

Shamanic Journey

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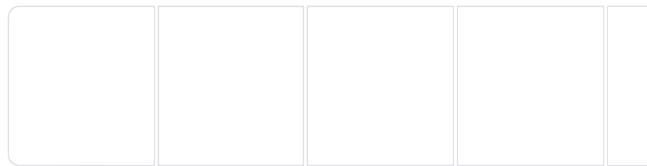
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Squirrel Power Animal Symbol Of Gathering Playfulness



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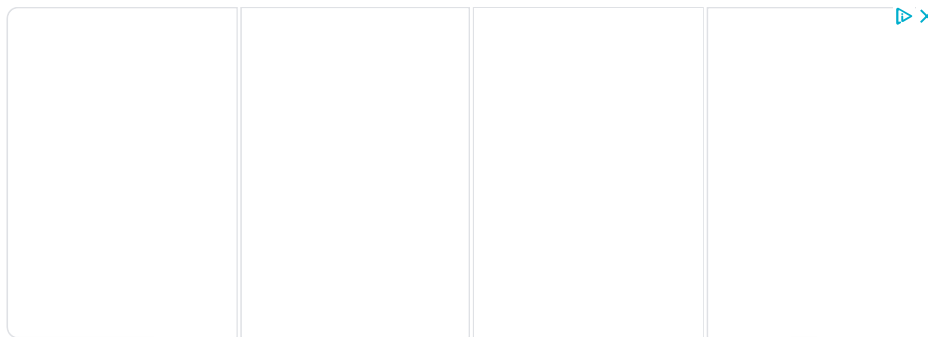
By Ina Woolcott

Squirrel's Gifts Include ability to solve puzzles, resourcefulness, quick change of direction, storing for the future/planning ahead, balance in giving and receiving, power of rest during times of non-movement, warning, discovery, change avoiding danger by climbing to a higher place, action.

The idea that there are obstacles which can't be overcome is not part of Squirrel's outlook on life, nor is giving up. Squirrel is an almighty power animal to have any time when you feel you have reached a dead end in your life, or in a situation and ready to give up. We are shown that perseverance and the readiness to try different methods are the keys to success.

This animal also shows us how important it is to be prepared. Few, if any, animals are busier than a squirrel during the autumn. They gather enough nuts and seeds to get through the winter and bury them. For us this is not only important on the physical level – it can also mean being as flexible as Squirrel when it comes to allowing and starting change.

When squirrels prepare for the winter, they gather only what they require. This teaches us the importance of letting go/getting rid of unnecessary physical objects, and also negative beliefs, emotions and memories which limit our faith in love and abundance. We need to lighten our load, physically, mentally and emotionally.



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As busy as these animals are, they always have time to play. Often in between gathering, they start to leap at each other and roll about in the leaves. They also seem to enjoy simply resting on a tree branch, enjoying the peace and quiet. This teaches us that there IS time for everything in life, that the balance between work, play, rest and contemplation is essential to our overall feeling of well being and harmony. We are also taught the balance within the circle of gathering and giving out. Our energy must not be wasted, but conserved for times of need. We are reminded that on our journeys to fulfil our goals, it is vital to make time for play and socialising.

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Squirrel as a Sign



Ask yourself are you too active, not active enough, too afraid, or hung up on accumulating and collecting. Squirrel people can sometimes be a little erratic, trying to do many things at once. Take the time to stop, listen and to heed your inner self.

It is probably not by chance (but a synchronicity) that squirrels are found wherever humans live. Perhaps they are here to herald a message for us all, not to give up, not to get stressed and as mentioned before there IS time for everything in life. Don't forget to play, no matter what age you are!



Choose Your 3 Cards For Free

Although squirrels are always prepared for what may come they have a tendency to forget where they store things. This forgetfulness is a reminder to those with this power animal to slow down, pay attention and to stop running several ways at once. I.e. don't have too much on your plate at any one time.

Squirrels are sociable and communicative and can be pretty vocal in both work and play. Their non-stop chitter-chatter can disturb the silence, creating a sense of distraction and chaos. If the continual chatter of the squirrel disturbs you, this is telling you to speak clearly and effectively or to go within and be still, depending on the circumstances surrounding your situation.

Squirrels are very trusting and are one of the few (wild) animals that will eat out of a person's hand. This symbolises a need to let down your defences, and to learn to trust more. Trust issues can be present in all aspects of a person's life from personal intimacy to trusting the universe. Because the squirrel is always prepared, if this is your power animal you must realise and remember that you will be taken care of. Building a strong sense of trust where it is missing would compliment the power of this medicine.

📅 February 8, 2015 👤 shaman 📁 Power Animals, Totems, Spirit Guides

22 thoughts on “Squirrel Power Animal Symbol Of Gathering Playfulness”

**anne**

April 28, 2015 at 2:16 pm

i was saying to a friend yesterday how frustrated i am, deeply saddened actually, by recent events in my circle of people and also in the wider circle of humanity. earthquakes in nepal, riots in baltimore, people cheating, lying and bullying others...its made me feel like i just don't want to participate in being human.

and then as i was coming from a particularly "craptacular day" – a bright gold almost pure white squirrel ran near my path. i have never seen such color on a squirrel before.

last night before i went to bed i wrote "i need to pray for peace" in my journal. this morning i wrote again – not pray like a "jesus mary and joseph" but really contemplate how to bring peace to myself and others. I can be so reactive when i feel pushed. its a challenge not to be doom and gloomy, or glib, or any of those things.

I was joking really when I wrote that I needed the spirit power of the albino squirrel (whom I have now named Edward) . I googled squirrel symbolism and this article appeared. How lovely. How magical. 😊 Thank you for this!!!

**Rachel**

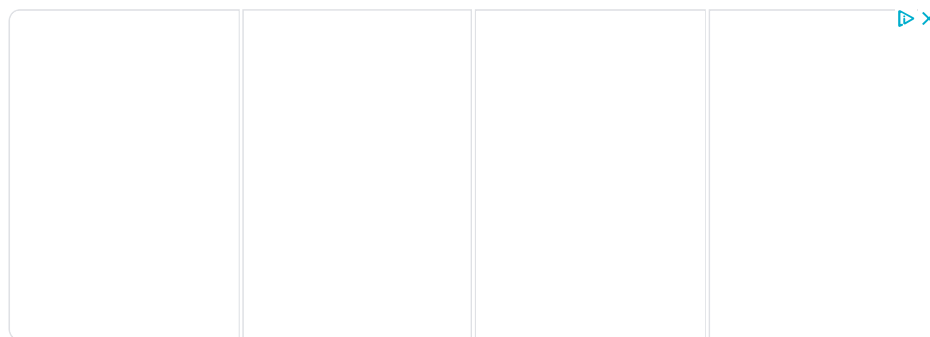
July 26, 2016 at 4:27 pm

Lovely. Thank you for sharing.

**Ashley**

November 7, 2016 at 6:37 pm

i have one that has came to me as well, i named him antonio lol... honestly he appears only when i need him to, he enjoys getting closer n closer to me, i read the meaning of the squirrel and now i swear it makes perfect sense for where i am in life!!



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**Ahhava**

November 8, 2017 at 2:39 pm

Anne your reply helped me identify and shed light on heaviness that I have been feeling. My focus is on being in high spirits and feeling good about myself and those around me. I love feeling joy, peace, love, well-being, grateful and peaceful. Lately I have been feeling the opposite and it seemed like people around me are cold and quite possibly reacting to the onslaught of events in our world. This morning as I sat in my car I saw a fat fluffy squirrel cross my path and I read this post about squirrel energy and I read your reply; both have encouraged and helped me. Thank you Anne and thanks to the lovely person who posted this article. And thank you Squirrel energy...I love you. ?

Pingback: [Part of the process, really. Pre thoughts on censorship. | Reality spins](#)

 **vilas**

July 19, 2015 at 9:50 am

Sir,

This information is very useful to me. Recently one of the squirrel has started residing in our house. I found that it is not troublesome animal and I wanted to know more about it. Your post was a good help to me.

I do not know how to take care of squirrel and how clean it is. I have not seen the exact location in my house but she is in one of the top cupboards. I always feel that I may disturb her.

Your inputs will be appreciated.

Thanks and best regards,


Vilas

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 **Altariel**

August 9, 2015 at 3:36 pm

Just had a squirrel trying to get into my conservatory – and yes I've been feeling defeated and at a dead end – of course there is a way forward !

 **A.S. Crane**

November 30, 2015 at 1:17 am

This is amazing and exactly what I'm experiencing not only in my life (job change, what seemed like a dead end, morose seriousness during that time and regaining my humor and hopefully playfulness again. Living with ADHD, I relate to the forgetfulness et. all. ...but explains a very unique kinship with squirrels this past year.

A nest of squirrels dropped from a tree. I was so heartened the mother came back for them. I've since enjoyed their presence and company. I've felt a deep connection for aboriginal mysticism that has deepened in travels to my wife's homeland. Today I found this site as I'm burying a squirrel....that has somehow really impacted me deeply. Thank you!

 **Rachel**

July 26, 2016 at 4:29 pm

How delightful! And sweet. Thank you for sharing.

 **Mitali**

November 30, 2015 at 8:43 am

Absolutely brilliant article! Just what I needed to read at this point in my life! Thank you for sharing your brilliant insights.



Pingback: [Wednesday, December 2nd | studiointhewoodsblog](#)



liz

April 22, 2016 at 1:40 am

I didn't know squirrel is my power animal ,but this fits me : when I am pushed or have too many things on my plate or sometimes I 'll chatter way too much. Thanks



Adrian

April 27, 2016 at 4:34 am

Don't give up. I rescued a squirrel that fell from a tree.

I had no idea how to care for a 5.5 week squirrel. Let me tell you that if they could be tamed they would be the cleanest rodent out there.

The female squirrel trusted me like a dog would. It thought me to rest when I need to rest and especially play with life as if it were a loan. Keep rocking squirrel.



Cornell

May 1, 2016 at 1:28 pm

I love this article I have been having the biggest connection with chipmunk and squirrels my whole life. I enjoy nature and often when I'm by myself they seem to act out of they don't see me (I'm well connected with things in nature because of my lack of trust in humanity right now) I've had them go as far as to observe me and then eat out of my hand. It's happened with several different wild animals though. I appreciate the article to give me a better in depth view as to why. I've always enjoyed the playful yet awareness of the squirrel. Possible a spirit guide.



Rachel

July 26, 2016 at 4:42 pm

Definitely a chatterer. Had to laugh. Fortunately, my evolution over the past years has brought much awareness of the need to be still, quiet. And especially to not so much "need" to respond to EVERYTHING. My mother has been a good mirror to me of myself to in that regard. ;) In my most recent period of transition, badger crossed my path and I considered that this new phase of my life that I am entering was supplying me with a new totem. (It has been butterfly for that last 16 years and I am finally eclosing.) But this squirrel medicine really speaks to me. I was called back to these mountains from whence I come, for the summer. Of course the Grey Squirrel is the town's mascot!, as they are in such abundance. (Idyllwild, CA) But this morning one surprised me right at the door of my tent. So I looked her up. :) A much needed message from her grace today. Thank you for interpreting. Namaste



Catherine marchildon

December 29, 2016 at 7:35 pm

Great great article and responses. From others. I was sitting outside. The rain had passed and a white squirrel black/grey running through its colours, appeared in front of me. Under the bush. Gathering. Food. It was huge. Because of its colour. I was inclined. To look up the. Symbolism. Very informative. Balance balance balance. I feel like. Ive landed from a whirlwind. And gaining my balance and composure and stature. Getting quiet inside. Didn't realise. How wound. Up I was. Until now. My plate is clearing. Thank God. Now its time to heal. Channel my energy into new things. Nature had been speaking to me since very early morning. Started with a big black crow. Un too off a big big evergreen tree. It was raining hard .it was on top squaking. Loudly. Looking at me then all around then back again at me. So i had to look it up the crow. Tve evergreen . the water. The rain. Basically letting go of old things. People. Places. Situation. Mindsets. Negative belief systems. Time of

change, transition, transformation inside out. Recently. Moved and i am on the water 's edge. Healing healing healing. A new city. I was reminded of the white wolf i saw with my husband many years ago. So i think i shall go now and look up that. I really identified. With the message of tge squiral and your article. Ive always loved to watch them play. Every colour. Of squiral . but today was a very new and interesting squural to me. Be blessed to be a blessing

 **Kim baker**

March 16, 2017 at 10:39 am

I dreamed I was at a business place and they through I was stealing i ran in a room cause i seen the dog so the dog attempt to sniff me and the guy look in front of me and yelled it's a squirrel I'm confused about this dream Is god trying to tell me to humble myself in this dream cause this has been a very challenging year in my marriage???

 **Susan**

June 27, 2017 at 5:26 pm

Great article. I do research on a back porch and this squirrel came right outside my window and rested on the fence right beside me. He looked at me and I looked at him and there was a sense of peace between us. This article helped me to “communicate” better with him. Thank you for the article.

Pingback: [Squirrel Magic – Lorraine Roe](#)

Pingback: [Squirrelling AROUND | The Sassy Seattlite](#)

 **Janet**

April 1, 2020 at 5:46 pm

i sat outside on the steps and could hear this chatter that wouldn't stop. i looked around to see what it was, and above me, in the tree was a squirrel just being as loud as it could be. Kind of shaking its head as if it was talking at me. I acknowledged the squirrel and said to myself, "oh great now your really going squirrell, even talking to squirrels. Then i thought i would check out the message, knowing that it had something to do with gathering and preparing. It all makes sense to me.

 **lisafrequency**

October 29, 2020 at 6:15 pm

A squirrel just came right up to me while I was sitting out side looking over my garden and giving thanks to God. I did not want him to leave but, I knew my dog was close by and might try to catch him so I clapped my hands so he would be startled and would run away.

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