



THE KENYA NATIONAL EXAMINATIONS COUNCIL

SCHOOL BASED ASSESSMENT Physical and Health Education Grade 5 SBA – 2023 Scoring Guide (Regular)

Key for rating the learner's performance.

- i. **Performance Level 4 (PL 4) (Exceeding Expectation)** indicates that the learner has not only perfected /mastered the required skill but also exhibits exemplary skills that are above those required of his/her grade/age.
- ii. **Performance Level 3 (PL 3) (Meeting Expectation)** indicates that the learner has acquired the required skill.
- iii. **Performance Level 2 (PL 2) (Approaching Expectation)** indicates that the learner has acquired **some** skills but has not fully mastered them.
- iv. **Performance Level 2 (PL 1) (Below Expectation)** indicates that the learner is yet to develop the specified skills.

Written task on PHE skills and concepts

(The learner writes the responses in the space provided)

Question Number	Expected responses
1	The left hand
2	Taking off
3	Heel Taps
4	stamping
5	Wall Pass
6	Post

Question Number	Expected responses
7	7 Players
8	Legs together with toes pointed upwards
9	Round off
10	Sit and reach fitness test
11	Reaction time
12	Ankle
13	Two handed seat/two persons support
14	No way Through
15	Drying

Rubric rating the learner's performance

1. Use the scoring guide provided for questions 1 to 15 to score each learner's work.
2. Rate the learner's performance in task 1 under four performance levels as follows:
 - i. **Performance Level 4 (PL 4) (Exceeding Expectation)** where the learner responds correctly to 14 or 15 questions.
 - ii. **Performance Level 3 (PL 3) (Meeting Expectation)** where the learner responds correctly to 10 to 13 Questions.
 - iii. **Performance Level 2 (PL 2) (Approaching Expectation)** where the learner responds correctly to 6 to 9 Questions.
 - iv. **Performance Level 1 (PL 1) (Below Expectation)** where the learner responds correctly to 1 to 5 Questions OR does not respond correctly to any of the questions.

