



gitSwole

GROUP 10

gitSwole

Group Members:

- ▶ Nick Amaya
- ▶ Jared Allmaras
- ▶ Nathan Mosley

gitSwole

Application Description:

gitSwole is a sleek, simple weightlifting oriented fitness app that provides everything a weightlifting or fitness enthusiast may need. With premade workouts and meal plans and a goal oriented approach to fitness, gitSwole helps the serious weightlifter bulk up or shred down.

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Target Audience:

gitSwole is intended to capture the young adult weightlifting and bodybuilding market. While current popular fitness apps attract casual fitness users, gitSwole is designed with the weightlifting enthusiasts in mind.

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Application Functionality:

- ▶ Choose from premade workouts and meal plans
- ▶ Create and customize workouts and meal plans*
- ▶ Track specific exercises during a workout
- ▶ Track progress towards a goal weight
- ▶ Open links to workout playlists via Spotify*

* Not fully implemented in current build

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Application Challenges Experienced:

- ▶ Adding Spotify functionality
- ▶ Sharing user-created workouts and meal plans to other users

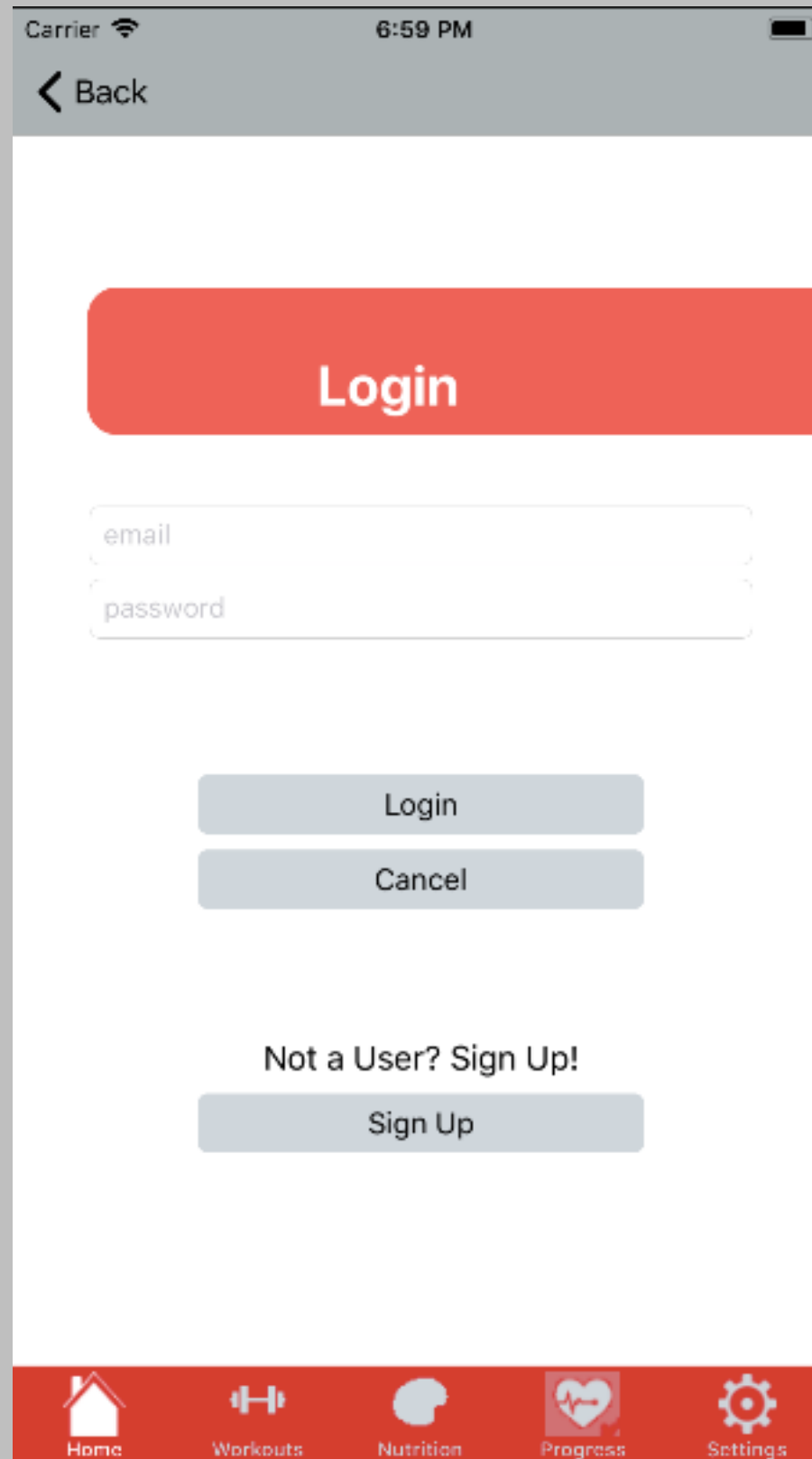
gitSwole



Group Member Contributions:

- ▶ Nick Amaya
 - ▶ Firebase backend support
 - ▶ User authentication and home page
- ▶ Jared Allmaras
 - ▶ Navigation of app
 - ▶ Spotify framework
- ▶ Nathan Mosley
 - ▶ Structure of app
 - ▶ Workouts and Nutrition

gitSwole login



Carrier 6:59 PM

< Back

Login

email

password

Login

Cancel

Not a User? Sign Up!

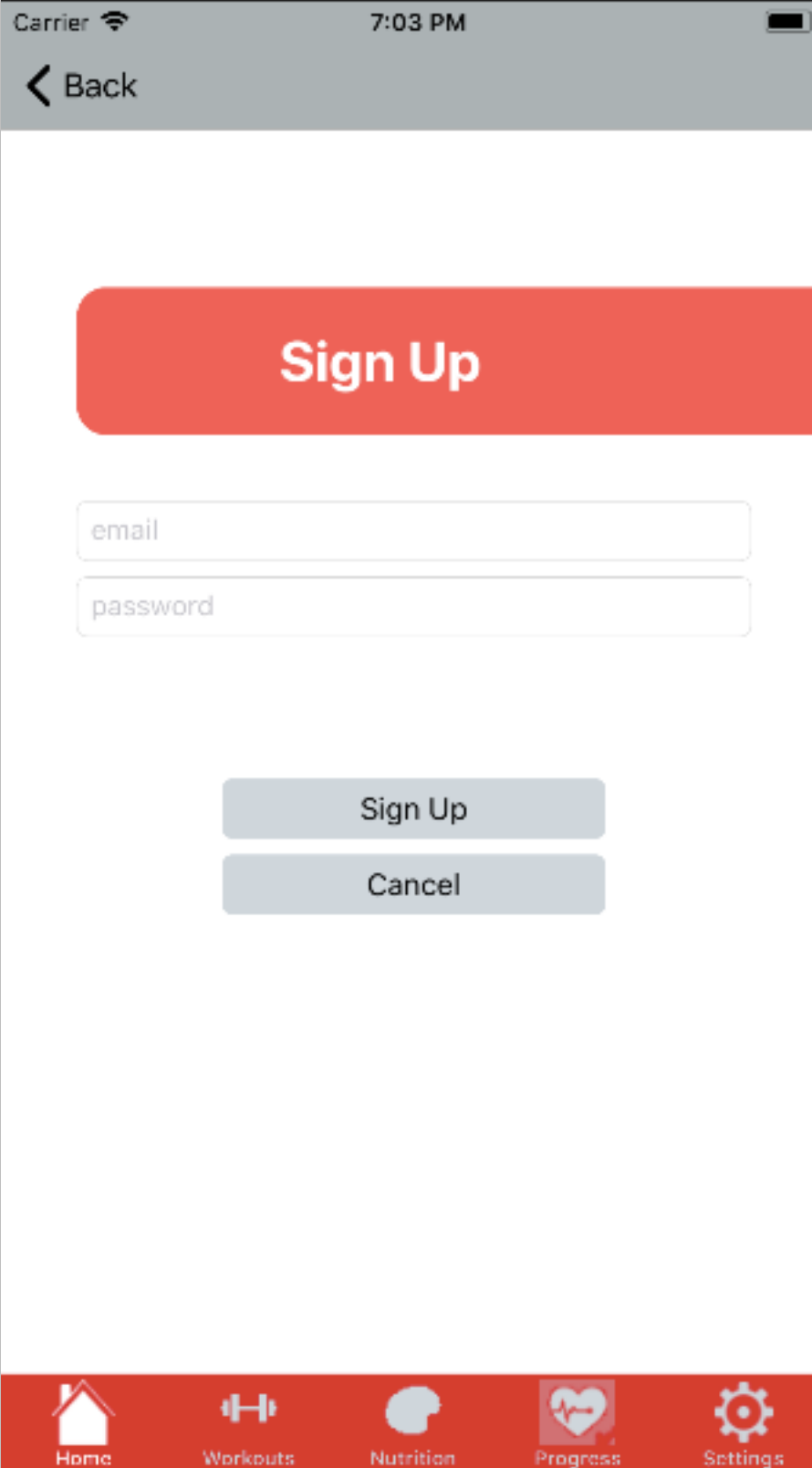
Sign Up

Home Workouts Nutrition Progress Settings

The image shows a mobile app login screen for 'gitSwole'. At the top, there's a status bar with 'Carrier', signal strength, '6:59 PM', and battery level. Below that is a grey header with a back arrow and the text '< Back'. The main content area is white. It features a large red button labeled 'Login'. Below this are two input fields: 'email' and 'password'. Under the input fields are two grey buttons: 'Login' and 'Cancel'. Further down is the text 'Not a User? Sign Up!' followed by a grey 'Sign Up' button. At the bottom is a red navigation bar with five icons and labels: 'Home' (house icon), 'Workouts' (dumbbell icon), 'Nutrition' (brain icon), 'Progress' (heart with pulse icon), and 'Settings' (gear icon).

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sign up



Carrier 7:03 PM

< Back

Sign Up

email

password

Sign Up

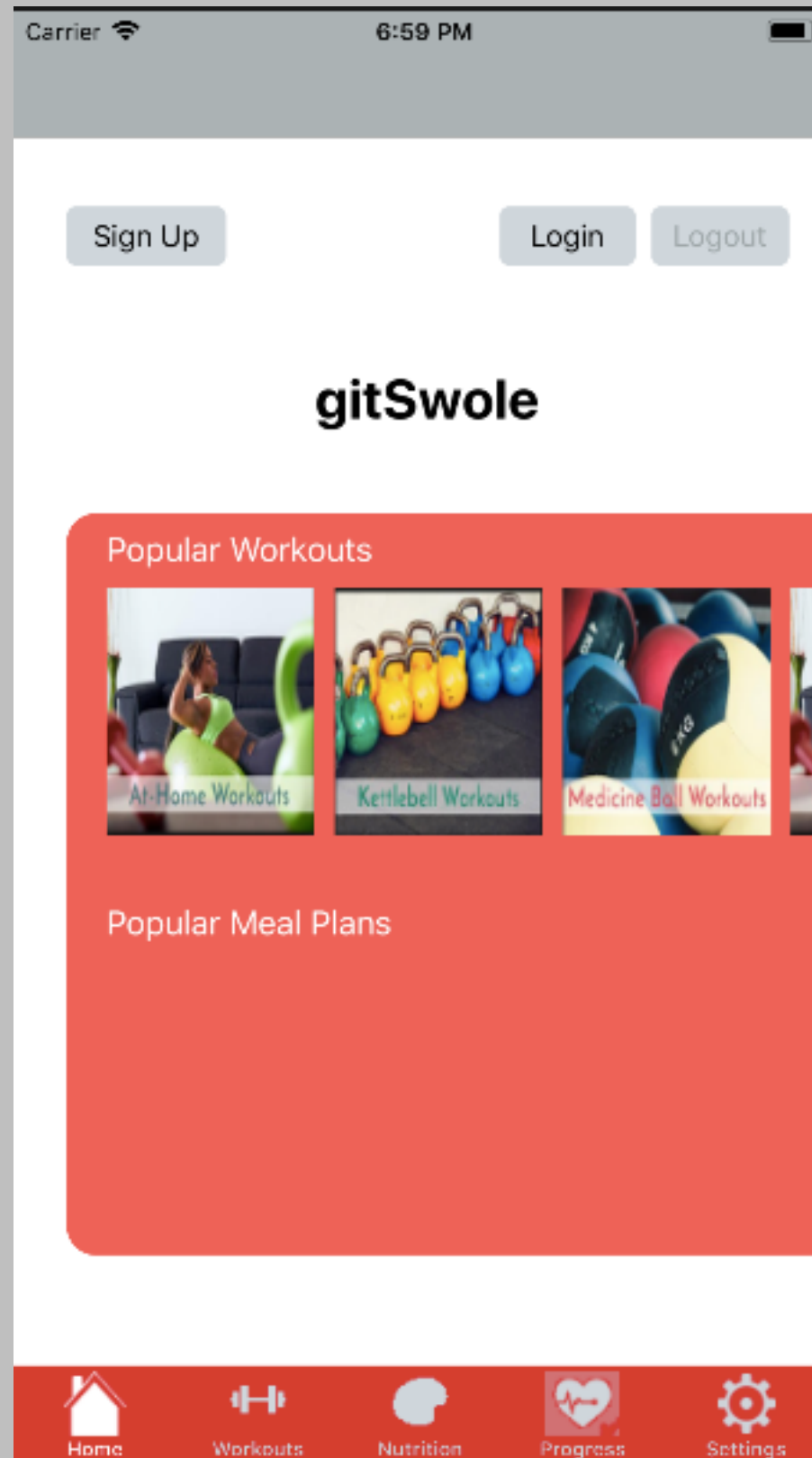
Cancel

Home Workouts Nutrition Progress Settings

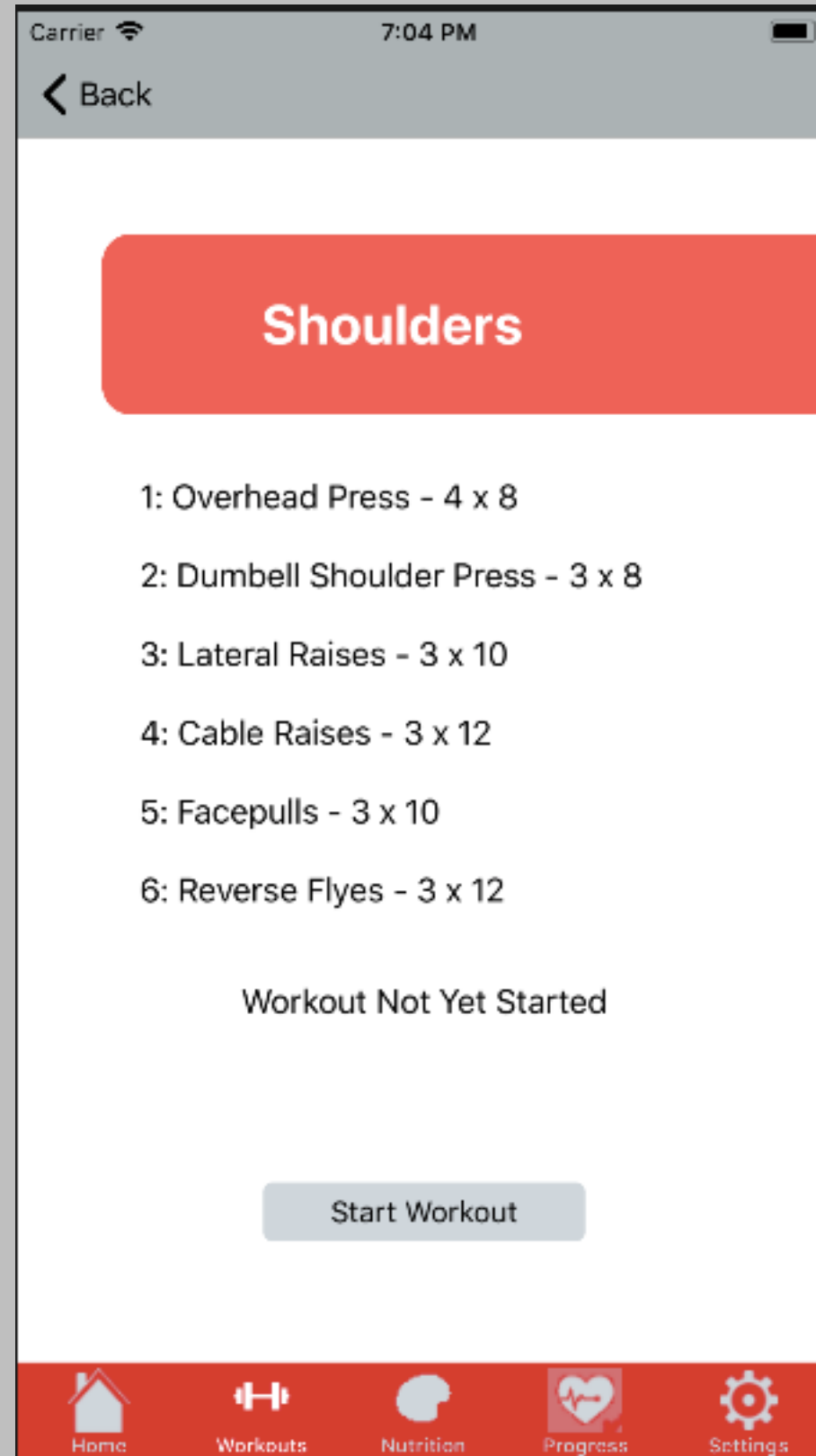
The image shows a mobile application interface for 'gitSwole'. At the top, there's a status bar with 'Carrier', signal strength, '7:03 PM', and battery level. Below this is a navigation bar with a back arrow and the text '< Back'. The main content area has a large red button labeled 'Sign Up'. Below the button are two input fields: 'email' and 'password'. Underneath these fields are two more buttons: 'Sign Up' and 'Cancel'. At the bottom is a red navigation bar with five icons and labels: 'Home' (house icon), 'Workouts' (dumbbell icon), 'Nutrition' (brain icon), 'Progress' (heart with pulse icon), and 'Settings' (gear icon).

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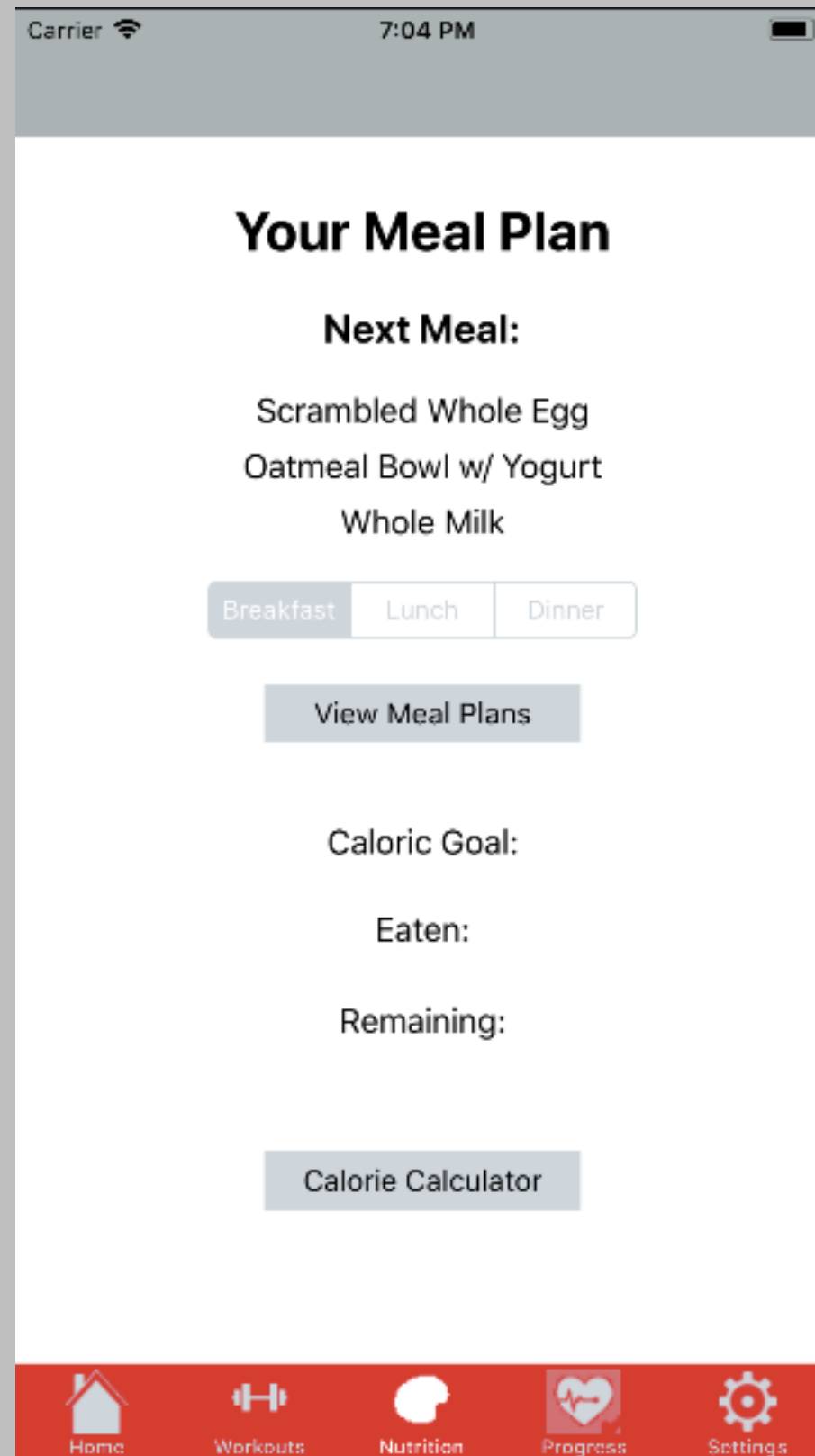
home



gitSwole workouts

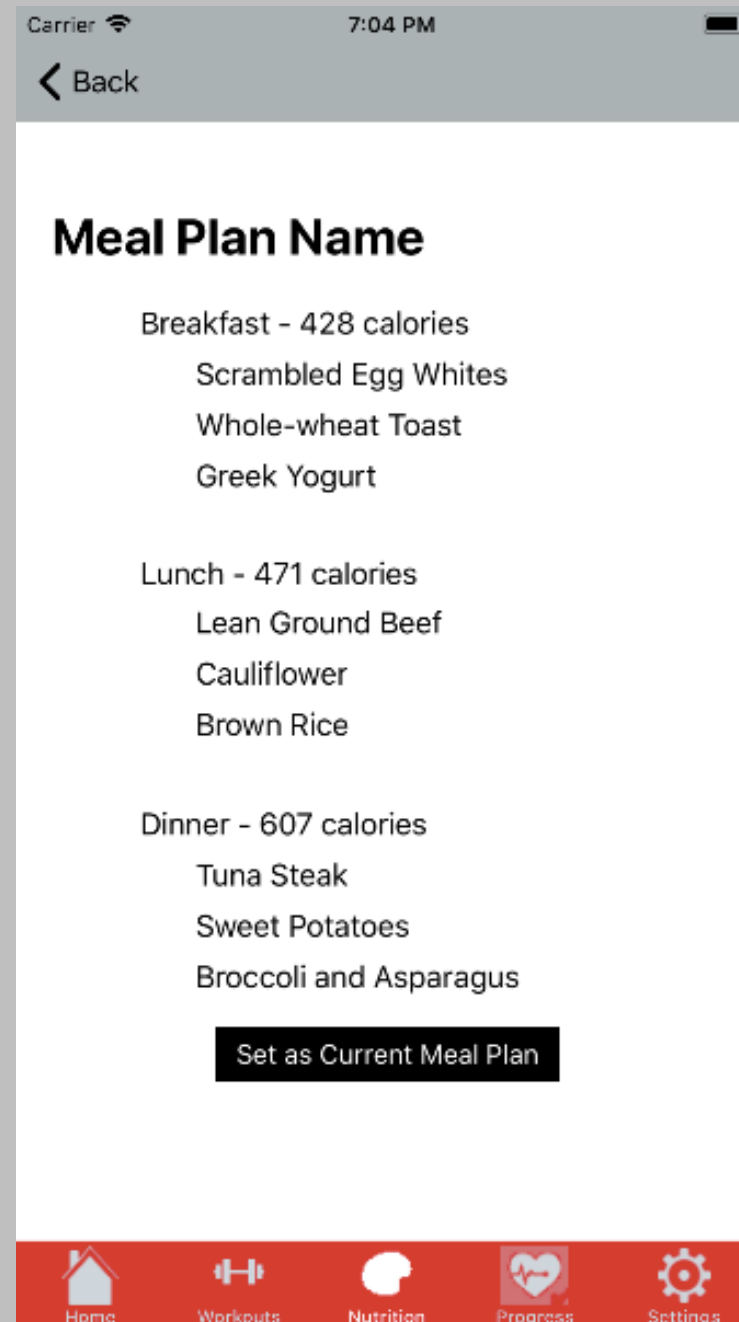


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meal plan details



gitSwole progress

Carrier 7:05 PM

Progress

Goal Weight: 165

Current Weight: 150

Difference 15

Last Updated: Never

Goal Weight:

Current Weight:

Update Goal

Home

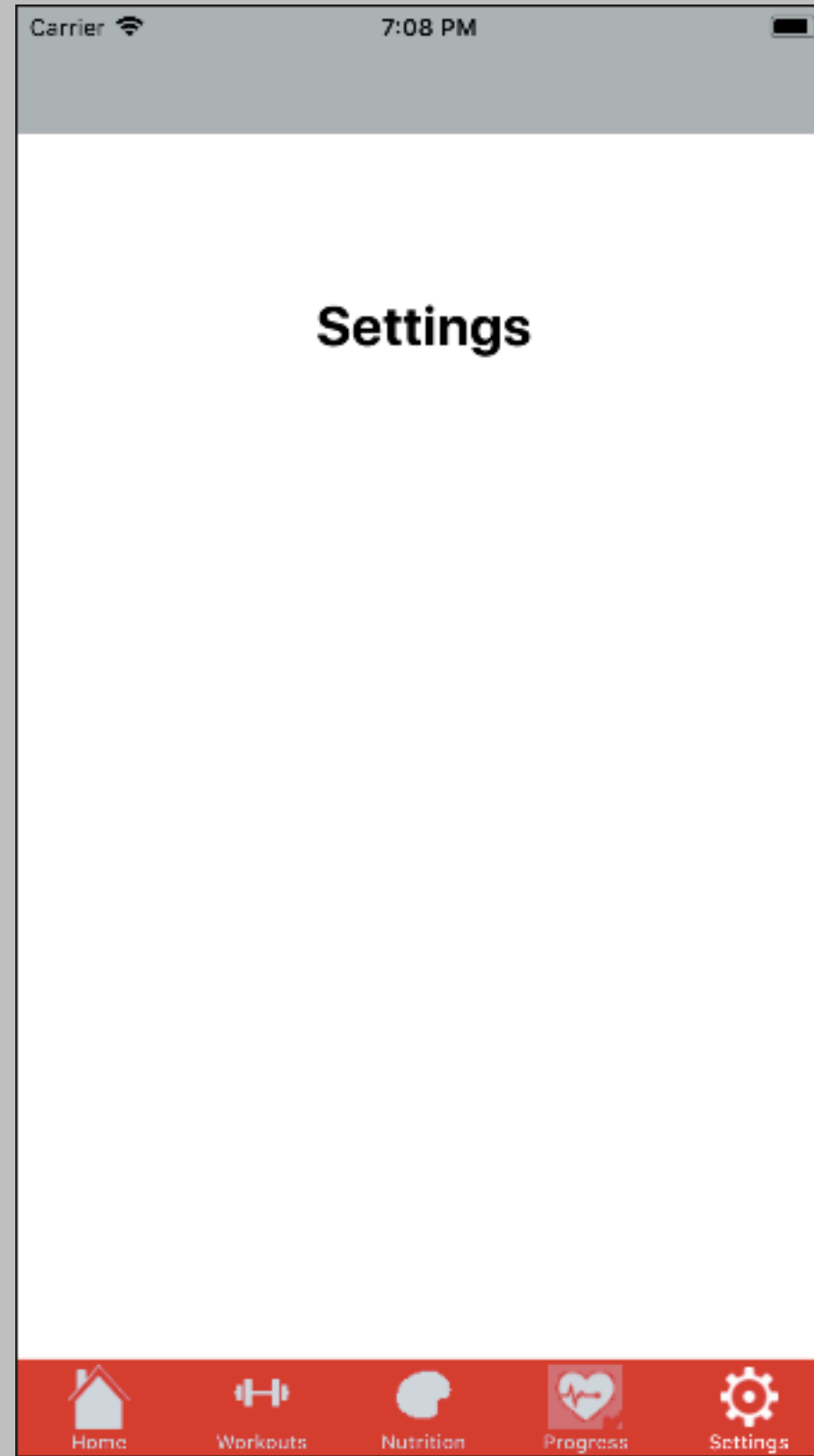
Workouts

Nutrition

Progress

Settings

gitSwole settings



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Demo!

<Be sure to show and explain each of the features>

<I would recommend writing out the demo and practicing how long it takes to go through>

Presentation time minimum: 8 minutes

Presentation time maximum: 10 minutes

<Reserve 2 minutes for Q&A>

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Questions & Answers

<Reserve 2 minutes for Q&A>