

# **RHYTHMS OF RESISTANCE**



**ROR  
Tunes & Dances**

**March 2018**

## History

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvadore, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up - now we're all over Europe and occasional in the rest of the world.

## The Network

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

## Dance 5

*Snowboots & Hips > Step & Kick > Tiger > Winding Plants*

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

### Snowboots + Hips

3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

### Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

### Tiger (with claws)

Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

### Winding Plants

Start with elegantly crossing your arms infront of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

# Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

## Lead Pipe

Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At "Go" you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

## Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

## Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you're now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of "X" you just step on the other leg. Comment: 16 beats are good for this move.

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

## Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using samba as a form of political action.

We use tactical frivolity, inspired by carnival to confront and criticize any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principle.

Come with us! We have everything to play for!

## RoR Player

On <https://player.rhythms-of-resistance.org/>, you can find a player for all RoR tunes, where you can look at the tune sheets, listen to them, combine them in different ways, modify them, and even create your own tunes.

On the left side, you see the tune list. When you click on a tune, you will see a list of all the breaks that belong to it. There is a Play button to listen to them once. On top of the tune list, you can search for specific tunes. By default, only the most common tunes are displayed. You can change that by selecting “All tunes” in the dropdown menu.

On the right side, you can create a song. For this, either click on the plus sign on a tune/break in the tune list, or you drag it into the song. If you drag it to the row of one instrument, only this instrument will play it, if you drag it into the “All” row that appears on the bottom of the song player, all instruments will play it. To change which instruments play a tune/break, either drag it around, or click on the hand to select the instruments, or use the resize handle in the bottom right of a tune/break block.

Click the green play button to listen to your song. With the slider on top, you can change the playback speed, and next to each instrument there is a mute button and a headphones button to only listen to that particular instrument.

When you click on the pen (Edit) symbol on a tune/break, the tune sheet for that tune/break is opened. You can change the tune sheet, even while it is playing, by clicking in any place and selecting what kind of stroke the instrument should be playing there.

You can create your own tunes by clicking “New tune” in the bottom of the tune list. Any modifications that you make to existing tunes and any tunes that you create are saved in your browser, so when you restart your computer, they are still there, but to share them with other people, you need to click on “Tools” → “Share” to generate a link that contains your tunes. When opening a link that someone else sent you, use the “History” button on the top right to go back to the tunes/songs that you had created before.

## Dance 3

*Shower > Afro Pump > Wheels > Seeds & Sun*

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

### Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

### Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

### Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

### Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

### Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

# Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

## Step

Step to a side. (Every second beat a step)

## Push

Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

## Star

[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms

to the lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

## Jump

Jump with both feet.

## Aeroplane

See Dance 1

## Queen

Hold your arms streched out to both sides. [1] Touch with one streched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side- wards. (3 steps, cross behind the leg.)

## General Breaks

<b>Silence</b> 4 fingers	1		4 Beats of Silence
<b>Double Silence</b> two hands show 4 fingers	1 2		8 Beats of Silence
<b>Triple Silence</b> like "Double Silence" one hand upside down	1 2 3		12 Beats of Silence
<b>Quad Silence</b> like "Double Silence" both hands upside down	1 2 3 4		16 Beats of Silence
<b>Continue One Line</b> draw a horizontal line in the air with one finger	1		Continue 4 Beats
<b>Continue Two Lines</b> like "continue one line" with both hands	1 2		Continue 8 Beats
<b>Continue Three Lines</b> like "continue two lines" and then "continue one line" in the opposite direction	1 2 3		Continue 12 Beats
<b>Continue Four Lines</b> like "continue two lines" and then again in the opposite direction	1 2 3 4		Continue 16 Beats
<b>Eight Up</b> both hands move up while fingers shaking	1 2		from soft to loud
<b>Eight Down</b> both hands move down while fingers shaking	1 2		from loud to soft
<b>Karla Break</b> rabbit ears OR finger pistol shooting up	1 2 3 4		from soft to loud
<b>Call Break</b> ... "oi!": two arms crossing, with OK-sign ... "ua": two fists, knuckles hit each other			
<b>Cat Break</b> claws to left and right			from high to low sound



tune sign : open and close the beak of a bird with your hands

	1	2	3	4	5	6	7	8
1								
2								
3								
4								
5								
6								
7								
8								

[illegible][illegible]

.	.	.	.	.
x	x			x
.				x
x				
x				
x				
.				
.				
.				
x	x	h		x
x		h		x
x		h		
.				
.				
.				
x	x	o		x
.				x
.		h		
.		h		
x		h		
.				
.		l		
.				
x	x	h		x
.		h		x
.		h		
.				
x				

[illegible][illegible]

	X
	X
	X
	X
	X
	X
	X
	X

fl	hd	ri	hd	ri	S	A	A
E			E		E	E	E
.	sn	sn	sn	.	sn	sn	sn
.					.	.	.

[illegible][illegible]

h	high bell
l	low bell

tune sign : 'shaving the armpit'

	1	2	3	4	5	6	7	8
1	0	0	0	0	0	0	0	0
2	0	0	0	0	0	0	0	0
3	0	0	0	0	0	0	0	0
4	0	0	0	0	0	0	0	0
5	0	0	0	0	0	0	0	0
6	0	0	0	0	0	0	0	0
7	0	0	0	0	0	0	0	0
8	0	0	0	0	0	0	0	0

[illegible][illegible][illegible]

.	x	-
.		-
.	x	
x	x	-
.		
.	x	+
x	x	+
x		
.	x	-
.		
x	x	-
.		
.	x	+
.		
x	x	+
.		
.	x	-
.		-
.	x	
x	x	-
.		
.	x	+
x	x	+
x		
.	x	-
.		
x	x	-
.		
.	x	+
.		
x	x	+

x	—
	—
x	
x	—
x	5
x	5
x	—
x	—
x	5
x	5
x	—
	—
x	
x	—
x	5
x	5
x	—
x	—
x	5
x	5

[illegible]

S	A	A	A	S	A	A	A	S	A	A	A	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

[illegible]

S = Mid and high surdos, everybody else continues playing!

[illegible]

S = Mid and high surdos, everybody else continues playing!

Ri	Ri	Ri	A	A	A	Ri	Ri	A	A
----	----	----	---	---	---	----	----	---	---

Ri	Ri	Ri	A	A	A	E	E	E	E	E
----	----	----	---	---	---	---	---	---	---	---

Ri = call by repenique

1	S		S	S			S	S		S	S	S	S		S	S
2	S		S	S			S	S		E		E	E			S
3	S		S	S			S	S		S	S	S	S		S	S
4	S		S	S			S	S		E		E	E			
5	S		S	S			S	S		S	S	S	S		S	S
6	S		S	S			S	S		E		E	E		hs	hs



tune sign : aureole – make a circle around head with your index finger down

	1	2	3	4	5	6	7	8
1	0	0	0	0	0	0	0	0
2	0	0	0	0	0	0	0	0
3	0	0	0	0	0	0	0	0
4	0	0	0	0	0	0	0	0
5	0	0	0	0	0	0	0	0
6	0	0	0	0	0	0	0	0
7	0	0	0	0	0	0	0	0
8	0	0	0	0	0	0	0	0

[illegible][illegible][illegible][illegible]

-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

[illegible][illegible]

E	E	E	E	E	E	E	E
1	2	3	4	in my	un-	der	pants

## Groove

tune sign: pull two prison bars apart in front of your face

Groove	1	2	3	4
High Surdo	1			x x x x
Mid Surdo	x	x x	x	
Low Surdo	rh	rh	lh rh lh rh	lh
Repenique	fl	fl	fl	x x x
Snare	.	.	.	x . .
Tamborim	x	x	x x x	x
Agogô		l h	l h	h

Low surdo: turn your right stick 180° and hit the side of the drum  
rh = right hand, lh = left hand

## Break 2

### Break 3

1	E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---

  

1	S		A	A	A		A	A		A		S	
2	S		A	A	A		A	A		A		S	
3	S		A	A	A		A	A		A			E
4	E		E		E		E	E		E		E	

*snare continues playing through the break!*

1	E				E	E	E	E					
2	E		E		E		E	E					
3	E				E	E	E	E					
4			E		E		E	E					E
5	E		E		E		E	E		E		E	

*repeat until cut*

tune sign : folded hands, like praying

tune sign : folded hands, like praying

**s = soft flare**

## 8

[illegible]

tune sign: heart formed with your hands

1	2	3	4	5	6	7	8
---	---	---	---	---	---	---	---

### Break 1

### Silence Break

										ls	ls
										ag	ag

ls = low surdo  
ag = agogô

x		sil									x		sil							
---	--	-----	--	--	--	--	--	--	--	--	---	--	-----	--	--	--	--	--	--	--

repeated on and on until maestra calls off:

[illegible]

sign 'x' with the ams

### Cross Eight Break – Surdos

x		x		x	x		x	x		x	x	
---	--	---	--	---	---	--	---	---	--	---	---	--

 from soft to loud ...

---

---

**Walc(z)**

this tune is a 6/8

tune sign : draw a triangle in the air with one hand

## Groove

High+Mid Surdo

## Low Surdo

## Repenique

## Snare

## Tamborim

Agogô

Agogô

Shaker

## Break 1

	E		E	E
--	---	--	---	---

## Break 2

s	s	s	s	ms	ms	ms	hs	hs	hs	A	A	A	A	A	A
---	---	---	---	----	----	----	----	----	----	---	---	---	---	---	---

## Bra Break

[illegible]

### Break 3

S	S	S	A		S	E	S					
S	S	S	A	S	S	E	S	S	E	E	A	

## Break 5

.	.	sn	.	sn	.	.	sn	.	sn	.	sn	.
.	.	sn	.	sn	.	.	sn	.	sn	.	sn	.

## Cut-throat Break

Sign like cutting your throat with a finger

S	S	A	A	S	A	A	S	A	A
---	---	---	---	---	---	---	---	---	---

## Cut-throat Break

## Fast

[illegible]

## Break 2

[illegible]

### Break 3

	E	E	E	E	E	E
	E	E	E	E	E	E

## Bra Break

R = Repenique

R	A R A A A R S eh
R	A R A A A R S
R	A R A A A R
R	A R A A A R S A
R	A R A A R S A
R	A R A A R A
R	A R A A R R S A
R	A R A A R R S A
R	A R A A R R A
R	A R A A R R S A

from soft to loud  
eh: shout

# Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

## Groove

	1	2	3	4	5	6	7	8
<b>Groove</b>								
High Surdo		x	x	x	x	x	x	x
Mid Surdo		(x)	x	(x)	x	x	x	x
Low Surdo	x		x		x	(x)	x	x
Repenique	fl	hd	x	hd	x	x	x	x
Snare	.	.	.	x	.	x	x	(x) (x)
Tamborim		x	x		x		x	(x)
Agogô	l	h	h	h	l	h	l	[ h h h ]
<i>altrative</i>		h	l	h	l	h	h	h
Shaker	x	x	x	x	x	x	x	x

(x) = variations [ ] = triplet

## Break 1

A = all others except agogô  
E = everyone  
ms = Mid Surdo

[illegible]

## Sheffield Samba Reggae

tune sign : smoke a joint like  
a cup of tea (with thumb and  
index finger)

## Groove

Groove		1			2			3			4					
Low Surdo						x		x					x	x	x	x
Mid Surdo		x								x						
High Surdo	1					x		x					x		x	
	2					x		x		x		x	x	x	x	
Repenique		x	.	.	x	.	.	x	.	.	.	x	.	.	x	.
Snare		x	.	.	x	.	.	x	.	.	.	x	.	.	x	.
Tamborim	1–3	x		x	x					x		x	x			
	4	x		x	x	x		x	x	x		x	x			
Agogô		l			h			l				h			h	

## Bra Break

## Intro

<b>Bra Break</b>	1	R		R		R		R		R		R	R	R	R
<i>Intro</i>	2	R		R		R		R				A	A		A
	3–5	A		RR	R	R		R		RR	R	R	R		A
	6	A	A		A		A			RR	R	R	E		A

*Surdos only, loop until told otherwise. Everyone else carries on with the main groove.*

### Break 1

[illegible]

## Break 2

Break 2		1	R	R	ri	R	R	R	ri	R	R	R	ri	R	R	ri	
			S		A				A				A			A	
		2	R	R	ri	R	R	R	ri	R	R	R	ri	R	R	ri	
			S		A				A				A			E	
		3	R	R	ri	R	R	R	ri	R	R	R	ri	R	R	ri	R
			S		A				A				A			A	
		4	R		R		R		A		RR	R			R	A	
			E		A		A		A					A		A	

*Snare plays the same as Repi*

### Break 3

<b>Break 3</b>	1	S			S			S		A		A		A	
	2	S			S			S		A	A	A	A	A	

## Whistle Break

*Point to whistle*

**Whistle Break**  
*Point to whistle*

S		A	S	S		A	S	S	S	A	S	S		A	
---	--	---	---	---	--	---	---	---	---	---	---	---	--	---	--

*Loop until told otherwise*

*Loop until told otherwise*

## Groove

[illegible]

w = whippy stick

## Intro

1-4  
5-14  
6-15  
7-16

RR	R		R		R		A	A		A	A						x 4
	R	.	.	R	.	.	R	.	.	RR	RR	RR	RR				
	R				A		A		A	A	A		A			A	x 4
					A		A		A	A							

*Last beat overlaps with first Repi beat*

*Keep playing groove during first 2 beats*

Pr		pr		pr				E	E		E	E				
----	--	----	--	----	--	--	--	---	---	--	---	---	--	--	--	--

Pr = long whistle    pr = short whistle

### Break 1

## Break 2

S		S		S		S		A	A		A	A	
---	--	---	--	---	--	---	--	---	---	--	---	---	--

## Break 2

1

sn = snare  
 . = dead note on snare  
 ms = Mid Surdo

[illegible]

### Break 3

1

ms = Mid Surdo

[illegible]

## Bongo Break 1

1

play a bongo with  
one hand

S		A	S	A	A	S		A	S	S	S	A
I		A	S	A	A	S		A	S	S	S	h

*play as loop*

## Bongo Break 2

1

play a bongo with  
two hands

[illegible]

## Monkey Break

*Shout like a monkey*

[UUU]	[AAA]
-------	-------

like tune sign

topic	summary
alternative: different rhythm or just chaotic voices	

tune sign : drink from a cup formed with one hand

1	2	3	4	5	6	7	8
---	---	---	---	---	---	---	---

[illegible]

	X
	X
	X
	X
	X
	X
	X
	X
	X
	X
	X

*
*
*
×
*
*
*
*
*
×
*
*
*
*
*
×
*
*
*
*
×
*
*
*
*

	X
	X
	X
	X
	X
	X
	X
	X
	X
	X
	X

$\frac{1}{2} \cdot \frac{1}{2} = \frac{1}{4}$

. = clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat

Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Everyone together ... start soft and go louder!

	x	x	x
	x	x	x
	x	x	x
	x	x	x
	x	x	x
	x	x	x
	x	x	x
	x	x	x
	x	x	x
	x	x	x

[illegible]

sign 'X' with the arms, waving towards the sky

[illegible]

Is = low surdo picks up

# Samba Reggae

tune sign: smoking a cigar/joint

## Groove

	1	2	3	4
High Surdo	0		x	0
Mid Surdo	x	0		0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x . . x . . x . . x . . x . .			
Tamborim	x	x	x	x
Agogô	l	h	h	l

## Bra Break

R = hit on repenique  
fl = flare on repenique  
T = Tamborim

1	fl		R	R		R	R		R	R		A	A			
2	fl		R	R		R	R		R	R		A	A			
3	fl		R	R		R	R		R	R		A	A			
4	T			T			T			T		T	T			
5	T			T			T			T		T	T			
6	sn . . sn . . sn . . sn . .											sn . . sn . .				
7	T			T			T			T		T	T		ls	
8	sn . . sn . . sn . . sn . .											sn . . sn . .				

ls = low surdo picks up

## Clave

1	E	E	E	E	E
---	---	---	---	---	---

CALL by repi

## Break 1

1	x	x	x	x	x	x	x	x	x	x	x	x	x			
2	A		A		A		A		A		A		A			
3	x	x		x	x		x	x	x	x		x	x			
4	A		A		A		A		A		A		A			
5	sn . . sn . . sn . . sn . .											sn . . sn . .				
6	sn . . sn . . sn . . sn . .											sn . . sn . .				
7	sn . . sn . . sn . . sn . .											sn . . sn . .				
8	sn . . sn . . sn . . sn . .											sn . . sn . .				
9	sn . . sn . . sn . . sn . .											sn . . sn . .				
10	sn . . sn . . sn . . sn . .											sn . . sn . .				
11	sn		sn		sn		sn		sn		sn		sn		hs	hs

hs = high surdo picks up

CALL by repi

## Break 2

1	x		x		x		x		x+A	A	A	A	A
2	x		x		x		x		x+A	A	A	A	A
3	x		x		x		x		x+A	A	A	A	A
4	x		x		x		x		x+A	A	A	A	A

# Custard

tune sign : making an offer to the sky,

## Groove

	1	2	3	4
High Surdo	x	x	0	x
Mid Surdo	x	0	x	0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x . x . x . . x . . x . .			
Tamborim	x	x	x x	x
Agogô	h	h	l l	h

## Break 1

1	S	S	S	S	A	A	A	A	A
2	S	S	S	S	A	A	A	A	A
3	S	S	S	S	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

## Break 2

1	T	T	T	T	A	A	A	A	A
2	T	T	T	T	A	A	A	A	A
3	T	T	T	T	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

ONE instrument section continues while the rest of the band plays this break

## Break 3

+ instr. sign  
that continues

1-7	A								A
2-8	A								A
8	sn . sn . sn . sn . sn . . sn sn sn sn								

## Break 5

1	sn . sn . sn . sn . sn . . sn								A
2	A sn . sn . sn . sn . sn . . sn								A
3	A sn sn A sn A sn sn A sn								A
4	A sn A sn A sn A sn A sn								sn

## Singing Break

Signed as Break 1,  
with a lot of  
blabla...

	* *	* *	*	*	*	*
1	I've got	cus tard	in	my und-	erpants	
2	I've got	cus tard	in	my und-	erpants	
3	I've got	cus tard	in	my und-	erpants	
4	We've got	cus tard	in	our und-	erpants	

Surdo players sing first half, same beats as they would play.

All other answer, same beats as they play.

Last part Everyone sings together.

## Drum&Bass

tune sign: With one hand in your ear lift the other and move it front and back

## Groove

[illegible]

## Break 1

1	E-very	bo - dy	dance	now
---	--------	---------	-------	-----

## Break 2

1	S		A	S		A	S		S	A
2	S		A	S		A	S		S	A

### Break 3

[illegible]

R = hit on repi  
Ri = repi hit on rim  
sn = snare

## Hip-Hop Break

*hit your chest*

[illegible]

## Küsel Break

hands twist head

[illegible]

*all players turn around  $360^\circ$  while playing the break*

## Skipping Agogô

[illegible]

## I like to move it

*curling hands  
up and down*

1	1	1	1	1	h	R	R	h	R	h
---	---	---	---	---	---	---	---	---	---	---

play as a loop
----------------

## Eye of the

**tiger**

claws left and

right

②

[illegible]

**Surdos (High, Middle, Low), Snare**



# Rope Skipping

sign with both hands a rotating rope and jump up and down

## Groove

	1	2	3	4	5	6	7	8
High Surdo				x	x	x	x	
Mid Surdo	x	x		x				x
Low Surdo		x	x	x				x
Repenique						fl		
Snare	sil	x		fl			x	
Tamborim	.	.	.	.	.	.	.	.
Agogô	h	h	l	l	h	h	l	h

1

2

## Oh Shit

E				Oh			Shit	
---	--	--	--	----	--	--	------	--

sign: two little fingers show horns of taurus

## Fuck Off

E							Fuck	
							Off	

sign: one little finger

## Break 1

S		A		S	S	A		S
						A		A

## Break 2

S	S	A	A	S	S	A	A	S
						A	S	S
						A	S	A

## Break 3

S	A	A		S	A	A	S	
---	---	---	--	---	---	---	---	--

# Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

## Groove

	1	2	3	4	5	6	7	8
High Surdo	X	X	X	X	X	X	X	X
Mid Surdo	X	X	X	X	X	X	X	X
Low Surdo	X	X	X	X	X	X	X	X
Repenique	fl	x	ri	x	fl	x	ri	x
Snare	x	.	x	.	x	.	x	.
Tamborim	x	x		x	x	x	x	
Agogô	l	l	h	l	l	h	l	h

1

2

## Break 1

1	E	E	E	E	E			
---	---	---	---	---	---	--	--	--

## Break 2

1	S	A	S	A	S	A	E	E
---	---	---	---	---	---	---	---	---

## White Shark

simulating

a shark fin

1	S		A		S		A	
2	S	A	S	A	S	A	S	A
3								
4	S	A	S	A	S	A	S	A

# Funk

tune sign : glasses on your eyes

## Groove

	1	2	3	4	5	6	7	8
All Surdos	X	X	X	X	X	X	X	
Repenique	fl	hd	fl	hd	fl	hd	fl	hd
Snare	.	.	.	.	.	X	.	.
Tamborim		X		X	X	X		
Agogô	l	h	l	h	l	h	l	h

### Break 1

1	S	S	A	A	S	S	A	A	S	A			A
2	S	S	A	A	S	S	A	A	S	A	A	A	

### Break 2

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

### Call Break

1	E				[EEE]	E				shout ...
---	---	--	--	--	-------	---	--	--	--	-----------

... "oi": two arms crossing, with OK-sign

... "ua": two fists, knuckles hit each other

# Ragga

tune sign : fists together, thumbs to the left and to the right

## Groove

	1	2	3	4	5	6	7	8
High Surdo	0		X	0	X		X	
Mid Surdo	0	X	X	0	0	X	0	X
Low Surdo	X	X	0	X	0	X	0	0
Repenique		x	x	x	x	x	x	x
an additional variation	.	x	.	x	.	x	.	x
Snare	.	x	x	.	x	.	x	.
Tamborim		x		x		x		x
Agogô	l	h	l	h	l	h	l	l

### Kick Back I

thumb back over shoulder

S		S		A	S		S		A	S		S		A
---	--	---	--	---	---	--	---	--	---	---	--	---	--	---

repeat until counting in for Kick Back II

### Kick Back II

like Kick Back I, but with two thumbs

S	A	S		S	A	S	A	S	S	A	S	A	S	A
h	h	h	h	h	h	h	h	h	h	h	h	h	h	h

repeat until cut with one of the breaks

### Break 1

1	S	A	S	A	S					n' in:
						1	2	3	4	

this break is only two counts long – afterwards continue normally with the first beat

### Break 2

1	E						E	E	E	
---	---	--	--	--	--	--	---	---	---	--

### Break 3

1	S		S		S	A	A	A	A	
---	---	--	---	--	---	---	---	---	---	--

### Zorro-Break

sign 'Z' in the air

S					S					S			S	
---	--	--	--	--	---	--	--	--	--	---	--	--	---	--

others continue playing

repeat until cut with one of the breaks

## Groove

Low Surdo

Tamborim

'3 creature'

S				S				S			S			S			
S	S																
S																	
S				S				S			S			S			
.	.	sn	.	.	.	sn	.	.	.	sn	.	.	.	sn	.	.	.
		ri				ri				ri				ri			

S		A	A	S		A	A		A	A	A	S		A
---	--	---	---	---	--	---	---	--	---	---	---	---	--	---

[illegible]

1			2				3			4			
							x			x	x		
x		x	x									x	x
				x	x	x						x	x
x		ri	ri	x		ri	ri	ri	ri	x		ri	
.	.	x	x	.	.	x	x	.	.	x	x	.	.
												x	x
		x	x		x	x				x	x		
l	h			l		h	h	l				h	
												l	l

Sign: spread arms and shake your shoulders and hips

## Groove

## Low Surdo

easier

Agogô

Task Break	E	E	E
all fingertips of one hand gather and shake wrist			

*repeat until cut*

### Break 3

*two fingers*

*hooked together*

	1	2	3	4	5	6	7	8
1	x							
2		x						
3	x		x	x				
4				x				
5					x			
6						x		
7							x	
8								x

[illegible]

S		A			A		S		A
---	--	---	--	--	---	--	---	--	---

[illegible][illegible]

# Hedgehog

tune sign : spiky fingers on the head

## Groove

	1	2	3	4	5	6	7	8
1								
High Surdo		X		X	X	X		X
Mid Surdo		X	X	X	X	X	X	X
Low Surdo	sil				sil			
Repenique	ri	X		X	X	X	ri	X
Snare	X	.	X	X	X	X	X	.
Tamborim	X	X		X	X		X	
Agogô	l	h	l	h	l	h	l	h

others continue playing

Break 1	1	count in from here					S		S		S		
---------	---	--------------------	--	--	--	--	---	--	---	--	---	--	--

## Hedgehog Call

Hedgehog Tune sign

call something else here

1	count in from here						E				H	e	d	g	e	h	o	g
---	--------------------	--	--	--	--	--	---	--	--	--	---	---	---	---	---	---	---	---

# Nova Balanca

tune sign: fists before breast, open hands and arms

## Groove

	1	2	3	4
High Surdo				
Mid Surdo		x		x
Low Surdo	x		x	
Repenique	x	x		x
Snare	.	.	.	.
Tamborim	x	x	x	x
Agogô	l	h	l	h

## Bra Break

Intro

sn	sn	sn	E		
sn	sn	sn	E		

> from soft to loud!

## Break 1

E		E		E		E		E
---	--	---	--	---	--	---	--	---

## Break 2

S		E		S		E		S		E
---	--	---	--	---	--	---	--	---	--	---

Sign: interlock your hands like a fence and then open it

1	2	3	4	5	6	7	8

Surdos: only 1 Stick in one hand; h = other hand hits skin

**Surdos only, Rest continues**

*Surdos only, Rest continues*

from soft to loud

## Bra Break

## Groove

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

## Karla Break

rabbit ears OR finger  
pistol shooting up

## Break 2

**Break 2 inverted**  
*sign with two fingers  
pointing down  
instead of up*

[illegible]

# Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

## Groove

	1	2	3	4	5	6	7	8
High Surdo	x	sil	x	sil	x	sil	x	sil
Mid Surdo	x	sil	x				x	x
Low Surdo		sil			sil		x	x
Repenique	ri	x	fl	fl			x	hd
Snare	x	.	x	.	x	.	x	.
Tamborim	x	x	x	x				[xxx]
Agogó	l	h	l		h		l	l

[ ] = triplet

## Break 1

E	E	E	E	E	E	E
---	---	---	---	---	---	---

## Break 2

1-3	l	h	l			l	h						A	A	A	A	A
4	l	h	l	l	h	l	l	l									

## Double Break

Make a T with both hands

	sil			x	sil			x					x				
Low Surdo	sil	x			sil			x					x				
Mid Surdo	hd	x		hd	x		hd	x		x		hd	x				
High Surdo		ri		ri	ri		ri	ri		ri		ri	ri				
Repenique	x	.	x	.	x	.	x	.	x	.	x	.	x	.			
Snare																	
Tamborim																	
Agogó	l	h			l	h		l		h		l		l		h	

## Kick Back 1

x																	
l	h	h	l	h													
Agogó																	
All others	x									x							

repeat until cut

## Mozambique Break

Point both index fingers away from mouth (like bug antennas)

ri	ri	sl		hd		sl		ri	ri	ri	hd		ri
----	----	----	--	----	--	----	--	----	----	----	----	--	----