

FIT FREAK

REVOLUTIONIZING FITNESS WITH AI-POWERED WORKOUT TRACKING

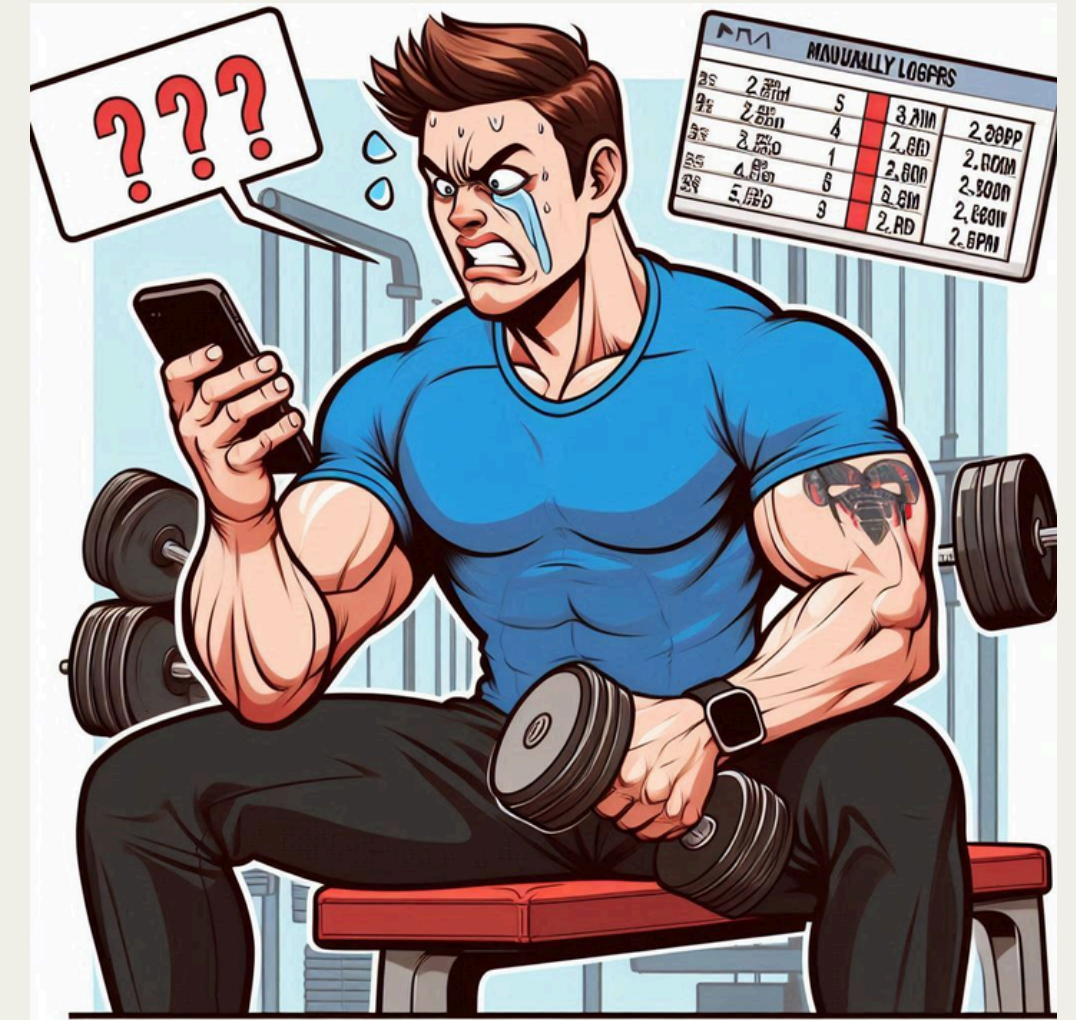
Jaskirat Singh
BE. CSE, 3rd Year
2210990446

Animesh chaudhri
BE. CSE, 3rd Year
2210991226



The Problem: Inconsistent & Ineffective Fitness Tracking

- Lack of Real-Time Feedback
- No Social Engagement in Fitness
- One-Size-Fits-All Fitness Plans Don't Work
- Difficulty in Measuring Real Progress
- Existing Solutions Are Expensive & Limited
- Manual Tracking is a Hassle
- No Motivation & Accountability
- Expensive Alternatives

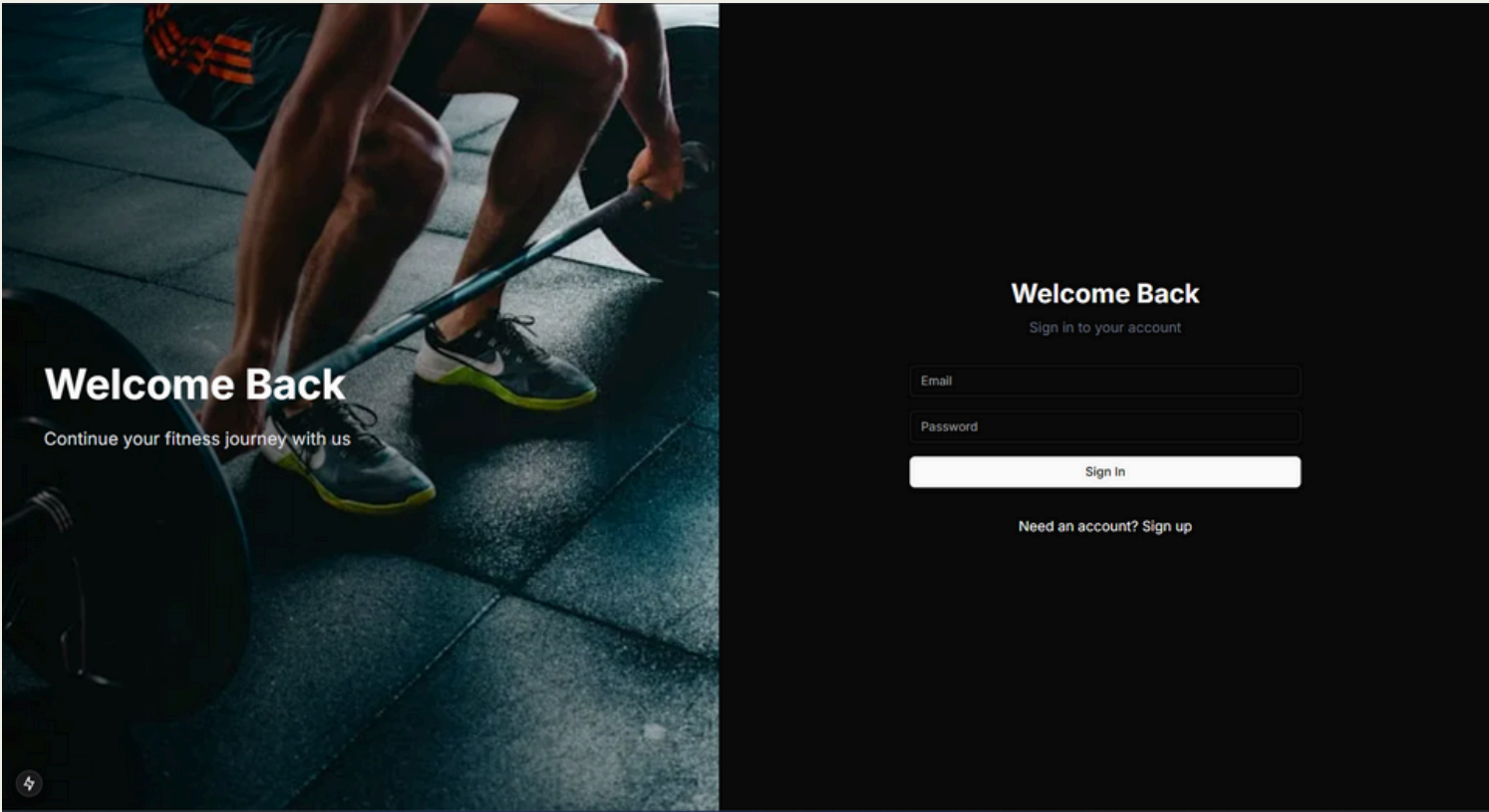


THE SOLUTION – FIT FREAK

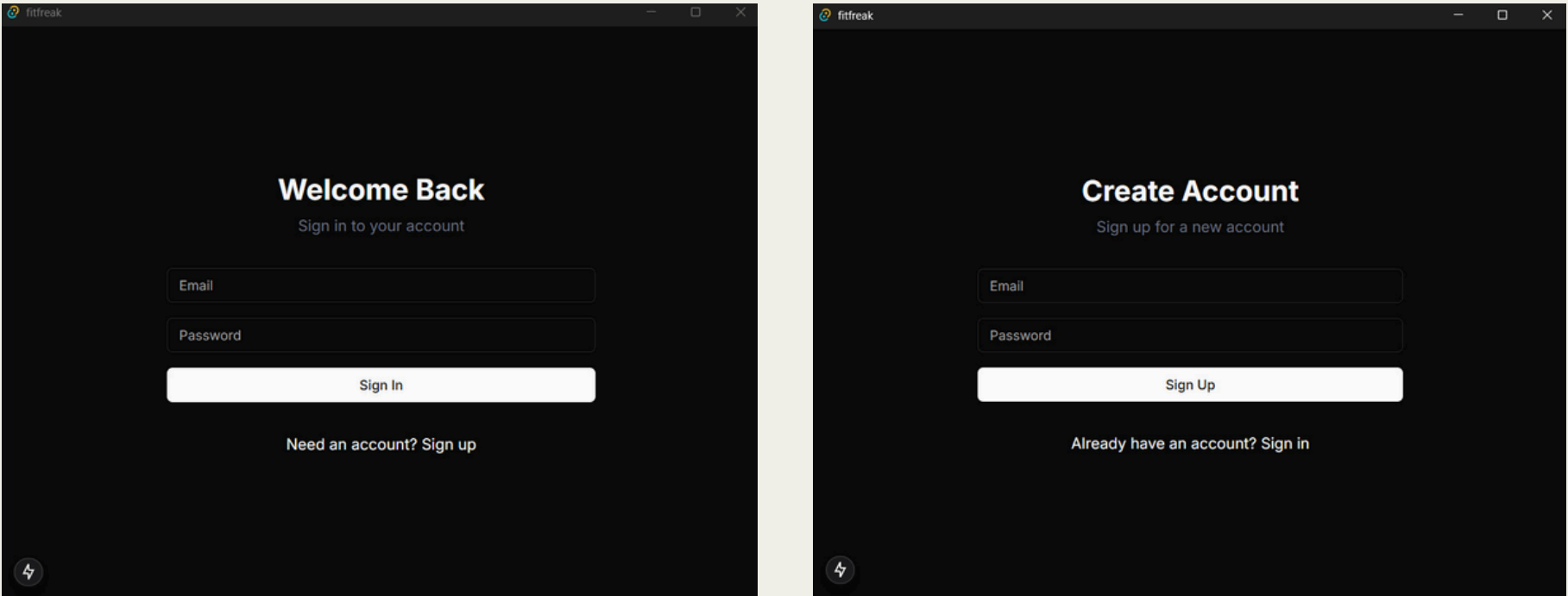
- Real-Time Rep Counting with AI
- Instant Form Correction
- Personalized Workout Plans
- Social Fitness Platform
- Automatic Progress Tracking
- Automatic tracking removes the need for manual entry.
- AI ensures proper form to avoid injuries.
- Personalized workout plans designed for optimal results.
- Social features to encourage accountability and motivation.



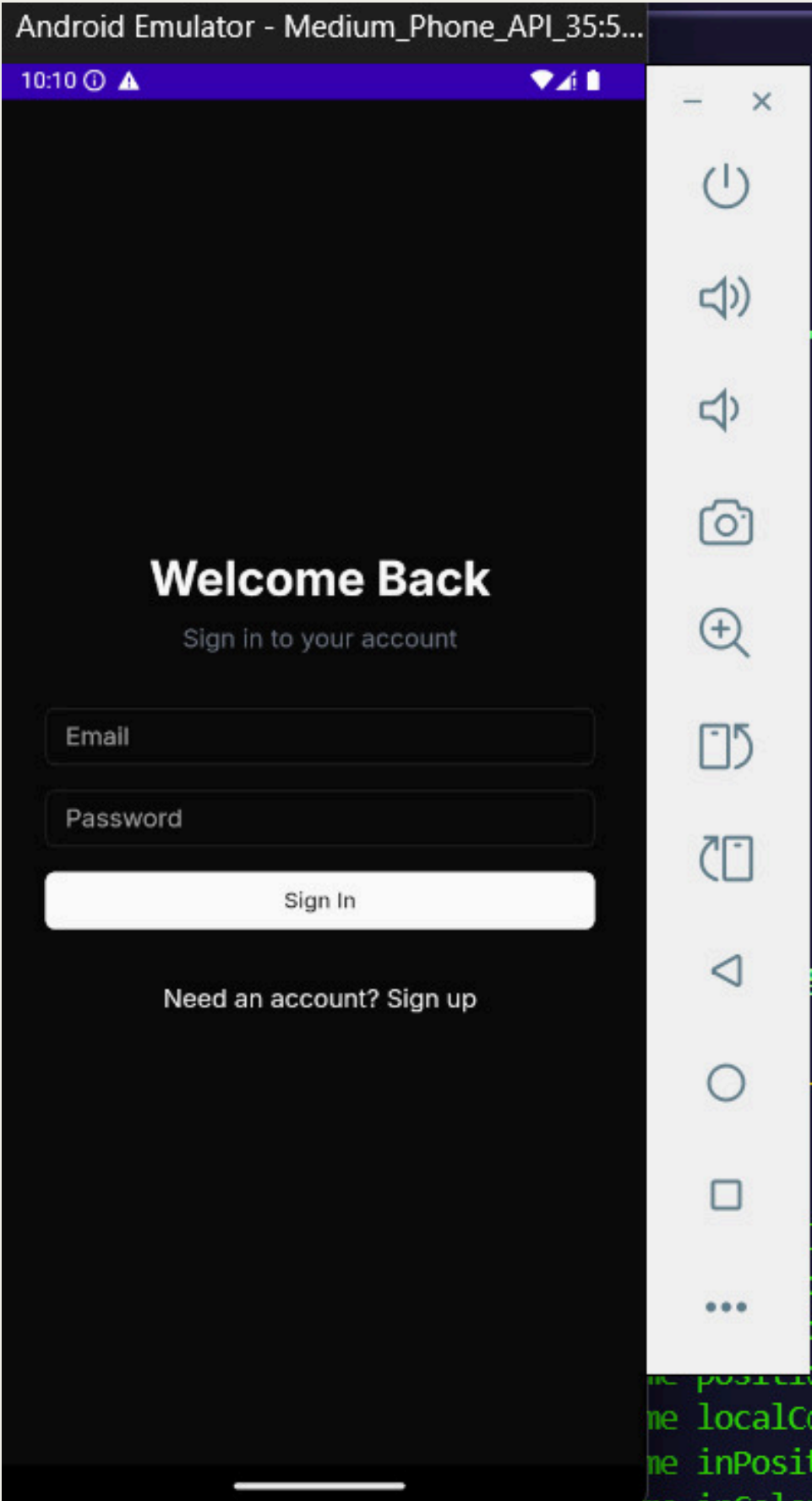
WEBSITE



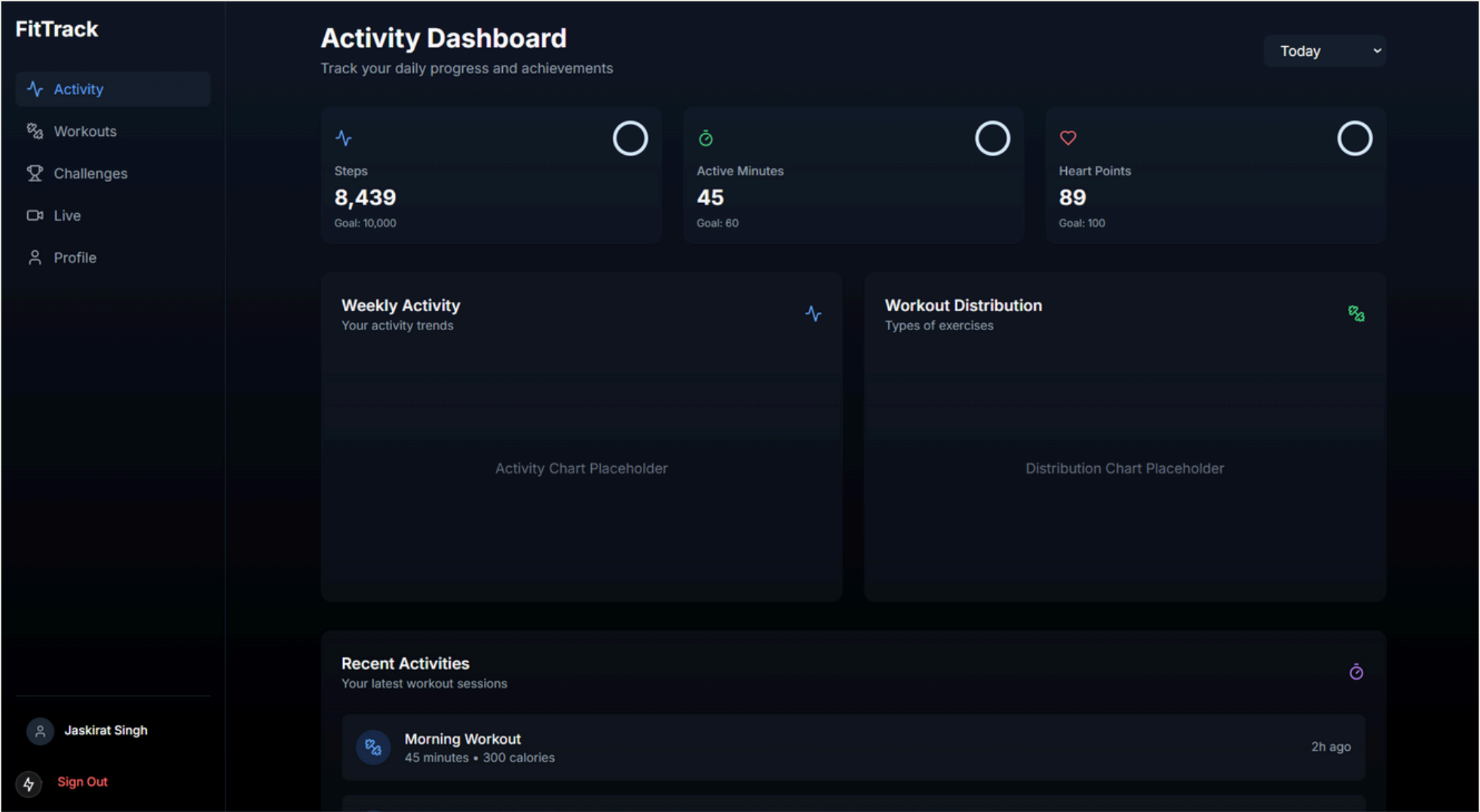
DESKTOP



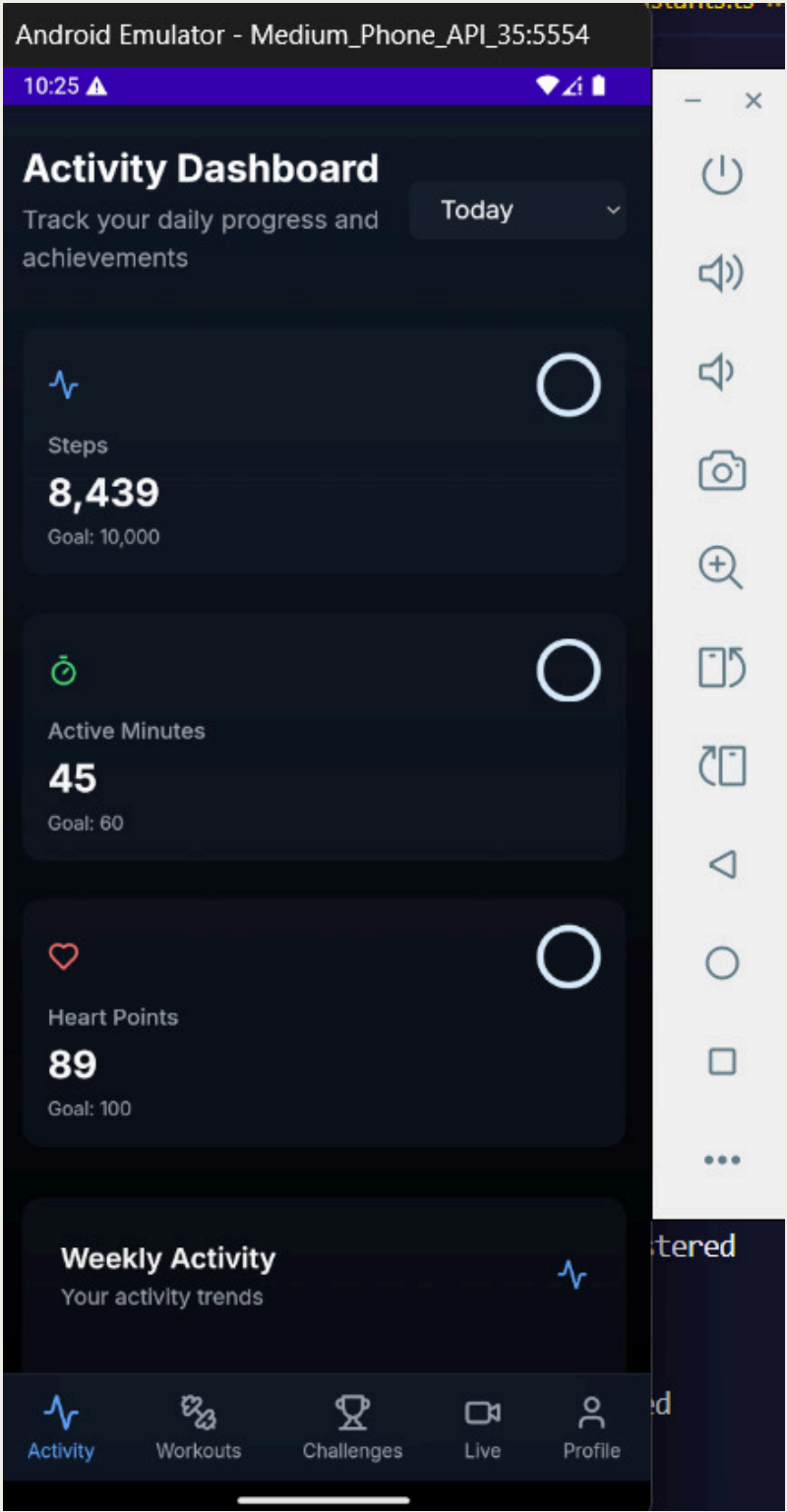
MOBILE APP



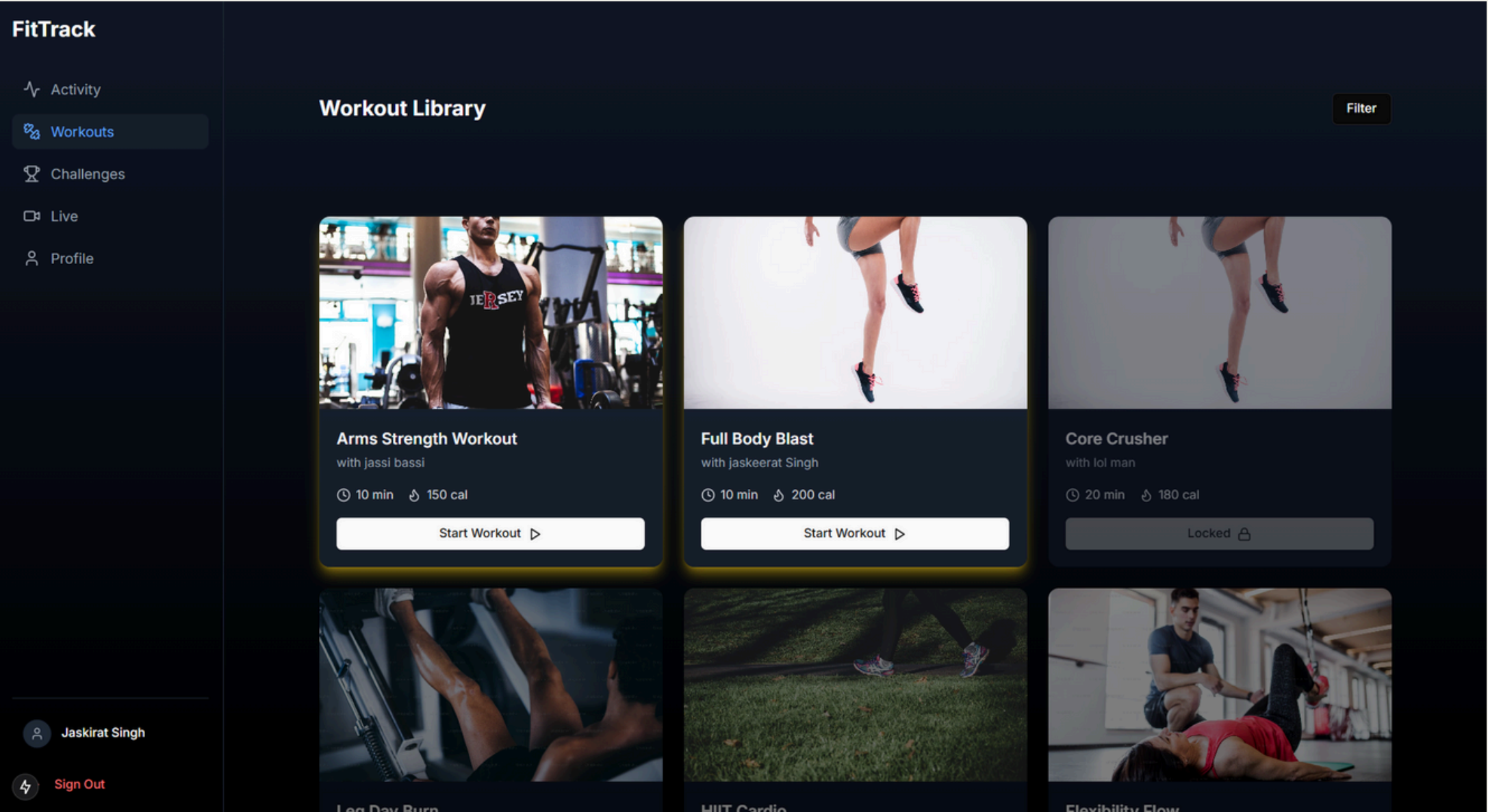
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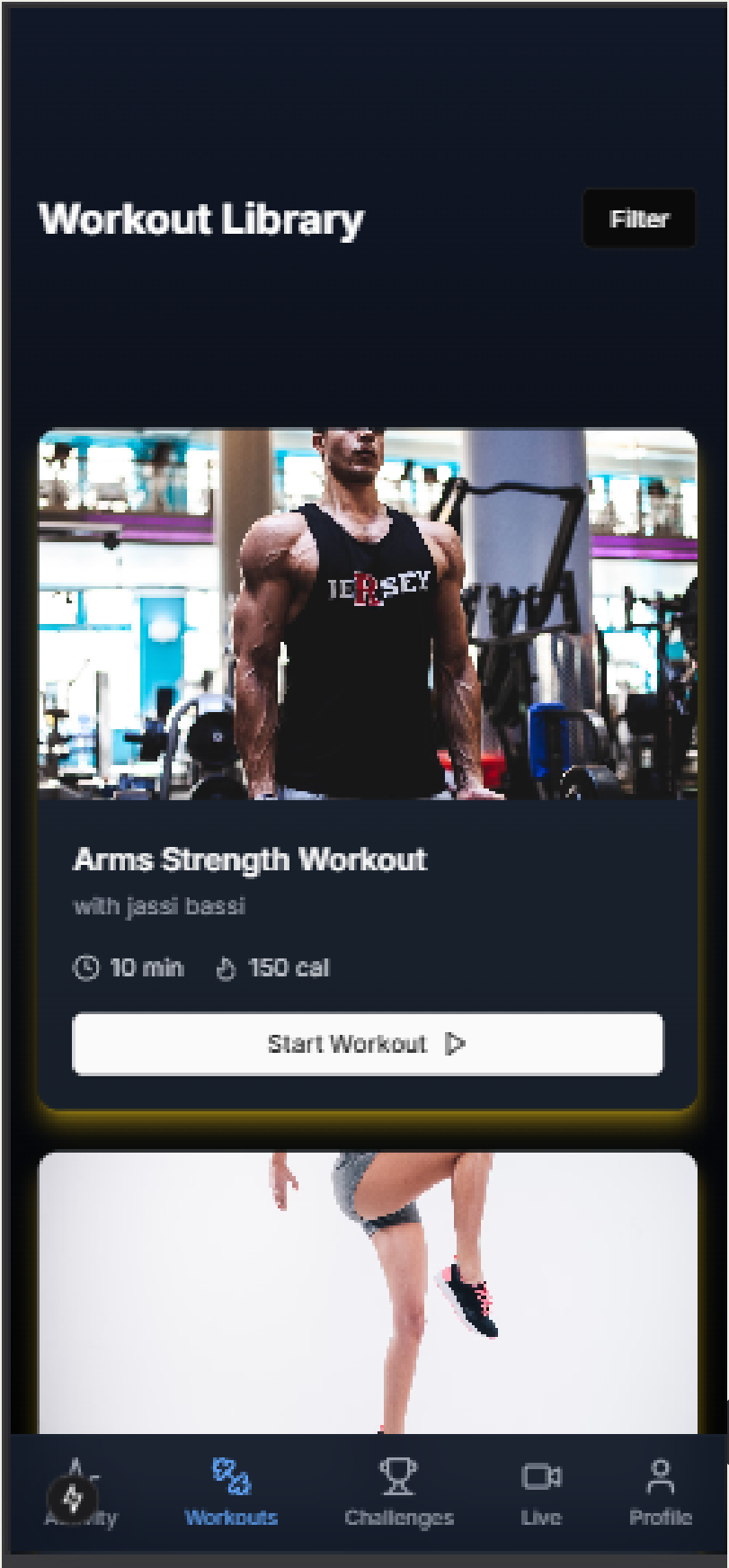
MOBILE APP



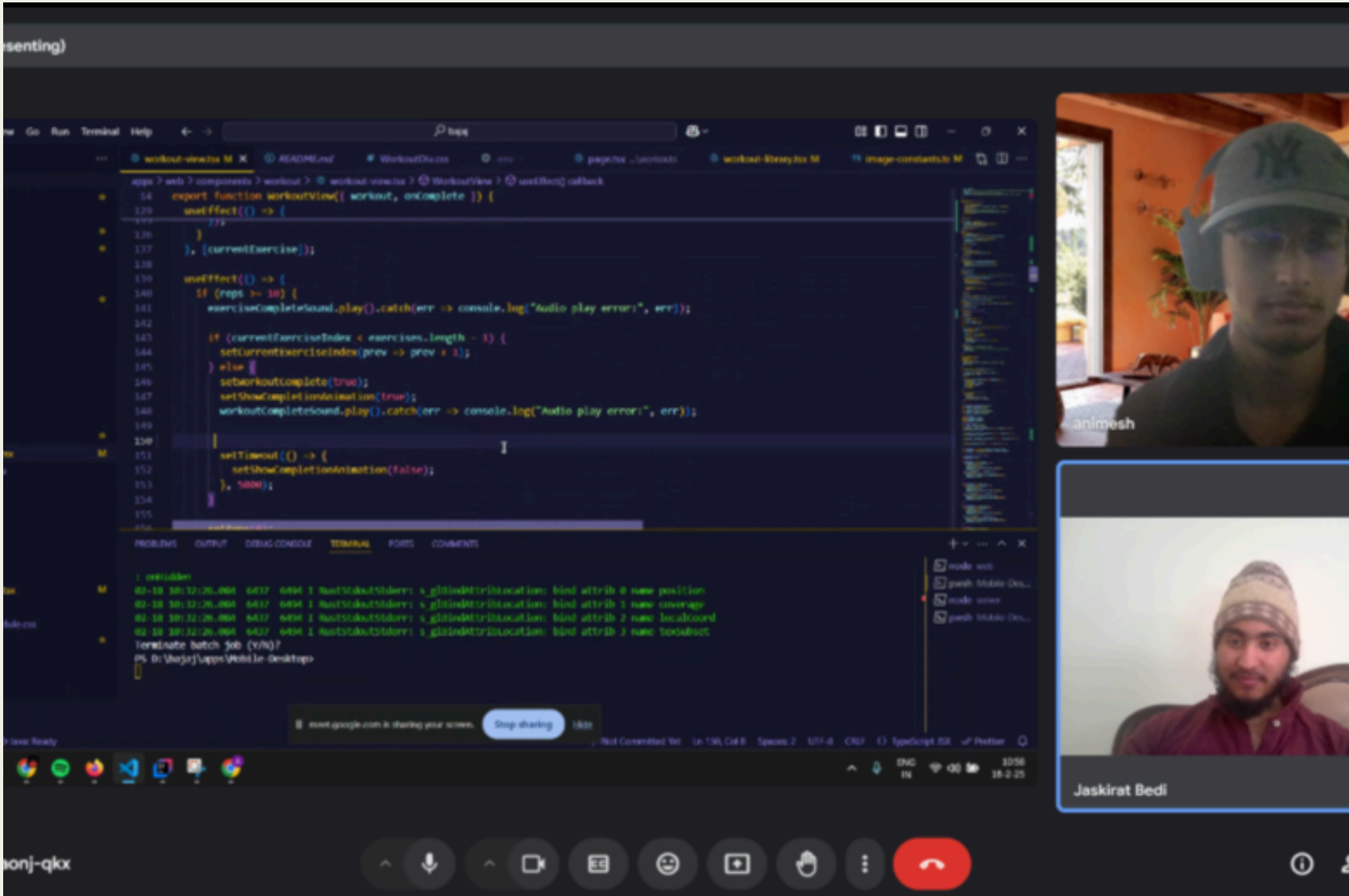
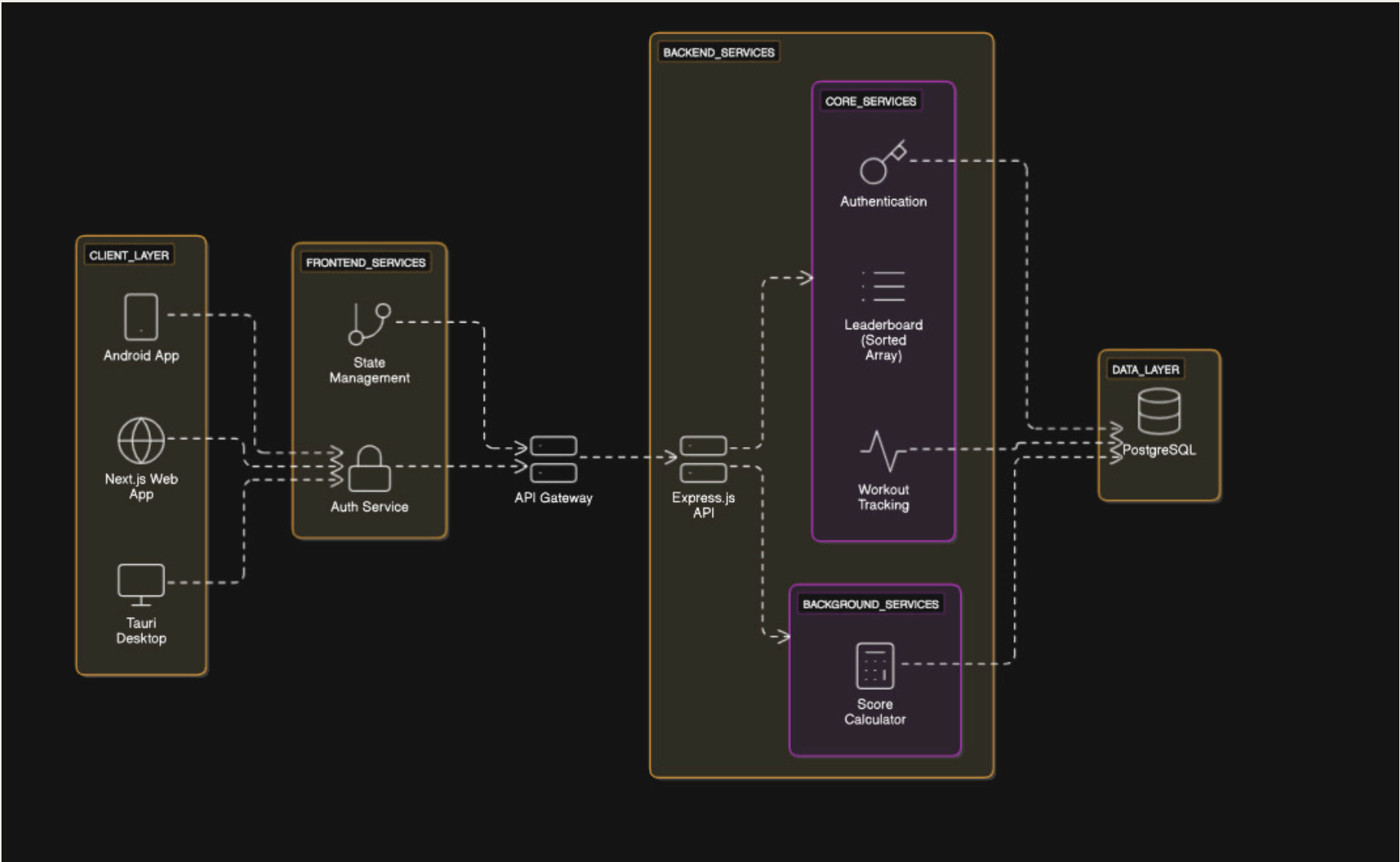
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MOBILE APP

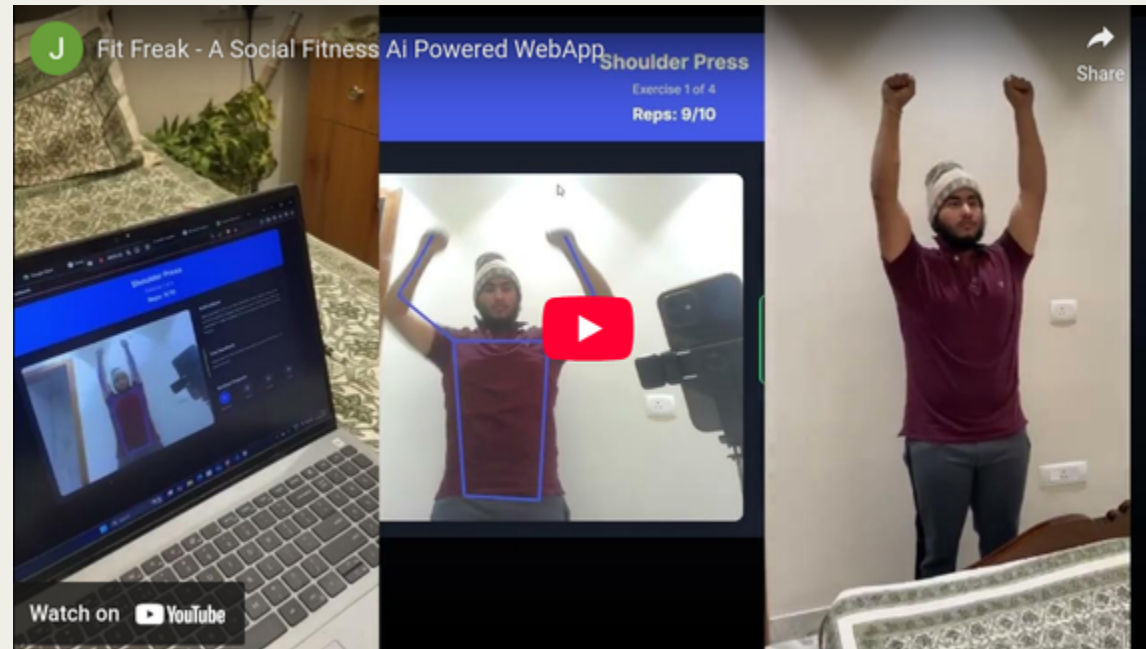


SYSTEM DESIGN



CHECK OUT OUR YOUTUBE VIDEO FOR THE WEBSITES RUN THROUGH

YOUTUBE



OTHER IMPORTANT LINKS

LIVE LINK [FIT-FREAK-PI.VERCEL.APP](https://fit-freak-pi.vercel.app)

GITHUB <https://github.com/Jassi2004/fit-freak>

SYSTEM
DESIGN <https://app.eraser.io/workspace/8JluhmzNq0syw9oCVeac?origin=share>

Thank you!

TEAM FIT FREAK

