Health & Fitness Assessment

Session: session_001 Generated: 2025-09-24T15:38:38.258Z

Key Body Vitals

Overall Health Score	80
Heart Rate	75
BP (Sys)	124
BP (Dia)	82
Weight	111
Body Composition	
ВМІ	33.145
Classification: Obese	
Body Fat %	29.754
Lean Mass	77.973
Fitness / Performance	
Jog Test Time (sec)	61

Assessment Management System — Config-driven report generator