



# Plan smarter for retirement and more, digitally

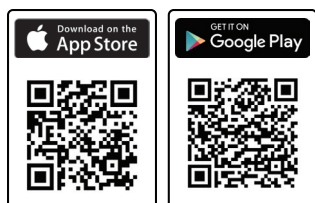
## Let TIAA answer your questions

Call us at 800-842-2252, weekdays, 8 a.m. to 10 p.m. (ET).

## Want to speak with a consultant at no extra cost?

Call 800-732-8353, weekdays, 8 a.m. to 8 p.m. (ET) or schedule online at [TIAA.org/schedulenow](https://TIAA.org/schedulenow).

## Get the TIAA mobile app



## TIAA makes it easy to manage your retirement account

### Log in to [TIAA.org](https://TIAA.org) or the TIAA mobile app\* to:

- Check your balances, along with your personal rate of return
- Create and monitor goals to help keep you on track for retirement
- Move money among your plan's investment options
- Set up *eDelivery*, update personal information and manage communication preferences
- Upload completed forms or files to TIAA for processing
- Use **360° Financial View** to see your complete financial picture in one place

### Take your retirement planning to the next level at [TIAA.org](https://TIAA.org)

- View life-to-date or year-to-date contributions and change how future contributions are invested
- Update beneficiaries and other personal information
- Set up alerts for plan communications, including SMS
- Use the **Retirement Advisor tool** to create a customized action plan with savings and investment recommendations
- Use the **Preparing for Retirement tool** to improve your retirement planning know-how and help bring your future into focus
- Use the **Retirement Income Illustrator tool** to help you meet your retirement income goals
- Reserve a spot at a live **TIAA webinar**



\*Not all features are available on all devices.

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