

# Perspective: Economics of Health Care and Data Science,

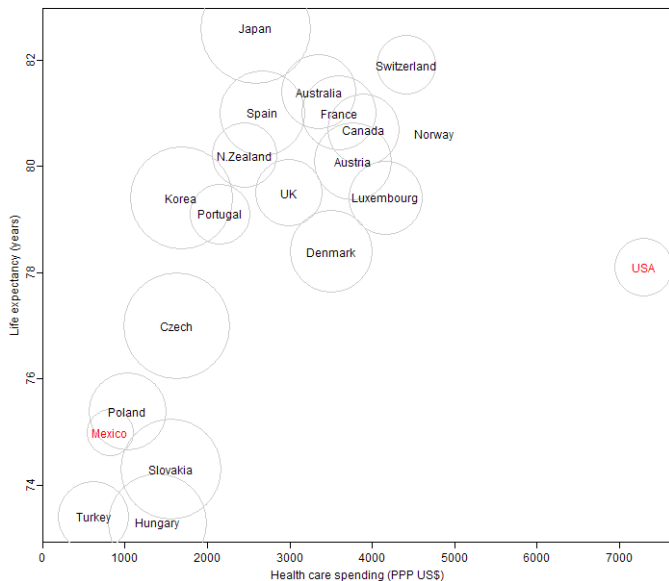
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# The Opportunity

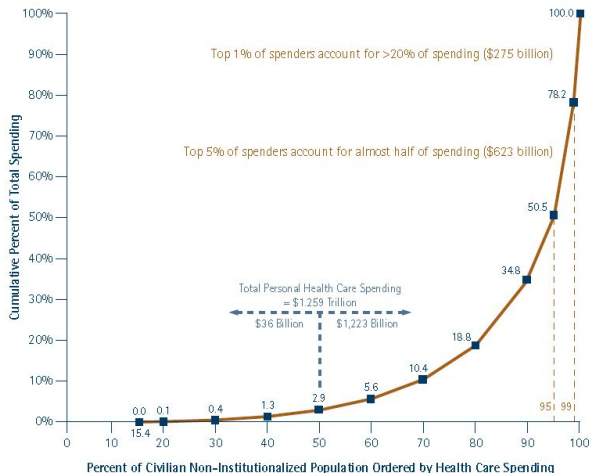
- Explosion of data sources: administrative, electronic medical records, online behavior
- Population data is becoming more common and precise
- How can it be used?
- Greater interest in:
  - Evaluating treatments in the field
  - Fine-grained inference: e.g., subgroups, precise targeting of treatments, e.g., precision medicine

# Spending and Life Expectancy



# Spending is Concentrated

FIGURE 1. CUMULATIVE DISTRIBUTION OF PERSONAL HEALTH CARE SPENDING, 2009



NIHOM Foundation analysis of data from the 2009 Medical Expenditure Panel Survey.

# UK Example: TeleHealth

*"the remote exchange of data between a patient and health care professionals as part of the diagnosis and management of health care conditions"*

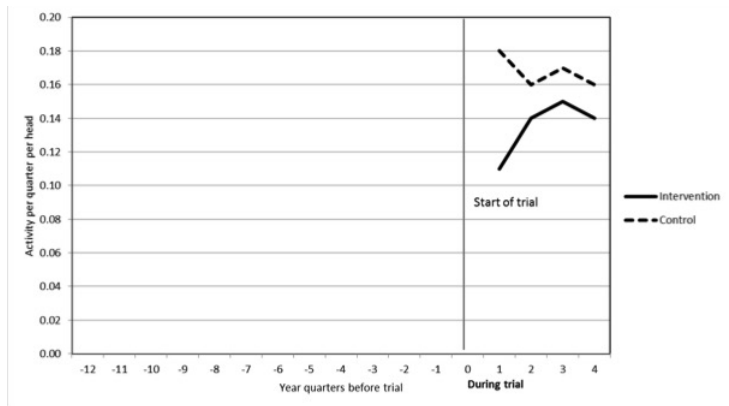
Telehealth devices enable items such as blood glucose level and weight to be measured by the patient and transmitted to health care professionals working remotely.



# Whole System Demonstrator Trial (WSD)

- Telehealth vs 'usual care' (Steventon et al., 2012)
- Adult Patients with diabetes, COPD, heart failure
- Cluster Randomized design
- Randomized 179 GP practices, 3230 adults, 3 English counties
- Intervention: broad class of Telehealth devices
- Control: usual care, services available at the trial sites
- Outcomes: emergency admissions, outpatient visits
- Blinding: patients at consent, not for recruiters

# TeleHealth: Emergency Room Visits

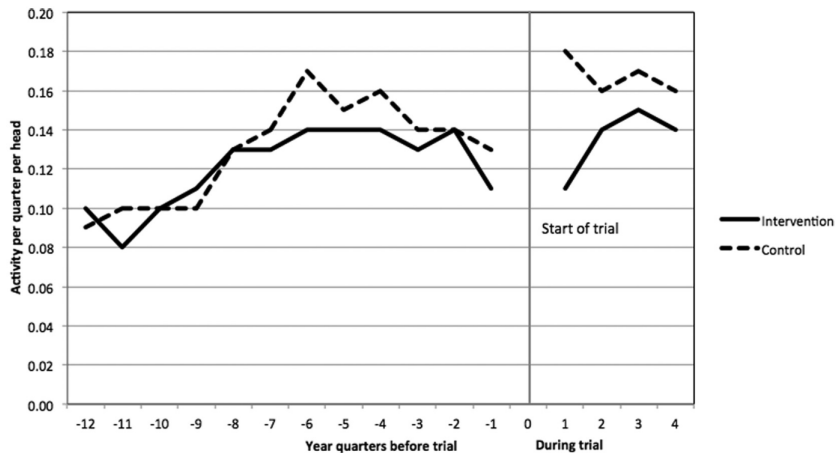


# One Interpretation of the Results

- British PM, David Cameron: “We’ve trialled it, it’s been a huge success, and now we’re on a drive to roll this out nationwide.”
- BMJ paper: “...results suggest Telehealth helped patients avoid need for emergency admissions.”
- Department of Health: “We funded a three-year randomized control trial..which clearly demonstrated that if implemented appropriately, telehealth can reduce emergency admissions by 20%...”



# TeleHealth



# The Sample Selection Problem

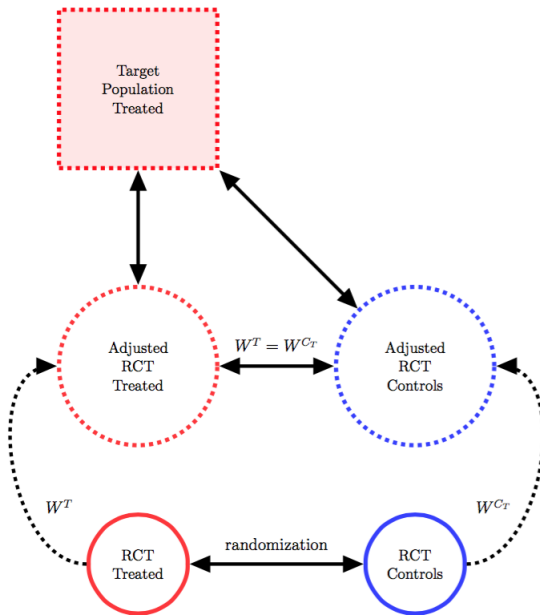
- Randomized experiments are not on the population of interest; may not even use the protocols of interest
  - Experiments raise issues of Randomization Bias: **poor external validity** assignment to treatment
  - Observational studies raise issues of Selection Bias, or non random assignment to treatment
- How to combine information from randomized control experiments and non randomized studies?

# Pulmonary Artery Catheterization (PAC)

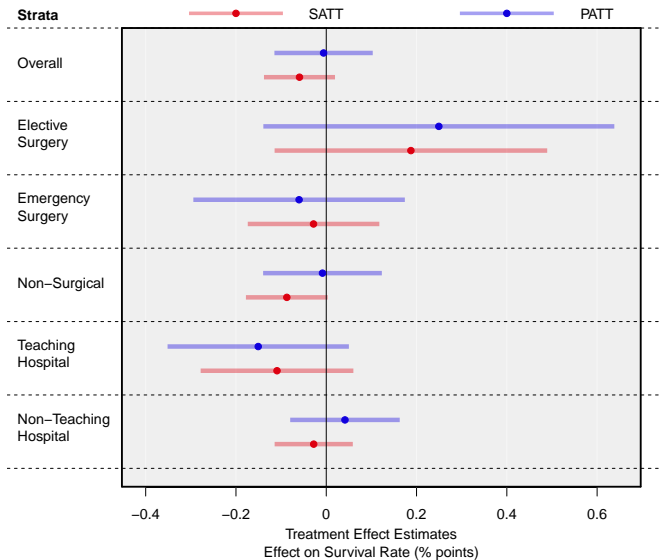
- PAC is an invasive cardiac monitoring device for critical ill patients (ICU)—e.g., myocardial infarction (ischaemic heart disease)
- PAC-man trial  $n=1,013$
- Registry data: 1.5million ICU admissions. 1,052 PAC cases and 31,447 potential controls

# Pulmonary Artery Catheterization

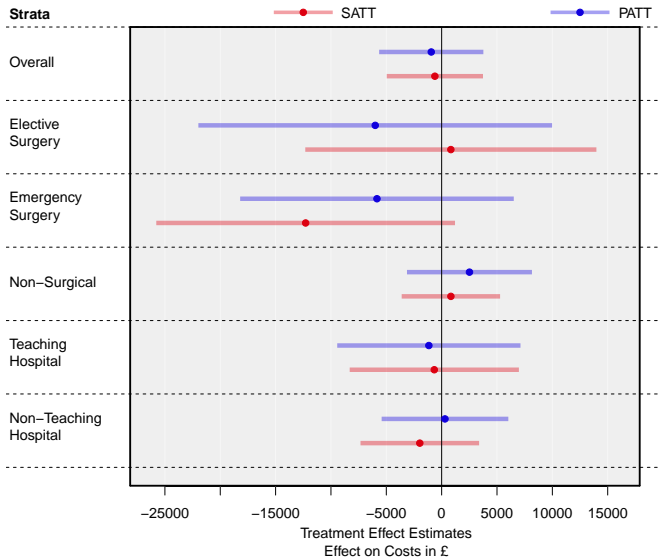
- RCT: a publicly funded, pragmatic experiment done in 65 UK ICUs in 2000-2004.
  - 1014 subjects, 506 who received PAC
  - No difference in hospital mortality ( $p = 0.39$ )
- NRS: all ICU admissions to 57 UK ICUs in 2003-2004
  - 1052 cases with PAC and 32,499 controls
  - One observational study was able to find no difference in hospital mortality ( $p = 0.29$ )
- However, the populations between the two studies differ, and we are interested in identifying population effects.



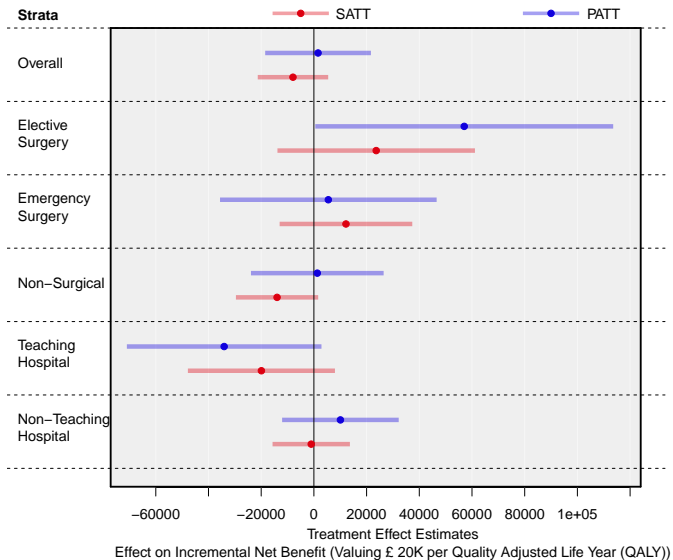
# Population Treatment Effects on Hospital Survival Rates



# Population Treatment Effects on Costs

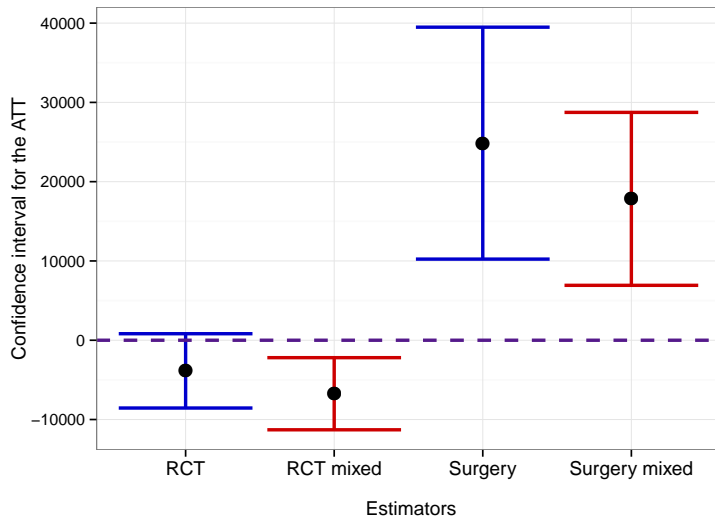


# Population Treatment Effects on Cost-Effectiveness





# Combined Estimates



# References

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