



ROR
Tunes & Dances

March 2018



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RHYTHMS



OF RESISTANCE

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History

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvadoré, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up - now we're all over Europe and occasional in the rest of the world.

The Network

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

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Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

Snowboots + Hips
3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

Step Kick
4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

Tiger (with claws)
Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

Winding Plants
Start with elegantly crossing your arms infront of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

Dance 5

Snowboots & Hips > Step & Kick > Tiger > Winding Plants

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

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Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

Lead Pipe

Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At "Go" you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

Puke

Hold your hand as if you'd catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you'd carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

Swords

[1] Move one leg in front of the other leg. Move the corresponding arm down (it's a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you're now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of "X" you just step on the other leg. Comment: 16 beats are good for this move.

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using samba as a form of political action.

We use tactical frivolity, inspired by carnival to confront and criticize any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principle.

Come with us! We have everything to play for!

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

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RoR Player

On <https://player.rhythms-of-resistance.org/>, you can find a player for all RoR tunes, where you can look at the tune sheets, listen to them, combine them in different ways, modify them, and even create your own tunes.

On the left side, you see the tune list. When you click on a tune, you will see a list of all the breaks that belong to it. There is a Play button to listen to them once. On top of the tune list, you can search for specific tunes. By default, only the most common tunes are displayed. You can change that by selecting "All tunes" in the dropdown menu.

On the right side, you can create a song. For this, either click on the plus sign on a tune/break in the tune list, or you drag it into the song. If you drag it to the row of one instrument, only this instrument will play it, if you drag it into the "All" row that appears on the bottom of the song player, all instruments will play it. To change which instruments play a tune/break, either drag it around, or click on the hand to select the instruments, or use the resize handle in the bottom right of a tune/break block.

Click the green play button to listen to your song. With the slider on top, you can change the playback speed, and next to each instrument there is a mute button and a headphones button to only listen to that particular instrument.

When you click on the pen (Edit) symbol on a tune/break, the tune sheet for that tune/break is opened. You can change the tune sheet, even while it is playing, by clicking in any place and selecting what kind of stroke the instrument should be playing there.

You can create create your own tunes by clicking "New tune" in the bottom of the tune list. Any modifications that you make to existing tunes and any tunes that you create are saved in your browser, so when you restart your computer, they are still there, but to share them with other people, you need to click on "Tools" → "Share" to generate a link that contains your tunes. When opening a link that someone else sent you, use the "History" button on the top right to go back to the tunes/songs that you had created before.

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Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower**. (together 4 beats)

Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

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Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

Get the water

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Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

Step to a side. (Every second beat a step)

Step to a side, every second beat a step. Move both hands to the side, as if you'd give sth. a push.

[1] Move your right leg to the front, across your left leg. Move your right arm to the upper right. [2] Move your left leg on the right side of your other leg (cross in the front). Move your left arm to the upper left. [3] Move your right leg behind your left leg. (initial point, you don't have to cross) Move both arms

Jump with both feet.

See Dance 1

Hold your arms stretched out to both sides. [1] Touch with one stretched out leg the ground in front of you. (Don't step) [2] Now step with that leg and walk side-wards. (3 steps, cross behind the leg.)

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Democracy Break

shout with your hands forming a funnel

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
4	This	is	what	demo	cracy	looks	like												
5	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
6	This	is	what	demo	cracy	looks	like												
7	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
8	This	is	what	demo	cracy	looks	like												
9	This	is	what	demo	cracy	looks	like												
10	This	is	what	demo	cracy	looks	like												
11	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E

from soft to loud

from soft to loud

Laughing Break

fingers move up
corners of your mouth

ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha	ha
from	high	to	low	sound															

laughter

Wolf Break

wolf's ears and teeth

1	S	S	A	S	S	S	A	S											
2	S	S	A	S	S	S	A	A											
3	S	S	A	S	S	S	A	A											
4	E	E	E	E	E	E	E	a	u	-	-	-	-	-	-	-	-	-	-

< a-u = like a howling wolf

Star Wars Break

Move flat hand from top to bottom
of face

ms			ms			ms			ls		hs								
ms			ls		hs	ms													

Progressive Break

5 fingers and other
hand grabbing thumb

1	E			E			E			E			E			E			E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E

Clave

Point your thumb and index finger up as if indicating a distance of about 10 cm between them

E			E			E			E			E			E			E	
---	--	--	---	--	--	---	--	--	---	--	--	---	--	--	---	--	--	---	--

Clave inverted

Like "Clave", but with the two fingers pointing down

			E			E			E			E			E			E	
--	--	--	---	--	--	---	--	--	---	--	--	---	--	--	---	--	--	---	--

Yala Break

all fingertips of one hand gather and shake wrist

E	E			E	E			E				E							
---	---	--	--	---	---	--	--	---	--	--	--	---	--	--	--	--	--	--	--

Dance Break

First one hand covers the ear and the other turns the LP like a DJ. Then show a 1 with one finger. After the break, everyone continues to play walking around dancing randomly for a while.

E-	very	bo	-	dy	dance		now												
----	------	----	---	----	-------	--	-----	--	--	--	--	--	--	--	--	--	--	--	--

Everybody sings

Hard Core Break

Point up the middle finger

1	I	I	I	I	I	I	I	I	I	E	E								
	E	I	I	I	I	I	I	I	I	E	E								
	E	I	I	I	I	E	E	E	E	E	E								
2-4	E	e	e	e	e	e	e	e	e	e	e								
	E	e	e	e	e	e	e	e	e	e	e								
	E	e	e	e	e	e	e	e	e	e	e								
	E	e	e	e	e	e	e	e	e	e	e								

1 = Agogo plays low e = everyone play softly
2nd time: everyone except Surdos
4th time: Agogo plays high

3 × from soft to loud

Dance 1

Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary

	1	2	3	4	5	6	7	8
1	Mr		Mr		RI			
	Mr		Mr		RI			
2	Pr		Pr		PI		PI	
	Pr		Pr		PI		PI	
3	Tr		Tr		AI			
	Tr		Tr		AI			
4	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr

Mirror

Hold your arms stretched out to your left, your hands at right angels to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

Rainbow

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body :-)

Pizza

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

Tutu

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

Aeroplane

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

Define a boundary

Step to a side, each beat two steps. Hold the corresponding arm stretched out to the front. (Define the boundary.) Hide the other arm behind your back.

Dance 1

Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary

	1	2	3	4	5	6	7	8
1	Mr		Mr		RI			
	Mr		Mr		RI			
2	Pr		Pr		PI		PI	
	Pr		Pr		PI		PI	
3	Tr		Tr		AI			
	Tr		Tr		AI			
4	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr
	DBr	DBr	DBr	DBr	DBr	DBr	DBr	DBr

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Afoxé

tune sign : 'shaving the armpit'

Groove

High+Mid Surdo
Low Surdo

Repenique

Snare

Tamborim

Agogo

Break 1

Break 2

Break 3

Bra Break

pulling a bra

Groove

High+Mid Surdo
Low Surdo

Repenique

Snare

Tamborim

Agogo

Break 1

Break 2

Break 3

Bra Break

pulling a bra

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Tamborim

Agogo

Break 1

Break 2

Break 3

Bra Break

pulling a bra

Xango

Groove

High Surdo
Mid Surdo
Low Surdo

Repenique
if too hard play tamb. Part
Snare

Tamborim

Agogo

Intro
building a tower with fists
on top of each other,
upwards

Surdo Part of Intro
flat hand on head

can be remembered by:
start: 1 – 4 – 3 – 5
then: 2 – 4 – 3 – 5 :||

Boum Shakala Break
Crossed fingers

Break 2

tune sign : rain trickling down, with 10 fingers

	1	2	3	4
1	x sil	x	x x	x x x x
Repenique	x x x x	x x x x	x x x x	x x x x
Snare	x x x x	x x x x	x x x x	x x x x
Tamborim	1 2	x x	x x	x x
Agogo	l h	l h	l h	l h

Everyone except surdos hits the rims									
ri	ri	ri	ri	ri	ri	ri	ri	ri	ri
repeat until cut									

1	S						S	S	S	S
2	S						S	S	S	S
3	S						S	S	S	S
4	S						S	S	S	S
not before before Boum Shakala Break										repeat

1	S	E	E	E	S	E	E	E	S	E
2	S	E	E	E	S	E	E	E	S	E
3	S	E	E	E	S	E	E	E	S	E
4	sn	.	sn	.	sn	sn	sn	sn	hs	hs

1	S	S	S		S	S	S	S	S	S	S
2	S	S	S		S	S	S	S	S	S	S
3	S	S	S		S	S	S	S	S	S	S
4	S	S	S		S	S	S	S	S	S	S
5	S	S	S		S	S	S	S	S	S	S
6	S	S	S		S	S	S	S	S	S	S

Voodoo

tune sign : aureole – make a circle around head with your index finger down

Groove

	1	2	3	4	5	6	7	8
Surdo, High + Mid Surdo, Low	sil	sil	sil	sil	sil	sil	sil	sil
Snare	x	x	x	x	x	x	x	x
Repenique	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogo	h	h	h	h	h	h	h	h

Scissor Break

Signed like scissors

E	E	E	E	E	E	E	E	E
1	2	3	4	in my	un-	derpant		

Voodoo

tune sign : aureole – make a circle around head with your index finger down

Groove

	1	2	3	4	5	6	7	8
Surdo, High + Mid Surdo, Low	sil	sil	sil	sil	sil	sil	sil	sil
Snare	x	x	x	x	x	x	x	x
Repenique	x	x	x	x	x	x	x	x
Tamborim	x	x	x	x	x	x	x	x
Agogo	h	h	h	h	h	h	h	h

Scissor Break

Signed like scissors

E	E	E	E	E	E	E	E	E
1	2	3	4	in my	un-	derpant		

Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove

	1	2	3	4
High Surdo	x	x	x	x
Mid Surdo	rh	rh	rh	rh
Low Surdo	fl	fl	fl	fl
Repenique	fl	fl	fl	fl
Snare
Tamborim	x	x	x	x
Agogo	l	h	l	h

Low surdo: turn your right stick 180° and hit the side of the drum
rh = right hand, lh = left hand

Break 1

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

Break 2

1	S	A	A	A	A	A	A	A
2	S	A	A	A	A	A	A	A
3	S	A	A	A	A	A	A	A
4	E	E	E	E	E	E	E	E

snare continues playing through the break!

Break 3

1	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E
5	E	E	E	E	E	E	E	E

repeat until cut

Angela Davis

tune sign: pull two prison bars apart in front of your face

Groove

	1	2	3	4
High Surdo	x	x	x	x
Mid Surdo	rh	rh	rh	rh
Low Surdo	fl	fl	fl	fl
Repenique	fl	fl	fl	fl
Snare
Tamborim	x	x	x	x
Agogo	l	h	l	h

Low surdo: turn your right stick 180° and hit the side of the drum
rh = right hand, lh = left hand

Break 1

1	E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---	---

Break 2

1	S	A	A	A	A	A	A	A
2	S	A	A	A	A	A	A	A
3	S	A	A	A	A	A	A	A
4	E	E	E	E	E	E	E	E

snare continues playing through the break!

Break 3

1	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E
5	E	E	E	E	E	E	E	E

repeat until cut

Bhangra

this tune is a 6/8

tune sign : folded hands, like praying

Groove

	1	2	3	4	5	6	7	8	
Surdos (all play the same)	1 x	2 x		x	x		x	x	s = soft flare
Repenique	1 x	2 x	s	x	x	s	x	x	
Snare	1 r	
Tamborim	x	x	x	x	x	x	x	x	
Agogo	h	h		l					
Shaker	x	x	x	x	x	x	x	x	

Break 1

	1	2	3	4		do	as	/	say		dam	/	say	
Surdos	S	S	S	S		S	S	S			S	S	S	
Low/Mid Surdo	S	S	S	S		S	S	S			S	S	S	
Agogo	S	S	S	S		S	S	S			S	S	S	
Tamborim	sn	sn	sn	sn		sn	sn	sn			sn	sn	sn	
Snare / Repenique														

Bhangra

this tune is a 6/8

tune sign : folded hands, like praying

Groove

	1	2	3	4	5	6	7	8	
Surdos (all play the same)	1 x	2 x		x	x		x	x	s = soft flare
Repenique	1 x	2 x	s	x	x	s	x	x	
Snare	1 r	
Tamborim	x	x	x	x	x	x	x	x	
Agogo	h	h		l					
Shaker	x	x	x	x	x	x	x	x	

Break 1

	1	2	3	4		do	as	/	say		dam	/	say	
Surdos	S	S	S	S		S	S	S			S	S	S	
Low/Mid Surdo	S	S	S	S		S	S	S			S	S	S	
Agogo	S	S	S	S		S	S	S			S	S	S	
Tamborim	sn	sn	sn	sn		sn	sn	sn			sn	sn	sn	
Snare / Repenique														

Van Harte pardon!

tune sign: heart formed with your hands

Groove

	1	2	3	4	5	6	7	8
High Surdo	sil		x		sil		x	
Low+Mid Surdo	0		x	x	0		x	
Agogo	h	.	l	l	h	h	.	l
Tamborim		x		x	x		x	
Snare 1 / Repenique	.	x	.	.	x	.	.	x
Snare 2 / Shakers	x	.	x	.	x	.	x	.

Break 1

Everybody sings this

Silence Break
the sign is 4 fingers up

Break 2

High Surdo
Low Surdo
Agogo
Tamborim
Snare / Repenique

High Surdo
Low Surdo
Agogo
Tamborim
Snare / Repenique

Cross Break – Surdos
sign 'x' with the ams

High Surdo
Low Surdo

Cross Eight Break – Surdos
sign 'x' with arms showing
Eight Up

Van Harte pardon!

tune sign: heart formed with your hands

Groove

	1	2	3	4	5	6	7	8
High Surdo	sil		x		sil		x	
Low+Mid Surdo	0		x	x	0		x	
Agogo	h	.	l	l	h	h	.	l
Tamborim		x		x	x		x	
Snare 1 / Repenique	.	x	.	.	x	.	.	x
Snare 2 / Shakers	x	.	x	.	x	.	x	.

Break 1

Everybody sings this

Silence Break
the sign is 4 fingers up

Break 2

High Surdo
Low Surdo
Agogo
Tamborim
Snare / Repenique

High Surdo
Low Surdo
Agogo
Tamborim
Snare / Repenique

Cross Break – Surdos
sign 'x' with the ams

High Surdo
Low Surdo

Cross Eight Break – Surdos
sign 'x' with arms showing
Eight Up

Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove	1	2	3	4	5	6	7	8
High Surdo		x	x	x	x		x	x
Mid Surdo		(x)	x	x	x		x	x
Low Surdo								
Repenique		hd	x	x	x		x	x
Snare								
Tamborim								
Agogo <i>aliterative</i>								
Shaker								

(x) = variations [] = triplet

A = all others except agogo
E = everyone
ms = Mid Surdo

Break 1

1	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
3	1	1	1	1	1	1	1	1
4	1	1	1	1	1	1	1	1

Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove	1	2	3	4	5	6	7	8
High Surdo		x	x	x	x		x	x
Mid Surdo		(x)	x	x	x		x	x
Low Surdo								
Repenique		hd	x	x	x		x	x
Snare								
Tamborim								
Agogo <i>aliterative</i>								
Shaker								

(x) = variations [] = triplet

A = all others except agogo
E = everyone
ms = Mid Surdo

Break 1

1	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1
3	1	1	1	1	1	1	1	1
4	1	1	1	1	1	1	1	1

Sheffield Samba Reggae

tune sign : smoke a joint like a cup of tea (with thumb and index finger)

Groove	1	2	3	4
Low Surdo		x	x	
Mid Surdo				
High Surdo	1	x	x	
Repenique	2	x	x	
Snare		x	x	
Tamborim	1-3	x	x	
Agogo	4	x	x	
Bra Break <i>Intro</i>	1	R	R	R
	2	R	R	R
	3-5	A	RR	R
	6	A	A	A
Break 1		S		
Break 2	1	R	R	R
	2	S	R	R
	3	S	R	R
	4	S	R	R
Break 3	1	S		
	2	S		
Whistle Break <i>Point to whistle</i>		S		

Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
High surdo	x	x	0	0	x	0	x	x
Low + Mid surdo	x	0	x	0	x	0	x	0
Repenique	x	x	x	x	x	x	x	x
Snare/Shakers
Tamborim	x	x	x	x	x	x	x	x
Agogo	h	h	h	h	h	h	h	h

. = clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat
Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Everyone together. ... start soft and go louder!	x	x	x	x	x	x	x	x
Break 1 (Iron Lion Zion Break)	x	x	x	x	x	x	x	x

Bra Break pulling a bra	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c

sign 'X' with the arms, waving towards the sky

high surdo	0	0	0	0	0	0	0	0
low surdo	x	x	x	x	x	x	x	x

Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
High surdo	x	x	0	0	x	0	x	x
Low + Mid surdo	x	0	x	0	x	0	x	0
Repenique	x	x	x	x	x	x	x	x
Snare/Shakers
Tamborim	x	x	x	x	x	x	x	x
Agogo	h	h	h	h	h	h	h	h

. = clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat
Make sure the high and low surdos fit together well; playing the offbeat with the left hand makes this easier.

Everyone together. ... start soft and go louder!	x	x	x	x	x	x	x	x
Break 1 (Iron Lion Zion Break)	x	x	x	x	x	x	x	x

Bra Break pulling a bra	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c
	c	c	c	c	c	c	c	c

sign 'X' with the arms, waving towards the sky

high surdo	0	0	0	0	0	0	0	0
low surdo	x	x	x	x	x	x	x	x

Break 3

fl = flare on repenique
R = hit on repenique

T+h = Tamborin + high agogo bell

snare continues playing this trough the break	1	sn	.	.	.	sn	.	.	sn	.	.	sn	.	.	sn	.	.
	2	S	.	.	S	S	.	.	S	.	.	S	.	.	S	.	.
	3	A	.	.	A	.	.	A	.	.	A	.	.	A	.	.	A
	4	S	.	.	S	S	.	.	S	.	.	S	.	.	S	.	.
	5	A	.	.	A	.	.	A	.	.	A	.	.	A	.	.	A
	6	S	.	.	S	S	.	.	S	.	fl	R	.	R	T+h	.	T+h
	7	S	.	.	S	S	.	.	S	.	fl	R	.	R	T+h	.	T+h
	8	S	.	.	S	.	.	S	hs	hs	hs	hs	hs

hs = high surdo picks up

SOS Break

signed by waving
the palms diagonal
across one shoulder

	1	S	.	A	A	.	A	A	.	S	.	A	.	A	.	A	.
	2	S	.	A	A	.	A	A	.	S	.	A	.	A	.	A	.
	3	S	.	A	A	.	A	A	.	S	.	A	.	A	.	A	.
	4	S	.	A	A	.	A	A	.	S	.	A	.	A	.	ls	.

ls = low surdo picks up

after which the repenique picks up this rhythm and plays in the tune:

	x	x	.	x	x	.	x	.	x
... until next time the SOS break is played. Then it goes back to:	x	x	.	x	x	.	x	.	x	x	x

Knock on the door Break

knock with the knuckles of your
right hand on your flat left hand

last run: repis plays this →

snare continues playing this or the rhythm of Bra Break	1	E	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	[E E E]	sn
	2	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
	3	E	.	.	E	sn	.	.	sn	sn	.	.	E	sn	.	E	sn
	4	E	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
		sn	.	.	sn	sn	.	.	sn	sn	.	.	sn	sn	.	.	sn
		R	.	R	R	R	.	R	R	R	.	R	R	R	.	R	R

repeat until cut

Dancing Break

sign by showing the dance:
arms down to the right, and
to the left – then arms up to
the right, and left .. and go!
(start down right)

The players wo don't play dance (see left)	1-7	S	.	S	.	.	S	S	.	S	.	.	S
	2-6	A	.	A	.	.	A	A	.	A	.	.	A
	8	A	.	A	.	.	A	A	.	A	.	.	A	.	ls	.	.

ls = low surdo picks up

Samba Reggae

tune sign: smoking a cigar/joint

Groove	1	2	3	4
High Surdo	0		x	0
Mid Surdo	x	0	x	0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x	.	x	.
Tamborim	x	x	x	x
Agogo	l	h	h	l

Bra Break

R = hit on repenique
fl = flare on repenique
T = Tamborim

1	fl	R	R	R	R	R	A	A		
2	fl	R	R	R	R	R	A	A		
3	fl	R	R	R	R	R	A	A		
4	T		T		T		T		T	
5	T		T		T		T		T	
6	sn	.	sn	.	sn	.	sn	.	sn	.
7	T		T		T		T		T	
8	sn	.	sn	.	sn	.	sn	.	sn	.
9	T		T		T		T		T	
10	sn	.	sn	.	sn	.	sn	.	sn	.
11	sn	.	sn	.	sn	.	sn	.	sn	.

ls = low surdo picks up

Clave

1	E	E	E	E	E
---	---	---	---	---	---

Break 1

1	x	x	x	x	x	x	x	x	x	x
2	A		A		A		A		A	
3	x	x	x	x	x	x	x	x	x	x
4	A		A		A		A		A	
5	sn	.	sn	.	sn	.	sn	.	sn	.
6	sn	.	sn	.	sn	.	sn	.	sn	.
7	sn	.	sn	.	sn	.	sn	.	sn	.
8	sn	.	sn	.	sn	.	sn	.	sn	.
9	sn	.	sn	.	sn	.	sn	.	sn	.
10	sn	.	sn	.	sn	.	sn	.	sn	.
11	sn	.	sn	.	sn	.	sn	.	sn	.

hs = high surdo picks up

Break 2

1	x		x		x		x		x	
2	x		x		x		x		x	
3	x		x		x		x		x	
4	x		x		x		x		x	

Samba Reggae

tune sign: smoking a cigar/joint

Groove	1	2	3	4
High Surdo	0		x	0
Mid Surdo	x	0	x	0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x	.	x	.
Tamborim	x	x	x	x
Agogo	l	h	h	l

Bra Break

R = hit on repenique
fl = flare on repenique
T = Tamborim

1	fl	R	R	R	R	R	A	A		
2	fl	R	R	R	R	R	A	A		
3	fl	R	R	R	R	R	A	A		
4	T		T		T		T		T	
5	T		T		T		T		T	
6	sn	.	sn	.	sn	.	sn	.	sn	.
7	T		T		T		T		T	
8	sn	.	sn	.	sn	.	sn	.	sn	.
9	T		T		T		T		T	
10	sn	.	sn	.	sn	.	sn	.	sn	.
11	sn	.	sn	.	sn	.	sn	.	sn	.

ls = low surdo picks up

Clave

1	E	E	E	E	E
---	---	---	---	---	---

Break 1

1	x	x	x	x	x	x	x	x	x	x
2	A		A		A		A		A	
3	x	x	x	x	x	x	x	x	x	x
4	A		A		A		A		A	
5	sn	.	sn	.	sn	.	sn	.	sn	.
6	sn	.	sn	.	sn	.	sn	.	sn	.
7	sn	.	sn	.	sn	.	sn	.	sn	.
8	sn	.	sn	.	sn	.	sn	.	sn	.
9	sn	.	sn	.	sn	.	sn	.	sn	.
10	sn	.	sn	.	sn	.	sn	.	sn	.
11	sn	.	sn	.	sn	.	sn	.	sn	.

hs = high surdo picks up

Break 2

1	x		x		x		x		x	
2	x		x		x		x		x	
3	x		x		x		x		x	
4	x		x		x		x		x	

Custard

tune sign : making an offer to the sky,

Groove	1	2	3	4
High Surdo	x	x	0	x
Mid Surdo	x	0	x	0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x	.	x	.
Tamborim	x	x	x	x
Agogo	h	h	l	l

Break 1

1	S	S	S	S	A	A	A	A	A
2	S	S	S	S	A	A	A	A	A
3	S	S	S	S	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

Break 2

1	T	T	T	T	A	A	A	A	A
2	T	T	T	T	A	A	A	A	A
3	T	T	T	T	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

Break 3

+ instr. sign
that continues

ONE instrument section continues while the rest of the band plays this break

1-7	A								A
2-8	A								A
8	sn	.	sn	.	sn	.	sn	.	sn

Break 5

1	sn	.	sn	.	sn	.	sn	.	sn	A
2	A	sn	.	sn	.	sn	.	sn	.	A
3	A	sn	.	sn	.	sn	.	sn	.	A
4	A	sn	.	sn	.	sn	.	sn	.	A

Singing Break

Signed as Break 1,
with a lot of
blabla...

1	I've	got	cus	tard	in	my	und	-	erpants
2	I've	got	cus	tard	in	my	und	-	erpants
3	I've	got	cus	tard	in	my	und	-	erpants
4	We've	got	cus	tard	in	our	und	-	erpants

Surdo players sing first half, same beats as they would play.
All other answer, same beats as they play.
Last part Everyone sings together.

Custard

tune sign : making an offer to the sky,

Groove	1	2	3	4
High Surdo	x	x	0	x
Mid Surdo	x	0	x	0
Low Surdo	0	x	0	x
Repenique		x x	x x	x x
Snare	x	.	x	.
Tamborim	x	x	x	x
Agogo	h	h	l	l

Break 1

1	S	S	S	S	A	A	A	A	A
2	S	S	S	S	A	A	A	A	A
3	S	S	S	S	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

Break 2

1	T	T	T	T	A	A	A	A	A
2	T	T	T	T	A	A	A	A	A
3	T	T	T	T	A	A	A	A	A
4	E	E	E	E	E	E	E	E	E

Break 3

+ instr. sign
that continues

ONE instrument section continues while the rest of the band plays this break

1-7	A								A
2-8	A								A
8	sn	.	sn	.	sn	.	sn	.	sn

Break 5

1	sn	.	sn	.	sn	.	sn	.	sn	A
2	A	sn	.	sn	.	sn	.	sn	.	A
3	A	sn	.	sn	.	sn	.	sn	.	A
4	A	sn	.	sn	.	sn	.	sn	.	A

Singing Break

Signed as Break 1,
with a lot of
blabla...

1	I've	got	cus	tard	in	my	und	-	erpants
2	I've	got	cus	tard	in	my	und	-	erpants
3	I've	got	cus	tard	in	my	und	-	erpants
4	We've	got	cus	tard	in	our	und	-	erpants

Surdo players sing first half, same beats as they would play.
All other answer, same beats as they play.
Last part Everyone sings together.

Rope Skipping

sign with both hands a rotating rope and jump up and down

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove	1	2	3	4	5	6	7	8
High Surdo				x	x	x	x	x
Mid Surdo	x	x	x	x				x
Low Surdo		x	x		sil	sil		
Repenique	sil	x	sil	x		x	x	fl
Snare
Tamborim	1 x	x	x	x	x	x	x	x
	2 x	x	x	x	x	x	[xxx]	
Agogo	h	h	l	l	h	h	l	h

E							
Oh Shit							
sign: two little fingers show horns of taurus							

E							
Oh							
sign: one little finger							

E							
Fuck Off							
sign: one little finger							

Break 1

Break 2

Break 3

Oh Shit

E							O h	S hit
---	--	--	--	--	--	--	-----	-------

sign: two little fingers show horns of taurus

Fuck Off

E							F u c k	O f f
---	--	--	--	--	--	--	---------	-------

sign: one little finger

S			A		S	S	A								S		S	S	A	
---	--	--	---	--	---	---	---	--	--	--	--	--	--	--	---	--	---	---	---	--

Break 2	S	S	A	S	S	A	S	S	A	S	S	A	S	S	A
---------	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Break 3

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

	1	2	3	4	5	6	7	8
High Surdo	X	X	X		X	X	X	X
Mid Surdo	X	X	X		X	X	X	
Low Surdo	X	X	X	X		X		
2	X	X	X		X			
Repinique	fl	x	ri	x	fl	x	ri	x
Snare	x	.	x	.	.	x	.	x
Tamborim	x	x	x	x	x		x	
Agogo	i	i	h	i	i	h	i	h

Break 1	1	E	E	E	E	E	E	E	E
---------	---	---	---	---	---	---	---	---	---

1	S	A	S	A	S	A	E	E	E
---	---	---	---	---	---	---	---	---	---

[illegible]

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove	1	2	3	4	5	6	7	8
High Surdo	X	X	X		X	X	X	X
Mid Surdo	X	X	X	X	X	X	X	
Low Surdo	X	X	X		X			
Repenique	fl	x	x	x	fl	x	fl	ri
Snare	x	.	x	.	.	x	.	x
Tamborim	x	x	x	x	x	x	x	.
Agogo	l	l	l	h	l	l	l	h

E	E	E	E	E	E
1					
Break 1					

	S	A	S	A	S	A	E	E	E
Break 2	1								

[illegible]

Hedgehog

tune sign : spiky fingers on the head

Groove

[illegible]

Break 1

[illegible]

Hedgehog Call

Hedgehog Tune sign

Hedgehog Call 1 count in from here E H e d g e h o g

Hedgehog

tune sign : spiky fingers on the head

Groove

[illegible]

Break 1

[illegible]

Hedgehog Call

Hedgehog Tune sign

[illegible]

Nova Blanca

tune sign: fists before breast, open hands and arms

Groove

Groove	1	2	3	4

[illegible]

Bra Break

Intro

Bra Break	sn	sn	sn	E	sn	sn	sn	E
<i>Intro</i>	sn	sn	sn	E	sn	sn	sn	E

Break 1

Break 1

Break 2

S	E	S	E	S	E
---	---	---	---	---	---

Nova Balanca

tune sign: fists before breast, open hands and arms

Groove

Groove	1	2	3	4
1	0.00	0.00	0.00	0.00
2	0.00	0.00	0.00	0.00
3	0.00	0.00	0.00	0.00
4	0.00	0.00	0.00	0.00

[illegible]

Bra Break

Intro

[illegible]

Break 1

Break 1

Break 2

S		E		S		E		S		E
---	--	---	--	---	--	---	--	---	--	---

No Border Bossa

Sign: interlock your hands like a fence and then open it

Groove		1	2	3	4	5	6	7	8
Surdos <i>Hand resting on skin</i>	1	sil	h	x	h	sil	h	x	h
	2	.	.	x	.	sil	.	x	.
Repenique	1	sil	h	x	h	sil	h	x	h
	2	.	.	x	.	sil	.	x	.
Snare		x	x	ri	x	x	x	hd	fl
Tamborim		x	x	x	x	x	x	x	x
Agogo		h	h	l	h	h	h	l	h

Surdos: only 1 Stick in one hand; h = other hand hits skin

Break 1		E	E	E	E	E	E	E	E
Break 2		sil	sil	sil	sil	sil	sil	sil	sil
Break 2*		sil	sil	sil	sil	sil	sil	sil	sil
Bra Break		R	R	R	R	R	R	R	R

No Border Bossa

Sign: interlock your hands like a fence and then open it

Groove		1	2	3	4	5	6	7	8
Surdos <i>Hand resting on skin</i>	1	sil	h	x	h	sil	h	x	h
	2	.	.	x	.	sil	.	x	.
Repenique	1	sil	h	x	h	sil	h	x	h
	2	.	.	x	.	sil	.	x	.
Snare		x	x	ri	x	x	x	hd	fl
Tamborim		x	x	x	x	x	x	x	x
Agogo		h	h	l	h	h	h	l	h

Surdos: only 1 Stick in one hand; h = other hand hits skin

Break 1		E	E	E	E	E	E	E	E
Break 2		sil	sil	sil	sil	sil	sil	sil	sil
Break 2*		sil	sil	sil	sil	sil	sil	sil	sil
Bra Break		R	R	R	R	R	R	R	R

Karla Shnikov

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove		1	2	3	4
Surdos	1-3	x	0	x x	0
	4	x	0	x x	x
Repenique	1	x	x	x	x
	2
Snare	
Tamborim	1		x		x
Agogo	1	l	h	l	h

>from soft to loud

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
4	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E

Break 2

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	S	S	A		S	S	A		S	S	A		S	S	A		S	S	A
4	S	S	A		S	S	A		S	S	A		S	S	A		S	S	A

Break 2 inverted

1	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	S	S	A		S	S	A		S	S	A		S	S	A		S	S	A
4	S	S	A		S	S	A		S	S	A		S	S	A		S	S	A

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

	1	2	3	4	5	6	7	8
x	sh	x	x	sh	x	sh	x	x
x	sh	sh	x	x	x	sh	x	x
ri	sh	sh	fl	fl	fl	x	hd	r
x	x	.	x	x	.	x	.	x
x	x	x	x	x	fl	fl	fl	[xxx]
i	h	h	i	i	i	h	i	i

[] = triplet sh = stick + hand

Break 1

[illegible]

Break 2

[illegible]

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

	1	2	3	4	5	6	7	8
x	x	sh	x	sh	x	sh	x	x
x	x	sh	x	x	sh	x	x	x
r	ri	sh	fl	fl	fl	x	hd r	x
x	x	.	x	x	.	x	.	x
x	x	x	x	fl	fl	fl	[xxx]	.
i	i	h	i	i	h	i	i	i

[] = triplet
sh = stick + hand

Break 1

E	E	E	E	E	E	E
---	---	---	---	---	---	---

Break 2

[illegible]

Double Break

Make a T with both hands

[illegible]

Kick Back 1

[illegible]

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

		sl	hd		sl	hd
ri	ri	ri	ri	ri	ri	ri

Double Break

Make a T with both hands

x	sh	x	x	hd	sh	x	x	x
ri	n	ri	ri	ri	ri	ri	ri	ri
x	hd	x	hd	x	hd	x	hd	x
sh	sh	x	x	x	x	x	x	x
.
x	x	x	x	x	x	x	x	x
fl								
i	h	i	i	i	i	i	i	i

Kick Back 1

[illegible]

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

ri	sl	hd	ri	ri	sl	hd	ri
----	----	----	----	----	----	----	----