

Lunch Menu

Sandwiches (all sandwiches can be made into wraps)

Tuna crunch£3.00
(tuna mayo, lettuce, diced pepper and cucumber)

Ham salad£3.00
(ham, tomato, cucumber, lettuce, mayo)

Chicken salad£3.00
(ham, tomato, cucumber, lettuce, mayo)

Halloumi sandwich£3.00
(grilled halloumi with garlic mayo, lettuce, caramelized onions)

Chicken club£3.00
(chicken bacon and lettuce wedged in between three pieces of bread)

Meatball sub£3.00
(meatballs in home made tomato sauce smothered with cheese on a bed of lettuce)

Burgers (all served with salad and fries)

Double cheese burger£3.00

Dorito chicken burger£3.00

Chicken burger.....£3.00

Chicken burger£3.00

Bacon cheese burger£3.00

Salads (all base are either rocket with lettuce/spinach diced tomatoes and cucumber.)

Chicken bacon avocado£3.00
(finished with a handmade lemon dressing)

Halloumi salad- fried halloumi£3.00
(with bulgar wheat, pomegranate seeds, sliced peppers, sliced red onion. Lemon dressing)

Cous Cous salad£3.00
(finished with pesto and olives feta and sundried tomatoes)

Pork salad - diced pork£3.00
(with sliced apple, sliced onion, celery.) Honey lemon dressing)

Gym box-chicken£3.00
(rown rice, diced roasted sweet potatoes, Broccoli, pesto and pumpkin seed)

Chicken harrisa salad£3.00
(harrisa chicken- broccoli, peas, and raddish- goats cheese)

Herby chicken-pesto.....£3.00
(herbed chicken, butternut peices, Broccoli and pumpkin seeds. Lemon mustard dressing)

(Ask a member of staff for allergen book)