If at all possible, tactile learning is my utmost preferred method. I prefer not just to be able to do something physically, but also to do so alongside or after watching someone else do it with me. I think this is especially true in artistic mediums, I've never had much luck with diagrammed steps or written teaching. Having an in-person, practical attempt at something goes leagues towards getting those neural pathways locked in. Not to say the others are unusable, for instance visual media is also an important source for me. With as many online classes as I have, tactile learning isn't always an option, and visuals are definitely a big help in its absence.