



ROR
Tunes & Dances

May 2017



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RHYTHMS



OF RESISTANCE

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OF RESISTANCE

General Breaks

Silence

4 fingers

1

4 Beats of Silence

Double Silence

two hands show

4 fingers

1

8 Beats of Silence

Triple Silence

like „Double Silence

one hand upside down

1

12 Beats of Silence

Quad Silence

like „Double Silence

both hands upside down

1

16 Beats of Silence

Continue One Line

draw a horizontal line in the air with one finger

1

Continue 4 Beats

Continue Two Lines

like „continue one line“

with both hands

1

Continue 8 Beats

Eight Up

both hands move up

while fingers shaking

1

E

E

E

E

E

E

E

E

E

E

from soft to loud

Eight Down

both hands move down

while fingers shaking

1

E

E

E

E

E

E

E

E

E

E

from loud to soft

Democracy Break

shout with your

hands forming

a funnel

1

E

E

E

E

E

E

E

E

E

E

from soft to loud

Laughing Break

fingers move up

corners of your mouth

1

ha

ha

ha

ha

ha

ha

ha

ha

ha

ha

laughter

Cat Break

claws to left and right

1

m

a

from high to low sound

Clave

1

E

E

E

E

E

Clave inverted

1

E

E

E

E

E

General Breaks

Silence

4 fingers

1

4 Beats of Silence

Double Silence

two hands show

4 fingers

1

8 Beats of Silence

Triple Silence

like „Double Silence

one hand upside down

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12 Beats of Silence

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Continue One Line

draw a horizontal line in the air with one finger

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Continue 4 Beats

Continue Two Lines

like „continue one line“

with both hands

1

Continue 8 Beats

Eight Up

both hands move up

while fingers shaking

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E

E

E

E

E

E

E

E

from soft to loud

Eight Down

both hands move down

while fingers shaking

1

E

E

E

E

E

E

E

E

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E

from loud to soft

Democracy Break

shout with your

hands forming

a funnel

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E

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Laughing Break

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corners of your mouth

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ha

ha

ha

ha

ha

ha

ha

ha

ha

ha

laughter

Cat Break

claws to left and right

1

m

a

from high to low sound

Clave

1

E

E

E

E

E

Clave inverted

1

E

E

E

E

E

General Breaks II

Storming Break <i>show the arm as a measure with the other hand on elbow don't make a fist</i>	chosen instrument section plays sixteenths with volume indicated by maestra if you can't stand it anymore: scream
Alerting / Magic Wand Break <i>show your flat hand and hit it with stick</i>	Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.
Chaos Break <i>Point with index finger at temple</i>	Everyone plays something chaotic, getting louder and louder. No Counting in!
Again <i>Hit with flat hand on forehead</i>	Repeat the last break (combination)
Improvisation <i>Point at your nose and at the sambista who can play freely</i>	Show all others what they should do in the meantime, so the length of the impro part is defined

Notation

Call-Response	E	Everybody
	S	Surdos
	A	All others
Surdos	O	damped with hand
	sil	silent hit (with one hand resting on the skin)
Repenique	fl	flare: multiple hit with rebounding stick
	hd	hand hits the skin
	sil	silent hit with one hand resting on the skin
	ri	hit rim and skin at the same time or hit only the skin near the rim
Agogo	h	high bell
	l	low bell

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Afoxe

Groove

	1	2	3	4
High+Mid Surdo	1 0		x	0
	2 0		x	
Low Surdo	1 sil		sil	x
	2 sil		sil	x
Repenique	1 fl	hd	sil	ri
	2 fl	hd	sil	ri
Snare	x . .	x . .	x . .	x . .
Tamborim	x x	x x	x x	x x
Agogo	h h	l l	h h	l l

Break 1

1	S		A	A	A	A	S		A	A	A	A
2	S		A	A	A	A	E		E	E	E	E

Break 2

1					S						S	
2					S			S	S	S	S	S

S = Mid and high surdos, everybody else continues playing!

Break 3

1			S	S	S	S			S	S	S	S
2			S	S	S	S	S	S	S	S	S	S

S = Mid and high surdos, everybody else continues playing!

Bra Break

pulling a bra

1	Ri	Ri	Ri		A	A		A	A			
2	Ri	Ri	Ri		A	A		A	A			
3	Ri	Ri	Ri		A	A		A	A			
4	E	E	E	E	E	E	E	E	E	E	E	E

Ri = call by repenique

"Tamborin Stroke"

1	E	E	E	E	E	E	E	E	E	E	E	E
	1	2	3	4								

what are we here for

Wolf Break

wolf's ears and teeth

1	S	S	A	S	S	S	S	A			S	
2	S	S	A	S	S	S	S	A				
3	S	S	A	S	S	S	S	A				
4	E	E	E	E	E	E	E	a	u	-	-	-

< a-u = like a howling wolf

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

PRINCIPLES

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using samba as a form of political action.

We use tactical frivolity, inspired by carnival to confront and criticize any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principle.

Come with us! We have everything to play for!

Afoxe

Groove

	1	2	3	4
High+Mid Surdo	1 0		x	0
	2 0		x	
Low Surdo	1 sil		sil	x
	2 sil		sil	x
Repenique	1 fl	hd	sil	ri
	2 fl	hd	sil	ri
Snare	x . .	x . .	x . .	x . .
Tamborim	x x	x x	x x	x x
Agogo	h h	l l	h h	l l

Break 1

1	S		A	A	A	A	S		A	A	A	A
2	S		A	A	A	A	E		E	E	E	E

Break 2

1					S						S	
2					S			S	S	S	S	S

S = Mid and high surdos, everybody else continues playing!

Break 3

1			S	S	S	S			S	S	S	S
2			S	S	S	S	S	S	S	S	S	S

S = Mid and high surdos, everybody else continues playing!

Bra Break

pulling a bra

1	Ri	Ri	Ri		A	A		A	A			
2	Ri	Ri	Ri		A	A		A	A			
3	Ri	Ri	Ri		A	A		A	A			
4	E	E	E	E	E	E	E	E	E	E	E	E

Ri = call by repenique

"Tamborin Stroke"

1	E	E	E	E	E	E	E	E	E	E	E	E
	1	2	3	4								

what are we here for

Wolf Break

wolf's ears and teeth

1	S	S	A	S	S	S	S	A			S	
2	S	S	A	S	S	S	S	A				
3	S	S	A	S	S	S	S	A				
4	E	E	E	E	E	E	E	a	u	-	-	-

< a-u = like a howling wolf

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HISTORY

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvador, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up - now we're all over Europe and occasional in the rest of the world.

THE NETWORK

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

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Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove		1				2				3				4			
High Surdo	1																
Mid Surdo		x	x	x	x	x	x	x	x	x				x	x	x	x
Low Surdo		rh		rh		lh		lh	rh	lh	rh			lh			
Repenique		fl				fl			fl				x	x	x		
Snare		x	x	.	.	.
Tamborim		x				x			x	x	x			x			
Agogo				l		h				l	h			h			

Mid surdo: turn your right stick 180° and hit the side of the drum
rh = right hand, lh = left hand

Break 1		1	E		E		E		E		E		E		E		E
---------	--	---	---	--	---	--	---	--	---	--	---	--	---	--	---	--	---

Break 2		1	S		A	A	A	A	A	A	A	A	A	A	S		
2	S		A	A	A	A	A	A	A	A	A	A	A	A	S		
3	S		A	A	A	A	A	A	A	A	A	A	A	A		E	
4	E		E		E		E		E		E		E		E		

snare continues playing through the break!

Break 3		1	E		E		E		E	E	E	E					
2	E		E				E		E	E	E						
3	E						E		E	E	E						
4			E				E			E	E						E
5	E		E		E		E		E	E	E		E		E		E

repeat until cut

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tune sign: pull two prison bars apart in front of your face

Groove		1				2				3				4			
High Surdo	1																
Mid Surdo		x	x	x	x	x	x	x	x	x				x	x	x	x
Low Surdo		rh		rh		lh		lh	rh	lh	rh			lh			
Repenique		fl				fl			fl				x	x	x		
Snare		x	x	.	.	.
Tamborim		x				x			x	x	x			x			
Agogo				l		h				l	h			h			

Mid surdo: turn your right stick 180° and hit the side of the drum
rh = right hand, lh = left hand

Break 1		1	E		E		E		E		E		E		E		E
---------	--	---	---	--	---	--	---	--	---	--	---	--	---	--	---	--	---

Break 2		1	S		A	A	A	A	A	A	A	A	A	A	S		
2	S		A	A	A	A	A	A	A	A	A	A	A	A	S		
3	S		A	A	A	A	A	A	A	A	A	A	A	A		E	
4	E		E		E		E		E		E		E		E		

snare continues playing through the break!

Break 3		1	E		E		E		E	E	E	E					
2	E		E				E		E	E	E						
3	E						E		E	E	E						
4			E				E			E	E						E
5	E		E		E		E		E	E	E		E		E		E

repeat until cut

Bhangra

this tune is a 6/8

tune sign : folded hands, like praying

Groove		1	2	3	4	5	6	7	8		
Surdos (all play the same)	1	x			x	x			x	x	
	2	x			x	x			x	x	
Repenique	1	x	s	x	s	x	s	x	s	x	s
	2	x	s	x	s	x	s	x	s	x	s
Snare	1	r	.	.	.	r
Tamborim		x	x	x	x	x	x	x	x	x	x
Agogo		h	h	l	l						
Shaker		x		x		x		x		x	
											s = soft flare
Break 1	1	s	s	s	s	s	s	s	s	s	s
	2	s	s	s	s	s	s	s	s	s	s
	3	s	s	s	s	s	s	s	s	s	s
	4	s	s	s	s	s	s	s	s	s	s
		do	as	/	say,	you	old	fool,	dam,	/	say

Bhangra

this tune is a 6/8

tune sign : folded hands, like praying

Groove		1	2	3	4	5	6	7	8		
Surdos (all play the same)	1	x			x	x			x	x	
	2	x			x	x			x	x	
Repenique	1	x	s	x	s	x	s	x	s	x	s
	2	x	s	x	s	x	s	x	s	x	s
Snare	1	r	.	.	.	r
Tamborim		x	x	x	x	x	x	x	x	x	x
Agogo		h	h	l	l						
Shaker		x		x		x		x		x	
											s = soft flare
Break 1	1	s	s	s	s	s	s	s	s	s	s
	2	s	s	s	s	s	s	s	s	s	s
	3	s	s	s	s	s	s	s	s	s	s
	4	s	s	s	s	s	s	s	s	s	s
		do	as	/	say,	you	old	fool,	dam,	/	say

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

Snowboots + Hips

3 Steps forward as if stumping through deep snow (half pase). Jump right on 4th step.

shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump+ turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump on last beat turn 180° around to face front again.

Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. repeat.

Tiger (with claws)

Jump forward. arms are

stretched out front. hands form tiger claws and scratch. Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). repeat once

Winding Plants

Start with elegantly crossing your arms infront of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

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Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWl			SWr			SWl	
		SWr			SWl			X

Lead Pipe

Hold your left arm to the front, the right to the back, palms up, (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position. (4 beats). At “Go” you throw the pipe away and twist around. *Comment:* After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto your left leg. Your hands to the same

move as at beat 1 but reverse. (You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Strechout the other down. [3] Step on the other leg. (your now back on the initial position.) Bow the strechout arm. Strechout the other. [4] Here another swords-move starts, or in case of "x" you just step on the other leg. Comment: 16 beats are good for this move.

	pa -	pa - dam, pa-	pa - dam	pa - dam right	now --- now.	/	want
1	E	E	E	E	E		E
2		E	E	E	E		E
3	E	E	E	E	E		E
4		E	E	E	E	sn sn sn sn	sn sn sn sn

[illegible]

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWl			SWr			SWl	
		SWr			SWl			X

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Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto your left leg. Your hands to the same

move as at beat 1 but reverse. (You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Strechout the other down. [3] Step on the other leg. (your now back on the initial position.) Bow the strechout arm. Strechout the other. [4] Here another swords-move starts, or in case of "x" you just step on the other leg. Comment: 16 beats are good for this move.

[illegible]

Break 3	E	E	E	E	E	E	E	E	E
Bra Break	R	R	A	A	A	A	A	A	R
	1	2	3	3	4	5	6	7	8

Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
High surdo	x	0	x	0	x	0	x	x
Low + Mid surdo	x	0	x	0	x	0	x	0
Repenique		x		x	x	x	x	x
Snare/Shakers
Tamborim	x	x	x	x	x	x	x	x
Agogo	h	h	h	h	h	h	h	h

. = clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat

Make sure the high and low surdos fit together well, playing the offbeat with the left hand makes this easier.

Break 1 (Iron Lion Zion Break)	x	x	x	x	x	x	x	x
	x	x	x	x	x	x	x	x
	x	x	x	x	x	x	x	x

Everyone together. ... start soft and go louder!

Bra Break <i>pulling a bra</i>	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c

c = call by maestro (on repenique or snare)

A = All others answer

Cross Kicks for surdos

sign 'X' with the arms, waving towards the sky

high surdo	x	x	0	0	0	0	0	0
low surdo	x	x	0	0	0	0	0	0

Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
High surdo	x	0	x	0	x	0	x	x
Low + Mid surdo	x	0	x	0	x	0	x	0
Repenique		x		x	x	x	x	x
Snare/Shakers
Tamborim	x	x	x	x	x	x	x	x
Agogo	h	h	h	h	h	h	h	h

. = clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat

Make sure the high and low surdos fit together well, playing the offbeat with the left hand makes this easier.

Break 1 (Iron Lion Zion Break)	x	x	x	x	x	x	x	x
	x	x	x	x	x	x	x	x
	x	x	x	x	x	x	x	x

Everyone together. ... start soft and go louder!

Bra Break <i>pulling a bra</i>	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c

c = call by maestro (on repenique or snare)

A = All others answer

Cross Kicks for surdos

sign 'X' with the arms, waving towards the sky

high surdo	x	x	0	0	0	0	0	0
low surdo	x	x	0	0	0	0	0	0

Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the Water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower.** (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to your to your cheast. (x)

Seeds

Cross with your right foot to the left. Step from one foot to the other. (Each beat two steps) Move your hands down and shake them. (you're sowing seeds)

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them. (you're adoring the sun)

Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the Water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower.** (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to your to your cheast. (x)

Seeds

Cross with your right foot to the left. Step from one foot to the other. (Each beat two steps) Move your hands down and shake them. (you're sowing seeds)

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them. (you're adoring the sun)

Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

Step
Step to a side. (Every second beat a step)

Push
Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star
[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms to the

lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump
Jump with both feet.

Aeroplane
See Dance 1

Queen
Hold your arms stretched out to both sides. [1] Touch with one stretched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side-wards. (3 steps, cross behind the leg.)

Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

Step
Step to a side. (Every second beat a step)

Push
Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star
[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms to the

lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump
Jump with both feet.

Aeroplane
See Dance 1

Queen
Hold your arms stretched out to both sides. [1] Touch with one stretched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side-wards. (3 steps, cross behind the leg.)

Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove	1	2	3	4	5	6	7	8
High Surdo								
Mid Surdo								
Low Surdo								
Repenique								
Snare								
Tamborim								
Agogo aliterative								
Shaker								
1								
2								
3								
4								

A = all others except agogo
E = everyone
ms = Mid Surdo

Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove	1	2	3	4	5	6	7	8
High Surdo								
Mid Surdo								
Low Surdo								
Repenique								
Snare								
Tamborim								
Agogo aliterative								
Shaker								
1								
2								
3								
4								

A = all others except agogo
E = everyone
ms = Mid Surdo

Zurav Love

tune sign : open and close the beak of a bird with your hands

Groove

High Surdo
Mid & Low Surdo

Repenique

Snare

Tamborim

Agogo

Shaker

Bra Break

Kick Back 1

Kick Back 2

	1	2	3	4	5	6	7	8
x	x	x	x	x	x	hd	x	x
fl	fl	hd	fl	hd	fl	x	fl	hd
x	.	x	.	.	.	x	.	x
.	.	x	x	x	.	x	x	.
h	h	h	h	o	.	x	.	.
x	x	x	h	x	fl	hd	x	x

fl	hd	ri	hd	ri	S	A	A
E	.	sn	sn	sn	E	E	E
.	sn	sn	sn	.	sn	sn	.

R	R	R	R	R	R	ms
---	---	---	---	---	---	----

R	R	R	R	R	R	ms
---	---	---	---	---	---	----

1-3
4
4

Custard

tune sign : making an offer to the sky,

Groove

High Surdo
Mid Surdo
Low Surdo

Repenique

Snare

Tamborim

Agogo

1	x x 0		x		0 0 x					x x 0		x		0 0 x					
			x	x			x	x			x	x				x		x	
	x	.	x	.	x	.	.	x	.	x	.	.	x
	x		x		x	x		x		x		x		x	x				
	h		h		l	l		h		h		l		l	l				

Break 1

1	S		S		S	S		A		A		A	A	
2	S		S		S	S		A		A		A	A	
3	S		S		S	S		A		A		A	A	
4	E		E		E	E		E		E		E	E	

Break 2

1	T		T		T	T		A		A		A		A	A	
2	T		T		T	T		A		A		A		A	A	
3	T		T		T	T		A		A		A		A	A	
4	E		E		E	E		E		E		E		E	E	

ONE instrument section continues while the rest of the band plays this break

Break 3

+ instr. sign
that continues

Break 5

1	sn	.	sn	.	sn	.	.	sn	.	sn	.	.	sn	.	A
2	A	.	sn	.	sn	.	.	sn	.	sn	.	.	sn	.	A
3	A	.	sn	.	sn	.	A	.	A	.	sn	.	sn	.	A
4	A	.	sn	.	A	.	sn	.	A	.	sn	.	A	.	sn

Singing Break

Signed as Break 1,
with a lot of
blabla...

	* * *	* * *	* * *	* * *	* * *
1	I've got	cus tard	in	my und	- erpant
2	I've got	cus tard	in	my und	- erpant
3	I've got	cus tard	in	my und	- erpant
4	We've got	cus tard	in	our und	- erpant

Surdo players sing first half, same beats as they would play.

All other answer, same beats as they play.

Last part Everyone sings together.

Drum&Bass

tune sign: With one hand in your ear lift the other and move it front and back

High Surdo	1								x	x	x	x
Mid Surdo		x		x								
Low Surdo		sil			x		x	x				
Repenique			x	x	x		x	x	x		x	x
<i>if too hard play tamb. Part</i>												
Snare		x	.	.	x	.	.	.	x	.	x	x
Tamborim	1	x		x		x		x		x		x
	2	x	x									
Agogo				h							h	

Intro
*building a tower with fists
on top of each other,
upwards*

ri	ri	ri	ri	ri	ri	ri	ri	ri	ri
----	----	----	----	----	----	----	----	----	----

repeat until cut

Surdo Part of Intro
flat hand on head

1	S							S		S	
2	S									S	
3	S									S	
4	S						S	S		(S)	

not before before Boum Shakala Break repeat

can be remembered by:
start: 1 – 4 – 3 – 5
then: 2 – 4 – 3 – 5 :||

Boum Shakala Break
Crossed fingers

1	S		E	E	E	S		E	E	E	S		E	E
2	S		E	E	E	S		E	E	E	S		S	E
3	S		E	E	E	S		E	E	E	S		S	E
4	sn	.	.	sn	.	.	sn	sn	sn			hs	sn	hs

Break 2

1	S		S	S			S	S		S	S		S	S
2	S		S	S			S	S		E	S		E	S
3	S		S	S			S	S		S	S		E	S
4	S		S	S			S	S		E	S		E	S
5	S		S	S			S	S		S	S		S	S
6	S		S	S			S	S		E	S		hs	hs

Xango

tune sign : rain trickling down, with 10 fingers

Groove		1		2		3		4			
High Surdo	1								x	x	x
Mid Surdo		x		x							
Low Surdo		sil			x		x	x			
Repenique			x	x	x		x	x	x		x
<i>if too hard play tamb. Part</i>											
Snare		x	.	.	x	.	.	.	x	.	x
										.	.
Tamborim	1	x		x		x		x		x	
	2	x	x								x
Agogo		l		h		l		l		h	l

Voodoo

tune sign : aureole – make a circle around head with your index finger down

Groove

	1	2	3	4	5	6	7	8
1	sil	sil	sil	sil	sil	sil	sil	sil
Surdo, High + Mid		x x	x	x	x	x	x	x
Surdo, Low				x x				0
Snare	x	.	x	.	x	.	x	.
Repenique	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x x			
Agogo	h	h	l	l	h	l	l	l

Scissor Break

	E	E	E	E	E	E	E	
1	2	3	4	in my	un-	derpant		

Signed like scissors

Voodoo

tune sign : aureole – make a circle around head with your index finger down

Groove

	1	2	3	4	5	6	7	8
1	sil	sil	sil	sil	sil	sil	sil	sil
Surdo, High + Mid		x x	x	x	x	x	x	x
Surdo, Low				0				0
Snare	x	.	x	.	x	.	x	.
Repenique	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x x			
Agogo	h	h	l	l	h	l	l	l

Scissor Break

	E	E	E	E	E	E	E	
1	2	3	4	in my	un-	derpant		

Signed like scissors

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
1	X	X	X	X	X	X	X	X
High Surdo								
Mid Surdo								
Low Surdo								
Repenique								
Snare								
Tamborim								
Agogo								

Break 1

1	E	E	E	E	E			
---	---	---	---	---	---	--	--	--

Break 2

1	S	A	S	A	S	A	E	E	E
---	---	---	---	---	---	---	---	---	---

White Shark

1	S	A				S	A		
2	S	A	S	A	S	A	S	A	
3	S	A	S	A	S	A	S	A	
4	S	A	S	A	S	A	S	A	

White Shark

1	S	A				S	A		
2	S	A	S	A	S	A	S	A	
3	S	A	S	A	S	A	S	A	
4	S	A	S	A	S	A	S	A	

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
1	X	X	X	X	X	X	X	X
High Surdo								
Mid Surdo								
Low Surdo								
Repenique								
Snare								
Tamborim								
Agogo								

Break 1

1	E	E	E	E	E			
---	---	---	---	---	---	--	--	--

Break 2

1	S	A	S	A	S	A	E	E	E
---	---	---	---	---	---	---	---	---	---

White Shark

1	S	A				S	A		
2	S	A	S	A	S	A	S	A	
3	S	A	S	A	S	A	S	A	
4	S	A	S	A	S	A	S	A	

Hedgehog

tune sign : spiky fingers on the head

Groove							
High Surdo							
Mid Surdo							
Low Surdo							
Repenique							
Snare							
Tamborim							
Agogo							
others continue playing							
1							
2							
3							
4							
5							
6							
7							
8							
call something else here							
1							
2							
3							
4							
5							
6							
7							
8							
Hedgehog Call							
Hedgehog Tune sign							
1							
2							
3							
4							
5							
6							
7							
8							

Hedgehog

tune sign : spiky fingers on the head

Groove							
High Surdo							
Mid Surdo							
Low Surdo							
Repenique							
Snare							
Tamborim							
Agogo							
others continue playing							
1							
2							
3							
4							
5							
6							
7							
8							
call something else here							
1							
2							
3							
4							
5							
6							
7							
8							
Hedgehog Call							
Hedgehog Tune sign							
1							
2							
3							
4							
5							
6							
7							
8							

Sheffield Samba Reggae

tune sign : smoke a joint like a cup of tea (with thumb and index finger)

Groove							
Low Surdo							
Mid Surdo							
High Surdo							
Repenique							
Snare							
Tamborim							
Agogo							
Bra Break							
Intro							
1							
2							
3-5							
6							
Break 1							
Break 2							
1							
2							
3							
4							
Break 3							
1							
2							
Whistle Break							
Point to whistle							
1							
2							

Sheffield Samba Reggae

tune sign : smoke a joint like a cup of tea (with thumb and index finger)

Groove							
Low Surdo							
Mid Surdo							
High Surdo							
Repenique							
Snare							
Tamborim							
Agogo							
Bra Break							
Intro							
1							
2							
3-5							
6							
Break 1							
Break 2							
1							
2							
3							
4							
Break 3							
1							
2							
Whistle Break							
Point to whistle							
1							
2							

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

High Surdo
Mid Surdo
Low Surdo

Repenique

Snare

Tamborim

Agogo

Break 1

Break 2

1-3
4

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

High Surdo
Mid Surdo
Low Surdo

Repenique

Snare

Tamborim

Agogo

Break 1

Break 2

1-3
4

Break 3

fl = flare on repenique
R = hit on repenique

T+h = Tamborin + high agogo bell

SOS Break

signed by waving
the palms diagonal
across one shoulder

Knock on the door Break

knock with the knuckles of your
right hand on your flat left hand

last run: repis plays this →

Dancing Break

sign by showing the dance:
arms down to the right, and
to the left – then arms up to
the right, and left .. and go!
(start down right)

snare continues playing this trough the break

1	sn	.	.	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.
2	S	.	.	S	S	.	.	S	.	.	S	.	.	S	.	.
3	A	.	.	A	.	.	.	A	.	.	A	.	.	S	.	.
4	S	.	.	S	S	.	.	S	S	.	S	.	.	S	.	.
5	A	.	.	A	.	.	.	A	.	.	A	.	.	R	.	.
6	S	.	.	S	S	.	.	S	fl	R	R	T+h	R	T+h	R	.
7	S	.	.	S	S	.	.	S	fl	R	R	T+h	R	T+h	R	.
8	S	.	.	S	.	.	.	S	.	.	hs	hs	hs	hs	hs	hs

hs = high surdo picks up

SOS Break

signed by waving
the palms diagonal
across one shoulder

1	S	.	.	A	A	.	.	A	A	.	.	S	.	.	A	.	.
2	S	.	.	A	A	.	.	A	A	.	.	S	.	.	A	.	.
3	S	.	.	A	A	.	.	A	A	.	.	S	.	.	A	.	.
4	S	.	.	A	A	.	.	A	A	.	.	S	.	.	A	.	ls

ls = low surdo picks up

after which the repenique picks up this rhythm and plays in the tune:

	x	x	.	x	x	.	x	x	.	x
	x	x	.	.	.	x	x	.	.	x	x	x	x

... until next time the SOS break is played. Then it goes back to:

snare continues playing this or the rhythm of Bra Break

1	E	.	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.	[EEE]	.
2	E	.	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.	.	sn
3	sn	.	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.	.	sn
4	E	.	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.	.	sn
	sn	.	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.	.	sn
	R	.	.	R	.	.	R	.	.	R	.	.	R	.	.	R	R

repeat until cut

The players wo don't play dance (see left)

1-7	S	.	.	S	.	.	S	S	.	.	S	.	.	S	.	.	.
2-6	A	.	.	A	.	.	A	A	.	.	A	A	.	A	.	.	.
8	A	.	.	A	.	.	A	A	.	.	A	A	.	A	.	ls	.

ls = low surdo picks up

Rope Skipping

sign with both hands a rotating rope and jump up and down

Rope Skipping

sign with both hands a rotating rope and jump up and down

	1	2	3	4	5	6	7	8
Groove								
High Surdo	x	x	x	x	x	x	x	x
Mid Surdo	sil	x	x	x	sil	sil	x	x
Low Surdo	x	x	x	x				
Repetique	sil	x	fl	x	sil	x	x	fl
Share
Tamborim	x	x	x	x	x	x	x	x
Agogo	x	x	x	x	x	x	[xxx]	x
Oh Shit	E							
Fuck Off	E							
Break 1	S	A	S	S	A	S	S	A
Break 2	S	S	A	S	S	A	S	A
Break 3	S	A	S	A	S	A	S	A

sign: two little fingers show horns of taurus
sign: one little finger

Nova Balanca

tune sign: fists before breast, open hands and arms

	1	2	3	4
High Surdo			x	x
Mid Surdo		x		
Low Surdo	x			x
Repenique	x	x		
Snare
Tamborim	x	x	x	x
Agogo	l	h	l	h

	> from soft to loud!							
	E	E	E	E	E	E	E	E
Bra Break	sn	sn	sn	sn	sn	sn	sn	E
<i>Intro</i>	sn	sn	sn	sn	sn	sn	sn	E

Break 1	E	E	E	E	E	E	E
Break 2	S	E	S	E	S	E	S

Nova Balanca

tune sign: fists before breast, open hands and arms

Groove	1	2	3	4
High Surdo				
Mid Surdo		x	x	x
Low Surdo	x			
Repenique	x	x		
Snare
Tamborim	x	x	x	x
Agogo	l	h	l	h
Bra Break <i>/Intro</i>	sn sn sn sn	sn sn sn sn	sn sn sn sn	sn sn sn sn
Break 1	E	E	E	E
Break 2	S	S	S	S

