Culture of Origin

Formal
- laws
- history
- language
- ...

Informal
- norms
- values
- beliefs
- ...

Physical
- food
- fashion
- art
- ...

Individual: Newcomer

General
- gender
- age
- personality
- ...

Migration related
- reason for migration
- migration status
- age of migration
- ...

Situation / Life Domain

private/micro

spirituality/religion

family/home/romanitic

health/care

administr./legal matters

entertainment/media

work/ money/finances

education/school

transport/travel

recreation/sport/art/friends

community/politics

public/macro

Individual Acculturation Experience over Time

internal

desire

affect —— cognition

behavior

external

Culture of Majority

Formal
- laws
- history
- language
- ...

Informal
- norms
- values
- beliefs
- ...

Physical
- food
- fashion
- art
- ...

Individual: Majority

General
- gender
- age
- personality
- ...

Migration related
- migration attitude
- stereotypes
- contact history
- ...

Acculturation Condition
[Normative ABCD[1]]

Accepted Behaviors
- dress code
- communication style

Accepted Cognitions
- cultural values
- social identities

Accepted Affects
- intergroup anxiety
- contempt

Accepted Desires
- humility virtue
- justice duty

Acculturation Response
[ABCD during contact[2]]

Behaviors
- language use
- social withdrawal

Cognitions
- interaction quality
- ethnic identification

Affects
- enjoyment
- apprehension

Desires
- academic goals
- acceptance wish

Acculturation Outcome
[ABCD after contact]

Behaviors
- political activism
- work performance

Cognitions
- satisfaction with life
- self-esteem

Affects
- distress
- feeling at home

Desires
- belongingness
- competence

Presence of Difference:
Is contact possible?
Is there contact?
Is there a cultural difference?
Is there an awareness of the difference?
Is the difference situationally relevant?

External Affordances:
Is there a possibility not to change?
Is there a possibility to change?
Support to attain desired outcome?
Possibility to ignore the difference?
Possibility to focus on a different issue?
Possibility to compensate the difference?

Evaluation of Difference:
Adverse consequences of adapting?
Benefitial consequences of adapting?
Adverse consequences of maintaining?
Benefitial consequences of maintaining?
Is difference perceived as problematic?
Is the difference perceived as just?
Sufficient self-efficacy?
Sufficient outcome-expectancy?

Conditions of Stress vs. Adaptation:
Is difference perceived as incompatible?
Is the desired outcome possible?
Is the desired outcome attained?
Adverse consequences?
Sufficient resources to deal with challenge?

Notes:
[1] Normative affects, behaviors, cognitions, and desires of all relevant cultural groups (e.g., origin and local majority).

[2] Contact can be with a member of the other group but also with media, societal institutions, or cultural products.