

Moston Box - Healthy Menu

Step One

Choose your size:

- Regular
- Strong

Step Two

Choose your base:

- Spicy rice
- Sweet potato mash
- Wholewheat pasta
- Baby Potatoes



Step Four

Choose your salad/veg



Step Five

Choose your sauce

- Pesto
- BBQ
- Sweet chilli
- Hot sauce

Step Three

← Choose your protein:

- Steamed salmon
- Grilled steak
- Halloumi
- Chicken
- Tofu

Protein shakes menu:

Add a scoop of Nutella - 50p Double up on protein £1 extra



Mocha	flavour	£2.50

Banana (with banana).....£2.50

Strawberry (with strawberry).....£2.50

Chocolate....£2.50

Mint chocolate£2.50