



**ROR**  
**Tunes & Dances**

**March 2018**



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**RHYTHMS**



**OF RESISTANCE**

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History

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvadore, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up - now we're all over Europe and occasional in the rest of the world.

The Network

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

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Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

**Snowboots + Hips**  
3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

**Step Kick**  
4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

**Tiger (with claws)**  
Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

**Winding Plants**  
Start with elegantly crossing your arms infront of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

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## Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

### Lead Pipe

Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At "Go" you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

### Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

### Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you're now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of "X" you just step on the other leg. Comment: 16 beats are good for this move.

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

## Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using samba as a form of political action.

We use tactical frivolity, inspired by carnival to confront and criticize any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principle.

Come with us! We have everything to play for!

## Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

### Lead Pipe

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RoR Player

On <https://player.rhythms-of-resistance.org/>, you can find a player for all RoR tunes, where you can look at the tune sheets, listen to them, combine them in different ways, modify them, and even create your own tunes.

On the left side, you see the tune list. When you click on a tune, you will see a list of all the breaks that belong to it. There is a Play button to listen to them once. On top of the tune list, you can search for specific tunes. By default, only the most common tunes are displayed. You can change that by selecting "All tunes" in the dropdown menu.

On the right side, you can create a song. For this, either click on the plus sign on a tune/break in the tune list, or you drag it into the song. If you drag it to the row of one instrument, only this instrument will play it, if you drag it into the "All" row that appears on the bottom of the song player, all instruments will play it. To change which instruments play a tune/break, either drag it around, or click on the hand to select the instruments, or use the resize handle in the bottom right of a tune/break block.

Click the green play button to listen to your song. With the slider on top, you can change the playback speed, and next to each instrument there is a mute button and a headphones button to only listen to that particular instrument.

When you click on the pen (Edit) symbol on a tune/break, the tune sheet for that tune/break is opened. You can change the tune sheet, even while it is playing, by clicking in any place and selecting what kind of stroke the instrument should be playing there.

You can create create your own tunes by clicking "New tune" in the bottom of the tune list. Any modifications that you make to existing tunes and any tunes that you create are saved in your browser, so when you restart your computer, they are still there, but to share them with other people, you need to click on "Tools" → "Share" to generate a link that contains your tunes. When opening a link that someone else sent you, use the "History" button on the top right to go back to the tunes/songs that you had created before.

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Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the water

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Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

## Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

### Step

Step to a side. (Every second beat a step)

### Push

Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

### Star

[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms

to the lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

### Jump

Jump with both feet.

### Aeroplane

See Dance 1

### Queen

Hold your arms stretched out to both sides. [1] Touch with one stretched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side- wards. (3 steps, cross behind the leg.)

## General Breaks

<b>Silence</b> 4 fingers	1		4 Beats of Silence
<b>Double Silence</b> two hands show 4 fingers	1		8 Beats of Silence
<b>Triple Silence</b> like "Double Silence" one hand upside down	1		12 Beats of Silence
<b>Quad Silence</b> like "Double Silence" both hands upside down	1		16 Beats of Silence
<b>Continue One Line</b> draw a horizontal line in the air with one finger	1		Continue 4 Beats
<b>Continue Two Lines</b> like "continue one line" with both hands	1		Continue 8 Beats
<b>Continue Three Lines</b> like "continue two lines" and then "continue one line" in the opposite direction	1		Continue 12 Beats
<b>Continue Four Lines</b> like "continue two lines" and then again in the opposite direction	1		Continue 16 Beats
<b>Eight Up</b> both hands move up while fingers shaking	1		from soft to loud
<b>Eight Down</b> both hands move down while fingers shaking	1		from loud to soft
<b>Karla Break</b> rabbit ears OR finger pistol shooting up	1		from soft to loud
<b>Call Break</b> ... "oi": two arms crossing, with OK-sign ... "ua": two fists, knuckles hit each other			
<b>Cat Break</b> claws to left and right			
<b>Wolf Break</b> wolf's ears and teeth	1		

## Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

### Step

Step to a side. (Every second beat a step)

### Push

Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

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### Jump

Jump with both feet.

### Aeroplane

See Dance 1

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<b>Cat Break</b> claws to left and right			
<b>Wolf Break</b> wolf's ears and teeth	1		

*Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary*

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.



## Afoxé

tune sign : 'shaving the armpit'

### Groove

Low Surdo  
Mid+High Surdo

Repenique

Snare

Tamborim

Agogô

### Break 1

### Break 2

### Break 3

### Bra Break

*pulling a bra*

### Groove

Low Surdo  
Mid+High Surdo

Repenique

Snare

Tamborim

Agogô

### Break 1

### Break 2

### Break 3

### Bra Break

*pulling a bra*

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### Groove

Low Surdo  
Mid+High Surdo

Repenique

Snare

Tamborim

Agogô

### Break 1

### Break 2

### Break 3

### Bra Break

*pulling a bra*

## Xango

### Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique  
*if too hard play tamb. Part*

Snare

Tamborim

Agogô

### Intro

*building a tower with fists  
on top of each other,  
upwards*

**Surdo Part of Intro**  
*flat hand on head*

can be remembered by:  
start: 1 – 4 – 3 – 5  
then: 2 – 4 – 3 – 5 :||

**Boum Shakala Break**  
*Crossed fingers*

### Break 2

tune sign : rain trickling down, with 10 fingers

	1	2	3	4
1	sil x	x	x x	x
Mid Surdo				
High Surdo				
Repenique		x x x	x x x	x x x
if too hard play tamb. Part				
Snare	x . .	x . .	x . .	x . .
Tamborim	1 x x	x	x	x
2	x x			
Agogô	l h	l	l	h l

Everyone except surdos hits the rims  
repeat until cut

1	S						S	S	S	S
2	S							S	S	S
3	S						S	S	S	S
4	S						(S)	S	S	S

not before before Boum Shakala Break repeat

1	S	E	E	E	S	E	E	E	S	E
2	S	E	E	E	S	E	E	E	S	E
3	S	E	E	E	S	E	E	E	S	E
4	sn	.	sn	.	sn	sn	sn		hs	hs

1	S	S	S		S	S	S	S	S	S
2	S	S	S		S	S	S	S	S	S
3	S	S	S		S	S	S	S	S	S
4	S	S	S		S	S	S	S	S	S
5	S	S	S		S	S	S	S	S	S
6	S	S	S		S	S	S	S	hs	hs

## Xango

### Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique  
*if too hard play tamb. Part*

Snare

Tamborim

Agogô

### Intro

*building a tower with fists  
on top of each other,  
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can be remembered by:  
start: 1 – 4 – 3 – 5  
then: 2 – 4 – 3 – 5 :||

**Boum Shakala Break**  
*Crossed fingers*

### Break 2

	1	2	3	4
1	sil x	x	x x	x
Mid Surdo				
High Surdo				
Repenique		x x x	x x x	x x x
if too hard play tamb. Part				
Snare	x . .	x . .	x . .	x . .
Tamborim	1 x x	x	x	x
2	x x			
Agogô	l h	l	l	h l

Everyone except surdos hits the rims  
repeat until cut

1	S						S	S	S	S
2	S							S	S	S
3	S						S	S	S	S
4	S						(S)	S	S	S

not before before Boum Shakala Break repeat

1	S	E	E	E	S	E	E	E	S	E
2	S	E	E	E	S	E	E	E	S	E
3	S	E	E	E	S	E	E	E	S	E
4	sn	.	sn	.	sn	sn	sn		hs	hs

1	S	S	S		S	S	S	S	S	S
2	S	S	S		S	S	S	S	S	S
3	S	S	S		S	S	S	S	S	S
4	S	S	S		S	S	S	S	S	S
5	S	S	S		S	S	S	S	S	S
6	S	S	S		S	S	S	S	hs	hs



## Voodoo

tune sign : aureole – make a circle around head with your index finger down

### Groove

	1	2	3	4	5	6	7	8
Low Surdo								0
Mid+High Surdo	sil	x	sil	x	sil	x	sil	x
Snare	x	.	.	.	.	.	.	.
Repenique	x	.	.	.	.	.	.	.
Tamborim	x	.	.	.	.	.	.	.
Agogô	h	h	h	h	h	h	h	h

### Scissor Break

Signed like scissors

E	E	E	E	E	E	E	E	E
1	2	3	4	in my	un-	derpant		

## Voodoo

tune sign : aureole – make a circle around head with your index finger down

### Groove

	1	2	3	4	5	6	7	8
Low Surdo								0
Mid+High Surdo	sil	x	sil	x	sil	x	sil	x
Snare	x	.	.	.	.	.	.	.
Repenique	x	.	.	.	.	.	.	.
Tamborim	x	.	.	.	.	.	.	.
Agogô	h	h	h	h	h	h	h	h

### Scissor Break

Signed like scissors

E	E	E	E	E	E	E	E	E
1	2	3	4	in my	un-	derpant		

## Angela Davis

tune sign: pull two prison bars apart in front of your face

### Groove

	1	2	3	4
Low Surdo	rh	rh	lh	lh
Mid Surdo	x	x	x	x
High Surdo				
Repenique	fl	fl	fl	x
Snare	.	.	.	.
Tamborim	x	x	x	x
Agogô	l	h	l	h

Low surdo: turn your right stick 180° and hit the side of the drum  
rh = right hand, lh = left hand

### Break 1

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

### Break 2

1	S	A	A	A	A	A	A	A
2	S	A	A	A	A	A	A	A
3	S	A	A	A	A	A	A	A
4	E	E	E	E	E	E	E	E

snare continues playing through the break!

### Break 3

1	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E
5	E	E	E	E	E	E	E	E

repeat until cut

## Angela Davis

tune sign: pull two prison bars apart in front of your face

### Groove

	1	2	3	4
Low Surdo	rh	rh	lh	lh
Mid Surdo	x	x	x	x
High Surdo				
Repenique	fl	fl	fl	x
Snare	.	.	.	.
Tamborim	x	x	x	x
Agogô	l	h	l	h

Low surdo: turn your right stick 180° and hit the side of the drum  
rh = right hand, lh = left hand

### Break 1

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

### Break 2

1	S	A	A	A	A	A	A	A
2	S	A	A	A	A	A	A	A
3	S	A	A	A	A	A	A	A
4	E	E	E	E	E	E	E	E

snare continues playing through the break!

### Break 3

1	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E
5	E	E	E	E	E	E	E	E

repeat until cut



**Walc(z)**

*this tune is a 6/8*

tune sign : draw a triangle in the air with one hand

## Groove

[illegible]

## Break 1

s	s	s	ms	ms	ms	hs	hs	hs	A	A	A	A	A
s	s	s	ms	ms	ms	hs	hs	hs	A	A	A	A	A

		A	A						
	R	A							
	R	R							
	R	R							
			A						
			R						
A	R								
R	A								
R	R								
R	R								

S	S	S	A	S		S	A	S	A	S	E	S	E	A
---	---	---	---	---	--	---	---	---	---	---	---	---	---	---

## Break 5

[illegible]

**Sign like cutting your throat with a finger**

S	A	A	S	A	A					S	A	A	S	A	A
---	---	---	---	---	---	--	--	--	--	---	---	---	---	---	---

## Break 2

[illegible]

### Break 3

		E	E	E	E	E	E
		E	E	E	E	E	E

[illegible]

R = Reperique

from soft to loud  
eh: shout

**Walc(z)**

this tune is a 6/8

tune sign : draw a triangle in the air with one hand

## Groove

[illegible]

## Break 1

ls	ls	ms	ms	ms	hs	hs	hs	A	A	A	A
ls	ls	ms	ms	ms	hs	hs	hs	A	A	A	A

[illegible]

S	S	S A	A S	S	A	S E	S E	A E
---	---	-----	-----	---	---	-----	-----	-----

## Break 5

S	A	A	S	A	A	S	A	A
S	A	A	S	A	A	S	A	A

**Sign like cutting your throat with a finger**

S	A	A	S	A	A	S	A	A	S	A	A	S	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

## Break 2

[illegible]

### Break 3

	E	E	E	E	E	E	E
	E	E	E	E	E	E	E

[illegible]

R = Reperique

from soft to loud  
eh: shout

# Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove	1	2	3	4	5	6	7	8
Low Surdo	x							
Mid Surdo								
High Surdo								
Repenique								
Snare								
Tamborim								
Agogô <i>alternative</i>								
Shaker								

## Break 1

A = all others except agogô  
E = everyone  
ms = Mid Surdo

1	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
3	1	1	1	1	1	1	1	1
4	1	1	1	1	1	1	1	1

# Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove	1	2	3	4	5	6	7	8
Low Surdo	x							
Mid Surdo								
High Surdo								
Repenique								
Snare								
Tamborim								
Agogô <i>alternative</i>								
Shaker								

## Break 1

A = all others except agogô  
E = everyone  
ms = Mid Surdo

1	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
3	1	1	1	1	1	1	1	1
4	1	1	1	1	1	1	1	1

## Sheffield Samba Reggae

tune sign : smoke a joint like a cup of tea (with thumb and index finger)

Groove	1	2	3	4
Low Surdo	x			
Mid Surdo				
High Surdo				
Repenique	x	.	.	x
Snare	x	.	.	x
Tamborim	1-3	4		
Agogô				
Bra Break <i>Intro</i>	1	2	3-5	6
Break 1				
Break 2	1	2	3	4
Break 3	1	2		
Whistle Break <i>Point to whistle</i>				



# Cochabamba

tune sign : drink from a cup formed with one hand

# Cochabamba

tune sign : drink from a cup formed with one hand

**Groove**

	1	2	3	4	5	6	7	8
Low-Mid surdo	x	x						
High surdo		0		0	x	x		0
Repinique		x	x				x	
Shave/Shakers								
Tamborim								
Agogô								

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat  
 Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

**Break 1**  
 (Iron Lion Zion Break)

x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x

Everyone together ... start soft and go louder!  
 (from loud to soft if 1 is shown upside down)

c = call by maestro (on repenique or snare)  
 A = All others answer

**Bra Break**  
*pulling a bra*

C	C	C	C	C	C	C	A	A
C	C	C	C	C	C	C	A	A
C	C	C	C	C	C	C	A	A

sign 'X': with the arms, waving towards the sky

**Cross Kicks for surdos**

							0	x	x
x	x						0		

high surdo  
low surdo

	1	2	3	4	5	6	7	8
x	x	0	x	x	x	0	x	0
.	x	x	x	x	x	x	x	x
.	.	x	.	.	.	x	.	x
x	x	x	x	x	x	x	x	x
h	h	l	h	h	l	h	h	l

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat  
 Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x

Everyone together ... start soft and go louder!  
 (from loud to soft if 1 is shown upside down)

c = call by maestro (on repinique or snare)  
 A = All others answer

c	c	c	c	c	c	c	c	c
c	c	c	c	c	c	c	c	c
c	c	c	c	c	c	c	c	c

sign "X" with the arms, waving towards the sky

x	x	0	0	0	0	0	0	0
x	x	0	0	0	0	0	0	0

# Cochabamba

tune sign : drink from a cup formed with one hand

# Cochabamba

tune sign : drink from a cup formed with one hand

**Groove**

	1	2	3	4	5	6	7	8
Low/Mid surdo	x	x	0	x	x	0	x	0
High surdo			x	x		0	x	0
Repenique		x		x	x		x	x
Snares/Shakers	.	.	x	.	.	x	.	x
Tamborim	x	x		x	x		x	x
Agogô	h	h	l	h	h	h	h	l

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat  
 Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

**Break 1**  
 (Iron Lion Zion Break)

x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x

Everyone together ... start soft and go louder!  
 (from loud to soft if 1 is shown upside down)

c = call by maestro (on repenique or snare)  
 A = All others answer

**Bra Break**  
*pulling a bra*

C	C	C	C	C	C	A	A
C	C	C	C	C	C	A	A
C	C	C	C	C	C	A	A

sign 'X' with the arms, waving towards the sky

**Cross Kicks for surdos**

x	x	0				0	x	x
		0				0		

high surdo  
low surdo

[illegible]

### Break 3

T+h = Tamborin + high agogô bell

## SOS Break

signed by waving  
the palms diagonal  
across one shoulder

### Knock on the door Break

knock with the knuckles of your  
right hand on your flat left hand

### Dancing Break

sign by showing the dance:  
arms down to the right, and  
to the left – then arms up to  
the right, and left .. and go!  
(start down right)

snare continues playing this trough the break

1	sn	.	.	.	sn	.	.	.	sn	.	.	sn	.	.
2	S	.	.	S	.	.	S	.	S	.	.	S	.	S
3	A	.	.	A	.	.	A	.	A	.	.	A	.	A
4	S	.	.	S	.	.	S	.	S	.	.	S	.	S
5	.	.	.	.	.	.	.	.	.	.	.	.	.	.
6	S	.	.	S	.	.	S	fl	A	R	.	R	.	R
7	S	.	.	S	.	.	S	fl	R	.	.	T+h	R	T+h
8	S	.	.	S	.	.	S	.	.	.	.	T+h	R	T+h
												hs	hs	hs

hs = high surdo picks up

1	S	.	A	A	.	A	A	.	S	.	A	A	.	.
2	S	.	A	A	.	A	A	.	S	.	A	A	.	.
3	S	.	A	A	.	A	A	.	S	.	A	A	.	.
4	S	.	A	A	.	A	A	.	S	.	A	A	.	Is

Is = low surdo picks up

after which the repenique picks up this rhythm and plays in the tune:

	x	x	.	x	x	.	x	x	.	x	.	.	.	.
--	---	---	---	---	---	---	---	---	---	---	---	---	---	---

... until next time the SOS break is played. Then it goes back to:

	x	x	.	x	x	.	x	x	.	.	.	x	x	.
--	---	---	---	---	---	---	---	---	---	---	---	---	---	---

snare continues playing this or the rhythm of Bra Break

1	E	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	[EEE]	sn
2	E	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	sn
3	E	sn	.	E	sn	.	.	sn	sn	.	.	sn	sn	E	.	sn
4	E	sn	.	sn	sn	.	.	sn	sn	.	.	sn	sn	E	.	sn
	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	R	.	R	.	R	R	.	R	.	R	.	R	.	R	R	.

repeat until cut

The players who don't play dance (see left)

1-7	S	.	.	S	.	.	S	S	.	.	S	.	.	.
2-6	A	.	.	A	.	.	A	A	.	.	A	.	.	.
8	A	.	.	A	.	.	A	A	.	.	A	.	.	Is

Is = low surdo picks up

### Break 3

T+h = Tamborin + high agogô bell

## SOS Break

signed by waving  
the palms diagonal  
across one shoulder

### Knock on the door Break

knock with the knuckles of your  
right hand on your flat left hand

### Dancing Break

sign by showing the dance:  
arms down to the right, and  
to the left – then arms up to  
the right, and left .. and go!  
(start down right)

[illegible]

Samba Reggae

tune sign: smoking a cigar/joint

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique

Snare

Tamborim

Agogô

Bra Break

R = hit on repenique  
fl = flare on repenique  
T = Tamborim

Clave

Break 1

Break 2

Samba Reggae

tune sign: smoking a cigar/joint

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique

Snare

Tamborim

Agogô

Bra Break

R = hit on repenique  
fl = flare on repenique  
T = Tamborim

Clave

Break 1

Break 2

Custard

tune sign : making an offer to the sky,

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique

Snare

Tamborim

Agogô

Break 1

Break 2

Break 3  
+ instr. sign  
that continues

Break 5

Singing Break

Signed as Break 1,  
with a lot of  
blabla...

Custard

tune sign : making an offer to the sky,

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique

Snare

Tamborim

Agogô

Break 1

Break 2

Break 3  
+ instr. sign  
that continues

Break 5

Singing Break

Signed as Break 1,  
with a lot of  
blabla...





Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove		1	2	3	4	5	6	7	8
Low Surdo		x	x	x	x	x			x
Mid Surdo		x	x	x	x	x			x
High Surdo					x				x
Repenique			x	x	fl			x	x
Snare									fl
Tamborim	1	x	x	x	x	x			
	2	x	x	x	x	x			
Agogô		h	h	h	h	h	h	h	h

sign: two little fingers show horns of taurus

Oh Shit		E				Oh			Shift
Fuck Off		E				Fuck			Off

Break 1		S		A	S	S	A		S	A		S	S	A	A	
---------	--	---	--	---	---	---	---	--	---	---	--	---	---	---	---	--

Break 2		S	S	A	A	S	S	A	A	S	S	A	S	A	S	A	
---------	--	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	--

Break 3		S	A	A	S	A	A	S	A	A	S						
---------	--	---	---	---	---	---	---	---	---	---	---	--	--	--	--	--	--

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove		1	2	3	4	5	6	7	8
Low Surdo		x	x	x	x	x			x
Mid Surdo		x	x	x	x	x			x
High Surdo					x				x
Repenique			x	x	fl			x	x
Snare									fl
Tamborim	1	x	x	x	x	x			
	2	x	x	x	x	x			
Agogô		h	h	h	h	h	h	h	h

sign: two little fingers show horns of taurus

Oh Shit		E				Oh			Shift
Fuck Off		E				Fuck			Off

Break 1		S		A	S	S	A		S	A		S	S	A	A	
---------	--	---	--	---	---	---	---	--	---	---	--	---	---	---	---	--

Break 2		S	S	A	A	S	S	A	A	S	S	A	S	A	S	A	
---------	--	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	--

Break 3		S	A	A	S	A	A	S									
---------	--	---	---	---	---	---	---	---	--	--	--	--	--	--	--	--	--

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove		1	2	3	4	5	6	7	8
Low Surdo	1	x							
Mid Surdo		x	x	x	x	x			
High Surdo									
Repenique			x	ri	x				
Snare									
Tamborim		x	x						
Agogô		l	h	l	l	h	l	l	h

Break 1		1	E	E	E	E			E
---------	--	---	---	---	---	---	--	--	---

Break 2		1	S	A	S	A	S	A	E	E	E	
---------	--	---	---	---	---	---	---	---	---	---	---	--

White Shark	1	S	A		S	A	S	A	S	A							
simulating	2	S	A	S	A	S	A	S	A	S	A						
a shark fin	3																
	4	S	A	S	A	S	A	S	A	S	A						

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove		1	2	3	4	5	6	7	8
Low Surdo	1	x							
Mid Surdo		x	x	x	x	x			
High Surdo									
Repenique			x	ri	x				
Snare									
Tamborim		x	x						
Agogô		l	h	l	l	h	l	l	h

Break 1		1	E	E	E	E			E
---------	--	---	---	---	---	---	--	--	---

Break 2		1	S	A	S	A	S	A	E	E	E	
---------	--	---	---	---	---	---	---	---	---	---	---	--

White Shark	1	S	A		S	A	S	A	S	A							
simulating	2	S	A	S	A	S	A	S	A	S	A						
a shark fin	3																
	4	S	A	S	A	S	A	S	A	S	A						



Orangutan

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique

Snare

Tamborim

Agogô

tune sign : monkey, both hands in armpits

1	2	3	4
x	x x	x x	x x x
x	ri ri	ri ri	ri ri x
.	x x	x x	x x
	x x	x x	x x
l	h	h	h

Funky gibbon  
Upside down  
'3 creature'

1  
2  
3  
4  
1-4  
1-4

S	S	S	S	S	S	S	S	S	S
.	sn	.	.	sn	.	.	sn	.	.
ri	.	.	.	ri	.	.	ri	.	.

ri = Everyone else hits the rim

Monkey Break  
One hand in armpit

oo	E	E	E	E	oo	E	E	E	E
----	---	---	---	---	----	---	---	---	---

oo = Shout Ook!

Break 2

S	A	A	S	A	A	A	A	S	A
---	---	---	---	---	---	---	---	---	---

Speaking Break

--	--	--	--	--	--	--	--	--	--

Make monkey noises

Hafila

Sign: spread arms and shake your shoulders and hips

Groove

Low Surdo

Mid Surdo

High Surdo

Repenique

Snare  
easier

Tamborim

Agogô

1	2	3	4	5	6	7	8
x	x	x	x	x	x	x	x
ri	x	x	x	ri	x	ri	x
.	.	.	.	.	.	.	.
.	.	.	.	.	.	.	.
x	x	x	x	x	x	x	x
l	h	l	h	h	h	l	h

Yala Break

all fingertips of one hand gather and shake wrist

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Kick Back 1

repeat until cut

ag = Agogô, switching between low and high each bar

S	A	A	A	S	A	A	A
ag	ag	ag	ag	ag	ag	ag	ag

Kick Back 2

S	A	A	A	S	A	A	A
.	.	.	.	.	.	.	.

. = Snare playing silent note

Break 3

sn	sn	sn	sn	A	A	sn	sn	sn	sn
----	----	----	----	---	---	----	----	----	----

Hook Break

two fingers

hooked together

S	S	A	A	S	A	A	A	S	A
S	A	A	S	A	A	S	A	A	S

Orangutan

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repenique

Snare

Tamborim

Agogô

tune sign : monkey, both hands in armpits

1	2	3	4
x	x x	x x	x x x
x	ri ri	ri ri	ri ri x
.	x x	x x	x x
	x x	x x	x x
l	h	h	h

Funky gibbon  
Upside down  
'3 creature'

1  
2  
3  
4  
1-4  
1-4

S	S	S	S	S	S	S	S	S	S
.	sn	.	.	sn	.	.	sn	.	.
ri	.	.	.	ri	.	.	ri	.	.

ri = Everyone else hits the rim

Monkey Break  
One hand in armpit

oo	E	E	E	E	oo	E	E	E	E
----	---	---	---	---	----	---	---	---	---

oo = Shout Ook!

Break 2

S	A	A	S	A	A	A	A	S	A
---	---	---	---	---	---	---	---	---	---

Speaking Break

--	--	--	--	--	--	--	--	--	--

Make monkey noises

Hafila

Sign: spread arms and shake your shoulders and hips

Groove

Low Surdo

Mid Surdo

High Surdo

Repenique

Snare  
easier

Tamborim

Agogô

1	2	3	4	5	6	7	8
x	x	x	x	x	x	x	x
ri	x	x	x	ri	x	ri	x
.	.	.	.	.	.	.	.
.	.	.	.	.	.	.	.
x	x	x	x	x	x	x	x
l	h	l	h	h	h	l	h

Yala Break

all fingertips of one hand gather and shake wrist

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Kick Back 1

repeat until cut

ag = Agogô, switching between low and high each bar

S	A	A	A	S	A	A	A
ag	ag	ag	ag	ag	ag	ag	ag

Kick Back 2

S	A	A	A	S	A	A	A
.	.	.	.	.	.	.	.

. = Snare playing silent note

Break 3

sn	sn	sn	sn	A	A	sn	sn	sn	sn
----	----	----	----	---	---	----	----	----	----

Hook Break

two fingers

hooked together

S	S	A	A	S	A	A	A	S	A
S	A	A	S	A	A	S	A	A	S

## Hedgehog

tune sign : spiky fingers on the head

## Hedgehog

tune sign : spiky fingers on the head

## Groove

Groove	1	2	3	4	5	6	7	8
Low Surdo	sil	X		X	sil	X	X	X
Mid Surdo		X		X	X	X	X	X
High Surdo		X	X	X	X	X	X	X
Repetique	ri	X	X	X	X	X	ri	X
Share	X	.	X	X	X	X	X	.
Tamborim	X	X	X	X	X	X	X	X
Agogô	l	h	l	h	l	h	l	h

## Break 1

[illegible]

## Hedgehog Call

*Hedgehog Tune sign*

[illegible]

# Nova Balanca

tune sign: fists before breast, open hands and arms

# Nova Balanca

tune sign: fists before breast, open hands and arms

## Groove

Groove	1	2	3	4
Low Surdo	x			
Mid Surdo		x		
High Surdo			x	
Repenique	x			x
Share	.	.	.	.
Tamborim	x	x	x	x
Agogô	l	h	l	h

## Bra Break

## Intro

<b>Bra Break</b>	sn	sn	sn	E	sn	sn	sn	E
<i>Intro</i>	sn	sn	sn	E	sn	sn	sn	E

> from soft to loud!

E	E	E	E	E	E
---	---	---	---	---	---

## Break 2

Break 2	S		E		S		E		S		E
---------	---	--	---	--	---	--	---	--	---	--	---

## Groove

	1	2	3	4	5	6	7	8
<b>Groove</b>								
Low Surdo	sil	X		X		X	X	X
Mid Surdo		X	X	X	X	X	X	X
High Surdo								X
Repenique	ri	X	ri	X	X	X	ri	X
Snare	X	X	X	X	X	X	X	X
Tamborim	X	X	X	X	X	X	X	X
Agogô	i	h	i	h	i	h	i	h

## Break 1

[illegible]

## Hedgehog Call

*Hedgehog Tune sign*

**Hedgehog Call**      1      count in from here      E      H e d g e h o g

## Groove

Groove	1	2	3	4
Low Surdo	x			
Mid Surdo		x		
High Surdo			x	
Repenique	x			
Share				
Tamborim	x			
Agogô				

## Bra Break

## Intro

[illegible]

> from soft to loud!

E	E	E	E	E	E
---	---	---	---	---	---

## Break 2

Break 2	S		E		S		E		S		E
---------	---	--	---	--	---	--	---	--	---	--	---

# No Border Bossa

Sign: interlock your hands like a fence and then open it

[illegible]

# No Border Bossa

**Sign:** interlock your hands like a fence and then open it

[illegible]

## Karla Shnikov

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

# Groove

## All Surdos

## Repenique

## Snare

## Tamborim

## Agogô

## Karla Break

rabbit ears OR finger  
pistol shooting up

## Break 2

## Break 2 inverted

sign with two fingers  
pointing down  
instead of up

1 2 3 4

1-3	x			0	x	x			0		
4	x			0	x	x	x	x	x	x	
	x		x	x		x	x	x	x	x	
	.	.	.	x	.	.	.	.	x	.	.
				x					x		
				x		x	x	x	x		
1				h					h		

>from soft to loud

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E
4	E													

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E			E			E			E				
3	S	S		A		S	S		A	A	A	A	A	A
4	S	S		A		S	S		A	A	A	A	A	A

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E			E			E			E				
3	S	S		A		S			A	A	A	A	A	A
4	S	S		A		S	S		A	A	A	A	A	A
5	S	S		A		S	S		A	A	A	A	A	A
6	S	S		A		S	S		A	A	A	A	A	A
7	E			E			E			E				
8	E	E	E	E	E	E	E	E	E	E	E	E	E	E

## Karla Shnikov

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

## groove

### All Surdos

### Repenique

### Snare

### Tamborim

### Agogô

## Karla Break

rabbit ears OR finger  
pistol shooting up

## Break 2

## Break 2 inverted

sign with two fingers  
pointing down  
instead of up

1 2 3 4

1-3	x			0	x	x			0				
4	x			0	x	x		x	x	x		x	
	x		x	x		x		x	x	x		x	
	.	.	.	x	.	.	.	.	.	x	.	.	.
1				x						x			
2				x		x		x		x	x		
1				h							h		

>from soft to loud

1	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E	E
4	E												

1	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E			E			E		E				
3	S	S	A		S		S	A	A	A	A	A	A
4	S	S	A		S		S	A	A	A	A	A	A

1	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E			E			E		E				
3	S	S	A		S		S	A	A	A	A	A	A
4	S	S	A		S		S	A	A	A	A	A	A
5	S	S	A		S		S	A	A	A	A	A	A
6	S	S	A		S		S	A	A	A	A	A	A
7	E		E				E		E				
8	E	E	E	E	E	E	E	E	E	E	E	E	E

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

1	2	3	4	5	6	7	8
x		sil	x		sil	x	sil
x		sil			sil	x	x
		sil	x		sil	x	x
ri	x	sil				x	hd
		fl	fl			ri	r
x	.	x	.	x	.	x	.
		x	.	x	.	x	.
x	.	x	x	x	fl		[xxx]
l	h	l	l	h	l	l	l

[ ] = triplet

Break 1

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Break 2

l	h	l	l	h	l	l	l
l	h	l	l	h	l	l	l

1-3  
4

Double Break

Make a T with both hands

Low Surdo	hd	x	x	hd	x	x	hd	x
Mid Surdo	sil	x		sil	x	x	x	x
High Surdo	sil		x	sil				

Everyone else continues playing.

Kick Back 1

Surdos	x	x	x	x	x	x	x	x
Agogô	l	h	l	h	l	h		
All others	x				x	[xxx]		

repeat until cut

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

Surdos	sil	hd		sil	hd			
All others	ri	ri	ri	ri	ri	ri	ri	ri

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

1	2	3	4	5	6	7	8
x		sil	x		sil	x	sil
x		sil			sil	x	x
		sil	x		sil	x	x
ri	x	sil				x	hd
		fl	fl			ri	r
x	.	x	.	x	.	x	.
		x	.	x	.	x	.
x	.	x	x	x	fl		[xxx]
l	h	l	l	h	l	l	l

[ ] = triplet

Break 1

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Break 2

l	h	l	l	h	l	l	l
l	h	l	l	h	l	l	l

1-3  
4

Double Break

Make a T with both hands

Low Surdo	hd	x	x	hd	x	x	hd	x
Mid Surdo	sil	x		sil	x	x	x	x
High Surdo	sil		x	sil				

Everyone else continues playing.

Kick Back 1

Surdos	x	x	x	x	x	x	x	x
Agogô	l	h	l	h	l	h		
All others	x				x	[xxx]		

repeat until cut

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

Surdos	sil	hd		sil	hd			
All others	ri	ri	ri	ri	ri	ri	ri	ri