

# Reversing Paralysis

An Analysis on the Effects of the Emerging Technology

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# Reversing Paralysis

## Background Information

### Context

- ▶ Paralysis is the inability to move some part of the body, or not even being able to move at all
  - ▶ Caused by serious accidents or injuries, other medical conditions, and other damages to the nervous system
- ▶ Traditional treatments include:
  - ▶ Mobility aids (e.g. wheelchairs, arm braces);
  - ▶ Physiotherapy (to maintain and regain strength and muscle mass);
  - ▶ Occupational therapy (lifestyle changes to accommodate the injury);
  - ▶ Medicine (e.g. to treat pain, stiffness, spasms)

# Reversing Paralysis

What is it?

## The Emerging Technology

- ▶ Reversing paralysis is a group of technologies that aims to undo some or all of the nerve damage that causes paralysis
- ▶ Upcoming technologies are mostly concerned with treating spinal cord injuries

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## Examples

### Brain implants to bypass damaged nerve tissue

- ▶ A recording device is placed beneath its skull, touching the motor cortex
- ▶ This device is wirelessly connected to a series of electrodes near the damaged area
- ▶ Creates a neural bypass that allows people to move again

### Spinal implants to replace damaged nerves

- ▶ Electrically stimulates an individuals spinal cord
- ▶ Amplifies weak signals from the brain that would be otherwise ineffective

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## Examples

### Functional electric stimulation (FES) to improve diseased/paralyzed muscles

- ▶ Improves upon current therapeutic techniques
- ▶ One study presents a case of hysterical paralysis (psychiatric disorder that is difficult to explain)
- ▶ Patient, with daily FES treatment, showed dramatic improvement in two weeks

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## Societal and Cultural Effects

### Effect on Society

- ▶ Increased quality of human life
  - ▶ Disability can lead to internalized oppression
  - ▶ An individual internalizes prejudices held by dominant group
- ▶ Shifts the way society addresses disability
- ▶ Exacerbate the divide between the rich and the poor
  - ▶ Ethics of medical treatment

### Effect on Culture

- ▶ Change in attitudes, stereotypes, and accommodations
  - ▶ Removes existing stigma surrounding disability
- ▶ Disability culture: celebrating differences between people
- ▶ Could damage the sense of unity in the disabled community
  - ▶ E.g. the positive effect of intellectually disabled children on families

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## Economic Effects

### Effects on the Local Economy

- ▶ Increased productivity
  - ▶ According to the Canadian Society of Professionals in Disability Management, a worker earning \$50,000 a year who becomes disabled at age 35 will lose almost \$400,000 in the 30 years before retirement, based on 60% long-term disability coverage
- ▶ Decreased government spending
  - ▶ In 2012, a poll determined that Canadians drastically underestimated the cost of spinal cord injury on society to be \$100 million
  - ▶ The real cost was \$3 billion
- ▶ High costs of treatment

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## Economic Effects

### Effects on the World Economy

- ▶ Research opportunities in reversing paralysis
  - ▶ Create employment in manufacturing, researchers, medical professionals
- ▶ Increased global productivity, with advancements in health care
- ▶ Employment opportunities for previously paralyzed people
  - ▶ Disabled people are employed at significantly lower rates
  - ▶ According to a seminar given at the UN, the 200 million disabled people worldwide experience higher rates of poverty
- ▶ Potential devastation on the pre-existing disability sector of health care



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## Environmental Effects

### Effects on the Environment

- ▶ Manufacturing of mobility aids could become obsolete
  - ▶ Reduced waste, harmful greenhouse gas emissions as a result of wheelchairs, braces, and other equipment
- ▶ New technology could benefit or harm the environment
  - ▶ Technology that could be hard to dispose
  - ▶ Recyclable, small components could have minimal impact
  - ▶ Difficult to manufacture complex components
- ▶ New environmental legislation:
  - ▶ Strict manufacturing laws for manufacturing technologies
  - ▶ Recycling used electrical components (wires, electrodes)
  - ▶ Making sure waste is properly disposed of

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## Environmental Effects

### Reducing Environmental Impact

- ▶ Federal government legislation
  - ▶ E.g. Canadian Environmental Quality Guidelines
  - ▶ Permits and licenses for manufacturers of reversing paralysis technology
- ▶ Reallocation of the provincial government
  - ▶ Reduced health care costs will instead be spent on enforcing legislation
- ▶ Recycle and repurpose previous, obsolete equipment
  - ▶ Reuse material from wheelchairs and other mobility aids

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## Health Effects

### Effects on Human Health

- ▶ A severe, once irreversible condition will be treatable
  - ▶ Spinal cord injury and other nerve-related damage will no longer carry the same weight
- ▶ The general quality of life for disabled people will be improved
  - ▶ Not only is paralysis reversed, but the associated conditions as well
  - ▶ Depression, anxiety, overall mental health
  - ▶ Muscular atrophy
- ▶ Could lead to undesirable side effects and conditions
  - ▶ Rigorous testing and clinical trials
  - ▶ Strict legislation to protect against unforeseen effects
- ▶ Disregard and disparage spinal cord injuries

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## Health Effects

### Reducing Negative Impacts on Human Health

- ▶ Clinical trials and subject testing
  - ▶ Animals, human volunteers, controlled studies, simulations
  - ▶ Elucidate unknown side effects
- ▶ New medical treatment vetted, peer-reviewed
  - ▶ Health Products and Food Branch (HPFB) of Health Canada
  - ▶ Similar process to drug development
- ▶ Research and scientific studies
  - ▶ Private funding, reallocation of healthcare budget
  - ▶ University research and public donations

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## Ethical Concerns

### Ethical Issues

- ▶ Who gets treatment? Who decides?
  - ▶ The disparity in the quality of health care is likely to worsen
  - ▶ Those who can afford treatment will get it
- ▶ Potentially exploitable electronics
  - ▶ The dangers of implanting a hackable component
  - ▶ Pacemakers are equipped with a microprocessors
  - ▶ A wireless connection with a 'backdoor' to the heart
- ▶ How do we test the technology?
  - ▶ Dr. Grégoire Courtine, a leading researcher in reversing paralysis, tested his technology on various animals
  - ▶ Animal testing is a standard in medicine

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## Ethical Concerns

### Ethical Practices

- ▶ Who gets treatment? Who decides?
  - ▶ The government
  - ▶ International Health Regulations (IHR) and other world organizations (WHO, UN)
  - ▶ Subsidized treatment, insurance, social security network
- ▶ Potentially exploitable electronics
  - ▶ Strict policy, cybersecurity research
  - ▶ Jammers: block intrusive signals
  - ▶ Firewall: software-based solution to block signals
  - ▶ Password locks: Locking the technology with a password
  - ▶ Remove hackable components
- ▶ How do we test the technology?
  - ▶ Human tissue/cell cultures
  - ▶ Computer simulations
  - ▶ Volunteer studies

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