



**ROR**  
**Tunes & Dances**

**October 2018**



**ROR**  
**Tunes & Dances**

**October 2018**

**RHYTHMS**



**RHYTHMS**



History

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvador, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up – now we're all over Europe and occasional in the rest of the world.

The Network

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

History

Rhythms of Resistance take some of their inspiration from the "blocos-afros" bands (e.g. Olodum or Ilê Aiyê) that emerged in the mid-1970s in Salvador, in the Bahia region of Brazil. These bands were formed as expressions of black awareness, in defiance of a military dictatorship which viewed any "cultural" group as potentially "communist" and ruthlessly suppressed them. Blocos-afros bands were responsible for blending traditional samba rhythms with reggae, salsa and merengue to create the samba style now known as Samba Reggae. Today many of these bands still campaign for freedom, human rights and equal opportunities, and fight against social injustice and racism

The first Rhythms of Resistance band formed 2000 in London, in reaction against the repression of Reclaim The Streets happenings by the police. Rhythms of Resistance formed as part of the UK Earth First action against the IMF / World Bank in Prague in September 2000. A Pink and Silver carnival bloc, focused around a 55 piece band, detached itself from a march of 67000 and outmanouvered police resources defending the IMF annual summit. With an international 'black bloc' and a large contingent from the Italian movement, 'Ya Basta', three diverse forms of direct action worked towards a common goal and resulted in the shut down of the IMF summit. From then on, along with the movement against capitalist globalisation, one group after the other popped up – now we're all over Europe and occasional in the rest of the world.

The Network

The Rhythms of Resistance (RoR) network of activist samba drum bands comprises more than 30 separate activist samba drum bands all over the world. RoR is descended from the pink and silver "tactical frivolity" bloc (aka the "silly stunts and fluffy stuff" section) of the anti-Globalisation campaigns of the 1990s and early 2000s. As such, the use of tactical frivolity, carnival and creativity are a defining hallmark of bands in the RoR network (it is also why many of the bands in the RoR network wear pink when out and about).

Dance 6

Löyly & Hot > Mosquito > Murder > Sun & Baby & Windy

	1	2	3	4	5	6	7	8
1	Löyly right		Löyly right		Hot left			
	Löyly right		Löyly right		Hot left			
2	Mosquito right				Mosquito left			
	Mosquito right				Mosquito left			
3	Murder right				Murder left			
	Murder right				Murder left			
4	Sun front left		Sun front right		Baby back			
	Sun front left		Sun front right		Windy back			

**Löyly**  
Pour water onto the sauna with both of your hands while stepping sideways.

**Hot**  
Wave some air towards your head while stepping sideways.

**Mosquito**  
Both hands together fly up into the air like a mosquito, then clap in the air. Step sideways at the same time.

**Murder**  
First touch your foot with your

hand behind your back. Then step to the side while pulling apart the prison bars.

**Sun**  
Jump on one leg while waving the other foot and hand in the air.

**Baby**  
Make a 360° turn while holding a baby in your arms.

**Windy**  
Vertically rotate both your arms backwards twice.

Dance 6

Löyly & Hot > Mosquito > Murder > Sun & Baby & Windy

	1	2	3	4	5	6	7	8
1	Löyly right		Löyly right		Hot left			
	Löyly right		Löyly right		Hot left			
2	Mosquito right				Mosquito left			
	Mosquito right				Mosquito left			
3	Murder right				Murder left			
	Murder right				Murder left			
4	Sun front left		Sun front right		Baby back			
	Sun front left		Sun front right		Windy back			

**Löyly**  
Pour water onto the sauna with both of your hands while stepping sideways.

**Hot**  
Wave some air towards your head while stepping sideways.

**Mosquito**  
Both hands together fly up into the air like a mosquito, then clap in the air. Step sideways at the same time.

**Murder**  
First touch your foot with your

hand behind your back. Then step to the side while pulling apart the prison bars.

**Sun**  
Jump on one leg while waving the other foot and hand in the air.

**Baby**  
Make a 360° turn while holding a baby in your arms.

**Windy**  
Vertically rotate both your arms backwards twice.

## Dance 5

*Snowboots & Hips > Step & Kick > Tiger > Winding Plants*

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

### Snowboots + Hips

3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

### Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

### Tiger (with claws)

Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

### Winding Plants

Start with elegantly crossing your arms in front of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

## Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using tactical frivolity as a form of political action to confront any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

Our tactics include drumming and dancing inspired by samba and carnival.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principles.

Come with us! We have everything to play for!

## Dance 5

*Snowboots & Hips > Step & Kick > Tiger > Winding Plants*

	1	2	3	4	5	6	7	8
1	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
2	Sn		Sn		Sn		J	
	Hi	Hi	Hi	Hi J	Hi	Hi	Hi	Hi J
3	S	S	Ki	S	S	S	Ki	S
	S	S	Ki	S	S	S	Ki	S
4	Ti		Ti		Ti		Ti	
	Ti		Ti		Ti		Ti	
5	Wir				Wil			
	Wir				Wil			

### Snowboots + Hips

3 steps forward as if stumping through deep snow (half pace). Jump right on 4th step. Shake hips back and forth for 4 beats, jump left, shake hips for 4 beats, jump + turn 180° around. 3 snow steps backwards, jump, hips, jump, hips, jump. On last beat turn 180° around to face front again.

### Step Kick

4 steps forward, kick forward on the 3rd step, then 4 steps backward, kick backward on the 7th step. Repeat.

### Tiger (with claws)

Jump forward. Arms are stretched out front. hands form tiger claws and scratch.

Jump to the right with claws, turn and jump back with claws, jump to the left with claws (should have jumped once around you to all 4 sides with claws). Repeat once

### Winding Plants

Start with elegantly crossing your arms in front of your right hip. Then wind your arms up like climbing plants, forming waves within 4 beats. When you reach the top, open hands to a bowl. While you are doing that, take 2 steps forward and 2 steps backward. Then repeat winding up on the left side. Once again right side and left side.

All the bands in the RoR network play the same tunes and try and use the same hand signals. This means at large events, different bands can join up to form a large and exuberant bateria.

RoR bands work on a decentralised and democratic basis. All decisions within each band are made by consensus. No-one is "in charge" and those who have just joined the band have the same voice as those who have been members for many years. Each band operates independently, joining campaigns and actions that they themselves support, but they may join together for national demos etc. At large events, where multiple bands meet up and play together, mestres may come from any of the bands present, swapping in and out as mood and movement takes them.

Although each band in the network is a independent entity answerable only to its members, they all share some common beliefs and values that define the Rhythms of Resistance network as a whole :

## Principles

We are a transnational anti-hierarchical anticapitalist, antisexist and antiracist network fighting for social and ecological justice.

We are activists using tactical frivolity as a form of political action to confront any system of domination.

We also directly support everybody experiencing or struggling against exploitation, discrimination and oppression, without compromising our principles.

Our tactics include drumming and dancing inspired by samba and carnival.

We reject any false opposition between militancy and creative forms of resistance.

Even if we are different bands operating in a decentralized fashion, we aim to maximise participation in our collective process.

We are an open network to any people who share our principles.

Come with us! We have everything to play for!

Cultural Appropriation

Cultural appropriation is the adoption of elements of a minority culture by members of a dominant culture, while using these elements outside of their original cultural context. These cultural properties may be forms of dress, music or art, religion, language, intellectual property or social behavior, all of which may have deep cultural meaning to the original culture, but may be used as fashion by those from outside that culture.

Often, the original meaning of these cultural elements is lost or distorted, and such displays are often viewed as disrespectful, or even as a form of desecration, by members of the originating culture. Cultural elements which may have deep meaning to the original culture may be reduced to “exotic” fashion or toys by those from the dominant culture. When this is done, the imitator, who does not experience that oppression is able to “play”, temporarily, an “exotic” other, without experiencing any of the daily discriminations faced by other cultures. Appropriation and the “fetishizing” of cultures, in fact, alienates those whose culture is being appropriated

(From Wikipedia)

Rhythms of Resistance takes its form of action and some aspects of its music from a Brazilian Black liberation movement, while not being part of that movement. Our selection of instruments is the same and our way of maestrating similar to real batucadas. Custard, Samba Reggae and Sheffield Samba Reggae are simplified versions of original Samba Reggae rhythms, and Afoxê, Bhangra, Crazy Monkey, Hafla and probably others are based on other styles of music from the Global South. The names Voodoo and Xango have a religious background.

There is an ongoing debate in the RoR network about to what extent this is cultural appropriation, and what consequences to draw from that. Many bands have decided to stop calling themselves “Samba” or “Batucada”, but rather use alternative phrases like percussion or drumming. Some bands have decided to stop playing specific tunes.

Still it is important to acknowledge that our methods and music are inspired by Samba and Carnival and are using many elements from it.

Cultural Appropriation

Cultural appropriation is the adoption of elements of a minority culture by members of a dominant culture, while using these elements outside of their original cultural context. These cultural properties may be forms of dress, music or art, religion, language, intellectual property or social behavior, all of which may have deep cultural meaning to the original culture, but may be used as fashion by those from outside that culture.

Often, the original meaning of these cultural elements is lost or distorted, and such displays are often viewed as disrespectful, or even as a form of desecration, by members of the originating culture. Cultural elements which may have deep meaning to the original culture may be reduced to “exotic” fashion or toys by those from the dominant culture. When this is done, the imitator, who does not experience that oppression is able to “play”, temporarily, an “exotic” other, without experiencing any of the daily discriminations faced by other cultures. Appropriation and the “fetishizing” of cultures, in fact, alienates those whose culture is being appropriated

(From Wikipedia)

Rhythms of Resistance takes its form of action and some aspects of its music from a Brazilian Black liberation movement, while not being part of that movement. Our selection of instruments is the same and our way of maestrating similar to real batucadas. Custard, Samba Reggae and Sheffield Samba Reggae are simplified versions of original Samba Reggae rhythms, and Afoxê, Bhangra, Crazy Monkey, Hafla and probably others are based on other styles of music from the Global South. The names Voodoo and Xango have a religious background.

There is an ongoing debate in the RoR network about to what extent this is cultural appropriation, and what consequences to draw from that. Many bands have decided to stop calling themselves “Samba” or “Batucada”, but rather use alternative phrases like percussion or drumming. Some bands have decided to stop playing specific tunes.

Still it is important to acknowledge that our methods and music are inspired by Samba and Carnival and are using many elements from it.

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

**Lead Pipe**  
Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At “Go” you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

**Puke**  
Hold your hand as if you’d catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you’d carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

**Swords**  
[1] Move one leg in front of the other leg. Move the corresponding arm down (it’s a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you’re now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of “X” you just step on the other leg. Comment: 16 beats are good for this move.

Dance 4

Lead Pipe > Puke > Shower > Swords

	1	2	3	4	5	6	7	8
1	L				L			
	L				L		Go	
2	P				P			
	P				P			
3	G		T		G		T	
	G		T		G		T	
4	SWI			SWr			SWI	
		SWr			SWI			X

**Lead Pipe**  
Hold your left arm to the front, the right to the back, palms up (as if you are carrying a big pipe). Move your right foot to the front and swing the pipe. Go back to your initial position (4 beats). At “Go” you throw the pipe away and twist around. Comment: After the move you stand a bit ahead of your initial position.

**Puke**  
Hold your hand as if you’d catch a big ball in front of your face. [1] Jump with your right leg to the front. Twist your hands 360° to the front. (You end with your palms up, as if you’d carry a pile of paper). Move your body down. [2] Step back onto you left leg. Your hands to the same move as at beat 1 but reverse.

(You end this movement at beat 3.) [3] Jump with your right leg back. Your body seems to fall back. [4] Step to the front onto your left leg again.

**Swords**  
[1] Move one leg in front of the other leg. Move the corresponding arm down (it’s a sword). The other arm is bowed. [2] Step on the other leg. Bow the stretched out arm. Stech out the other down. [3] Step on the other leg (you’re now back on the initial position.) Bow the stretched out arm. Stretch out the other. [4] Here another swords-move starts, or in case of “X” you just step on the other leg. Comment: 16 beats are good for this move.

## Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

### Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower.** (together 4 beats)

### Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

### Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

### Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

### Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

## Dance 3

Shower > Afro Pump > Wheels > Seeds & Sun

	1	2	3	4	5	6	7	8
1	G		T		G		T	
	G		T		G		T	
2	APr		API		APr		API	
	APr		API		APr		API	
3	Wr			X	WI			X
	Wr			X	WI			X
4	Se	Se	Se	Se	Su	Su	Su	Su
	Se	Se	Se	Se	Su	Su	Su	

### Get the water

Do a long step with your right leg to the front. Move your body down. Take bucket of water. Straighten yourself again and **Take a Shower.** (together 4 beats)

### Afro Pump

Move one foot up and down (pump). Move your hands beside your knees.

### Wheels

Move both arms in circles to a side. (Hold your hands down first and move them to the side.) [4] Move your hands fitfully to you chest. (X)

### Seeds

Cross with your right foot to the left. Step from one foot to the other (each beat two steps). Move your hands down and shake them (you're sowing seeds).

### Sun

Cross with your left foot to the right. Step from one foot to the other. Move your hands to the top and shake them (you're adoring the sun).

## RoR Player

On <https://player.rhythms-of-resistance.org/>, you can find a player for all RoR tunes, where you can look at the tune sheets, listen to them, combine them in different ways, modify them, and even create your own tunes.

The player has two modes, which you can select on top of the screen. In "Listen" mode, you can listen and read a detailed description of each tune by selecting one from the list on the left (on mobile devices, click on the menu button on the top left first). By clicking on the pen symbol, you can see the notes of a tune or break while it is playing.

By clicking the dropdown with the Equalizer symbol, you can make specific instruments louder or quieter, adjust the playback speed, and add a whistle sound on the 1 or on each beat.

In "Compose" mode, you can modify tunes/breaks, compose your own ones, and listen to them in different combinations. On the right side, you can create a "song" (a sequence of tunes/breaks). For this, either click on the plus sign on a tune/break in the tune list, or you drag it into the song. If you drag it to the row of one instrument, only this instrument will play it, if you drag it into the "All" row that appears on the bottom of the song player, all instruments will play it. To change which instruments play a tune/break, either drag it around, or click on the hand to select the instruments, or use the resize handle in the bottom right of a tune/break block.

When you click on the pen (Edit) symbol on a tune/break, the tune sheet for that tune/break is opened. You can change the tune sheet, even while it is playing, by clicking in any place and selecting what kind of stroke the instrument should be playing there. You can also type the strokes on your keyboard (for example by pressing an X for a normal stroke), which is much faster when you want to modify a whole line.

You can create create your own tunes by clicking "New tune" in the bottom of the tune list. Any modifications that you make to existing tunes and any tunes that you create are saved in your browser, so when you restart your computer, they are still there, but to share them with other people, you need to click on "Tools" → "Share" to generate a link that contains your tunes. When opening a link that someone else sent you, use the "History" button on the top right to go back to the tunes/songs that you had created before.

## RoR Player

On <https://player.rhythms-of-resistance.org/>, you can find a player for all RoR tunes, where you can look at the tune sheets, listen to them, combine them in different ways, modify them, and even create your own tunes.

The player has two modes, which you can select on top of the screen. In "Listen" mode, you can listen and read a detailed description of each tune by selecting one from the list on the left (on mobile devices, click on the menu button on the top left first). By clicking on the pen symbol, you can see the notes of a tune or break while it is playing.

By clicking the dropdown with the Equalizer symbol, you can make specific instruments louder or quieter, adjust the playback speed, and add a whistle sound on the 1 or on each beat.

In "Compose" mode, you can modify tunes/breaks, compose your own ones, and listen to them in different combinations. On the right side, you can create a "song" (a sequence of tunes/breaks). For this, either click on the plus sign on a tune/break in the tune list, or you drag it into the song. If you drag it to the row of one instrument, only this instrument will play it, if you drag it into the "All" row that appears on the bottom of the song player, all instruments will play it. To change which instruments play a tune/break, either drag it around, or click on the hand to select the instruments, or use the resize handle in the bottom right of a tune/break block.

When you click on the pen (Edit) symbol on a tune/break, the tune sheet for that tune/break is opened. You can change the tune sheet, even while it is playing, by clicking in any place and selecting what kind of stroke the instrument should be playing there. You can also type the strokes on your keyboard (for example by pressing an X for a normal stroke), which is much faster when you want to modify a whole line.

You can create create your own tunes by clicking "New tune" in the bottom of the tune list. Any modifications that you make to existing tunes and any tunes that you create are saved in your browser, so when you restart your computer, they are still there, but to share them with other people, you need to click on "Tools" → "Share" to generate a link that contains your tunes. When opening a link that someone else sent you, use the "History" button on the top right to go back to the tunes/songs that you had created before.



## Dance 1

*Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary*

[illegible]

## Mirror

Hold your arms stretched out to your left, your hands at right angles to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

## Rainbow

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body :-)

## Pizza

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

## Tutu

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

## Aeroplane

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

## Define a boundary

Step to a side, each beat two steps. Hold the corresponding arm stretched out to the front. (Define the boundary.) Hide the other arm behind your back.

**Democracy Break**

*shout with your hands forming a funnel*

1	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E
4	This	is	what	demo	crazy	looks	like				
5	E	E	E	E	E	E	E	E	E	E	E
6	This	is	what	demo	crazy	looks	like				
7	E	E	E	E	E	E	E	E	E	E	E
8	This	is	what	demo	crazy	looks	like				
9	This	is	what	demo	crazy	looks	like				
10	This	is	what	demo	crazy	looks	like				
11	E	E	E	E	E	E	E	E	E	E	E

from soft to loud

**Laughter Break**

*fingers move up  
coners of your mouth*

ha ha ha ha ha ha ha ha ha ha ha ha	laugher
-------------------------------------	---------

*from high to low sound*

**Star Wars Break**

*Move flat hand from top to bottom of face*

1	ms			ms			ls			hs
2				ls	ms					

**Progressive Break**

*5 fingers and other hand grabbing thumb  
  
(can be inverted by showing the sign upside down)*

1	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E

**Progressive Karla**

*rabbit ears OR finger pistol,  
the other hand is grabbing the thumb*

1	E	E	E	E	E	E	E	E	E	E	E
2	E	E	E	E	E	E	E	E	E	E	E
3	E	E	E	E	E	E	E	E	E	E	E
4	E										

**Clave**

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

*Point your thumb and index finger up as if indicating a distance of about 10 cm between them*

**Clave inverted**

*Like "Clave", but with the two fingers pointing down*

				E	E	E	E
--	--	--	--	---	---	---	---

**yala Break**

*all fingertips of one hand gather and shake wrist*

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

**Dance Break**

E-	very	bó - dy	dance	now
----	------	---------	-------	-----

*Show a > with your index+middle finger and move it horizontally in front of your eyes.*

*After the break, everyone continues to play walking around dancing randomly for a while.*

**Hard Core Break**

*Point up the middle finger*

1	I	I	I	I	I	I	I	E	E
	E	I	I	I	I	I	I	E	E
	E	I	I	I	I	I	I	E	E
	E	I	I	I	I	I	I	E	E
2-4	E	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	E	E
	E	e	e	e	e	e	e	E	E

**3 x from soft to loud**

I = Agogó plays low    e = everyone play softly  
2<sup>nd</sup> time: everyone except Surdos  
4<sup>th</sup> time: Agogó plays high

**4 times from soft to loud**

*Hold one arm vertically in front of your body and move the other up along the arm*

*When any break or sequence of breaks is shown followed by this sign, it should be played 4 times, starting very quietly and getting louder each time.*

## Dance 1

*Mirror & Rainbow > Pizza > Tutu & Aeroplane > Boundary*

	1	2	3	4	5	6	7	8
1	Mr		Mr		Rl			
	Mr		Mr		Rl			
2	Pr		Pr		Pl		Pl	
	Pr		Pr		Pl		Pl	
3	Tr		Tr		Al			
	Tr		Tr		Al			
4	DBr	DBr	DBr	DBr	DBr	DBl	DBl	DBl
	DBr	DBr	DBr	DBr	DBr	DBl	DBl	DBl

## Mirror

Hold your arms stretched out to your left, your hands at right angles to your arms, the right hand on your left. Move the right hand to the front of your face. Look on it, it's a mirror!

## Rainbow

Turn 90° to the right. Draw a rainbow with your hands from the bottom over your head to the other side (starting point of mirror). You have to turn your body :-)

## Pizza

Hold your arms at your waist, palms up. Step to a side and move one hand, as if you'd deliver a pizza.

## Tutu

Hold your arms at your waist, palms down. Step to a side and move both hands, describing a tutu (skirt). (Similar to pizza)

## Aeroplane

Hold your arms like wings of an aeroplane. Twist your body to a side. Each beat a step.

## Define a boundary

**Define a boundary**  
Step to a side, each beat two steps. Hold the corresponding arm stretched out to the front. (Define the boundary.) Hide the other arm behind your back.

**Democracy Break** 1 E E E E E E E E E E E E E E E E  
 2 E E E E E E E E E E E E E E E E  
 3 This is what demo cracy looks like  
 4 E E E E E E E E E E E E E E E E  
 5 E E E E E E E E E E E E E E E E  
 6 This is what demo cracy looks like  
 7 E E E E E E E E E E E E E E E E  
 8 This is what demo cracy looks like  
 9 This is what demo cracy looks like  
 10 This is what demo cracy looks like  
 11 E E E E E E E E E E E E E E E E

from soft to loud

from soft to loud

**Laughing Break** ha ha ha ha ha ha ha ha ha ha ha ha ha ha ha ha laughter  
 fingers move up  
 cones of your mouth  
 from high to low sound

**Star Wars Break** 1 ms ms ms ms ms ms ms ms  
 2 ms ms ms ms ms ms ms ms  
 Move flat hand from top to bottom  
 of face

**Progressive Break** 1 E E E E E E E E E E E E E E E E  
 2 E E E E E E E E E E E E E E E E  
 3 E E E E E E E E E E E E E E E E  
 (can be inverted by showing the sign upside down)

**Progressive Karla** 1 E E E E E E E E E E E E E E E E  
 2 E E E E E E E E E E E E E E E E  
 3 E E E E E E E E E E E E E E E E  
 4 E E E E E E E E E E E E E E E E  
 rabbit ears OR finger pistol,  
 the other hand is grabbing  
 the thumb

**Clave** E E E E E E E E  
 Point your thumb and index finger up as if indicating a distance of about 10 cm between them

**Clave inverted** E E E E E E E E  
 Like "Clave", but with the two fingers pointing down

**Yala Break** E E E E E E E E  
 all fingertips of one hand gather and shake wrist

**Dance Break** E- very bo - dy dance now Everybody sings  
 Show a > with your index+middle finger and After the break, everyone continues to play  
 move it horizontally in front of your eyes. walking around dancing randomly for a while.

**Hard Core Break** 1 I I I I I I I I I E E  
 E I I I I I I I I E E  
 E I I I I I I I I E E  
 E I I I I I I I I E E  
 2-4 E e e e e e e e e  
 E e e e e e e e e  
 E e e e e e e e e  
 E e e e e e e e e  
 I = Agogo plays low e = everyone play softly  
 2<sup>nd</sup> time: everyone except Surdos  
 4<sup>th</sup> time: Agogo plays high

3 x from soft to loud

**4 times from soft to loud**  
 Hold one arm vertically in front of  
 your body and move the other  
 up along the arm

When any break or sequence of breaks is shown  
 followed by this sign, it should be played 4 times,  
 starting very quietly and getting louder each time.

Tamborim Stroke

Make a circle with your index finger and thumb, like “OK”

Play another instrument

Hold both hands in front of your face, and wave your arms to cross each other

Switch Call/Response

Point with both index fingers forward and wave your arms to cross each other.

In a loop

Hold one arm vertically in front of your body and make a wave over it with the other hand

Storming Break

show the arm as a measure with the other hand on elbow don't make a fist

Alerting / Magic Wand Break

show your flat hand and hit it with stick

Chaos Break

Point with index finger at temple

Again

Hit with flat hand on forehead

Improvisation

Point at your nose and at the sambista who can play freely

Everyone plays the line of the tamborim once

Show this sign followed by the sign of an instrument to make everyone play the line of that instrument.

Calling and responding instruments switch roles. Only works in Call+Response breaks, for example Wolf Break or Funk Break 1.

When any break or sequence of breaks is shown followed by this sign, it should be repeated continuously until the maestra instructs to play something else.

chosen instrument section plays sixteenthths with volume indicated by maestra if you can't stand it anymore: scream

Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.

Everyone plays something chaotic, getting louder and louder. No Counting in!

Repeat the last break (combination)

Show all others what they should do in the meantime, so the length of the impro part is defined

Notation

Call-Response

E Everybody  
S Surdos  
A All others

Surdos

0 damped with hand  
sil silent hit (with one hand resting on the skin)

Repinique

fl flare: multiple hit with rebounding stick  
hd hand hits the skin  
sil silent hit with one hand resting on the skin  
ri hit rim and skin at the same time or hit only the skin near the rim

Agogô

h high bell  
l low bell

tune sign : open and close the beak of a bird with your hands

Groove

Low+Mid Surdo

High Surdo

Repinique

Snare

Tamborim

Agogô

Shaker

Bra Break

Kick Back 1

Kick Back 2

Tamborim Stroke

Make a circle with your index finger and thumb, like “OK”

Play another instrument

Hold both hands in front of your face, and wave your arms to cross each other

Switch Call/Response

Point with both index fingers forward and wave your arms to cross each other.

In a loop

Hold one arm vertically in front of your body and make a wave over it with the other hand

Storming Break

show the arm as a measure with the other hand on elbow don't make a fist

Alerting / Magic Wand Break

show your flat hand and hit it with stick

Chaos Break

Point with index finger at temple

Again

Hit with flat hand on forehead

Improvisation

Point at your nose and at the sambista who can play freely

Everyone plays the line of the tamborim once

Show this sign followed by the sign of an instrument to make everyone play the line of that instrument.

Calling and responding instruments switch roles. Only works in Call+Response breaks, for example Wolf Break or Funk Break 1.

When any break or sequence of breaks is shown followed by this sign, it should be repeated continuously until the maestra instructs to play something else.

chosen instrument section plays sixteenthths with volume indicated by maestra if you can't stand it anymore: scream

Stop the Surdos. Give a sign for when the Surdos should hit once, by hitting the stick on the hand in the air. It's easier to follow if you paint a small loop in the air with your stick, just before hitting. Start with just one hit every four beats, then add more.

Everyone plays something chaotic, getting louder and louder. No Counting in!

Repeat the last break (combination)

Show all others what they should do in the meantime, so the length of the impro part is defined

Notation

Call-Response

E Everybody  
S Surdos  
A All others

Surdos

0 damped with hand  
sil silent hit (with one hand resting on the skin)

Repinique

fl flare: multiple hit with rebounding stick  
hd hand hits the skin  
sil silent hit with one hand resting on the skin  
ri hit rim and skin at the same time or hit only the skin near the rim

Agogô

h high bell  
l low bell

tune sign : open and close the beak of a bird with your hands

Groove

Low+Mid Surdo

High Surdo

Repinique

Snare

Tamborim

Agogô

Shaker

Bra Break

Kick Back 1

Kick Back 2



Xango

Groove

	1	2	3	4
Low Surdo	1	sil	x	x x
Mid Surdo		x		
High Surdo				x x x x
Repinique		x x x	x x x	x x x x
<i>if too hard play tamb. Part</i>				
Snare		x . . x . . .	x . x x . . .	
Tamborim	1	x	x	x
	2	x x		
Agogô		l h l	l l h l	

Intro  
building a tower with fists  
on top of each other,  
upwards

Everyone except surdos hits the rims											
ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	
repeat until cut											

Surdo Part of Intro  
flat hand on head

can be remembered by:  
start: 1 – 4 – 3 – 5  
then: 2 – 4 – 3 – 5 :||

1	S							S	S	S	
2	S							S	S	S	
3	S						S	S	S	S	
4	S								(S)		
not before before Boum Shakala Break repeat											

Boum Shakala Break  
Crossed fingers

1	S	E	E	E	S	E	E	E	S	E	
2	S	E	E	E	S	E	E	E	S	E	
3	S	E	E	E	S	E	E	E	S	E	
4	sn	.	.	sn	.	.	sn	sn	hs	hs	hs

Break 2

1	S	S	S		S	S	S	S	S	S	S
2	S	S	S		S	S	E	E	E		
3	S	S	S		S	S	S	S	S	S	S
4	S	S	S		S	S	E	E	E		
5	S	S	S		S	S	S	S	S	S	S
6	S	S	S		S	S	E	E	E	hs	hs

Xango

Groove

	1	2	3	4
Low Surdo	1	sil	x	x x
Mid Surdo		x		
High Surdo				x x x x
Repinique		x x x	x x x	x x x x
<i>if too hard play tamb. Part</i>				
Snare		x . . x . . .	x . x x . . .	
Tamborim	1	x	x	x
	2	x x		
Agogô		l h l	l l h l	

Intro  
building a tower with fists  
on top of each other,  
upwards

Everyone except surdos hits the rims											
ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	ri	
repeat until cut											

Surdo Part of Intro  
flat hand on head

can be remembered by:  
start: 1 – 4 – 3 – 5  
then: 2 – 4 – 3 – 5 :||

1	S							S	S	S	
2	S							S	S	S	
3	S						S	S	S	S	
4	S								(S)		
not before before Boum Shakala Break repeat											

Boum Shakala Break  
Crossed fingers

1	S	E	E	E	S	E	E	E	S	E	
2	S	E	E	E	S	E	E	E	S	E	
3	S	E	E	E	S	E	E	E	S	E	
4	sn	.	.	sn	.	.	sn	sn	hs	hs	hs

Break 2

1	S	S	S		S	S	S	S	S	S	S
2	S	S	S		S	S	E	E	E		
3	S	S	S		S	S	S	S	S	S	S
4	S	S	S		S	S	E	E	E		
5	S	S	S		S	S	S	S	S	S	S
6	S	S	S		S	S	E	E	E	hs	hs

## Afoxé

tune sign : 'shaving the armpit'

### Groove

Low Surdo  
Mid+High Surdo

Repinique

Snare

Tamborim

Agogô

### Break 1

### Break 2

### Break 3

### Bra Break

*pulling a bra*

1	2	3	4	5	6	7	8
sil 0	sil x	sil 0	sil x	sil 0	sil x	x x	x x
fl	hd sil	ri	hd sil	fl	hd sil	ri	sil
x .	. x	. x	. x	x .	. x	. x	. x
x x	x x	x x	x x	x x	x x	x x	x x
h h	l l	h h	l l	h h	l l	h h	l l

S	A	A	A	S	A	A	A	S	A	A	A	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

			S					S				S	S	S	S	S
--	--	--	---	--	--	--	--	---	--	--	--	---	---	---	---	---

S = Mid and high surdos, everybody else continues playing!

	S	S	S	S		S	S	S	S	S	S	S	S	S	S	S
--	---	---	---	---	--	---	---	---	---	---	---	---	---	---	---	---

S = Mid and high surdos, everybody else continues playing!

1	Ri	Ri	Ri	A	A	A	A	Ri	Ri	Ri	A	A	A	A	A	A
2	Ri	Ri	Ri	A	A	A	A	E	E	E	E	E	E	E	E	E

Ri = call by repinique

## Afoxé

tune sign : 'shaving the armpit'

### Groove

Low Surdo  
Mid+High Surdo

Repinique

Snare

Tamborim

Agogô

### Break 1

### Break 2

### Break 3

### Bra Break

*pulling a bra*

1	2	3	4	5	6	7	8
sil 0	sil x	sil 0	sil x	sil 0	sil x	x x	x x
fl	hd sil	ri	hd sil	fl	hd sil	ri	sil
x .	. x	. x	. x	x .	. x	. x	. x
x x	x x	x x	x x	x x	x x	x x	x x
h h	l l	h h	l l	h h	l l	h h	l l

S	A	A	A	S	A	A	A	S	A	A	A	E	E	E	E	E
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

			S					S				S	S	S	S	S
--	--	--	---	--	--	--	--	---	--	--	--	---	---	---	---	---

S = Mid and high surdos, everybody else continues playing!

	S	S	S	S		S	S	S	S	S	S	S	S	S	S	S
--	---	---	---	---	--	---	---	---	---	---	---	---	---	---	---	---

S = Mid and high surdos, everybody else continues playing!

1	Ri	Ri	Ri	A	A	A	A	Ri	Ri	Ri	A	A	A	A	A	A
2	Ri	Ri	Ri	A	A	A	A	E	E	E	E	E	E	E	E	E

Ri = call by repinique

## Voodoo

tune sign : aureole – make a circle around head with your index finger down

### Groove

Low Surdo  
Mid+High Surdo

Snare

Repinique

Tamborim

Agogô

1	2	3	4	5	6	7	8
1	sil	x .	x .	x .	x .	x .	x .
	sil	x sil	x sil	x sil	x sil	x sil	x sil
x .	. x	. x	. x	. x	. x	. x	. x
x x	x x	x x	x x	x x	x x	x x	x x
x x	x x	x x	x x	x x	x x	x x	x x
h h	l l	l l	h l	h l	l l	h l	l l

### Scissor Break

*Signed like scissors*

E	E	E	E	E	E	E	E
1	2	3	4	in my	un-	der-	pants

## Voodoo

tune sign : aureole – make a circle around head with your index finger down

### Groove

Low Surdo  
Mid+High Surdo

Snare

Repinique

Tamborim

Agogô

1	2	3	4	5	6	7	8
1	sil	x .	x .	x .	x .	x .	x .
	sil	x sil	x sil	x sil	x sil	x sil	x sil
x .	. x	. x	. x	. x	. x	. x	. x
x x	x x	x x	x x	x x	x x	x x	x x
x x	x x	x x	x x	x x	x x	x x	x x
h h	l l	l l	h l	h l	l l	h l	l l

### Scissor Break

*Signed like scissors*

E	E	E	E	E	E	E	E
1	2	3	4	in my	un-	der-	pants



**Bhangra**  
*this tune is a 6/8*

tune sign : folded hands, like praying

**Groove**

	1	2	3	4	5	6	7	8
All Surdos	1 x			x x	x x			x x
	2 x			x x		x		
Repinique	1 x	s x	s x	s x	s x	s x	x x	s
	2 x	s x	s x	s x	s x	x x	x x	
Snare	1 r	.	.	r	.	.	r	.
		.	.	.	.	.	.	.
Tamborim	x	x x	x x	x x	x x	x x	x x	x
Agogô	h	h						
Shaker	x	x	x	x	x	x	x	x

s = soft flare

**Break 1**

1	S	S	S	S	S	S	S	S
2	S	S	S	S	S	A	A	S
3	S	S	S	S	S	A	A	S
4	S	S	S	S	S	A	A	S

do	as	/	say,	you	old	fool,	dam	dam,	/	say
										say

**Walc(z)**  
*this tune is a 6/8*

tune sign : draw a triangle in the air with one hand

**Groove**

	1	2	3	4
Low Surdo				
Mid+High Surdo	x	x	x	x
Repinique	x	x	x	x
Snare	.	x	.	.
Tamborim	x	x	x	x
Agogô	l	h	l	h
Shaker	x	x	x	x

**Break 1**

E	E	E	E
ls	ls	ls	ms
ms	ms	ms	hs
hs	hs	hs	hs

**Break 2**

1	R	R	R	A	R	R	R	A
2	R	R	R	A	R	R	R	A

**Break 3**

1	S	S	S	A	S	S	E	A
2	S	S	S	A	S	E	E	E

**Break 5**

.	.	sn	.	sn	.	.	sn	.	E	E	E	E
---	---	----	---	----	---	---	----	---	---	---	---	---

**Cut-throat Break**

Sign like cutting your throat with a finger

S	.	A	A	S	A	A	S	A	A	.	.	.
---	---	---	---	---	---	---	---	---	---	---	---	---

**Cut-throat Break**

Fast

S	A	A	S	A	A	.	S	A	A	S	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---

**Bhangra**  
*this tune is a 6/8*

tune sign : folded hands, like praying

**Groove**

	1	2	3	4	5	6	7	8
All Surdos	1 x			x x	x x			x x
	2 x			x x		x		
Repinique	1 x	s x	s x	s x	s x	s x	x x	s
	2 x	s x	s x	s x	s x	x x	x x	
Snare	1 r	.	.	r	.	.	r	.
		.	.	.	.	.	.	.
Tamborim	x	x x	x x	x x	x x	x x	x x	x
Agogô	h	h						
Shaker	x	x	x	x	x	x	x	x

s = soft flare

**Break 1**

1	S	S	S	S	S	S	A	S
2	S	S	S	S	S	S	A	S
3	S	S	S	S	S	S	A	S
4	S	S	S	S	S	S	A	S

do	as	/	say,	you	old	fool,	dam	dam,	/	say
										say

**Walc(z)**  
*this tune is a 6/8*

tune sign : draw a triangle in the air with one hand

**Groove**

	1	2	3	4
Low Surdo				
Mid+High Surdo	x	x	x	x
Repinique	x	x	x	x
Snare	.	x	.	.
Tamborim	x	x	x	x
Agogô	l	h	l	h
Shaker	x	x	x	x

**Break 1**

E	E	E	E
ls	ls	ls	ms
ms	ms	ms	hs
hs	hs	hs	hs

**Break 2**

1	R	R	R	A	R	R	R	A
2	R	R	R	A	R	R	R	A

**Break 3**

1	S	S	S	A	S	S	E	A
2	S	S	S	A	S	E	E	E

**Break 5**

.	.	sn	.	sn	.	.	sn	.	E	E	E	E
---	---	----	---	----	---	---	----	---	---	---	---	---

**Cut-throat Break**

Sign like cutting your throat with a finger

S	.	A	A	S	A	A	S	A	A	.	.	.
---	---	---	---	---	---	---	---	---	---	---	---	---

**Cut-throat Break**

Fast

S	A	A	S	A	A	.	S	A	A	S	A	A
---	---	---	---	---	---	---	---	---	---	---	---	---

# Tequila

tune sign: Shake salt onto your hand

## Groove

[illegible]

(0) = Can be played optionally to make the rhythm easier to understand

$$(0) = \text{Ca}$$

## Break 1

					h	Tequila!	(ls)
--	--	--	--	--	---	----------	------

## Break 2

Surdos start with 3 upbeats before the 1									
hs	ms	hs	ms	hs	ms	hs	ms	hs	ms
hs	.	.	.	.	.	.	.	.	.
hs	.	.	.	.	.	.	.	.	.

= Staker

. = Shaker

## Bra Break

*pulling a bra*

$R_i$	$R_i$	$A$	$R_i$	$R_i$	$R_i$	$A$
-------	-------	-----	-------	-------	-------	-----

Repeat 3 times Ri = call by repinique

# Tequila

tune sign: Shake salt onto your hand

## Groove

[illegible]

(9) = Can be played optionally to make the rhythm easier to understand

(O)

**Break 1**

				h
				Tequila!
				(s)

## Break 2

Surdos start with 3 upbeats before the 1									
hs					ms				ms
	.	.	.	.	.	ms			ms
hs					ms				ms
	.	.	.	.	.	.	.	.	.

= Shaker

. = Shaker

## Bra Break

*pulling a bra*

Ri	Ri	A	Ri	Ri	Ri	A
----	----	---	----	----	----	---

Repeat 3 times  
Ri = call by repinique

## Break 2

	pa -	pa - dam.	pa - dam pa-	pa - dam right	now --- now.	i	want
1	E	E	E	E	E	sn	sn
2	E	E	E	E	E	sn	sn
3	E	E	E	E	E	sn	sn
4	E	E	E	E	E	sn	sn

### Break 3

[illegible]

## Bra Break

[illegible]

R = Repinique

*from soft to loud*  
eh: shout

## Break 2

[illegible]

### Break 3

		E	E	E	E	E	E	1
--	--	---	---	---	---	---	---	---

## Bra Break

[illegible]

R = Repinique

*from soft to loud*  
eh: shout

# Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove							
1	2	3	4	5	6	7	8
1	x						
Low Surdo							
Mid Surdo							
High Surdo							
Repinique							
Snare							
Tamborim							
Agogô							
alnerative							
Shaker							

## Break 1

A = all others except agogô  
E = everyone  
ms = Mid Surdo

1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1
3	1	1	1	1	1	1	1
4	E	E	E	E	E	E	E

(x) = variations [ ] = triplet

# Crazy Monkey

Sign: scratch your head and your armpit at the same time like a monkey

Groove							
1	2	3	4	5	6	7	8
1	x						
Low Surdo							
Mid Surdo							
High Surdo							
Repinique							
Snare							
Tamborim							
Agogô							
alnerative							
Shaker							

## Break 1

A = all others except agogô  
E = everyone  
ms = Mid Surdo

1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1
3	1	1	1	1	1	1	1
4	E	E	E	E	E	E	E

(x) = variations [ ] = triplet

## Sheffield Samba Reggae

tune sign : smoke a joint like a cup of tea (with thumb and index finger)

Groove							
1	2	3	4	5	6	7	8
1	x						
Low Surdo							
Mid Surdo							
High Surdo							
Repinique							
Snare							
Tamborim							
Agogô							
Bra Break							
Intro							
Break 1							
Break 2							
Break 3							
Whistle Break							
Point to whistle							
Outro							
Fist like "Stop playing", with thumb sticking out							



Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
Low+Mid surdo	x	0	x	0	x	0	x	0
High surdo		0						
Repinique		x	x	x	x	x	x	x
Snare/Shakers		x						
Tamborim		x	x	x	x	x	x	x
Agogô	h	h	h	h	h	h	h	h

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat  
Make sure the high and low surdos fit together well, playing the offbeat with the left hand makes this easier.

Everyone together, ... start soft and go louder!  
(from loud to soft if 1 is shown upside down)

c = call by maestro (on repinique or snare)  
A = All others answer

sign 'X' with the arms, waving towards the sky

high surdo	0	0	0	0	0	0	0	0
low surdo	x	x	x	x	x	x	x	x

Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
Low+Mid surdo	x	0	x	0	x	0	x	0
High surdo		0						
Repinique		x	x	x	x	x	x	x
Snare/Shakers		x						
Tamborim		x	x	x	x	x	x	x
Agogô	h	h	h	h	h	h	h	h

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat  
Make sure the high and low surdos fit together well, playing the offbeat with the left hand makes this easier.

Everyone together, ... start soft and go louder!  
(from loud to soft if 1 is shown upside down)

c = call by maestro (on repinique or snare)  
A = All others answer

sign 'X' with the arms, waving towards the sky

high surdo	0	0	0	0	0	0	0	0
low surdo	x	x	x	x	x	x	x	x

Cochabamba

tune sign : drink from a cup formed with one hand

Groove	1	2	3	4	5	6	7	8
Low+Mid surdo	x	0	x	0	x	0	x	0
High surdo		0						
Repinique		x	x	x	x	x	x	x
Snare/Shakers		x						
Tamborim		x	x	x	x	x	x	x
Agogô	h	h	h	h	h	h	h	h

= clicking bells together

Make sure the off beat (2 and 4) is always very clear. The snares have to exaggerate this off beat  
Make sure the high and low surdos fit together well, playing the offbeat with the left hand makes this easier.

Everyone together, ... start soft and go louder!  
(from loud to soft if 1 is shown upside down)

c = call by maestro (on repinique or snare)  
A = All others answer

sign 'X' with the arms, waving towards the sky

high surdo	0	0	0	0	0	0	0	0
low surdo	x	x	x	x	x	x	x	x

Break 3

fl = flare on repinique  
R = hit on repinique

T+h = Tamborin + high agogô bell

snare continues playing this trough the break									
1	sn	.	.	.	sn	.	.	sn	.
2	S	.	.	S	S	.	.	S	.
3	A	.	.	A	.	.	.	A	.
4	S	.	.	S	S	.	.	S	.
5	A	.	.	A	.	.	.	A	.
6	S	.	.	S	S	.	.	S	.
7	S	.	.	S	S	.	.	R	.
8	S	.	.	S	S	.	.	T+h	.

hs = high surdo picks up

SOS Break

signed by waving  
the palms diagonal  
across one shoulder

1	S	.	.	A	A	.	.	A	A
2	S	.	.	A	A	.	.	A	A
3	S	.	.	A	A	.	.	A	A
4	S	.	.	A	A	.	.	A	A

ls = low surdo picks up

after which the repinique picks up this rhythm and plays in the tune:

.	x	x	.	x	x	.	.	x	.
.	.	.	.	.	.	.	.	.	.
.	.	.	.	.	.	.	.	.	.

... until next time the SOS break is played. Then it goes back to:

.	x	x	.	.	.	.	.	.	.
.	.	.	.	.	.	.	.	.	.
.	.	.	.	.	.	.	.	.	.

Knock on the door Break

knock with the knuckles of your  
right hand on your flat left hand

last run: repis plays this →

snare continues playing this or the rhythm of Bra Break									
1	E	.	.	sn	sn	.	.	sn	sn
2	sn	.	.	sn	sn	.	.	sn	sn
3	E	.	.	E	sn	.	.	sn	sn
4	sn	.	.	sn	sn	.	.	sn	sn
5	E	.	.	sn	sn	.	.	sn	sn
6	sn	.	.	sn	sn	.	.	sn	sn
7	R	.	.	R	R	.	.	R	R
8	R	.	.	R	R	.	.	R	R

repeat until cut

Dancing Break

sign by showing the dance:  
arms down to the right, and  
to the left – then arms up to  
the right, and left .. and go!  
(start down right)

The players wo don't play dance (see left)

1-7	S	.	.	S	.	.	S	S	.
2-6	A	.	.	A	.	.	A	A	.
8	A	.	.	A	.	.	A	A	.

ls = low surdo picks up



Samba Reggae

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare

Tamborim

Agogô

Bra Break

R = hit on repinique  
fl = flare on repinique  
T = Tamborim

Clave

Break 1

Break 2

Samba Reggae

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare

Tamborim

Agogô

Bra Break

R = hit on repinique  
fl = flare on repinique  
T = Tamborim

Clave

Break 1

Break 2

Custard

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare

Tamborim

Agogô

Break 1

Break 2

Break 3  
+ instr. sign  
that continues

Break 5

Singing Break

Signed as Break 1,  
with a lot of  
blabla...

Custard

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare

Tamborim

Agogô

Break 1

Break 2

Break 3  
+ instr. sign  
that continues

Break 5

Singing Break

Signed as Break 1,  
with a lot of  
blabla...



Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x				x
Mid Surdo	x	x	x	x				x
High Surdo					x			
Repinique		x	x	fl		fl		
Snare								
Tamborim	1	x	x	x	x	x	x	
	2	x	x	x	x	x	x	
Agogô								

Oh

Shift

Fuck

Off

sign: two little fingers show horns of taurus

sign: one litte finger

Rope Skipping

sign with both hands a rotating rope and jump up and down

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x				x
Mid Surdo	x	x	x	x				x
High Surdo					x			
Repinique		x	x	fl		fl		
Snare								
Tamborim	1	x	x	x	x	x	x	
	2	x	x	x	x	x	x	
Agogô								

Oh

Shift

Fuck

Off

sign: two little fingers show horns of taurus

sign: one litte finger

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x				
Mid Surdo	x	x	x	x				
High Surdo								
Repinique		x	ri	x	fl	x	ri	
Snare								
Tamborim	x	x						
Agogô								

Break 1

1 E | E | E | E |  |  |  |

Break 2

1 S | A | S | A | S | A | E | E | E | E |

Drunken Sailor

tune sign: build an eyepatch with one hand in front of your eye

Groove

	1	2	3	4	5	6	7	8
Low Surdo	x	x	x	x				
Mid Surdo	x	x	x	x				
High Surdo								
Repinique		x	ri	x	fl	x	ri	
Snare								
Tamborim	x	x						
Agogô								

Break 1

1 E | E | E | E |  |  |  |

Break 2

1 S | A | S | A | S | A | E | E | E | E |

White Shark

1	S	A		S	A	S	A	S	A		
2	S	A	S	A	S	A	S	A	S	A	
3											
4	S	A	S	A	S	A	S	A	S	A	

White Shark

simulating a shark fin

1	S	A		S	A	S	A	S	A		
2	S	A	S	A	S	A	S	A	S	A	
3											
4	S	A	S	A	S	A	S	A	S	A	



Orangutan

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare

Tamborim

Agogô

tune sign : monkey, both hands in armpits

1	2	3	4
x	x x	x x	x x
x	ri ri	ri ri	ri ri
.	x x	x x	x x
.	x x	x x	x x
l	h	h	h

Funky gibbon  
Upside down  
'3 creature'

1  
2  
3  
4  
1-4  
1-4

S	S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S	S
.	sn	.	.	sn	.	.	sn	.	.
ri	.	.	.	ri	.	.	ri	.	.

ri = Everyone else hits the rim

Monkey Break  
One hand in armpit

oo	E	E	E	E	oo	E	E	E	E
----	---	---	---	---	----	---	---	---	---

oo = Shout Ook!

Break 2

S	A	A	S	A	A	A	A	S	A
---	---	---	---	---	---	---	---	---	---

Speaking Break

--	--	--	--	--	--	--	--	--	--

Make monkey noises

Hafila

Sign: spread arms and shake your shoulders and hips

1	2	3	4	5	6	7	8
x	x	x	x	x	x	x	x
ri	x	ri	x	ri	x	ri	x
.	.	.	.	.	.	.	.
.	.	.	.	.	.	.	.
x	x	x	x	x	x	x	x
l	h	l	h	l	h	l	h

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare  
easier

Tamborim

Agogô

Yala Break

all fingertips of one hand gather and shake wrist

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Kick Back 1

repeat until cut

ag = Agogô, switch low and high every two bars

S	A	A	A	S	A	A	A
ag	ag	ag	ag	ag	ag	ag	ag

Kick Back 2

S	A	A	A	S	A	A	A
sn	sn	sn	sn	sn	sn	sn	sn

. = Snare playing silent note

Break 3

sn	sn	sn	sn	A	A	sn	sn	sn	sn
----	----	----	----	---	---	----	----	----	----

Hook Break

two fingers

hooked together

S	S	A	A	S	A	A	A	S	A
S	A	A	S	A	A	S	A	A	S

Orangutan

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare

Tamborim

Agogô

tune sign : monkey, both hands in armpits

1	2	3	4
x	x x	x x	x x
x	ri ri	ri ri	ri ri
.	x x	x x	x x
.	x x	x x	x x
l	h	h	h

Funky gibbon  
Upside down  
'3 creature'

1  
2  
3  
4  
1-4  
1-4

S	S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S	S
.	sn	.	.	sn	.	.	sn	.	.
ri	.	.	.	ri	.	.	ri	.	.

ri = Everyone else hits the rim

Monkey Break  
One hand in armpit

oo	E	E	E	E	oo	E	E	E	E
----	---	---	---	---	----	---	---	---	---

oo = Shout Ook!

Break 2

S	A	A	S	A	A	A	A	S	A
---	---	---	---	---	---	---	---	---	---

Speaking Break

--	--	--	--	--	--	--	--	--	--

Make monkey noises

Hafila

Sign: spread arms and shake your shoulders and hips

1	2	3	4	5	6	7	8
x	x	x	x	x	x	x	x
ri	x	ri	x	ri	x	ri	x
.	.	.	.	.	.	.	.
.	.	.	.	.	.	.	.
x	x	x	x	x	x	x	x
l	h	l	h	l	h	l	h

Groove

Low Surdo  
Mid Surdo  
High Surdo

Repinique

Snare  
easier

Tamborim

Agogô

Yala Break

all fingertips of one hand gather and shake wrist

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Kick Back 1

repeat until cut

ag = Agogô, switch low and high every two bars

S	A	A	A	S	A	A	A
ag	ag	ag	ag	ag	ag	ag	ag

Kick Back 2

S	A	A	A	S	A	A	A
sn	sn	sn	sn	sn	sn	sn	sn

. = Snare playing silent note

Break 3

sn	sn	sn	sn	A	A	sn	sn	sn	sn
----	----	----	----	---	---	----	----	----	----

Hook Break

two fingers

hooked together

S	S	A	A	S	A	A	A	S	A
S	A	A	S	A	A	S	A	A	S

## Hedgehog

tune sign : spiky fingers on the head

Groove									
	1	2	3	4	5	6	7	8	
Low Surdo	1	sil	X	X	sil	X	X	X	X
Mid Surdo		X	X	X	X	X	X	X	X
High Surdo									
Repinique		X	X	X	X	X	ri	ri	X
Snare		X	.	X	.	X	.	X	.
Tamborim		X	X	X	X	X	X	X	X
Agogô		l	h	l	h	h	l	l	h
others continue playing									
1	count in from here				S	S	S	S	
Break 1									
call something else here									
1	count in from here				E		H	e d g e h o g	
Hedgehog Call									
Hedgehog Tune sign									

## Hedgehog

tune sign : spiky fingers on the head

Groove									
	1	2	3	4	5	6	7	8	
Low Surdo	1	sil	X	X	sil	X	X	X	X
Mid Surdo		X	X	X	X	X	X	X	X
High Surdo		X	X	X	X	X	X	X	X
Repinique		ri	X	X	ri	X	ri	ri	X
Snare		X	.	X	.	X	.	X	.
Tamborim		X	X	X	X	X	X	X	X
Agogô		h	h	h	h	h	h	h	h
others continue playing									
Break 1	1	count in from here				S	S	S	S
call something else here									
Hedgehog Call	1	count in from here				E		H	e d g e h o g
Hedgehog Tune sign									

## Nova Balança

tune sign: fists before breast, open hands and arms

Groove		1	2	3	4
Low Surdo		x			x
Mid Surdo			x		
High Surdo			x		
Repinique	x		x		x
Snare	.	.	.	.	.
Tamborim	x	x	x	x	x
Agogô	l	h	l	h	l
Bra Break					
Intro					
sn	sn	sn	sn	sn	sn
sn	sn	sn	sn	sn	sn
sn	sn	sn	sn	sn	sn
sn	sn	sn	sn	sn	sn
> from soft to loud!					
Break 1	E	E	E	E	E
Break 2					
S	E	S	E	S	E

## Nova Balança

tune sign: fists before breast, open hands and arms

Groove		1	2	3	4
Low Surdo		x			x
Mid Surdo			x		
High Surdo			x		
Repinique	x		x		x
Snare	.	.	.	.	.
Tamborim	x	x	x	x	x
Agogô	l	h	l	h	l
Bra Break					
Intro					
sn	sn	sn	sn	sn	sn
sn	sn	sn	sn	sn	sn
sn	sn	sn	sn	sn	sn
sn	sn	sn	sn	sn	sn
> from soft to loud!					
Break 1	E	E	E	E	E
Break 2					
S	E	S	E	S	E

## No Border Bossa

Sign: interlock your hands like a fence and then open it

Groove		1	2	3	4	5	6	7	8
All Surdos <i>Hand resting on skin</i>	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Hand resting on skin	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Repinique	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Snare	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Tamborim	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Agogô	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.

Surdos: only 1 Stick in one hand; h = other hand hits skin

Break 1		E	E	E	E	E	E	E	E
Break 2		sil	sil	sil	sil	sil	sil	sil	sil
Break 2*		sil	sil	sil	sil	sil	sil	sil	sil
Bra Break		R	R	R	R	R	R	R	R

## No Border Bossa

Sign: interlock your hands like a fence and then open it

Groove		1	2	3	4	5	6	7	8
All Surdos <i>Hand resting on skin</i>	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Hand resting on skin	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Repinique	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Snare	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Tamborim	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.
Agogô	1 sil	sil	h	x	x	h	x	x	h
	2 .	.	.	x	x	.	.	.	.

Surdos: only 1 Stick in one hand; h = other hand hits skin

Break 1		E	E	E	E	E	E	E	E
Break 2		sil	sil	sil	sil	sil	sil	sil	sil
Break 2*		sil	sil	sil	sil	sil	sil	sil	sil
Bra Break		R	R	R	R	R	R	R	R

## Karla Shnikov

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove		1	2	3	4
All Surdos	1-3	x	0	x x	0
	4	x	0	x x	x
Repinique	1	x	x	x	x
	2	.	.	.	.
Snare	1	.	.	.	.
	2	.	.	.	.
Tamborim	1	.	.	.	.
	2	.	.	.	.
Agogô	1	l	h	l	h
	2	l	h	l	h
>from soft to loud		1	2	3	4
Karla Break	1	E E E E	E E E E	E E E E	E E E E
	2	E E E E	E E E E	E E E E	E E E E
Break 2	1	E E E E	E E E E	E E E E	E E E E
	2	E E E E	E E E E	E E E E	E E E E
Break 2 inverted	1	E E E E	E E E E	E E E E	E E E E
	2	E E E E	E E E E	E E E E	E E E E

## Karla Shnikov

tune sign : move index+middle finger like rabbit ears and cover other fingers with other hand OR point with finger pistol to head

Groove		1	2	3	4
All Surdos	1-3	x	0	x x	0
	4	x	0	x x	x
Repinique	1	x	x	x	x
	2	.	.	.	.
Snare	1	.	.	.	.
	2	.	.	.	.
Tamborim	1	.	.	.	.
	2	.	.	.	.
Agogô	1	l	h	l	h
	2	l	h	l	h
>from soft to loud		1	2	3	4
Karla Break	1	E E E E	E E E E	E E E E	E E E E
	2	E E E E	E E E E	E E E E	E E E E
Break 2	1	E E E E	E E E E	E E E E	E E E E
	2	E E E E	E E E E	E E E E	E E E E
Break 2 inverted	1	E E E E	E E E E	E E E E	E E E E
	2	E E E E	E E E E	E E E E	E E E E

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

1	2	3	4	5	6	7	8
x			sil	x		x	sil
			sil			x	x
x			sil			x	x
ri	ri	x					
			sil			x	hd
x	.	x	x	.	x	hd	r
						x	x
x	.	x	x	.	x	x	.
x	x	x	x				
l	h				h		

[ ] = triplet

Break 1

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Break 2

l	h						
l	h	l	l	h	l	l	l

1-3  
4

Double Break

Make a T with both hands

Low Surdo
Mid Surdo
High Surdo
Agogô

x	hd	x	x	hd	x	x	hd	x
	sil		x		sil	x		x
x	sil			x	sil		x	x
l	h	l	l	l	h	l	l	h

Like the groove, but double speed.  
Everyone else continues playing normally.

Kick Back 1

Surdos
Agogô
All others

x		x				x	x	x
l	h	l	h	l	h			
	x					x		

repeat until cut

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

Surdos
All others

ri	ri	ri	ri	ri	ri	ri	ri	ri
	si		hd			si		hd

Menaiek

tune sign : put three fingers on your other upper arm (like covering a police badge)

Groove

1	2	3	4	5	6	7	8
x			sil	x		x	sil
			sil			x	x
x			sil			x	x
ri	ri	x					
			sil			x	hd
x	.	x	x	.	x	hd	r
						x	x
x	.	x	x	.	x	x	.
x	x	x	x				
l	h				h		

[ ] = triplet

Break 1

E	E	E	E	E	E	E	E
---	---	---	---	---	---	---	---

Break 2

l	h						
l	h	l	l	h	l	l	l

1-3  
4

Double Break

Make a T with both hands

Low Surdo
Mid Surdo
High Surdo
Agogô

x	hd	x	x	hd	x	x	hd	x
	sil		x		sil	x		x
x	sil			x	sil		x	x
l	h	l	l	l	h	l	l	h

Like the groove, but double speed.  
Everyone else continues playing normally.

Kick Back 1

Surdos
Agogô
All others

x		x				x	x	x
l	h	l	h	l	h			
	x					x		

repeat until cut

Mozambique Break

Point both index fingers away from mouth (like bug antennas)

Surdos
All others

ri	ri	ri	ri	ri	ri	ri	ri	ri
	si		hd			si		hd