Further identifying many more of the symptoms, I called GAIN (Guillain-Barré & Associated Inflammatory Neuropathies) directly on their telephone number 0800 374803 for some potential advice. - The person who answered the call was **very** professional and asked several questions as to symptoms that I had/was experiencing and advised me that while she isn't qualified to provide a diagnosis over the phone, my symptoms did indeed fit a number of the descriptors and if it was/is Guillain-Barré syndrome - "ultimately what's potentially happened, has happened now; and only time will heal the nerve damage/neuropathic symptoms I experienced/experience and even testing now would potentially not be conclusive, as after 4-6 weeks the markers would have faded, only leaving the damage symptoms in its wake."

January 2022

- I remain with difficulty, both physically and mentally - fearful to approach anyone to discuss without perceived unfair judgement and/or hostile attitudes, narrativised delusion and/or intentional ignorance (for the greater good, of course) or simply time constraints.
- Contacted GP Surgery further to text messages and emails regarding "Booster / 3rd Jab" - advised to call 119 and/or go online to book an Online E-Consult (which remains currently unavailable) - didn't call 119 for scripted response and/or minimisation /gas lighting.
- Call from Psychiatrist Dr Temy Oyamade - response further to expressing continuing vaccination difficulties was: "it was your choice." - (more interested in requesting a review of his website.)

1st June 2022

In Summary: I 2021 I endured significant physical side effects / injury from the AstraZeneca vaccine. I endured significant psychological side-effects / injury from the side-effects of the AstraZeneca vaccine, compounded further by the inability to communicate with **any** trustworthy health 'care' providers.

Yours sincerely,

A handwritten signature in black ink, consisting of a stylized 'J' followed by a long horizontal stroke that curves upwards at the end.

James Patrick Saint