

# MOHALI SWIM ASSOCIATION

**47TH PUNJAB STATE SWIMMING COMPETITION - 2024 FOR SENIOR MEN & WOMEN | U-10 BOYS & GIRLS TO BE HELD AT THE SECTOR 79, GMADA STADIUM FROM 11TH TO 13TH FEBRUARY - 2026**

## **Wednesday, 11 Feb 2026 – Morning Session**

- 800 m Freestyle – SENIOR MEN (Timed Final)
- 800 m Freestyle – SENIOR WOMEN (Timed Final)
- 200 m Individual Medley – SENIOR MEN (Heats)
- 200 m Individual Medley – SENIOR WOMEN (Heats)
- 100 m Butterfly – SENIOR MEN (Heats)
- 100 m Butterfly – SENIOR WOMEN (Heats)
- 200 m Backstroke – SENIOR MEN (Heats)
- 200 m Backstroke – SENIOR WOMEN (Heats)
- 50 m Freestyle – SENIOR MEN (Heats)
- 50 m Freestyle – SENIOR WOMEN (Heats)
- 50 m Freestyle – U-10 GIRLS (Heats)
- 50 m Freestyle – U-10 BOYS (Heats)
- 50 m Breaststroke – SENIOR MEN (Heats)
- 50 m Breaststroke – SENIOR WOMEN (Heats)
- 50 m Breaststroke – U-10 GIRLS (Heats)
- 50 m Breaststroke – U-10 BOYS (Heats)

## **Thursday, 12 Feb 2026 – Morning Session**

- 400 m Freestyle – SENIOR MEN (Timed Final)
- 400 m Freestyle – SENIOR WOMEN (Timed Final)
- 50 m Backstroke – SENIOR MEN (Heats)
- 50 m Backstroke – SENIOR WOMEN (Heats)
- 50 m Backstroke – U-10 GIRLS (Heats)
- 50 m Backstroke – U-10 BOYS (Heats)
- 200 m Breaststroke – SENIOR MEN (Heats)
- 200 m Breaststroke – SENIOR WOMEN (Heats)
- 100 m Freestyle – SENIOR MEN (Heats)
- 100 m Freestyle – SENIOR WOMEN (Heats)
- 200 m Butterfly – SENIOR MEN (Heats)
- 200 m Butterfly – SENIOR WOMEN (Heats)

## **Friday, 13 Feb 2026 – Morning Session**

- 1500 m Freestyle – SENIOR MEN (Timed Final)
- 1500 m Freestyle – SENIOR WOMEN (Timed Final)
- 100 m Breaststroke – SENIOR MEN (Heats)
- 100 m Breaststroke – SENIOR WOMEN (Heats)
- 200 m Freestyle – SENIOR MEN (Heats)

## **Wednesday, 11 Feb 2026 – Evening Session**

- 100 m Butterfly – SENIOR MEN (Finals)
- 100 m Butterfly – SENIOR WOMEN (Finals)
- 50 m Freestyle – SENIOR MEN (Finals)
- 50 m Freestyle – SENIOR WOMEN (Finals)
- 50 m Freestyle – U-10 GIRLS (Finals)
- 50 m Freestyle – U-10 BOYS (Finals)
- 50 m Breaststroke – SENIOR MEN (Finals)
- 50 m Breaststroke – SENIOR WOMEN (Finals)
- 50 m Breaststroke – U-10 GIRLS (Finals)
- 50 m Breaststroke – U-10 BOYS (Finals)
- 4 x 100 m Freestyle Relay – SENIOR MEN (Timed Final)
- 4 x 100 m Freestyle Relay – SENIOR WOMEN (Timed Final)
- 4 x 50 m Freestyle Relay – U-10 GIRLS (Timed Final)
- 4 x 50 m Freestyle Relay – U-10 BOYS (Timed Final)
- 4 x 200 m Freestyle Relay Mixed (Timed Final)

## **Thursday, 12 Feb 2026 – Evening Session**

- 400 m Individual Medley – SENIOR MEN (Timed Final)
- 400 m Individual Medley – SENIOR WOMEN (Timed Final)
- 50 m Backstroke – SENIOR MEN (Finals)
- 50 m Backstroke – SENIOR WOMEN (Finals)
- 50 m Backstroke – U-10 GIRLS (Finals)
- 50 m Backstroke – U-10 BOYS (Finals)
- 100 m Freestyle – SENIOR MEN (Finals)
- 100 m Freestyle – SENIOR WOMEN (Finals)
- 50 m Butterfly – SENIOR MEN (Finals)
- 50 m Butterfly – SENIOR WOMEN (Finals)
- 50 m Butterfly – U-10 GIRLS (Finals)
- 50 m Butterfly – U-10 BOYS (Finals)
- 4 x 100 m Medley Relay – SENIOR MEN (Timed Final)
- 4 x 100 m Medley Relay – SENIOR WOMEN (Timed Final)
- 4 x 50 m Medley Relay – U-10 GIRLS (Timed Final)
- 4 x 50 m Medley Relay – U-10 BOYS (Timed Final)
- 4 x 100 m Freestyle Relay Mixed (Timed Final)
- 4 x 50 m Freestyle Relay Mixed (Timed Final)

## **Friday, 13 Feb 2026 – Evening Session**

- 100 m Breaststroke – SENIOR MEN (Finals)
- 100 m Breaststroke – SENIOR WOMEN (Finals)
- 200 m Freestyle – SENIOR MEN (Finals)
- 200 m Freestyle – SENIOR WOMEN (Finals)
- 100 m Backstroke – SENIOR MEN (Finals)

**Friday, 13 Feb 2026 – Morning Session (contd.)**

- 200 m Freestyle – SENIOR WOMEN (Heats)
- 100 m Backstroke – SENIOR MEN (Heats)
- 100 m Backstroke – SENIOR WOMEN (Heats)
- 50 m Butterfly – SENIOR MEN (Heats)
- 50 m Butterfly – SENIOR WOMEN (Heats)
- 50 m Butterfly – U-10 GIRLS (Heats)
- 50 m Butterfly – U-10 BOYS (Heats)

**Friday, 13 Feb 2026 – Evening Session (contd.)**

- 100 m Backstroke – SENIOR WOMEN (Finals)
- 50 m Butterfly – SENIOR MEN (Finals)
- 50 m Butterfly – SENIOR WOMEN (Finals)
- 50 m Butterfly – U-10 GIRLS (Finals)
- 50 m Butterfly – U-10 BOYS (Finals)
- 4 x 200 m Freestyle Relay – SENIOR MEN (Timed Final)
- 4 x 200 m Freestyle Relay – SENIOR WOMEN (Timed Final)
- 4 x 50 m Medley Relay – U-10 GIRLS (Timed Final)
- 4 x 50 m Medley Relay – U-10 BOYS (Timed Final)
- 4 x 100 m Medley Relay – SENIOR MEN (Timed Final)
- 4 x 100 m Medley Relay – SENIOR WOMEN (Timed Final)
- 4 x 50 m Medley Relay Mixed (Timed Final)
- 4 x 100 m Medley Relay Mixed (Timed Final)