

4 Beats of Silence

8 Beats of Silence

12 Beats of Silence

16 Beats of Silence

Continue 4 Beats

Continue 8 Beats

Continue 12 Beats

Continue 16 Beats

from soft to loud

from loud to soft

from soft to loud

from high to low sound

< a-u = like a howling wolf

Democracy Break

shout with your
hands forming
a funnel

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
4	This	is		what	demo		cracy		looks	like							
5	E		E		E	E	E	E		E		E		E			
6	This	is		what	demo		cracy		looks	like							
7	E		E		E	E	E	E		E		E		E			
8	This	is		what	demo		cracy		looks	like							
9	This	is		what	demo		cracy		looks	like							
10	This	is		what	demo		cracy		looks	like							
11	E			E			E			E				E			

from soft to loud

from soft to loud

Laughing Break

fingers move up
coners of your mouth

ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha
----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----

laughter

from high to low sound

Star Wars Break

Move flat hand from top to bottom
of face

1	ms			ms			ms			ls			hs
2	ms			ls			hs	ms					

Progressive Break

5 fingers and other
hand grabbing thumb
(can be inverted by showing the sign upside down)

1	E				E				E				E				E
2	E		E		E		E		E		E		E		E		E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E

Progressive Karla

rabbit ears OR finger pistol,
the other hand is grabbing
the thumb

1	E				E				E				E				E
2	E		E		E		E		E		E		E		E		E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
4	E				E				E				E				E

Clave

Point your thumb and index finger up as if indicating a distance of about 10 cm between them

E			E			E			E			E			E		
---	--	--	---	--	--	---	--	--	---	--	--	---	--	--	---	--	--

Clave inverted

Like "Clave", but with the two fingers pointing down

		E		E				E		E			E				E
--	--	---	--	---	--	--	--	---	--	---	--	--	---	--	--	--	---

Yala Break

all fingertips of one hand gather and shake wrist

E		E			E			E			E			E			E
---	--	---	--	--	---	--	--	---	--	--	---	--	--	---	--	--	---

Dance Break

Show a > with your index+middle finger and
move it horizontally in front of your eyes.

E-	very	bo	-	dy	dance		now										
----	------	----	---	----	-------	--	-----	--	--	--	--	--	--	--	--	--	--

Everybody sings

After the break, everyone continues to play
walking around dancing randomly for a while.

Hard Core Break

Point up the middle finger

1	I		I		I		I		I		I		E	E			
	E		I		I		I		I		I		E	E			
	E		I		I		I		I		I		E	E			
	E		I		I		I		I		I		E	E			
2-4	E	e	e	e	e	e	e	e	e	e	e	e	E	E			
	E	e	e	e	e	e	e	e	e	e	e	e	E	E			
	E	e	e	e	e	e	e	e	e	e	e	e	E	E			
	E	e	e	e	e	e	e	e	e	e	e	e	E	E			

3 × from soft to loud

I = Agogô plays low e = everyone play softly
2nd time: everyone except Surdos
4th time: Agogô plays high

4 times from soft to loud

Hold one arm vertically in front of
your body and move the other
up along the arm

When any break or sequence of breaks is shown
followed by this sign, it should be played 4 times,
starting very quietly and getting louder each time.

Tamborim Stroke

Make a circle with your index finger and thumb, like "OK"

Everyone plays the line of the tamborim once

Play another instrument

Hold both hands in front of your face, and wave your arms to cross each other

Show this sign followed by the sign of an instrument to make everyone play the line of that instrument.

Switch Call/Response

Point with both index fingers forward and wave your arms to cross each other.

Calling and responding instruments switch roles. Only works in Call+Response breaks, for example Wolf Break or Funk Break 1.

In a loop

Hold one arm vertically in front of your body and make a wave over it with the other hand

When any break or sequence of breaks is shown followed by this sign, it should be repeated continuously until the maestra instructs to play something else.

Storming Break

show the arm as a measure with the other hand on elbow don't make a fist

chosen instrument section plays sixteenths with volume indicated by maestra
if you can't stand it anymore: scream

Alerting / Magic Wand Break

show your flat hand and hit it with stick

Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.

Chaos Break

Point with index finger at temple

Everyone plays something chaotic, getting louder and louder. No Counting in!

Again

Hit with flat hand on forehead

Repeat the last break (combination)

Improvisation

Point at your nose and at the sambista who can play freely

Show all others what they should do in the meantime, so the length of the impro part is defined

Notation

Call-Response

E Everybody
S Surdos
A All others

Surdos

0 damped with hand
sil silent hit (with one hand resting on the skin)

Repinique

fl flare: multiple hit with rebounding stick
hd hand hits the skin
sil silent hit with one hand resting on the skin
ri hit rim and skin at the same time or hit only the skin near the rim

Agogô

h high bell
l low bell