

Social Connect and Responsibility Report

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Department:	CSE(Artificial Intelligence and Machine Learning)
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Subject: Code:	SOCIAL CONNECT & RESPONSIBILITIES 21SCR36
Module Number and Name	Module 5: Food Walk

Planning and Scheduling the Activity (15)	Information/ Data collected (15)	Analysis of the information/data and report writing (20)	Total Marks scored (50)

Student Signature

Faculty Signature

5.1 Introduction

Food walks form an integral part of culinary tourism across the world today. During a food walk, you usually go out with a group of people, led by a local expert who is a food lover too. What's a food walk, you ask?

Food walks form an integral part of culinary tourism across the world today. It's a fun concept to take part in if you are a food lover and are interested in understanding people and their lives through the lens of food, while munching your way through some delicious treats.

During a food walk, you usually go out with a group of people, led by a local expert who is a food lover too. You walk down a locality and try to get under its skin through its food. You don't always have to 'walk' though. There could be variations.

You can cycle your way down local restaurants, or use motorized transport such as a bus. In which case of course, it is a food trail and not a walk!

5.2 About the Food Shop

Maiya's

The dosas are revelatory, as is the coffee; ardent devotees of the thali will also do well to make a beeline for this decades-old institution. There's no sitting here, so best pick up your plate and glass as quickly as they serve it. Head there post 10am but before 3:30pm to skip the crowd.

Davangere Benne Dose

Davangere Benne Dose Hotel: They serve the best Davangere special dosas in Jayanagar. They have a variety of options like Benne Masala Dosa, Open Dosa, Khali Dosa, Special Khali Dosa & Set Dosa. They are exclusively famous for their Dosas.

Recently they have started with Paddu also. They serve all the Dosas with coconut chutney and potato playa. They use fresh Benne (butter), so it tastes very amazing.

India Sweet House

Sweets & desserts are most loved & desired by every age group. These are those sweet little things that bring a smile on the face instantly & makes your mind & heart super happy & blissful!!. Sweets are the auspicious openers for any occasion, treats to appreciate any thing good & also the core thing for any festival or celebrations

So because it has so much of importance in everyone's life all of us want nothing but the

best. Good quality, good taste, fresh & good budget. So if I say there is one store which does justice for the value we give to sweets & it worth every penny spent.

5.3 About Food

Food is one of the basic necessities of life. Food contains nutrients—substances essential for the growth, repair, and maintenance of body tissues and for the regulation of vital processes.

Davanagere Benne Dose has an interesting history dated from 1928. A lady by name Chennamma migrated to Davanagere with her children and started preparing Dosa, Chutney and Potato Palya with her own unique recipe.

Indian sweets and desserts are a must for any and every occasion. We celebrate all our good deeds and start our new beginnings with sweets.

Usually, the southern states of India start their meals with sweet dishes, as it symbolizes a sweet beginning of the occasion. It ends on a sweet note as well.

5.4 Interaction with Food Shop People

Put together by Shwetha Rajashekar and V Vishwanath , India Sweet House aims to bring you the original sweet recipes from different parts of the world made with pure ingredients that have been grown on farms with organic sustainable practices.

With the desire to bring alive long lost traditional recipes from different parts of India, the brand currently offers 70+ delectable sweets from various states of the country.

The team intends to add more milk-based sweets to the list in the coming months that are made with ethically produced fresh milk untouched by human hands.

The 19th century renaissance in Bengal brought about a dramatic change in the lives of Bengalis in Calcutta. It is during this time that Calcuttans witnessed the birth of several sweetmeat shops.

Perfect for your home. Perfect for your teams. We create and craft customised corporate orders that will delight a diverse workforce from all across the country. Connect with us to create the perfect assortment of Indian delicacies for gifting.

5.5 About medicinal value of food

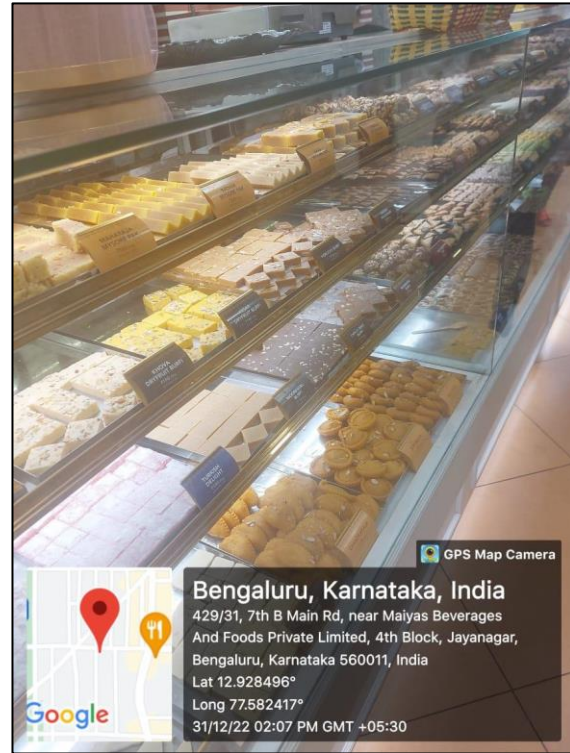
There is no single definition of the “food as medicine” concept, but it generally refers to prioritizing food and diet in an individual’s health plan, with the goal of either preventing, reducing symptoms of, or reversing a disease state.

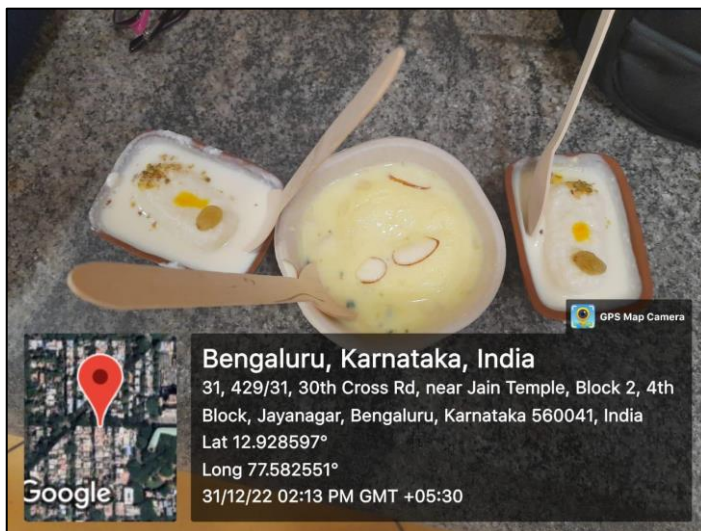
It is focused on the increased consumption of a variety of whole, minimally-processed plant-based foods, and limited intakes of highly processed foods rich in added sugar, oil, and salt. These include a variety of herbs and spices, legumes, nuts and seeds, whole grains, and fruits and vegetables.

Simply transitioning to a diet rich in whole foods like fruits and vegetables is the simplest way to reap the medicinal benefits of food.

5.6 Photo Blog







5.7 Conclusion

- ✓ We decided to visit Jayanagar food Walk street in the 4th block area by relaxing at some air conditioned restaurant where we can get some Davangere Benne Dose and Sev puri. The Royal Indian Hotel Nearby had shut down for a while for Iftar and they said it will reopen after an hour or so. Hence we decided to move on and settle down at Arsalan (Park Street) mainly to gorge on some delicious Benne dosa , chats and Pulihogre.
- ✓ At last we went to an Indian Sweet House, there were delicious Bengali Sweets which were very yummy and tasty, we also decided to go once again.
- ✓ It was indeed a very great day with my friends and that too with food!!!