

# Honours Project

## Report Fitness Logger with Micro-services

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May 2020

### Abstract

The abstract (or ‘executive summary’) is an important part of your report. In essence, it is a summary of the purpose, methods, findings and conclusion of your project. It should be no more than 200 words. It should be clearly and concisely written. Provide only the most pertinent information, avoid citing references and include a brief statement of your main conclusions.

## 1 Introduction

This section should introduce the project. It should include an explanation of the problem and the objectives of the project. It is very important to give a clear description of what the project is actually intended to do, preferably in non-technical terms. The report as a whole should include a clear description of the lifecycle stages undertaken and must describe the use of appropriate tools to support the development process. It should give a full and accurate description of the work done and achievements made, together with complete software documentation. Every effort should be made to provide a professional, quality description of the work. Proof-read carefully for grammatical, spelling and punctuation errors or inconsistencies [1]. The report should be formatted as a justified, double-column, single-spaced, 10pt Times New Roman font document using an appropriate word processing system such as Microsoft Word, OpenOffice Writer or LaTeX and converted to a PDF file. The length of the report is likely to depend, for example, on the number of images included. As a guide, you should aim for about 20 pages, with 15 pages regarded as a lower limit and 35 as an upper limit. What is required is quality rather than quantity. The general layout of the report should follow this example document although the number of sections and their headings will

vary from project to project. The report should be written in a formal style: it is neither a diary nor a magazine article. All pages should be numbered. All references should be cited in the main body of the report and a standard referencing format (such as IEEE or Harvard style) should be adopted [5]. The report should demonstrate that the student has used appropriate tools to support the development process and that verification and validation have been applied at all stages.

### 1.1 First subsection

The subsections can hold various information. Use subsections to break up your document and make it easier to read.

You can include lists with bullet points:

- *Italic text*: Item 1.
- **Bold text**: Item 2.
- Item 3
- Item 4
- Item 5

### 1.2 Second subsection

The subsections can hold various information. Use subsections to break up your document and make it easier to read.

You can include lists with numbers:

1. *Italic text*: Item 1.

Table 1: Table of Information

info A	Something about info A goes here
info B	Something about info B goes here
info C	Something about info C goes here. We can write quite a lot in a table.
info D	Something about info D goes here

2. **Bold text:** Item 2.

Link to an image at Figure ??

## 2 Background

This second section would normally include a review of relevant literature and any similar products. The project should be placed in a wider context and this could include the scientific, technical, commercial, social and ethical context.

## 3 Specification

You might choose to devote Section 3 to a specification of the problem and an explanation of how you arrived at this specification. An initial work schedule including an overall project plan with time-scales, deliverables and resources should be included in the report.

You can include tables, such as Table 1.

## 4 Design

You should include descriptions of the (user-centred) design methods [2] employed to produce a usable product, including rapid prototyping, usability methods, results and re-designs as appropriate. Design decisions and trade-offs should be described, e.g. when selecting

algorithms, data structures and implementation environments or when designing for usability.

You will almost certainly want to use some figures or tables such as Figure 1 and Table 1. These should include captions.

## 5 Implementation and Testing

You should describe important aspects of production, testing and debugging. Include a demonstration (or even a proof) that the specification has been satisfied [3].

## 6 Evaluation

### 6.1 Usability

Usability should be evaluated with a description of the user-centred design methods employed to produce a usable product, including rapid prototyping, usability methods, results and re-designs as appropriate.

### 6.2 Other Criteria

Other relevant criteria such as accuracy and computational efficiency should also be employed for evaluation as appropriate.

## 7 Description of the Final Product

A clear description of what the final product looks like and what it does. This is vital but often neglected [4].

## 8 Conclusion

Summarise the main points and ensure that you have described the final product. Include a critical appraisal of the project indicating the rationale for design and implementation decisions, lessons learnt during the course of the project and an evaluation (with the benefit of hindsight) of the final product and the process of its production (including a review of the plan and any deviations from it). Make recommendations for future work.

## Acknowledgements

The author would like to thank her wonderful supervisor, and her mum, dad, dog, cat and budgie for all their support.

## References

- [1] BBC. Graphs and Charts: Reading Bar Charts. (2011).  
<http://www.bbc.co.uk/skillswise/factsheet/ma37grap-e3-f-reading-bar-charts>
- [2] Michael Eysenck and Mark Keane. 2003. *Cognitive Psychology: A Student's Handbook* (4th ed.). Taylor and Francis.
- [3] Steven Houben and Nicolai Marquardt. 2015. WatchConnect: A Toolkit for Prototyping Smartwatch-Centric Cross-Device Applications. In *Proceedings of the 33rd Annual ACM Conference on Human Factors in Computing Systems (CHI '15)*. ACM, New York, NY, USA,
- [4] Randall B. Smith, Ranald Hixon, and Bernard Horan. 1998. Supporting Flexible Roles in a Shared Space. In *Proceedings of the 1998 ACM Conference on Computer Supported Cooperative Work (CSCW '98)*. ACM, New York, NY, USA, 197-206.

- [5] Natalie Wilde, Hamed Haddadi, and Akram Alomainy. 2015. Future Feasibility of Using Wearable Interfaces to Provide Social Support. In *MobiHealth'15*.

## Appendices

The report should read as a self-contained document. In addition, there should be a number of appendices submitted electronically; see the project webpages for details.