

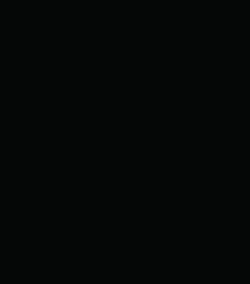
# Join The World Of Fitness.

Our aim is to bring more people into fitness so that every individual, family, society and whole nation.

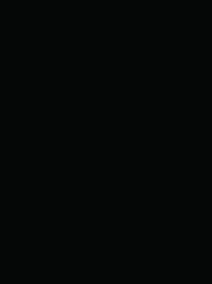
[Join Now](#)[Watch video](#)7  
Years  
Experience25k+  
Happy  
customers95  
Gym  
Trainers**Services**

## We provide service that fits the best for you.

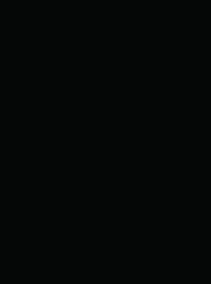
Strive for greatness with the best, around the best and in the best fitness environment available in the city.

[See All](#)

Whole body fat loss



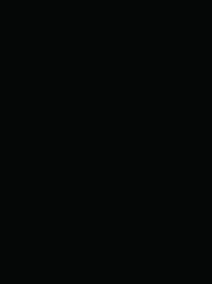
Zumba



Yoga



Bodybuilding



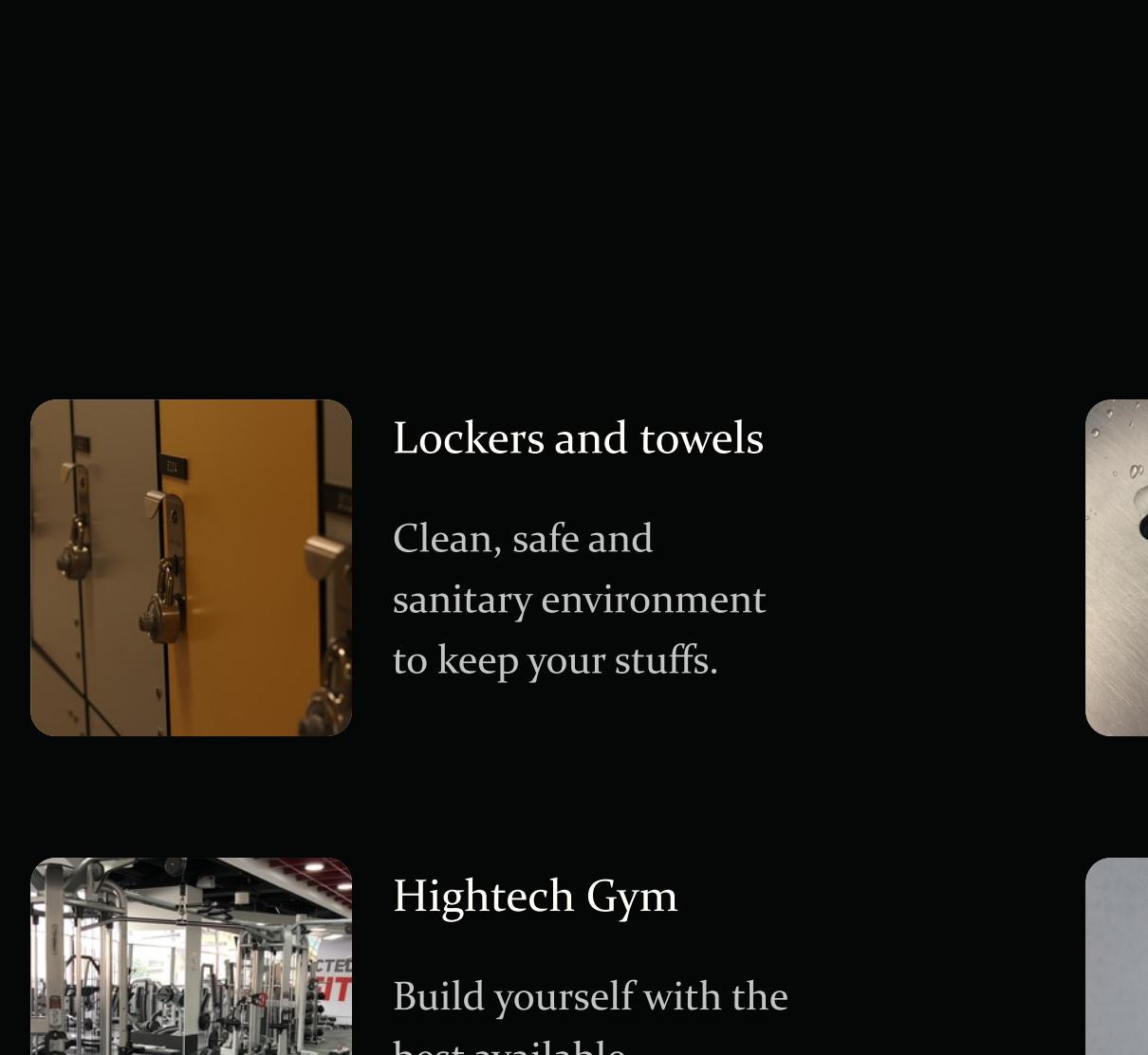
Aerobics



Free Weights

## Stories of our Vyayamshala Family

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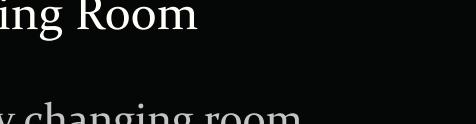


After

Before

“

A complete package to all the fitness freaks out there. Join soon and test yourself. Vyayamshala's layouts, environment and its surrounding itself plays vital role to motivate and go beyond your limitation.



Jhon Doe, Student

”

## Our facilities



Lockers and towels

Clean, safe and sanitary environment to keep your stuffs.



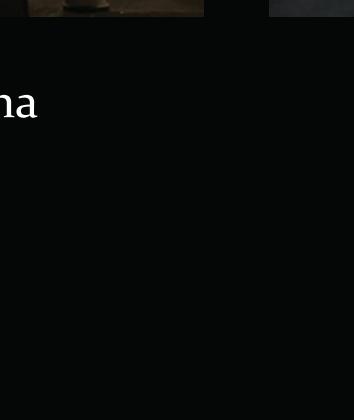
Free Wifi

Stay connected to the world while you work yourself out.



Complimentary Drinks

We make sure that you stay hydrated so that you can push yourself to the limit.



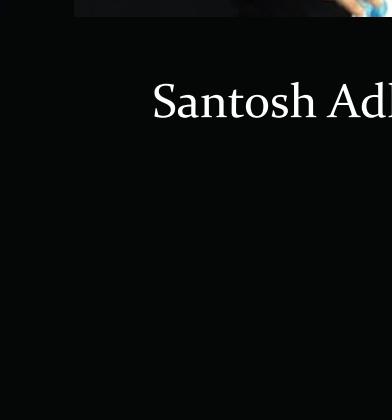
Hightech Gym

Build yourself with the best available equipments in the market.



Changing Room

Sanitary changing room with proper privacy.



Personal Trainer

You benefit from the monthly care of a Personal Trainer.

## Meet our Trainers

[View All](#)

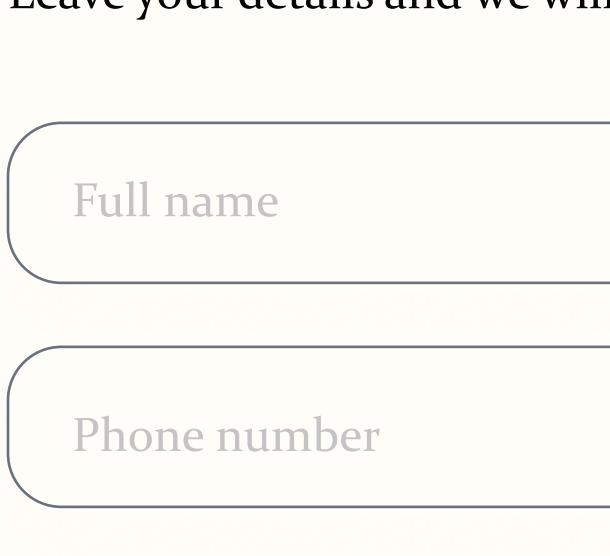
Amir Shrestha



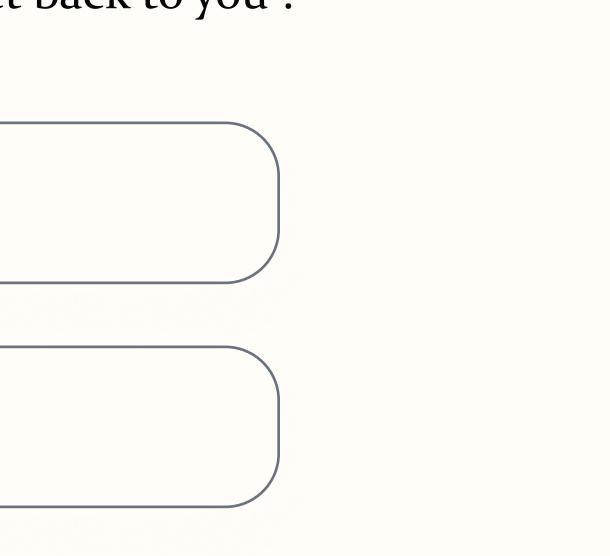
Christina Thapa



Sunil Chetri



Priya K.C

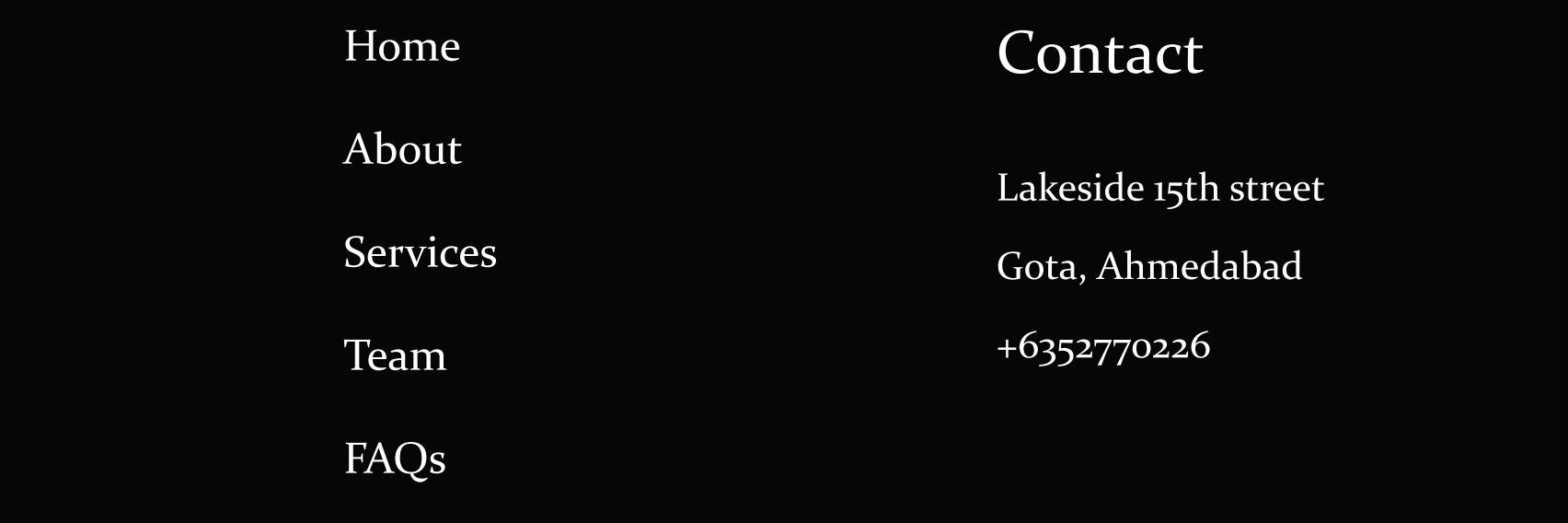


Santosh Adhikari



Rina Pun

## What's Stopping you?



### Become a part of our family

Leave your details and we will get back to you !

 Full name Phone number[Join Now](#)