

# Janice Milo

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## Professional summary

- Passionate and research-driven fifth-year medical student at the University of Nairobi with extensive experience in medical research and global health initiatives. Actively involved in WHO polio research, child psychiatry research, and the KNH research team, demonstrating strong analytical skills, collaboration, and commitment to evidence-based medicine. Engaged in international and community-based projects, with a keen interest in research capacity building, mentorship, and global research exchange programs. Adept at fostering interdisciplinary collaborations, organizing research training workshops, and advocating for student involvement in scientific research. Enthusiastic about contributing to the Standing Committee on Research Exchange (SCORE) within MSAKE to enhance research opportunities and international partnerships for Kenyan medical students.

## Education

**BACHELOR OF MEDICINE AND BACHELOR OF SURGERY | UNIVERSITY OF NAIROBI | SEPTEMBER 2020-TILL DATE**

- Certificate: Basic Life Support, 2022
- Related coursework: Community health, Clinical medicine, Global health initiatives and medical research

## Skills & Abilities

### EFFECTIVE COMMUNICATION

Proficient in both English and Swahili with the ability to articulate ideas clearly and engage in meaningful interpersonal communication

### ADAPTABILITY

Thrives in dynamic environments, quickly learns new skills and effectively manages multiple responsibilities

### PASSION FOR RESEARCH AND INNOVATION

Strong background in medical research, particularly in public health with a commitment to exploring new avenues in healthcare and sustainable development.

### LEADERSHIP AND TEAMWORK

Proven ability to lead and collaborate within multidisciplinary teams demonstrated through active roles in community health projects and youth initiatives

### COMMITMENT TO LIFELONG LEARNING

Passionate about continuous learning, staying updated on advancements in healthcare and global policy especially in relation to the SDGs

### NETWORKING AND COLLABORATION

Skilled in building and maintaining professional relationships with peers, faculty and global professionals to enhance opportunities to grow

### RESILIENCE AND INITIATIVES

Demonstrates perseverance in the face of challenges, takes proactive steps to seek out opportunities and stay focused on achieving long term goals

## **Volunteer and Experience**

**JULY TO AUGUST 2021 | ELECTIVE PLACEMENT | BELLEVUE HOSPITAL, KENYA**

Shadowed physicians across various specialties, gaining insight into patient care, diagnosis and treatment in a high tech environment

Observed emergency care protocols, learning the importance of triage and teamwork in critical care settings

**JULY TO OCTOBER 2022 | ELECTIVE PLACEMENT | WESTLANDS HOSPITAL, KENYA**

Spearheaded a community health screening initiative for underserved populations managing chronic conditions in over 500 individuals

Led health education workshops focusing on preventive care and nutrition significantly improving community health literacy

**NOVEMBER 2022**

Participated in a cancer awareness campaign in collaboration with Osmosis and Amsun Art team to conduct research on pancreatic cancer and raise awareness on prevention and treatment of cancer

**APRIL 2023-ONGOING**

Volunteered at the leave no medic behind program and contributed to fundraising efforts to support medical students in need, showcasing leadership and financial management skills.

**OCTOBER TO NOVEMBER 2023**

Worked with World Health Organization as an independent monitor where I provided urgent care and infectious disease screening in remote areas as well as leading public health campaigns to promote vaccination of polio, highlighting my leadership in health advocacy

**2023- ONGOING**

I am the team leader of Mlolongo where my team and I engage in outreach programs for underprivileged groups and conduct educational workshops for preteens and teenagers.

**2023-ONGOING**

A member of the Warrior Glow Group where I participate in crocheting breast pads for cancer survivors post mastectomy supporting emotional and physical recovery

**2023-ONGOING**

One of the lead secretaries at Red Movement Kenya where I participate by organizing awareness campaigns on hemophilia, coordinate blood drives and educate patients and families on bleeding disorders.