Heritage Cultural Patterns Individual: Newcomer Formal Informal **Physical** Migration related General - norms - laws - food - gender - reason for migration - values - fashion - history - migration status - age - language - beliefs - art - personality - age of migration - ... **Individual Acculturation Situation / Life Domain Experience over Time** spirituality/religion family/home/romanitic desire health/care administr./legal matters entertainment/media affect — cognition work/money/finances education/school transport/travel recreation/sport/art/friends behavior community/politics **Individual: Local** Informal **Physical** Formal - norms - food - laws Migration related General - values - fashion - gender - migration attitude - history - language - beliefs - art - stereotypes - contact history - personality **Local Cultural Patterns**

Acculturation Condition [ABCD before contact¹]

Anticipated Behaviors

- dress code
- communication style

Anticipated Cognitions

- cultural values
- social identities

Anticipated Affects

- intergroup anxiety
- contempt

Anticipated Desires

- humility virtue
- justice duty

Acculturation Response [ABCD during contact²]

Behaviors

- language use
- social withdrawal

Cognitions

- interaction quality
- ethnic identification

Affects

- enjoyment
- apprehension

Desires

- academic goals
- acceptance wish

Acculturation Outcome [ABCD after contact]

Behaviors

- political activism
- work performance

Cognitions

- satisfaction with life
- self-esteem

Affects

- distress
- feeling at home

Desires

- belongingness
- competence

Presence of Difference:

Is contact possible?

Is there contact?

Is there a cultural difference?

Is there an awareness of the difference?

Is the difference situationally relevant?

Evaluation of Difference:

Adverse consequences of adapting?
Benefitial consequences of adapting?
Adverse consequences of maintaining?
Benefitial consequences of maintaining?
Is difference perceived as problematic?
Is the difference perceived as just?
Sufficient self-efficacy?
Sufficient outcome-expectancy?

External Affordances:

Is there a possibility not to change?
Is there a possibility to change?
Support to attain desired outcome?
Possibility to ignore the difference?
Possibility to focus on a different issue?
Possibility to compensate the difference?

Conditions of Stress vs. Adaptation:

Is difference perceived as incompatible?
Is the desired outcome possible?
Is the desired outcome attained?
Are there adverse consequences?
Sufficient resources to deal with challenge?

Notes:

- ¹ Normative affects, behaviors, cognitions, and desires of all relevant cultural patterns (e.g., heritage and local).
- ² Contact can be with a member of the other group but also with media, societal institutions, or cultural products.