

Patient Name: Rahul Sharma

Age: 34 years

Date: 06 September 2025

Preliminary Diagnosis:

The patient presents with symptoms consistent with Luminaric Neurovascular Syndrome (LNS) — a rare, non-contagious neurological condition. Symptoms observed include:

- Persistent tingling in extremities (fingers and toes)
- Mild visual distortions (seeing faint halos around bright lights)
- Occasional dizziness and lightheadedness
- Mild cognitive fog (difficulty in focusing for prolonged periods)

Investigations Conducted:

- MRI Scan: No structural abnormalities detected.
- Blood Panel: Elevated synthetic protein markers (S-Proteins at 3.5 mg/dL; reference < 1.0 mg/dL).
- Neuroresponse Test: Slight delay (reaction time +0.23s compared to baseline).

Probable Cause:

Suspected malfunction in micro-neurovascular channels due to overproduction of S-Proteins leading to transient neural misfiring.

Treatment Plan:

1. Oral administration of Neurostabilin-25 mg twice daily.
2. Weekly light pulse therapy sessions (20 minutes each) to regulate neural pathways.
3. Adequate hydration (minimum 3L/day) and controlled exposure to bright screens.
4. Follow-up in 14 days to monitor progression and adjust medication if needed.

Prognosis:

Condition expected to improve within 4–6 weeks under treatment. No long-term complications anticipated if managed early.

Physician: Dr. Meera Khanna (Neurology, City Care Hospital)