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Home

<https://craquebitume.org/>

Donate

Get involved with us

Getting involved

About [<https://craquebitume.org/pages/craque-bitume>]

Gardening [<https://craquebitume.org/pages/jardinus>]

Composting [<https://craquebitume.org/pages/compostus>]

Associations [<https://craquebitume.org/pages/vie-associative-1>]

Training [<https://craquebitume.org/collections/formations>]

General Store [<https://craquebitume.org/collections/magasin-general-1>]

Craque-bitume, an urban ecology collective, could well echo your call!

Does nature and eco-citizenship appeal to you?

What does a collective eat in winter? [<https://craquebitume.org/pages/craque-bitume>]

Discover our shutters

 Collective gardening [<https://craquebitume.org/pages/jardinus>]

Nurture, educate, include

* Ateliers à la terre collective garden

* Personalized support for your projects,

- * Sale of bins
- * Raising awareness of biodiversity
- * Urban and ecological gardening resources

 Community composting [<https://craquebitume.org/pages/compostus>]

Facilitating access to composting

- * Community composting network
- * Personalized support for your projects
- * Sale of bins
- * Collecting organic matter for events
- * Urban and ecological composting resources

  Training [<https://craquebitume.org/collections/formations>]

Raising awareness, putting into action

- * One-off activities
- * Personalized eco-citizen course
- * Customized offer for groups

 [Associative life](https://craquebitume.org/pages/vie-associative-1) [<https://craquebitume.org/pages/vie-associative-1>]

Raising the profile of urban ecology

- * Mission, vision, values and history
- * Getting involved in the organization
- * Eco-friendly collective kitchens

The craque-bitume general store
Contribute to our mission by visiting our general store.

Composting [<https://craquebitume.org/collections/outils-pour-le-compostage>]
Gardening [<https://craquebitume.org/collections/outils-pour-le-jardinage>]
Membership and donations [<https://craquebitume.org/collections/adhesion-membre>]
Other products [<https://craquebitume.org/collections/carte-cadeaux>]

Discover the general store [<https://craquebitume.org/collections/magasin-general-1>]

Discover our
Featured product

ABCs of edible landscaping
Member discount
Eco-citizen training course
255.00 \$
See details

Find out how to transform your home into a gourmet, stylish space.

There are many edible landscaping options available, and the aim of the course is to help you make the most of the growing space you have at home.

The course will also include an overview of Quebec City's urban planning regulations, a must for urban agriculture. You'll then learn more about the fundamentals of edible landscaping.

On the menu:

- Environmental analysis: soil type, sunlight, location, maintenance, etc.
- Choice of cultivation methods (in containers, in the ground, permaculture, annual vegetable cultivation, mixed cultivation, etc.).
- Planting choices (perennials, annuals, edibles, flowers, herbs, trees and shrubs)
- Aesthetics: a few basic design rules (choice of shape, choice of materials, analysis of flowering periods, playing with plant heights, plant groupings and companion crops, aesthetic staking... (why not!);

Duration: 2 hours

Best time: Between February and July*.

TRAVEL EXPENSE POLICY

Our travel fees are divided into three tiers. Your tier is determined by the distance between the event location and our administrative center (870 rue de Salaberry, G1R 2T9).

Tier 1 - Central districts: 5 km radius, \$15.

Level 2 - Outlying districts: 10 km radius, \$30.

Tier 3 - External neighborhoods: 15 km radius, \$50.

If you are more than 15 km away and would like to receive group training, please contact us directly at formation@craquebitume.org for a customized invoice. Please include the address where the training will take place, the training course(s) you are interested in and a few suggestions for dates.

You will be contacted a few days after your purchase to specify the date, place and time of training. Please note that if the mileage selected at the time of purchase is not exact, additional charges will apply.

Use this tool to calculate your distance.

* For information purposes only, training can be purchased at any time of the year.

** Please note that all our trips are calculated on the basis of a bicycle trip to encourage sustainable modes of transport.

Quantity:

Add to basket

Shop with ShopPay

More payment methods

Curious by nature?

Discover all our training courses!

[\[https://craquebitume.org/collections/formations#section-template--16167619362992__1f369a93-442f-4965-8dc9-03ed8020ba70\]](https://craquebitume.org/collections/formations#section-template--16167619362992__1f369a93-442f-4965-8dc9-03ed8020ba70)

Consult the training calendar

[\[https://craquebitume.org/collections/formations#section-template--16167619362992__1683313353cb63f248\]](https://craquebitume.org/collections/formations#section-template--16167619362992__1683313353cb63f248)

Discover community gardening [<https://craquebitume.org/pages/jardinus>]

Want to get involved? You could...

Devenir bénévole

[https://craquebitume.org/pages/vie-associative#section-template--16147776045232__458a60d2-4db2-4252-95ff-c33bc8abdc7b]

Become a member [<https://craquebitume.org/pages/vie-associative>]

Take part in our group events [<https://craquebitume.org/pages/vie-associative-1>]

Contact

Contact us

Cardijn: The center of operations!

Carrefour Cardijn, 435 Rue du Roi # 6 and 8, Québec (QC) G1K 2X1

See itinerary [<https://goo.gl/maps/4oNGmSSbvYtKyxb8>]

- * Rendezvous for citizens
- * Team meetings
- * Board meetings

CWFC: The administrative center

Center culture et environnement Frédéric Back

870 Avenue de Salaberry local 136, Québec (QC) G1R 2T9

See itinerary

[<https://www.google.com/maps/place/Centre+culture+and+environment+Fr%C3%A9d%C3%A9ric+Back/@46.8057772,-71.2299012,17z/data=!3m2!4b1!5s0x4cb8967bec294061:0x5b6ee04d125ba982!4m6!3m5!1s0x4cb8967bdfc80747:0xe5a1383a35809604!8m2!3d46.8057736!4d-71.2273263!16s%2Fg%2F11bwh9ycld?entry=ttu>]

- * Human resources management and accounting
- * Other organizational tasks


The workshop

468 rue Dollard, Québec (QC) G1K 1M1

See itinerary [<https://goo.gl/maps/UtDUaGiiUDoVaX71A>]

- * Manufacture of gardening and composting bins
- * Collection point for street furniture orders

Contact us

Get the scoop on our training courses and keep up to date with news from the organization 

2023, Craque-Bitume

Training Hub

<https://craquebitume.org/collections/formations>

Vegan cooking groups
Eco-citizen training courses
Training for groups
Training FAQs

Explore our training courses by date

← September 2023 →

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Introduction to herbalism

Food preservation: fermentation, salting and smoking - theoretical session

Herbalism: root harvesting

Gardening: cutting techniques for indoor plants

Food preservation: fermentation, salting and smoking - practical workshop

Powered by  The Shop Calendar

Vegan cooking groups

Coming soon

100% off

Subscription to vegan cooking groups - How it works

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/abonnement-aux-cuisines-de-groupe>]

Free

Add to basket

Vegan cooking group: Tuesday, September 26 edition

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/groupe-de-cuisine-vegetalienne-mardi-26-septembre-2023>]

55.00 \$

Add to basket

Vegan cooking group: Saturday, September 30 edition

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/groupe-de-cuisine-vegetalienne-samedi-30-septembre-de-13h-a-16h>]

55.00 \$

Add to basket

Vegan cooking group: Thursday, September 28 edition

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/jeudi-28-septembre-de-12h-a-15h>]

55.00 \$

Add to basket

All training courses included in the eco-citizen training program

Eco-citizen training courses

Register for the training course

[<https://craquebitume.org/products/parcours-de-formations-ecocitoyennes>]

Eco-citizen training courses

[<https://craquebitume.org/collections/parcours-de-formations-ecocitoyennes>]

All training courses [<https://craquebitume.org/collections/formations-illimitees>]

Home-made [<https://craquebitume.org/collections/diy>]

Power supply [<https://craquebitume.org/collections/cuisine>]

Urban ecology [<https://craquebitume.org/collections/ponctuelle>]

Gardening [<https://craquebitume.org/collections/jardinage>]

On request

Training for groups

Request training for your group!

Group training - ABCs of ecological gardening

[<https://craquebitume.org/collections/formations-de-groupe/products/abc-du-jardinage-ecologique>]

of \$210.00

Select options

ABC of home composting

[<https://craquebitume.org/collections/formations-de-groupe/products/le-compostage-domestique-tout-ce-que-vous-devez-savoir>]

of \$165.00

Select options

Introduction to the zero waste lifestyle

[<https://craquebitume.org/collections/formations-de-groupe/products/introduction-au-mode-de-vie-zero-dechet>]

of \$210.00

Select options

AABC shoots and sprouts

[<https://craquebitume.org/collections/formations-de-groupe/products/initiation-aux-pousses-et-aux-germinations-1>]

of \$245.00

Select options

How to get started with collective composting

[<https://craquebitume.org/collections/formations-de-groupe/products/formation-compost-communautaire-autonomie>]

of \$165.00

Select options

ABCs of Soilless Gardening

[<https://craquebitume.org/collections/formations-de-groupe/products/jardinage-hors-sol>]

of \$240.00

Select options

ABCs of edible landscaping

[<https://craquebitume.org/collections/formations-de-groupe/products/amenagement-comestible-1>]

of \$240.00

Select options

ABCs of urban gardening

[<https://craquebitume.org/collections/formations-de-groupe/products/jardinez-sur-votre-balcon-en-ligne>]

of \$480.00

Select options

ABCs of Vermicomposting

[<https://craquebitume.org/collections/formations-de-groupe/products/abc-du-vermicompostage>]

of \$165.00

Select options

ABC of harvesting and seed saving

[<https://craquebitume.org/collections/formations-de-groupe/products/abc-de-la-recolte-et-la-conservation-de-semences>]

of \$220.00

Select options

A training idea?

We're always on the lookout for new training ideas to please our customers!

Write to us directly with your idea and we'll be happy to consider it!

Feel free to use this text box to contact us with any questions or comments!

Name

E-mail *

Phone number

Message *

Training details

Passive hydroponics: the Kratky method

<https://craquebitume.org/collections/formations-illimitees/products/hydroponie-passive-methode-kratky>

Important information

Passive hydroponics: the Kratky method

Training date

Tuesday, October 3, 2023

Time of training

6pm - 8:30pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Linda Couture

Passive hydroponics: the Kratky method

25.00 \$

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! Click here for details.

Add to basket

In stock, 16 units

Add to basket

Course description

Passive hydroponics (the Kratky method) is a technique that requires very little investment and minimal energy consumption to grow leafy vegetables in particular, in the middle of winter in the comfort of your own home.

This workshop provides a number of great recycling ideas, as well as the information crucial to the success of this type of project.

This will enable you to grow delicious, healthy, pesticide-free produce indoors and outdoors (in summer) at any time of the year.

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, room 109

Training calendar

Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Food preservation: canning - theoretical session

<https://craquebitume.org/collections/formations-illimitees/products/conservation-des-aliments-mi-se-en-conserve-1>

Important information

Food preservation: canning - theoretical session

Training date
Thursday, October 5, 2023

Time of training
6:30 pm - 9 pm

Training location
Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer
Naïm Savoie

25.00 \$

Add hardware purchase:

No thanks

Take your creations home with you!

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the citizen pathway! [Click here for details.](#)

Add to basket

In stock, 6 units

Course description

THEORETICAL SESSION

The aim of this training course is to familiarize you with the various methods of storing and processing food to preserve it over the medium and long term.

More specifically, you'll explore in detail some of the main methods of food preservation.

On the program:

- classic canning
- autoclave canning
- notions of hygiene and sanitation

Participants will emerge from the course with the confidence, knowledge and basic skills needed to reproduce the food preservation techniques studied at home.

Theoretical sessions will be dedicated to sharing theoretical, sanitary, historical, culinary and ecological knowledge on each of the main preservation methods.

Practical workshops will enable you to put into practice what you've learned and experiment with these methods. At the end of each workshop, participants will leave with their own personal share of the recipes prepared by the group.

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, Room 115

Training calendar

Refund

Refund policy - TRAININGS

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The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Herbalism: production of mother tinctures

<https://craquebitume.org/collections/formations-illimitees/products/herboristerie-fabrication-de-tincture-mere>

Important information

Herbalism: production of mother tinctures

Training date

Thursday, October 12, 2023

Time of training

6pm - 8:30pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Lisette Savoie

Herbalism: production of mother tinctures

25.00 \$

Add hardware purchase:

No thanks

Take your creations home with you!

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! [Click here for details.](#)

Add to basket

In stock, 5 units

Course description

Training calendar

Refund

Opinions

Are you interested in learning how to make herbal products? Do you dream of being accompanied by an herbalist to learn how to identify, grow and prepare herbal products with extraordinary properties? Then you've come to the right place!

In this workshop, we learn more about the properties and preparation of mother tinctures, popular for their therapeutic uses.

We talk about solvents, basic principles, ratios and recommended dosages, before getting down to the business of making your own liquid herbal concentrate. Those who wish to do so can take away their own mother tincture!

Course notes will be distributed to each participant.

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, Room 115

Training calendar

Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Creating a green pharmacy: making an ointment

<https://craquebitume.org/collections/formations-illimitees/products/creer-sa-pharmacie-verte-confection-dun-onguent>

Important information

Creating a green pharmacy: making an ointment

Training date

Thursday, October 19, 2023

Time of training

6pm - 8:30pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Lisette Savoie

Creating a green pharmacy: making an ointment

25.00 \$

Add hardware purchase:

No thanks

Take your creations home with you!

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! [Click here for details.](#)

Add to basket

In stock, 8 units

Course description

This course teaches you how to create your own natural pharmacy using plants and natural products.

First, we discuss everything that can be found in a herbalist's kit. We learn which plants to use for disinfecting, healing, relieving pain and more. As an added bonus, we'll take away exclusive recipes for sunscreen and mosquito repellent!

Next, we learn how to make an oily macerate. Oily macerates are the basis for making herbal ointments. Then we'll get down to the business of making our own calendula ointments! Those who wish can take away their own little jar of ointment.

Course notes will be distributed to each participant.

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

See our other training courses on this topic!

*Louis-Jolliet Centre, Room 115

Training calendar

Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Sewing workshop: making reusable toilet paper and make-up remover wipes

Important information

Sewing workshop: making reusable toilet paper and make-up remover wipes

Training date

Tuesday, October 17, 2023

Time of training

7pm - 9pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Vicky Roy

Sewing workshop: making reusable toilet paper and make-up remover wipes

25.00 \$

Add material costs:

No thanks

Take your creations home with you!

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! [Click here for details.](#)

Add to basket

In stock, 9 units

Course description

During this evening you'll not only learn how to make reusable toilet paper and make-up remover wipes, but you'll also produce several for your own personal use! Tissue is provided, but if you'd like to bring your own, you're more than welcome!

To take part in this workshop, it's preferable to be able to use a sewing machine, otherwise it will be difficult for you to follow the workshop.

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, room 109

Training calendar

Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Food preservation: autoclave canning - practical workshop

<https://craquebitume.org/collections/formations-illimitees/products/conservation-des-aliments-mi-se-en-conserve-autoclave-atelier-pratique>

Important information

Food preservation: autoclave canning - practical workshop

Training date

Thursday, November 2, 2023

Time of training

6:30 pm - 9 pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Naïm Savoie

Food preservation: autoclave canning - practical workshop

25.00 \$

Add hardware purchase:

No thanks

Take your creations home with you!

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the citizen pathway! Click here for details.

Add to basket

In stock, 10 units

Course description

PRACTICAL WORKSHOP

To participate in this workshop, it is strongly recommended that you take the training course: "Food preservation: canning - theoretical session".

The aim of this training course is to familiarize you with the various methods of storing and processing food to preserve it over the medium and long term.

More specifically, you will explore in detail the autoclave canning method. You will have the opportunity to prepare the following recipes:

- A recipe for simmered pot dishes
- A recipe for canned vegetables
- A recipe for canned legumes

It will also provide the hygiene and sanitation notions needed to avoid the risks of food poisoning and food waste.

Participants will emerge from this training course with the confidence, knowledge and basic skills needed to reproduce the food preservation techniques studied at home.

This hands-on workshop will enable you to put into practice what you've learned and experiment with these methods. At the end of each workshop, participants will be able to take home their own share of the recipes they've prepared as a group! (material purchase required)

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, Room 115

Training calendar
Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Discussion group: how to overcome eco-anxiety?

<https://craquebitume.org/collections/formations-illimitees/products/groupe-de-discussion-comment-depasser-son-eco-anxiete-1>

Important information

Discussion group: how to overcome eco-anxiety?

Training date

Wednesday, November 1, 2023

Time of training

7:00 pm - 8:30 pm

Training location

Carrefour Cardijn, 435 rue du Roi

Trainer

Justin Sirois-Marcil

Discussion group: how to overcome eco-anxiety?

25.00 \$

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! Click here for details.

Add to basket

In stock, 8 units

Course description

This training is an experiential workshop where participants are invited to question the notion of ecoanxiety and how to remedy the causes of this legitimate feeling.

The aim is to help people grasp the notion of ecoanxiety from a social work perspective, and to experiment with a tool for clarifying their feelings, needs and actions in the face of nature's destruction.

The facilitator will begin by untangling a number of key notions with participants (+/- 15 min), then introduce a tool that will form the core of the workshop (+/- 1h15).

1. Starting question
2. Presentation
3. Distinction between psychology and social work
4. Exploring the notion of ecoanxiety
5. Presentation and testing of a tool for disaster praxis socio-ecological progress.
6. Feedback on the workshop: comments, questions
7. Closing remarks

This training is offered by social worker and ecotherapist Justin Sirois Marcil.

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Carrefour Cardijn, 1st floor (no elevator)

Training calendar

Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Gourd recipes for Halloween!

<https://craquebitume.org/collections/formations-illimitees/products/des-recettes-de-courges-pour-lhalloween-1>

Important information

Gourd recipes for Halloween!

Training date

Sunday, October 29, 2023

Time of training

9am - 12pm

Training location

Carrefour Cardijn, 435 rue du Roi

Trainer

Ludos Vézina

Gourd recipes for Halloween!

25.00 \$

Add hardware purchase:

No thanks

Take your creations home with you!

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! Click here for details.

Add to basket

In stock, 7 units

Course description

Looking for an original activity idea for Halloween? Why not learn how to prepare delicious seasonal dishes, using one of autumn's star products: squash!

You'll be cooking a variety of local squash, and during this workshop you'll be making the most of whole plants, using seeds, peelings and flesh.

Come dressed up if you feel like it, and what better way to celebrate harvest time than in a festive kitchen!

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Kitchen 1st floor

Training calendar

Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Herbalism: making elderberry syrup

<https://craquebitume.org/collections/formations-illimitees/products/herboristerie-des-sirops-confection-dun-sirop-de-baie-de-sureau>

Important information

Herbalism: making elderberry syrup

Training date

Thursday, October 26, 2023

Time of training

6pm - 8:30pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Lisette Savoie

Herbalism: making elderberry syrup

25.00 \$

Add hardware purchase:

No thanks

Take your creations home with you!

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the citizen pathway! [Click here for details.](#)

Add to basket

In stock, 9 units

Course description

When we think of syrups, we often think of cough syrup. But did you know that you can make syrups for sleep, syrups for digestion and more?

This workshop explores the countless possibilities of herbal syrups.

First, you learn the basic technique for making syrup, which you can then personalize.

Then we make our own elderberry syrup. Each person can take away their own bottle (125 ml).

Course notes will be distributed to each participant.

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, Room 115

Training calendar

Refund

Refund policy - TRAININGS

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The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Introduction to mycology

<https://craquebitume.org/collections/formations-illimitees/products/introduction-a-la-mycologie>

Important information

Introduction to mycology

Training date

Tuesday, October 24, 2023

Time of training

7pm - 9pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Joël Caux

Introduction to mycology

25.00 \$

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! [Click here for details.](#)

Add to basket

In stock, 14 units

Course description

With the arrival of autumn, what better way to enjoy the colors than to take a stroll in the forest and find some mushrooms? Would you like to start picking them, but are afraid of making a mistake?

If you want to discover what mushrooms really are, learn more about the science of fungi (mycology) and learn the basics of how to harvest them safely, then this course is for you!

During this introduction to mycology, our naturalist and mycologist trainer will cover the following points:

1. Edibility and toxicity
2. What is a mushroom?
3. The main groups
4. Easy-to-recognize edibles
5. Debunking myths
6. The ABCs of picking

You can take advantage of the opportunity to ask him any questions you may have!

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, room 109

Training calendar

Refund

Refund policy - TRAININGS

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A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Worm sales and vermicomposting

<https://craquebitume.org/collections/formations-illimitees/products/vente-de-vers-et-vermicomposting-stage>

Important information

Worm sales and vermicomposting

Training date

Monday, October 23, 2023

Time of training

6 p.m. - 7:30 p.m.

Training location

Carrefour Cardijn, 435 rue du Roi

Trainer

Olivier Coulombe

Worm sales and vermicomposting

25.00 \$

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! [Click here for details.](#)

Add to basket
In stock, 13 units

Course description

You don't have access to an outdoor composter, but can't bear to throw your organic waste in the garbage can?

Vermicomposting is a simple way of managing your table scraps in an environmentally-friendly way. It can be done all year round, in your own home.

During this evening, you'll learn how to transform your vegetable waste into a highly useful amendment for plant nutrition and growth. You can even take your own worms home with you!

On the menu:

- Meet our friends the worms
- How to start your vermicomposter
- Presentation and sale of equipment
- Tips, advice and secrets for successful indoor composting!
- Worm sales

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Carrefour Cardijn, kitchen 1st floor

Training calendar
Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

How do you cycle in winter?

<https://craquebitume.org/collections/formations-illimitees/products/comment-faire-du-velo-meme-en-hiver>

Important information

How do you cycle in winter?

Training date

Tuesday, November 14, 2023

Time of training

7pm - 8:30pm

Training location

Center Louis-Jolliet, 1201 Rue de la Pointe-aux-Lièvres

Trainer

Alexandre St-Laurent

How do you cycle in winter?

25.00 \$

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! Click here for details.

Add to basket

In stock, 9 units

Course description

Riding your bike to work, school, the grocery store... It's so convenient! But when the winter season rolls around, many people put their bikes away until the snow melts.

Cycling in winter is more accessible than most people think!

This evening of training introduces you to winter cycling, so that you'll be able to ride your bike with confidence all year round.

On the program:

- safety rules to be observed,
- useful driving methods to adopt,
- clothing advice,
- required and recommended equipment,
- the types of tires available to you,
- useful accessories,
- storage of your bike and
- the basic rules of bike maintenance.

At the end of the evening, you'll leave with all the knowledge and resources you need to become a self-sufficient cyclist on snowy and/or icy roads. You'll have the chance to become a nordicyclist and pedal your way through winter!

Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

*Louis-Jolliet Centre, room 109

Training calendar

Refund

Refund policy - TRAININGS

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The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Cooking legumes

<https://craquebitume.org/collections/formations-illimitees/products/cuisiner-les-legumineuses>

Important information

Cooking legumes

Training date

Thursday, November 9, 2023

Time of training

6 p.m. - 7:30 p.m.

Training location

On line

Trainer

Chloé Gouveia

Cooking legumes

25.00 \$

Quantity:

Eco-citizen trail:

Get unlimited access to all our training courses as part of the Citizen's Path! Click here for details.

Add to basket

In stock, 6 units

Course description

This course is aimed at anyone who would like to know how to vary their diet and, in particular, how to diversify protein sources and add more plant proteins.

Come and learn the basics about legumes! How to choose them, how to prepare them to avoid discomforts and ideas for tasty recipes. A training course that will give you lots of tips and tricks!
Registration required

FREE FOR PARTICIPANTS IN THE ECO-CITIZEN TRAINING PROGRAM

Register for the Eco-citizen training pathway and gain access to all pathway training courses until December 15, 2023!

Training calendar
Refund

Refund policy - TRAININGS

A full refund will be given if the participant cancels more than 7 days before the course. For cancellations made 7 days or less before the course, a refund will be given, but a 15% administration fee will be charged.

The participant understands that payment of the registration fee constitutes a contract, and that no refund will be given if he/she does not show up on the evening or on the day of the course.... except when the absence is the result of a major reason (illness, injury, accident).

A full refund will be given when Craque-Bitume cancels or reschedules a training session.

Opinions

Our shutters

https://craquebitume.org/pages/craque-bitume#shopify-section-template--16140994937008_6ad6cfdd-3ace-4ce0-aefd-82e34d2d88dc

Our shutters

Compostus [<https://craquebitume.org/pages/compostus>]

Offer citizens the possibility of composting in urban areas;

Raising awareness
composting and promote its various forms.

Jardinus [<https://craquebitume.org/pages/jardinus>]

Nurture, Include and Educate;

Democratize green, lively public spaces;

Setting up and running community gardens;

Continue experimentation and innovation to increase the effectiveness of ecological gardening.

Associations [<https://craquebitume.org/pages/vie-associative-1>]

Maintain and develop the collective aspect of the organization through, among other things, inter-company collaboration;

Ensure mission fulfillment, financial viability and respect for the people involved in implementing the organization's projects.

Training [<https://craquebitume.org/collections/formations>]

Empowering citizens;

Keep abreast of the training needs of eco-citizens and seek to meet them.

Shutter detail

Urban gardening

<https://craquebitume.org/pages/jardinus>

Urban gardening

Gardening means getting closer to your food, connecting with nature and the present moment, and developing your food autonomy.

Having a vegetable garden helps improve urban biodiversity, reduce heat island effects and beautify spaces. Gardening is also an excellent way of fostering community ties and intergenerational contacts, promoting learning and countering social isolation. Do you live in Quebec City and want to garden? There are several options open to you.

Ready to garden? You could...

1. Participate in collective gardening

The collective garden of the ateliers à la terre

Fall under the spell of Ateliers à la Terre, a collective garden that began in 1997! Originally supported by the Centre Jacques-Cartier, it has been under the aegis of Craque-Bitume since 2019. This is our largest garden, with a surface area of over 2,000 m², in full expansion, in the heart of Quebec City. It's for anyone who wants to get involved in a collective garden, learn about ecological agriculture and improve their food self-sufficiency.

Find out more here!

The Berges school collective

New garden in 2023! More details to come...

A few useful links...

Sign up for a community garden in Quebec City

[<https://docs.google.com/forms/d/e/1FAIpQLSdgUfnwgYqZEwtsC4VqdkPrRBEdDEkKRNgyLAv-XGmbzeATyQ/viewform?pli=1>]

Guide d'accueil au jardinage collectif des Ateliers à la terre

[<https://craquebitume.org/products/guide-des-participant-e-s-aux-jardins-collectifs?ose=false>]

View the Cultive ta ville gardening map [<https://cultivetaville.com/fr/#map>]

Ready to garden? You could...

2. Use our support services

Horticultural activities in a community garden

[<https://craquebitume.org/products/accompagnement-manuel-horticole?ose=false>]

In a spirit of community and sharing, the group chooses the seeds, gardens and harvests together, helped by the horticultural animator who guides, teaches and animates the group. More details here.

Accompaniment in the realization of a garden

[<https://craquebitume.org/products/animation-dans-un-jardin-et-conseils-horticoles?ose=false>]

From ideation to installation, Craque-Bitume accompanies groups with a view to empowerment. This can take the form of planning support and/or leading activities in the garden.

More details here.

Leading activities with children

To familiarize youngsters with gardening and healthy eating, Craque-Bitume offers various workshops in schools, low-income housing, day camps and early childhood centers in the Quebec City region.

Write to us for more details. [<https://craquebitume.org/pages/contact>]

Ready to garden? You could...

3. Garden at home

Gardening in your own backyard

Having a vegetable garden also contributes to improving urban biodiversity, reducing heat island effects and beautifying spaces.

Check out our guides below for an introduction or more in-depth advice!

Gardening on your balcony

You can also garden on your balcony, in a container.

Discover our self-watering bins or learn how to make them yourself below!

[<https://craquebitume.org/products/bac-a-reservoir-d-eau-auto-arrosant>]

See our specialized gardening products

A range of local and ecological products awaits you in our general store.

See our gardening bins and other garden products!

Discover our training courses! [<https://craquebitume.org/collections/formations>]

This way!

Ready to garden? You could...

4. Discover gardening resources

Guide

Sowing calendar [<https://craquebitume.org/products/calendrier-de-semis-a-linterieur>]

Guide

Pests [<https://craquebitume.org/products/les-ravageurs>]

Guide

Compagnonnage [<https://craquebitume.org/products/compagnonnage>]

Guide

Cultivating solidarity [<https://craquebitume.org/products/guide-cultiver-la-solidarite>]

Guide

Cultivate your living environment

[<https://craquebitume.org/products/guide-cultiver-son-milieu-de-vie>]

Guide

MAPAQ Urban Farmer's Guide

[<https://craquebitume.org/products/tout-ce-qui-peut-vous-etre-utile-pour-devenir-autonome-dans-votre-jardinage>]

Guide

Introduction to home gardening

Guide

Self-watering tub manufacturing technique

[<https://craquebitume.org/products/fabrication-de-bacs-a-reservoir-deau>]

Guide

Seed saving [<https://craquebitume.org/products/conservation-des-semences>]

Answers to your questions

FAQ about community gardening

What's the difference between a community garden and a collective garden?

Community garden

Each person cultivates his or her own container or individual plot, from seed to harvest.

Advantages - People are autonomous; schedules are flexible; choice of crops is simplified.

Disadvantages - People need to be able to do everything on their own; Individual space is more limited, so experimentation possibilities are too; Exchanges are more limited as you don't always bump into other people; The time invested in the interview is proportionally greater.

Collective garden

People jointly cultivate the whole garden. Tasks and harvests are shared.

Advantages - Maintenance time and responsibilities are shared; Social ties, team spirit and solidarity are encouraged; Collective learning is valued (exchange of experience and knowledge).

Disadvantages - Schedules often have to be fixed and are defined by the group; The choice of crops is made as a group and may not exactly suit each person's tastes; It is necessary to communicate with the group in order to coordinate the execution of tasks; Each person's expectations have to be reconciled.

From the guide: Cultiver son milieu de vie

How do I start a community garden in my organization?

Our Cultiver son milieu de vie guide is THE reference for starting a community garden in your organization. Here's the link to consult it.

You can also call on us to accompany you into the beautiful world of community gardening! Visit the Gardening Tools section of our General Store.

What's so special about the Ateliers à la Terre garden?

The Les Ateliers à la Terre garden is our largest collective garden, covering an area of 2,000 m². The garden produces between 8,000 and 12,000 lbs of vegetables annually, and over 600 lbs of honey depending on the season. What makes it stand out is its large surface area, given that it's located on the border of the Beauport and Limoilou districts!

Who can register or visit the garden during the summer?

Everyone, without exception, is welcome to sign up, or even just to visit, during our opening hours. We register up to 100 individuals or families for baskets (harvest sharing). We welcome children, but require a parent/supervisor on site. We also welcome group visits, ideally by appointment. (An accompanying person is required).

How much does registration cost?

The cost of regular registration is \$50.

Cost details:

40 - in the garden

5 - at the Craque-Bitume office (which entitles you to discounts)

5 - registration management fee

We require every participant to register with our Louis-Jolliet student cohort. It's thanks to our collaboration with this adult education center that we can offer you participation in garden activities at an advantageous price.

The Centre d'éducation Louis-Jolliet supports our educational mission by keeping our registration fees affordable for everyone. So it's important to keep track of your hours of participation to help finance the project.

You can also register without the Louis-Jolliet by paying the actual cost of \$250.

For those on low incomes, free access is available through the Accès-Loisirs organization. As space is limited, we invite you to contact them directly at 418-657-4821 or acces-loisirs@bellnet.ca.

Non-permanent residents can also register. Contact us at jardinsolidaire@craquebitume.org for more information.

What activities can I take part in? What are the expectations of participants?

As in any garden, there are farming tasks to be carried out throughout the season... Plus, you can:

- Participate in harvesting and distribution;
- Participate in meetings held throughout the year to have a say in decisions affecting the garden and its operation;
- Perform related tasks useful to the project, such as site organization and maintenance;
- Organize and benefit from social and educational activities (see "What are the learning options?") ;
- Consult and record information to help us improve our practices.

In terms of participation, expectations are flexible. Participants are encouraged to get involved in all types of tasks. However, it's everyone's responsibility to respect their own limits.

The advantage of a collective garden is that you can count on the group when you're not available (vacations, for example). However, regular help is required to ensure the smooth running of the season, and to participate in the collective effort. For more details on how we operate and the rules of life, see the Ateliers à la Terre Presentation Booklet.

Who do I contact?

To register, please fill in the following form. We will contact you to follow up your request.

If you have any questions about Ateliers à la terre, please contact the person in charge of the garden at jardinsolidaire@craquebitume.org or ateliersalaterre@craquebitume.org.

What's the schedule for the Ateliers la terre garden?

Here's the schedule for the Ateliers à la Terre garden:

Monday: CLOSED

Tuesday: Open from 9:00 to 12:00 and from 16:00 to 19:00

Wednesday: Open from 9:00 to 16:00

Thursday: CLOSED

Friday: Open from 9:00 to 19:00

Saturday: Open from 9:00 to 16:00

Sunday: Open from 9:00 to 16:00

You can consult the detailed schedule [here](#).

Who is entitled to a vegetable basket?

To obtain a basket of vegetables you must:

- 12 hours of work in the garden before obtaining the first basket.
- It then takes 6 hours of work in the garden to obtain a basket.
- Enter your name on the basket sheet (Attention! Registration closes at 10 a.m. on the day of basket distribution)

All surplus vegetables are donated to local food banks or community organizations.

Baskets are distributed from late June to October, depending on the conditions of each season. It is therefore possible for participants to have one basket per week if they get involved.

What are the learning options?

A horticultural coordinator is on site at all times to supervise participants and ensure that daily garden tasks are understood and carried out.

You can also get involved and learn year-round by :

- Activities by and for participants on a variety of themes leading to the sharing of diverse skills, such as cooking, drawing and photography;
- Herbalist activities such as the creation of herbal teas, bath salts and skin care products (the garden has a large herbal area and three dryers/dehydrators);
- A committee to transform some of the food we have in surplus;
- An experimental cultivation area to enable gardeners to try out new ideas;
- Gardeners' Committee meetings, leading to various reflections on the collective garden (balance sheet, preparation of the garden plan, future crops, etc.).

How do I sign up for a community garden?

The first step is to register your interest in our pre-registration form via this link in April. Registration is free and you will be contacted by a member of our garden staff...

Then, during chores, you'll be contacted by a group of gardeners, if applicable, to work collectively on the garden. There's also the possibility of volunteering for day-to-day garden tasks, such as watering or weeding. In this case, you'll be in control of your own schedule, and will be able to carry out these tasks at a time that suits you.

What tasks can I expect?

In community gardens, the tasks are more numerous at the beginning and end of the season. These include sowing and transplanting seedlings, planting seedlings, adding compost to potting soil and many other related tasks. Then, during the warmer gardening months, it's all about watering, weeding and plot maintenance. When the crops are ready, they are picked and the following weeks are spent preparing the garden for winter.

What's the garden schedule?

Garden schedules vary according to a number of criteria. If group chores are organized, a time slot will be shared with you. If it's more a question of maintenance, you can divide up the tasks according to your availability. In any case, it's possible to get involved at different times of the day, as long as the sun is out!

Is there a community garden near me?

To find out where our community gardens are located, we invite you to consult this interactive map.

I've never gardened before, would this be for me?

When you get involved in one of our gardens, a horticultural supervisor is often present on site. Supervision is provided on an as-needed basis. Our mission is to make collective gardening as inclusive as possible, so if you have any particular fears or apprehensions, please don't hesitate to contact us.

If you'd like to go further, we offer specialized gardening training courses. Visit the gardening tab on the training page to find out what's on.

Archives

Past projects

5 community gardens

Raconte-moi des salades" project

Collective garden project in 5 CHSLDs in the Capitale-Nationale region.

Read more [<https://craquebitume.org/products/projet-raconte-moi-des-salades>]

Domaine d'Antoine at CHSLD Saint-Antoine (Secteur des Rivières) * Jardin des Sens at CHSLD Limoilou (Maizeret) * Jardin Terre-Générationnelle at CHSLD du Faubourg (St-Jean-Baptiste) * Jardin du CHSLD de l'Hôpital Général (Saint-Roch) * La vie en couleurs at CHSLD Saint-Augustin (Beauport)

With the kids!

School garden - I'm learning by gardening!

A garden in the schoolyard: what a great way to get youngsters interested in gardening, letting their hands work the soil and then marvelling at the results!

Read more [<https://craquebitume.org/products/potager-scolaire-japprends-en-jardinant>]

Urban Composting

<https://craquebitume.org/pages/compostus>

Urban Composting

The Craque-Bitume collective, through its Urbanus Compostus program, aims to facilitate and inspire the practice of composting.

🍌 Manage your own residual materials responsibly and ecologically. 🌿 Get closer to nature with a better understanding of life cycles. 🌻 Transform your "waste" into a quality resource for plants!

Ready to compost? You could...

1. Participate in community composting

For whom?

Composting for EVERYONE

[https://cdn.shopify.com/s/files/1/0532/1782/0848/files/Guide_participation_Compostus-compressed.pdf?v=1647012612]

Thanks to community composting, you don't have to be a landowner to compost in the city! Craque-Bitume offers you the opportunity to compost at one of its 37 community composting sites.

These sites are drop-off points for putrescible materials from registered citizens. A certain level of involvement on the part of participants is required to take advantage of this free service, such as taking part in compost harvesting chores.

To find out more, both about composting and how our sites work, consult the welcome guide given to our participants.

Where?

Throughout Quebec City

[https://www.google.com/maps/d/u/0/viewer?ll=46.82496236702285%2C-71.23989855000002&z=14&mid=1_efM5kOFQbOifPChjPC50on0smA]

These 37 sites are located in the districts of Limoilou, Beauport, Saint-Roch, Saint-Sauveur, St-Jean-Baptiste, Montcalm, Vieux-Québec, Sainte-Foy, Cap-Rouge, Neufchâtel and Charlesbourg.

****6 new community composting sites were installed during the summer of 2021, these being mainly in central neighborhoods: École Sainte-Odile, Îlot des Palais, Jardin Jean-Paul-L'Allier, Place Roger-Lemelin, Parc Berthelot and Centre Lucien-Borne!**

Some useful links...

Sign up for community composting

[<https://docs.google.com/forms/d/e/1FAIpQLSdcbyQGfowNFnODRvMpPkqwxLf0szVFJdXPIKEfG69D20FEA/viewform>]

Consult the map of community composting sites

[https://www.google.com/maps/d/viewer?ll=46.82496236702285%2C-71.23989855000002&z=14&mid=1_efM5kOFQbOifPC50on0smA]

Community Composting Welcome Guide

[https://cdn.shopify.com/s/files/1/0532/1782/0848/files/Guide_participation_Compostus-comprese.pdf?v=1647012612]

Any questions?

our FAQ on community composting.

[https://craquebitume.org/pages/compostus#section-template--16159808356528__8474eac6-f3ec-4710-b495-36b0ade75a04]

Ready to compost? You could...

2. Use our support services

Implement a composting project in your community!

[https://drive.google.com/file/d/1L4dJ4Yhn77wRf7MOHGrEfLuOv_OxklUK/view?usp=drive_link]

Take a look at our support services.

Discover our composters

Group coaching

[<https://craquebitume.org/products/formation-compost-communautaire-autonomie?ose=false>]

Whether it's for your housing cooperative, school, association or business, we support groups, housing cooperatives, schools, associations and businesses in setting up composting sites, as well as offering customized training.

Composting training for the general public

We also offer training courses for the general public on composting (community, home or indoor composting), demystifying the practice and teaching basic techniques.

Customized compost collection service

[https://craquebitume.org/products/collecte-de-matiere-compostable-sur-mesure?_pos=1&_psq=mati%C3%A8&_ss=e&_v=1.0]

Craque-Bitume is here to help you make your event more eco-friendly! Would you like to keep the compostable material produced at your event out of the garbage? We can recover it and put it to good use by composting it.

Ready to compost? You could...

3. Composting at home

Make your own composter

[<https://craquebitume.org/products/composteur-domestique-double?ose=false>]

Backyard composting

For those who have access to land, the best way to recycle your organic waste is to compost it at home!

Craque-Bitume has developed a home composter model handcrafted in Quebec City from hemlock (a wood that resists putrefaction). This composter will help you reduce your ecological footprint for years to come!

Buying a composter

[https://drive.google.com/file/d/1REWsACfEfy_Yu9Av3BjH0O5WXx3XucBG/view?usp=drive_link]

Backyard composting

Once you've purchased one of our hemlock composters, a plastic composter sold in supermarkets, or made your own, consult our tips and tricks, such as the very practical Guide d'introduction au compostage domestique, to learn the best practices for successful composting.

"Balcomposter"

[<https://cdn.shopify.com/s/files/1/0532/1782/0848/files/Guide-de-fabrication-dun-balcompost.pdf?v=1620514263>]

Composting on your balcony

You can also compost on your balcony using Balcompost.

Consult our step-by-step guide to learn how to make balcompost.

Find out more about vermi

Vermicomposter [<https://vimeo.com/85951059>]

Thanks to the wonderful compost worms (*Eisenia Foetida*), you can compost anywhere, even in your kitchen! Surprising?

Odorless, very discreet and educational, vermicomposting certainly is!

See a video explaining vermicomposting.

Making your own vermi

Vermicomposter

[<https://craque-bitume.myshopify.com/products/guide-de-fabrication-d-un-vermicomposteur?ose=false>]

For DIY enthusiasts, we offer a free guide to building a worm compost bin.

Alternatively, we also offer a starter kit for sale; however, you'll need to source the worms from an external supplier.

Discover the joys of indoor composting!

Ready to compost? You could...

4. Discover composting resources

Guides and publications

Mémoire au sujet de la révision du PMGMR 2024-2031; Composting, more important than ever!

[https://drive.google.com/file/d/12TCNRlzubuyF01YZUKteXGVNICpKTKqz/view?usp=drive_link]

Memoir on complementary approaches to composting

[https://drive.google.com/file/d/1x2QlqLp7DgP_P5IMgKBRWCQK3FPu89Rz/view?usp=drive_link]

Discover our

Introduction to home composting

[https://drive.google.com/file/d/1REWsACfEfy_Yu9Av3BjH0O5WXx3XucBG/view?usp=drive_link]

Discover our

Home composter model [<https://craquebitume.org/products/composteur-domestique-double>]

Discover our

Technique for making balcompost

[https://drive.google.com/file/d/14Jh12LXC6LZQ5p62BqEeSHqKrPLk-9lD/view?usp=drive_link]

Discover our

Introduction to vermicomposting

[https://drive.google.com/file/d/15aElgNzXif1h6z9McH6Yvv9wHN7DgVI2/view?usp=drive_link]

Discover our

Guide to making vermicompost [<https://vimeo.com/85951059>]

Discover our

Technique for harvesting vermicompost

[https://drive.google.com/file/d/15aElgNzXif1h6z9McH6Yvv9wHN7DgVI2/view?usp=drive_link]

ANSWERS TO YOUR QUESTIONS

Community composting FAQ

GENERAL QUESTIONS

What is compost?

Compost is the result of aerobic decomposition (in the presence of oxygen) of organic matter. Decomposition is a natural process that can be controlled to optimize the speed and quality of composting. In this way, we obtain a result adapted to our needs and/or urban realities (odors, vermin, flies, etc.). Mature compost resembles earth and gives off an undergrowth odor. It's an excellent natural soil improver, improving many soil properties (structure, life support, water retention, etc.). Compost also provides fertilizing elements ready for use by plants, as the nutrient stabilization process facilitates this exchange.

To make good compost, you need to mix "green matter" and "brown matter", in varying proportions depending on the type of brown matter used. For simplicity's sake, let's say you need about 1 part table scraps to 2 parts leaf litter.

Does it stink?

Unpleasant odors from decomposing materials come from anaerobic (oxygen-free) reactions. When compost is stirred properly, with a good ratio of green and brown materials, an aerobic reaction (with oxygen) occurs, giving off little or no odor.

This must be a vermin nest!?

Properly managed, stirred at least once a week, and with no fat or animal matter, a compost bin is not particularly attractive to vermin. Vermin (such as mice) can be found everywhere outdoors, compost or not. It's a good idea to line the inside of a wooden bin with ½ inch wire mesh, to block access.

What to compost

Green materials :

- Fruits and vegetables
- Bread, pasta, rice
- Plants, flowers
- Crushed eggshells
- Coffee grounds (including filter) and tea bags
- Pulses
- Brown matter:
- Dead leaves, straw
- Untreated fine sawdust
- Wilted flowers and dead plants (not diseased)
- Small branches

Torn newspaper and unwaxed cardboard
Walnut hulls in pieces

What not to compost?

Dairy products
Bones, meat and fish scraps
Oils and fats
Diseased plants
Litter and excrement
Vacuum cleaner dust
Weeds that have gone to seed
Chemical products
Wood ash
Biodegradable" plastic
Compostable plastic
Fruit and vegetable labels

What to do with biodegradable or compostable plastic bags?

Plastic bags are not welcome in compost, even if they are certified biodegradable or compostable. They greatly slow down the decomposition process and create a barrier to compost aeration, creating unpleasant odours. Biodegradable bags degrade (after a few months), but not completely: small fragments remain and contaminate the compost. Compostable bags can only be composted at temperatures above 70° Celsius, a temperature not reached in home or community composting.

NOTE: brown paper bags are welcome. Cut them to activate paper decomposition.
What composting volunteer opportunities are available to me?

Here are the volunteer opportunities related to composting at Craque-Bitume:

Participate in the composting site tour as a Super-Participant. The task is to mix compost and add the necessary brown materials once a week at a community composting site.

Participate in a spring or fall compost harvest.

Participate in the installation of a new community composting site.

Represent Craque-Bitume, accompanied by an experienced employee, at booths or training sessions to talk to people about composting. Ex.: Limoilou public market.

Thank you very much for your interest in Craque-Bitume. Volunteers are essential to our mission! To find out more, please visit our volunteers page.

HOME COMPOSTING

What are the advantages of setting up a composting site at home?

This allows you to reduce your waste and recycle it in situ, i.e. locally! The local aspect has several advantages, such as limiting the cost and pollution associated with collection trucks, and ensuring that waste is available when you need it. The result is quality compost that provides nutrients for plants! Last but not least, it's empowering and educational for both users and the community!

Does a home composter require a lot of maintenance?

No, composting on your own land is very simple! The two most essential regular actions are adding brown matter and stirring and/or aerating the compost.

Are there any drawbacks to having a composter at home?

Of course, you'll need to set aside a space on your property dedicated to your composter. What's more, you need to be fairly diligent about adding materials and stirring and aerating the compost to ensure that it doesn't give off unpleasant odours. Finally, not everyone considers a compost bin to be aesthetically pleasing.

Does a compost bin have to be installed on soil?

It's really preferable to install the composter directly on the natural soil (earth, grass) to allow the micro-organisms and small living organisms present in the soil to naturally integrate its contents and contribute to its composting. What's more, this allows any excess liquid to be absorbed by the compost. That said, it is still possible to install a compost bin on an artificial surface, even if this is less optimal.

Where can I get a home composter?

Several models of domestic composters are available for sale. You'll find all kinds in hardware stores. We offer a model for sale that we consider practical, durable and adapted to our climate, due in part to the fact that it's made of one-inch-thick, locally sourced hemlock.

What's better between a plastic and a wooden composter?

A plastic composter is likely to be less durable, since it can break more easily, especially in winter when temperatures are very cold, whereas wood remains relatively flexible. What's more, plastic "breathes" less than wood, whereas compost requires aeration and moderate humidity.

Do you offer a home composter installation service?

Following the purchase of a domestic double composter in our general store, if you don't wish to come and pick it up yourself, you can have it delivered and installed on your property within the limits of Quebec City, for an additional \$80 fee.

COLLECTIVE COMPOSTING

Do you offer a collective composting installation service?

Yes, we can manufacture, deliver and install compost bins for community composting sites.

Please see our "community composter" product in the general store!

What are the advantages of setting up a collective composting site?

This allows you to reduce your waste and recycle it in situ, i.e. locally! The local aspect has several advantages, such as limiting the cost and pollution associated with collection trucks, and ensuring that waste is available when you need it. The result is quality compost that provides nutrients for plants! Last but not least, it's empowering and educational for both users and the community!

We're currently having trouble managing our collective composting site. Can you help?

Yes, we can help! You can call on us for a group training course: "How to get started with collective composting". If required, we can even come and help you with your project, give you advice and answer your questions!

Do you offer a collective composting maintenance service?

Yes, since we already maintain Quebec City's community composting network, it's possible to offer us a contract to provide you with a similar all-inclusive maintenance service.

We'd like to set up a composting site in our community. Where do we start?

We recommend that you start by collecting the names of people interested in taking part in the project. If you gather enough motivated people, you could first take the "How to start your collective composting" training course, then plan the quantity of community composters needed for your project and order them directly from our general store!

COMMUNITY COMPOSTING

The lock on my community composting site seems to be frozen. What can I do?

Unfortunately, combination padlocks sometimes freeze and you can't turn the numbers and/or open the padlock. This is mainly due to freezing/thawing: so it's periods when the temperature rises above 0°C and then falls again that are problematic. It can also happen when it's extremely cold.

If you have a lighter with you, you can try heating the mechanism to thaw it, but this trick doesn't always work. We regularly visit sites to defrost and put lock de-icer in padlock mechanisms as needed. So the situation shouldn't last long. As long as the temperature is below 0°C, you can keep your organic waste in a container outside (on the balcony, for example), until you can return to the site.

When are the sieving/harvesting chores carried out?

We announce our chores a little in advance, and they usually take place in late spring/early summer and mid-autumn.

How can I join a community composting site?

To register, follow the instructions at the top of this page.

How involved is it to participate in a community composting site?

You need to add brown matter (available on the site) to each organic matter deposit; stir the compost thoroughly at least once a month and, whenever possible, take part in one or other of the harvesting chores organized by our team twice a year, in spring and fall.

VERMICOMPOSTING

When will Craque-Bitume be selling compost worms again?

Unfortunately, we do not expect to sell worms again in the medium term.

Is vermicomposting accessible to people living in apartments or without access to land?

Yes, that's the idea behind the concept! All you need is a space indoors that's not directly exposed to sunlight, in a cool, rather quiet spot, to keep your vermicompost bin.

I'd like to start a vermicomposting project. Where do I begin?

First, we suggest you watch our short video on vermicomposting! Vermicomposting worms are becoming increasingly hard to come by, as they're in short supply. You can start by buying a vermicomposting kit, then look for people who have worms to sell, as the worms in their worm composters reproduce. At present, we know of no large-scale worm farms in Quebec.

Can I buy ready-made vermicomposting kits?

Yes, although they're easy to make yourself, we do offer some for sale in our general store!

Where can I get compost worms?

Unfortunately, we do not plan to sell worms again in the medium term, and we are not currently aware of any large-scale farms offering worms for sale in Quebec. We recommend that you look for people who have worms for sale on private sale platforms. This is relatively common, since worms reproduce in a vermicomposter.

When is vermicomposting not appropriate?

Vermicomposting isn't appropriate if you're not prepared to take the time to cut your food scraps into small pieces, and sort them according to certain restrictions, which are more limiting than in traditional outdoor composting.

What to compost in a vermicompost?

We invite you to consult our worm composting checklist, where you'll find all the information you need!

Community life

<https://craquebitume.org/pages/vie-associative-1>

Community life

Conseil d'administration (CA)

[https://craquebitume.org/pages/conseil-dadministration#section-template--16147692683440__5872d626-8f0e-4ae6-9902-27efb9cdd50c]

Devenir membre

[https://craquebitume.org/collections/magasin-general-1#section-template--16167674511536__56f88806-baa7-4db8-8c0b-8275bff39f09]

Activités du collectif

[https://craquebitume.org/pages/vie-associative-1#section-template--16180971962544__0e5b9e0c-028d-4abc-a5f2-9ee3e89425ac]

Devenir bénévole

[https://craquebitume.org/pages/vie-associative#section-template--16147776045232__458a60d2-4db2-4252-95ff-c33bc8abdc7b]

Getting involved
in community life

Become
volunteer

Whether you'd like to lend a hand with a composting chore, help make our various gardens even more beautiful, help develop an eco-citizen training program or write an article about eco-citizenship for our newsletter, there are plenty of ways to contribute to the organization's various activities!

I want to become a volunteer [<https://craquebitume.org/collections/magasin-general-1>]

I want to know more about volunteer opportunities

[<https://craquebitume.org/collections/magasin-general-1>]

Take part in the
corporate management

Our AGM and Board meetings are open to all

[<https://craquebitume.org/pages/conseil-dadministration>]

Interested in joining our Board of Directors? Send us your application

[<https://craquebitume.org/pages/contact>]

Participate in
collective activities

In addition to our superb training program

[<https://craquebitume.org/collections/magasin-general-1>], we also organize free activities and meetings based on popular education, knowledge sharing and empowerment. Come and take part in our collective reflections!

Discover the program [<https://craquebitume.org/collections/magasin-general-1>]

Give love to our
community gardening

Sign up [<https://craquebitume.org/collections/magasin-general-1>] for community gardens.
Join our bank of volunteer gardeners! - for chores and occasional needs

Give love to our
community composting
Sign up [<https://craquebitume.org/collections/magasin-general-1>] for community composting.
Become a superparticipant!

Training

<https://craquebitume.org/collections/formations>

Vegan cooking groups
Eco-citizen training courses
Training for groups
Training FAQs

Explore our training courses by date

← September 2023 →

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Introduction to herbalism

Food preservation: fermentation, salting and smoking - theoretical session

Herbalism: root harvesting

Gardening: cutting techniques for indoor plants

Food preservation: fermentation, salting and smoking - practical workshop

Powered by  The Shop Calendar

Vegan cooking groups

Coming soon

100% off

Subscription to vegan cooking groups - How it works

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/abonnement-aux-cuisines-de-groupe>]

Free

Add to basket

Vegan cooking group: Tuesday, September 26 edition

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/groupe-de-cuisine-vegetalienne-mardi-26-septembre-2023>]

55.00 \$

Add to basket

Vegan cooking group: Saturday, September 30 edition

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/groupe-de-cuisine-vegetalienne-samedi-30-septembre-de-13h-a-16h>]

55.00 \$

Add to basket

Vegan cooking group: Thursday, September 28 edition

[<https://craquebitume.org/collections/groupe-de-cuisine-vegetalienne/products/jeudi-28-septembre-de-12h-a-15h>]

55.00 \$

Add to basket

All training courses included in the eco-citizen training program

Eco-citizen training courses

Register for the training course

[<https://craquebitume.org/products/parcours-de-formations-ecocitoyennes>]

Eco-citizen training courses

[<https://craquebitume.org/collections/parcours-de-formations-ecocitoyennes>]

All training courses [<https://craquebitume.org/collections/formations-illimitees>]

Homemade [<https://craquebitume.org/collections/diy>]

Power supply [<https://craquebitume.org/collections/cuisine>]

Urban ecology [<https://craquebitume.org/collections/ponctuelle>]

Gardening [<https://craquebitume.org/collections/jardinage>]

On request

Training for groups

Request training for your group!

Group training - ABCs of ecological gardening

[<https://craquebitume.org/collections/formations-de-groupe/products/abc-du-jardinage-ecologique>]

of \$210.00

Select options

ABC of home composting

[<https://craquebitume.org/collections/formations-de-groupe/products/le-compostage-domestique-tout-ce-que-vous-devez-savoir>]

of \$165.00

Select options

Introduction to the zero waste lifestyle

[<https://craquebitume.org/collections/formations-de-groupe/products/introduction-au-mode-de-vie-zero-dechet>]

of \$210.00

Select options

AABC shoots and sprouts

[<https://craquebitume.org/collections/formations-de-groupe/products/initiation-aux-pousses-et-aux-germinations-1>]

of \$245.00

Select options

How to get started with collective composting

[<https://craquebitume.org/collections/formations-de-groupe/products/formation-compost-communautaire-autonomie>]

of \$165.00

Select options

ABCs of Soilless Gardening

[<https://craquebitume.org/collections/formations-de-groupe/products/jardinage-hors-sol>]

of \$240.00

Select options

ABCs of edible landscaping

[<https://craquebitume.org/collections/formations-de-groupe/products/amenagement-comestible-1>]

of \$240.00

Select options

ABCs of urban gardening

[<https://craquebitume.org/collections/formations-de-groupe/products/jardinez-sur-votre-balcon-en-ligne>]

of \$480.00

Select options

ABCs of Vermicomposting

[<https://craquebitume.org/collections/formations-de-groupe/products/abc-du-vermicompostage>]

of \$165.00

Select options

ABC of harvesting and seed saving

[<https://craquebitume.org/collections/formations-de-groupe/products/abc-de-la-recolte-et-la-conservation-de-semences>]

of \$220.00

Select options

A training idea?

We're always on the lookout for new training ideas to please our customers!

Write to us directly with your idea and we'll be happy to consider it!

Feel free to use this text box to contact us with any questions or comments!

Name

E-mail *

Phone number

Message *

Team

<https://craquebitume.org/pages/equipe-et-emploi>

Discover the

Team members

Olivier Coulombe

Urban Composting Project Coordinator

Josyanne Proteau
Project manager for associations

Louis Guillemette
Coordinator

Sebastien Langlais
Furniture agent
Antoine Roy Audy
Urban gardening project coordinator

Nicolas Rousseau
Horticultural coordinator at Ateliers à la terre gardens

Aurore Becker
Composting and Training Administrative and Promotional Officer

Simon Gélinas
Administrative agent

Roxanne Bourgault-Faucher
Urban gardening project manager

Amélie Thivierge
Horticultural animator

Myriam Lacroix
Trainer and moderator

Coming soon
Communications Manager and Associative Life Project Manager

About us

<https://craquebitume.org/pages/craque-bitume>

Craque-Bitume is an organization active in urban ecology.
Our aim is to develop and promote eco-responsible actions that encourage community involvement and the adoption of a sustainable lifestyle.

How?

By piloting gardening and urban composting projects, as well as offering a range of eco-citizen training courses. We are also developing a range of products based on the social economy. Find out more about our four areas of action below.

Our vision

A city where citizens are collectively committed to the development of an eco-responsible society.

Our values

What drives us forward

Respect

Respect for living beings and their environment through harmonious relations and recognition of others.

We are always looking for a win-win approach, both within the collective and in our various collaborations, whether with our participants or our partners. Respect for our mission, respect for long-term perspectives and respect for the people involved remain at the heart of our actions and choices.

Self-management

Self-management through consensus-building, transparency, egalitarian relations, listening and decentralized operation.

We prefer consensus, because we believe it's a way of promoting collective intelligence. What's more, we believe that constructive solutions can be found to bring together apparently opposing viewpoints. A co-coordination committee (which includes the coordinator and the project managers for each component) fosters more egalitarian relations and decision-making that is both more fluid (than if the whole team were involved in each decision) and more consensual (than if only one person were responsible).

Innovation

Innovation through creativity, experimentation and openness to new ideas, while promoting traditional knowledge.

We're always striving to improve, to be inspired by what's positive and to listen to the needs of our community in order to make a real difference for the environment. We want to be accessible, but we're not afraid to be different in order to help promote and, above all, implement eco-citizen practices.

Our structure

Why a collective? To develop and promote eco-responsible actions and the adoption of a sustainable lifestyle, with a focus on civic engagement.

Craque-Bitume is organized as a collective because it draws on the synergy of a team made up of workers, trainees, volunteers and participants.

The organization's decision-making processes promote transparency and consensus-building.

The organization draws its strength and relevance from the people it brings together and the values it promotes!

You're welcome to participate in any of our projects, or find your own way to get involved and contribute to our mission.

Want to get involved?

Anything is possible!

Become a volunteer

Become a member

Participate in AGMs

Join the Board

History

<https://craquebitume.org/products/rapport-dactivite-2012-a-2019>

Activity reports from 2014 to 2021

Every year, our team produces an activity report. If you're curious to see what we've been up to over the past few years and how our organization and its projects have evolved, you can read them here:

2021 Business Report

[<https://drive.google.com/file/d/1-281Owi9jvZBoCfJYI18IKshmS9WVs3c/view>]

2020 Activity Report

[<https://drive.google.com/file/d/18Y77-4eH400vilO2Lc1P4dfKhumW1PdP/view>]

2019 Business Report

[https://drive.google.com/file/d/1ZNmy21pHejM_ZOaXx0yNXug1aGHTVkl_/view?usp=sharing]

2018 Activity Report

[<https://drive.google.com/file/d/1FnjQvLr97Ho8b9HNSnq2PUnK7lpx34d8/view?usp=sharing>]

2017 Activity Report

[<https://drive.google.com/file/d/1BOKj5tyE9cht84OHSE6Y0U5JsWtn3Ecm/view?usp=sharing>]

2016 Activity Report

[<https://drive.google.com/file/d/1pZp4kmyQi6J4alvp47ebKgORHT0dU5SE/view?usp=sharing>]

2015 Activity Report

[<https://drive.google.com/file/d/1miX-YQDWQJagt219CFo5ma40E2XE6RpR/view?usp=sharing>]

2014 Activity Report

[<https://drive.google.com/file/d/1iBJ5ivodF-pQeGK96X9NmRb5YBv76lyV/view?usp=sharing>]

FAQ

https://craquebitume.org/collections/formations#section-template--16167619362992_2158aaec-47dc-4056-9ca6-8ea9d2d7cb41

How do I register for a course?

Our new website is designed to receive your registrations! Simply select the course you're interested in, then click on "Add to cart". You can then proceed to payment directly in your basket. Once payment has been made, your place will be reserved for the course! You'll receive a confirmation e-mail with important information a few days before the course. If you haven't received it, please check your spam folder.

If you have any problems with your registration, please contact us directly by telephone or via the e-mail address formation@craquebitume.org.

How can I get the \$5 discount?

This discount is available to Craque-Bitume members. You can get your membership on our website, in the general store section. Once you've logged in to the member area, the \$5 discount will be applied automatically to your next purchases! This discount on our training courses is our way of thanking you for supporting our organization.

How do I access the discounted price for a series of training courses?

We are able to offer reduced prices thanks to our financial partner, the Centre de formation pour adultes Louis-Jolliet, which recognizes some of our training courses as a civic learning approach. To qualify, you must register as a Louis-Jolliet student and agree to certain additional obligations. To find out more, consult the section of our website dedicated to this purpose by clicking on "Learn more" on the page of the training series in question.

I've registered for an online training course and I still haven't received the login link. What should I do now?

A confirmation e-mail containing important information and the connection link is sent to you 2 to 5 days before the training session. If you do not receive it within this period, please check your

junk mail folder. If you have any problems, please contact formation@craquebitume.org as soon as possible so that the project manager can help you.

N.B. All our online training courses are recorded and can be listened to offline for two weeks. An e-mail will be sent to you within 2 days of the training session, containing the link to retrieve the recording.

I'd like to register for a course, but it seems to be fully booked. Is there any way I can still attend?

The number of places available is based on carefully considered criteria. If the course is full, we invite you to join the waiting list directly on the course page to register your interest. If a place becomes available, you'll be notified as soon as possible! Signaling your interest via the waiting list is also a way of letting us know that you'd like to see this training course organized again.

I've registered for a training course but won't be able to attend in the end. What should I do?

You can consult our refund policy by scrolling down the page of the training in question. Whichever way you proceed, we invite you to notify us of your absence at formation@craquebitume.org, so that we can proceed with a full or partial refund, situation permitting.

I'd like to take a training course, but it's not available in your offer. What should I do?

We're always on the lookout for new training ideas to please our customers! Write to us directly at formation@craquebitume.org with your idea, and we'll be happy to consider it!

I'd like to host a Craque-Bitume training session for a group. How do I go about it?

Visit the Group Training section of our website to see the courses on offer. You can also book and pay directly online!

I'm a trainer and I'd like to collaborate with Craque-Bitume to offer a training session. How do I go about it?

Write to us directly at formation@craquebitume.org to present your concept and discuss it further with us.

How can I get involved in Craque-Bitume's training program?

We frequently need volunteer help during some of our training courses. Let our project manager know of your interest by contacting formation@craquebitume.org!

Is it possible to access training content?

The majority of our training courses belong to our trainers. They decide whether or not to share their content.

If the content is available to you, we ask you not to share it as it is paid content.

Video recordings of our online training courses are available for two weeks following the course. If you wish to keep the content for a longer period of time, it is your responsibility to save it on an external storage device within the established timeframe. You may not share the content in any way.

Error 404

<https://craquebitume.org/patate/>

Oops! Page not found.
404 Error

The page you are looking for may no longer exist. If so, please do not hesitate to contact us.

2023, Craque-Bitume