

Food and You Survey Wave 5 (2019)

Derived variable specification

NatCen Social Research

A survey carried out for Food Standards Agency

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We have compiled a list of the derived variables (DVs) including their SPSS syntax specification. Please note that not all DVs and their syntax are included in this list as the original variables with which the DVs were created are not included in the dataset. This is because the original variables:

- 1) Were too disclosive in their original state.
- 2) Were in a randomized order.

See section 2 for a list of these DVs.

1 DVs including SPSS syntax

Eating Patterns

DIETARY: (D) Dietary restrictions

- 1 Completely vegetarian
- 2 Vegan
- 3 Not vegetarian or vegan

SPSS Syntax

```
Compute Dietary = 3.  
if Q2_7W51 = 1 dietary = 1.  
if Q2_7W53 = 1 dietary = 2.  
  
variable labels Dietary "(D) Dietary restrictions".  
value labels Dietary  
-9 "Refusal"  
-8 "Don't know"  
1 "Completely vegetarian"  
2 "Vegan"  
3 "Not vegetarian or vegan".
```

EATOUTBDV: (D) Ever eats breakfast out

- 1 Eats breakfast out at all
- 2 Never eats breakfast out

SPSS Syntax

```
compute EatOutBDV = -42.  
if any(eatoutbrk_w5,1,2,3,4,5,6,7,9) EatOutBDV = 1.  
if eatoutbrk_w5 = 8 EatOutBDV = 2.  
  
variable labels EatOutBDV "(D) Ever eats breakfast out."  
value labels EatOutBDV  
-9 "Refusal"  
-8 "Don't know"  
1 "Eats breakfast out at all"  
2 "Never eats breakfast out".
```

EATOUTLDV: (D) Ever eats lunch out

- 1 Ever eats lunch out
- 2 Never eats lunch out

SPSS Syntax

```
compute EatOutLDV = -42.  
if any(eatoutlun_w5,1,2,3,4,5,6,7,9) EatOutLDV = 1.  
if eatoutlun_w5 = 8 EatOutLDV = 2.  
  
variable labels EatOutLDV "(D) Ever eats lunch out."  
value labels EatOutLDV  
-9 "Refusal"  
-8 "Don't know"  
1 "Eats lunch out at all"  
2 "Never eats lunch out".
```

EATOUTDDV: (D) Ever eats dinner out

- 1 Ever eats dinner out
- 2 Never eats dinner out

SPSS Syntax

```
compute EatOutDDV = -42.  
if any(eatoutdin_w5,1,2,3,4,5,6,7,9) EatOutDDV = 1.  
if eatoutdin_w5 = 8 EatOutDDV = 2.  
  
variable labels EatOutDDV "(D) Ever eats dinner out."  
value labels EatOutDDV  
-9 "Refusal"  
-8 "Don't know"  
1 "Eats dinner out at all"  
2 "Never eats dinner out".
```

Q2_37DV: (D) Q2_37 When you eat out, how aware would you say you generally are about standards of hygiene

- 1 Aware
- 2 Unaware

SPSS Syntax

```
compute q2_37DV = -42.  
recode q2_37 (2,3=1) (4,5,6=2) (-9=copy) (98 = -8) (1=-1) into q2_37DV.  
  
variable labels Q2_37dv "(D) Q2_37 When you eat out, how aware would you say you generally are about standards of hygiene."  
value labels Q2_37dv  
-9 "Refusal"  
-8 "Don't know"  
1 "Aware"  
2 "Unaware".
```

Q12_1AB: (D) Have you ever seen any of these before?

- 1 Yes
- 2 No

SPSS Syntax

```
Compute Q12_1ab=3.  
if any(1, Q12_1a,Q12_1b) Q12_1AB=1.  
if any(2, Q12_1a,Q12_1b) and not any (1, Q12_1a,Q12_1b) Q12_1AB=2.  
if any(-8, Q12_1a,Q12_1b) Q12_1AB=-8.  
  
variable labels Q12_1ab "(D) Have you ever seen any of these before?".  
value labels Q12_1ab  
1 "Yes"  
2 "No"  
-8 "Don't know"  
-9 "Refused"  
-1 "Item not applicable".
```

Shopping

PROVFD1: (D) When buying food, I check to see where it was produced

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
Compute ProvFd1=-42.  
if ProvFood1<>-1 ProvFd1=ProvFood1.  
if ProvFoodNI1<>-1 ProvFd1=ProvFoodNI1.  
if ProvFd1 = -8 ProvFd1 = 98.  
  
variable labels ProvFd1 "(D) When buying food, I check to see where it was produced".  
value labels ProvFd1  
-9 "Refusal"  
98 "Don't know"  
1 "Definitely agree"  
2 "Tend to agree"  
3 "Neither agree nor disagree"  
4 "Tend to disagree"  
5 "Definitely disagree".
```

PROVFD2: (D) Where possible, I prefer to buy food produced in Britain/the UK and Ireland

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
Compute ProvFd2=-42.  
if ProvFood2<>-1 ProvFd2=ProvFood2.  
if ProvFoodNI2<>-1 ProvFd2=ProvFoodNI2.  
if ProvFd2 = -8 ProvFd2 = 98.  
  
variable labels ProvFd2 "(D) Where possible, I prefer to buy food produced in  
Britain/the UK and Ireland".  
value labels ProvFd2  
-9 "Refusal"  
98 "Don't know"  
1 "Definitely agree"  
2 "Tend to agree"  
3 "Neither agree nor disagree"  
4 "Tend to disagree"  
5 "Definitely disagree".
```

PROVFD3: (D) I have greater trust in the quality of food produced in Britain/the UK and Ireland, compared to food imported from overseas

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
Compute ProvFd3=-42.  
if ProvFood3<>-1 ProvFd3=ProvFood3.  
if ProvFoodNI3<>-1 ProvFd3=ProvFoodNI3.  
if ProvFd3 = -8 ProvFd3 = 98.  
  
variable labels ProvFd3 "(D) I have greater trust in the quality of food produced in  
Britain/the UK and Ireland, compared to food imported from overseas".  
value labels ProvFd3  
-9 "Refusal"  
98 "Don't know"  
1 "Definitely agree"  
2 "Tend to agree"  
3 "Neither agree nor disagree"  
4 "Tend to disagree"  
5 "Definitely disagree".
```

PROVFD4: (D) Food produced in Britain/the UK and Ireland tastes better than food imported from overseas

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
Compute ProvFd4=-42.
if ProvFood4<>-1 ProvFd4=ProvFood4.
if ProvFoodNI4<>-1 ProvFd4=ProvFoodNI4.
if ProvFd4 = -8 ProvFd4 = 98.

variable labels ProvFd4 "(D) Food produced in Britain/the UK and Ireland tastes better
than food imported from overseas".
value labels ProvFd4
-9 "Refusal"
98 "Don't know"
1 "Definitely agree"
2 "Tend to agree"
3 "Neither agree not disagree"
4 "Tend to disagree"
5 "Definitely disagree".
```

PROVFD5: (D) It is important to support British farmers and food producers/farmers and food producers in the UK and Ireland

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
Compute ProvFd5=-42.
f ProvFood5<>-1 ProvFd5=ProvFood5.
if ProvFoodNI5<>-1 ProvFd5=ProvFoodNI5.
if ProvFd5 = -8 ProvFd5 = 98.

variable labels ProvFd5 "(D) It is important to support British farmers and food
producers/farmers and food producers in the UK and Ireland".
value labels ProvFd5
-9 "Refusal"
98 "Don't know"
1 "Definitely agree"
2 "Tend to agree"
3 "Neither agree not disagree"
4 "Tend to disagree"
5 "Definitely disagree".
```

PROVFD6: (D) Food produced in Britain/the UK and Ireland tends to be more expensive than food imported from overseas

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
Compute ProvFd6=-42.  
if ProvFood6<>-1 ProvFd6=ProvFood6.  
if ProvFoodNI6<>-1 ProvFd6=ProvFoodNI6.  
if ProvFd6 = -8 ProvFd6 = 98.  
  
variable labels ProvFd6 "(D) Food produced in Britain/the UK and Ireland tends to be  
more expensive than food imported from overseas".  
value labels ProvFd6  
-9 "Refusal"  
98 "Don't know"  
1 "Definitely agree"  
2 "Tend to agree"  
3 "Neither agree nor disagree"  
4 "Tend to disagree"  
5 "Definitely disagree".
```

PROVFD7: (D) I would be prepared to pay more for food and drink that is produced in Britain/the UK and Ireland

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
Compute ProvFd7=-42.  
if ProvFood7<>-1 ProvFd7=ProvFood7.  
if ProvFoodNI7<>-1 ProvFd7=ProvFoodNI7.  
if ProvFd7 = -8 ProvFd7= 98.  
  
variable labels ProvFd7 "(D) I would be prepared to pay more for food and drink that  
is produced in Britain/the UK and Ireland".  
value labels ProvFd7  
-9 "Refusal"  
98 "Don't know"  
1 "Definitely agree"  
2 "Tend to agree"  
3 "Neither agree nor disagree"  
4 "Tend to disagree"  
5 "Definitely disagree".
```

Food Insecurity

FDSECRAW: (D) Food security scale - raw score

FDSECST: (D) Food security status

- 1 High food security
- 2 Marginal food security
- 3 Low food security
- 4 Very low food security

SPSS Syntax

```
compute FdSecRaw = -42.

variable labels FdSecRaw "(D) Food security scale - raw score".
value labels FdSecRaw
-9 "Refused"
-8 "Don't know".

*Responses of "yes," "often," "sometimes," "almost every month," and "some months but
not every month" are coded as affirmative; The sum of affirmative responses to the 10
questions in the Adult Food Security Scale is the household's raw score on the scale.

count FdSecRaw = Worried to NotEatOf (1), Worried FdLast HealthyF SkipOft NotEatOf (2).

compute FdSecSt = -42
if FdSecRaw = 0 FdSecSt = 1.
if any(FdSecRaw,1,2) FdSecSt = 2.
if any(FdSecRaw,3,4,5) FdSecSt = 3.
if any(FdSecRaw,6,7,8,9,10) FdSecSt = 4.

variable labels FdSecSt "(D) Food security status".
value labels FdSecSt
-9 "Refused"
-8 "Don't know"
1 "0: High food security"
2 "1-2: Marginal food security"
3 "3-5: Low food security"
4 "6-10: Very low food security".
```

Food Safety

OVERALLRP: (D) New (Revised) IRP

CATEGORISED RP: (D) IRP score in 10 bands

- | | |
|----|--------|
| 1 | 0-10 |
| 2 | 11-20 |
| 3 | 21-30 |
| 4 | 31-40 |
| 5 | 41-50 |
| 6 | 51-60 |
| 7 | 61-70 |
| 8 | 71-80 |
| 9 | 81-90 |
| 10 | 91-100 |

SPSS Syntax

```
recode Q4 9 (4 = 1) (ELSE = 0) into FRIDGEALARM.
recode Q4_10 (9 = 1) (ELSE = 0) into FRIDGEALARM410.

** Create ten measures from individual questions/combinations of questions to create
new IRP.

*****.
** (1) Chilling
*****.

** QUESTION 4_9.

recode Q4_9 (1, 3, 4 = 1) (2, -8 = 0) (-1 = copy) into Q4_9RP.

value labels Q4_9RP -1 "N/A" 0 "NRP" 1 "RP".
Variable labels Q4_9RP '(D) Do you ever check your fridge temperature?'.

** QUESTION 4_10.

recode Q4_10 (1, 2, 3, 4, 5, 9 = 1) (-8, 6, 7, 8, 10 = 0) (-1 = -99) into Q4_10V1RP.
compute Q4_10RP = Q4_10V1RP + FRIDGEALARM.
recode Q4_10RP (-98 = 1) (-99 = -1) (ELSE = COPY).
```



```

value labels Q4_10RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_10RP '(D) How often do you or another person in your household check
the temperature of the fridge?'.

** QUESTION 4_11.

recode Q4_111 (-8, 0, 1 = 0) (-1 = -99) into Q4_11_01RP.
recode Q4_112 (-8, 0 = 0) (1 = 1) (-1 = -99) into Q4_11_02RP.
recode Q4_113 (-8, 0 = 0) (1 = 1) (-1 = -99) into Q4_11_03RP.
recode Q4_114 (-8, 0 = 0) (1 = 0) (-1 = -99) into Q4_11_04RP.
recode Q4_115 (-8, 0 = 0) (1 = 0) (-1 = -99) into Q4_11_05RP.
recode Q4_116 (-8, 0 = 0) (1 = 0) (-1 = -99) into Q4_11_06RP.
recode Q4_117 (-8, 0 = 0) (1 = 0) (-1 = -99) into Q4_11_07RP.

compute Q4_11RP = Q4_11_01RP + Q4_11_02RP + Q4_11_03RP + Q4_11_04RP + Q4_11_05RP +
Q4_11_06RP + Q4_11_07RP + FRIDGEALARM + FRIDGEALARM410.
recode Q4_11RP (0 = 0) (1, 2, 3, -692 = 1) (-693 = -1).

value labels Q4_11RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_11RP '(D) Thinking about your fridge temperature, can you tell me
how you normally check the temperature?'.

** QUESTION 4_12.

recode Q4_12 (-8, 1, 3, 4, 5, 6, 7 = 0) (2 = 1) (-1 = COPY) into Q4_12RP.

value labels Q4_12RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_12RP '(D) What do you think the temperature inside your fridge should
be?'.

** Combine four questions into one score.

count chill = Q4_9RP Q4_10RP Q4_11RP Q4_12RP (1).
recode chill (4 = 1) (else = 0) into chillRP.
if Q4_9RP = -1 or Q4_12 = -1 chillRP = -1.

*****.
** (2) Cooking food to steaming hot.
*****.

if any (Q4_1_13, -8, 1, 2, 3) Q4_1_13RP = 0.

if Q4_1_13 =4 Q4_1_13RP = 1.

if Q4_1_13 =5 Q4_1_13RP = -1.

value labels Q4_1_13RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_1_13RP '(D) Do you do the following things at all when you are in
the kitchen and if so how frequently; cook food to steaming hot'.

*****.
** (3) Eating chicken/turkey if juices red or pink.
*****.

if any (Q4_1_14, -8, 2, 3, 4) Q4_1_14RP = 0.

if Q4_1_14 =1 Q4_1_14RP = 1.

if Q4_1_14 =5 Q4_1_14RP = -1.

value labels Q4_1_14RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_1_14RP '(D) Do you do the following things at all when you are in
the kitchen and if so how frequently; Eat chicken or turkey if the meat is pink or has
pink or red juices'.

*****.
** (4) How many times re-heating food.
*****.

recode Q4_25 (-8, 3, 4, 5 = 0) (1, 2 = 1) (-1 = COPY) into Q4_25RP.

value labels Q4_25RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_25RP '(D) How many times would you consider re-heating food after it
was cooked for the first times?'.

*****.
** (5) How to tell if re-heated properly.
*****.

```

```

count Q4_26pos = Q4_261 Q4_264 Q4_267 (1).
recode Q4_26pos (0 = 0) (1 thru hi = 1) into Q4_26RP.
if Q4_261 = -1 Q4_26RP = -1.

value labels Q4_26RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_26RP '(D) How do you usually tell that food has been re-heated properly?'.

*****.
** (6) Washing raw meat/poultry.
*****.

if any (Q4_1_5, -8, 2, 3, 4) Q4_1_5RP = 0.

if Q4_1_5 = 1 Q4_1_5RP = 1.

if Q4_1_5 = 5 Q4_1_5RP = -1.

value labels Q4_1_5RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_1_5RP '(D) Do you do the following things at all when you are in the kitchen and if so how frequently; Wash raw meat and poultry'.

if any (Q4_1_6, -8, 2, 3, 4) Q4_1_6RP = 0.

if Q4_1_6 = 1 Q4_1_6RP = 1.

if Q4_1_6 = 5 Q4_1_6RP = -1.

value labels Q4_1_6RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_1_6RP '(D) Do you do the following things at all when you are in the kitchen and if so how frequently; Wash raw chicken'.

compute washrawRP = 0.
if Q4_1_5RP = 1 and Q4_1_6RP = 1 washrawRP = 1.
if any (-1, Q4_1_5RP, Q4_1_6RP) washrawRP = -1.

*****.
** (7) Where and how to store meat/poultry in fridge
*****.

count Q4_14pos = Q4_142 Q4_144 Q4_145 (1).
recode Q4_14pos (0 = 0) (1 thru hi = 1) into Q4_14RP.
if Q4_141 = -1 or any(1, Q4_1410, Q4_149) Q4_14RP = -1.

value labels Q4_14RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_14RP '(D) Where in the fridge do you store raw meat and poultry'.

count Q4_15pos = Q4_151 Q4_152 Q4_153 (1).
recode Q4_15pos (0 = 0) (1 thru hi = 1) into Q4_15RP.
if Q4_151 = -1 Q4_15RP = -1.

value labels Q4_15RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_15RP '(D) How do you store raw meat and poultry in the fridge?'.

compute storeRP = 0.
if (Q4_14RP = 1 and Q4_15RP = 1) storeRP = 1.
if Q4_14RP = -1 or Q4_15RP = -1 storeRP = -1.

*****.
** (8) Washing hands
*****.

if any (Q4_1_11, -8, 1, 2, 3) Q4_1_11RP = 0.

if Q4_1_11 = 4 Q4_1_11RP = 1.

if Q4_1_11 = 5 Q4_1_11RP = -1.

value labels Q4_1_11RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_1_11RP '(D) Do you do the following things at all when you are in the kitchen and if so how frequently; Wash hands before I start preparing or cooking food'.

if any (Q4_1_12, -8, 1, 2, 3) Q4_1_12RP = 0.

if Q4_1_12 = 4 Q4_1_12RP = 1.

if Q4_1_12 = 5 Q4_1_12RP = -1.

```

```

value labels Q4_1_12RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q4_1_12RP '(D) Do you do the following things at all when you are in
the kitchen and if so how frequently; Wash hands after handling raw meat/fish'.

compute washRP=0.
if (Q4_1_11RP = 1 and Q4_1_12RP = 1) or (Q4_1_11RP = 1 and Q4_1_12RP = -1) or (Q4_1_11RP
= -1 and Q4_1_12RP = 1) washRP = 1.
if Q4_1_11RP = -1 and Q4_1_12RP = -1 washRP = -1.

*****.
** (9) Use by dates
*****.

compute Q4_19RP = 0.
if any (1, Q4_226, Q4_231) Q4_19RP = 1.
if any (-1, Q4_226 to Q4_232) Q4_19RP = -1.

value labels Q4_19RP 0 "NRP" 1 "RP".
variable labels Q4_19RP '(D) Which of these indicates whether food is safe to eat?'.

recode Q4_22 (-8, 3, 4 = 0) (1, 2 = 1) (5 = -1) into Q22RP.

value labels Q22RP -1 "N/A" 0 "NRP" 1 "RP".
variable labels Q22RP '(D) Do you check use by dates when you are about to cook or
prepare food?'.

compute usebyRP=0.
if Q4_19RP = 1 and Q22RP = 1 usebyRP = 1.
if any (-1, Q4_19RP, Q22RP) usebyRP = -1.

*****.
** (10) Last day eat leftovers
*****.

recode Q4_24 (1, 2, 3, 10 = 1) (-8, 4, 5, 6, 7, 8, 9 = 0) (-1 = COPY) into Q4_24RP.

value labels Q4_24RP 0 "NRP" 1 "RP".
variable labels Q4_24RP '(D) If you made a meal on Sunday, What is the last day that
you would consider eating the leftovers?'.

*****.
** Create score
*****.

count overall = chillRP Q4_1_13RP Q4_1_14RP Q4_25RP Q4_26RP washrawRP storeRP washRP
usebyRP Q4_24RP (1).
count overallbase = chillRP Q4_1_13RP Q4_1_14RP Q4_25RP Q4_26RP washrawRP storeRP washRP
usebyRP Q4_24RP (0,1).

if overallbase >= 5 OverallRP = overall / overallbase.

variable labels
chillRP 'Combined item: Chilling (based on questions Q4.9-Q.12)'
storeRP 'Combined item: Where/how you store raw meat and poultry in the fridge (based
on questions Q4.14/Q4.15)'
washRP 'Combined item: Washing hands before food preparation/after handling raw
meat/fish (based on questions Q4.1.11/Q4.1.12)'
usebyRP 'Combined item: Knowledge and checking of use by dates (based on questions
Q4.19/Q22)'
OverallRP '(D) New (revised) IRP'
Overallbase 'DV Base for new (revised) IRP'.
value labels chillRP storeRP washRP usebyRP 0 "NRP" 1 "RP".

recode OverallRP (SYSMIS=-5).

value labels OverallRP
-5 "Missing: overall base less than 5".

*****.
** Create categorised score
*****.

RECODE OverallRP (0.00 thru 0.10 = 1), (0.11 thru 0.20 = 2), (0.21 thru 0.30 = 3), (0.31
thru 0.40 = 4), (0.41 thru 0.50 = 5), (0.51 thru 0.60 = 6), (0.61 thru 0.70 = 7),
(0.71 thru 0.80 = 8), (0.81 thru 0.90 = 9), (0.91 thru 100 = 10) (-5=-5) into
CategorisedRP.

```

DQ4_1BC: (D) Q4_1B/ Q4_1C Which method do you generally use to defrost frozen meat or fish?

- 1 Placing the meat or fish on water
- 2 Leaving the meat or fish at room temperature
- 3 Leaving the meat or fish in the fridge
- 4 Defrosting the meat or fish in the microwave
- 5 Other
- 6 Do not defrost meat or fish

SPSS Syntax

```
RECODE Q4_1c (98, -9, 1 THRU 5 = COPY) into dq4_1bc.

if Q4_1b1 = 1 and not any (1, Q4_1b2 to Q4_1b6) dq4_1bc = 1.
if Q4_1b2 = 1 and not any (1, Q4_1b1, Q4_1b3 to Q4_1b6) dq4_1bc = 2.
if Q4_1b3 = 1 and not any (1, Q4_1b1, Q4_1b2, Q4_1b4 to Q4_1b6) dq4_1bc = 3.
if Q4_1b4 = 1 and not any (1, Q4_1b1 to Q4_1b3, Q4_1b5 to Q4_1b6) dq4_1bc = 4.
if Q4_1b5 = 1 and not any (1, Q4_1b1 to Q4_1b4, Q4_1b6) dq4_1bc = 5.
if Q4_1b6 = 1 dq4_1bc = 6.

if Q4_1b1 = -8 or Q4_1c = 98 dq4_1bc = 98.
if Q4_1b1 = -9 or Q4_1c = -9 dq4_1bc = -9.
Variable label dq4_1bc "(D) Q4_1B/ Q4_1C Which method do you generally use to defrost frozen meat or fish?"
-9 "Refusal"
-8 "Don't know"
Value labels dq4_1bc
1 "Placing the meat or fish on water"
2 "Leaving the meat or fish at room temperature"
3 "Leaving the meat or fish in the fridge"
4 "Defrosting the meat or fish in the microwave"
5 "Other"
6 "Do not defrost meat or fish".
```

Q4_10RP: (D) How often do you or another person in your household check the temperature of the fridge?

- 1 At least daily
- 2 2-3 times a week
- 3 Once a week
- 4 Less than once a week but more than once a month
- 5 Once a month
- 6 Four times a year
- 7 Once or twice a year
- 8 Never/less often
- 9 I don't need to – it has an alarm if it is too hot or cold
- 10 Can't remember

SPSS Syntax

```
RECODE Q4_10 (1,2,3,4,5,9=1) (-8, 6,7,8,10=0) (-1=-99) into Q4_10V1RP.  
COMPUTE Q4_10RP=Q4_10V1RP+FRIDGEALARM.  
RECODE Q4_10RP (-98=1) (-99=-1) (ELSE=COPY).  
  
variable labels Q4_10RP "(D) How often do you or another person in your household check  
the temperature of the fridge?".  
value labels Q4_10RP  
1 "At least daily"  
2 "2-3 times a week"  
3 "Once a week"  
4 "Less than once a week but more than once a month"  
5 "Once a month"  
6 "Four times a year"  
7 "Once or twice a year"  
8 "Never/less often"  
9 "I don't need to - it has an alarm if it is too hot or cold"  
10 "Can't remember".
```

BPOISON: (D) Had food poisoning?

- 1 Yes
- 2 No

SPSS Syntax

```
recode Q4_28 (1,2 = 1) (4 = 2) (-8, 3 = -8) into BPoison.  
  
variable labels BPoison "(D) Had food poisoning?".  
value labels BPoison  
-9 "Refusal"  
-8 "Don't know"  
1 "Yes"  
2 "No".
```

CHEMKNOW1: (D) Chemicals deliberately added to food by producers (e.g. colourings, sweeteners, preservatives)

- 1 Very well informed
- 2 Well informed
- 3 Not well informed
- 4 Not at all informed

SPSS Syntax

```
compute ChemKnow1=-42.  
  
do if QOrdChemKnw1=1.  
RECODE ChemKnw (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow1.  
end if.  
  
do if QOrdChemKnw2=1.  
RECODE ChemKnw2 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow1.  
end if.  
  
do if QOrdChemKnw3=1.  
RECODE ChemKnw3 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow1.  
end if.  
  
do if QOrdChemKnw4=1.  
RECODE ChemKnw4 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow1.  
end if.  
variable labels ChemKnow1 "(D) Chemicals deliberately added to food by producers (e.g.  
colourings, sweeteners, preservatives)".  
value labels ChemKnow1  
1 "Very well informed"  
2 "Well informed"  
3 "Not well informed"  
4 "Not at all informed".
```

CHEMKNOW2: (D) Chemical residues from the food production process (e.g. pesticides, veterinary medicines)

- 1 Very well informed
- 2 Well informed
- 3 Not well informed
- 4 Not at all informed

SPSS Syntax

```
compute ChemKnow2=-42.

do if QOrdChemKnw1=2.
RECODE ChemKnw (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow2.
end if.

do if QOrdChemKnw2=2.
RECODE ChemKnw2 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow2.
end if.

do if QOrdChemKnw3=2.
RECODE ChemKnw3 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow2.
end if.

do if QOrdChemKnw4=2.
RECODE ChemKnw4 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow2.
end if.

variable labels ChemKnow2 "(D) Chemical residues from the food production process (e.g. pesticides, veterinary medicines)".
value labels ChemKnow2
1 "Very well informed"
2 "Well informed"
3 "Not well informed"
4 "Not at all informed".
```

CHEMKNOW3: (D) Chemicals that can occur naturally in food (e.g. naturally occurring toxins, heavy metals such as lead)

- 1 Very well informed
- 2 Well informed
- 3 Not well informed
- 4 Not at all informed

SPSS Syntax

```
compute ChemKnow3=-42.

do if QOrdChemKnw1=3.
RECODE ChemKnw (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow3.
end if.

do if QOrdChemKnw2=3.
RECODE ChemKnw2 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow3.
end if.

do if QOrdChemKnw3=3.
RECODE ChemKnw3 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow3.
end if.

do if QOrdChemKnw4=3.
RECODE ChemKnw4 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow3.
end if.

variable labels ChemKnow3 "(D) Chemicals that can occur naturally in food (e.g. naturally occurring toxins, heavy metals such as lead)".
value labels ChemKnow3
1 "Very well informed"
2 "Well informed"
3 "Not well informed"
4 "Not at all informed".
```

CHEMKNOW4: (D) Chemicals that can be formed during the cooking process (e.g. through cooking at high temperatures or through smoking of food)

- 1 Very well informed
- 2 Well informed
- 3 Not well informed
- 4 Not at all informed

SPSS Syntax

```
compute ChemKnow4=-42.

do if QOrdChemKnw1=4.
RECODE ChemKnw (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow4.
end if.

do if QOrdChemKnw2=4.
RECODE ChemKnw2 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow4.
end if.

do if QOrdChemKnw3=4.
RECODE ChemKnw3 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow4.
end if.

do if QOrdChemKnw4=4.
RECODE ChemKnw4 (-8 = 98) (-9, 1 THRU 4 = COPY) into ChemKnow4.
end if.
variable labels ChemKnow4 "(D) Chemicals that can be formed during the cooking process
(e.g. through cooking at high temperatures or through smoking of food)".
value labels ChemKnow4
1 "Very well informed"
2 "Well informed"
3 "Not well informed"
4 "Not at all informed".
```

CHEMIOP1: (D) The benefits of using chemicals in food production outweigh the risks

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
compute ChemiOp1=-42.

do if QOrdChemOpin1=1.
Recode ChemOpin (-8=98) (ELSE = COPY) into ChemiOp1.
end if.

do if QOrdChemOpin2=1.
Recode ChemOpin2 (-8=98) (ELSE = COPY) into ChemiOp1.
end if.

do if QOrdChemOpin3=1.
Recode ChemOpin3 (-8=98) (ELSE = COPY) into ChemiOp1.
end if.

do if QOrdChemOpin4=1.
Recode ChemOpin4 (-8=98) (ELSE = COPY) into ChemiOp1.
end if.
variable labels ChemiOp1 "(D) The benefits of using chemicals in food production
outweigh the risks".
value labels ChemiOp1
1 "Definitely agree"
2 "Tend to agree"
3 "Neither agree or disagree"
4 "Tend to disagree"
5 "Definitely disagree".
```

CHEMIOP2: (D) I would like more information about what I can personally do to limit the presence of chemicals in food

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
compute ChemiOp2=-42.

do if QOrdChemOpin1=2.
  Recode ChemOpin (-8=98) (ELSE = COPY) into ChemiOp2.
end if.

do if QOrdChemOpin2=2.
  Recode ChemOpin2 (-8=98) (ELSE = COPY) into ChemiOp2.
end if.

do if QOrdChemOpin3=2.
  Recode ChemOpin3 (-8=98) (ELSE = COPY) into ChemiOp2.
end if.

do if QOrdChemOpin4=2.
  Recode ChemOpin4 (-8=98) (ELSE = COPY) into ChemiOp2.
end if.
variable labels ChemiOp2 "(D) I would like more information about what I can personally
do to limit the presence of chemicals in food".
value labels ChemiOp2
  1 "Definitely agree"
  2 "Tend to agree"
  3 "Neither agree or disagree"
  4 "Tend to disagree"
  5 "Definitely disagree".
```

CHEMIOP3: (D) I am concerned about possible long-term health effects of chemicals in food

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
compute ChemiOp3=-42.

do if QOrdChemOpin1=3.
Recode ChemOpin (-8=98) (ELSE = COPY) into ChemiOp3.
end if.

do if QOrdChemOpin2=3.
Recode ChemOpin2 (-8=98) (ELSE = COPY) into ChemiOp3.
end if.

do if QOrdChemOpin3=3.
Recode ChemOpin3 (-8=98) (ELSE = COPY) into ChemiOp3.
end if.

do if QOrdChemOpin4=3.
Recode ChemOpin4 (-8=98) (ELSE = COPY) into ChemiOp3.
end if.
variable labels Chemiop3 "(D) I am concerned about possible long-term health effects
of chemicals in food".
value labels Chemiop3
1 "Definitely agree"
2 "Tend to agree"
3 "Neither agree or disagree"
4 "Tend to disagree"
5 "Definitely disagree".
```

CHEMIOP4: (D) I believe the presence of chemicals in food is well regulated

- 1 Definitely agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Definitely disagree

SPSS Syntax

```
compute ChemiOp4=-42.

do if QOrdChemOpin1=4.
Recode ChemOpin (-8=98) (ELSE = COPY) into ChemiOp4.
end if.

do if QOrdChemOpin2=4.
Recode ChemOpin2 (-8=98) (ELSE = COPY) into ChemiOp4.
end if.

do if QOrdChemOpin3=4.
Recode ChemOpin3 (-8=98) (ELSE = COPY) into ChemiOp4.
end if.

do if QOrdChemOpin4=4.
Recode ChemOpin4 (-8=98) (ELSE = COPY) into ChemiOp4.
end if.
variable labels Chemiop4 "(D) I believe the presence of chemicals in food is well
regulated".
value labels Chemiop4
1 "Definitely agree"
2 "Tend to agree"
3 "Neither agree or disagree"
4 "Tend to disagree"
5 "Definitely disagree".
```

Healthy Eating

DH2_11_12_13: (D) H2_11/H2_12/H2_13 Total number of fruit and vegetables portions consumed yesterday

SPSS Syntax

```
Compute DH2_11_12_13=-42.
if country<>2 dh2_11_12_13 =-1.
if H2_21 = 1 and not (any (-8, H2_20, H2_21, H2_22) or any (-9, H2_20, H2_21, H2_22)
or any (-1, H2_20, H2_21, H2_22))
dh2_11_12_13 = H2_20 + H2_22 + 1.
if H2_21 = 2 and not (any (-8, H2_20, H2_21, H2_22) or any (-9, H2_20, H2_21, H2_22)
or any (-1, H2_20, H2_21, H2_22))
dh2_11_12_13 = H2_20 + H2_22.
if any (-8, H2_20, H2_21, H2_22) or any (-9, H2_20, H2_21, H2_22) dh2_11_12_13 = -8.

variable labels DH2_11_12_13 "(D) H2_11/H2_12/H2_13 Total number of fruit and
vegetables portions consumed yesterday".
value labels DH2_11_12_13
-1 "Item not applicable"
-8 "Refused/Don't know".
```

TOTCON: (D) H2_11/H2_12/H2_13 Is the total number of fruit and vegetables portions consumed yesterday in line with Agency recommendation?

- 1 Answer in line with Agency recommendation (5)
- 2 Answer below Agency recommendation (0-4)
- 3 Answer above Agency recommendation (6+)

SPSS Syntax

```
Compute TotCon=-42.
if dh2_11_12_13 = 5 TotCon = 1.
if dh2_11_12_13 > -1 and dh2_11_12_13 < 5 TotCon = 2.
if dh2_11_12_13 > 5 TotCon = 3.
if dh2_11_12_13 < 0 TotCon = dh2_11_12_13.

variable labels TotCon "(D) H2_11/H2_12/H2_13 Is the total number of fruit and
vegetables portions consumed yesterday in line with Agency recommendation?".
value labels TotCon
-8 "Refused/Don't know"
-1 "Item not applicable"
1 "Answer in line with Agency recommendation (5)"
2 "Answer below Agency recommendation (0-4)"
3 "Answer above Agency recommendation (6+)".
```

TOTREC: (D) How many portions of fruit and vegetables do you think that health experts recommend people should eat every day?

- 1 Answer in line with Agency recommendation (5)
- 2 Answer below Agency recommendation (0-4)
- 3 Answer above Agency recommendation (6+)

SPSS Syntax

```
Compute TotRec=-42.
if Country<>2 TotRec = -1.
if H2_9 = 5 TotRec = 1.
if H2_9 >= 0 and H2_9 <= 4 TotRec = 2.
if H2_9 >= 6 TotRec = 3.
if H2_9 = -9 TotRec = H2_9.
if H2_9 = -8 TotRec = 98.

variable labels TotRec "(D) How many portions of fruit and vegetables do you think that
health experts recommend people should eat every day?".
value labels TotRec
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Answer in line with Agency recommendation (5)"
2 "Answer below Agency recommendation (0-4)"
3 "Answer above Agency recommendation (6+)".
```

FVCORRE: (D) EatWell guide exercise - Fruit and vegetables correctly placed

- 1 Fruit and vegetables correctly placed
- 2 Fruit and vegetables not correctly placed

SPSS Syntax

```
Compute FVCorre=-42.
if Country<>2 FVCorre = -1.
*Respondents who placed food and vegetables into both correct and incorrect sections.
if any(1, H2_17a, H2_17b) and any(1, H2_17c to H2_17f) FVCorre = -1.
*Respondents who placed food and vegetables only into the correct section.
if any(1, H2_17a, H2_17b) and not any(1, H2_17c to H2_17f) FVCorre = 1.
*Respondents who placed food and vegetables only into the incorrect section.
if any(1, H2_17c to H2_17f) and not any(1, H2_17a, H2_17b) FVCorre = 2.
*Respondents who did not place food and vegetables into any sections.
if Country = 2 and not (any(1, H2_17a to H2_17f) or any(-1, H2_17a to H2_17f) or any(-
8, H2_17a to H2_17f) or any(-9, H2_17a to H2_17f) ) FVCorre = 2.
*Respondents who did not fully complete this exercise (ie answers are a mixture of -
incorrect - valid responses and dk/refs).
if not any(1, H2_17a, H2_17b) and any(-8, H2_17a, H2_17b) FVCorre = -8.
if not any(1, H2_17a, H2_17b) and any(-9, H2_17a, H2_17b) FVCorre = -9.

variable labels FVCorre "(D) EatWell guide exercise - Fruit and vegetables correctly
placed".
value labels FVCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Fruit and vegetables correctly placed"
2 "Fruit and vegetables not correctly placed".
```

CACORRE: (D) EatWell guide exercise - Potatoes, bread, rice, pasta and other starchy carbohydrates correctly placed

- 1 Potatoes, bread, rice, pasta and other starchy carbohydrates correctly placed
- 2 Potatoes, bread, rice, pasta and other starchy carbohydrates not correctly placed

SPSS Syntax

```
Compute CaCorre=-42.
if Country<>2 CaCorre = -1.
*Respondents who placed carbs into both correct and incorrect sections.
if any(2, H2_17a, H2_17b) and any(2, H2_17c to H2_17f) CaCorre = -1.
*Respondents who placed carbs only into the correct section.
if any(2, H2_17a, H2_17b) and not any (2, H2_17c to H2_17f) CaCorre = 1.
*Respondents who placed carbs only into the incorrect section.
if any(2, H2_17c to H2_17f) and not any(2, H2_17a, H2_17b) CaCorre = 2.
*Respondents who did not place carbs into any sections.
if Country = 2 and not (any(2, H2_17a to H2_17f) or any(-1, H2_17a to H2_17f) or any(-8, H2_17a to H2_17f) or any(-9, H2_17a to H2_17f) ) CaCorre = 2.
*Respondents who coded all dks/refs or whose answers are a mixture of - incorrect only!
- valid responses and dk/refs).
if not any(2, H2_17a, H2_17b) and any(-8, H2_17a, H2_17b) CaCorre = -8.
if not any(2, H2_17a, H2_17b) and any(-9, H2_17a, H2_17b) CaCorre = -9.

variable labels CaCorre "(D) EatWell guide exercise - Potatoes, bread, rice, pasta and other starchy carbohydrates correctly placed".
value labels CaCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Potatoes, bread, rice, pasta and other starchy carbohydrates correctly placed"
2 "Potatoes, bread, rice, pasta and other starchy carbohydrates not correctly placed".
```

OICORRE: (D) EatWell guide exercise - Oil and spreads correctly placed

- 1 Oil and spreads correctly placed
- 2 Oil and spreads not correctly placed

SPSS Syntax

```
Compute OiCorre=-42.
if Country<>2 OiCorre = -1.
*Respondents who placed oil into both correct and incorrect sections.
if H2_17e = 3 and any(3, H2_17a, H2_17b, H2_17c, H2_17d, H2_17f) OiCorre = -1.
*Respondents who placed oil only into the correct section.
if H2_17e = 3 and not any(3, H2_17a, H2_17b, H2_17c, H2_17d, H2_17f) OiCorre = 1.
*Respondents who placed oil only into the incorrect section.
if H2_17e <> 3 and any(3, H2_17a, H2_17b, H2_17c, H2_17d, H2_17f) OiCorre = 2.
*Respondents who did not place oil into any sections.
if Country = 2 and not (H2_17e = 3 or any(-1, H2_17a to H2_17f) or any(-8, H2_17a to H2_17f) or any(-9, H2_17a to H2_17f) ) OiCorre = 2.
*Respondents who coded all dks/refs or whose answers are a mixture of - incorrect only!
- valid responses and dk/refs).
if any (H2_17e, -8, -9) and not any(3, H2_17a, H2_17b, H2_17c, H2_17d, H2_17f) OiCorre = H2_17e.

variable labels OiCorre "(D) EatWell guide exercise - Oil and spreads correctly placed".
value labels OiCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Oil and spreads correctly placed"
2 "Oil and spreads not correctly placed".
```

DACORRE: (D) EatWell guide exercise - Dairy and alternatives correctly placed

- 1 Dairy and alternatives correctly placed
- 2 Dairy and alternatives correctly placed

SPSS Syntax

```
Compute DaCorre=-42.
if Country<>2 DaCorre = -1.
*Respondents who placed dairy into both correct and incorrect sections.
if H2_17d = 4 and any(4, H2_17a, H2_17b, H2_17c, H2_17e, H2_17f) DaCorre = -1.
*Respondents who placed dairy only into the correct section.
if H2_17d = 4 and not any(4, H2_17a, H2_17b, H2_17c, H2_17e, H2_17f) DaCorre = 1.
*Respondents who placed dairy only into the incorrect section.
if H2_17d <> 4 and any(4, H2_17a, H2_17b, H2_17c, H2_17e, H2_17f) DaCorre = 2.
*Respondents who did not place dairy into any sections.
if Country = 2 and not (H2_17d = 4 or any(-1, H2_17a to H2_17f) or any(-8, H2_17a to H2_17f) or any(-9, H2_17a to H2_17f) ) DaCorre = 2.
*Respondents who coded all dks/refs or whose answers are a mixture of - incorrect only!
- valid responses and dk/refs).
if any (H2_17d, -8, -9) and not any(4, H2_17a, H2_17b, H2_17c, H2_17e, H2_17f) DaCorre = H2_17d.

variable labels DaCorre "(D) EatWell guide exercise - Dairy and alternatives correctly placed".
value labels DaCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Dairy and alternatives correctly placed"
2 "Dairy and alternatives not correctly placed".
```

PRCORRE: (D) EatWell guide exercise - Beans, pulses, fish, eggs, meat and other proteins correctly placed

- 1 Beans, pulses, fish, eggs, meat and other proteins correctly placed
- 2 Beans, pulses, fish, eggs, meat and other proteins not correctly placed

SPSS Syntax

```
Compute PrCorre=-42.
if Country<>2 PrCorre = -1.
*Respondents who placed protein into both correct and incorrect sections.
if H2_17c = 5 and any(5, H2_17a, H2_17b, H2_17e, H2_17d, H2_17f) PrCorre = -1.
*Respondents who placed protein only into the correct section.
if H2_17c = 5 and not any(5, H2_17a, H2_17b, H2_17e, H2_17d, H2_17f) PrCorre = 1.
*Respondents who placed protein only into the incorrect section.
if H2_17c <> 5 and any(5, H2_17a, H2_17b, H2_17e, H2_17d, H2_17f) PrCorre = 2.
*Respondents who did not place protein into any sections.
if Country = 2 and not (H2_17c = 5 or any(-1, H2_17a to H2_17f) or any(-8, H2_17a to H2_17f) or any(-9, H2_17a to H2_17f) ) PrCorre = 2.
*Respondents who coded all dks/refs or whose answers are a mixture of - incorrect only!
- valid responses and dk/refs).
if any (H2_17c, -8, -9) and not any(5, H2_17a, H2_17b, H2_17d, H2_17e, H2_17f) PrCorre = H2_17c.

variable labels PrCorre "(D) EatWell guide exercise - Beans, pulses, fish, eggs, meat and other proteins correctly placed".
value labels PrCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Beans, pulses, fish, eggs, meat and other proteins correctly placed"
2 "Beans, pulses, fish, eggs, meat and other proteins not correctly placed".
```

FSCORRE: (D) EatWell guide exercise - Foods high in fat, salt and sugars correctly placed

- 1 Foods high in fat, salt and sugars correctly placed
- 2 Foods high in fat, salt, and sugars not correctly placed

SPSS Syntax

```
Compute FSCorre=-42.
if Country<>2 FSCorre = -1.
*Respondents who placed fat into both correct and incorrect sections.
if H2_17f = 6 and any(6, H2_17a, H2_17b, H2_17c, H2_17d, H2_17e) FSCorre = -1.
*Respondents who placed fat only into the correct section.
if H2_17f = 6 and not any(6, H2_17a, H2_17b, H2_17c, H2_17d, H2_17e) FSCorre = 1.
*Respondents who placed fat only into the incorrect section.
if H2_17f <> 6 and any(6, H2_17a, H2_17b, H2_17c, H2_17d, H2_17e) FSCorre = 2.
*Respondents who did not place protein into any sections.
if Country = 2 and not (H2_17f = 6 or any(-1, H2_17a to H2_17f) or any(-9, H2_17a to
H2_17f) ) FSCorre = 2.
*Respondents who coded all dks/refs or whose answers are a mixture of - incorrect only!
- valid responses and dk/refs).
if any (H2_17f, -8, -9) and not any(6, H2_17a, H2_17b, H2_17c, H2_17d, H2_17e) FSCorre
= H2_17f.

variable labels FSCorre "(D) EatWell guide exercise - Foods high in fat, salt and
sugars correctly placed".
value labels FSCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Foods high in fat, salt and sugars correctly placed"
2 "Foods high in fat, salt and sugars not correctly placed".
```

NUCORRE: (D) EatWell guide exercise - Number of foods placed correctly

- 0 None of the foods in correct proportions in the guide
- 1 One food in correct proportion in the guide
- 2 Two foods in correct proportions in the guide
- 3 Three foods in correct proportions in the guide
- 4 Four foods in correct proportions in the guide
- 5 Five foods in correct proportions in the guide
- 6 All foods in correct proportions in the guide

SPSS Syntax

```
Compute NuCorre=-42.
count NuCorre = FVCorre to FSCorre (1).
if Country<>2 NuCorre = -1.
if any(-42, FVCorre to FSCorre) NuCorre = -1.

variable labels NuCorre "(D) EatWell guide exercise - Number of foods placed correctly".
value labels NuCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
0 "None of the foods in correct proportions in the guide"
1 "One food in correct proportion in the guide"
2 "Two foods in correct proportions in the guide"
3 "Three foods in correct proportions in the guide"
4 "Four foods in correct proportions in the guide"
5 "Five foods in correct proportions in the guide"
6 "All foods in correct proportions in the guide".
```

OVCORRE: (D) EatWell guide exercise - Overall correct

- 1 All foods in correct proportions
- 2 Not all foods in correct proportions

SPSS Syntax

```
Compute OvCorre=-42.
if Country <>2 OvCorre = -1.
if NuCorre = 6 OvCorre = 1.
if any(NuCorre, 0,1,2,3,4,5) OvCorre = 2.

variable labels OvCorre "(D) EatWell guide exercise - Overall correct".
value labels OvCorre
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "All foods in correct proportions"
2 "Not all foods in correct proportions".
```

HEALTHN: (D) H2_1 Overall, in your opinion, would you say that what you usually eat is.. Net healthy/unhealthy

- 1 Healthy
- 2 Neither healthy nor unhealthy
- 3 Unhealthy
- 4 It varies too much to say

SPSS Syntax

```
COMPUTE HealthN = -42.

IF country<>2 HealthN = -1.
if ANY(H2_1, 1,2) HealthN = 1.
IF H2_1 = 3 HealthN = 2.
IF ANY(H2_1, 4,5) HealthN = 3.
IF H2_1 = 6 HealthN = 4.
IF ANY(H2_1, -8,-9) HealthN = H2_1.

variable labels HealthN "(D) H2_1 Overall, in your opinion, would you say that what you usually eat is.. Net healthy/unhealthy".
value labels HealthN
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Healthy"
2 "Neither healthy nor unhealthy"
3 "Unhealthy"
4 "It varies too much to say".
```

H2_27FB: (D) H2_27 (women) How much fat, in grams, do you think an average woman should eat each day?

- 1 0
- 2 1 – 20
- 3 21 – 41
- 4 41 – 60
- 5 61 – 69
- 6 70
- 7 71 – 80
- 8 81 – 94
- 9 95
- 10 96 – 100
- 11 101 – 120
- 12 121 – 150
- 13 151 – 200
- 14 201+

SPSS Syntax

```
compute h2_27fb = -42.

if respsex = 1 or Country <> 2 H2_27fb = -1.

do if respsex = 2.
  recode H2_27N (-9 = COPY) into H2_27fb.
  if H2_27N = 0 H2_27fb = 1.
  if H2_27N >= 1 and H2_27N <= 20 H2_27fb = 2.
  if H2_27N >= 21 and H2_27N <= 40 H2_27fb = 3.
  if H2_27N >= 41 and H2_27N <= 60 H2_27fb = 4.
  if H2_27N >= 61 and H2_27N <= 69 H2_27fb = 5.
  if H2_27N = 70 H2_27fb = 6.
  if H2_27N >= 71 and H2_27N <= 80 H2_27fb = 7.
  if H2_27N >= 81 and H2_27N <= 94 H2_27fb = 8.
  if H2_27N = 95 H2_27fb = 9.
  if H2_27N >= 96 and H2_27N <= 100 H2_27fb = 10.
  if H2_27N >= 101 and H2_27N <= 120 H2_27fb = 11.
  if H2_27N >= 121 and H2_27N <= 150 H2_27fb = 12.
  if H2_27N >= 151 and H2_27N <= 200 H2_27fb = 13.
  if H2_27N >= 201 H2_27fb = 14.
  if H2_27N = -8 H2_27fb = 98.
end if.
variable labels H2_27fb "(D) H2_27 (women) How much fat, in grams, do you think an average woman should eat each day?".
value labels H2_27fb
98 "Don't know"
-9 "Refusal"
-1 "Item not applicable"
1 "0"
2 "1 - 20"
3 "21 - 41"
4 "41 - 60"
5 "61 - 69"
6 "70"
7 "71 - 80"
8 "81 - 94"
9 "95"
10 "96 - 100"
11 "101 - 120"
12 "121 - 150"
13 "151 - 200"
14 "201+".
```

H2_27MB: (D) H2_27 (men) How much fat, in grams, do you think an average man should eat each day?

- 1 0
- 2 1 – 20
- 3 21 – 41
- 4 41 – 60
- 5 61 – 69
- 6 70
- 7 71 – 80
- 8 81 – 94
- 9 95
- 10 96 – 100
- 11 101 – 120
- 12 121 – 150
- 13 151 – 200
- 14 201+

SPSS Syntax

```
compute h2_27mb = -42.

if Country <> 2 or respsex = 2 H2_27mb = -1.

do if respsex = 1.
  if H2_27N = -9 H2_27mb = -9.

  if H2_27N = 0 H2_27mb = 1.
  if H2_27N >= 1 and H2_27N <= 20 H2_27mb = 2.
  if H2_27N >= 21 and H2_27N <= 40 H2_27mb = 3.
  if H2_27N >= 41 and H2_27N <= 60 H2_27mb = 4.
  if H2_27N >= 61 and H2_27N <= 69 H2_27mb = 5.
  if H2_27N = 70 H2_27mb = 6.
  if H2_27N >= 71 and H2_27N <= 80 H2_27mb = 7.
  if H2_27N >= 81 and H2_27N <= 94 H2_27mb = 8.
  if H2_27N = 95 H2_27mb = 9.
  if H2_27N >= 96 and H2_27N <= 100 H2_27mb = 10.
  if H2_27N >= 101 and H2_27N <= 120 H2_27mb = 11.
  if H2_27N >= 121 and H2_27N <= 150 H2_27mb = 12.
  if H2_27N >= 151 and H2_27N <= 200 H2_27mb = 13.
  if H2_27N >= 201 H2_27mb = 14.
  if H2_27N = -8 H2_27mb = 98.
end if.

variable labels H2_27mb "(D) H2_27 (men) How much fat, in grams, do you think an average man should eat each day?".
value labels H2_27mb
98 "Don't know"
-9 "Refusal"
-1 "Item not applicable"
1 "0"
2 "1 - 20"
3 "21 - 41"
4 "41 - 60"
5 "61 - 69"
6 "70"
7 "71 - 80"
8 "81 - 94"
9 "95"
10 "96 - 100"
11 "101 - 120"
12 "121 - 150"
13 "151 - 200"
14 "201+".
```

H2_28FB: (D) H2_28 (women) It is recommended that the average woman should eat no more than 70g of fat a day. How much of this, in grams, do you think is the maximum recommended amount of saturated fats?

- 1 0
- 2 1 – 19
- 3 20
- 4 21 – 40
- 5 41 – 60
- 6 61 – 69
- 7 70

SPSS Syntax

```
compute h2_28fb = -42.

if Country <> 2 or respsex = 1 H2_28fb = -1.

do if respsex = 2.
  recode H2_28N (-9 = COPY) into H2_28fb.
  if H2_28N = 0 H2_28fb = 1.
  if H2_28N >= 1 and H2_28N <= 19 H2_28fb = 2.
  if H2_28N = 20 H2_28fb = 3.
  if H2_28N >= 21 and H2_28N <= 40 H2_28fb = 4.
  if H2_28N >= 41 and H2_28N <= 60 H2_28fb = 5.
  if H2_28N >= 61 and H2_28N <= 69 H2_28fb = 6.
  if H2_28N = 70 H2_28fb = 7.
  if H2_28N = -8 H2_28fb = 98.
end if.

variable labels h2_28fb "(D) H2_28 (women) It is recommended that the average woman
should eat no more than 70g of fat a day. How much of this, in grams, do you think is
the maximum recommended amount of saturated fats?".
value labels h2_28fb
98 "Don't know"
-1 "Item not applicable"
1 "0"
2 "1 - 19"
3 "20"
4 "21 - 40"
5 "41 - 60"
6 "61 - 69"
7 "70".
```

H2_28MB: (D) H2_28 (men) It is recommended that the average man should eat no more than 95g of fat a day. How much of this, in grams, do you think is the maximum recommended amount of saturated fats?

- 1 0
- 2 1 – 20
- 3 21 – 29
- 4 30
- 5 31 – 40
- 6 41 – 60
- 7 61 – 69
- 8 70
- 9 71 – 80
- 10 81 – 94
- 11 95

SPSS Syntax

```
compute h2_28mb = -42.

if Country <> 2 or respsex = 2 H2_28mb = -1.

do if respsex = 1.
  recode H2_28N (-9 = COPY) into H2_28mb.
  if H2_28N = 0 H2_28mb = 1.
  if H2_28N >= 1 and H2_28N <= 20 H2_28mb = 2.
  if H2_28N >= 21 and H2_28N <= 29 H2_28mb = 3.
  if H2_28N = 30 H2_28mb = 4.
  if H2_28N >= 31 and H2_28N <= 40 H2_28mb = 5.
  if H2_28N >= 41 and H2_28N <= 60 H2_28mb = 6.
  if H2_28N >= 61 and H2_28N <= 69 H2_28mb = 7.
  if H2_28N = 70 H2_28mb = 8.
  if H2_28N >= 71 and H2_28N <= 80 H2_28mb = 9.
  if H2_28N >= 81 and H2_28N <= 94 H2_28mb = 10.
  if H2_28N = 95 H2_28mb = 11.
  if H2_28N = -8 H2_28mb = 98.
end if.
variable labels H2_28mb "(D) H2_28 (men) It is recommended that the average man should eat no more than 95g of fat a day. How much of this, in grams, do you think is the maximum recommended amount of saturated fats?".
value labels H2_28mb
-9 "Refusal"
98 "Don't know"
-1 "Item not applicable"
1 "0"
2 "1 - 20"
3 "21 - 29"
4 "30"
5 "31 - 40"
6 "41 - 60"
7 "61 - 69"
8 "70"
9 "71 - 80"
10 "81 - 94"
11 "95".
```

H2_25B: (D) H2_25 Can you tell me what you think is the recommended number of calories average women should eat a day?

- 1 500 or less
- 2 501 – 1000
- 3 1001 – 1500
- 4 1501 – 1999
- 5 2000
- 6 2001 – 2499
- 7 2500
- 8 2501 – 3000
- 9 3001 – 4000
- 10 4001 – 5000
- 11 5001+

SPSS Syntax

```
compute H2_25B = -42.

recode H2_25N (-9 = COPY) into H2_25B.

if H2_25N > -1 and H2_25N <= 500 H2_25B = 1.
if H2_25N >= 501 and H2_25N <= 1000 H2_25B = 2.
if H2_25N >= 1001 and H2_25N <= 1500 H2_25B = 3.
if H2_25N >= 1501 and H2_25N <= 1999 H2_25B = 4.
if H2_25N = 2000 H2_25B = 5.
if H2_25N >= 2001 and H2_25N <= 2499 H2_25B = 6.
if H2_25N = 2500 H2_25B = 7.
if H2_25N >= 2501 and H2_25N <= 3000 H2_25B = 8.
if H2_25N >= 3001 and H2_25N <= 4000 H2_25B = 9.
if H2_25N >= 4001 and H2_25N <= 5000 H2_25B = 10.
if H2_25N >= 5001 H2_25B = 11.
if H2_25N = -8 H2_25B = 98.
if Country <> 2 H2_25B = -1.

variable labels H2_25B "(D) H2_25 Can you tell me what you think is the recommended
number of calories average women should eat a day?".
value labels H2_25B
-9 "Refusal"
98 "Don't know"
-1 "Item not applicable"
1 "500 or less"
2 "501 - 1000"
3 "1001 - 1500"
4 "1501 - 1999"
5 "2000"
6 "2001 - 2499"
7 "2500"
8 "2501 - 3000"
9 "3001 - 4000"
10 "4001 - 5000"
11 "5001+".
```

H2_26B: (D) H2_26 Can you tell me what you think is the recommended number of calories average men should eat a day?

- 1 500 or less
- 2 501 – 1000
- 3 1001 – 1500
- 4 1501 – 1999
- 5 2000
- 6 2001 – 2499
- 7 2500
- 8 2501 – 3000
- 9 3001 – 4000
- 10 4001 – 5000
- 11 5001+

SPSS Syntax

```
compute H2_26B = -42.

recode H2_26N (-9 = COPY) into H2_26B.
if H2_26N > -1 and H2_26N <= 500 H2_26B = 1.
if H2_26N >= 501 and H2_26N <= 1000 H2_26B = 2.
if H2_26N >= 1001 and H2_26N <= 1500 H2_26B = 3.
if H2_26N >= 1501 and H2_26N <= 1999 H2_26B = 4.
if H2_26N = 2000 H2_26B = 5.
if H2_26N >= 2001 and H2_26N <= 2499 H2_26B = 6.
if H2_26N = 2500 H2_26B = 7.
if H2_26N >= 2501 and H2_26N <= 3000 H2_26B = 8.
if H2_26N >= 3001 and H2_26N <= 4000 H2_26B = 9.
if H2_26N >= 4001 and H2_26N <= 5000 H2_26B = 10.
if H2_26N >= 5001 H2_26B = 11.
if H2_26N = -8 H2_26B = 98.
if Country <> 2 H2_26B = -1.

variable labels H2_26B "(D) H2_26 Can you tell me what you think is the recommended
number of calories average men should eat a day?".
value labels H2_26B
-9 "Refusal"
98 "Don't know"
-1 "Item not applicable"
1 "500 or less"
2 "501 - 1000"
3 "1001 - 1500"
4 "1501 - 1999"
5 "2000"
6 "2001 - 2499"
7 "2500"
8 "2501 - 3000"
9 "3001 - 4000"
10 "4001 - 5000"
11 "5001+".
```

Health

EYESIGHT: (D) At the present time, how would you rate your eyesight using both eyes (with glasses or contact lenses, if you wear them)?

- 1 Good / very good
- 2 Fair
- 3 Bad / very bad / Blind

SPSS Syntax

```
recode Eye (-9, -8 = COPY) (1,2 = 1) (3 = 2) (4 THRU 6 = 3) into Eyesight.

variable labels Eyesight "(D) At the present time, how would you rate your eyesight
using both eyes (with glasses or contact lenses, if you wear them)?".
value labels Eyesight
-9 "Refusal"
-8 "Don't know"
-1 "Item not applicable"
1 "Good/very good"
2 "Fair"
3 "Bad/very bad".
```

Trust

A1DV1: (D) And now a general question about trust. On a scale from zero to ten, where zero is not at all and ten is completely, in general how much do you trust most people?

A2DV1: (D) On a scale from zero to ten, where zero is not at all and ten is completely, in general how much do you trust most people you know personally?

A3DV1: (D) Using this card, please tell me on a score of 0-10 how much, if at all, you personally trust each of the institutions I read out: The British Parliament

- 0 0 Not at all
- 1 1
- 2 2
- 3 3
- 4 4
- 5 5
- 6 6
- 7 7
- 8 8
- 9 9
- 10 Completely trust

SPSS Syntax

```
do repeat xxx = A1 A2 A3.
    if xxx = -8 xxx = 98.
end repeat.
compute A1dv1 = A1.

compute A2dv1 = A2.

compute A3dv1 = A3.

variable labels A1dv1 "(D) And now a general question about trust. On a scale from zero
to ten, where zero is not at all and ten is completely, in general how much do you
trust most people?".

variable labels A2dv1 "(D) On a scale from zero to ten, where zero is not at all and
ten is completely, in general how much do you trust most people you know personally?".

variable labels A3dv1 "(D) Using this card, please tell me on a score of 0-10 how much,
if at all, you personally trust each of the institutions I read out: The British
Parliament".

value labels A1dv1 A2dv1 A3dv1
98 "Don't know"
-1 "Item not applicable"
0 "Not at all"
1 "1"
2 "2"
3 "3"
4 "4"
5 "5"
6 "6"
7 "7"
8 "8"
9 "9"
10 "Completely trust".
```

C1DV1: (D) If you wanted to report a food related issue to the FSA, how likely or unlikely do you think it would be that the problem would be looked into?

C2DV1: (D) If there was a food poisoning outbreak, how likely or unlikely do you think it would be that the FSA would take action to protect the public?

C3DV1: (D) If new evidence about food safety came to light, how likely or unlikely do you think it would be that the FSA would inform the public?

C4DV1: (D) If new evidence about food safety came to light, how likely or unlikely do you think it would be that the FSA would respond as soon as possible?

C5DV1: (D) If new evidence about food safety came to light, how likely or unlikely do you think it would be that the FSA would tell the truth about it to the public?

C6DV1: (D) In general, how likely or unlikely do you think it is that the FSA is impartial? By this we mean that the FSA acts independently of external sources?

C7DV1: (D) In general, how likely or unlikely do you think it would be that the FSA puts the public first?

- | | | |
|----|---|---------------|
| 1 | 0 | Very unlikely |
| 2 | 1 | |
| 3 | 2 | |
| 4 | 3 | |
| 5 | 4 | |
| 6 | 5 | |
| 7 | 6 | |
| 8 | 7 | |
| 9 | 8 | |
| 10 | 9 | |
| 11 | | Very likely |

SPSS Syntax

```
do repeat xxx = C1 C2 C3 C4 C5 C6 C7.
    if xxx = -8 xxx = 98.
end repeat..

compute C1dv1 = C1.
compute C2dv1 = C2.
compute C3dv1 = C3.
compute C4dv1 = C4.
compute C5dv1 = C5.
compute C6dv1 = C6.
compute C7dv1 = C7.

variable labels C1DV1 "(D) If you wanted to report a food related issue to the FSA,
how likely or unlikely do you think it would be that the problem would be looked
into?".

variable labels C2DV1 "(D) If there was a food poisoning outbreak, how likely or
unlikely do you think it would be that the FSA would take action to protect the
public?".

variable labels C3DV1 "(D) If new evidence about food safety came to light, how likely
or unlikely do you think it would be that the FSA would inform the public?".

variable labels C4DV1 "(D) If new evidence about food safety came to light, how likely
or unlikely do you think it would be that the FSA would respond as soon as possible?".

variable labels C5DV1 "(D) If new evidence about food safety came to light, how likely
or unlikely do you think it would be that the FSA would tell the truth about it to
the public?".

variable labels C6DV1 "(D) In general, how likely or unlikely do you think it is that
the FSA is impartial? By this we mean that the FSA acts independently or external
sources?".

variable labels C7DV1 "(D) In general, how likely or unlikely do you think it would
be that the FSA puts the public first?".

value labels C1DV1 C2DV1 C3DV1 C4DV1 C5DV1 C6DV1 C7DV1
98 "Don't know"
-1 "Item not applicable"
0 "Very unlikely"
1 "1"
2 "2"
3 "3"
4 "4"
5 "5"
6 "6"
7 "7"
8 "8"
9 "9"
10 "10"
11 "Very likely".
```


2 DVs without SPSS syntax

Disclosive DVs

Classification

AGE_DV: (D) Age of respondent in bands (7 bands)
AGE_DV2: (D) Age of respondent in bands (6 bands)
BHHSIZE: (D) Household size (5 categories)
BHHSIZE2: (D) Household size (4 categories)
BELOW16: (D) Children under 16 in the household
BELOW6: (D) Children under 6 in the household
MARSTAT2: (D) Marital status
WORKSTAT: (D) Working Status (4 categories)
WORKSTAT2: (D) Working status (3 categories)
HHDINC: (D) Household income
BETHNICITY: (D) Ethnicity
RELIGION_DV: (D) Religion
REGION_DV: (D) Region
WIMD_2014_quintile: (D) Wales - WIMD 2015 - Overall rank – quintile
NIMD_2017_quintile: (D) Northern Ireland - NIMD 2017 – quintile
RU11IND_DV: (D) Rural-urban classification (Northern Ireland) – net urban/rural
RU11IND_DV2: (D) 2011 Census rural-urban classification (England & Wales) - net urban/rural

Eating Patterns

FDREAC_DV: (D) Suffer adverse reaction or avoid foods due to reaction
REASFA: (D) Reaction type (summary) - Food allergy
REASFI: (D) Reaction type (summary) - Food intolerance
CLINALLER: (D) Clinically diagnosed allergy
CLININT: (D) Clinically diagnosed intolerance
BALLERGYHHOLD: (D) Food allergy in household
AGEPEANUT: (D) Age of allergy onset – Peanuts
AGEOTHNUT: (D) Age of allergy onset - Other nuts
AGEMILK: (D) Age of allergy onset - Cow's milk
AGEGLUTEN: (D) Age of allergy onset - Cereal containing gluten
AGEEGGS: (D) Age of allergy onset – Eggs
AGEFISH: (D) Age of allergy onset – Fish
AGECRUSTACEANS: (D) Age of allergy onset – Crustaceans
AGEMOLLUSCS: (D) Age of allergy onset – Molluscs
AGESOYA: (D) Age of allergy onset – Soya
AGECELERY: (D) Age of allergy onset – Celery
AGEMUSTARD: (D) Age of allergy onset – Mustard
AGELUPIN: (D) Age of allergy onset – Lupin
AGESESAME: (D) Age of allergy onset – Sesame
AGESULPHITES: (D) Age of allergy onset - Sulphur dioxide/sulphites
AGEOTCER: (D) Age of allergy onset - Other cereals
AGEFRUT: (D) Age of allergy onset – Fruit
AGEVEG: (D) Age of allergy onset – Vegetables

AGEOTHER: (D) Age of allergy onset – Other

Randomized DVs

Eating Patterns

- Q2_14SUB_DV: (D) At the moment, how often do you eat cuts or portions of beef, lamb or pork?
- Q2_14SU2_DV: (D) At the moment, how often do you eat burgers?
- Q2_14SU3_DV: (D) At the moment, how often do you eat sausages?
- Q2_14SU4_DV: (D) At the moment, how often do you eat chicken or turkey?
- Q2_14SU5_DV: (D) At the moment, how often do you eat duck or goose?
- Q2_14SU6_DV: (D) At the moment, how often do you eat pre-cooked meats?
- Q2_14SU6A_DV: (D) At the moment, how often do you eat cured or dried meats
- Q2_14SU7_DV: (D) At the moment, how often do you eat milk and dairy foods?
- Q2_14SU7A_DV: (D) At the moment, how often do you eat raw milk?
- Q2_14SU8A_DV: (D) At the moment, how often do you eat cooked eggs?
- Q2_14SU8B_DV: (D) At the moment, how often do you eat raw or uncooked eggs?
- Q2_14SU9_DV: (D) At the moment, how often do you eat smoked fish excluding shellfish?
- Q2_14S10_DV: (D) At the moment, how often do you eat cooked shellfish?
- Q2_14S10A_DV: (D) At the moment, how often do you eat raw oysters?
- Q2_14S12_DV: (D) At the moment, how often do you eat raw fruit?
- Q2_14S13_DV: (D) At the moment, how often do you eat raw vegetables including salad?
- Q2_14S14_DV: (D) At the moment, how often do you eat cooked vegetables?
- Q2_14S14A_DV: (D) At the moment, how often do you eat frozen fruits?
- Q2_14S15_DV: (D) At the moment, how often do you eat pre-packed sandwiches?
- Q2_14S16_DV: (D) At the moment, how often do you eat ready meals?

Food Safety

- Q4_1_4: (D) Use different chopping boards for different foods
- Q4_1_5: (D) Wash raw meat and poultry other than chicken
- Q4_1_5A: (D) Store open tins in the fridge
- Q4_1_6: (D) Wash raw chicken
- Q4_1_7: (D) Wash raw fish or seafood
- Q4_1_8A: (D) Wash fruit and vegetables to be eaten raw
- Q4_1_8B: (D) Wash fruit and vegetables to be eaten cooked
- Q4_1_11: (D) Wash hands before starting to prepare or cook food
- Q4_1_12: (D) Wash hands after handling raw meat, poultry or fish
- Q4_1_13: (D) Cook food until it's steaming hot throughout
- Q4_1_14: (D) Eat chicken or turkey if the meat is pink or has pink or red juices
- Q4_1_15: (D) Eat red meat if the meat is pink or has pink or red juices
- Q4_1_16: (D) Eat duck if the meat is pink or has pink or red juices
- Q4_1_17: (D) Eat burgers if the meat is pink or has pink or red juices
- Q4_1_18: (D) Eat sausages if the meat is pink or has pink or red juices
- Q4_1_19: (D) Eat whole cuts of pork or pork chops if the meat is pink or has pink or red juices

SAFEMEAT1: (D) Q4_18 How it looks (e.g. mould)
SAFEMEAT2: (D) Q4_18 The colour of it
SAFEMEAT3: (D) Q4_18 How it smells
SAFEMEAT4: (D) Q4_18 How it tastes
SAFEMEAT5: (D) Q4_18 What it feels like / the texture
SAFEMEAT6: (D) Q4_18 Whether it has been stored correctly
SAFEMEAT8: (D) Q4_18 Best before date
SAFEMEAT9: (D) Q4_18 Use by date
SAFEMEAT10: (D) Q4_18 Sell by or display until date
SAFEMEAT11: (D) Q4_18 Date unspecified
SAFEMEAT12: (D) Q4_18 Other (specify)
SAFEMEAT13: (D) Q4_18 Not applicable
SAFEDAIRY1: (D) Q4_18 How it looks (e.g. mould)
SAFEDAIRY2: (D) Q4_18 The colour of it
SAFEDAIRY3: (D) Q4_18 How it smells
SAFEDAIRY4: (D) Q4_18 How it tastes
SAFEDAIRY5: (D) Q4_18 What it feels like / the texture
SAFEDAIRY6: (D) Q4_18 Whether it has been stored correctly
SAFEDAIRY8: (D) Q4_18 Best before date
SAFEDAIRY9: (D) Q4_18 Use by date
SAFEDAIRY10: (D) Q4_18 Sell by or display until date
SAFEDAIRY11: (D) Q4_18 Date unspecified
SAFEDAIRY12: (D) Q4_18 Other (specify)
SAFEDAIRY13: (D) Q4_18 Not applicable
SAFECHEESE1: (D) Q4_18 How it looks (e.g. mould)
SAFECHEESE2: (D) Q4_18 The colour of it
SAFECHEESE3: (D) Q4_18 How it smells
SAFECHEESE4: (D) Q4_18 How it tastes
SAFECHEESE5: (D) Q4_18 What it feels like / the texture
SAFECHEESE6: (D) Q4_18 Whether it has been stored correctly
SAFECHEESE8: (D) Q4_18 Best before date
SAFECHEESE9: (D) Q4_18 Use by date
SAFECHEESE10: (D) Q4_18 Sell by or display until date
SAFECHEESE11: (D) Q4_18 Date unspecified
SAFECHEESE12: (D) Q4_18 Other (specify)
SAFECHEESE13: (D) Q4_18 Not applicable
SAFEEGG1: (D) Q4_18 How it looks (e.g. mould)
SAFEEGG2: (D) Q4_18 The colour of it
SAFEEGG3: (D) Q4_18 How it smells
SAFEEGG4: (D) Q4_18 How it tastes
SAFEEGG5: (D) Q4_18 What it feels like / the texture
SAFEEGG6: (D) Q4_18 Whether it has been stored correctly
SAFEEGG7: (D) Q4_18 If it doesn't float in water
SAFEEGG8: (D) Q4_18 Best before date
SAFEEGG9: (D) Q4_18 Use by date
SAFEEGG10: (D) Q4_18 Sell by or display until date
SAFEEGG11: (D) Q4_18 Date unspecified
SAFEEGG12: (D) Q4_18 Other (specify)
SAFEEGG13: (D) Q4_18 Not applicable

SAFEFISH1: (D) Q4_18 How it looks (e.g. mould)
 SAFEFISH2: (D) Q4_18 The colour of it
 SAFEFISH3: (D) Q4_18 How it smells
 SAFEFISH4: (D) Q4_18 How it tastes
 SAFEFISH5: (D) Q4_18 What it feels like / the texture
 SAFEFISH6: (D) Q4_18 Whether it has been stored correctly
 SAFEFISH8: (D) Q4_18 Best before date
 SAFEFISH9: (D) Q4_18 Use by date
 SAFEFISH10: (D) Q4_18 Sell by or display until date
 SAFEFISH11: (D) Q4_18 Date unspecified
 SAFEFISH12: (D) Q4_18 Other (specify)
 SAFEFISH13: (D) Q4_18 Not applicable
 Q4_27_1_SLICE: (D) I always avoid throwing food away
 Q4_27_2_SLICE: (D) I am unlikely to get food poisoning from food prepared in my own home
 Q4_27_4_SLICE: (D) If you eat out a lot you are more likely to get food poisoning
 Q4_27_5_SLICE: (D) Restaurants and catering establishments should pay more attention to food safety and hygiene
 Q4_27_6_SLICE: (D) I often worry about whether the food I have is safe to eat
 Q4_276DV: (D) I like trying new things to eat
 Q4_277DV: (D) I enjoy preparing and cooking food
 Q4_278DV: (D) I'm not generally interested in food
 Q4_279DV: (D) I don't have time to spend preparing and cooking food
 Q4_2710DV: (D) When preparing food I could be more careful about hygiene
 Q4_2711DV: (D) There is too much plastic used in food packaging

Healthy Eating

H2_10_DV: (D) H2_10 Do you think the following can be counted towards your daily fruit and vegetable intake? - frozen vegetables
 H2_11_DV: (D) H2_10 Do you think the following can be counted towards your daily fruit and vegetable intake? – jam
 H2_12_DV: (D) H2_10 Do you think the following can be counted towards your daily fruit and vegetable intake? – fruit juice
 H2_13_DV: (D) H2_10 Do you think the following can be counted towards your fruit and vegetable intake? - Jacket potatoes
 H2_14_DV: (D) H2_10 Do you think the following can be counted towards your fruit and vegetable intake? - Dried fruit
 H2_15_DV: (D) H2_10 Do you think the following can be counted towards your fruit and vegetable intake? - Rice
 H2_16_DV: (D) H2_10 Do you think the following can be counted towards your fruit and vegetable intake? - Tinned fruit
 H2_17_DV: (D) H2_10 Do you think the following can be counted towards your fruit and vegetable intake? - Fruit smoothies
 H2_18_DV: (D) H2_10 Do you think the following can be counted towards your fruit and vegetable intake? - Pulses
 H2_19_DV: (D) H2_10 Do you think the following can be counted towards your fruit and vegetable intake? - Baked beans
 H2_23_DV: (D) H2_14 At the moment, how often do you eat biscuits, pastries and cakes?

H2_24_DV: (D) H2_14 At the moment, how often do you eat sweets and chocolate?

H2_25_DV: (D) H2_14 At the moment, how often do you eat savoury snacks (e.g. crisps)?

H2_26_DV: (D) H2_14 At the moment, how often do you eat bread, rice, pasta, potatoes and other starchy foods?

H2_27_DV: (D) H2_14 At the moment, how often do you eat fried chips or roast potatoes?

H2_28_DV: (D) H2_14 At the moment, how often do you eat oily fish, like salmon, sardines, mackerel or fresh tuna?

H2_29_DV: (D) H2_14 At the moment, how often do you eat fruit and vegetables?

H2_25_DV: (D) H2_14 At the moment, how often do you eat savoury snacks?

H2_26_DV: (D) H2_14 At the moment, how often do you eat bread, rice, pasta, potatoes and other starchy foods?

H2_27_DV: (D) H2_14 At the moment, how often do you eat fried chips or roast potatoes?

H2_28_DV: (D) H2_14 At the moment, how often do you eat oily fish, like salmon, sardines, mackerel or fresh tuna?

H2_29_DV: (D) H2_14 At the moment, how often do you eat fruit and vegetables?

H2_40_DV: (D) Eating foods such as bread, rice, pasta and potatoes (net important)

H2_41_DV: (D) Eating fruit and vegetables (net important)

H2_42_DV: (D) Eating fish, including oily fish (net important)

H2_43_DV: (D) Limiting foods high in saturated fat (net important)

H2_44_DV: (D) Limiting foods high in total fat (net important)

H2_45_DV: (D) Limiting food and drinks high in sugar (net important)

H2_46_DV: (D) Eating less salt (net important)

H2_48_DV: (D) Drinking plenty of water (net important)

H2_51_DV: (D) Eating dairy produce such as cheese, milk or yoghurt (net important)

H2_52_DV: (D) Eating pulses such as soya beans, lentils or chickpeas (net important)

H2_53_DV: (D) Eating the right amount of calories each day (net important)