



ROR
Tunes & Dances

April 2017



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RHYTHMS



OF RESISTANCE

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OF RESISTANCE

General Breaks

Silence

4 fingers

1

4 Beats of Silence

Double Silence

two hands show

4 fingers

1

8 Beats of Silence

Triple Silence

like „Double Silence

one hand upside down

1

12 Beats of Silence

Quad Silence

like „Double Silence

both hands upside down

1

16 Beats of Silence

Continue One Line

draw a horizontal line in the air with one finger

1

Continue 4 Beats

Continue Two Lines

like „continue one line“

with both hands

1

Continue 8 Beats

Eight Up

both hands move up

while fingers shaking

1

E

E

E

E

E

E

E

E

E

E

from soft to loud

Eight Down

both hands move down

while fingers shaking

1

E

E

E

E

E

E

E

E

E

E

from loud to soft

Democracy Break

shout with your

hands forming

a funnel

1

E

E

E

E

E

E

E

E

E

E

from soft to loud

Laughing Break

fingers move up

corners of your mouth

1

ha

ha

ha

ha

ha

ha

ha

ha

ha

ha

laughter

Cat Break

claws to left and right

1

m

a

from high to low sound

Clave

1

E

E

E

E

E

Clave inverted

1

E

E

E

E

E

General Breaks

Silence

4 fingers

1

4 Beats of Silence

Double Silence

two hands show

4 fingers

1

8 Beats of Silence

Triple Silence

like „Double Silence

one hand upside down

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while fingers shaking

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E

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E

E

from soft to loud

Eight Down

both hands move down

while fingers shaking

1

E

E

E

E

E

E

E

E

E

E

from loud to soft

Democracy Break

shout with your

hands forming

a funnel

1

E

E

E

E

E

E

E

E

E

E

from soft to loud

Laughing Break

fingers move up

corners of your mouth

1

ha

ha

ha

ha

ha

ha

ha

ha

ha

ha

laughter

Cat Break

claws to left and right

1

m

a

from high to low sound

Clave

1

E

E

E

E

E

Clave inverted

1

E

E

E

E

E

General Breaks II

Storming Break <i>show the arm as a measure with the other hand on elbow don't make a fist</i>	chosen instrument section plays sixteenths with volume indicated by maestra if you can't stand it anymore: scream
Alerting / Magic Wand Break <i>show your flat hand and hit it with stick</i>	Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.
Chaos Break <i>Point with index finger at temple</i>	Everyone plays something chaotic, getting louder and louder. No Counting in!
Again <i>Hit with flat hand on forehead</i>	Repeat the last break (combination)
Improvisation <i>Point at your nose and at the sambista who can play freely</i>	Show all others what they should do in the meantime, so the length of the impro part is defined

Notation

Call-Response	E	Everybody
	S	Surdos
	A	All others
Surdos	O	damped with hand
	sil	silent hit (with one hand resting on the skin)
Repenique	fl	flare: multiple hit with rebounding stick
	hd	hand hits the skin
	sil	silent hit with one hand resting on the skin
	ri	hit rim and skin at the same time or hit only the skin near the rim
Agogo	h	high bell
	l	low bell

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Agogo	h	high bell
	l	low bell

Afoxe

tune sign : 'shaving the armpit'

Groove

High+Mid Surdo

Low Surdo

Repenique

Snare

Tamborim

Agogo

1

2

3

4

5

6

7

8

0

sil

x

0

sil

sil

x

0

sil

sil

x

x

x

x

x

x

fl

hd

sil

ri

fl

hd

sil

ri

fl

hd

sil

ri

sil

ri

sil

ri

x

.

.

x

.

x

.

x

.

x

.

.

.

x

.

.

x

.

x

.

x

.

.

.

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

h

h

l

l

h

h

l

l

l

l

h

h

l

l

l

l

h

h

l

l

l

l

Break 1

1

2

S

A

A

A

A

S

A

A

A

A

S

A

A

A

A

E

E

E

E

E

E

Break 2

1

2

S

S

S

S

S

S

S

S

S

S

S

Break 3

1

2

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

Bra Break

pulling a bra

1

2

3

4

Ri

Ri

Ri

A

A

A

A

Ri

Ri

Ri

A

A

A

A

Ri

Ri

Ri

A

A

A

A

E

E

E

E

E

E

E

E

Tamborin Stroke

1

E

E

E

E

E

E

E

E

E

E

1

2

3

4

what are we here for

Wolf Break

wolf's ears and teeth

1

2

3

4

S

S

A

S

S

S

S

A

S

S

S

A

S

S

S

S

A

S

S

S

A

S

S

S

S

A

S

E

E

E

E

E

E

a

u

-

-

-

< a-u = like a howling wolf

Afoxe

tune sign : 'shaving the armpit'

Groove

High+Mid Surdo

Low Surdo

Repenique

Snare

Tamborim

Agogo

1

2

3

4

5

6

7

8

0

sil

x

0

sil

sil

x

0

sil

sil

x

x

x

x

x

x

fl

hd

sil

ri

fl

hd

sil

ri

fl

hd

sil

ri

sil

ri

sil

ri

x

.

.

x

.

x

.

x

.

x

.

.

.

x

.

.

x

.

x

.

x

.

.

.

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

x

h

h

l

l

h

h

l

l

l

l

h

h

l

l

l

l

h

h

l

l

l

l

Break 1

1

2

S

A

A

A

A

S

A

A

A

A

S

A

A

A

A

E

E

E

E

E

E

Break 2

1

2

S

S

S

S

S

S

S

S

S

S

S

Break 3

1

2

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

S

Bra Break

pulling a bra

1

2

3

4

Ri

Ri

Ri

A

A

A

A

Ri

Ri

Ri

A

A

A

A

Ri

Ri

Ri

A

A

A

A

E

E

E

E

E

E

E

E

Tamborin Stroke

1

E

E

E

E

E

E

E

E

E

E

1

2

3

4

what are we here for

Wolf Break

wolf's ears and teeth

1

2

3

4

S

S

A

S

S

S

S

A

S

S

S

A

S

S

S

S

A

S

S

S

A

S

S

S

S

A

S

E

E

E

E

E

E

a

u

-

-

-

< a-u = like a howling wolf

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

PRINCIPLES

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using samba as a form of political action.

We use tactical frivolity, inspired by carnival to confront and criticize any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principle.

Come with us! We have everything to play for!

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Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove

	1	2	3	4
High Surdo	1			
Mid Surdo	x	x	x	x
Low Surdo	rh	rh	lh	lh
Repenique	fl	fl	fl	x
Snare
Tamborim	x	x	x	x
Agogo	l	h	l	h

Mid surdo: turn your right stick 180° and hit the side of the drum
rh = right hand, lh = left hand

Break 1

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

Break 2

1	S	A	A	A	A	A	A	A	S
2	S	A	A	A	A	A	A	A	S
3	S	A	A	A	A	A	A	A	E
4	E	E	E	E	E	E	E	E	E

snare continues playing through the break!

Break 3

1	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E	E
5	E	E	E	E	E	E	E	E	E

repeat until cut

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Low Surdo	rh	rh	lh	lh
Repenique	fl	fl	fl	x
Snare
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Agogo	l	h	l	h

Mid surdo: turn your right stick 180° and hit the side of the drum
rh = right hand, lh = left hand

Break 1

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

Break 2

1	S	A	A	A	A	A	A	A	S
2	S	A	A	A	A	A	A	A	S
3	S	A	A	A	A	A	A	A	E
4	E	E	E	E	E	E	E	E	E

snare continues playing through the break!

Break 3

1	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E	E
5	E	E	E	E	E	E	E	E	E

repeat until cut

Bhangra

this tune is a 6/8

tune sign : folded hands, like praying

Groove

Surdo (or play the same)

Repinique

Shave

Tamborim

Agogo

Shaker

Break 1

Break 2

Break 3

Brn Break

Bhangra

this tune is a 6/8

tune sign : folded hands, like praying

Groove

Surdo (or play the same)

Repinique

Shave

Tamborim

Agogo

Shaker

Break 1

Break 2

Break 3

Brn Break

HISTORY

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvador, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up - now we're all over Europe and occasional in the rest of the world.

THE NETWORK

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

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Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

Snowboots + Hips

3 Steps forward as if stumping through deep snow (half pase). Jump right on 4th step. shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump+ turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump on last beat turn 180° around to face front again.

Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. repeat.

Tiger (with claws)

Jump forward. arms are

stretched out front. hands form tiger claws and scratch. Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). repeat once

Winding Plants

Start with elegantly crossing your arms infront of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

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Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
High surdo		0		0				0
Low + Mid surdo	x	x			x			0
Repenique								
Snare/Shakers								
Tamborim								
Agogo								

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Everyone together ... start soft and go louder!
c = call by maestro (on repenique or snare)
A = All others answer

Break 1 (Iron Lion Zion Break)	x	x	x	x	x	x	x	x
Bra Break pulling a bra	c	c	c	c	c	c	c	c

Cross Kicks for surdos	x	x						
high surdo								
low surdo								

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High surdo		0		0				0
Low + Mid surdo	x	x			x			0
Repenique								
Snare/Shakers								
Tamborim								
Agogo								

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Bra Break pulling a bra	c	c	c	c	c	c	c	c

Cross Kicks for surdos	x	x						
high surdo								
low surdo								

Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

	1	2	3	4	5	6	7	8
1		x	x	x	x	x	x	x
High Surdo		x	x	x	x	x	x	x
Mid Surdo		(x)	x	(x)	x	(x)	x	x
Low Surdo	x				x			
Repenique	fl	hd	x	x	fl	hd	x	x
Snare	.	.	x	.	.	.	x	.
Tamborim	x	x	x	x	x	x	x	(x)
Agogo	l	h	l	h	l	h	l	h
Mallete	h	h	l	h	l	h	h	h
Shaker	x	x	x	x	x	x	x	x

(x) = variations [] = triplet

	1	2	3	4
1	l	h	h	h
2	l	h	h	h
3	l	h	h	h
4	E	h	h	E

A = all others except agogo
E = everyone
ms = Mid Surdo

Groove	1	2	3	4	5	6	7	8
High Surdo		x	x	x	x	x	x	
Mid Surdo		(x)	x	(x)	x	x	x	x
Low Surdo	x				x			
Repenique	fl	hd	x	hd	fl	hd	x	x
Snare	.	.	x	.	.	.	x	(x)
Tamborim	x	x	x	x	x	x	x	(x)
Agogo	l	h	l	h	l	h	l	[h h h]
<i>Maliterative</i>	h	h	l	h	l	h	h	h
Shaker	x	x	x	x	x	x	x	x

(x) = variations [] = triplet

	1	2	3	4	5	6	7	8
1	l	h	h	h	l	A	A	A
2	l	h	h	h	l	A	A	A
3	l	h	h	h	A	E	h	A
4	E	h	h	E	h	E	h	ms

A = all others except agogo
E = everyone
ms = Mid Surdo

Break 1

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

Lead Pipe

Hold your left arm to the front, the right to the back, palms up, (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position. (4 beats). At “Go” you throw the pipe away and twist around. *Comment:* After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto your left leg. Your hands to the same

move as at beat 1 but reverse. (You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Strechout the other down. [3] Step on the other leg. (your now back on the initial position.) Bow the strechout arm. Strechout the other. [4] Here another swords-move starts, or in case of "x" you just step on the other leg. Comment: 16 beats are good for this move.

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

Lead Pipe

Hold your left arm to the front, the right to the back, palms up, (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position. (4 beats). At “Go” you throw the pipe away and twist around. *Comment:* After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto your left leg. Your hands to the same

move as at beat 1 but reverse. (You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Strechout the other down. [3] Step on the other leg. (your now back on the initial position.) Bow the strechout arm. Strechout the other. [4] Here another swords-move starts, or in case of "x" you just step on the other leg. Comment: 16 beats are good for this move.

Custard

Groove	1	2	3	4
High Surdo	x	x	0	x
Mid Surdo	x	0	x	0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x	x	x	x
Tamborim	x	x	x	x
Agogo	h	h	h	h
Break 1	1 S	2 S	3 S	4 S
	2 S	3 S	4 S	1 S
	3 S	4 S	1 S	2 S
	4 E	1 E	2 E	3 E
Break 2	1 T	2 T	3 T	4 T
	2 T	3 T	4 T	1 T
	3 T	4 T	1 T	2 T
	4 E	1 E	2 E	3 E
Break 3	ONE instrument section continues while the rest of the band plays this break			
+ instr. sign	1-7 A	2-8 A	3-9 A	4-10 A
that continues	8 sn	1 sn	2 sn	3 sn
Break 5	1 sn	2 sn	3 sn	4 sn
	2 A	3 A	4 A	1 A
	3 A	4 A	1 A	2 A
	4 A	1 A	2 A	3 A
Singing Break	Signed as Break 1, with a lot of blabla...			
	1 I've	2 got	3 cus	4 tard
	2 I've	3 got	4 cus	1 tard
	3 I've	4 got	1 cus	2 tard
	4 We've	1 got	2 cus	3 tard

Surdo players sing first half, same beats as they would play.
All other answer, same beats as they play.
Last part Everyone sings together.

Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

Step

Step to a side. (Every second beat a step)

Push

Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star

[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms to the

lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump

Jump with both feet.

Aeroplane

See Dance 1

Queen

Hold your arms stretched out to both sides. [1] Touch with one stretched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side-wards. (3 steps, cross behind the leg.)

Dance 2

Push to sides > Star > Jump & Aeroplane > Queen

	1	2	3	4	5	6	7	8
1	Sr		Sr		Sl		Sl	
	Pr		Pr		Pl		Pl	
2	St				St			
	St				St			
3	J & Ar				J & Al			
	J & Ar				J & Al			
4	Qr				Ql			
	Qr				Ql			

Step

Step to a side. (Every second beat a step)

Push

Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

Star

[1] Move your right leg to the front, across you left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms to the

lower right. [4] Move your left leg to the left side of your other. (initial point). Move both arms to the lower left. Comment: Your feet draw a square.

Jump

Jump with both feet.

Aeroplane

See Dance 1

Queen

Hold your arms stretched out to both sides. [1] Touch with one stretched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side-wards. (3 steps, cross behind the leg.)

Custard

Groove	1	2	3	4
High Surdo	x	x	0	x
Mid Surdo	x	0	x	0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x	x	x	x
Tamborim	x	x	x	x
Agogo	h	h	h	h
Break 1	1 S	2 S	3 S	4 S
	2 S	3 S	4 S	1 S
	3 S	4 S	1 S	2 S
	4 E	1 E	2 E	3 E
Break 2	1 T	2 T	3 T	4 T
	2 T	3 T	4 T	1 T
	3 T	4 T	1 T	2 T
	4 E	1 E	2 E	3 E
Break 3	ONE instrument section continues while the rest of the band plays this break			
+ instr. sign	1-7 A	2-8 A	3-9 A	4-10 A
that continues	8 sn	1 sn	2 sn	3 sn
Break 5	1 sn	2 sn	3 sn	4 sn
	2 A	3 A	4 A	1 A
	3 A	4 A	1 A	2 A
	4 A	1 A	2 A	3 A
Singing Break	Signed as Break 1, with a lot of blabla...			
	1 I've	2 got	3 cus	4 tard
	2 I've	3 got	4 cus	1 tard
	3 I've	4 got	1 cus	2 tard
	4 We've	1 got	2 cus	3 tard

Surdo players sing first half, same beats as they would play.
All other answer, same beats as they play.
Last part Everyone sings together.

Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary

[illegible]

Hold your arms stretched out to your left, your hands at right angles to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body :-)

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

Step to a side, each beat two steps. Hold the corresponding arm stretched out to the front. (Define the boundary) Hide the other arm behind your back.

Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary

[illegible]

Hold your arms stretched out to your left, your hands at right angles to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body :-)

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

Step to a side, each beat two steps. Hold the corresponding arm stretched out to the front. (Define the boundary) Hide the other arm behind your back.

Drum&Bass

Stunt sign: With one hand in your ear lift the other and move it front and back

[illegible]

Drum & Bass

tune sign: With one hand in your ear lift the other and move it front and back

[illegible]

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
1	X	X	X	X	X	X	X	X
High Surdo	X	X	X	X	X	X	X	X
Mid Surdo	X	X	X	X	X	X	X	X
Low Surdo	X	X	X	X	X	X	X	X
2	X	X	X	X	X	X	X	X
Repenique	fl	x	ri	x	fl	x	ri	x
Snare	x	.	x	x	.	x	x	.
Tamborim	x	x	.	x	.	x	.	x
Agogo	l	l	h	l	l	h	l	l

Break 2

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

Break 2

1	S	A	S	A	S	A	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---

White Shark

1	S	A	.	.	.	S	A	.	.	.	S	A	.	.	.	S	A	.	.	.
2
3	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A
4	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A

Zurav Love

tune sign : open and close the beak of a bird with your hands

Groove

	1	2	3	4	5	6	7	8
1	x	x	x	x	x	x	x	x
High Surdo	fl	hd	x	hd	fl	x	fl	hd
Mid & Low Surdo	x
Repenique	x
Snare	x
Tamborim	h	h	h	l	h	h	h	h
Agogo	x	x
Shaker
2
3
4

Bra Break

1-3	fl	hd	ri	hd	ri	S	A	A
4	E	.	sn	sn	sn	E	E	E
4	.	.	sn	sn	sn	.	sn	.

Kick Back 1

	R	R	R	.	R	R	R	ms
--	---	---	---	---	---	---	---	----

Kick Back 2

	R	R	R	ms	R	R	R	ms
--	---	---	---	----	---	---	---	----

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
1	X	X	X	X	X	X	X	X
High Surdo	X	X	X	X	X	X	X	X
Mid Surdo	X	X	X	X	X	X	X	X
Low Surdo	X	X	X	X	X	X	X	X
2	X	X	X	X	X	X	X	X
Repenique	fl	x	ri	x	fl	x	ri	x
Snare	x	.	x	x	.	x	x	.
Tamborim	x	x	.	x	.	x	.	x
Agogo	l	l	h	l	l	h	l	l

Break 2

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

Break 2

1	S	A	S	A	S	A	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---

White Shark

1	S	A	.	.	.	S	A	.	.	.	S	A	.	.	.	S	A	.	.	.
2
3	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A
4	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A	S	A

Zurav Love

tune sign : open and close the beak of a bird with your hands

Groove

	1	2	3	4	5	6	7	8
1	x	x	x	x	x	x	x	x
High Surdo	fl	hd	x	hd	fl	x	fl	hd
Mid & Low Surdo	x
Repenique	x
Snare	x
Tamborim	h	h	h	l	h	h	h	h
Agogo	x	x
Shaker
2
3
4

Bra Break

1-3	fl	hd	ri	hd	ri	S	A	A
4	E	.	sn	sn	sn	E	E	E
4	.	.	sn	sn	sn	.	sn	.

Kick Back 1

	R	R	R	.	R	R	R	ms
--	---	---	---	---	---	---	---	----

Kick Back 2

	R	R	R	ms	R	R	R	ms
--	---	---	---	----	---	---	---	----

Xango

Groove

	1	2	3	4
High Surdo	1			
Mid Surdo				
Low Surdo				
Repenique				
if too hard play tamb. Part				
Snare				
Tamborim	1			
	2			
Agogo				

Intro
building a tower with fists
on top of each other,
upwards

Surdo Part of Intro
flat hand on head

can be remembered by:
start: 1 – 4 – 3 – 5
then: 2 – 4 – 3 – 5 :||

Boum Shakala Break
Crossed fingers

Break 2

tune sign : rain trickling down, with 10 fingers

	1	2	3	4
High Surdo	1			
Mid Surdo				
Low Surdo				
Repenique				
if too hard play tamb. Part				
Snare				
Tamborim	1			
	2			
Agogo				

Everyone except surdos hits the rims
ri ri ri ri ri ri ri ri ri ri
repeat until cut

not before before Boum Shakala Break repeat

1	S	E	E	E	S	E	E	E	S	E	E
2	S	E	E	E	S	E	E	E	S	E	E
3	S	E	E	E	S	E	E	E	S	E	E
4	sn	.	sn	.	sn	sn	.	.	hs	hs	hs

1	S	S	S	S	S	S	S	S	S	S	S
2	S	S	S	S	S	S	S	S	S	S	S
3	S	S	S	S	S	S	S	S	S	S	S
4	S	S	S	S	S	S	S	S	S	S	S
5	S	S	S	S	S	S	S	S	S	S	S
6	S	S	S	S	S	S	S	S	S	S	S

Funk

tune sign : glasses on your eyes

Groove

1	All Surdos	1									
	Repenique										
	Snare										
	Tamborim										
	Agogo										

1	Break 1	1									
2	Break 2	1									
1	Call Break	1									

... "ot" : two arms crossing, with OK-sign
... "ua" : two fists, knuckles hit each other

Xango

Groove

	1	2	3	4
High Surdo	1			
Mid Surdo				
Low Surdo				
Repenique				
if too hard play tamb. Part				
Snare				
Tamborim	1			
	2			
Agogo				

Intro
building a tower with fists
on top of each other,
upwards

Surdo Part of Intro
flat hand on head

can be remembered by:
start: 1 – 4 – 3 – 5
then: 2 – 4 – 3 – 5 :||

Boum Shakala Break
Crossed fingers

Break 2

tune sign : rain trickling down, with 10 fingers

	1	2	3	4
High Surdo	1			
Mid Surdo				
Low Surdo				
Repenique				
if too hard play tamb. Part				
Snare				
Tamborim	1			
	2			
Agogo				

Everyone except surdos hits the rims
ri ri ri ri ri ri ri ri ri ri
repeat until cut

not before before Boum Shakala Break repeat

1	S	E	E	E	S	E	E	E	S	E	E
2	S	E	E	E	S	E	E	E	S	E	E
3	S	E	E	E	S	E	E	E	S	E	E
4	sn	.	sn	.	sn	sn	.	.	hs	hs	hs

1	S	S	S	S	S	S	S	S	S	S	S
2	S	S	S	S	S	S	S	S	S	S	S
3	S	S	S	S	S	S	S	S	S	S	S
4	S	S	S	S	S	S	S	S	S	S	S
5	S	S	S	S	S	S	S	S	S	S	S
6	S	S	S	S	S	S	S	S	S	S	S

Funk

tune sign : glasses on your eyes

Groove

1	All Surdos	1									
	Repenique										
	Snare										
	Tamborim										
	Agogo										

1	Break 1	1									
2	Break 2	1									
1	Call Break	1									

... "ot" : two arms crossing, with OK-sign
... "ua" : two fists, knuckles hit each other

Hafila

Sign: spread arms and shake your shoulders and hips

Groove		1	2	3	4	5	6	7	8
1	High Surdo		x	x	x		x	x	x
	Mid Surdo	x							
	Low Surdo								
	Repenique	ri	x		x	ri	x		x
Snare easier	
	
Tamborim		x	x	x	x	x	x	x	x
		l	h	l	h	l	h	l	h
Agogo									

Yala Break

all fingertips of one hand gather and shake wrist

E	E		E	E		E			
---	---	--	---	---	--	---	--	--	--

Kick Back 1

repeat until cut

S	A		A	S					
---	---	--	---	---	--	--	--	--	--

Break 3

sn	sn	sn	sn	A					
----	----	----	----	---	--	--	--	--	--

Hook Break

two fingers

1	S	S	A	A	A		S	A	A	A
2	S	A	A	S	A	A	S	A		

hooked together

Hafila

Sign: spread arms and shake your shoulders and hips

Groove		1	2	3	4	5	6	7	8
1	High Surdo		x	x	x		x	x	x
	Mid Surdo	x							
	Low Surdo								
	Repenique	ri	x		x	ri	x		x
Snare easier	
	
Tamborim		x	x	x	x	x	x	x	x
		l	h	l	h	l	h	l	h
Agogo									

Yala Break

all fingertips of one hand gather and shake wrist

E	E		E	E		E			
---	---	--	---	---	--	---	--	--	--

Kick Back 1

repeat until cut

S	A		A	S					
---	---	--	---	---	--	--	--	--	--

Break 3

sn	sn	sn	sn	A					
----	----	----	----	---	--	--	--	--	--

Hook Break

two fingers

1	S	S	A	A	A		S	A	A	A
2	S	A	A	S	A	A	S	A		

hooked together

Voodoo

tune sign : aureole – make a circle around head with your index finger down

Groove

Groove		1	2	3	4	5	6	7	8				
1	Surdo, High + Mid	sil		sil	x	sil		x	sil	x			
	Surdo, Low		x	x	0		x	x	0	x	0		
	Snare	x	.	x	.	x	.	x	.	x	.	x	.
	Repenique	x	x		x	x		x	x		x		x
Tamborim		x	x		x		x	x					
		h	h	l	l	h	l	l	h	l	l	l	l
Agogo													

Scissor Break

Signed like scissors

E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---

1 2 3 4 in my un- derpants

Voodoo

tune sign : aureole – make a circle around head with your index finger down

Groove

Groove		1	2	3	4	5	6	7	8	
1	Surdo, High + Mid	sil		sil	x	sil		x	sil	x
	Surdo, Low		x	x	0		x	x	0	x
	Snare	x	.	x	.	x	.	x	.	x
	Repenique	x	x	x	x	x	x	x	x	x
Tamborim		x	x	x	x	x				
		h	h	l	l	h	l	l	h	l
Agogo										

Scissor Break

Signed like scissors

E	E	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---

1 2 3 4 in my un- derpants

Van Harte pardon!

tune sign: heart formed with your hands

Groove

High Surdo
Low+Mid Surdo
Agogo
Tamborim
Snare 1 / Reperique
Snare 2 / Shakers

Break 1

Silence Break
the sign is 4 fingers up

Break 2

High Surdo
Low Surdo
Agogo
Tamborim
Snare / Reperique

Cross Break – Surdos
sign 'x' with the ams

High Surdo
Low Surdo

Cross Eight Break – Surdos
sign 'x' with arms showing
Eight Up

tune sign : spiky fingers on the head

Hedgehog

Groove

High Surdo
Mid Surdo
Low Surdo
Reperique
Snare
Tamborim
Agogo

Break 1

Hedgehog Call
Hedgehog Tune sign

Van Harte pardon!

tune sign: heart formed with your hands

Groove

High Surdo
Low+Mid Surdo
Agogo
Tamborim
Snare 1 / Reperique
Snare 2 / Shakers

Break 1

Silence Break
the sign is 4 fingers up

Break 2

High Surdo
Low Surdo
Agogo
Tamborim
Snare / Reperique

Cross Break – Surdos
sign 'x' with the ams

High Surdo
Low Surdo

Cross Eight Break – Surdos
sign 'x' with arms showing
Eight Up

tune sign : spiky fingers on the head

Hedgehog

Groove

High Surdo
Mid Surdo
Low Surdo
Reperique
Snare
Tamborim
Agogo

Break 1

Hedgehog Call
Hedgehog Tune sign

Karla Shnikov

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove

		1	2	3	4
Surdos	1-3	x		0	x x
	4	x		0	x x
Repenique		x	x x	x	x x
	
Snare	
	
Tamborim	1		x		x
	2		x	x	x
Agogo	1	l	h	l	h

Break 1

rabbit ears OR finger pistol shooting up

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E
4	E											

Break 2

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E
3	S	S	A		S	S	A	A	A	A	A	A
4	S	S	A		S	S	A	A	A	A	A	A

Break 2 inverted

sign with two fingers pointing down instead of up

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	S	E	E	E	E	E	E	E	E	E
3	S	S	A	S	S	S	A	A	A	A	A	A
4	S	S	A	S	S	S	A	A	A	A	A	A
5	S	S	A	S	S	S	A	A	A	A	A	A
6	S	S	A	S	S	S	A	A	A	A	A	A
7	E	E	E	E	E	E	E	E	E	E	E	E
8	E	E	E	E	E	E	E	E	E	E	E	E

>from soft to loud

1	x											
2	x											
3	x											
4	x											
5	x											
6	x											
7	x											
8	x											

Walc(z)

this tune is a 6/8

Groove

High+Mid Surdo												
Low Surdo												
Repenique												
Snare												
Tamborim												
Agogo												
Shaker												

Break 1

Break 2

Bra Break

Break 3

Break 5

Cut-throat Break

Sign like cutting your throat with a finger

Cut-throat Break

Fast

Karla Shnikov

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove

		1	2	3	4
Surdos	1-3	x		0	x x
	4	x		0	x x
Repenique		x	x x	x	x x
	
Snare	
	
Tamborim	1		x		x
	2		x	x	x
Agogo	1	l	h	l	h

Break 1

rabbit ears OR finger pistol shooting up

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E
4	E											

Break 2

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E
3	S	S	A		S	S	A	A	A	A	A	A
4	S	S	A		S	S	A	A	A	A	A	A

Break 2 inverted

sign with two fingers pointing down instead of up

1	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	S	E	E	E	E	E	E	E	E	E
3	S	S	A	S	S	S	A	A	A	A	A	A
4	S	S	A	S	S	S	A	A	A	A	A	A
5	S	S	A	S	S	S	A	A	A	A	A	A
6	S	S	A	S	S	S	A	A	A	A	A	A
7	E	E	E	E	E	E	E	E	E	E	E	E
8	E	E	E	E	E	E	E	E	E	E	E	E

>from soft to loud

1	x											
2	x											
3	x											
4	x											
5	x											
6	x											
7	x											
8	x											

Walc(z)

this tune is a 6/8

Groove

High+Mid Surdo												
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