

**LEVEL 02**  
**BOOK 01**



# PRAYER





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# **PRAYER**

## **How to use this curriculum**



**LOOK UP** these verses in your Bible.





**KEY VERSES** to the lesson.

In order to develop a healthy relationship with God, I must have meaningful communication with Him. Prayer is communication with God. A believer’s spiritual strength is dependent upon his prayer life.

## What is prayer?


### 1. Prayer is access to God.


 *“For through him we both have access by one Spirit unto the Father.”* (Ephesians 2:18)

 Hebrews 4:16

It is amazing that a holy God welcomes sinful man to communicate directly with Him. God shows me how much He loves me by listening to me.

### 2. Prayer is obedience to God.

 *“Pray without ceasing.”* (I Thessalonians 5:17)

 Luke 18:1

An attitude of prayer should develop into a lifestyle. I should include God in all my daily decisions.

 Proverbs 3:5,6



### 3. Prayer is asking God for help.



*“Ask, and it shall be given you; seek, and ye shall find . . . .” (Matthew 7:7)*



Psalm 46:1, 60:11

Man will never seek God until he recognizes his need for help.  
We need help!

## Will God hear my prayer?

Yes, God does hear prayer.



*“Thou shalt make thy prayer unto him, and he shall hear thee . . . .” (Job 22:27)*

God’s Word tells us how He hears the prayers of men.



Psalm 5:3, 65:2; Jeremiah 33:3

## How should I pray?

The disciples asked Jesus to teach them to pray. Jesus then gave us the following model for prayer.

### 1. Pray to God, not to impress people.




Matthew 6:5-6




2. Do not pray by repeating empty words (reading a prayer card, chanting a prayer)?

 Matthew 6:7-8


3. Come to God with a respectful attitude.

 *“After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.”* (Matthew 6:9)


4. Desire God’s will in your life. Want what God wants.

 *“Thy kingdom come. Thy will be done in earth, as it is in heaven.”* (Matthew 6:10)

5. Ask for daily needs.

 *“Give us this day our daily bread.”* (Matthew 6:11)

6. Acknowledge your sins and forgive those who have sinned against you.

 *“And forgive us our debts, as we forgive our debtors.”* (Matthew 6:12)



## 7. Pray for spiritual protection and help.



*“And lead us not into temptation, but deliver us from evil . . . .”* (Matthew 6:13)

## 8. Accept that God is in control and that He deserves all glory.



*“...For thine is the kingdom, and the power, and the glory, for ever. Amen.”* (Matthew 6:13)

### Additional examples of prayer:

Prayer of Jabez     I Chronicles 4:10

Paul’s Prayer     Ephesians 3:14-21; Colossians 1:9-11

## Why does it seem that some prayers do not get answered?

It is possible for a Christian to hinder his own prayers. How?

### 1. By not asking.



*“. . . yet ye have not, because ye ask not.”* (James 4:2)



## 2. By asking selfishly.



*“Ye ask, and receive not, because ye ask amiss, that ye may consume it upon your lusts.” (James 4:3)*

A selfish prayer can be harmful to us and to others. Much like a father’s saying “No” to a child who is asking for something that could harm him, God protects us from selfish requests.

## 3. By not having a proper relationship with his spouse.



*“Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.” (1 Peter 3:7)*

## 4. By not confessing sin.



*“If I regard iniquity in my heart, the Lord will not hear me:” (Psalm 66:18)*

Sin blocks our ability to communicate with God. When sin fascinates us more than our relationship with God, He will not hear us. Acknowledging our sins reconnects us with God.



Isaiah 59:1-2



# Practical Tips on Prayer

## 1. Keep a list.

A list can help you remember someone for whom you want to pray. Some people find it helpful to use pictures of people in need of prayer.

## 2. Schedule a time.



*“Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice.” (Psalm 55:17)*



Matthew 14:23

To build a healthy habit, choose a time and do your best to keep it.

## 3. Find a place.



*“And when he had sent them away, he departed into a mountain to pray.” (Mark 6:46)*



Genesis 19:27

It is important to have a quiet place to pray. Choose some places in your life and designate them as prayer places.



4. Keep a record of answered prayers.



*“I will praise thee: for thou hast heard me . . . .”* (Psalm 118:21)

This way you can encourage yourself and increase your faith by seeing what God has done through your prayer efforts.



# Lesson One Quiz

1. List three definitions of prayer. Use a Scripture reference for each one.

Prayer is \_\_\_\_\_. Verse \_\_\_\_\_

Prayer is \_\_\_\_\_. Verse \_\_\_\_\_

Prayer is \_\_\_\_\_. Verse \_\_\_\_\_

2. List two verses that confirm God hears our prayers.

Verse \_\_\_\_\_ Copy the verse here: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Verse \_\_\_\_\_ Copy the verse here: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. What chapter in the Bible records a model prayer spoken by Jesus? \_\_\_\_\_

- a. John 3
- b. Matthew 6
- c. Luke 19



4. List five of the eight lessons we learned in the model prayer of Jesus.

5. List and describe two reasons why God will sometimes not hear our prayers. Include a verse.

6. To be more effective in our prayers, we should:

Keep a \_\_\_\_\_.

\_\_\_\_\_ a time.

Find a \_\_\_\_\_.

Keep a record of answered \_\_\_\_\_.



# Memory Verses

(Choose at least two Scripture verses to memorize from the following list.)

Matthew 7:7-8

Philippians 4:6

I Thessalonians 5:17

Psalms 66:18



# Notes



# Notes



# PRAYER

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