

Reduce financial stress

Worried about...

| | Debt? | Get insights on managing debt at: TIAA.org/managedebt |
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| 9 9 1 | Spending? | Use our budgeting tools. TIAA.org/tools |
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| (S) | Investing? | Let TIAA Retirement Advisor complete an initial assessment of your situation in four simple steps by helping you to create a plan for the retirement you want. TIAA.org/retirementadvisor |
| <u>~</u> | Market volatility? | Check out our market commentary from Nuveen at: TIAA.org/commentary |
| () | Outliving your savings? | Learn how TIAA Traditional can provide guaranteed income that you cannot outlive. TIAA.org/Traditional |
| | Keeping in touch? | Download the TIAA app: TIAA.org/mobile Or follow us at: Facebook.com/TIAA or Twitter.com/TIAA |
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