

RHYTHMS OF RESISTANCE



**ROR
Tunes & Dances**

October 2018

History

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvadore, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up – now we're all over Europe and occasional in the rest of the world.

The Network

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

Dance 6

Löyly & Hot > Mosquito > Murder > Sun & Baby & Windy

	1	2	3	4	5	6	7	8
1	Löyly right	Löyly right	Löyly right	Löyly right	Hot left	Hot left	Hot left	Hot left
2	Mosquito right	Mosquito right	Mosquito right	Mosquito right	Mosquito left	Mosquito left	Mosquito left	Mosquito left
3	Murder right	Murder right	Murder right	Murder right	Murder left	Murder left	Murder left	Murder left
4	Sun front left	Sun front right	Sun front right	Sun front right	Baby back	Baby back	Baby back	Baby back
	Sun front left	Sun front right	Sun front right	Sun front right	Windy back	Windy back	Windy back	Windy back

Löyly

Pour water onto the sauna with both of your hands while stepping sideways.

Hot

Wave some air towards your head while stepping sideways.

Mosquito

Both hands together fly up into the air like a mosquito, then clap in the air. Step sideways at the same time.

Murder

First touch your foot with your

hand behind your back. Then step to the side while pulling apart the prison bars.

Sun

Jump on one leg while waving the other foot and hand in the air.

Baby

Make a 360° turn while holding a baby in your arms.

Windy

Vertically rotate both your arms backwards twice.

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

Snowboots + Hips

3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

Tiger (with claws)

Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

Winding Plants

Start with elegantly crossing your arms in front of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using tactical frivolity as a form of political action to confront any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

Our tactics include drumming and dancing inspired by samba and carnival.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principles.

Come with us! We have everything to play for!

Cultural Appropriation

Cultural appropriation is the adoption of elements of a minority culture by members of a dominant culture, while using these elements outside of their original cultural context. These cultural properties may be forms of dress, music or art, religion, language, intellectual property or social behavior, all of which may have deep cultural meaning to the original culture, but may be used as fashion by those from outside that culture.

Often, the original meaning of these cultural elements is lost or distorted, and such displays are often viewed as disrespectful, or even as a form of desecration, by members of the originating culture. Cultural elements which may have deep meaning to the original culture may be reduced to “exotic” fashion or toys by those from the dominant culture. When this is done, the imitator, who does not experience that oppression is able to “play”, temporarily, an “exotic” other, without experiencing any of the daily discriminations faced by other cultures. Appropriation and the “fetishizing” of cultures, in fact, alienates those whose culture is being appropriated

(From Wikipedia)

Rhythms of Resistance takes its form of action and some aspects of its music from a Brazilian Black liberation movement, while not being part of that movement. Our selection of instruments is the same and our way of maestrating similar to real batucadas. Custard, Samba Reggae and Sheffield Samba Reggae are simplified versions of original Samba Reggae rhythms, and Afoxê, Bhangra, Crazy Monkey, Hafla and probably others are based on other styles of music from the Global South. The names Voodoo and Xango have a religious background.

There is an ongoing debate in the RoR network about to what extent this is cultural appropriation, and what consequences to draw from that. Many bands have decided to stop calling themselves “Samba” or “Batucada”, but rather use alternative phrases like percussion or drumming. Some bands have decided to stop playing specific tunes.

Still it is important to acknowledge that our methods and music are inspired by Samba and Carnival and are using many elements from it.

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWl			SWr			SWl	
		SWr			SWl			X

Lead Pipe

Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At “Go” you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you’d catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you’d carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it’s a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you’re now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of “X” you just step on the other leg. Comment: 16 beats are good for this move.

Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

RoR Player

On <https://player.rhythms-of-resistance.org/>, you can find a player for all RoR tunes, where you can look at the tune sheets, listen to them, combine them in different ways, modify them, and even create your own tunes.

The player has two modes, which you can select on top of the screen. In "Listen" mode, you can listen and read a detailed description of each tune by selecting one from the list on the left (on mobile devices, click on the menu button on the top left first). By clicking on the pen symbol, you can see the notes of a tune or break while it is playing.

By clicking the dropdown with the Equalizer symbol, you can make specific instruments louder or quieter, adjust the playback speed, and add a whistle sound on the 1 or on each beat.

In "Compose" mode, you can modify tunes/breaks, compose your own ones, and listen to them in different combinations. On the right side, you can create a "song" (a sequence of tunes/breaks). For this, either click on the plus sign on a tune/break in the tune list, or you drag it into the song. If you drag it to the row of one instrument, only this instrument will play it, if you drag it into the "All" row that appears on the bottom of the song player, all instruments will play it. To change which instruments play a tune/break, either drag it around, or click on the hand to select the instruments, or use the resize handle in the bottom right of a tune/break block.

When you click on the pen (Edit) symbol on a tune/break, the tune sheet for that tune/break is opened. You can change the tune sheet, even while it is playing, by clicking in any place and selecting what kind of stroke the instrument should be playing there. You can also type the strokes on your keyboard (for example by pressing an X for a normal stroke), which is much faster when you want to modify a whole line.

You can create create your own tunes by clicking "New tune" in the bottom of the tune list. Any modifications that you make to existing tunes and any tunes that you create are saved in your browser, so when you restart your computer, they are still there, but to share them with other people, you need to click on "Tools" → "Share" to generate a link that contains your tunes. When opening a link that someone else sent you, use the "History" button on the top right to go back to the tunes/songs that you had created before.

General Breaks

Silence
4 fingers
1

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 4 Beats of Silence

Double Silence
two hands show
4 fingers
1

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

2

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 8 Beats of Silence

Triple Silence
like "Double Silence"
one hand upside down
1

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

2

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

3

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 12 Beats of Silence

Quad Silence
like "Double Silence"
both hands upside down
1

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

2

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

3

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

4

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 16 Beats of Silence

Continue One Line
draw a horizontal line in the air with one finger
1

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

 Continue 4 Beats

Continue Two Lines
like "continue one line"
with both hands
1

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

2

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

 Continue 8 Beats

Continue Three Lines
like "continue two lines"
and then "continue one line"
in the opposite direction
1

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

2

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

3

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

 Continue 12 Beats

Continue Four Lines
like "continue two lines"
and then again in the
opposite direction
1

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

2

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

3

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

4

.
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

 Continue 16 Beats

Eight Up
both hands move up
while fingers shaking
1

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

2

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

 from soft to loud

Eight Down
both hands move down
while fingers shaking
1

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

2

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

 from loud to soft

Karla Break
rabbit ears OR
finger pistol shooting up
1

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

2

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

3

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

4

E															
---	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 from soft to loud

Call Break
... "oi": two arms crossing, with OK-sign
... "ua": two fists, knuckles hit each other

E						[EEE]		E						shout ...
---	--	--	--	--	--	-------	--	---	--	--	--	--	--	-----------

Cat Break
claws to left and right

m						i									
---	--	--	--	--	--	---	--	--	--	--	--	--	--	--	--

from high to low sound

Wolf Break
wolf's ears and teeth
1

S	S	A		S	S	S	S	A			S
---	---	---	--	---	---	---	---	---	--	--	---

2

S	S	A		S	S	S	S	A			
---	---	---	--	---	---	---	---	---	--	--	--

3

S	S	A		S	S	S	S	A			
---	---	---	--	---	---	---	---	---	--	--	--

4

E	E	E	E	E			a	u	-	-	-
---	---	---	---	---	--	--	---	---	---	---	---

< a-u = like a howling wolf

Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		SI		SI	
	Pr		Pr		PI		PI	
2	St				St			
	St				St			
3	J & Ar				J & AI			
	J & Ar				J & AI			
4	Qr				QI			
	Qr				QI			

Step
Step to a side. (Every second beat a step)

Push
Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star
[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms

to the lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump
Jump with both feet.

Aeroplane
See Dance 1

Queen
Hold your arms streched out to both sides. [1] Touch with one streched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side- wards. (3 steps, cross behind the leg.)

1	Mr				Mr				RI							
	Mr				Mr				RI							
2	Pr				Pr				PI				PI			
	Pr				Pr				PI				PI			
3	Tr				Tr				AI							
	Tr				Tr				AI							
4	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBI	DBI	DBI	DBI	DBI	DBI	DBI	DBI
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBI	DBI	DBI	DBI	DBI	DBI	DBI	DBI

Hold your arms stretched out to your left, your hands at right angles to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body :-)

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

Step to a side, each beat two steps. Hold the corresponding arm stretched out to the front. (Define the boundary.) Hide the other arm behind your back.

shout with your
hands forming
a funnel

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E
4	This	is		what	demo		crazy		looks	like		
5	E	E	E	E	E	E	E	E	E	E	E	E
6	This	is		what	demo		crazy		looks	like		
7	E	E	E	E	E	E	E	E	E	E	E	E
8	This	is		what	demo		crazy		looks	like		
9	This	is		what	demo		crazy		looks	like		
10	This	is		what	demo		crazy		looks	like		
11	E		E		E		E		E			

from soft to loud

from soft to loud

fingers move up
corners of your mouth

ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha			
----	----	----	----	----	----	----	----	----	----	----	--	--	--

 laughter
from high to low sound

Move flat hand from top to bottom
of face

1	ms			ms		ms		ls		l
2	ms			ls		hsms				

5 fingers and other
hand grabbing thumb
(can be inverted by sh

[illegible]

rabbit ears OR finger pistol,
the other hand is grabbing
the thumb

[illegible]

Point your thumb and index finger up as if indicating a distance of about 10 cm between them

E			E			E			E		E		
---	--	--	---	--	--	---	--	--	---	--	---	--	--

Like "Clave", but with the two fingers pointing down

		E		E				E			E	
--	--	---	--	---	--	--	--	---	--	--	---	--

all fingertips of one hand gather and shake wrist

E		E			E	E				E		
---	--	---	--	--	---	---	--	--	--	---	--	--

Show a > with your index+middle finger and move it horizontally in front of your eyes.

E-	very	bo - dy	dance	now
----	------	---------	-------	-----

Everybody sings
he continues to play
randomly for a while.

Point up the middle finger

1	I	I	I	I	I	I	I	I	E	E
	E	I	I	I	I	I	I	I	E	E
	E	I	I	I	I	E	E	E	E	E
2-4	E	e	e	e	E	E	E	E	E	E
	E	e	e	e	e	e	e	e	E	E
	E	e	e	e	E	E	E	E	E	E

3 × from soft to loud

l = Agogô plays low e = everyone play softly
2nd time: everyone except Surdos
4th time: Agogô plays high

Hold one arm vertically in front of your body and move the other up along the arm

When any break or sequence of breaks is shown followed by this sign, it should be played 4 times, starting very quietly and getting louder each time.

Tamborim Stroke

Make a circle with your index finger and thumb, like "OK"

Play another instrument

Hold both hands in front of your face, and wave your arms to cross each other

Switch Call/Response

Point with both index fingers forward and wave your arms to cross each other.

In a loop

Hold one arm vertically in front of your body and make a wave over it with the other hand

Storming Break

show the arm as a measure
with the other hand on elbow
don't make a fist

Alerting / Magic Wand Break

show your flat hand
and hit it with stick

Chaos Break

Point with index finger at temple

Again

Hit with flat hand on forehead

Improvisation

Point at your nose and at the sambista who can play freely

Notation

Call-Response	E	Everybody
	S	Surdos
	A	All others
Surdos	O	damped with hand
	sil	silent hit (with one hand resting on the skin)
Repinique	fl	flare: multiple hit with rebounding stick
	hd	hand hits the skin
	sil	silent hit with one hand resting on the skin
	ri	hit rim and skin at the same time or hit only the skin near the rim
Agogô	h	high bell
	l	low bell

Everyone plays the line of the tamborim once

Show this sign followed by the sign of an instrument to make everyone play the line of that instrument.

Calling and responding instruments switch roles.
Only works in Call+Response breaks, for example
Wolf Break or Funk Break 1.

When any break or sequence of breaks is shown followed by this sign, it should be repeated continuously until the maestra instructs to play something else.

chosen instrument section plays sixteenths with
volume indicated by maestra
if you can't stand it anymore: scream

Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.

Everyone plays something chaotic, getting louder and louder. No Counting in!

Repeat the last break (combination)

Show all others what they should do in the meantime,
so the length of the impro part is defined

Žurav Love

tune sign : open and close the beak of a bird with your hands

[illegible]

Xango

tune sign : rain trickling down, with 10 fingers

Groove

		1	2	3	4
Low Surdo	1	sil		x	x x
Mid Surdo		x	x		
High Surdo					x x x x
Repinique		x	x x	x	x x x
<i>if too hard play tamb. Part</i>					x x x
Snare		x . . x	x . x x
Tamborim	1	x	x	x	x
	2	x x			x
Agogô		l	h	l	l

Intro

building a tower with fists
on top of each other,
upwards

Everyone except surdos hits the rims											
ri		ri	ri	ri		ri		ri		ri	
repeat until cut											

Surdo Part of Intro

flat hand on head

can be remembered by:
start: 1 – 4 – 3 – 5
then: 2 – 4 – 3 – 5 :||

1	S							S		S	S
2	S							S		S	S
3	S						S	S		S	S
4	S								(S)		
not before before Boum Shakala Break repeat											

Boum Shakala Break

Crossed fingers

1	S		E	E	E		S		E	E	E
2	S		E	E	E		S		E	E	E
3	S		E	E	E		S		E	E	E
4	sn	.	.	sn	.	.	sn	sn	sn		
									hs	hs	hs

Break 2

1	S		S	S			S	S	S	S	S
2	S		S	S			S	S	E	E	E
3	S		S	S			S	S	S	S	S
4	S		S	S			S	S	E	E	E
5	S		S	S			S	S	S	S	S
6	S		S	S			S	S	E	E	hs

Afoxê

Groove

tune sign : 'shaving the armpit'

	1	2	3	4	5	6	7	8
Low Surdo	sil				sil			
Mid+High Surdo	0		x		x		x	x
Repinique	fl	hd	sil	hd	sil	hd	sil	sil
Snare	x	.	.	x	.	x	.	.
Tamborim	x	x	x	x	x	x	x	x
Agogô	h	h	l	l	h	l	h	l

Break 1

S		A	A	A	S		A	A	A	E	E	E	E	E
---	--	---	---	---	---	--	---	---	---	---	---	---	---	---

Break 2

									S				S	S
--	--	--	--	--	--	--	--	--	---	--	--	--	---	---

S = Mid and high surdos, everybody else continues playing!

Break 3

		S	S	S	S			S	S	S	S	S	S	S
--	--	---	---	---	---	--	--	---	---	---	---	---	---	---

S = Mid and high surdos, everybody else continues playing!

Bra Break

pulling a bra

1	Ri	Ri			A	A			Ri	Ri			A	A	A	A
2	Ri	Ri			A	A			E	E			E	E	E	E

Ri = call by repinique

Voodoo

tune sign : aureole – make a circle around head with your index finger down

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x		x		x		
Mid+High Surdo	sil	sil	sil	sil	sil	sil	sil	0
Snare	x	.	x	.	x	.	x	.
Repinique	x		x		x		x	
Tamborim	x	x	x	x	x	x		
Agogô	h	l	l	l	h	l	h	l

Scissor Break

Signed like scissors

E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

1 2 3 4 in my un- derpants

Van Harte pardon!

tune sign: heart formed with your hands

Groove

	1	2	3	4	5	6	7	8
Low+Mid Surdo	0			x	x	0		x
High Surdo	sil		x		sil		x	
Snare 1 / Repinique	.	.	x	.	.	x	.	x
Snare 2 / Shakers	x	.	x	.	x	.	x	.
Tamborim		x		x	x	x		x
Agogô	h	.	l	l	.	h	h	.

Break 1

g	.	.	r	.	.	o	.	.	o	.	v	.	e	.	E	E	E	E	E	E				hey!		
Everybody sings this															shout:											

Silence Break

the sign is 4 fingers up

													ls	ls												
													ag	ag												

ls = low surdo
ag = agogô

Break 2

x			sil										x		x		sil									x
x			sil										x		x		sil									x
x	.	.	x	.	.	x	x	x	x	.	x	x	.	x	.	x	.	x	.	x	.	x	.	x	.	.
						x	x	x	x	.	x	x	.	x	.											
						h	h	h	h	.	o	h	.	h	.											

repeated on and on until maestra calls off:

together

x			sil										x		x		sil									x
x			sil										x		x		sil									x
x	.	.	x	.	.	x	(x)	x	x	.	x	x	.	x	.	x	.	x	.	x	.	x	.	x	.	.
						x	(x)	x	x	.	x	x	.	x	.											
						h	(h)	h	h	.	o	h	.	h	.											

back into the groove

Cross Break – Surdos

sign 'x' with the arms

	1	2	3	4	5	6	7	8
Low Surdo	x							x
High Surdo	x		sil					x

repeated until cut

Cross Eight Break – Surdos

sign 'x' with arms showing
Eight Up

x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

from soft to loud ...

Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove

	1	2	3	4
Low Surdo	1	rh		rh
Mid Surdo		x	x	x
High Surdo		x	x	x
Repinique		fl		fl
Snare		.	.	.
Tamborim		x		x
Agogô		l	h	h

Low surdo: turn your right stick 180° and hit the side of the drum

rh = right hand, lh = left hand

Break 1

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Break 2

1	S		A	A	A		A	A		A	A		A	A		A	A		A	A		S				
2	S		A	A	A		A	A		A	A		A	A		A	A		A	A		S				
3	S		A	A	A		A	A		A	A		A	A		A	A		A	A		S				
4	E		E		E		E		E		E		E		E		E		E		E		S			

snare continues playing through the break!

Break 3

1	E				E	E	E	E																		
2	E		E		E		E	E																		
3	E				E	E	E	E																		
4	E		E		E		E	E																		
5	E		E		E		E	E																		

repeat until cut

Bhangra

this tune is a 6/8

tune sign : folded hands, like praying

Groove

	1	2	3	4	5	6	7	8
1	x			x				x
2	x			x			x	x
1	x	s	s	x	s	x	x	s
2	x	s	s	x	s	x	x	x
1	r	.	.	.	r	.	r	.
	x	x	x	x	x	x	x	x
	h	h	l	l				
	x	x	x	x	x	x	x	x

s = soft flare

Break 1

1	S	S	S	S	S	S	A	S	S
2	S	S	S	S	S	S	A	S	S
3	S	S	S	S	S	S	A	S	S
4	S	S	S	S	sn	sn	sn	sn	sn
	do	as	/	say,	you	old	dam	dam,	/ say say

Walc(z)

this tune is a 6/8

tune sign : draw a triangle in the air with one hand

Groove

	1	2	3	4
Low Surdo				
Mid+High Surdo				
Repinique				
Share				
Tamborim				
Agogô				
Shaker				

Break 1

E	E	E	E
---	---	---	---

Break 2

ls	ls	ls	ms	ms	hs	hs	A	A	A	A
----	----	----	----	----	----	----	---	---	---	---

Bra Break

1	R	R	A	R	R	R	A			
2	R	R	A	R	R	R	A			

Break 3

1	S	S	A	S	S	S	A			
2	S	S	A	S	E	E	E			

Break 5

.	.	sn	.	sn	.	sn	.	E	E	E	E
---	---	----	---	----	---	----	---	---	---	---	---

Cut-throat Break

Sign like cutting your throat with a finger

S	A	A	A	S	A	A	A				
---	---	---	---	---	---	---	---	--	--	--	--

Cut-throat Break

Fast

S	A	A	S	A	A	S	A	A	A		
---	---	---	---	---	---	---	---	---	---	--	--

tune sign: Shake salt onto your hand

6 7 8

(0) = Can be played optionally to make the rhythm easier to understand

1						h	Tequila!	(ls)
---	--	--	--	--	--	---	----------	------

[illegible]

Repeat 3 times Ri = call by repinique

[illegible]

1	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

1	R	A	R	A	A	R	S	A
2	R	A	R	A	A	R	S	A
3	R	A	R	A	A	R	S	A
4	R	A	R	A	A	R	S	A
5	R	A	R	A	A	R	S	A
6	R	A	R	A	A	R	S	A
7	R	A	R	A	A	R	S	A
8	R	A	R	A	A	R	S	A

from soft to loud
eh: shout

Sign: scratch your head and your armpit at the same time like a monkey

	8
	7
	6
	5
	4
	3
	2
1	1

(x) = variations [] = triplet

A = all others except agogó
E = everyone
ms = Mid Surdo

1	—	h	—	—	A	—	—	ms
2	—	h	—	—	A	—	—	
3	—	h	—	A	h	h	h	
4	E	h	h	h	E	E	A	

tune sign : smoke a joint like
a cup of tea (with thumb and
index finger)

1			2			3			4			
x			x		x	x			x	x	x	x
			x		x				x		x	
			x		x	x		x	x	x	x	x
x	.	x	.	.	x	.	.	.	x	.	x	.
x	.	x	.	.	x	.	.	.	x	.	x	.
x	x	x				x			x	x		
x	x	x	x		x	x			x	x		
	h		l		l	h	h		l	h		l
	<i>I</i>		<i>like</i>		<i>to</i>	<i>play</i>	<i>the</i>		<i>A</i>	<i>go</i>		<i>go</i>

1
2
3-5
6

R		R		R		R		R		R		R		R		R		R	
R		R		R		R		R		R		A		A		A		A	
A		RR		R		R				RR		R		R		A		A	
A	A		A		A		A		RR	R		R	E			A		A	

[illegible]

1

R	R	ri	R	R	ri	R	R	R	ri	R	R		ri	
S	R	A			A				A				A	
R	R	ri	R	R	ri	R	R	R	ri	R	R		ri	
S		A			A				A				E	
R	R	ri	R	R	ri	R	R	R	ri	R	R	R	ri	R
S		A			A				A				A	A
R		R		R	R		RR	R			R		R	
E		A		A	A						A		A	

- 1
- 2

S			S			S		A			A			A	
S			S			S		A	A	A	A	A		A	

Loop until told otherwise

1

E	E	E	E	E	RR	R	R	R	E
E									E

then stop playing

Groove

1			2			3			4						
x			w	x		w	x		w	x		w	x		
x	.	.	x	.	.	x	.	.	x	x	.	.	x	x	.
x	.	.	x	.	.	x	.	.	.	x	.	.	x	.	.
	x		x	x		x	x		x	x				x	
	x		x	x	x	x	x		x	x					
l			h	h		l	l		h	h			h		
x		x	x		x	x		x	x		x	x		x	

w = whippy stick

Bra Break

1-4	RR	R	R	R			A	A	A	A					} × 4
5-14		R	.	R	.	R	.	R	.	RR	RR	RR	RR		
6-15		R			A	A		A		A	A		A		
7-16					A	A		A		A			A	A	

Last beat overlaps with first Repi beat

Break 1

Pr		pr		pr			E	E		E	E		
----	--	----	--	----	--	--	---	---	--	---	---	--	--

Pr = long whistle pr = short whistle

Break 2

1-4

S		S		S		S		S		A	A		A	A	
---	--	---	--	---	--	---	--	---	--	---	---	--	---	---	--

repeat 4 times

Break 2

1

sn = snare
 . = dead note on snare
 ms = Mid Surdo

1

1

1

1

Break 3

1

ms = Mid Surdo

1

1

Bongo Break 1

1

play a bongo with
one hand

one hand

Bongo Break 2

1

play a bongo with
two hands

two hands

Monkey Break

like tune sign

Shout like a monkey

[UUU]	[AAA]
alternative: different rhythm or just chaotic voices	

Cochabamba

tune sign : drink from a cup formed with one hand

Groove

	1	2	3	4	5	6	7	8
Low+Mid surdo	x	0	x	0	x	0	x	0
High surdo	x	0	x	0	x	0	x	0
Repinique	.	x	.	x	.	x	.	x
Snare/Shakers	.	x	.	x	.	x	.	x
Tamborin	h	h	l	h	h	h	h	l
Agogô	h	h	l	h	h	h	h	l

. = clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat
Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Break 1 (Iron Lion Zion Break)

x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x

Everyone together ... start soft and go louder!
<

Bra Break pulling a bra

c	c	c	c	c	c	c	c	c
c	c	c	c	c	c	c	c	c
c	c	c	c	c	c	c	c	c

c = call by maestro (on repinique or snare)
A = All others answer

Cross Kicks for surdos

sign 'X' with the arms, waving towards the sky

x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x
x	x	x	x	x	x	x	x	x

high surdo
low surdo

Break 3

fl = flare on repinique
R = hit on repinique

T+h = Tamborin + high agogô bell

SOS Break

signed by waving
the palms diagonal
across one shoulder

Knock on the door Break

knock with the knuckles of your
right hand on your flat left hand

last run: repis plays this →

Dancing Break

sign by showing the dance:
arms down to the right, and
to the left – then arms up to
the right, and left .. and go!
(start down right)

snare continues playing this trough the break

1	sn	.	.	.	sn	.	.	.	sn	.	.	.	sn	.	.	.
2	S			S	S		S		S	S		S	S		S	
3	A			A			A			A			S		S	
4	S			S			S		S	S		S	S		S	
5	A			A			A			A			R		R	
6	S			S			S		S	fl	R		R		R	
7	S			S			S		S	fl	R		R		R	
8	S			S			S						hs	hs	hs	hs

hs = high surdo picks up

1	S		A	A		A	A		S		A		A			
2	S		A	A		A	A		S		A		A			
3	S		A	A		A	A		S		A		A			
4	S		A	A		A	A		S		A		A		ls	

ls = low surdo picks up

after which the repinique picks up this rhythm and plays in the tune:

		x	x		x	x			x		x					
... until next time the SOS break is played. Then it goes back to:																
		x	x			x	x			x	x			x	x	

snare continues playing this or the rhythm of Bra Break

1	E											[E E E]				
2	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
3	E			E			E		E			E	E		E	
4	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	E			sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	R		R		R	R		R		R		R		R	R	

repeat until cut

The players wo don't play dance (see left)

1-7	S			S			S	S			S					
2-6	A			A			A	A			A					
8	A			A			A	A			A			ls		

ls = low surdo picks up

Samba Reggae

tune sign: smoking a cigar/joint

Groove

	1	2	3	4
Low Surdo	1 0	x	0	x x
Mid Surdo	x	0	x	0 x x
High Surdo	0		0	x x x
Repinique		x x	x x	x x
Snare	x . .	x . .	x . .	x . .
Tamborim	x	x	x	x
Agogô	l	h	h	h

Bra Break

R = hit on repinique
fl = flare on repinique
T = Tamborim

1	fl	R	R	R	R	R	A	A		
2	fl	R	R	R	R	R	A	A		
3	fl	R	R	R	R	R	A	A		
4	T		T		T		T	T		
5	T		T		T		T	T		
6	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .		
7	T		T		T		T	T	ls	
8	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .		

ls = low surdo picks up

Clave

1	E	E	E	E	E
---	---	---	---	---	---

CALL by repi

Break 1

1	x	x	x	x	x	x	x	x	x		
2	A		A		A		A		A		
3	x	x		x	x		x	x		x	x
4	A		A		A		A		A		
5	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	
6	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	
7	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	
8	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	
9	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	
10	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	sn . .	
11	sn		sn		sn		sn		sn		hs

hs = high surdo picks up

CALL by repi

Break 2

1	x		x		x		x+A	A	A	A
2	x		x		x		x+A	A	A	A
3	x		x		x		x+A	A	A	A
4	x		x		x		x+A	A	A	A

Custard

tune sign : making an offer to the sky,

Groove

	1	2	3	4
Low Surdo	1 0	x	0	x x
Mid Surdo	x	0	x	0 x
High Surdo	x	x	0	x x
Repinique		x x	x x	x x
Snare	x . x .	x . .	x . x .	x . .
Tamborim	x	x	x x	x x
Agogô	h	h	l l	h

Break 1

1	S	S	S	S	A	A	A	A	A
2	S	S	S	S	A	A	A	A	A
3	S	S	S	S	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

Break 2

1	T	T	T	T	A	A	A	A	A
2	T	T	T	T	A	A	A	A	A
3	T	T	T	T	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

ONE instrument section continues while the rest of the band plays this break

Break 3

+ instr. sign
that continues

1-7	A								A
2-8	A								A
8	sn .	sn .	sn .	sn .	sn .	sn .	sn .	sn .	sn .

Break 5

1	sn .	sn .	sn .	sn .	sn .	sn .	sn .	sn .	A
2	A	sn .	sn .	sn .	sn .	sn .	sn .	sn .	A
3	A	sn	sn	A	sn	A	sn	sn	A
4	A	sn	A	sn	A	sn	A	sn	sn

Singing Break

Signed as Break 1,
with a lot of
blabla...

	* *	* *	* *	* *	* *
1	I've	got	cus	tard	in
2	I've	got	cus	tard	in
3	I've	got	cus	tard	in
4	We've	got	cus	tard	in

Surdo players sing first half, same beats as they would play.

All other answer, same beats as they play.

Last part Everyone sings together.

Drum&Bass

tune sign: With one hand in your ear lift the other and move it front and back

Groove

	1	2	3	4	5	6	7	8
1	x			x	x		x	
Low Surdo			x	x		x	x	
Mid Surdo		x		x				x
High Surdo			x					
Repinique		x	x	x		x		x
Snare	.	.	.	x
2	.	.	.	x
Tamborim		x				x		x
Agogó	l	h	l	h	l	h	l	h

Dance Break

1 E- very bo - dy dance now
Show a > with your index+middle finger and move it horizontally in front of your eyes.

Everybody sings and starts dancing

Break 2

1	S	A	S	S	A	S	A	S	A
2	S	A	S	S	A	x	x	x	

x = hits on snare and repi

Break 3

1	E			E		E		E	
2	E			E		E		E	
3	E			E		E		E	

R = hit on repi
Ri = repi hit on rim
sn = snare

Hip-Hop Break

hit your chest

1	S		S	A			S	A		S	A		S	Ri	S	Ri	S
2	S		S	A			S	S	A		S	A		S	Ri	R	A
3	S		S	A			S	S	A		S	A		S	S	S	A
4	S		S	A			S	S	A		sn		sn		sn		sn

Küsel Break

hands twist head

S	S	S	S	S	S	S	S	S	A	A	A	A	A	A	A	A	A
sn	.	sn	sn	.	sn	sn	.	.	sn	.	sn	.	sn	.	sn	.	sn

all players turn around 360° while playing the break

Skiping Agogó

h		h	h	h	h	h	h	h	h	l	l	l	l	l	l	l	l
---	--	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

I like to move it

curling hands
up and down

l		l		l		l		h		R		R		h		R	
---	--	---	--	---	--	---	--	---	--	---	--	---	--	---	--	---	--

Repi and Agogó

play as a loop

Eye of the

tiger

claws left and

right

Surdos (High, Middle, Low), Snare

Hi	Hi	Mi	.	.	Hi	.	Mi	.	.	Hi	.	Mi	.
.	Hi	Mi	.	.	Lo	.	Mi	.	.	Agogó beating fast between both bells...	.	snare stops here	.

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x				x
Mid Surdo	x	x		x	sil			x
High Surdo		sil			x	x	x	x
Repinique	sil	x		fl	sil	fl	x	fl
Snare	x	.
Tamborim	x	x	x	x	x	x	x	x
Agogô	h	h	l	l	h	h	l	h

1
2

Oh Shit

E				Oh			Shit	
---	--	--	--	----	--	--	------	--

sign: two little fingers show horns of taurus

Fuck Off

E							Fuck	
							Off	

sign: one little finger

Break 1

S		A	S	S	A		S	A
							S	S
							A	A

Break 2

S	S	A	S	S	A	A	S	
							A	S
							S	S
							A	S
							A	S
							A	S

Break 3

S	A	A	S	A	A	S		

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
Low Surdo	X	X	X	X	X	X	X	X
Mid Surdo	X	X	X	X	X	X	X	X
High Surdo	X	X	X	X	X	X	X	X
Repinique	fl	x	ri	x	fl	x	ri	x
Snare	x	.	x	.	x	.	x	.
Tamborim	x	x		x	x	x	x	x
Agogô	l	h	l	h	l	h	l	h

Break 1

1	E	E	E	E	E			
---	---	---	---	---	---	--	--	--

Break 2

1	S	A	S	A	S	A	E	E

White Shark

1	S		A		S		A	
2	S	A	S	A	S	A	S	A
3	S	A	S	A	S	A	S	A
4	S	A	S	A	S	A	S	A
	l	h	l	h	l	h	l	h

Funk

tune sign : glasses on your eyes

Groove

Groove	1	2	3	4	5	6	7	8
All Surdos	X	X	X	X	X	X	X	
Repinique	fl	hd	hd	hd	hd	hd	hd	hd
Snare	.	.	.	X	.	X	.	X
Tamborim		X		X	X	X	X	X
Agogô	l	h	l	h	l	h	l	h

Break 1

1	S	S	A	A	S	S	S	A	A	S	A			A
2	S	S	A	A	S	S	S	A	A	S	A	A		

Break 2

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Call Break

E					
[EEE]					
E					
<i>shout ...</i>					

... "oi": two arms crossing, with OK-sign

... "ua": two fists, knuckles hit each other

Ragga

tune sign : fists together, thumbs to the left and to the right

Groove

Groove	1	2	3	4	5	6	7	8
Low Surdo	X	X	0	X	X	X	X	X
Mid Surdo	0	X	0	X	0	X	0	X
High Surdo	0		0		0	X	0	X
Repinique								
<i>an additional variation</i>								
Snare								
Tamborim								
Agogô								

Kick Back I

thumb back over shoulder

Kick Back II

*like Kick Back I,
but with two thumbs*

[illegible]

repeat until cut with one of the breaks

Break 1

S		A	S	A	S	
---	--	---	---	---	---	--

n' in: 1

this break is only two counts long – afterwards continue normally with the first beat

Break 2

[illegible]

Break 3

S		S		A		A		A		A
---	--	---	--	---	--	---	--	---	--	---

Zorro-Break

sign 'Z' in the air

[illegible]

Sign: interlock your hands like a fence and then open it

1	2	3	4	5	6	7	8
---	---	---	---	---	---	---	---

sil	sil	h	x	x	sil	sil	h	x	h	sil
sil	sil	h	x	x	sil	sil	h	x	h	sil

[illegible][illegible]

x	ri	fl	hd	fl	hd	fl	hd	fl	hd
x	ri	fl	hd	fl	hd	x	ri	fl	hd

[illegible][illegible]

u
x
-
-
x
u
u
x
-
-
-
x
u
u
u

Surdos: only 1 Stick in one hand; h = other hand hits skin

[illegible]

Surdos only, Rest continues

[illegible][illegible][illegible]

Groove

			2			3			4		
			0	x	x				0		
			0	x	x	x			x	x	x
		x	x		x	x			x	x	x
.	.	.	x	x	.	.
			x						x		
			x		x	x			x	x	
		l	h	l	l				l	h	l

rabbit ears OR finger
pistol shooting up

Break 2 inverted
sign with two fingers pointing down instead of up

[illegible]

E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
E				E				E				E			
S		S		A			S		S		A	A	A	A	
S		S		A			S		S		A	A	A	A	

[illegible]

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x							
Mid Surdo		sil	x	sil	x	sil	x	sil
High Surdo	x	sil	x		sil		x	x
Repinique	ri	x		fl			x	hd
Snare	x	.	x	.	x	.	x	.
Tamborim	x	x	x	x		fl		[x x x]
Agogô	l	h	l		h		l	l

[] = triplet

Break 1

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Break 2

1-3	l	h						
4	l	h	l	l	h	l	l	l
							A	A
							A	A
							A	A
							A	A

Double Break

Make a T with both hands

x	hd	x	x	hd	x	x	hd	x
	sil	x			x	x	x	
x	sil		x	sil	sil		x	
l	h	l	l	h	l	l	l	h

Like the groove, but double speed.
Everyone else continues playing normally.

Kick Back 1

x	x	x	x	x	x	x	x	x
l	h	l	h	l	h			
	x			x		[x x x]		

repeat until cut

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

ri	ri	sl	hd	ri	ri	ri	ri	ri
----	----	----	----	----	----	----	----	----