

OF
RESISTANCE

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RHYTHMS

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RHYTHMS



ROR
Tunes & Dances

July 2024

Version Od2729d (no-ca)



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History

The first Rhythms of Resistance band formed in 2000 in London out of Barking Bateria to participate in the Pink&Silver bloc in the protests against the World Bank summit in Prague.

Barking Bateria was one of the first Samba bands in the UK, formed by the Radical Anthropology Group at University of East London during a strike in 1996 and taking its inspiration from the “blocos-afros” bands (such as Olodum or Ilê Aiyê) that emerged in the mid-1970s in Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any “cultural” group as potentially “communist” and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. This way they reappropriated Samba, which had originally come from the Afro-Brazilian communities but had been appropriated by the white privileged Brazilian society to be used for entertainment and profit. Today many of the blocos-afros bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism.

Rhythms of Resistance was formed in 2000 to join the UK Earth First action against the IMF / World Bank summit in Prague. A Pink&Silver carnival bloc was organized for the first time, taking inspiration from a movement called “Reclaim the Streets” (RTS), which has been blocking streets around the world since 1995 to create “temporary autonomous zones” and street parties to take back the space usually reserved for cars. Pink&Silver replaced the sound systems of RTS with Samba bands. During the protest, a carnival bloc focused around a 55 piece band detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international “black bloc” and a large contingent from the Italian movement, “Ya Basta”, three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up – now we’re all over Europe and occasional in the rest of the world.

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The Network

The Rhythms of Resistance (RoR) network comprises more than 75 separate activist drumming bands all over the world. All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for large events. When multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is an independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole:

Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using tactical frivolity as a form of political action to confront any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

Our tactics include drumming and dancing inspired by samba and carnival.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principles.

Come with us! We have everything to play for!

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Cultural Appropriation

Cultural appropriation is the adoption of elements of a minority culture by members of a dominant culture, while using these elements outside of their original cultural context. These cultural properties may be forms of dress, music or art, religion, language, intellectual property or social behavior, all of which may have deep cultural meaning to the original culture, but may be used as fashion by those from outside that culture.

Often, the original meaning of these cultural elements is lost or distorted, and such displays are often viewed as disrespectful, or even as a form of desecration, by members of the originating culture. Cultural elements which may have deep meaning to the original culture may be reduced to “exotic” fashion or toys by those from the dominant culture. When this is done, the imitator, who does not experience that oppression is able to “play”, temporarily, an “exotic” other, without experiencing any of the daily discriminations faced by other cultures. Appropriation and the “fetishizing” of cultures, in fact, alienates those whose culture is being appropriated

(From Wikipedia)

Rhythms of Resistance takes its form of action and some aspects of its music from a Brazilian Black liberation movement, while not being part of that movement. Our selection of instruments is the same and our way of maestrating similar to real batucadas. Custard, Samba Reggae and Sheffield Samba Reggae are simplified versions of original Samba Reggae rhythms, Afoxé, Voodoo and Xangô are directly rooted in Afro-Brazilian religion. Angela Davis, Cochabamba, Crazy Monkey, Hafla, Menaiek, No Border Bossa, Ragga and possibly others are based on styles of popular music from the Global South.

There is an ongoing debate in the RoR network about to what extent this is cultural appropriation, and what consequences to draw from that. Many bands have decided to stop calling themselves “Samba” or “Batucada”, but rather use alternative phrases like percussion or drumming. Some bands have decided to stop playing specific tunes.

Still it is important to acknowledge that our methods and music are inspired by Samba and Carnival and are using many elements from it.

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Dance 6

Löyly & Hot > Mosquito > Murder > Sun & Baby & Windy

	1	2	3	4	5	6	7	8
1	Löyly right		Löyly right		Hot left			
	Löyly right		Löyly right		Hot left			
2	Mosquito right				Mosquito left			
	Mosquito right				Mosquito left			
3	Murder right				Murder left			
	Murder right				Murder left			
4	Sun front left		Sun front right		Baby back			
	Sun front left		Sun front right		Windy back			

Löyly
Pour water onto the sauna with both of your hands while stepping sideways.

Hot
Wave some air towards your head while stepping sideways.

Mosquito
Both hands together fly up into the air like a mosquito, then clap in the air. Step sideways at the same time.

Murder
First touch your foot with your

hand behind your back. Then step to the side while pulling apart the prison bars.

Sun
Jump on one leg while waving the other foot and hand in the air.

Baby
Make a 360° turn while holding a baby in your arms.

Windy
Vertically rotate both your arms backwards twice.

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Windy
Vertically rotate both your arms backwards twice.

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

Snowboots + Hips

3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

Tiger (with claws)

Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

Winding Plants

Start with elegantly crossing your arms in front of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

RoR Player

The RoR Player can be used on computers and smartphones to browse the tune sheets of all RoR tunes, listen to them, combine them in different ways, modify them, and even create own tunes and share them with others. It can be found at <https://player.rhythms-of-resistance.org/>. It works directly in the browser, and after being used for the first time it, it can also be opened without an internet connection. Use the "Add to Home screen" function on a smartphone to use it like an app.

The player has two modes, which can be selected on top of the screen. In "Listen" mode, you can listen and read a detailed description of each tune by selecting one from the list on the left (on mobile devices, click on the menu button on the top left first). By clicking on the pen symbol, you can see the notes of a tune or break while it is playing.

By clicking the dropdown with the Equalizer symbol, you can make specific instruments louder or quieter, adjust the playback speed, and add a whistle sound on the 1 or on each beat.

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RoR Tube

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1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

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General Breaks

Silence 4 fingers 1 4 Beats of Silence

Double Silence two hands show 4 fingers 1 8 Beats of Silence

Triple Silence like "Double Silence" one hand upside down 1 12 Beats of Silence

Quad Silence like "Double Silence" both hands upside down 1 16 Beats of Silence

Continue for One Bar draw a horizontal line in the air with one finger 1 Continue 4 Beats

Continue for Two Bars like "continue for one bar" with both hands 1 Continue 8 Beats

Continue for Three Bars like "continue for two bars" and then "continue for one bar" in the opposite direction 1 Continue 12 Beats

Continue for Four Bars like "continue for two bars" and then again in the opposite direction 1 Continue 16 Beats

Boom Break Show an explosion away from your body with both hands 1

Eight Up both hands move up while fingers shaking 1 from soft to loud

Eight Down both hands move down while fingers shaking 1 from loud to soft

Karla Break rabbit ears OR finger pistol shooting up 1 from soft to loud

Oli/Ua Break ... "oi": two arms crossing, with OK-sign ... "ua": two fists, knuckles hit each other

Cat Break claws to left and right

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

Lead Pipe

Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At "Go" you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you're now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of "X" you just step on the other leg. Comment: 16 beats are good for this move.

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1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

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Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
2	APr		API		APr		API	
3	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su

Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

Wolf Break

wolf's ears and teeth

1	S	S	A	S	S	S	S	A	S
2	S	S	A	S	S	S	S	A	A
3	S	S	A	S	S	S	S	A	u
4	E	E	E	E	E	E	a	u	-

< a-u = like a howling wolf

Democracy Break

shout with your hands forming a funnel

1	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E
4	This	is	what	demo	cracy	looks	like			
5	E	E	E	E	E	E	E	E	E	E
6	This	is	what	demo	cracy	looks	like			
7	E	E	E	E	E	E	E	E	E	E
8	This	is	what	demo	cracy	looks	like			
9	This	is	what	demo	cracy	looks	like			
10	This	is	what	demo	cracy	looks	like			
11	E	E	E	E	E	E	E	E	E	E

from soft to loud

from soft to loud

Laughing Break

fingers move up corners of your mouth

ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha
----	----	----	----	----	----	----	----	----	----	----

laughter

Star Wars Break

Move flat hand from top to bottom of face

ms		ms		ms		ls		hs
ms		ls		hs		ms		ls

Progressive Break

5 fingers and other hand grabbing thumb (can be inverted by showing the sign upside down)

E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E

Progressive Karla

rabbit ears OR finger pistol, the other hand is grabbing the thumb

E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E

Clave

Point your thumb and index finger up as if indicating a distance of about 10 cm between them

E		E		E		E		E	
---	--	---	--	---	--	---	--	---	--

Clave inverted

Like "Clave", but with the two fingers pointing down

E		E		E		E		E	
---	--	---	--	---	--	---	--	---	--

Yala Break

all fingertips of one hand gather and shake wrist

E	E			E	E			E	
---	---	--	--	---	---	--	--	---	--

Dance Break

Show a > with your index+middle finger and move it horizontally in front of your eyes.

E	-	very		bo	-	dy		dance		now
---	---	------	--	----	---	----	--	-------	--	-----

Everybody sings

After the break, everyone continues to play walking around dancing randomly for a while.

Hard Core Break

Both hands in the air, with index and pinky fingers pointing up.

1	I	I	I	I	I	I	I	I	E	E
2	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E	E	E
2-4	E	e	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	e	E	E

3 x from soft to loud

I = Agogô plays low e = everyone play softly
2nd time: everyone except Surdos
4th time: Agogô plays high

Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
2	APr		API		APr		API	
3	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su

Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

Wolf Break

wolf's ears and teeth

1	S	S	A	S	S	S	S	A	S
2	S	S	A	S	S	S	S	A	A
3	S	S	A	S	S	S	S	A	u
4	E	E	E	E	E	E	a	u	-

< a-u = like a howling wolf

Democracy Break

shout with your hands forming a funnel

1	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E
4	This	is	what	demo	cracy	looks	like			
5	E	E	E	E	E	E	E	E	E	E
6	This	is	what	demo	cracy	looks	like			
7	E	E	E	E	E	E	E	E	E	E
8	This	is	what	demo	cracy	looks	like			
9	This	is	what	demo	cracy	looks	like			
10	This	is	what	demo	cracy	looks	like			
11	E	E	E	E	E	E	E	E	E	E

from soft to loud

from soft to loud

Laughing Break

fingers move up corners of your mouth

ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha
----	----	----	----	----	----	----	----	----	----	----

laughter

Star Wars Break

Move flat hand from top to bottom of face

ms		ms		ms		ls		hs
ms		ls		hs		ms		ls

Progressive Break

5 fingers and other hand grabbing thumb (can be inverted by showing the sign upside down)

E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E

Progressive Karla

rabbit ears OR finger pistol, the other hand is grabbing the thumb

E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E

Clave

Point your thumb and index finger up as if indicating a distance of about 10 cm between them

E		E		E		E		E	
---	--	---	--	---	--	---	--	---	--

Clave inverted

Like "Clave", but with the two fingers pointing down

E		E		E		E		E	
---	--	---	--	---	--	---	--	---	--

Yala Break

all fingertips of one hand gather and shake wrist

E	E			E	E			E	
---	---	--	--	---	---	--	--	---	--

Dance Break

Show a > with your index+middle finger and move it horizontally in front of your eyes.

E	-	very		bo	-	dy		dance		now
---	---	------	--	----	---	----	--	-------	--	-----

Everybody sings

After the break, everyone continues to play walking around dancing randomly for a while.

Hard Core Break

Both hands in the air, with index and pinky fingers pointing up.

1	I	I	I	I	I	I	I	I	E	E
2	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E	E	E
2-4	E	e	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	e	E	E

3 x from soft to loud

I = Agogô plays low e = everyone play softly
2nd time: everyone except Surdos
4th time: Agogô plays high

4 times from soft to loud
Hold one arm vertically in front of your body and move the other up along the arm

Tamborim Stroke
Make a circle with your index finger and thumb, like "OK"

Play another instrument
Hold both hands in front of your face, and wave your arms to cross each other

Switch Call/Response
Point with both index fingers forward and wave your arms to cross each other.

In a loop
Hold one arm vertically in front of your body and make a wave over it with the other hand

Storming Break
show the arm as a measure with the other hand on elbow don't make a fist

Alerting / Magic Wand Break
show your flat hand and hit it with stick

Chaos Break
Point with index finger at temple

Again
Hit with flat hand on forehead

Improvisation
Point at your nose and at the sambista who can play freely

When any break or sequence of breaks is shown followed by this sign, it should be played 4 times, starting very quietly and getting louder each time.

Everyone plays the line of the tamborim once

Show this sign followed by the sign of an instrument to make everyone play the line of that instrument.

Calling and responding instruments switch roles. Only works in Call+Response breaks, for example Wolf Break or Funk Break 1.

When any break or sequence of breaks is shown followed by this sign, it should be repeated continuously until the maestra instructs to play something else.

chosen instrument section plays sixteenths with volume indicated by maestra if you can't stand it anymore: scream

Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.

Everyone plays something chaotic, getting louder and louder. No Counting in!

Repeat the last break (combination)

Show all others what they should do in the meantime, so the length of the impro part is defined

Notation

Call-Response	E	Everybody
	A	All others
	S	Surdos
	ls	Low Surdo
	ms	Mid Surdo
	hs	High Surdo
	R	Repinique
	sn	Snare
	T	Tamborim
Strokes	x	hit the skin with a stick
	.	hit the skin softly with a stick
	hd	hit the skin with your hand
	sil	silent stroke: hit the skin with a stick, while the other hand rests on the skin
	0	put your hand on the skin to dampen the sound
	f	flare: multiple hit with rebounding stick
	ri	hit the rim with a stick
	w	hit the skin with a whippy stick (Tamborim stick), if not available hit the rim
	h	Agogô: high bell
	l	Agogô: low bell

Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

Step
Step to a side. (Every second beat a step)

Push
Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star
[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms

to the lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump
Jump with both feet.

Aeroplane
See Dance 1

Queen
Hold your arms streched out to both sides. [1] Touch with one streched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side- wards. (3 steps, cross behind the leg.)

4 times from soft to loud
Hold one arm vertically in front of your body and move the other up along the arm

Tamborim Stroke
Make a circle with your index finger and thumb, like "OK"

Play another instrument
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show your flat hand and hit it with stick

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	sil	silent stroke: hit the skin with a stick, while the other hand rests on the skin
	0	put your hand on the skin to dampen the sound
	f	flare: multiple hit with rebounding stick
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	w	hit the skin with a whippy stick (Tamborim stick), if not available hit the rim
	h	Agogô: high bell
	l	Agogô: low bell

Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

Step
Step to a side. (Every second beat a step)

Push
Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star
[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms

to the lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump
Jump with both feet.

Aeroplane
See Dance 1

Queen
Hold your arms streched out to both sides. [1] Touch with one streched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side- wards. (3 steps, cross behind the leg.)

Dance 1

Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary

	1	2	3	4	5	6	7	8
1	Mr		Mr		RI			Mr
2	Pr		Pr		PI		PI	
3	Tr		Tr		AI			
4	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr

Mirror

Hold your arms streched out to your left, your hands at right angels to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

Rainbow

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body :-)

Pizza

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

Tutu

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

Aeroplane

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

Define a boundary

Step to a side, each beat two steps. Hold the corresponding arm streched out to the front. (Define the boundary.) Hide the other arm behind your back.

Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove		1	2				3				4				
Low Surdo	1	x		x		w		x		w	x		w		
Mid Surdo		x	x	x	x	x		x							
High Surdo													x	x	x
Repinique		fl			fl			fl				x	x	x	
Snare		X	X	.	.
Tamborim		x			x			x	x	x			x		
Agogô				l		h				l	h		h		

w = whippy stick (or rim)

w = whippy stick (or rim)

Break 1

1	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---

Break 2

1	S	A	A	A	A	A	A	A	S
2	S	A	A	A	A	A	A	A	S
3	S	A	A	A	A	A	A	A	E
4	E	E	E	E	E	E	E	E	E

Break 3

snare continues playing through the break!

1	E			E	E	E	E		
2	E	E		E	E	E	E		
3	E			E	E	E	E		
4	E	E		E	E	E	E		E
5	E	E		E	E	E	E	E	E

repeat until cut

Dance 1

Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary

	1	2	3	4	5	6	7	8
1	Mr		Mr		RI			Mr
2	Pr		Pr		PI		PI	
3	Tr		Tr		AI			
4	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr

Mirror

Hold your arms streched out to your left, your hands at right angels to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

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Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove		1				2				3				4				
Low Surdo	1	x		x		w				w	x	w	x		w			
Mid Surdo		x	x	x	x	x	x	x	x	x								
High Surdo																x	x	x
Repinique		fl				fl				fl					x	x	x	
Snare		x	x	.	.	.
Tamborim		x				x				x	x	x			x			
Agogô				l		h				l	h				h			

w = whippy stick (or rim)

w = whippy stick (or rim)

Break 1

1	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---

Break 2

1	S	A	A	A	A	A	A	A	S
2	S	A	A	A	A	A	A	A	S
3	S	A	A	A	A	A	A	A	E
4	E	E	E	E	E	E	E	E	E

Break 3

snare continues playing through the break!

1	E			E	E	E	E		
2	E	E		E	E	E	E		
3	E			E	E	E	E		
4	E	E		E	E	E	E		E
5	E	E		E	E	E	E	E	E

repeat until cut

Angry Dwarfs

tune sign: looking angry, form an A with your hands over your head (as a taper hat)

Groove		1234			
Low Surdo	1	sil		x	
Mid/High Surdo		x	x		
Repinique			fl		
Snare		.	x	x	.
Tamborim			x		
Agogô		h		h	l
Shaker		x	.	x	x

Tambs play 4x solo and then continue while the rest plays the break. Surdos play the groove in the 4th beat of the last bar.

Call Break		5678							
Intro		R	R		R	R		R	
		R	R		R	R		R	
		R	R		R	R		R	
		ms		R	ls		R	ms	

No Cent for Axel Break		1							
		KeirCent	für	Ax-	el		E	E	

"No" gesture, then "money" gesture (rub thumb and index)

Tension Break		12							
		T	T	ms	T	Tls	Tms		ms
		T	T	ms	T	Tls	Tms	A	A

snare continues playing through the break!

Žurav Love

tune sign : open and close the beak of a bird with your hands

Groove		12345678							
Low+Mid Surdo		x							
High Surdo									
Repinique									
Snare									
Tamborim									
Agogô									
Shaker									
Call Break									
Kick Back 1									
Kick Back 2									

Angry Dwarfs

tune sign: looking angry, form an A with your hands over your head (as a taper hat)

Groove		1234			
Low Surdo	1	sil		x	
Mid/High Surdo		x	x		
Repinique			fl		
Snare		.	x	x	.
Tamborim			x		
Agogô		h		h	l
Shaker		x	.	x	x

Tambs play 4x solo and then continue while the rest plays the break. Surdos play the groove in the 4th beat of the last bar.

Call Break		5678							
Intro		R	R		R	R		R	
		R	R		R	R		R	
		R	R		R	R		R	
		ms		R	ls		R	ms	

No Cent for Axel Break		1							
		KeirCent	für	Ax-	el		E	E	

"No" gesture, then "money" gesture (rub thumb and index)

Tension Break		12							
		T	T	ms	T	Tls	Tms		ms
		T	T	ms	T	Tls	Tms	A	A

snare continues playing through the break!

Žurav Love

tune sign : open and close the beak of a bird with your hands

Groove		12345678							
Low+Mid Surdo		x							
High Surdo									
Repinique									
Snare									
Tamborim									
Agogô									
Shaker									
Call Break									
Kick Back 1									
Kick Back 2									

Wolf

tune sign: drawing big "V" in the air with both hands (from up to down)

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x	x	x	x	x
Mid Surdo	x	x	x	x	x	x	x	x
High Surdo	x	x	x	x	x	x	x	x
Repinique	x	x	x	x	x	x	x	x
Snare	fl	x	x	x	x	x	x	x
Tamborim	1	x	x	x	x	x	x	x
Agogô	2	x	x	x	x	x	x	x
Shaker	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x

Pat 1 (2)

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x	x	x	x	x
Mid Surdo	x	x	x	x	x	x	x	x
High Surdo	x	x	x	x	x	x	x	x

(x) = added in pat 2

Break 1

	1	2	3	4	5	6	7	8
Low Surdo	sn	sn	sn	sn	sn	sn	sn	sn
Mid Surdo	sn	sn	sn	sn	sn	sn	sn	sn
High Surdo	sn	sn	sn	sn	sn	sn	sn	sn

Break 2

	1	2	3	4	5	6	7	8
Low Surdo	S	S	S	S	S	S	S	S
Mid Surdo	S	S	S	S	S	S	S	S
High Surdo	S	S	S	S	S	S	S	S

Oli = Everybody shouts 'Oli'

Cochabamba

tune sign: drink from a cup formed with one hand

Groove

	1	2	3	4	5	6	7	8
Low+Mid surdo	x	x	x	x	x	x	x	x
High surdo	0	0	0	0	0	0	0	0
Repinique	x	x	x	x	x	x	x	x
Snare/Shakers
Tamborim	x	x	x	x	x	x	x	x
Agogô	h	h	h	h	h	h	h	h

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat

Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Break 1 (Iron Lion Zion Break)

x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x

Everyone together ... start soft and go louder!

Call Break

C	C	C	C	C	C	C	C	C
C	C	C	C	C	C	C	C	C
C	C	C	C	C	C	C	C	C

c = call by maestro (on repinique or snare)
A = All others answer

Cross Kicks for surdos

sign 'X' with the arms, waving towards the sky

x	x	0	0	0	0	0	0	0
x	x	0	0	0	0	0	0	0

high surdo
low surdo

Wolf

tune sign: drawing big "V" in the air with both hands (from up to down)

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x	x	x	x	x
Mid Surdo	x	x	x	x	x	x	x	x
High Surdo	x	x	x	x	x	x	x	x
Repinique	x	x	x	x	x	x	x	x
Snare	fl	x	x	x	x	x	x	x
Tamborim	1	x	x	x	x	x	x	x
Agogô	2	x	x	x	x	x	x	x
Shaker	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x

Pat 1 (2)

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x	x	x	x	x
Mid Surdo	x	x	x	x	x	x	x	x
High Surdo	x	x	x	x	x	x	x	x

(x) = added in pat 2

Break 1

	1	2	3	4	5	6	7	8
Low Surdo	sn	sn	sn	sn	sn	sn	sn	sn
Mid Surdo	sn	sn	sn	sn	sn	sn	sn	sn
High Surdo	sn	sn	sn	sn	sn	sn	sn	sn

Break 2

	1	2	3	4	5	6	7	8
Low Surdo	S	S	S	S	S	S	S	S
Mid Surdo	S	S	S	S	S	S	S	S
High Surdo	S	S	S	S	S	S	S	S

Oli = Everybody shouts 'Oli'

Cochabamba

tune sign: drink from a cup formed with one hand

Groove

	1	2	3	4	5	6	7	8
Low+Mid surdo	x	x	x	x	x	x	x	x
High surdo	0	0	0	0	0	0	0	0
Repinique	x	x	x	x	x	x	x	x
Snare/Shakers
Tamborim	x	x	x	x	x	x	x	x
Agogô	h	h	h	h	h	h	h	h

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat

Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Break 1 (Iron Lion Zion Break)

x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x

Everyone together ... start soft and go louder!

Call Break

C	C	C	C	C	C	C	C	C
C	C	C	C	C	C	C	C	C
C	C	C	C	C	C	C	C	C

c = call by maestro (on repinique or snare)
A = All others answer

Cross Kicks for surdos

sign 'X' with the arms, waving towards the sky

x	x	0	0	0	0	0	0	0
x	x	0	0	0	0	0	0	0

high surdo
low surdo

Bhaṅgrā

this tune is a 6/8

tune sign: folded hands, like praying

Groove

	1	2	3	4	5	6	7	8
All Surdos	1 x	x	x	x	x	x	x	x
2 x	x	x	x	x	x	x	x	x
Repinique	1 x	s	x	s	x	s	x	s
2 x	x	s	x	s	x	x	x	x
Snare	1 r	.	.	.	r	.	.	.
Tamborim	x	x	x	x	x	x	x	x
Aggô	h	h	h	l	l	x	x	x
Shaker	x	x	x	x	x	x	x	x

s = soft flare

Break 1

1	S	S	S	S	S	S	S	S
2	S	S	S	S	S	A	A	S
3	S	S	S	S	S	A	A	S
4	S	S	S	S	sn	sn	sn	sn

do as | / say, you old fool, dam, / say

Walc(z)

this tune is a 3/4

tune sign : draw a triangle in the air with one hand

Groove

	1	2	3	4
Low Surdo	x	x	x	x
Mid+High Surdo	x	x	x	x
Repinique	.	x	.	.
Snare	x	x	x	x
Tamborim	x	x	x	x
Aggô	l	h	l	h
Shaker	x	x	x	x

Break 1

E	E	E	E
---	---	---	---

Break 2

ls	ls	ls	ms	ms	hs	hs	hs	A	A	A	A
----	----	----	----	----	----	----	----	---	---	---	---

Call Break

1	R	R	R	A	R	R	R	A	A	A	A
2	R	R	R	A	R	R	R	A	A	A	A

Break 3

1	S	S	S	A	S	S	S	A	E	E	E
2	S	S	S	A	S	S	S	A	E	E	E

Break 5

.	.	sn	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.	E	E	E	E	E	E
---	---	----	---	----	---	---	----	---	---	----	---	---	----	---	---	---	---	---	---	---	---

Cut-throat Break

Sign like cutting your throat with a finger

S	.	A	A	A	S	A	A	A	S	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Cut-throat Break Fast

S	A	A	S	A	A	S	A	A	.	.	S	A	A	S	A	A	S	A	A	.	.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Bhaṅgrā

this tune is a 6/8

tune sign: folded hands, like praying

Groove

	1	2	3	4	5	6	7	8
All Surdos	1 x	x	x	x	x	x	x	x
2 x	x	x	x	x	x	x	x	x
Repinique	1 x	s	x	s	x	s	x	s
2 x	x	s	x	s	x	x	x	x
Snare	1 r	.	.	.	r	.	.	.
Tamborim	x	x	x	x	x	x	x	x
Aggô	h	h	h	l	l	x	x	x
Shaker	x	x	x	x	x	x	x	x

s = soft flare

Break 1

1	S	S	S	S	S	S	A	S	S
2	S	S	S	S	S	S	A	S	S
3	S	S	S	S	S	S	A	S	S
4	S	S	S	S	sn	sn	sn	sn	sn

do as | / say, you old fool, dam, / say

Walc(z)

this tune is a 3/4

tune sign : draw a triangle in the air with one hand

Groove

	1	2	3	4
Low Surdo	x	x	x	x
Mid+High Surdo	x	x	x	x
Repinique	.	x	.	.
Snare	x	x	x	x
Tamborim	x	x	x	x
Aggô	l	h	l	h
Shaker	x	x	x	x

Break 1

E	E	E	E
---	---	---	---

Break 2

ls	ls	ls	ms	ms	hs	hs	hs	A	A	A	A
----	----	----	----	----	----	----	----	---	---	---	---

Call Break

1	R	R	R	A	R	R	R	A	A	A	A
2	R	R	R	A	R	R	R	A	A	A	A

Break 3

1	S	S	S	A	S	S	S	A	E	E	E
2	S	S	S	A	S	S	S	A	E	E	E

Break 5

.	.	sn	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.	E	E	E	E	E	E
---	---	----	---	----	---	---	----	---	---	----	---	---	----	---	---	---	---	---	---	---	---

Cut-throat Break

Sign like cutting your throat with a finger

S	.	A	A	A	S	A	A	A	S	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Cut-throat Break Fast

S	A	A	S	A	A	S	A	A	.	.	S	A	A	S	A	A	S	A	A	.	.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

The Sirens of Titan

tune sign: folded hands, like praying

this tune is a 6/8

Groove

	1	2	3	4	5	6	7	8
1 Surdos	ms	ls	hs	hs	ms	hs	ls	ls
2	ms	ms	hs	hs	hs	hs	ls	ls
Repinique	x	x	x	x	x	x	x	x
Snare	x	x	x	x	x	x	x	x
Tamborim	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Agogô	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
Shaker	x	x	x	x	x	x	x	x

Rented a Tent Break (showing both sides of a tent from up to down)

1 Low Surdo	x	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Mid Surdo	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
High Surdo	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Snare	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Agogô	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
All others	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
1 Ren- ted a tent!	a	a	a	a	a	a	a	a
2 Ren- ted a tent!	tent!	tent!	tent!	tent!	tent!	tent!	tent!	tent!

Break 2

1	A	A	A	A	A	A	A	S
2	A	A	A	A	A	A	A	E
	h	h	h	h	h	h	h	h

Groove (6/8)

	1	2	3	4	5	6	7	8
1 Low Surdo	x	x	x	x	x	x	x	x
Mid&High Surdo	x	x	x	x	x	x	x	x
Repinique	x	x	x	x	x	x	x	x
Snare	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogô	1	1	1	1	1	1	1	1
Shaker	x	x	x	x	x	x	x	x

Intro (6/8)

1	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1

Crest Break (6/8)

1	R	R	R	R	R	R	R	R
2	R	R	R	R	R	R	R	R
3	R	R	R	R	R	R	R	R

The Sirens of Titan

tune sign: folded hands, like praying

this tune is a 6/8

Groove

	1	2	3	4	5	6	7	8
1 Surdos	ms	ls	hs	hs	ms	hs	ls	ls
2	ms	ms	hs	hs	hs	hs	ls	ls
Repinique	x	x	x	x	x	x	x	x
Snare	x	x	x	x	x	x	x	x
Tamborim	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Agogô	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
Shaker	x	x	x	x	x	x	x	x

Rented a Tent Break (showing both sides of a tent from up to down)

1 Low Surdo	x	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Mid Surdo	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
High Surdo	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Snare	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
Agogô	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
All others	1	x	x	x	x	x	x	x
2	x	x	x	x	x	x	x	x
1 Ren- ted a tent!	a	a	a	a	a	a	a	a
2 Ren- ted a tent!	tent!	tent!	tent!	tent!	tent!	tent!	tent!	tent!

Break 2

1	A	A	A	A	A	A	A	S
2	A	A	A	A	A	A	A	E
	h	h	h	h	h	h	h	h

Groove (6/8)

	1	2	3	4	5	6	7	8
1 Low Surdo	x	x	x	x	x	x	x	x
Mid&High Surdo	x	x	x	x	x	x	x	x
Repinique	x	x	x	x	x	x	x	x
Snare	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogô	1	1	1	1	1	1	1	1
Shaker	x	x	x	x	x	x	x	x

Intro (6/8)

1	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1

Crest Break (6/8)

1	R	R	R	R	R	R	R	R
2	R	R	R	R	R	R	R	R
3	R	R	R	R	R	R	R	R

Crazy Monkey

sign: scratch your head and your armpit at the same time like a monkey

	1	2	3	4	5	6	7	8
1	x		x		x		x	x
Low Surdo		(x)	x	x	x	(x)	x	x
Mid Surdo		x	x	x		x	x	x
High Surdo								
Repinique	fl	hd	x	hd	x	hd	x	x
Share	.	.	x	.	x	.	x	(x)
Tamborim		x	x	x	x	x	x	(x)
Agogô	l	h	l	h	l	h	l	[h h h]
altrative		h	h	h	h	h	h	h
Shaker	x	x	x	x	x	x	x	x

(x) = variations [] = triplet

Break 1	1	—	h	h	h	—	—	A	—	A	—
	2	—	h	h	h	—	—	A	—	A	—
	3	—	h	h	h	—	A	E	h	A	h
	4	E	h	h	E	h	h	E	h	A	ms

A = all others except agogó
E = everyone
ms = Mid Surdo

The Roof Is on Fire

tune sign: form a roof with your hands, interlace the fingers and wiggle them like flames

Groove	1	2	3	4	5	6	7	8
Low Surdo		x	x	x		x		x
Mid+High Surdo		x						
Repinque	x	x	x	x	x	x	x	x
Snare	.	x	.	.	.	x	.	.
Tamborim		x		x	x	x	x	
Agogô	h		h		h	h	h	(l)

Break 1

Roof	E	E	the	Roof	E	E	the	Roof	is	on	Fi-	re	E
													The

Call Break

1-3	R	.	R	.	R	.	R	.	R	.	A		A		x3
1-3	R	.	R	.	R	.	R	.	R	.	I		I		
4	R	R	R	R	R	R	Burn!						h	h	

twiddle them like flames

Groove	1	2	3	4	5	6	7	8
Low Surdo		x	x	x		x		x
Mid+High Surdo		x						
Repinque	x	x	x	x	x	x	x	x
Snare	.	x	.	.	.	x	.	.
Tamborim		x		x	x	x	x	
Agogô	h		h		h	h	h	(l)

Roof	E	E	the	Roof	E	the	Roof	is	on	Fi-	re	E
Roof	E	E	the	Roof	E	the	Roof	is	on	Fi-	re	E

1-3	R	.	R	.	R	.	R	.	R	.	A		A		x3
1-3	R	.	R	.	R	.	R	.	R	.	I		I		
4	R	R	R	R	R	R	Burn!						h	h	

Tequila

tune sign: Shake salt onto your hand

Groove

	1	2	3	4	5	6	7	8	
Low Surdo	x	0	(0)(0)	x	0	(0)(0)	x	0	(x)
Mid Surdo	x	x	x	x	x	x	x	x	
High Surdo									
Repinique				hd	x				
Snare	.	.	.	x	.	x	.	.	.
Tamborim		x		x		x			
Agogó	h	h	l	h	l	h	l	h	

Low Surdo starts with an upbeat before the 1

(0) = Can be played optionally to make the rhythm easier to understand

Break 1

Shake salt on number 1

1	l	l	l	l	l	h	Tequilal	(l)s
---	---	---	---	---	---	---	----------	------

Break 2

1	hs	ms	ms	ms	hs	ms	ms	ms	ms
1
2	hs	ms	ms	ms	hs	ms	ms	ms	ms

Surdos start with 3 upbeats before the 1

. = Shaker

Call Break

Repeat 3 times R = call by Repinique

1-3	R	R	A	R	R	A	A
-----	---	---	---	---	---	---	---

Break 2

1	.	.	sn	sn	sn	sn	sn	sn	sn
2	.	.	sn	sn	sn	sn	sn	sn	sn
3	.	.	sn	sn	sn	sn	sn	sn	sn
4	.	.	sn	sn	sn	sn	sn	sn	sn

sn = snare
sn = dead note on snare
ms = Mid Surdo

Break 3

1	S	S	S	A	S	S	S	A	ms
2	E	E	E	E	E	E	E	E	(h)

ms = Mid Surdo

Bongo Break 1

play a bongo with one hand

1	S	A	S	A	S	A	S	A	S	S	S	A	h
---	---	---	---	---	---	---	---	---	---	---	---	---	---

play as loop

Bongo Break 2

play a bongo with two hands

1	S	A	S	A	S	A	S	A	S	S	S	A	h
---	---	---	---	---	---	---	---	---	---	---	---	---	---

play as loop

Monkey Break

like tune sign

[UUU]	[AAA]
-------	-------

Shout like a monkey
alternative: different rhythm or just chaotic voices

Tequila

tune sign: Shake salt onto your hand

Groove

	1	2	3	4	5	6	7	8	
Low Surdo	x	0	(0)(0)	x	0	(0)(0)	x	0	(x)
Mid Surdo	x	x	x	x	x	x	x	x	
High Surdo									
Repinique				hd	x				
Snare	.	.	.	x	.	x	.	.	.
Tamborim		x		x		x			
Agogó	h	h	l	h	l	h	l	h	

Low Surdo starts with an upbeat before the 1

(0) = Can be played optionally to make the rhythm easier to understand

Break 1

Shake salt on number 1

1	l	l	l	l	l	h	Tequilal	(l)s
---	---	---	---	---	---	---	----------	------

Break 2

1	hs	ms	ms	ms	hs	ms	ms	ms	ms
2	hs	ms	ms	ms	hs	ms	ms	ms	ms

Surdos start with 3 upbeats before the 1

. = Shaker

Call Break

Repeat 3 times R = call by Repinique

1-3	R	R	A	R	R	A	A
-----	---	---	---	---	---	---	---

Break 2

1	.	.	sn	sn	sn	sn	sn	sn	sn
2	.	.	sn	sn	sn	sn	sn	sn	sn
3	.	.	sn	sn	sn	sn	sn	sn	sn
4	.	.	sn	sn	sn	sn	sn	sn	sn

sn = snare
sn = dead note on snare
ms = Mid Surdo

Break 3

1	S	S	S	A	S	S	S	A	ms
2	E	E	E	E	E	E	E	E	(h)

ms = Mid Surdo

Bongo Break 1

play a bongo with one hand

1	S	A	S	A	S	A	S	A	S	S	S	A	h
---	---	---	---	---	---	---	---	---	---	---	---	---	---

play as loop

Bongo Break 2

play a bongo with two hands

1	S	A	S	A	S	A	S	A	S	S	S	A	h
---	---	---	---	---	---	---	---	---	---	---	---	---	---

play as loop

Monkey Break

like tune sign

[UUU]	[AAA]
-------	-------

Shout like a monkey
alternative: different rhythm or just chaotic voices

Drum & Bass

tune sign: with one hand in your ear lift the other and move it front and back

	1	2	3	4	5	6	7	8
Low Surdo	x			x				
Mid Surdo		x	x				x	
High Surdo						x		
Repinique			x	x				
Snare	1							
	2							
Tamborim								
Agogô								

Dance Break

1	E-	very	bo	-	dy	dance	now
---	----	------	----	---	----	-------	-----

 Everybody sings and starts dancing

Break 2

1	S	A	S	S	A	S	A		
2	S		A	S	S				

x = hits on snare and repi

Break 3

1	E				E		E		
2	E				E		E		
3	E				E		E		

R = hit on repi
Ri = repi hit on rim
sn = snare

[illegible]

Küsel Break
hands twist head

all players turn around 360° while playing the break

Skipping Agogô

[illegible]

Surdos (High, Middle, Low), Snare

[illegible]

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x	x			x
Mid Surdo	x	x	x	x	x	x	x	x
High Surdo								
Repinique	sll	x	x	fl				fl
Snare
Tamborim	1	x	x	x	x	x	x	x
	2	x	x	x	x	x	x	x
Agogô	h	h	l	l	h	h	l	h

sign: two little fingers show horns of taurus

sign: one little finger

Oh Shit	E					Oh			Shit					
Fuck Off	E					Fuck			Off					
Break 1	S		A	S	S	A			S	S	A	A		
Break 2	S	S	A	S	S	A	S	S	A	S	S	A	S	A
Break 3	S	A	A	S	A	A	S							

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove	1	2	3	4	5	6	7	8
Low Surdo	1	X				X		X
Mid Surdo		X	X	X	X	X	X	X
High Surdo	2	X	X	X	X	X	X	X
Repinique		fl	x	ri	x	fl	x	ri
Snare		x
Tamborim		x	x
Agogô	l	l	h	l	l	h	l	h

Break 1	1	E	E	E	E	E		
---------	---	---	---	---	---	---	--	--

Break 2	1	S	A	S	A	S	A	E	E	E	E
---------	---	---	---	---	---	---	---	---	---	---	---

White Shark	1	S	A		S	A		S	A		S	A		A
simulating	2	S	A	S	A	S	A	S	A	S	A	S	A	A
a shark fin	3	S	A	S	A	S	A	S	A	S	A	S	A	A
	4	S	A	S	A	S	A	S	A	S	A	S	A	A

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x	x			x
Mid Surdo	x	x	x	x	x	x	x	x
High Surdo								
Repinique	sll	x	x	fl				fl
Snare
Tamborim	1	x	x	x	x	x	x	x
	2	x	x	x	x	x	x	x
Agogô	h	h	l	l	h	h	l	h

sign: two little fingers show horns of taurus

sign: one little finger

Oh Shit	E					Oh			Shit					
Fuck Off	E					Fuck			Off					
Break 1	S		A	S	S	A			S	S	A	A		
Break 2	S	S	A	S	S	A	S	S	A	S	S	A	S	A
Break 3	S	A	A	S	A	A	S							

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove	1	2	3	4	5	6	7	8
Low Surdo	1	X				X		X
Mid Surdo		X	X	X	X	X	X	X
High Surdo	2	X	X	X	X	X	X	X
Repinique		fl	x	ri	x	fl	x	ri
Snare		x
Tamborim		x	x
Agogô	l	l	h	l	l	h	l	h

Break 1	1	E	E	E	E	E		
---------	---	---	---	---	---	---	--	--

Break 2	1	S	A	S	A	S	A	E	E	E	E
---------	---	---	---	---	---	---	---	---	---	---	---

White Shark	1	S	A		S	A		S	A		S	A		A
simulating	2	S	A	S	A	S	A	S	A	S	A	S	A	A
a shark fin	3	S	A	S	A	S	A	S	A	S	A	S	A	A
	4	S	A	S	A	S	A	S	A	S	A	S	A	A

Ragga

tune sign: fists together, thumbs to the left and to the right

Groove								
1	2	3	4	5	6	7	8	
Low Surdo	X	X	X	X	X	X	X	0
Mid Surdo	0	X	X	0	X	0	(X)(X)(X)	X
High Surdo	0	0	0	0	0	0	(X)(X)(X)	X
Repinque	x	x	x	x	x	x	x	x
an additional variation	x	x	x	x	x	x	x	x
Snare	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogô	l	h	l	h	l	h	l	l

Kick Back I

thumb back over shoulder

1	2	3	4	5	6	7	8	
S	S	S	A	S	S	S	S	A

Kick Back II

like Kick Back I,
but with two thumbs

1	2	3	4	5	6	7	8	
S	A	S	S	A	S	S	A	S
h	h	h	h	h	h	h	h	h

Break 1

1 S A S A S n in: 1

2 | 3 | 4

Break 2

1 E E E E E

Break 3

1 S S S A A A

Zorro-Break

sign "Z" in the air

1	2	3	4	5	6	7	8	
S	S	S	S	S	S	S	S	S

Ragga

tune sign: fists together, thumbs to the left and to the right

Groove								
1	2	3	4	5	6	7	8	
Low Surdo	X	X	X	X	X	X	X	0
Mid Surdo	0	X	X	0	X	0	(X)(X)(X)	X
High Surdo	0	0	0	0	0	0	(X)(X)(X)	X
Repinque	x	x	x	x	x	x	x	x
an additional variation	x	x	x	x	x	x	x	x
Snare	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogô	l	h	l	h	l	h	l	l

Kick Back I

thumb back over shoulder

1	2	3	4	5	6	7	8	
S	S	S	A	S	S	S	S	A

Kick Back II

like Kick Back I,
but with two thumbs

1	2	3	4	5	6	7	8	
S	A	S	S	A	S	S	A	S
h	h	h	h	h	h	h	h	h

Break 1

1 S A S A S n in: 1

2 | 3 | 4

Break 2

1 E E E E E

Break 3

1 S S S A A A

Zorro-Break

sign "Z" in the air

1	2	3	4	5	6	7	8	
S	S	S	S	S	S	S	S	S

Hafila

Sign: spread arms and shake your shoulders and hips

Groove								
1	2	3	4	5	6	7	8	
Low Surdo	x	x	x	x	x	x	x	x
Mid Surdo	0	x	0	x	0	x	0	x
High Surdo	0	0	0	0	0	0	0	0
Repinque	ri	ri	ri	ri	ri	ri	ri	ri
Snare	x	x	x	x	x	x	x	x
easier	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogô	l	h	l	h	l	h	l	h

Yala Break

all fingertips of one hand gather and shake wrist

1	2	3	4	5	6	7	8	
E	E	E	E	E	E	E	E	E

Kick Back 1

repeat until cut

1	2	3	4	5	6	7	8	
S	A	A	A	A	A	A	A	A

Kick Back 2

ag = Agogô, switch low and high every two bars

1	2	3	4	5	6	7	8	
S	A	A	A	A	A	A	A	A

Break 3

1	2	3	4	5	6	7	8	
sn	sn	sn	sn	sn	sn	sn	sn	sn

Hook Break

two fingers

1	2	3	4	5	6	7	8	
S	S	A	A	A	A	A	A	A

hooked together

Hafila

Sign: spread arms and shake your shoulders and hips

Groove								
1	2	3	4	5	6	7	8	
Low Surdo	x	x	x	x	x	x	x	x
Mid Surdo	0	x	0	x	0	x	0	x
High Surdo	0	0	0	0	0	0	0	0
Repinque	ri	ri	ri	ri	ri	ri	ri	ri
Snare	x	x	x	x	x	x	x	x
easier	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogô	l	h	l	h	l	h	l	h

Yala Break

all fingertips of one hand gather and shake wrist

1	2	3	4	5	6	7	8	
E	E	E	E	E	E	E	E	E

Kick Back 1

repeat until cut

1	2	3	4	5	6	7	8	
S	A	A	A	A	A	A	A	A

Kick Back 2

ag = Agogô, switch low and high every two bars

1	2	3	4	5	6	7	8	
S	A	A	A	A	A	A	A	A

Break 3

1	2	3	4	5	6	7	8	
sn	sn	sn	sn	sn	sn	sn	sn	sn

Hook Break

two fingers

1	2	3	4	5	6	7	8	
S	S	A	A	A	A	A	A	A

hooked together

tune sign: spiky fingers on the head

	1	2	3	4	5	6	7	8
1	sil	X	sil	X	sil	X	X	X
		X	X	X	X	X	X	X
		X	X	X	X	X	X	X
	ri	X	X	X	X	X	ri	X
	X	X	X	X	X	X	X	X
	X	X	X	X	X	X	X	X
	l	h	h	h	h	h	l	h

others continue playing

	1	2	3	4	5	6	7	8
1	count in from here						S	S
							S	S

Break 1

	1	2	3	4	5	6	7	8
1	count in from here							

call something else here

	1	2	3	4	5	6	7	8
1	count in from here							

Hedgehog Call
Hedgehog Tune sign

Pekurinen

Groove		1	2		3		4		
Low Surdo	1				x			x	x
	2				x				
Mid Surdo	1-2	x					x		
High Surdo	1	x					x		
	2	x					x		x
Repinique	1	fl	x	x	x	x	x	x	x
	2	fl	x	x	x	x	fl	x	x
Snare	1	x	.	.	x	.	x	.	.
	2	x	.	.	x	.	x	.	.
Tamborim	1	x	x	x		x	x	x	x
	2		x		x		x	x	x
Agogô	1	h		l		h		l	
	2	h		l		h		l	
Break 1									
Repinique	1	x		x	x		x	fl	
Agogô	1						x	l	
All others	1						x	l	h
Break 2									
	1	h	x	x		x	x		
	2	h	x	x		x	x		
x: Repi, Snare & Tamb									
Break 3									
	1	T	T		T	T	A	A	A
	2	ls	ls		ls	ls	ls	A	A
Clave Plus									
	1	E			E			E	E
Like Clave, but vertically, like letter C									
Disco Barricade Break									
	1	Dis-	co	dis-	co	barr-	ri-	ca-	do!
	2	E		E		E	E	E	
Call Break									
Repinique	1	fl	x	x	x	ri	x	x	ri
	2	x	x	x		ri	x	x	
Tamborim	1					x			x
	2				x	x		x	
Agogô	1					h			h
	2				h	h			
All others	2						x	x	

Norppa

<

Norppa

Groove

	1	2	3	4
Low Surdo	1	x		x
Mid Surdo			x	
High Surdo		x		x
Repinique			x	fl
Snare	.	x	.	x
Tamborim		x		x
Agogô		h		h

Break 1

	1	2	3	4	5	6	7	8	9	10	11	12
	x	.	x	.	x	.	x	.	E			Hey!

x, ∴ Snare

Break 2

	1	2	3	4	5	6	7	8	9	10	11	12
Low Surdo	1	hs	ls	hs	ls	hs	ls	hs	ls	hs	ls	hs
Mid Surdo	2	x		x		x		x		x		x
High Surdo												
Repinique	1											
Snare	1											
Tamborim	2	x	.	x	.	x	x	x	x			
Agogô	2	x		x		x		x				

Break 3

	1	2	3	4	5	6	7	8	9	10	11	12
Low Surdo	1	x		x		x		x		x		x
Mid Surdo	1											
High Surdo	1											
Repinique	1											
Snare	1											
Tamborim	1											
Agogô	1											

Call Break

	1	2	3	4	5	6	7	8	9	10	11	12
	S				Hey!			A			Hey!	

Shouting Break

	1	2	3	4	5	6	7	8	9	10	11	12
	E									E	E	

∴: Replace with own shout

Break 5

	1	2	3	4	5	6	7	8	9	10	11	12
Low Surdo	1	x								x	x	x
Mid Surdo	1	x									x	x
High Surdo	1	x										x
Repinique	1	x										
Snare	1	x										
Tamborim	1		x	x	x	x						
Agogô	1					h						

tune sign: place forearms on top of each other in front of you, fingertips aligned with elbows (like in Estonian folk dance)

[illegible]

Kaerajaan

[illegible]

tune sign: place forearms on top of each other in front of you, fingertips aligned with elbows (like in Estonian folk dance)

[illegible]

Karla Shnikov

tune sign: move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove		1	2	3	4				
All Surdos	1-3	x		0	x x			0	
	4	x		0	x x	x	x	x	x
Repinique		x		x x		x	x	x	x
Snare		.	.	.	x	.	.	.	x
Tamborim	1			x				x	
	2			x		x		x	x
Agogô	1				h				h

>from soft to loud

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E
4	E											

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E				E				E			
3	S		S	A		S		S	A	A	A	A
4	S		S	A		S		S	A	A	A	A

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E				E				E			
3	S		S	A		S		S	A	A	A	A
4	S		S	A		S		S	A	A	A	A
5	S		S	A		S		S	A	A	A	A
6	S		S	A		S		S	A	A	A	A
7	E				E				E			
8	E	E	E	E	E	E	E	E	E	E	E	E

Double Break

Make a T with both hands

- Low Surdo
- Mid Surdo
- High Surdo
- Agogô

x	0	x	x	0	x	x	0	x	0	x	0	x
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0

Like the groove, but double speed.
Everyone else continues playing normally.

Kick Back 1

- Surdos
- Agogô
- All others

x	0	x	x	0	x	x	0	x	0	x	0	x
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0

repeat until cut

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

- Surdos
- All others

ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri
sl	sl	sl	sl	sl	sl	sl	sl	sl	sl	sl	sl	sl
hd	hd	hd	hd	hd	hd	hd	hd	hd	hd	hd	hd	hd
ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri

sl = slap with thumb (by rotating the hand)

Karla Shnikov

tune sign: move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove		1		2		3		4			
All Surdos	1-3	x			0	x	x			0	
	4	x			0	x	x	x	x	x	x
Repinique		x		x	x		x	x	x	x	x
Snare		.	.	.	x	x	.
Tamborim	1				x					x	
	2				x		x	x	x	x	
Agogô	1				h					h	

>from soft to loud

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E
4	E											

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E				E				E			
3	S		S	A		S		S	A	A	A	A
4	S		S	A		S		S	A	A	A	A

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E				E				E			
3	S		S	A		S		S	A	A	A	A
4	S		S	A		S		S	A	A	A	A
5	S		S	A		S		S	A	A	A	A
6	S		S	A		S		S	A	A	A	A
7	E				E				E			
8	E	E	E	E	E	E	E	E	E	E	E	E

Double Break

Make a T with both hands

- Low Surdo
- Mid Surdo
- High Surdo
- Agogô

x	0	x	x	0	x	x	0	x	0	x	0	x
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0

Like the groove, but double speed.
Everyone else continues playing normally.

Kick Back 1

- Surdos
- Agogô
- All others

x	0	x	x	0	x	x	0	x	0	x	0	x
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0
x	0	0	0	0	0	0	0	0	0	0	0	0

repeat until cut

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

- Surdos
- All others

ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri
sl	sl	sl	sl	sl	sl	sl	sl	sl	sl	sl	sl	sl
hd	hd	hd	hd	hd	hd	hd	hd	hd	hd	hd	hd	hd
ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri

sl = slap with thumb (by rotating the hand)

Menaiek

tune sign: put three fingers on your other upper arm (like covering a police badge)

Groove	1	2	3	4	5	6	7	8
Low Surdo	x	0	x	0	x	0	x	0
Mid Surdo	x	0	x	x	0		x	x
High Surdo		0			0			x
Repinque	ri	ri	0	fl			x	hd
Snare	x	.	x	.	x	.	x	.
Tamborim	x	x	x	fl	.	fl	[xxx]	.
Agogô	l	h	l	l	h	l	l	l

[] = triplet

Break 1

[illegible]

Malkhas Akhber

tune sign: put one fist on top of the other, as if you were holding a paddle, and start paddling

Groove	1	2	3	4	5	6	7	8
Low Surdo	x		x	x				
Mid+High Surdo		x				x		x
Repinique								
Snare	fl
Tamborim		x	fl	x	fl	.	fl	.
Agogô								
Hey! Break	x	x	ri					

Hey! Break

make an X with your index fingers

Menaiek

tune sign: put three fingers on your other upper arm (like covering a police badge)

Groove	1	2	3	4	5	6	7	8
Low Surdo	x	0	x	x	x	0	x	0
Mid Surdo	x	0	x	x	0	0	x	x
High Surdo								
Repinique	ri	ri	0	fl	fl		hd	ri
Snare	x	.	x	.	x	.	x	hd
Tamborim	x	x	x	fl	fl	fl	x	x
Agogô	i	h	i	i	i	h	i	i

[] = triplet

Break 1

	i	h		i	A	A	A	A	A	A
1-3	i	h		i	h	A	A	A	A	A
4	i	h		i	h	A	A	A	A	A

Malkhas Akhber

tune sign: put one fist on top of the other, as if you were holding a paddle, and start paddling

Groove	1	2	3	4	5	6	7	8
Low Surdo	x		x		x		x	
Mid+High Surdo		x		x		x		x
Repinique	fl	x				x	ri	hd
Snare			x		fl		fl	
Tamborim				x				
Agogô								x
Hey! Break	x	x						

Hey! Break

make an X with your index fingers

March For Biodiversity

Groove		1	2	3	4
Low Surdo	1-3	x	x	x	x
	4	x	x	x	x
Mid Surdo	1-3	sil	sil	sil	sil
	4	sil	sil	sil	sil
High Surdo	1-3				
	4				
Repinique	1-3	fl	ri	ri	ri
	4	fl	ri	ri	sil
Snare	1-4
Tamborim	1,3		x	x	x
	2,4	x	x	x	x
Agogô	1	l	l	l	h
	2	l	h	l	h
	3	h	h	h	h
	4	l	l	l	h
Shaker	1-4
Intro					
Low Surdo	1-5	sil	sil	sil	sil
	6	sil	sil	sil	sil
Mid & High Surdo	2				
	3-5	hs	ms	hs	ms
Repi	1-5	hs	hs	hs	hs
	6	sil	x	sil	x
Snare	1-5				
	6				
Tamborim	1-5				
	6				
Agogô	1-5				
	6				
Break 1					
Break 2	1	ri	ri	ri	ri
		E	E	E	E

March For Biodiversity

Groove		1	2	3	4
Low Surdo	1-3	x	x	x	x
	4	x	x	x	x
Mid Surdo	1-3	sil	sil	sil	sil
	4	sil	sil	sil	sil
High Surdo	1-3				
	4				
Repinique	1-3	fl	ri	ri	ri
	4	fl	ri	ri	sil
Snare	1-4
Tamborim	1,3		x	x	x
	2,4	x	x	x	x
Agogô	1	l	l	l	h
	2	l	h	l	h
	3	h	h	h	h
	4	l	l	l	h
Shaker	1-4
Intro					
Low Surdo	1-5	sil	sil	sil	sil
	6	sil	sil	sil	sil
Mid & High Surdo	2				
	3-5	hs	ms	hs	ms
Repi	1-5	hs	hs	hs	hs
	6	sil	x	sil	x
Snare	1-5				
	6				
Tamborim	1-5				
	6				
Agogô	1-5				
	6				
Break 1					
Break 2	1	ri	ri	ri	ri
		E	E	E	E

Sign: interlock your hands like a fence and then open it

No Border Bossa

Groove		1	2	3	4	5	6	7	8
All Surdos	1	sil	sil	sil	sil	sil	sil	sil	sil
	2	sil	sil	sil	sil	sil	sil	sil	sil
Repinique	1								
	2								
Snare	1								
	2								
Tamborim	1								
	2								
Agogô	1								
	2								

Sign: interlock your hands like a fence and then open it

No Border Bossa

Groove		1	2	3	4	5	6	7	8
All Surdos	1	sil	sil	sil	sil	sil	sil	sil	sil
	2	sil	sil	sil	sil	sil	sil	sil	sil
Repinique	1								
	2								
Snare	1								
	2								
Tamborim	1								
	2								
Agogô	1								
	2								

Surdos: only 1 Stick in one hand; h = other hand hits skin

Surdos: only 1 Stick in one hand; h = other hand hits skin

Break 1		E	E	E	E	E	E	E	E
Break 2		sil	sil	sil	sil	sil	sil	sil	sil
Break 2*		sil	sil	sil	sil	sil	sil	sil	sil
Call Break		R	R	R	R	R	R	R	R

Break 1		E	E	E	E	E	E	E	E
Break 2		sil	sil	sil	sil	sil	sil	sil	sil
Break 2*		sil	sil	sil	sil	sil	sil	sil	sil
Call Break		R	R	R	R	R	R	R	R