LifeSpan

Movement for Modern Interiors

Treadmill Desks



Walking desk options to best fit your office needs and budget...

Under-Desk Treadmill

Treadmill Desk



TR1200-DT3

A light-use treadmill you can simply place under your existing standing desk.

TR5000-DT3

An under-desk treadmill engineered with enhanced components (belt, motor, running deck) to support heavy usage.

TR1200-DT7

A light-use model with the convenience of an electric adjustable DT7 desk.

TR5000-DT7

The TR5000 treadmill is ready to handle heavy office use, plus it has a customizable DT7 desk for multiple employee preferences.

Bike Desks



No matter the environment, a bike desk can help you focus on tasks and engage your body...

Under-Desk Bike

Bike Desk



Solo

PORTABLE AND EASILY SHARED

By replacing your chair, the under-desk design transforms existing standing desks into comprehensive active workstations.



Unity

PERSONAL ENGAGEMENT

The Unity combines the health benefits of cycling with the efficiency of a traditional desk.



Duo

ACTIVE COLLABORATION

Perfect for social areas like break rooms, lobbies, hallways, and open spaces.



Trio

MEETINGS TRANSFORMED

Designed for huddle spaces, meeting rooms, cafes, and libraries.

Standing Desks



Utilize both sitting and standing throughout your workday...



Sit-To-Stand Desk

Standing Desk Riser



ADD TO YOUR EXISTING DESK

Winston Desk Converter

The Winston Workstation® adjustable standing desk converter securely mounts to your existing desk surface, letting you seamlessly go from sitting to standing in just seconds.



Studio 4* - (4 ft. Wide Desktop)

The Studio 4 is comfortably sized to function in open room plans and easily adjustable for communal workstations.



Stand Up 5* - (5 ft. Wide Desktop)

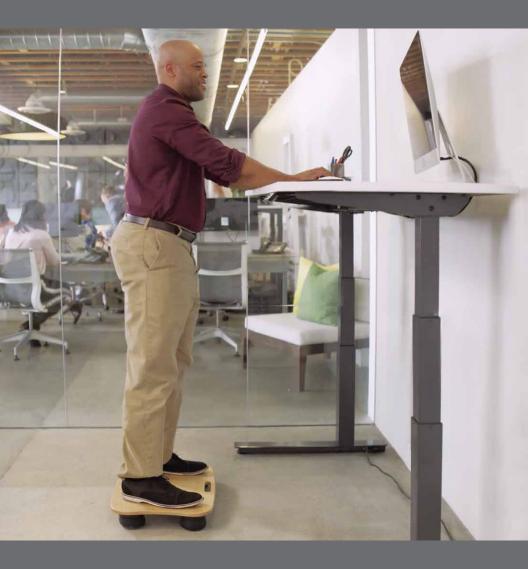
The versatile work surface delivers widespread benefits without compromise. Perfect for a dedicated workspace of an individual user.



Sit Stand 6* - (6 ft. Wide Desktop)

The spacious desktop adjusts at the push of a button, making side-by-side standing and sitting a ready convenience.

Accessories



Standing desk accessories promote movement and ease pain...

Standing Desk Accessories



GOOD

Anti-Fatigue Mat

Soothe the aches and pains associated with long hours spent standing at work.



BETTER

Contour Mat

The sloped edges let you stretch out leg muscles and massage pressure points on your feet.



BEST

AirSoft Board

AirSoft brings dynamic movement into your sedentary work routine.



PERFECT FOR SHARING

AirSoft Rack

Keep your AirSoft Boards organized and ready to use with the AirSoft Rack.



TREADMILL DESKS

DT3/DT7 CONSOLE

Console Features

Console Readouts	Distance traveled, calories burned, time, step count and belt speed
Speed	0.4 - 2.0 MPH default (adjustable to 4 MPH)
Personal Settings	Tailor the treadmill desk to meet your needs. Set your preferred maximum speed to either 2.0 or 4.0 MPH, silence beeps and alerts, resume previous speed, switch units of measure, and more.
Intelli-Step™	Step counting feature works like a pedometer and counts your steps while you walk.
Intelli-Guard™	Your safety is important to us, Intelli-Guard automatically pauses the walking belt when you step off.
Bluetooth (DT7 only)	Wirelessly sync your activity data to an iPhone or Android smartphone using LifeSpan's free Active Trac app to track your progress over time.



Dimensions

12.5"W x 3"D x 2"H 31.75 W x 7.62 D x 5 H cm

Specifications (DT3 only)

Shipping Dimensions	14" L x 6" H x 4" W / 35.6 x 15.3 x 10.2 cm
Shipping Weight	4lbs / 1.8kgs
Product Weight	3lbs / 1.4 kgs
Warranty	Parts: 2 Years

TR1200 / TR5000 TREADMILL



Dimensions

63" L x 28.5" W x 7.25" H 160 L x 72 W x 18.5 H cm

Specifications	TR1200	TR5000
Step-Up Height	4.6"	4.6"
Belt Size	20" W x 50" L / 51 x 127 cm	20" W x 50" L / 51 x 127 cm
Belt Type	2-Ply	Maintenance-Free Habasit®
Drive Motor	2.25 HP Continuous Duty	3 HP DC
Deck	3/4" Phenolic with Brace	1" Phenolic with Brace
Desk Suspension	6 Independent Compression Shocks	6 Independent Compression Shocks
Side Rails	Non-Slip Plastic	Black Anodized-Aluminum
Max. User Weight	350 lbs / 158 kgs	400 lbs / 181 kgs
Average Amp Draw	2.48 Amps (200 lb. User at 2 MPH)	2.45 Amps (200 lb. User at 2 MPH)
Shipping Weight	130 lbs / 59 kgs	134 lbs / 61 kgs
Product Weight	114 lbs / 52 kgs	119 lbs / 54 kgs
Warranty	Frame: Lifetime, Motor: 3 Years, Parts: 2 Years, Labor: 1 Year	Frame: Lifetime, Motor: 3 Years, Parts: 2 Years, Labor: 1 Year

TREADMILL DESKS

DT7 DESK





Dimensions

Size	Desktop Frame	
38"	38″W x 29″ D x 1″ H 97 W x 74 D x 2.5 H cm	37″W x 30″ D 94 W x 76 D cm
48"	48"W x 29" D x 1"H 122 W x 74 D x 2.5 H cm	37″W x 30″ D 94 W x 76 D cm
60"	60"W x 29" D x 1"H 152 W x 74 D x 2.5 H cm	53″W x 30″ D 135 W x 76 D cm
72"	72"W x 29" D x 1" H 183 W x 74 D x 2.5 H cm	65″W x 30″ D 165 W x 76 D cm

DT7 DESKTOP COLORS









hite Absolute Acajou

ı V

Cool Gray





Travel Speeds	Up (1.7" /sec) / Down (1.9" /sec)
Travel Noise Level	44.9 dBA
Average Amp Draw	1.82 Amps (120 lbs Desktop load)
Minimum Desk Height	27.5" / 69.9 cm w/ 1" desktop
Maximum Desk Height	50.5" / 128.3 cm w/ 1" Desktop
Adjustable Foot Leveling	4 Adjustable Base Feet
Shipping Dimensions	38"L x 10"W x 11"H / 96L x 26W x 30H cm
Shipping Weight	88 lbs / 40 kgs Without Desktop
Product Weight	86 lbs / 39 kgs Without Desktop
Lifting Capacity	220 lbs / 100 kgs Without Desktop
Console Readouts	Time, Distance, Steps, Calories, Speed
Warranty	Frame and Parts: 2 Years

DT7 FRAME COLORS





Silver

Charcoal

BIKE DESKS

UNITY

SOLO





Dimensions	Unity	Solo
Table Top	31.5" x 24" 80 x 61 cm	Not Applicable
Width	31" 78 cm	24" 61 cm
Length	47" 119 cm	39" 99 cm
Height	41" 104 cm	40" 101 cm
Weight	88.2 lb 40 kgs	45.2" 20.5 kgs

DESKTOP COLOR

UNITY



UNITY SOLO

FRAME COLOR



DUO



TRIO



Dimensions	Duo	Trio
Table Top	42" 106 cm	46" 117 cm
Width	42" 106 cm	77" 99 cm
Length	85" 216 cm	83" 101 cm
Height	41" 104 cm	41" 104 cm
Weight	178.6 lb 81 kgs	231.3" 104.9 kgs

DESKTOP COLOR

DUO TRIO



DUO TRIO FRAME COLOR



Charcoal

SD9 STANDING DESKS

SD9



Dimensions

Size	Desktop	Frame	Weight
48"	48" W x 29" D x 1" H	37" W x 30" D	Desktop: 33 lbs / 15 kgs
	122 W x 74 D x 2.5 H cm	94 W x 76 D cm	Frame: 86 lbs / 39 kgs
60"	60" W x 29" D x 1" H	53" W x 30" D	Desktop: 49 lbs / 22.2 kgs
	152 W x 74 D x 2.5 H cm	135 W x 76 D cm	Frame: 86 lbs / 39 kgs
72″	72" W x 29" D x 1" H	65" W x 30" D	Desktop: 60 lbs / 27 kgs
	183 W x 74 D x 2.5 H cm	165 W x 76 D cm	Frame: 86 lbs / 39 kgs

SD9 DESKTOP COLORS









Jamison White Absolute

Wild Cherry

Travel Speeds	Up (1.7" / sec) / Down (1.9" / sec)
Travel Noise Level	41 dBA
Amp Draw	Up 1.22 a /Down 0.92 A / Static 0.03 A
Minimum Desk Height	27.5" / 69.9 cm w/ 1" desktop
Maximum Desk Height	50.5" /128.3 cm w/ 1" Desktop
Adjustable Foot Leveling	4 Adjustable Base Feet For Leveling Desk
Shipping Dimensions	38"L x 10 "W x 11 "H / 96 L x 26 W x 30 H cm
Shipping Weight	88 lbs / 40 kgs Without Desktop
Product Weight	86 lbs / 39 kgs Without Desktop
Lifting Capacity	220 lbs / 99.7 kgs Without Desktop
Console	4 Button Pre-Sets
Warranty	Frame and Parts 2 Years

SD9 FRAME COLORS





STANDING DESK ACCESSORIES

ANTI-FATIGUE MAT CONTOUR MAT AIRSOFT BOARD







Specifications

	Anti-Fatigue Mat	Contour Mat	AirSoft Board
Dimensions	34" L x 20" W x 0.75" H	24" L x 29" W Height 3.2" tapering to .75"	23" L x 16" W x 4.5" H
Material	Easy to clean, no tear/puncture polyurethane foam	Easy to clean, no tear/puncture polyurethane foam	Wood/rubber
Texture	Stippled, non-slip surface	Stippled, non-slip surface	Satin finish
Color	Black	Black	Birch
Max. User Weight	None	None	350 lbs
Product Weight	4.4 lbs	6.6 lbs	7.7 lbs
Safety Certifications	California Phase 2 Compliant	California Phase 2 Compliant	California Phase 2 Compliant
Country of Origin	China	China	China
Warranty	-	-	1 Year

AIRSOFT BOARD RACK



Specifications

	AirSoft Rack
Dimensions	23" L x 18" W x 44" H
Material	Birch wood with metal tubing frame
Texture	Satin finished wood and black matte powder coated frame
Color	Black, Birch
Max. User Weight	None
Product Weight	17.3 lbs
Safety Certifications	California Phase 2 Compliant
Country of Origin	China
Warranty	-





Movement for Modern Interiors

801.973.9993 lifespanfitness.com