

GET READY | Hurricane Supply Kit

Hurricane preparation is not a one-size-fits-all activity. You and your family are unique, and your approach to hurricane preparation should consider your family's specific needs. To come up with the best plan, you should involve your entire family in the planning process.

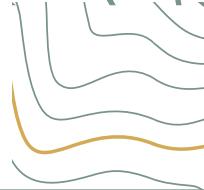
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| <ul style="list-style-type: none"> <input type="checkbox"/> Water: One gallon per person daily (3-day supply for evacuation, 2-week supply for home). <input type="checkbox"/> Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-wk supply for home). <input type="checkbox"/> Manual Can Opener <input type="checkbox"/> Flashlight with extra batteries <input type="checkbox"/> Battery-powered, solar-powered, or hand-crank radio with extra batteries <input type="checkbox"/> First aid kit <input type="checkbox"/> Medications (7-day supply) and medical items <input type="checkbox"/> Multi-purpose tool, like a Swiss Army knife | <ul style="list-style-type: none"> <input type="checkbox"/> Small Hatchet (for the home only, to allow for escape through the roof) <input type="checkbox"/> Sanitation, disinfecting, and personal hygiene items <input type="checkbox"/> Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies) <input type="checkbox"/> Cell phone with backup power bank <input type="checkbox"/> Family and emergency contact information <input type="checkbox"/> Extra cash (ATMs might be down or not accessible) |
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Once you have the basic items, consider your family's unique needs. Is there an infant in the family? You will need items such as diapers, formula, baby wipes, hand sanitizer, etc. Seniors also have special needs, which may include extra medication, a cane, and eyeglasses. You will also want to consider the needs of family pets.

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GET READY | Pack Your Go Bag!

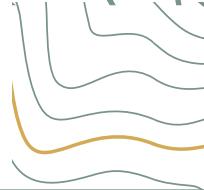
We live in uncertain times. Disasters can strike quickly and unexpectedly. Preparation is the key to your family's survival. A great preparedness tool is a "go bag." This handy kit, named for the fact that it should always be ready for you to pick it up and "go" in the event a disaster strikes suddenly, should be something each member of your family owns.

You can create a simple "go bag" for each member of your family by packing a lightweight backpack or duffel with the following items:

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|--|--|
| <input type="checkbox"/> Water: One gallon per person daily (3-day supply for drinking and sanitation) | <input type="checkbox"/> Sanitation, disinfecting, and personal hygiene items |
| <input type="checkbox"/> Food: non-perishable, easy-to-prepare items (3-day supply min.) | <input type="checkbox"/> Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies) |
| <input type="checkbox"/> Manual Can Opener | <input type="checkbox"/> Cell phone with backup power bank |
| <input type="checkbox"/> Flashlight with extra batteries | <input type="checkbox"/> Family and emergency contact information |
| <input type="checkbox"/> Battery-powered, solar-powered, or hand-crank radio | <input type="checkbox"/> Extra cash (ATMs might be down or not accessible) |
| <input type="checkbox"/> Dust and cloth mask and face covering | <input type="checkbox"/> Whistle and Local maps |
| <input type="checkbox"/> Medications (7-day supply) and medical items | <input type="checkbox"/> Sleeping bag or warm blanket |
| <input type="checkbox"/> Multi-purpose tool, like a Swiss Army knife | <input type="checkbox"/> First Aid Kit |
| <input type="checkbox"/> Complete change of clothing and sturdy shoes | |

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GET READY | Our Campaign

Get Ready's Campaign educates and empowers Bahamians to take some simple steps to prepare for and respond to potential emergencies, including those from natural hazards and disasters. Get Ready asks individuals to do three key things: **get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and appropriate responses.**

Everyone should have some basic supplies on hand in order to survive several days if an emergency occurs. This list of emergency supply kit items is only a starting point. It is important that individuals review this list and consider the unique needs of their family, including pets, for items to include.

Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.



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