

ROR Tunes & Dances

April 2017

General Breaks II

Storming Break

show the arm as a measure with the other hand on ellbow don't make a fist

chosen instrument section plays sixteenths with volume indicated by maestra if you can't stand it anymore: scream

Alerting / Magic Wand Break

show your flat hand and hit it with stick

Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.

Chaos Break

Point with index finger at temple

Everyone plays something chaotic, getting louder and louder. No Counting in!

Again

Hit with flat hand on forehead

Repeat the last break (combination)

Improvisation

Point at your nose and at the sambista who can play freely Show all others what they should do in the meantime. so the length of the impro part is defined

Notation

Call-Response

E Everybody S Surdos

Α

Surdos

All others 0 damped with hand

sil silent hit (with one hand resting on the skin)

Repenique

flare: multiple hit with rebounding stick

hd hand hits the skin

silent hit with one hand resting on the skin rim/r

hit rim and skin at the same time or hit only

the skin near the rim

Agogo

h high bell

low bell

Afoxe		ιu	ne s	iyn	. S	ııd\	v i í i í	y tr	ie	all	пр	III.																			
Groove		1		_	2				3				4				5				6				7				8		_
High+Mid Surdo Low Surdo	1	0 sil			sil		x		0 sil				sil		x		0 sil				sil		x		x x		x		x x		×
Repenique		fl		hd	sil		rim		fl			hd	sil		rim		fl			hd	sil		rim		sil		rim		sil	r	im
Snare		×			x			x	x			x					x				x			x	x			x			
Tamborim		×	,	c	x		x		x	x		x	×		x		×		x		x		x		x	x		x	x		x
Agogo		h	1	1	1		1		h	h		1		ı	1		h		h		ı		1		h	h		ı		ı	ı
Break 1	1 2	S S		A	A A	A A			S E		E	A E	A E		A E																
Break 2	1 2						S S				s	s	s	s	S S					Mi eryb							pla	ayir	ng!		
Break 3	1 2	Г		S	S S	S	S S		s		s	S S	S S	S	S S					: Mi							pla	ayir	ng!		
Bra Break pulling a bra	1 2 3 4	Ri Ri Ri E	F F	či či	Ri Ri Ri E		E		A A A	A A E		A A E	A A E		E				Ri =	= cai	ll by	rep	eni	que							
"Tamborin Stroke"	1	E	E		E 3		E 4		E		are	E		e	E]														
Wolf Break wolf's ears and teeth	1 2 3 4	S S S E	S S	3	A A A E			s	S S E		S S S	а	A A U	_	-	S -		< 1	a-u	= li	ke	a he	owl	ing	wo	lf					

Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove		1				2			1	3				4			_
High Surdo Mid Surdo	1	x	x	x	x	x	x	х	x	х				x	x	x	x
Low Surdo		rh		rh		lh			lh	rh	lh	rh		lh			
Repenique		fl				fl				fl			x	х	x		
Snare						х								х			
Tamborim		х				х			x	х	x			х			
Agogo				1		h				I	h			h			
				do: tu	-		-		180	ı° an	d hit	the	side	of th	e dr	ım	E
Break 1	1	Ε		Е		Е		Е		Е		Е		Е		Е	
Break 2	1	S		Α	Α	Α		Α	Α		Α	Α		Α		S	
	2	S		A	A	A		A	A		A	A		A		S	E
	3	5		Α	Α	Α		Α	Α		Α	Α		Α			
	4	=		E		I =		E		F		E		ᆮ		E	-
	4	Е		Е		Е		Е		Ε		Е		Е		Е	
	4		re co		ues		ing ti		gh th	E e bre	eak!	Е		Е		Е	
Break 3	1	sna	re co	ontin	ues	playi	ing ti		Е		eak!	E		Е		Е	
Break 3	1 2	sna E E	re co		ues		ing ti	roug	E E	e bre	Ε	E		Е		Е	
Break 3	1	sna	re co	ontin	ues	playi	ing ti	rou	Е	e bre		E		Е		Е	E

repeat until cut

Bhangra this tune is a 6/8

tune sign : folded hands, like praying

roove		_1			2			3			4			5			6			7			8		
irdos	1	×	1		l		1	Ì		×	x			х			ı			ı		x	×	1	
Il play the same)	2	×								х	x			х					х				х		
epenique	1	х	_	8	x	-	8	х		S	х		S	х		8	х		S	х		S	х		S
	2	х		S	х	-	8	х	_	S	х		s	х	х	Х	х	_	-	х	х	х	х		+
are	1	r			1			r	-		1			r			1			r		-	-	-	+
		۲	i i	·	÷	·	-	·	i i	i i	÷	-	-	Ė	-	·	÷	-	-	÷	-	÷	·	÷	+ -
nborim		×		×	x		х	×	\vdash	x	х		х	x		х	х		×	х		x	х		x
go		h	h	h	h			1	T	T	1														
er		×			х			х			х			х			х			х			х		
																						S	s		
ak 1	1	S		S	s		S		_	S	S			s	_		Α	_		Α		S	s		+
	2	S		S	S		S			S	S			s			A			Α		S	S		
	3	S		S	S		S			S	S			s			A			Α		S	s		+
	4	S					S				S			S			А			Α		S	S		
														sn	sn	sn	sn			sn	sn	sn I	sn say		
		do		as	ļ <i>,</i>		say,	l		you	old			sn fool,	sn		dam			sn dam,		i	say say		
als 2							say,							fool,	sn							/ /	say say		
ak 2	1	do		E	/ E			E		you	E			fool,	sn							I I E E	say say E E		
ak 2	1 2	E		E	E		say,	E		E	E			fool,	sn							I I E E	say say E E		
ak 2	1			E				E			E			fool,	sn							I I E E	say say E E		
ak 2	1 2 3	E		E E	E		E	E E		E	E E			fool, E E E	sn							I I E E E	say say E E E		
eak 2	1 2 3	E		E E E	E E),	E	E E		E E	E E E			fool,	sn		dam			dam,		I I E E E E E	say say E E E E	t	
ak 2 ak 3	1 2 3	E	E	E E E	E E),	E	E E E		E E	E E E			fool, E E E E sn	sn		dam			dam,		I I E E E E E	E E E E E E	t	
	1 2 3 4	E E		E E E pa-	E E),	E	E E E pa -		E E	E E E dam			fool, E E E E E now	sn	sn	dam	e		dam,		I I E E E E E	E E E E E	t	
ık 3	1 2 3 4 4 1 1 1 2	E Pa -	E	E E E pa- paa	E E dan),	E E	E E E Da-dam	E	E Pa-	E E E dam right			fool, E E E E E now	sn	sn	dam	e		dam,		I I E E E E E	E E E E E	t	
«3	1 2 3 4 1 1 1 2 3	E E Pa -	E	E E E E pa- paa	E E dam	, R	E E pa-	E E E E	E	E E Pê-	E E E dam right			fool, E E E E E now	sn	sn	dam	e		dam,		I I E E E E E	E E E E E	t	
«3	1 2 3 4 1 1 2 3 4 4	E E R A R A	E R A	E E E F F F F F F F F F F F F F F F F F	E E R A R A	R A	E E Pa-	E E E E Pa - dam	E R A	E E R A R A	E E E dam right			fool, E E E E E now	sn	sn	dam	e		dam,		I I E E E E E	E E E E E	t	
k 3	1 2 3 4 4 5	E E R A R A R	R A R	E E E E E E E E E E E E E E E E E E E	E E R A R A R	R A R	E E R A R A	E E E E E E E E E E E E E E E E E E E	E R A R	E E R A A A A	E E E E E E E E E E E E E E E E E E E			fool, E E E E E now	sn	sn	dam	e		dam,		I I E E E E E	E E E E E	t	
ak 3	1 2 3 4 4 5 6	E E R A R R R R	R A R	E E E E E E E E E E E E E E E E E E E	E E R A R A R R R	R A R	E E R A R A R	E E E E E E E E E E E E E E E E E E E	E R A R	E E R A A R A A R	E E E E E E E E E E E E E E E E E E E			fool, E E E E E now	sn 	sn	sn			dam,		I I E E E E E	E E E E E	t	
ak 3	1 2 3 4 4 5	E E R A R A R	R A R	E E E E E E E E E E E E E E E E E E E	E E R A R A R	R A R	E E R A R A	E E E E E E E E E E E E E E E E E E E	E R A R	E E R A A A A	E E E E E E E E E E E E E E E E E E E			fool, E E E E E now	sn	sn	dem sn			dam,		I I E E E E E	E E E E E	t	

Cochabamba

tune sign: drink from a cup formed with one hand

Groove	1				2				3				4				5	;			6				7				8			
High surdo	г				0		х	х					0		х	х	_				0		х	х					0		х	х
Low + Mid surdo	x	х			0					х	х		0				х	х			0					х	х		0			
																															\Box	
Repenique	\vdash	-	х	Х			Х				Х	Х			Х			-	Х	Х	_		Х	Х			Х	х			х	-
Snare/Shakers	\vdash	<u>+</u>			x					_	_		x				H	+	+	١.	x				-	-			x			-
Onarci Onarci S	Ė	÷	Ė		^							Ė	ļ^	·			Ė	÷	÷	i.	Ĥ		Ė	·	Ė	Ė	Ė	Ė	Ĥ	H		Ė
Tamborim			х	х			х				х	х			х				х	х			х	х			х	х			х	
	L						_			_	_						L	ļ.,	_							_	_		_		_	_
Agogo	h	h	i i		ells		h	h		1	I		h		h		1	I		h	h		ı	1		h	h		ı		1	
Break 1	Ма	ke s	sure	the	high	an	d lo	w sı	ırdo	s fit	toge	ethe	r w	ell; p	olay	ing t	he	offb												ıder!		
(Iron Lion Zion Break)	x	x		X	x		x	x		x	x		x		X					Ci y C	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	ogc	uici		Jiui	. 501	t an	u gc	, 100	iuci:		
,	х	х		х	х		х	х		х	х		х		х																	
	Ξ																,															
Bra Break	С	С		С	С		С	С		С	С		Α		Α						•			•	rep	eni	que	or s	nare	e)		
pulling a bra	С	С		С	С		С	С		С	С		Α		A				Α=	= All	othe	ers a	ansv	ver								
	С	С		С	С		С	С		С	С		Α		Α		J															
Cross Kicks for surdos	sig	n 'X	' wit	th th	ne ar	ms,	wa	ving	tow	ard	s the	e sk	y																			
high surdo					0								0		х	х	1															
low surdo	х	х			0								0																			

Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove	1		,		2				3				4				5			6				7				8	_		
High Surdo 1 Mid Surdo Low Surdo	x			x	x (x)	x	x x	x	х			x	x (x)		x x	x	x		x	x (x)	x	x x	x	x x x		x x x	x x x			x	
Repenique	fl			hd	х		x	х	fl			hd	x		x	x	fl		hd	х		x	x	х		x	x				
Snare	١.	١.			x		x	x					x		x	х				x		x	x	х		x	x			(x)	(x)
Tamborim			x	x			x			x		x			x			х	x			х			х		х			(x)	
Agogo altnerative	I		h h	h	h		 	ı		h	h	h h	h	ı	I	1	ı	h h	h	h		I	I	h	 [-	 h] h	h		[h ł	h h	İ
Shaker	x		x		x		x		х		x		x		x		x	x		x		x		х		x	x				

(x) = variations [
--------------------	--

Break 1

	Τ	h	h	h	Т	Т	Α	Α	Α			Т
2	1	h	h	h	1	1	Α	Α	Α		1	
3	1	h	h	h	Α		E	h	h	h	A	.
ļ	Е	h	h	E	h	h	E	Α	Α		m	s

] = triplet

A = all others except agogo E = everyone ms = Mid Surdo

Break 2	1 2 3 4					sn sn E sn		sn E	sn sn E sn	E		E E	E E	E		E ms	E			n = = ns :	de	ad	nc		on :	sna	ire						
Break 3	1 2	S E I		S E h	S E I	E I		A E h	E	S E I		S E I	S E I			Ms (h)			r	ns :	= N	∕lid	Su	ırdo)								
Bongo Break 1	1	S			Α	S		Α		s	Α		Α	S		Α		S				Α	S		Α		S	S	S		П	Α	\neg
play a bongo with		Ι			h	ı		h		Т	h		h	ı		h		1	T	T	T	h	Τ		h		I	ı	Ι			h	
one hand		_																												pla	ay as	lo	эp
Bongo Break 2	1	S				s				s				s		Т		s	T	Т	Т		S				S	S	S		П	S	\neg
play a bongo with		Α		Α	Α		Α	Α		Α		Α	Α		Α	Α		Α	Ť	1	4	Α		Α	Α						\Box	Α	
two hands		1			h	ı		h		Τ	h		h	ı		h		1				h	Ι		h		1	1	1			h	
																														pla	ay as	lo	эp
Monkey Break						υ							[A /]	5	Sho	ut	like	a	mc	nke	<i>y</i>							
like tune sign		alte	ern	ativ	e: c	diffe	erei	nt ri	hyth	ım (or j	ust	cha	aoti	C V	oice	es																

Custard	=	tun	ie si	ign	: ma	akin	ıg a	n o	ffer	to t	he s	sky,					
Groove		1				2				3				4			
High Surdo Mid Surdo Low Surdo	1	x x 0		x		0 0 x				x x 0	x		x	0 0 x		x	
Repenique				x	x			х	x			х	x			x	x
Snare		x		х		x			х		x			х			
Tamborim		x		x		х	x		x		x		x		x	x	
Agogo		h		h		I	1		h		h		1		1	1	
Break 1	1 2 3 4	S S S E		S S S E		S S S E	S S S E		A A A E		A A E		A A A E		A A A E	A A E	
Break 2	1 2 3 4	T T T E		T T T E		T T T E	T T T		A A A E		A A A E		A A A E		A A A E	A A A E	
Break 3 + instr. sign that continues	ONE 1-7 2-8 8	A A sn	umer	nt se	ction	cont					te sn		and	plays	s this	A sn	sn
Break 5	1 2 3 4	sn A A		sn sn sn sn		sn sn sn A		A sn	sn sn	A A	sn sn	sn sn		sn sn sn A		A A A sn	
Singing Break Signed as Break 1, with a lot of blabla	1 2	l've		# got got			* tard		in in		my my		* und		erpa erpa		
	_	I				1	to ad			l				1			

Surdo players sing first half, same beats as they would play. All other answer, same beats as they play. Last part Everyone sings together.

in

my

our

cus tard

cus tard

und-

und -

erpants

erpants

3

I've

We've got

got

Drum&Bass

tune sign: With one hand in your ear lift the other and move it front and back

Groove		_1				2				3				4				5				6				7				8			
High Surdo	1	Г		Т		х	Π	Π		Г			Т	х				Г	Г			x								х			
Mid Surdo								х	х	х	х							Г						х	х	х	х						
Low Surdo		х										х			х			х										х					
Repenique						x			х		х		x	х		х	х					х								х			
Snare		.				х			х					х								x		-	х					х			_
		·				х			х					х				х		х		х		х		х		х		х		х	·
Tamborim				L		х						х		х								х				х		х		х			
Agogo		T		h	1		h	I		h								I		h	1		h	T		h							-
Break 1	1	E-		ver	/	bo	-	dy		daı	nce			no	N]	Ev	ery	bod	y si	ngs										
Break 2	1	s		Α	S		S	Α		s		Α	S		S	Α		1	x =	hit	s or	ı sr	are	an	d re	pi							
	2	S		Α	S		S	Α		х	х	х	х																				
Break 3	1	E						E				Е	_		E			1															
	2	E		\vdash				E		\vdash		E	\vdash	\vdash	Ē			1															
	3	Ē						E				E			E																		
		_	_	_					_	_	_			_	_	_	_	,															
Progressiv Break	1	Е				Ε				E				E								_											
5 fingers and other	2	E	L	E	_	E	_	E	L	E	_	E	<u> </u>	E	L	E	_						= hit						sn	= s	nan	9	
hand grabbing thumb	3	Е	Е	E	E	Ε	Е	Е	Е	Ε	Е	Ε	E	Е	Е	Е	Е]				Rí	= re	epi l	nit c	n ri	m						
Hip-Hop Break	1	S		Т	S	Α				Г	S		S	Α				S	П		S	Α			S		S		S	Α		S	\neg
hit your chest	2	S			S	Α					S		S	Α				R	Ri		R	Ri		R	Ri		R	Ri		R	R	Ri	Ri
	3	S			S	Α					S		S	Α				S			S	Α			S		S		S	Α		S	П
				_			_	_	_	_			1	1					_	_						_							-

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove		1	_			2	_			3		4		5				6			7		8		_
High Surdo Mid Surdo	1	X X				X X				X X		х	х	X X				X X			X X		х	х	
Low Surdo		Х				Х				Х	Х			Х				Х			Х	Х			
	2	X				X X				X X		х	Х	Х		Х		х	х						
		Х				Х				Х	Х										Х		Х		
Repenique		fl		x	r	x		х	r	х	fl	x	r	fl		x	r	х	x	r	x	fl	х	r	
Snare		х			х	х			х	х				х			х	х		x	х	х	х	х	
Tamborim		х	х							х	х	x		х	х						х	х	х		
Agogo		Т		I	h	ı		1	h	1	1	h	1	1		I	h	1	1	h	1	1	h	1	

Break 2	1	Ε	Е	Ε	Е		Е		Е		

Break 2 1 S A S A E E E

White Shark	1	S		Г	Α	\Box	П	\neg							S			Α	П	П	S	Т	Т	Α				
simulating a shark fin	2								S		Α				S			Α			S	Т	\Box	Α		П		П
a shark fin	3	S		Α		S	Α		S	Α		S		Α	S		Α		S	Α	S		Α		S		Α	
															1	Τ	h					Т			Т	T	h	П
	4	S		Α		S	Α		S	Α		S		Α	S		Α				Е	I						
		Τ	1	h								Τ	1	h								Т	П			\neg		П

Funk

Call Break 1

Х

tune sign : glasses on your eyes

[triplet]

Groove		1	_			2			3			4			5			6	_			7			8			_
All Surdos	1	х			x		х		х	x					х		x			х		Х						
Repenique		fl			hd	fl			hd	fl		hd	х	hd	ri	hd												
Snare						х						х						х							х			
Tamborim						х						х	x					х					x		х			
Agogo		1			h		1			h		h	h		ı		h			ı			h		h		h	
Break 1	1	S		S		Α	Α		S	S		Α	S		S	S		Α		Α		S	Α		г		Α	
	2	S		S		Α	Α		S	S		Α	S		S	S		Α		Α		S	Α	Α	Α			
Break 2	1	Е		Е		Е	Е		Е	Е		Ε	Е															

shout ...

... "oi": two arms crossing, with OK-sign ... "ua": two fists, knuckles hit each other

Hafla

Sign: spread arms and shake your shoulders and hips

Groove	1		2		3		4			5		6			7		8		_
High Surdo 1 Mid Surdo Low Surdo	x	x	x	x	x x		x x			×	x	x		x	x x		x x		Ī
Repenique	ri	x		x	ri		х			ri	х	х	x	ri	ri		х	x	x
Snare easier		x x		x x			x x				x x	 x	x	x x			x x	x	x
Tamborim	х	x		x	х		х	x	x	х	х			х	х		х		
Agogo	ı	h		h	ı		h				h			h	ı		h		

Yala Break Е Е all fingertips of one hand gather and shake wrist

sn sn sn A

Kick Back 1

_	Λ.	-	Α.	-				
10	^		^	3	'	١,		
_					 		$\overline{}$	_

repeat until cut

sn sn sn sn A

sn sn sn sn A

A A

Break 3 **Hook Break**

1	S	S	Α	Α	Α			S	Α	Α	Α	Α	Α	S	Α	Α	Α	Α	Α	S	S	Α	Ĺ
2	S	Α	Α	S		Α	Α	s	Α	Α	s	Α	Α	S	Α				Α	S		Α	

two fingers hooked together

Hedgehog

tune sign: spiky fingers on the head

Groove	1	2	3 4	5	6 7	8
High Surdo 1 Mid Surdo Low Surdo	sil	x x x	x sil x	X X sil X	x x x	x x x x
Repenique	ri	x	ri X	X ri X	X ri	X ri X
Snare	x .	. x . . x	. x . x .	. x . x . . x	X . X .	. . x . .
Tamborim	x	x	x x		x	x x
Agogo	1	h h	I h	h I h	h I	h I h

Break 1

others continue playing count in from here S S S S

Hedgehog Call

Hedgehog Tune sign

call something else here count in from here Ε Hedgehog

Karla Shnikov

tune sign: move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove		1				2				3				4			_
0 1	4.0	ı				١.				1							ı
Surdos	1-3 4	X				0		X	X					0			
	4	Х				0		х	х		х		х	х		х	
Repenique		х			x	x			x		x		x	x		x	
Snare						x								x			
Tamborim	1					х								х			
	2					х			х		х		х	х			
Agogo	1	1			I	h		1		1			ı	h		I	
		>fı	rom	sc	oft t	o Ic	oud										
Break 1	1	Ε	Ε	Е	Е	Ε	Е	Ε	Е	Е	Ε	Ε	Ε	Ε	Ε	Ε	Е
rabbit ears OR finger	2	E	Е	Ε	Ε	Е	Е	Е	Ε	Е	Ε	Ε	Е	Ε	Ε	Ε	Е
pistol shooting up	3	E	Е	Ε	Е	E	Ε	Е	Ε	Ε	Ε	Ε	Е	Ε	Ε	Е	E
	4	Е															
Break 2	1	E	Е	Е	Е	E	Е	Е	Е	E	Е	Е	Е	Е	Е	Е	E
Dieak 2	2	E	-	-	-	E	-	-	-	E	-	-	_	E	_	_	[-]
	3	S		s		-			s	-	s						
	3 4	S		S		A			S		S		A A	A A	A	A	
	4	0		3		А			3		3		А	А	А	А	
Break 2 inverted	1	Ε	Е	Е	Е	Е	Е	Е	Е	Е	Е	Е	Е	Ε	Е	Е	Е
sign with two fingers	2	E				E				E				Е			
pointing down	3	s		s		Α			s		s		Α	Α	Α	Α	
instead of up	4	s		s		Α			s		s		Α	Α	Α	Α	
	5	s		s		Α			s		s		Α	Α	Α	Α	
	6	s		s		Α			s		s		Α	Α	Α	Α	
	7	E				Е				Е				Ε			
	8	Е	Е	Е	Е	Е	Е	Е	Е	Ε	Е	Е	Ε	Ε	Ε	Ε	Е

B 8		'	- 1	
nл	_nr	10	\mathbf{n}	~
IVI	CI.	าล		n

tune sign:

Groove		1				2			3				4			5			6				7			8			
High Surdo Mid Surdo Low Surdo		x x				sh sh sh	x		x x				sh		x x	х	sh sh		sh		x		x x			sh x x		x	
Repenique		ri	ri	x		sh			fl			fl			fl						x	hd	ri	х	hd	ri		x	hd
Snare		x			x	х		x	x			x	х		x	x		x	x			x	х		x	х		х	
Tamborim		х				х	x	x	x		x				fl						fl						[x >	(x]	
Agogo		1				h	h		1						1		h				I		ı			ı			
																				[] =	= triį	plet		sh :	= sti	ick -	+ ha	ınd
Break 1		Ε		Ε		Ε	Ε	Е		Ε		Е	Ε		Ε]													
Break 2	1–3	Ι		h		ı					I		Γ	h		Г			Γ		Α	Α	Α	Α	Α			Α	Α

Double Break

Low Surdo Mid Surdo High Surdo

Repenique

Snare

Tamborim

Agogo

	sh				х		sh				х	
	sh		х				sh			х	х	
х	hd	х	х	hd	х	х		hd	х	х	hd	х
r		r	r		r		r		r	r	r	
х	.	х	х	.	х	х		.	х	х	х	
х			х	х	х	х		х			fl	
Ι	h		\perp		1		h		1	\perp	1	h

Kick Break

Surdos Agogo

All others

Mozambique Break

Surdos All others

х							х			х		х	
1	h	h	1	h	h	1	h						
		х						х			[x)	(x]	

		sl			hd				sl			hd	
rim	rim		rim	rim		rim	rim	rim		rim	rim		rim

No Border Bossa

Sign: interlock your hands like a fence and then open it

Groove			1				2				3		_		4				5			6			7				8			_
Surdos	## sil		sil				h		х		х				h		sil		sil			h	х		х		x		h		sil	
Hand resting on skin	##	- 1	sil	•	•		h		x		х				h		sil		sil			h	x				x		h		sil	
Hand resting on skin																																
Repenique					х		ri				fl	hd		fl	hd		fl			x		ri			fl	hd		fl	hd		fl	
Snare)	x	х			x	х			x	х			х	х			x	x		х	х		x	х			х	х			x
Tamborim					х		х				x			х			х			x		х			х			х			x	
Agogo	h		h		h		х		1		ı		ı		х		h		h	h		х	1		ı		ı		х		h	
			Sur	dos	: or	nly 1	1 St	ick	in o	ne l	nan	d; h	= 0	ther	har	nd h	nits	skir	1													
Break 1		[Ε		Ε				Ε			Ε			Е			Ε		Ε			Ε	Е		Ε	Ε			
			Sui	dos	on	ly, I	Res	t co	ntin	ues																					sil	
Break 2		[sil						sil		sil						sil		sil				sil	_	sil		671 -		-:41-	D.:	sil	
			Su	dos	on	lv l	Res	t co	ntin	III ES														rep	ea	un	tii C	ut v	vitn	Br	eak sil	2-
Break 2*		r	sil		0	.,,.			sil	_	sil						sil		sil				sil		sil						sil	П
		۰	fro	m s	oft	to I	loud	d																								_
Bra Break		ſ	R		R		R				R			R			R		T	R		R			Α	Α		Α	Α			

Nova Balanca

tune sign: fists before breast, open hands and arms

Groove	1				2				3				4		
High Surdo Mid Surdo Low Surdo	х			x		x	x		x			х		x	
Repenique	x	x			х								x		
Snare					х				x	x			x		
Tamborim	x			x	х		x		x			х	x	х	
Agogo	ı			ı	h		ı		ı			ı	h	1	
Bra Break	sn	sn	sn	sn	Е		sn	sn	sn	sn	Е				
Intro	sn	sn	sn	sn	Е		sn	sn	sn	sn	E				
	> fro	m so	ft to l	oud!											
Break 1	E		E		Е		E		E		Е		Е	Е	
									•						_
Break 2	S		Е		S		Е		S	Е		Е	S	Е	

Orangutan

Groove

tune sign: monkey, both hands in armpits

High Surdo Mid Surdo Low Surdo

Repenique

Snare

Tamborim

Agogo

Funky gibbon Upside down

'3 creature' 3 4 1–4

2

3 Х Х Х х х х x x Х r r r r х Х x x Х х Х х х х х х Х х

S			S			S		S	S		S	
s	S											
s			S			S		S	s		S	
s												
١.		sn		١.	sn		sn			١.	sn	
L		rim			rim		rim				rim	

ri = Everyone else hits the rim

Monkey Break

One hand in armpit

Break 2

Speaking Break

 OO
 E
 E
 E
 E
 E
 E
 E
 E
 E
 E
 E
 E
 D
 Oo
 Shout Ook!
 Make monkey noises

Ragga

tune sign: fists together, thumbs to the left and to the right

Groove		1				2			_	3				4		_		5				6			_	7	_			8		_	_
High Surdo Mid Surdo Low Surdo	1	0 0 X			x			X X 0		0 0 X			X X			X X 0		0 0 X			x x			X X 0		0 0 X			x x			X X 0	
Repenique an additional variation			x	x	x		x	x	x		x	x	x		x	x	x		x	x	x		x	x	x		x x	x	x x		x	x	x
Snare				х	х			x				x	x			x				х	x			x				х	x			x	
Tamborim				x				x				x				х				x				x				x	x			x	
Agogo		1		h		ı		h		ı	h		h	ı		h		ı		h			1	ı	1	ı		h		ı			
Kick Back I thumb back over shoulder		S			S			Α		S			S			Α		S			S		re	A	at ur	S ntil c	oun	ting	S in t	for I	Kick	A Bac	k II
Kick Back II like Kick Back I, but with two thumbs		S h	h	A h	S	h	S h	A h	h	S h	h	A h	S h	h	S h	A	h	S h	h	A h	S	h	S h	A h	h	S h	h	A h	S h	h	S h	A h	
Break 1	1	S		Α	S		Α	S		n' i 1	n:			2				3				4		ере		this	bre g -	ak i aft	s or	nly t	wo	cou	nts inue
Break 2	1	Е												Ε	Ε	Ε]								1101	IIIai	ıy vv	11111	iie i	III St	uca	
Break 3	1	S			S			S		Α			Α			Α]															
Zorro-Break sign 'Z' in the air		S	ners	cor	ntinu	је р	layi	ng		S								S						ере	at u	S	cut	with	S	e of	the	S	aks

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove	1	2	3	4	5 6	7	8
High Surdo Mid Surdo Low Surdo		il sil		x x x x	x x x x x x x x x x	x x x	x x x x
Repenique	sil x	x fl	sil x	x fi	sil x x fi	x x x	fi
Snare		. x		. x	x	. x x	x x
Tamborim 1 2	x x	x x x		x x x x	x x x x	x x Triple	x x x
Agogo	h	h h		I I h	h h h	1 1	I I h
Oh Shit	E		Oh	Shit	sign: two little fing	gers show hor	rns of taurus
Fuck Off	E		Fuck	Off	sign: one litte fing	ıer	
Break 1	S	Α	SSA		SA	SSA	A A
Break 2	SSA	AASSA	ASSA	A S	AASSAAS	SSAAS	SA
Break 3	SAA	SAA	SAAA	S]		

Küsel Break	S		S	S	S		S		S		S		S				Α		Α	Α	Α		Α		Α		Α		Α	П		
hands twist head	sn			sn	sn			sn	sn		Ι.		sn		sn		sn		sn		sn		sn		sn		sn		sn	\Box		
	all p	olay	ers	tur	n ar	oun	d 3	60°	wh	ile p	lay	ing	the	brea	ak																	_
Skipping Agogo	h			h	h	h		h	h			h	h	h	Τ	h	Τ			Τ	1	Τ		Ι	Ι			Τ	I	Т	h	Ι
																														_		_
I like to move it	П				Ι				Ι				Ι		h		R				R				R		h		R		h	
curling hands	Rep	oi ai	nd A	4go	go																								play	as /	a lo	ор
up and down																																
	Sur	dos	(Н	igh,	Mic	ddle	, Lo	w),	Sn	are																						
Eye of the 1	Hi								Hi			Mi			Hi										Hi			Mi			Hi	
tiger																																
claws left and 2									Hi			Mi			Lo		Ag	ogo	bea	atin	g fa	st b	etwe	een	bot	h b	ells.			.unt	il h	ere
right						·											sna	re :	stop	s h	ere											

Samba Reggae tune sign: smoking a cigar/joint

Groove		1				2				3				4			
Unit Out			_	_	_		_	_					_				
High Surdo Mid Surdo	1	0 x				0		х		0 x				x 0	x	х	x
Low Surdo		l ô				x				ô				x		х	
Repenique				x	x			x	x			x	x			х	x
Snare		×			х			х				х			х		
Tamborim		l "			×			l,				×		l ,			
rambonin		×			×			х				×		x			
Agogo		1		h		h		1	1		h		h	h		1	
						•											
Bra Break	1	fl		R	R		R	R		R		Α		Α			
	_	L		_	_		L	_		_		_					
R = hit on repenique	2	fl		R	R		R	R		R		Α		Α			
fl = flare on repenique	3	fl	_	R	R		R	R		R		Α	_	Α		_	
	4	Т			Т			Т				Т		Т			
T = Tamborim	5	Т			T			Т				Т		Т			Н
I = Tamborim	5	sn	١.		sn		١.	sn	١.	١.		sn	١.	sn			
	6	T	÷	Ė	T	Ė	H	T	Ė	Ė	Ė	T	Ė	T	Ė	Ť	Ė
		sn			sn			sn				sn		sn			
	7	Т			Т			Т				Т		Т			
		sn			sn			sn				sn		sn		Is	
										<u> </u>			Is	= low	surd		S UD
																- p	
Clave	1	Е			Ε			Е				Е		Е			
		041															
Break 1	1	X	L by	Гері	х	х	_	х	х	x	х		х	х			
	2	A		Α		Α	Α		A	A							
	3	x	x		x	х		х	x	x	х		x	х			
	4	Α			Α			Α		Α							
	5	sn			sn			sn		sn	-		sn			sn	
	6 7	sn			sn			sn		sn			A sn	Α		sn	
	8	sn		:	sn	:		sn		sn			A	A		211	•
	9	sn	Ė		sn	i.	Ü	sn		sn			sn			sn	
	10	sn			sn			sn		sn			Α	Α			
	11	sn			sn			sn				sn	Ļ	hs	hs	hs	hs
													ns :	= high	surd	o pick	s up

		OAL															
Break 2	1	х			х			х				х		x+A	Α	Α	Α
	2	x			х			х				Х		x+A	Α	Α	Α
	3	x			х			х				Х		x+A	Α	Α	Α
	4	х			х			х				х		x+A	Α	Α	Α
		$\overline{}$	re co	ntın	$\overline{}$	·	ing t	_	roug	h the	bre	_				_	
Break 3	1	sn				sn				sn				sn		·	
	2	s		_	S	S	_	S		s	S		S	S	_	S	
	2	5			5	5		5		5	5		5	8		8	
	3	A		_	Α		<u> </u>	Α	-	\vdash	_	Α	_		_	_	H
	3	^			Α.			^				А					
	4	s		_	S	s	\vdash	s		s	S		S	s	_	s	
	-	١			0	0		"		ľ	0		0	ľ		"	
	5	A		_	Α		\vdash	Α			_	Α	_		_		
	·	l			,,,			l				,,					
I = flare on repenique	6	s			s	s		s		s	fl	R		R		R	
R = hit on repenique	-	Ĭ			-	_		Ĭ		-				T+h		T+h	
	7	s			s	s	$\overline{}$	s		s	fl	R		R		R	
T+h = Tamborin + high agogo bell														T+h		T+h	
	8	s			S			S						hs	hs	hs	hs
200 D 1				A	A		Α	A		l s		Α		Α			
signed by waving the palms diagonal	1 2 3 4	s s s		A A A	A A A		A A A	A A A		S S S		A A A	lo	A A A	ourd	ls	
signed by waving he palms diagonal	2	S S		A A	A A		A A	A A		S		Α	Is	Α	surd		s up
signed by waving he palms diagonal	2	s s s	r which	A A	A A	eniqi	A A	A A	ıp thi	s s s	thm a	A A		A A = low		o pick	s up
signed by waving he palms diagonal	2	s s s	r whice	A A	A A	eniqi	A A	A A	ıp thi	s s s	thm a	A A		A A		o pick	s up
signed by waving he palms diagonal	2	S S S		A A A	A A A		A A A	A A A		S S S		A A and p	lays	A A = low in the	tune	o pick	s up
igned by waving he palms diagonal	2	S S S		A A A	A A A		A A A	A A A		S S S		A A and p	lays	A A = low in the	tune	o pick	s up
signed by waving he palms diagonal across one shoulder	2	S S S		A A A	A A A e rep x me th		A A A	A A A cks u x	is pla	S S S		A A and p	lays oes b	A A = low in the	tune	o pick	
signed by waving the palms diagonal across one shoulder Knock on the door Break	2	s after	ntil n	A A A ch the x ext tir	A A A e rep x me th	ne SC	A A A ue pi	A A A cks u x reak	is pla	S S S	Ther	A A and p x n it go	lays bes t	A A = low in the	tune	o pick	
signed by waving the palms diagonal across one shoulder Knock on the door Break knock with the knuckles of your	2	s after	ntil n	A A A ch the x ext tir	A A A e rep x ne th x	ne SC ayinç	A A A ue pi	A A A cks u x reak	is pla	S S S s rhy	Ther	A A and p x n it go	lays bes t	A A = low in the x pack to	tune	o pick	x
ingned by waving the palms diagonal cross one shoulder Cnock on the door Break cnock with the knuckles of your	2 3 4	after	ntil n	A A A ch the x ext tir	A A A e rep x me th	ne SC	A A A ue pi	A A A cks u x reak	is pla	S S S s rhy	Ther	A A and p x n it go	lays bes t	A A = low in the x	tune	o pick	
signed by waving the palms diagonal across one shoulder Knock on the door Break knock with the knuckles of your	2 3 4	s after	ntil n	A A A ch the x ext tir	A A A e rep x ne th x	ne SC ayinç	A A A ue pi	A A A cks u x reak	is pla	S S S s rhy	Ther	A A and p x n it go	lays bes t x	A A = low in the x pack to	tune	o pick	x
ingned by waving the palms diagonal cross one shoulder Cnock on the door Break cnock with the knuckles of your	2 3 4	snar E sn E	ntil n	A A A ch the x ext tir	A A A A P P P P P P P P P P P P P P P P	ne SC ayinç	A A A ue pi	A A A Cocks u x reak x or th	is pla	S S S s rhy	Ther	A A A A A A A A A A A A A A A A A A A	lays bes t x	A A = low in the x pack to	tune	x	x
signed by waving the palms diagonal across one shoulder Knock on the door Break knock with the knuckles of your	2 3 4	after	ntil n	A A A ch the x ext tir	A A A e rep x ne th x	ne SC ayinç	A A A ue pi	A A A cks u x reak	is pla	S S S s rhy	Ther	A A and p x n it go	lays bes t x	A A = low in the x pack to	tune	o pick	x
ingned by waving the palms diagonal cross one shoulder Cnock on the door Break cnock with the knuckles of your	2 3 4	snar E sn E	ntil n	A A A ch the x ext tir	A A A A P P P P P P P P P P P P P P P P	ne SC ayinç	A A A ue pi	A A A Cocks u x reak x or th	is pla	S S S s rhy	Ther	A A A A A A A A A A A A A A A A A A A	lays bes t x	A A = low in the x pack to	tune	x	x
ingned by waving the palms diagonal cross one shoulder Cnock on the door Break cnock with the knuckles of your	2 3 4	snar E sn E	ntil n	A A A ch the x ext tir	A A A A P P P P P P P P P P P P P P P P	ne SC ayinç	A A A ue pi	A A A Cocks u x reak x or th	is pla	S S S s rhy	Ther	A A A A A A A A A A A A A A A A A A A	lays bes t x	A A = low in the x pack to	tune	x	x
ingned by waving the palms diagonal coross one shoulder strong one shoulder strong on the door Break chock with the knuckles of your light hand on your flat left hand	2 3 4	snar E E E	ntil n	A A A Ch the x ext tir x	A A A A P P P P P P P P P P P P P P P P	aying	A A A ue più x DS bi	A A A Cocks u x reak x or th	x x sn	S S S s rhy	Ther	A A A A A A A A A A A A A A A A A A A	oes t x	A A = low in the x pack to	tune	x E	x
ingned by waving the palms diagonal cross one shoulder Cnock on the door Break cnock with the knuckles of your	2 3 4	snar E sn E	ntil n	A A A ch the x ext tir	A A A A P P P P P P P P P P P P P P P P	ne SC ayinç	A A A ue pi	A A A Cocks u x reak x or th	is pla	S S S s rhy	Ther	A A A A A A A A A A A A A A A A A A A	lays bes t x	A A A = low in the x cack to	tune	o pick	x
ingned by waving the palms diagonal coross one shoulder strong one shoulder strong on the door Break chock with the knuckles of your light hand on your flat left hand	2 3 4	snar E E E	ntil n	A A A Ch the x ext tir x	A A A A P P P P P P P P P P P P P P P P	aying	A A A ue più x DS bi	A A A Cocks u x reak x or th	x x sn	S S S s rhy	Ther	A A A A A A A A A A A A A A A A A A A	oes t x	A A A = low in the x cack to	tune	x E	x
inigned by waving he palms diagonal coross one shoulder Knock on the door Break chock with the knuckles of your light hand on your flat left hand last run: repis plays this →	2 3 4	snar E E E R	re cor	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	aying sn	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	is plain x	s s rhy:	Ther	A A A A A A A A A A A A A A A A A A A	oes t x	A A A = low in the x cack to	tune	o pick	x
isigned by waving he palms diagonal across one shoulder Knock on the door Break and the shoulder of your ight hand on your flat left hand last run: repis plays this →	2 3 4	snar E sn E E R	ntil n	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	aying sn	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	is plain x x nee rhy	s rhyrayed.	Ther	A A A A A A A A A A A A A A A A A A A	oes t x	A A = low in the x ack to	tune	o pick	x
signed by waving the palms diagonal across one shoulder Knock on the door Break knock with the knuckles of your right hand on your flat left hand last run: repis plays this → Dancing Break sign by showing the dance:	2 3 4	snar E E E R	re cor	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	aying sn	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	is plain x	s s rhy:	Ther	A A A A A A A A A A A A A A A A A A A	oes t x	A A A = low in the x cack to	tune	o pick	x
Dancing Break sign by showing the dance:	2 3 4 1 2 3 4	snar E E E R	re cor	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	aying sn	A A A A A A A A A A A A A A A A A A A	A A A A A A A A A A A A A A A A A A A	sn R (see	s rhyrayed.	Ther	A A A A A A A A A A A A A A A A A A A	oes t x	A A A = low in the x wack to	tune	o pick	x

the right, and left .. and go! (start down right)

CALL by repi

Shaker 1	Sambasso	=			sigi har													n	
Repenique	Groove			/U1	iiai	lus		iuc	un	<i>y</i>	•	,	.0 (ac		uic	,1		
Share	All Surdos		х			w	x		w		х			w	х		w		
Tamborim 1	Repenique		x			x			x			х	x			х	x		
Agogo	Snare		x			x			x		-		x		-	x			
X X X X X X X X X X	Tamborim							x				x					x		
W = whippy stick W = whippy	Agogo		ı			h	h		ı	ı		h		ı	ı		h		
Bra Break	Shaker		x		x		х		x		x		х		х		x		
Intro $ \begin{array}{c ccccccccccccccccccccccccccccccccccc$														V	/ = v	whip	py s	tick	
5-12 R A A A A A A A A A A A A A A A B Break 1 Pr Pr Pr E E E E	Bra Break	1–4 RF	R		R		R				Α	Α		Α	Α				× 4
R A A A A A A A A A A A A A A A A A B A A A A A B A B A A A A A B A B A B A B A B A B A B A B A B A B A B A B A B A B A B A B A B	Intro	E 10	R	١.		R			R			R			RR	RR	RR	RR	
Keep playing groove during first 2 beats Break 1 Pr pr E E E E		3-12	R				Α		Α		Α		Α		Α	Α		Α	A ^ 4
Break 1 Pr pr pr E E E									La	st b	eat o	over	laps	witi	h fir:	st Re	epi t	eat	
						ng g		/e d	urin	g fir			s					_	
	Break 1		Pr		pr		pr		H	Pr=			istle	_		hort	whi	stle]

S S S S A A

Break 2

AA

Sheffield Samba Reggae

tune sign : smoke a joint like a cup of tea (with thumb and index finger)

Groove		1				2				3				4			
Low Surdo		1				x		x		l				x	x	x	x
Mid Surdo		x				l				x				"			"
High Surdo	1					x		×						x		x	
g	2					x		x		x		x		x	x	x	×
Repenique		х	١.		x			x	١.			х			x		
Snare		х			x			x				х			x		١.
Tamborim	1–3	х		х	х					х		х	х				
	4	х		х	x	х		x	х	х		х	х				
Agogo		1			h			1				h			h		
Bra Break	1	R		R		R		R		R			R	R	R	R	R
Intro	2	R		R		R		R		R			A	A		A	١,
	3–5	A		RR	R	R	R	``	R	``	RR	R	R	R		A	
	6	A	A		A		Α		Α		RR	R	R	lΕ		Α	
									othe	erwis	se. E	ver	yone	e els	e ca	arrie	s
Break 1		on S	with	the	mai	n gr	oov	e.		_				_			
Dieak i								_				_					_
Break 2	1	R	R	ri	R	R	R	ri	R	R	R	ri	R	R		ri	
		s		Α				Α				Α				Α	
	2	R	R	ri	R	R	R	ri	R	R	R	ri	R	R		ri	
		s		Α				Α				Α				Е	
	3	R	R	ri	R	R	R	ri	R	R	R	ri	R	R	R	ri	R
		S		Α				Α				Α				Α	Α
	4	R		R		R		R		RR	R	R		R		R	
		Е		Α		Α		Α						Α		Α	
									S	nare	e pla	ays	the	sar	ne a	s F	ер
Break 3	1	C			e	_		c		Ι Δ			Λ			Λ	_
DIEGIN 3	2	S			S			S		A	Α	А	A	A		A	
	2	5			3	<u> </u>		_ 5		LA	А	А	А	LA	_	А	_
Whistle Break		S		Α	S	s		Α	S	s	S	Α	S	s		Α	
Point to whistle					_	_	_				Loc				<u> </u>		

Van Harte pardon! tune sign: heart formed with your hands Groove 1 2 3 6 High Surdo sil sil sil Low+Mid Surdo 0 x x 0 0 0 х х 1 1 1 Agogo h h h h h h h h h h Tamborim Snare 1 / Repenique х х х х х х х х х х Snare 2 / Shakers Break 1 EE . o . . o . . v . e . E E Everybody sings this shout: Silence Break Is = low surdo Is Is the sign is 4 fingers up ag ag ag = agogo Break 2 High Surdo sil Low Surdo si х sil х Agogo h h h h o h h 0 0 0 0 0 Tamborim x x x x x x х x x x x хх Snare / Repenique x x x x х х x x x x х repeated on and on until maestra calls off: together High Surdo si sil sil sil sil sil x sil sil sil sil sil Low Surdo si sil sil x x х Agogo h (h) h h o h h 0 0 0 0 h o хх хх Tamborim x (x) x x х x x x x Snare / Repenique хх x x (x) x x x x х x x x x back into the groove

Cross Break - Surdos

sign 'x' with the ams

5 7 6 8 High Surdo si Х Low Surdo sil sil repeated until cut

Cross		

sign 'x' with arms showing Eight Up

from soft to loud ... х

Voodoo

tune sign: aureole - make a circle around head with your index finger down

Groove

Surdo, High + Mid Surdo, Low

Snare

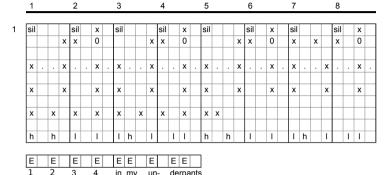
Repenique

Tamborim

Agogo

Scissor Break

Signed like scissors



derpants

in my

un-

Xango

tune sign: rain trickling down, with 10 fingers

Groove

High Surdo Mid Surdo Low Surdo

Repenique if too hard play tamb. Part

1 2

2

3

2

Tamborim

Agogo

Snare

Intro

building a tower with fists on top of each other, upwards

Surdo Part of Intro

flat hand on head

can be remembered by: start: 1-4-3-5then: 2-4-3-5 :|| Boum Shakala Break

Crossed fingers

Break 2

											х	x	х	x
	х													
			х		х	х								
v	v	Ų		Ų	Ų	Ų		Ų	Ų	Ų		Ų	Ų	x
х	х	×		×	×	×		×	×	X		X	×	X
		x					x		x	x				
	х		х		х		х		X		х		X	
х														
	h		١.							h	١.			
	x x	x	x x x x x x x	x x x x	x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x

Everyone except surdos hits the rims

r	r	r	r	r	r	r		r		r	
							r	ере	at u	ntil	cut

S					S	S	S	
S						s	S	
S				S	S	s	S	
S						(S)		

not before before Boum Shakala Break

repeat

S	Е	Е	Ε	S		Е	Е	Е	S		Е	
S	Е	Е	Ε	S		Ε	Ε	Е	s		Ε	
s	Ε	E	Ε	S		Ε	Ε	Ε	s		Е	
sn		sn		sn	sn	sn			hs	hs	hs	hs

1	S	S	S	П	S	S	П	S	S	S	S	S	S
2	s	s	s		S	s		Е		Е	Е		
3	s	s	s		s	s		s	S	s	s	s	s
4	S	S	S		S	S		Ε		Е	Е		
5	S	S	S		S	S		S	S	S	s	S	S
6	S	S	S		S	S		Е		E	Е	hs	hs

Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary

	1		2		3		4		5		6		7		8	
1	Mr				Mr				RI							
	Mr				Mr				RI							
2	Pr				Pr				PI				PI			
	Pr				Pr				PI				PI			
3	Tr				Tr				Αl							
	Tr				Tr				Αl							
4	DBr	DBI														
	DBr	DBI														

Mirror

Hold your arms streched out to your left, your hands at right angels to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

Rainbow

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body:-)

Pizza

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

Tutu

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

Aeroplane

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

Define the boundary

Step to a side, each beat two steps. Hold the corresponding arm streched out to the front. (Define the boundary) Hide the other arm behind your back.

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		SI		S	
	Pr		Pr		PI		PI	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & AI			
4	Qr				Ql			
	Qr				QI			

Step

Step to a side. (Every second beat a step)

Push

Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star

[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms to the

lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump

Jump with both feet.

Aeroplane

See Dance 1

Queen

Hold your arms streched out to both sides. [1] Touch with one streched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk sidewards. (3 steps, cross behind the leg.)

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		Т		G		T	
	G		Т		G		Т	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			Х	WI			Х
	Wr			Х	WI			Х
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the Water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to your to your cheast. (x)

Seeds

Cross with your right foot to the left. Step from one foot to the other. (Each beat two steps) Move your hands down and shake them. (you're sowing seeds)

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them. (you're adoring the sun)

Lead Pipe > Puke > Shower > Swords

	<u> </u>	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	Р				Р			
	Р				Р			
3	G		Т		G		Т	
	G		Т		G		Т	
4	SWI			SWr			SWI	
		SWr			SWI			Χ

Lead Pipe

Hold your left arm to the front, the right to the back, palms up. (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position. (4 beats). At "Go" you trow the pipe away and twist around. *Comment*: After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same

move as at beat 1 but reverse. (You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the streched out arm. Stechout the other down. [3] Step on the other leg. (your now back on the initial position.) Bow the strechout arm. Strechout the other. [4] Here another swords-move starts, or in case of "x" you just step on the other leg. Comment: 16 beats are good for this move.

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

Snowboots + Hips

3 Steps forward as if stumping through deep snow (half pase). Jump right

on 4th step.

shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump+ turn 180° around. 3 snow steps backwards, jump, hips, jump on last beat turn 180° around to face front again.

Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. repeat.

Tiger (with claws)

Jump forward. arms are

stretched out front. hands form tiger claws and scratch. Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). repeat once

Winding Plants

Start with elegantily crossing your arms infront of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

~

E\$1\$1