

Heritage Cultural Patterns

Formal	Informal	Physical
- laws	- norms	- food
- history	- values	- fashion
- language	- beliefs	- art
- ...	- ...	- ...

Situation / Life Domain

private/micro ↑ ↓ public/macro	spirituality/religion
	family/home/romantic
	health/care
	administr./legal matters
	entertainment/media
	work/money/finances
	education/school
	transport/travel
	recreation/sport/art/friends
	community/politics

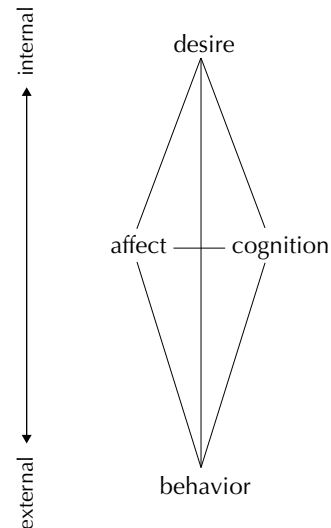
Formal	Informal	Physical
- laws	- norms	- food
- history	- values	- fashion
- language	- beliefs	- art
- ...	- ...	- ...

Local Cultural Patterns

Individual: Newcomer

General	Migration related
- gender	- reason for migration
- age	- migration status
- personality	- age of migration
- ...	- ...

Individual Acculturation Experience over Time



Individual: Local

General	Migration related
- gender	- migration attitude
- age	- stereotypes
- personality	- contact history
- ...	- ...

Acculturation Condition [ABCD before contact¹]

Anticipated Behaviors
- dress code
- communication style

Anticipated Cognitions
- cultural values
- social identities

Anticipated Affects
- intergroup anxiety
- contempt

Anticipated Desires
- humility virtue
- justice duty

Acculturation Response [ABCD during contact²]

Behaviors
- language use
- social withdrawal

Cognitions
- interaction quality
- ethnic identification

Affects
- enjoyment
- apprehension

Desires
- academic goals
- acceptance wish

Acculturation Outcome [ABCD after contact]

Behaviors
- political activism
- work performance

Cognitions
- satisfaction with life
- self-esteem

Affects
- distress
- feeling at home

Desires
- belongingness
- competence

Presence of Difference:

Is contact possible?
Is there contact?
Is there a cultural difference?
Is there an awareness of the difference?
Is the difference situationally relevant?

Evaluation of Difference:

Adverse consequences of adapting?
Beneficial consequences of adapting?
Adverse consequences of maintaining?
Beneficial consequences of maintaining?
Is difference perceived as problematic?
Is the difference perceived as just?
Sufficient self-efficacy?
Sufficient outcome-expectancy?

External Affordances:

Is there a possibility not to change?
Is there a possibility to change?
Support to attain desired outcome?
Possibility to ignore the difference?
Possibility to focus on a different issue?
Possibility to compensate the difference?

Conditions of Stress vs. Adaptation:

Is difference perceived as incompatible?
Is the desired outcome possible?
Is the desired outcome attained?
Are there adverse consequences?
Sufficient resources to deal with challenge?

Notes:

¹ Normative affects, behaviors, cognitions, and desires of all relevant cultural patterns (e.g., heritage and local).

² Contact can be with a member of the other group but also with media, societal institutions, or cultural products.