FITFREAK

REVOLUTIONIZING FITNESS WITH AI-POWERED WORKOUT TRACKING

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The Problem: Inconsistent & Ineffective Fitness Tracking

- Lack of Real-Time Feedback
- No Social Engagement in Fitness
- One-Size-Fits-All Fitness Plans Don't Work
- Difficulty in Measuring Real Progress
- Existing Solutions Are Expensive & Limited
- Manual Tracking is a Hassle
- No Motivation & Accountability
- Expensive Alternatives



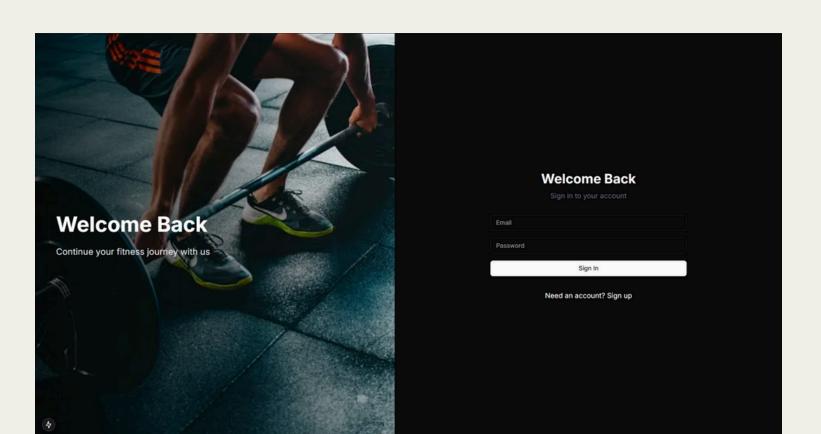


THE SOLUTION - FIT FREAK

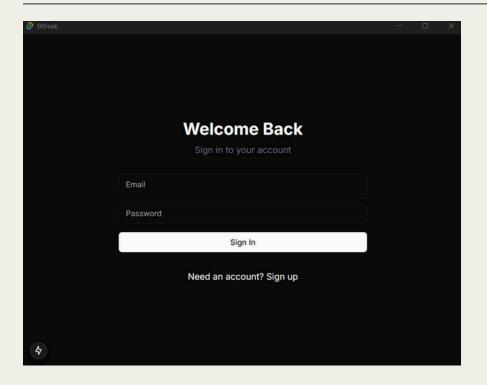
- Real-Time Rep Counting with AI
- Instant Form Correction
- Personalized Workout Plans
- Social Fitness Platform
- Automatic Progress Tracking
- Automatic tracking removes the need for manual entry.
- Al ensures proper form to avoid injuries.
- Personalized workout plans designed for optimal results.
- Social features to encourage accountability and motivation.

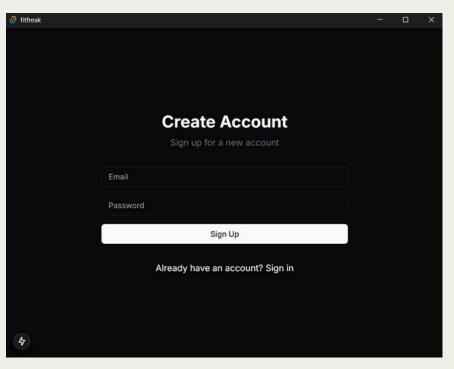


WEBSITE

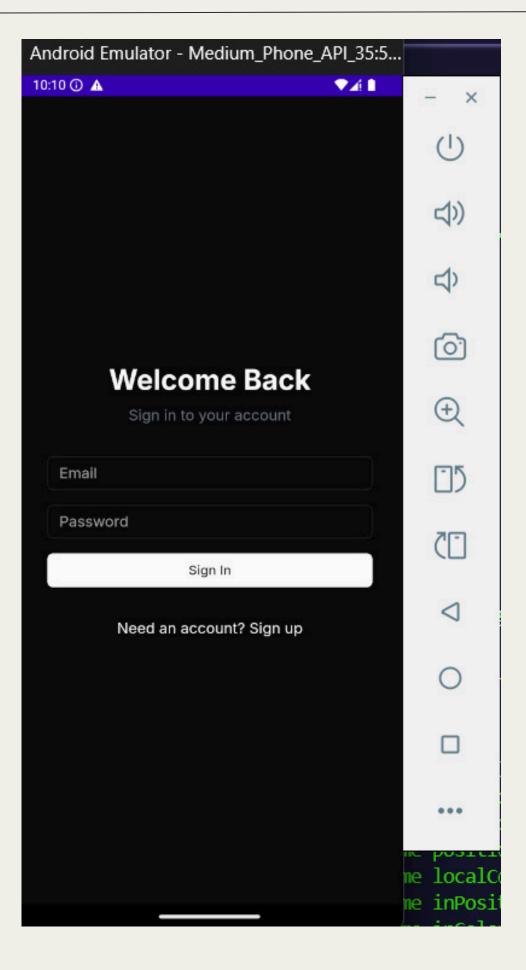


DESKTOP





MOBILE APP



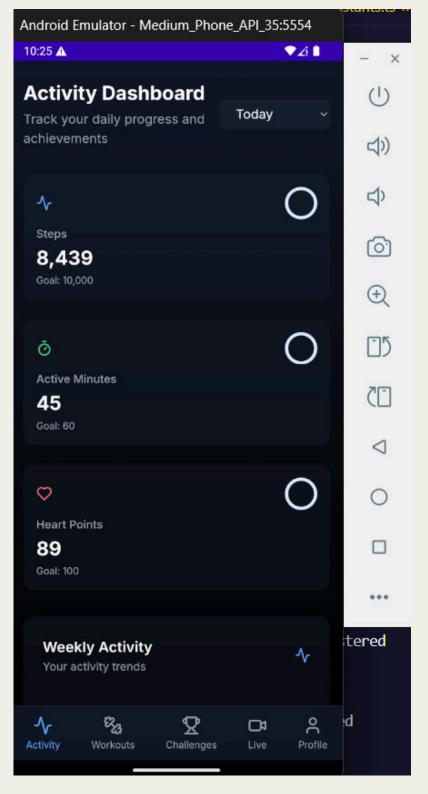


WEBSITE

FitTrack **Activity Dashboard** Today Track your daily progress and achievements ⁸ Workouts Steps **Active Minutes** Heart Points 8,439 45 89 Goal: 10,000 Goal: 100 2 Profile **Weekly Activity Workout Distribution** Your activity trends Types of exercises **Recent Activities** Your latest workout sessions A Jaskirat Singh Morning Workout

45 minutes • 300 calories

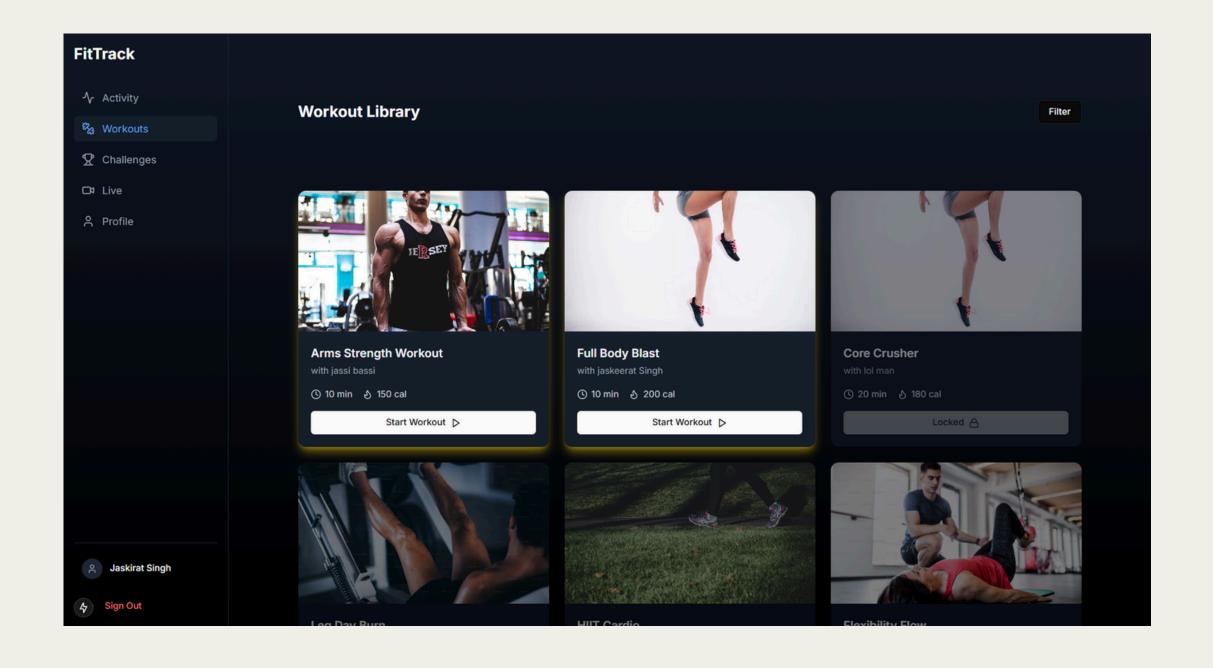
MOBILE APP

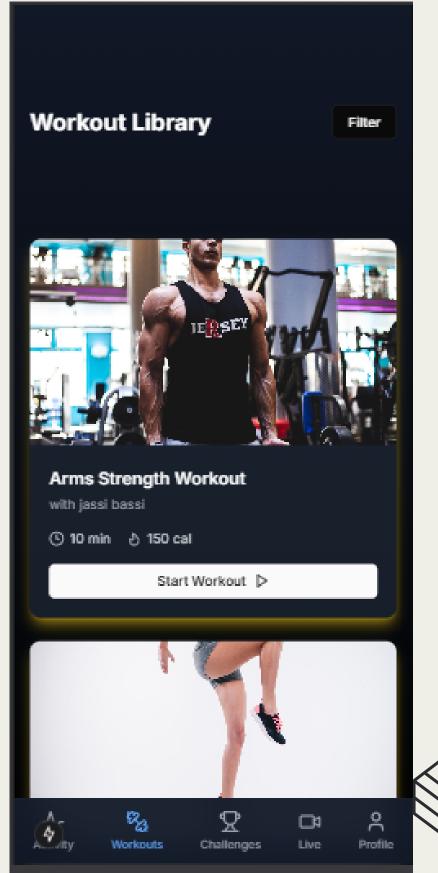




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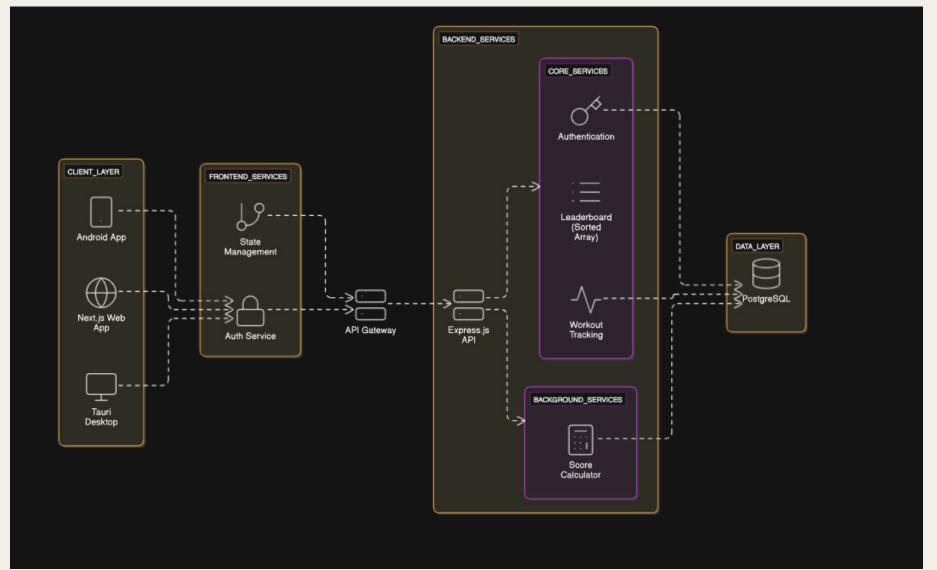
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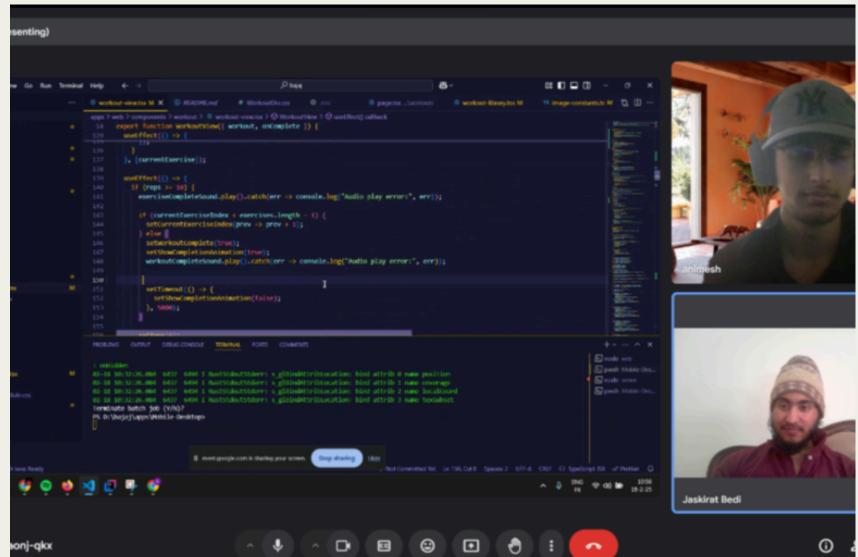






SYSTEM DESIGN

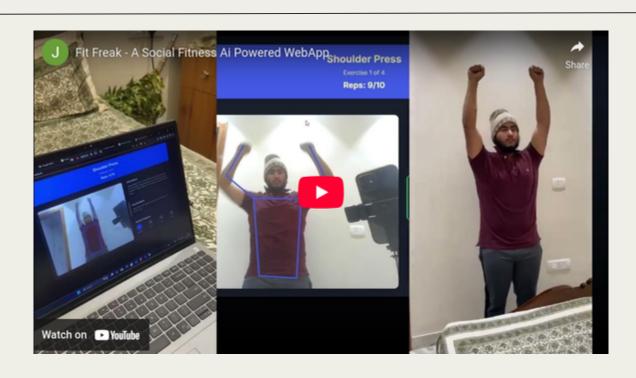






CHECK OUT OUR YOUTUBE VIDEO FOR THE WEBSITES RUN THROUGH

YOUTUBE



OTHER IMPORTANT LINKS

LIVE LINK <u>FIT-FREAK-PI.VERCEL.APP</u>

GITHUB https://github.com/Jassi2004/fit-freak

SYSTEM DESIGN $\underline{https://app.eraser.io/workspace/8JluhmzNq0syw9oCVeac?origin=share}^{Ingoude}$

Thank you!

TEAM FIT FREAK

