

RHYTHMS OF RESISTANCE



**ROR
Tunes & Dances**

March 2018

History

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvadore, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up - now we're all over Europe and occasional in the rest of the world.

The Network

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

Snowboots + Hips

3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

Tiger (with claws)

Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

Winding Plants

Start with elegantly crossing your arms infront of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

Lead Pipe

Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At "Go" you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you're now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of "X" you just step on the other leg. Comment: 16 beats are good for this move.

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using samba as a form of political action.

We use tactical frivolity, inspired by carnival to confront and criticize any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principle.

Come with us! We have everything to play for!

RoR Player

On <https://player.rhythms-of-resistance.org/>, you can find a player for all RoR tunes, where you can look at the tune sheets, listen to them, combine them in different ways, modify them, and even create your own tunes.

On the left side, you see the tune list. When you click on a tune, you will see a list of all the breaks that belong to it. There is a Play button to listen to them once. On top of the tune list, you can search for specific tunes. By default, only the most common tunes are displayed. You can change that by selecting “All tunes” in the dropdown menu.

On the right side, you can create a song. For this, either click on the plus sign on a tune/break in the tune list, or you drag it into the song. If you drag it to the row of one instrument, only this instrument will play it, if you drag it into the “All” row that appears on the bottom of the song player, all instruments will play it. To change which instruments play a tune/break, either drag it around, or click on the hand to select the instruments, or use the resize handle in the bottom right of a tune/break block.

Click the green play button to listen to your song. With the slider on top, you can change the playback speed, and next to each instrument there is a mute button and a headphones button to only listen to that particular instrument.

When you click on the pen (Edit) symbol on a tune/break, the tune sheet for that tune/break is opened. You can change the tune sheet, even while it is playing, by clicking in any place and selecting what kind of stroke the instrument should be playing there.

You can create create your own tunes by clicking “New tune” in the bottom of the tune list. Any modifications that you make to existing tunes and any tunes that you create are saved in your browser, so when you restart your computer, they are still there, but to share them with other people, you need to click on “Tools” → “Share” to generate a link that contains your tunes. When opening a link that someone else sent you, use the “History” button on the top right to go back to the tunes/songs that you had created before.

Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

tune sign : open and close the beak of a bird with your hands

	1	2	3	4	5	6	7	8
1	0	0	0	0	0	0	0	0
2	0	0	0	0	0	0	0	0
3	0	0	0	0	0	0	0	0
4	0	0	0	0	0	0	0	0
5	0	0	0	0	0	0	0	0
6	0	0	0	0	0	0	0	0
7	0	0	0	0	0	0	0	0
8	0	0	0	0	0	0	0	0

[illegible][illegible]

.			
.			
.			
x	x		x
.			x
x			
x			
x			
.			
.			
.			
x	x	h	x
x		h	x
x		h	
.			
.			
.			
x	x	o	x
.			x
.		h	
.		h	
x		h	
.			
.		l	
.			
x	x	h	x
.		h	x
.		h	
.			
x			

[illegible][illegible]

	X
	X
	X
	X
	X
	X
	X
	X

1-3	fl	hd	ri	hd	ri	S	A	A
4	E			E		E	E	E
4	.	sn	sn	sn	.	sn	sn	sn

	R	R	R	R	R	ms
--	---	---	---	---	---	----

[illegible]

Agogô

h	high bell
l	low bell

Afoxê

tune sign : 'shaving the armpit'

Groove

[illegible]

Break 1

S		A	A	A	S	A	A	A	S	A	A	E	E	E
		A	A	A	S				S			E	E	E

Break 2

[illegible]

S = Mid and high surdos, everybody else continues playing!

Break 3

[illegible]

S = Mid and high surdos, everybody else continues playing!

Bra Break

pulling a bra

[illegible]

Ri = call by repenique

Xango

Groove

Low Surdo
Mid Surdo
High Surdo

Repenique

if too hard play tamb. Part

Snare

Tamborim

Agogô

Intro

building a tower with fists

on top of each other,

upwards

Surdo Part of Intro

flat hand on head

can be remembered by:

start: 1 – 4 – 3 – 5

then: $2 - 4 - 3 - 5 :||$

Boum Shakala Break

Crossed fingers

Break 2

1	S		S	S			S	S		S	S	S	S		S	S
2	S		S	S			S	S		E		E	E			S
3			S	S			S	S			S	S	S		S	S
4	S		S	S			S	S		E		E	E			
5	S		S	S			S	S		S	S	S	S		S	S
6	S		S	S			S	S		E		E	E		hs	hs

tune sign : rain trickling down, with 10 fingers

1				2			3			4			
sil				x		x	x						
x		x										x	x
	x	x	x		x	x	x		x	x	x		
x	.	.	x	x	.	x	x	.	.
x		x		x		x		x		x		x	
x	x												
l		h		l			l			h	l		

Everyone except surdos hits the rims

ri		ri	ri	ri		ri		ri		ri		ri	
----	--	----	----	----	--	----	--	----	--	----	--	----	--

repeat until cut

1	S						S	S	S
2	S							S	S
3	S					S	S	S	S
4	S							(S)	
		not	before	before	Boum	Shakala	Break		repeat

1	S		E	E	E		S		E	E	E		S		E	
2	S		E	E	E		S		E	E	E		S		E	
3	S		E	E	E		S		E	E	E		S		E	
4	sn	.	.	sn	.	.	sn	sn	sn				hs	hs	hs	hs

tune sign : aureole – make a circle around head with your index finger down

	8
	7
	6
	5
	4
	3
1	2

[illegible]

E	E	E	E	E	E	E	E	E	E	E
1	2	3	4	in	my	un-	der-	pants		

[illegible]

tune sign: pull two prison bars apart in front of your face

Groove		1				2				3				4			
Low Surdo	1	rh		rh		lh			lh	rh	lh	rh		lh			
Mid Surdo		x	x	x	x	x	x	x	x	x							
High Surdo															x	x	x
Repenique		fl				fl				fl			x	x	x		
Snare		x	x	.	.	.
Tamborim		x				x			x	x	x			x			
Agogô				l		h				l	h			h			

Low surdo: turn your right stick 180° and hit the side of the drum
rh = right hand, lh = left hand

Break 3

1	E		E		E		E		E		E		E		E		E
---	---	--	---	--	---	--	---	--	---	--	---	--	---	--	---	--	---

1	S		A	A	A		A	A		A	A		A		S		
2	S		A	A	A		A	A		A	A		A		S		
3	S		A	A	A		A	A		A	A		A				E
4	E		E		E		E		E		E		E		E		

snare continues playing through the break!

1	E				E	E	E	E									
2	E		E		E	E	E										
3	E				E	E	E	E	E								
4			E		E		E	E									E
5	E		E		E		E	E		E		E		E		E	

repeat until cut

tune sign : folded hands, like praying

tune sign : folded hands, like praying

s = soft flare

§

say say

tune sign: heart formed with your hands

1	2	3	4	5	6	7	8
---	---	---	---	---	---	---	---

g	.	.	r	.	.	o	.	.	o	.	.	v	.	e	.	E	E	E	E	E	E					hey!		
Everybody sings this																shout:												

[illegible][illegible]

together

back into the groove

1		2		3		4		5		6		7		8	
x			sil					x		x		sil			
x			sil						x			sil			x

repeated until cut

[illegible]

Walc(z)
this tune is a 6/8

tune sign : draw a triangle in the air with one hand

Groove

Low Surdo	1				2				3				4			
Mid+High Surdo	x				x				x				x			
Repenique	x				x				x				x			
Share			
Tamborim	x				x				x				x			
Agogô	l				h				l				l			
Shaker	x				x				x				x			

Break 1

Break 2	ls	ls	ls	ms	ms	ms	hs	hs	hs	A	A	A	A	A	A
---------	----	----	----	----	----	----	----	----	----	---	---	---	---	---	---

Bra Break

1	R	R	A	A	R	A	R	R	R	A	A	A	A	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

2

1	S	S	S	A	S	A	S	S	S	A	A	A	A	A	A
2	S	S	S	A	S	A	E	E	E	E	E	E	E	E	E

Break 5

1	sn	sn	sn	sn	sn	sn	sn	sn	sn	sn	sn	sn	sn	sn	sn
---	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----

Cut-throat Break

Sign like cutting your throat with a finger

1	S	A	A	A	S	A	A	S	A	A	A	A	A	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Cut-throat Break

Fast

1	S	A	A	S	A	A	S	A	A	S	A	A	S	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Break 2

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E

pa -	pa -	dam,	pa -	pa -	dam	right	now ---	now.	now.	now.	now.	now.	now.	now.	now.
------	------	------	------	------	-----	-------	---------	------	------	------	------	------	------	------	------

Break 3

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Bra Break

1	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
2	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
3	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
4	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
5	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
6	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
7	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
8	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A

from soft to loud
eh: shout

Sign: scratch your head and your armpit at the same time like a monkey

	1	2	3	4	5	6	7	8
1								
2								
3								
4								
5								
6								
7								
8								

[illegible]

(x) = variations [] = triplet

Break 1

[illegible]

A = all others except agogó
E = everyone
ms = Mid Surdo

Sheffield Samba Reggae

tune sign : smoke a joint like
a cup of tea (with thumb and
index finger)

Groove

Groove		1			2			3			4			
Low Surdo					x		x				x	x	x	x
Mid Surdo		x							x					
High Surdo	1				x		x				x		x	
	2				x		x	x		x	x	x	x	
Repenique		x	.	.	x	.	.	x	.	.	x	.	.	.
Snare		x	.	.	x	.	.	x	.	.	x	.	.	.
Tamborim	1–3	x		x	x			x		x	x			
	4	x		x	x	x		x	x	x	x			
Agogô		l			h			l			h			h

Bra Break

Intro

1	R		R		R		R			R	R	R	R	R	
2	R		R		R		R			R			A	A	
3-5	A		RR	R	R		R		RR	R			R	R	A
6	A	A		A		A		A		RR	R		R	E	A

Surdos only, loop until told otherwise. Everyone else carries on with the main groove.

Break 1

[illegible]

Break 2

1	R	R	ri	R	R	ri	R	R	R	ri	R	R	ri
2	S	R	A		R	A	R	R	R	A	R		A
	S		A			A				A			E
3	R	R	ri	R	R	ri	R	R	R	ri	R	R	ri
	S		A			A				A			A
4	R		A		R	A		RR	R			R	A
	E		A		A	A				R		A	A

Snare plays the same as Repi

Break 3

1	S			S			S		A		A	A		A	
2	S			S			S		A	A	A	A	A		A

Whistle Break

Point to whistle

S		A	S	S		A	S	S	S	A	S	S		A
---	--	---	---	---	--	---	---	---	---	---	---	---	--	---

Loop until told otherwise

Groove

[illegible]

Bra Break

Intro

1-4
5-14
6-15
7-16

RR	R		R		R		A	A		A	A						x 4
	R	.	.	R	.	.	R	.	.	RR	RR	RR	RR				
	R				A		A		A		A		A			A	x 4
					A		A		A		A					A	

Keep playing groove during first 2 beats

Pr		pr		pr				E	E		E	E							
----	--	----	--	----	--	--	--	---	---	--	---	---	--	--	--	--	--	--	--

Pr = long whistle pr = short whistle

Break 1

Break 2

S		S		S		S		A	A		A	A	
---	--	---	--	---	--	---	--	---	---	--	---	---	--

Break 2

1

1

1

1

[illegible]

sn = snare

. = dead note on snare

ms = Mid Surdo

Break 3

1

1

S		S	A	(n)
E	E	E	ms	
-	-	-	S	

ms = Mid Surdo

Bongo Break 1

play a bongo with

one hand

S		A	S	A	A	S	S	A	A	S	S	A
I		h	—	h	h	—	h	h	h	—	—	h

play as loop

play as loop				
--------------	--	--	--	--

Bongo Break 2

play a bongo with

two hands

[illegible]

play as loop

Monkey Break

like tune sign

[UUU]	[AAA]
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Task	Learning objective
alternative: different rhythm or just chaotic voices	

Shout like a monkey

Cochabamba

tune sign : drink from a cup formed with one hand

Groove

	1	2	3	4	5	6	7	8
Low+Mid surdo	x		x	0	x	0	x	0
High surdo	x	0		0		0		
Repenique								
Snare/Shakers		x		x	x		x	
Tamborin								
Agogô	h	h	h	h	h	h	h	h
. = clicking bells together								

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat
Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Break 1 (Iron Lion Zion Break)

	x	x	x	x	x	x	x	x
	x	x	x	x	x	x	x	x
	x	x	x	x	x	x	x	x

Everyone together ... start soft and go louder!

Bra Break pulling a bra

c	c	c	c	c	c	c	c	c
c	c	c	c	c	c	c	c	c
c	c	c	c	c	c	c	c	c

c = call by maestro (on repenique or snare)
A = All others answer

Cross Kicks for surdos

sign 'X' with the arms, waving towards the sky

high surdo
low surdo

x								
x								
x								

Break 3

fl = flare on repenique
R = hit on repenique

T+h = Tamborin + high agogô bell

SOS Break

signed by waving
the palms diagonal
across one shoulder

Knock on the door Break

knock with the knuckles of your
right hand on your flat left hand

last run: repis plays this →

Dancing Break

sign by showing the dance:
arms down to the right, and
to the left – then arms up to
the right, and left .. and go!
(start down right)

snare continues playing this trough the break

1	sn	.	.	.	sn	.	.	.	sn	.	.	.	sn	.	.	.
2	S			S	S		S		S	S		S	S		S	
3	A			A			A			A			S			
4	S			S			S		S	S		S	S		S	
5	A			A			A			A			R			
6	S			S			S		S	fl	R		R		R	
7	S			S			S		S	fl	R		R		R	
8	S			S			S						hs	hs	hs	hs

hs = high surdo picks up

1	S		A	A		A	A		S		A		A			
2	S		A	A		A	A		S		A		A			
3	S		A	A		A	A		S		A		A			
4	S		A	A		A	A		S		A		A		ls	

ls = low surdo picks up

after which the repenique picks up this rhythm and plays in the tune:

		x	x		x	x			x		x					
--	--	---	---	--	---	---	--	--	---	--	---	--	--	--	--	--

... until next time the SOS break is played. Then it goes back to:

		x	x			x	x			x	x			x	x	
--	--	---	---	--	--	---	---	--	--	---	---	--	--	---	---	--

snare continues playing this or the rhythm of Bra Break

1	E													[E E E]		
2	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	E															
3	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	E			E								E			E	
4	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	E															
	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	R		R		R	R		R		R		R		R	R	

repeat until cut

The players wo don't play dance (see left)

1-7	S			S				S	S				S			
2-6	A			A				A	A				A			
8	A			A				A	A				A		ls	

ls = low surdo picks up

Samba Reggae

tune sign: smoking a cigar/joint

Groove

	1	2	3	4
Low Surdo	1	0	x	0
Mid Surdo	x	0	x	0
High Surdo	0		x	0
Repenique		x	x	x
Snare	x	.	x	.
Tamborim	x	x	x	x
Agogô	l	h	h	l

Bra Break

R = hit on repenique
fl = flare on repenique
T = Tamborim

1	fl	R	R	R	R	R	A	A		
2	fl	R	R	R	R	R	A	A		
3	fl	R	R	R	R	R	A	A		
4	T		T		T		T	T		
5	T		T		T		T	T		
6	sn	.	sn	.	sn	.	sn	.	sn	.
7	T		T		T		T	T		ls
8	sn	.	sn	.	sn	.	sn	.	sn	.

ls = low surdo picks up

Clave

1	E	E	E	E	E
---	---	---	---	---	---

CALL by repi

Break 1

1	x	x	x	x	x	x	x	x	x	x
2	A		A	A	A	A	A	A	A	A
3	x	x	x	x	x	x	x	x	x	x
4	A		A	A	A	A	A	A	A	A
5	sn	.	sn	.	sn	.	sn	.	sn	.
6	sn	.	sn	.	sn	.	sn	.	sn	.
7	sn	.	sn	.	sn	.	sn	.	sn	.
8	sn	.	sn	.	sn	.	sn	.	sn	.
9	sn	.	sn	.	sn	.	sn	.	sn	.
10	sn	.	sn	.	sn	.	sn	.	sn	.
11	sn	.	sn	.	sn	.	sn	.	sn	.

hs = high surdo picks up

CALL by repi

Break 2

1	x		x		x		x+A	A	A	A
2	x		x		x		x+A	A	A	A
3	x		x		x		x+A	A	A	A
4	x		x		x		x+A	A	A	A

Custard

tune sign : making an offer to the sky,

Groove

	1	2	3	4
Low Surdo	1	0	0	0
Mid Surdo	x	0	x	0
High Surdo	x	x	x	0
Repenique		x	x	x
Snare	x	.	x	.
Tamborim	x	x	x	x
Agogô	h	h	h	h

Break 1

1	S	S	S	S	A	A	A	A	A
2	S	S	S	S	A	A	A	A	A
3	S	S	S	S	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

Break 2

1	T	T	T	T	A	A	A	A	A
2	T	T	T	T	A	A	A	A	A
3	T	T	T	T	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

ONE instrument section continues while the rest of the band plays this break

Break 3

+ instr. sign
that continues

1-7	A								A
2-8	A								A
8	sn	.	sn	.	sn	.	sn	.	sn

Break 5

1	sn	.	sn	.	sn	.	sn	.	sn	A
2	A	sn	.	sn	.	sn	.	sn	.	A
3	A	sn	.	sn	.	sn	.	sn	.	A
4	A	sn	.	sn	.	sn	.	sn	.	A

Singing Break

Signed as Break 1,
with a lot of
blabla...

	* *	* *	* *	* *	* *
1	I've	got	cus	tard	in
2	I've	got	cus	tard	in
3	I've	got	cus	tard	in
4	We've	got	cus	tard	in

Surdo players sing first half, same beats as they would play.

All other answer, same beats as they play.

Last part Everyone sings together.

Drum&Bass

tune sign: With one hand in your ear lift the other and move it front and back

Groove

Groove	1	2	3	4	5	6	7	8
Low Surdo	x		x	x				
Mid Surdo		x						
High Surdo			x					
Repenique		x	x	x				
Snare	1
	2
Tamborim		x		x				
Agogô								

Break 1

1	E-very	bo - dy	dance	now
---	--------	---------	-------	-----

Everybody sings

Break 2

1	S		A	S		A	S		S	A
2	S		A	S		A	S		S	A

x = hits on snare and repi

Break 3

[illegible]

R = hit on repi
Ri = repi hit on rim
sn = snare

Hip-Hop Break

hit your chest

[illegible]

Küsel Break

hands twist head

[illegible]

all players turn around 360° while playing the break

Skipping Agogô

[illegible]

I like to move it

*curling hands
up and down*

I		I	I	I	I	R	R	R	R	n	n
<i>Repi and Agogó</i>											
<i>play as a loop</i>											

play as a loop

Eye of the

tiger

claws left and

right

Surdos (High, Middle, Low), Snare

[illegible]

Agogô beating fast between both bells...

snare stops here

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x				x
Mid Surdo	x	x		x	sil	x	x	x
High Surdo		sil						
Repenique	sil	x		x	sil	x	x	fl
Snare
Tamborim	x	x	x	x	x	x	x	x
Agogô	h	h	l	l	h	h	l	h

1
2

Oh Shit

E				Oh			Shit	
---	--	--	--	----	--	--	------	--

sign: two little fingers show horns of taurus

Fuck Off

E				Fuck			Off	
---	--	--	--	------	--	--	-----	--

sign: one little finger

Break 1

S		A	S	S	A		S	A	A	
---	--	---	---	---	---	--	---	---	---	--

Break 2

S	S	A	A	S	S	A	A	S	A	S	A	
---	---	---	---	---	---	---	---	---	---	---	---	--

Break 3

S	A	A	S	A	A	S				
---	---	---	---	---	---	---	--	--	--	--

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
Low Surdo	X	X	X	X	X	X	X	X
Mid Surdo	X	X	X	X	X	X	X	X
High Surdo	X	X	X	X	X	X	X	X
Repenique	fl	x	ri	x	fl	x	ri	x
Snare	x	.	x	.	x	.	x	.
Tamborim	x	x		x	x	x	x	x
Agogô	l	h	l	h	l	h	l	h

Break 1

1	E	E	E	E	E			
---	---	---	---	---	---	--	--	--

Break 2

1	S	A	S	A	S	A	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---

White Shark

1	S	A										
2	S	A	S	A	S	A	S	A	S	A	S	A
3												
4	S	A	S	A	S	A	S	A	S	A	S	A

Funk

tune sign : glasses on your eyes

Groove

	1	2	3	4	5	6	7	8
All Surdos	X	X	X	X	X	X	X	
Repenique	fl	hd	fl	hd	fl	hd	fl	hd
Snare	X	.	.
Tamborim		X		X	X			
Agogô	l	h	l	h	l	h	l	h

Break 1

1	S	S	A	A	S	S	A	A	S	A			A
2	S	S	A	A	S	S	A	A	S	A	A	A	

Break 2

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

Call Break

1	E				[EEE]	E				shout ...
---	---	--	--	--	-------	---	--	--	--	-----------

... "oi": two arms crossing, with OK-sign

... "ua": two fists, knuckles hit each other

Ragga

tune sign : fists together, thumbs to the left and to the right

Groove

	1	2	3	4	5	6	7	8
1	X	X	X	X	X	X	X	0
Low Surdo	0	X	0	X	0	X	0	X
Mid Surdo	0	X	X	0	0	X	0	X
High Surdo								
Repenique	.	x	.	x	.	x	.	x
an additional variation	.	x	.	x	.	x	.	x
Snare	.	x	.	x	.	x	.	x
Tamborim		x		x		x		x
Agogô	l	h	l	h	l	h	l	l

Kick Back I

thumb back over shoulder

S		S		A	S		S		S		A	S		S		A
---	--	---	--	---	---	--	---	--	---	--	---	---	--	---	--	---

repeat until counting in for Kick Back II

Kick Back II

like Kick Back I,
but with two thumbs

S	A	S		S	A	S	A	S	S	A	S	A	S	S	A	A
h	h	h	h	h	h	h	h	h	h	h	h	h	h	h	h	h

repeat until cut with one of the breaks

Break 1

1	S	A	S	A	S											
---	---	---	---	---	---	--	--	--	--	--	--	--	--	--	--	--

this break is only two counts
long – afterwards continue
normally with the first beat

Break 2

1	E								E	E	E					
---	---	--	--	--	--	--	--	--	---	---	---	--	--	--	--	--

Break 3

1	S		S		S	A	A	A	A							
---	---	--	---	--	---	---	---	---	---	--	--	--	--	--	--	--

Zorro-Break

sign 'Z' in the air

S						S								S		S
---	--	--	--	--	--	---	--	--	--	--	--	--	--	---	--	---

others continue playing

repeat until cut with one of the breaks

Groove

High Surdo

Agogô

'3 creature'

1
2
3
4
1-4
1-4

S				S				S			S			S			
S	S																
S																	
S				S				S			S			S			
.	.	sn	.	.	.	sn	.	.	.	sn	.	.	.	sn	.	.	.
		ri				ri				ri				ri			

One hand in armpit

00		E	E		E	E		00		E	E		E	E	
----	--	---	---	--	---	---	--	----	--	---	---	--	---	---	--

00 = Shout Ook!

S		A	A	S		A	A		A	A	A	S		A
---	--	---	---	---	--	---	---	--	---	---	---	---	--	---

[illegible]

Make monkey noises

tune sign : monkey, both hands in armpits

1			2				3			4					
x			x	x	x	x					x	x	x	x	
	x	x					x		x	x	x	x	x	x	
x		ri	ri	x		ri	ri		ri	ri	ri	x		ri	
.	.	x	x	.	.	x	x	.	.	x	x	.	.	x	x
		x	x			x	x			x	x			x	x
l	h			l		h	h		l			h		l	l

Hafslund

Sign: spread arms and shake your shoulders and hips

Groove

[illegible]

Yala Break

Task	E	E	E
all fingertips of one hand gather and shake wrist			

[illegible]

Kick Back 1

repeat until cut

S		A				A		S				A
---	--	---	--	--	--	---	--	---	--	--	--	---

Break 3

[illegible]

Hook Break

HOOK BREAK 2
two fingers
hooked together

[illegible]

Hedgehog

tune sign : spiky fingers on the head

Groove

Groove	1	2	3	4	5	6	7	8
Low Surdo	sil	X		X	sil	X	X	X
Mid Surdo		X		X	X	X	X	X
High Surdo								
Repenique								
Snare								
Tamborim								
Agogô								

others continue playing

Break 1

[illegible]

Hedgehog Call

Hedgehog Tune sign

[illegible]

call something else here

Nova Balanca

tune sign: fists before breast, open hands and arms

Groove

	1	2	3	4
1	1	0	0	0
2	0	1	0	0
3	0	0	1	0
4	0	0	0	1

	Low Surdo	Mid Surdo	High Surdo	Repenique	Snare	Tamborim	Agogô
1	x			x	.	x	
2					.		
3			x		x	x	h
4	x				.	x	
5					.		
6					x		
7		x			x	x	
8					.		
9	x				.	x	
10		x			.	x	
11			x		x	x	h
12	x				.	x	
13					.		
14				x	.		
15	x			x	.	x	

Bra Break

Intro

[illegible]

> from soft to loud!

Break 1

	E		E		E		E		E
	E		E		E		E		E

Break 2

S	E	S	E	S	E	S	E
---	---	---	---	---	---	---	---

Sign: interlock your hands like a fence and then open it

1	2	3	4	5	6	7	8

sil	sil	h	x	h	sil	sil	h	sil	h	x	x	h
sil	sil	h	x	h	sil	sil	h	sil	h	x	x	h

[illegible]

	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*
	*

x	ri	fl	hd	fl	hd	fl	hd	fl	hd
x	ri	fl	hd	fl	hd	x	ri	fl	hd
fl	hd	fl	hd	fl	hd	fl	hd	fl	hd

[illegible][illegible][illegible]

Surdos: only 1 Stick in one hand; h = other hand hits skin

[illegible]

Surdos only, Rest continues

[illegible][illegible]

Surdos only, Rest continues

[illegible]

from soft to loud

[illegible]

Groove

			2			3			4		
x			0	x	x				0		
x			0	x	x	x			x	x	x
x			x	x		x			x	x	x
.	.	.	x	x	.	.
			x						x		
			x		x	x			x	x	
			l	h		l		l	l	h	l

Break 2

Groove	
All Surdos	1-3
	4
Repenique	
Snare	
Tamborim	1
	2
Agogô	1
Karla Break	1
<i>rabbit ears OR finger</i>	2
<i>pistol shooting up</i>	3
	4
Break 2	1
	2
	3
	4
Break 2 inverted	1
<i>sign with two fingers</i>	2
<i>pointing down</i>	3
<i>instead of up</i>	4
	5
	6
	7
	8

[illegible]

tune sign : put three fingers on your other upper arm (like covering a police badge)

[illegible]

[] = triplet

3	3	3	3	3
3	3	3	3	3

1-3 4

Make a T with both hands

Kick Back 1

repeat until cut

Point both index fingers away from mouth (like bug antennas)

ri	sl	hd	ri	ri	sl	ri	hd
	ri	ri	ri				