

CSE4036

MACHINE LEARNING

MEDICAL INSURANCE COST PREDICTION

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ABSTRACT

- ♣ Covid-19 pandemic has been difficult in various aspects. It has made individuals realize the significance of health and taught people how to take sound care of their health and the well-being of their loved ones.
- ♣ Since India is one of the top countries that has worst hit by the pandemic, the health insurance sector has witnessed a huge surge due to increased demand. Individuals have now started getting worried about the effect of a medical emergency on their wallet, and this is the reason why they are spending to buy comprehensive health insurance.
- ♣ The main purpose of medical insurance is to receive the best medical care without any strain on your finances. Health insurance plans offer protection against high medical costs. It covers hospitalization expenses, day care procedures and ambulance charges; besides many others. You may, therefore, focus on your speedy recovery instead of worrying about such high costs.

OBJECTIVE

- 1) Many factors that affect how much we pay for health insurance are not within our control. Here will be focusing on the factors like age, gender, BMI, children, smoking status, and region that affect how much health insurance premiums cost and we will be finding out the "feature importance ranking".
- 2) Now with more number of people opting for health insurance, we will be evaluating the performance of different regression models and we will try to find out the "predicted charges" for the insurance and compare it with the actual output charges.

DATASET

The dataset we had referred with the help of Kaggle platform is "Medical Insurance Cost Prediction Dataset".

Here's the dataset **g-drive link**:

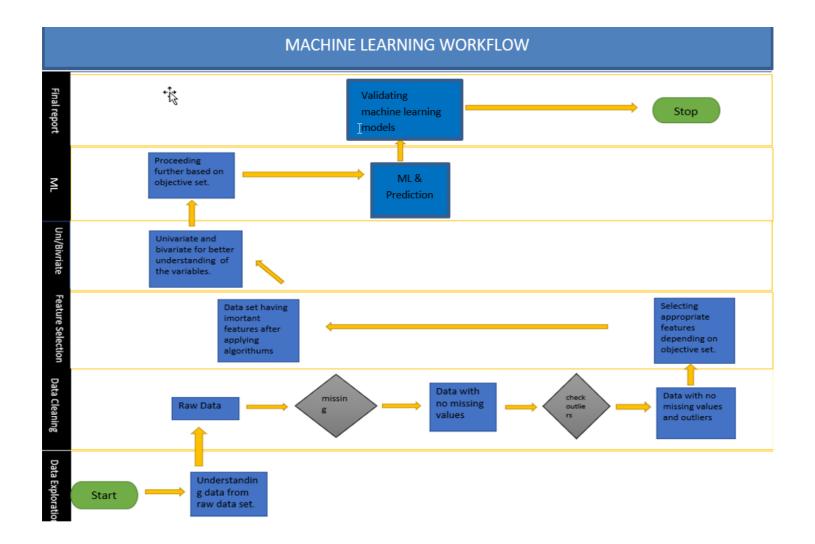
https://drive.google.com/file/d/17FXzyymGAvcnybg67cnal2HKh7mnSNgL/view?usp=sharing

METHODOLOGY

- ♣ Initially we will be doing EDA for our dataset. This includes analyzing the features and selecting important features based on statistical methods.
- ♣ Next, we will be dealing with the presence of missing values and outliers which will have a direct & adverse impact in machine learning models. So, we will be removing them as well.
- ♣ We will be performing univariate analysis, plots, feature importance ranking.
- ♣ We will be using linear regression models to estimate the medical insurance cost.



MACHINE LEARNING WORKFLOW

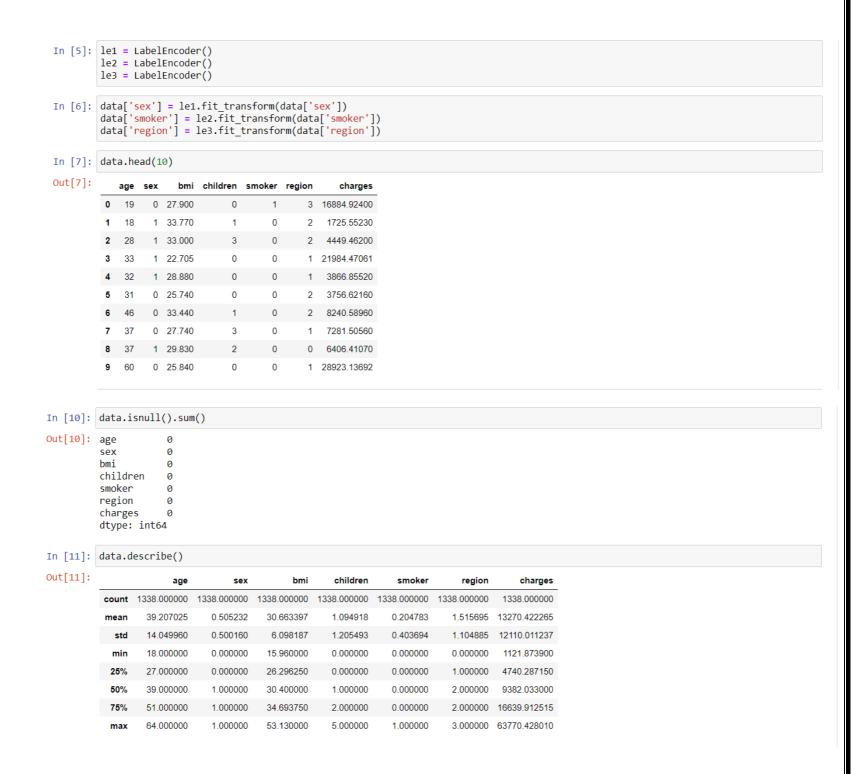


CODE

- ➤ The coding part starts with the Data Preprocessing part, where we first understand the data and cleanse the data by removing outliers.
- > First, we import the libraries required for this project.

```
In [1]: # Basic Imports
In [2]: import numpy as np
import pandas as pd
import matplotlib.pyplot as plt
import seaborn as sns
from sklearn.neighbors import LocalOutlierFactor
from sklearn.preprocessing import LabelEncoder
from sklearn.model_selection import *
from statistics import mean
from scipy.stats import bootstrap
```

- ➤ Then we understand the data by getting an overall summary of the data, getting the unique values and checking whether there are null values in the data or not.
- ➤ We used Label Encoder to convert textual data into numerical data in order to facilitate outlier removal as outlier removal requires data to be in numerical format only.



```
In [12]: data.nunique()
Out[12]: age
         bmi
                      548
         children
         smoker
                       2
         region
                    1337
          charges
         dtype: int64
In [13]: data['age'].unique()
Out[13]: array([19, 18, 28, 33, 32, 31, 46, 37, 60, 25, 62, 23, 56, 27, 52, 30, 34,
                59, 63, 55, 22, 26, 35, 24, 41, 38, 36, 21, 48, 40, 58, 53, 43, 64, 20, 61, 44, 57, 29, 45, 54, 49, 47, 51, 42, 50, 39], dtype=int64)
In [14]: data['sex'].unique()
Out[14]: array([0, 1])
In [15]: data['bmi'].unique()
In [16]: data['children'].unique()
Out[16]: array([0, 1, 3, 2, 5, 4], dtype=int64)
In [17]: data['smoker'].unique()
Out[17]: array([1, 0])
In [18]: data['region'].unique()
Out[18]: array([3, 2, 1, 0])
In [19]: data['charges'].unique()
Out[19]: array([16884.924 , 1725.5523, 4449.462 , ..., 1629.8335, 2007.945 , 29141.3603])
```

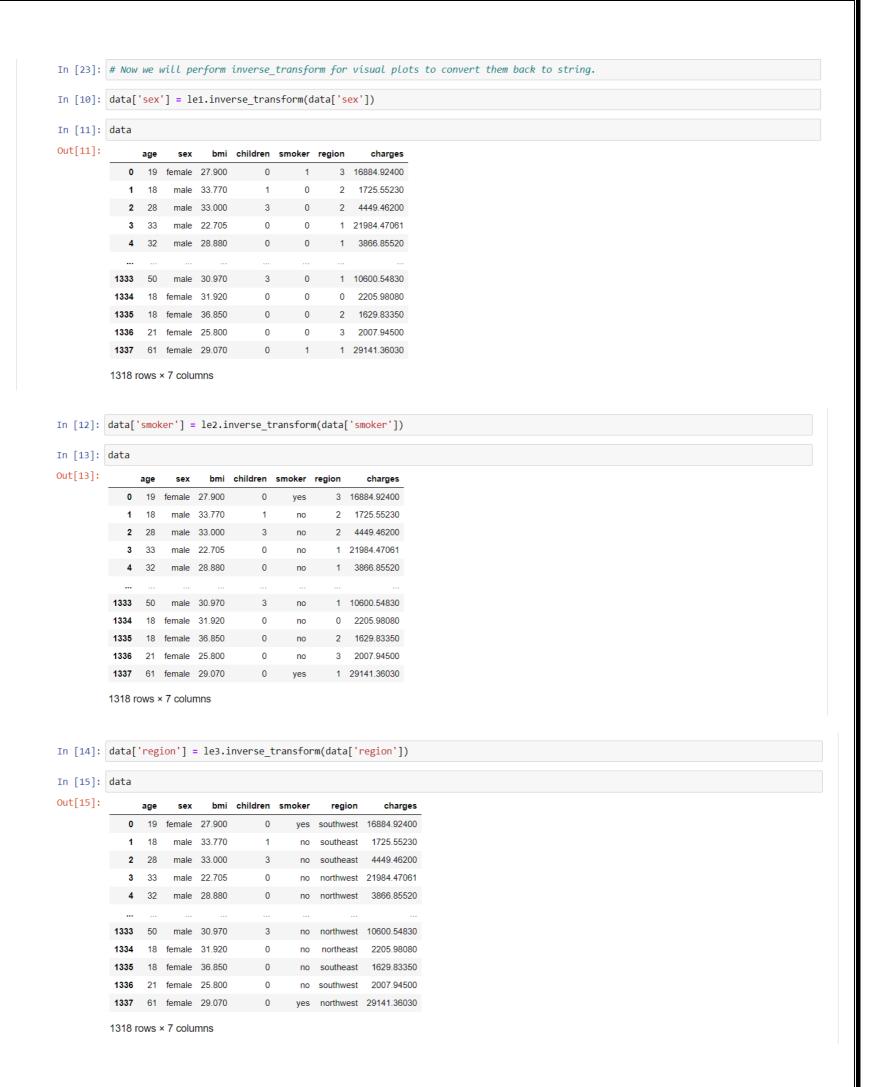
> Then we remove the outliers using the Local Outlier Factor (LOF) method.

```
In [20]: # Treatment of Outliers

In [8]: lof = LocalOutlierFactor()
    yhat = lof.fit_predict(data)
    mask = yhat != -1
    data = data[mask]

In [9]: data.shape
Out[9]: (1318, 7)
```

> Then we convert the previously converted textual data back into textual form for making data visualizations and analysis easily interpretable.



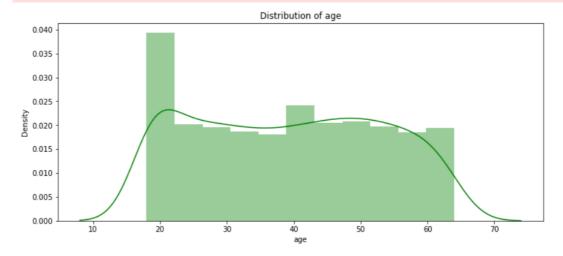
Now, we perform Univariate Analysis on the data to understand the distribution of each and every continuous variable.

In [30]: # Univariate Analysis

In [31]: plt.figure(figsize=(12,5)) plt.title("Distribution of age") ax = sns.distplot(data["age"], color = 'g')

D:\Annaconda\lib\site-packages\seaborn\distributions.py:2619: FutureWarning: `distplot` is a deprecated function and will be re moved in a future version. Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

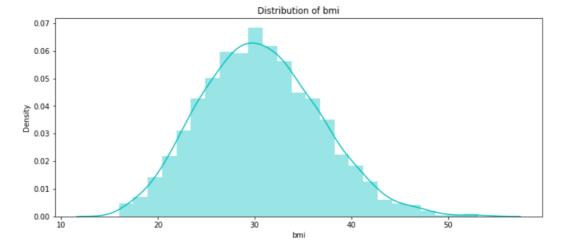
warnings.warn(msg, FutureWarning)



In [32]: plt.figure(figsize=(12,5)) plt.title("Distribution of bmi") ax = sns.distplot(data["bmi"], color = 'c')

D:\Annaconda\lib\site-packages\seaborn\distributions.py:2619: FutureWarning: `distplot` is a deprecated function and will be re moved in a future version. Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

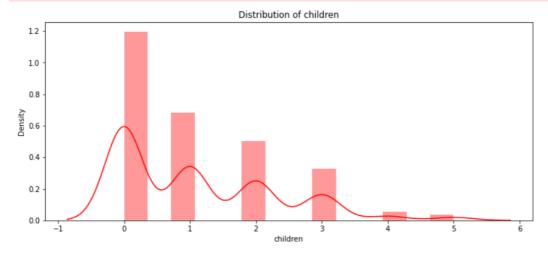
warnings.warn(msg, FutureWarning)



In [33]: plt.figure(figsize=(12,5)) plt.title("Distribution of children") ax = sns.distplot(data["children"], color = 'r')

D:\Annaconda\lib\site-packages\seaborn\distributions.py:2619: FutureWarning: `distplot` is a deprecated function and will be re moved in a future version. Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)



```
In [34]: plt.figure(figsize=(12,5))
plt.title("pistribution of charges")
ax = sns.distplot(data["charges"], color = 'm')

D:\Annaconda\lib\site-packages\seaborn\distributions.py:2619: FutureWarning: 'distplot' is a deprecated function and will be re moved in a future version. Please adapt your code to use either 'displot' (a figure-level function with similar flexibility) or 'histplot' (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)

Distribution of charges

1e-5

Distribution of charges

1e-5

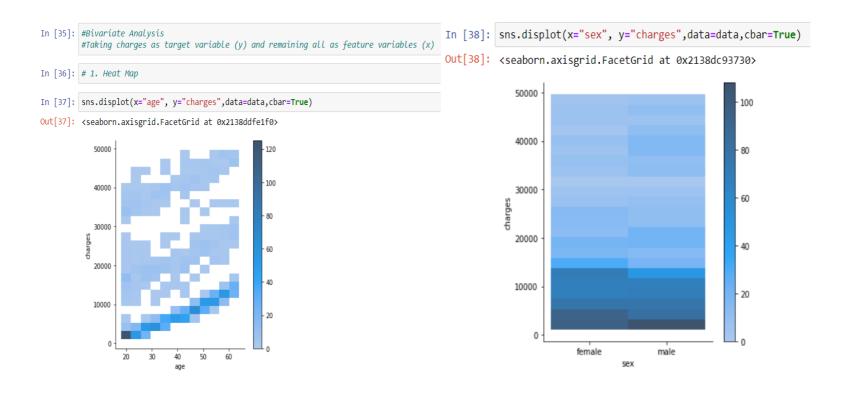
Distribution of charges

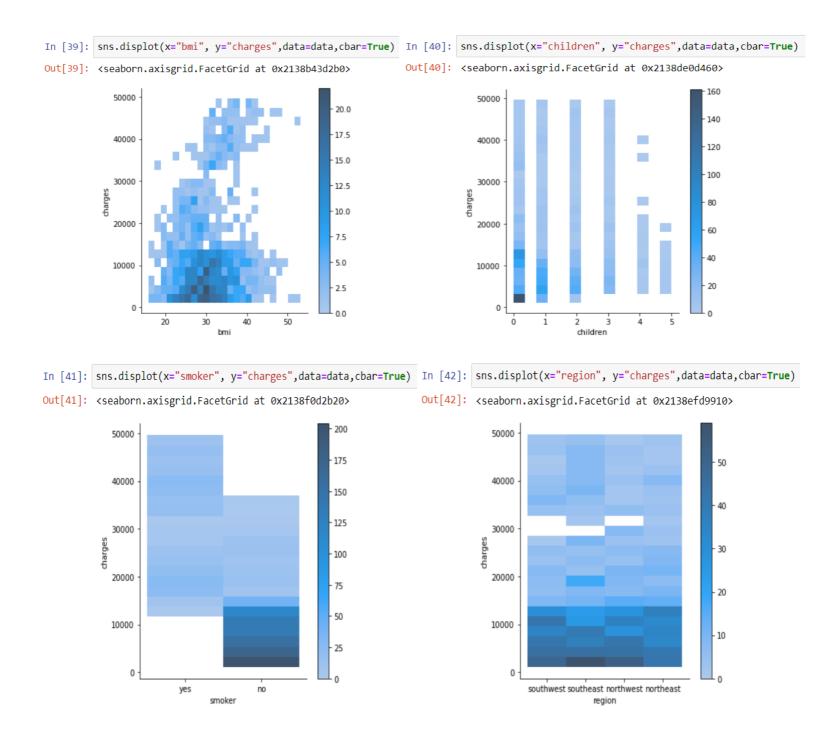
1e-5

Distribution of charges
```

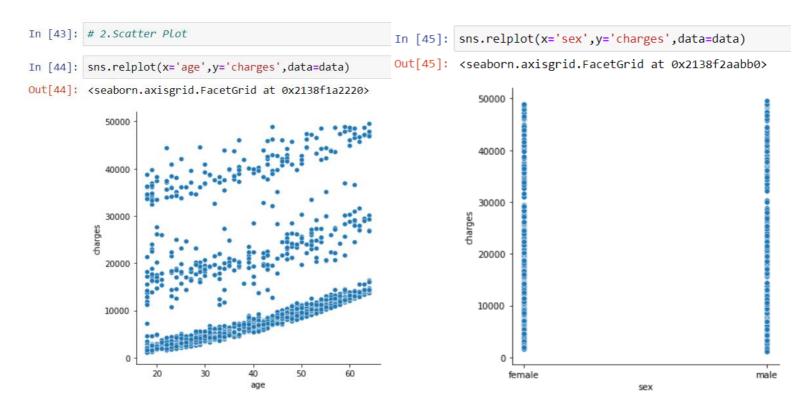
After Univariate analysis we are going to perform Bivariate analysis using different plots on the data to understand the relation between twovariables in the data where charges is the target variable and remaining variables are feature variables.

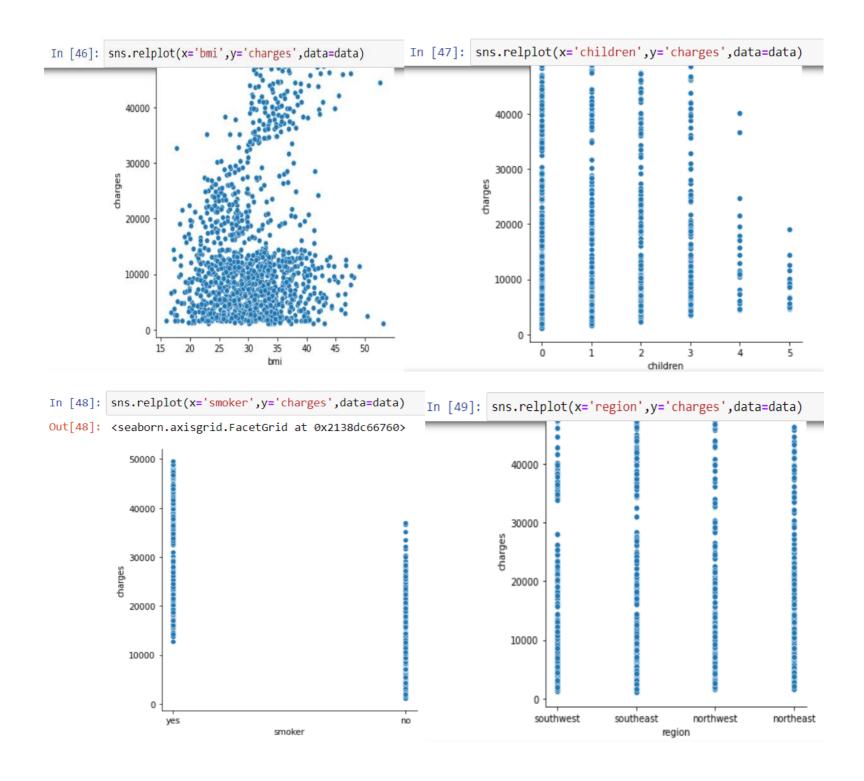
1. Heat Map:



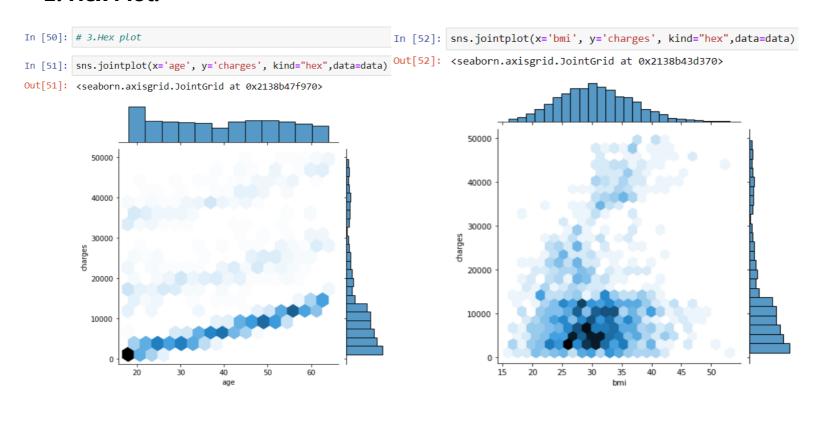


2. Scatter Plot:

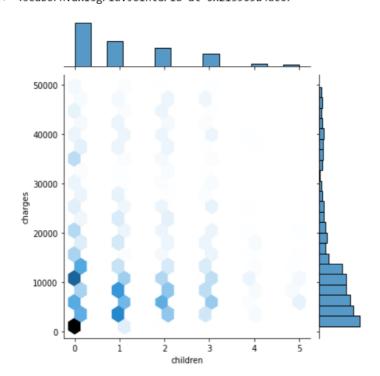




2. Hex Plot:



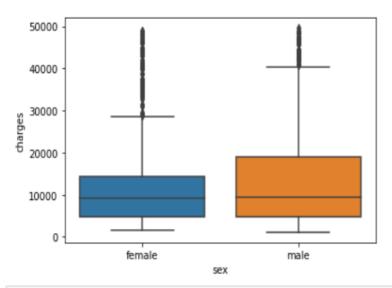
```
In [53]: sns.jointplot(x='children', y='charges', kind="hex",data=data)
Out[53]: <seaborn.axisgrid.JointGrid at 0x213905a4dc0>
```



4. Box plot:

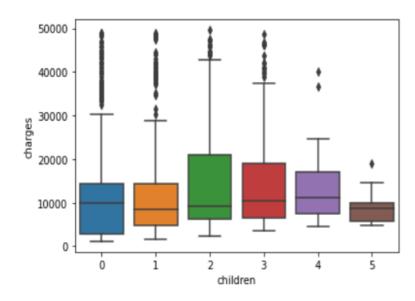
In [56]: sns.boxplot(x="sex", y="charges", data=data)

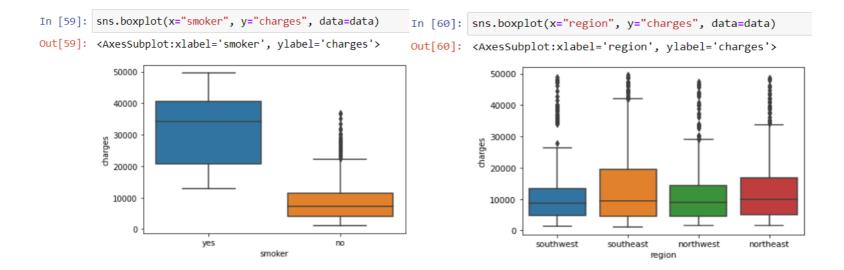
Out[56]: <AxesSubplot:xlabel='sex', ylabel='charges'>



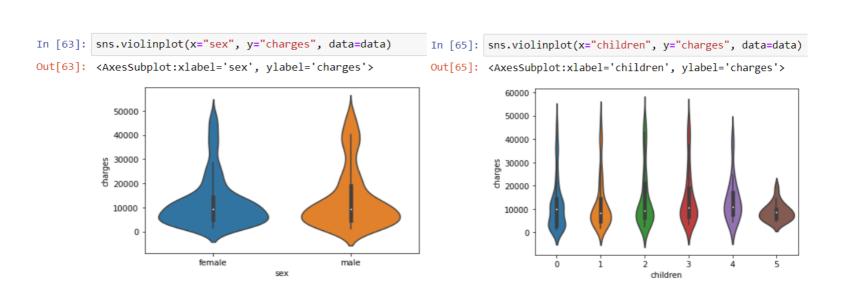
In [58]: sns.boxplot(x="children", y="charges", data=data)

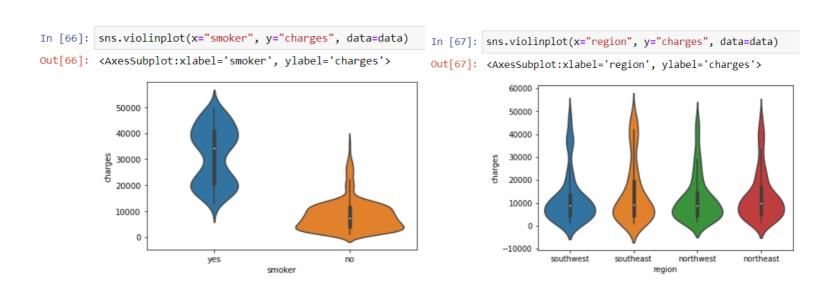
Out[58]: <AxesSubplot:xlabel='children', ylabel='charges'>



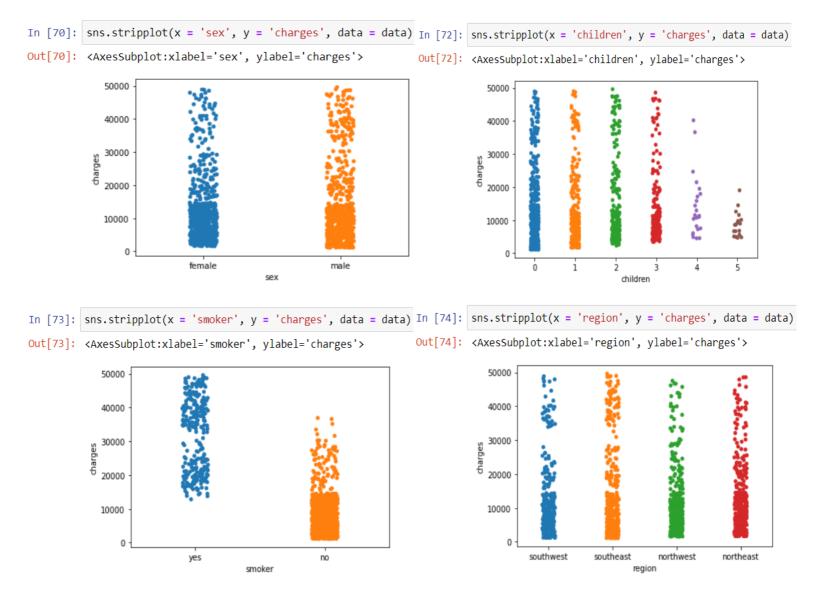


5. Violin Plot:



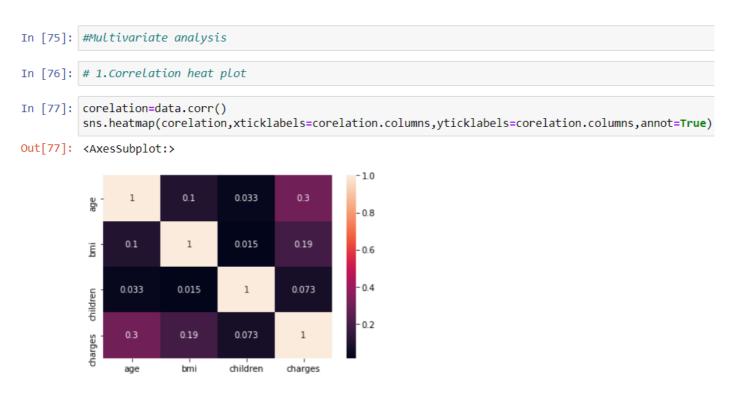


6. Stripp plot:



After Bivariate analysis we are going to perform Multivariate analysis using different plots on the data to understand the relation between different in the data.

1. Correlation Plot:



charges by region: -

```
charges = data['charges'].groupby(data.region).sum().sort_values(ascending = True)
f, ax = plt.subplots(1, 1, figsize=(8, 6))
ax = sns.barplot(charges.head(), charges.head().index, palette='Blues')

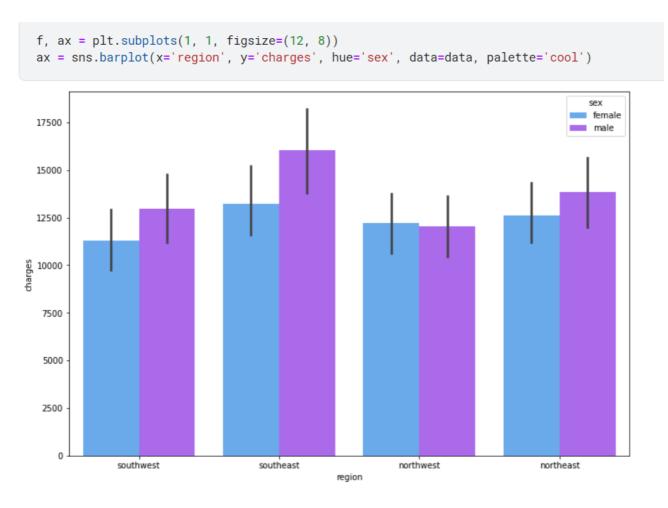
/opt/conda/lib/python3.7/site-packages/seaborn/_decorators.py:43: FutureWarning: Pass the following v.
be 'data', and passing other arguments without an explicit keyword will result in an error or misinte
FutureWarning

southwest-
northwest-
southeast-
```

> So overall the highest medical charges are in the Southeast and the lowest are in the Southwest.

Taking into account certain factors (sex, smoking, having children) let's see how it changes by region -

• Factor = 'sex'



Factor = 'smoker'

```
f, ax = plt.subplots(1,1, figsize=(12,8))
ax = sns.barplot(x = 'region', y = 'charges',
hue='smoker', data=data, palette='Reds_r')

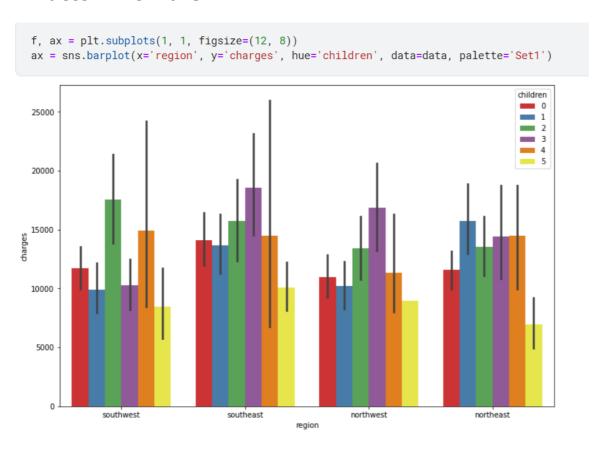
35000
25000
15000
15000
```

region

southeast

• Factor = 'children'

5000



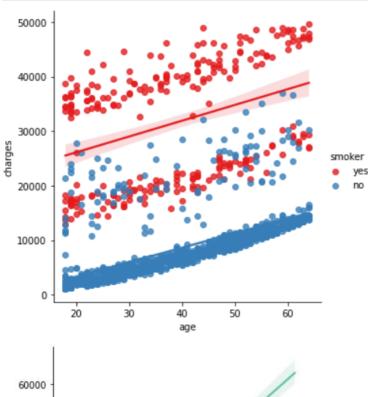
northwest

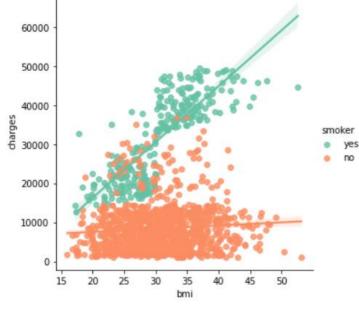
northeast

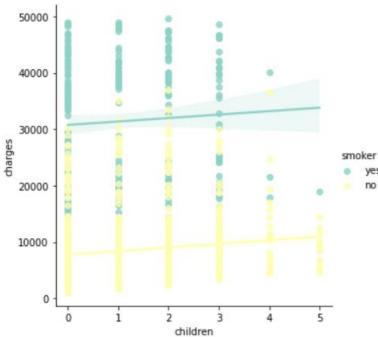
- > As we can see from these bar plots the highest charges due to smoking are still in the Southeast but the lowest are in the Northeast.
- ➤ People in the Southwest generally smoke more than people in the Northeast, but people in the Northeast have higher charges by gender than in the Southwest and Northwest overall. And people with children tend to have higher medical costs overall as well.

Now let's analyze the medical charges by age, bmi and children according to the smoking factor –

```
ax = sns.lmplot(x = 'age', y = 'charges', data=data, hue='smoker', palette='Set1')
ax = sns.lmplot(x = 'bmi', y = 'charges', data=data, hue='smoker', palette='Set2')
ax = sns.lmplot(x = 'children', y = 'charges', data=data, hue='smoker', palette='Set3')
```







> Smoking has the highest impact on medical costs, even though the costs are growing with age, bmi and children. Also, people who have children generally smoke less.

Again, we will be using LabelEncoder() inorder to convert them back to numerics

```
data['sex'] = le1.fit_transform(data['sex'])
data['smoker'] = le2.fit_transform(data['smoker'])
data['region'] = le3.fit_transform(data['region'])
```

Now after applying LabelEncoder, we will now do the train_test_split on the data

```
from sklearn.model_selection import train_test_split as holdout
from sklearn import metrics

x = data.drop(['charges'], axis = 1)
y = data['charges']
x_train, x_test, y_train, y_test = holdout(x, y, test_size=0.2, random_state=0)
```

Random Forest Regressor

```
from sklearn.ensemble import RandomForestRegressor as rfr
x = data.drop(['charges'], axis=1)
y = data.charges
Rfr = rfr(n_estimators = 100, criterion = 'mse',
                              random_state = 1,
                              n_jobs = -1, oob_score=True)
Rfr.fit(x_train,y_train)
x_train_pred = Rfr.predict(x_train)
x_test_pred = Rfr.predict(x_test)
print('MSE train data: %.3f, MSE test data: %.3f' %
      (metrics.mean_squared_error(x_train_pred, y_train),
       metrics.mean_squared_error(x_test_pred, y_test)))
print('R2 train data: %.3f, R2 test data: %.3f' %
      (metrics.r2_score(y_train,x_train_pred, y_train),
       metrics.r2_score(y_test, x_test_pred, y_test)))
print('00B score:', Rfr.oob_score_)
```

MSE train data: 3236350.821, MSE test data: 23001389.717 R2 train data: 0.975, R2 test data: 0.812 OOB score: 0.8376630757921818

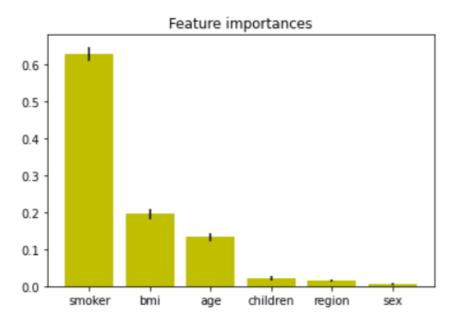
- First, we will import the random forest regressor as rfr
- Next, we will be dropping the 'charges' column from the dataset and store the remaining data in 'x' variable and in the 'y' variable we will store only the 'charges' column from the data.
- Here in random forest regressor function the arguments used are -
- n_estimator is the number of trees in the forest., by default we will take '100'.
- Criterion: MSE (mean squared error) to measure the quality of split
- Random state: it controls both the randomness of the bootstrapping of the samples used when building trees.
- **N jobs:** The number of jobs to run in parallel and -1 means using all processors.
- **OOB score:** True, (Out Of Bag score) which is used as a replacement for cross validation in Random Forest Regressor).
- Then, we will fit the x train and y train using Rfr.
- Next, we will be performing random forest prediction on both x_train and x_test and store them in variables 'x_train_pred' & 'x_test_pred'.
- Finally, we will print the Mean squared error, R-square values for both the test and train data& OOB score.
- If we see the scores obtained after performing Random Forest Regression on the data, the R-square & OOB scores obtained are high so it is considered good for the model whereas the MSE (mean squared error) values are also high for both train data and test data, from which we can say that there is a large deviation b/w both the observed values and predicted values.

Feature Importance Ranking:

Feature importance ranking

```
1.smoker(0.628962)
2.bmi(0.195371)
3.age(0.133038)
4.children(0.021136)
5.region(0.014632)
6.sex(0.006862)
<BarContainer object of 6 artists>
```

<BarContainer object of 6 artists>



Feature importances are provided by the fitted attribute
 "feature_importances_" and they are computed as the mean and standard deviation of accumulation of the impurity decrease within each tree.

- Next, we will be sorting out the "importances" except the last column and store it in the variable 'indices'.
- Here we will be declaring the 'variables' and an empty 'importance_list'.
- Then in the "for" loop we will be storing the variables of the indices of 'f' in a higher order.
- The next step we will be appending the empty list with the 'variables' of higher order in ranking.
- Finally, we will be plotting the bar plot based on the ranking.
- From the result values & the Bar plot obtained we can conclude that the feature importance ranking is high for "smoker" factor & least for "sex" factor compared to all the other factors in the dataset.

Next, we will be using machine learning models for predicting charges. We will be using different regression models to get accurate predictions.

1. Linear Regression:

- First, we will import the Linear regression from sklearn.linear_model and assign it to Lin_reg.
- Next, we will be fitting the Lin_reg to x_train and y_train.
- Then we will be printing intercept, coefficients of linear regression model fitted before.

 At last, we will be calculating the score by fitting the model trained to x_test and y_test.

```
In [105]: # Cross validation for linear regression
    scores=cross_val_score(Lin_reg,x,y,cv=10,scoring='r2')
    print('R_square score for Cross Validation:',mean(scores))

R_square score for Cross Validation: 0.7481927885694074

In [106]: # Kfold cross validation for Linear regression
    cv=KFold(n_splits=10,random_state=1,shuffle=True)
    scores=cross_val_score(Lin_reg,x,y,cv=cv,scoring='r2')
    print('R_square score for K- Fold cross Validation:',mean(scores))

R_square score for K- Fold cross Validation: 0.7480921370339916
```

- Next, we will be calculating R_square score for Cross validation by taking hyper parameters cv=10 and scoring metric as r2.
- Next, we will be calculating R_square score for KFold Cross validation by taking hyper parameters n_splits=10 and random_state=1 and shuffle as True and allocating it to cv.Then we will calculate the score by taking hyper parameters cv=cv and scoring metric as r2.

2. Ridge Regression:

```
In [107]: # 2:- Ridge regression

In [108]: from sklearn.linear_model import Ridge
    Ridge = Ridge(alpha=1)
    Ridge.fit(x_train, y_train)
    print(Ridge.intercept_)
    print('Training score:',round(Ridge.score(x_train,y_train),2))
    print('Testing score:',round(Ridge.score(x_test, y_test),2))

-10713.000901952126
    [ 248.94601291    87.52880069    304.75192595    514.9748104
        23211.51669009    -419.3926356 ]
    Training score: 0.76
    Testing score: 0.73
```

- First, we will import the Ridge regression from sklearn.linear_model and assign it to Ridge and also taking alpha=1.
- Next, we will be fitting the Ridge to x_train and y_train.

- Then we will be printing intercept, coefficients of Ridge regression model fitted before.
- At last, we will be calculating the training and testing score.

Since training score and testing score is almost similar. We will try to improve it by increasing the regularisation value alpha=30

Since there is a dip in both training and testing score compared to previous one so we will consider alpha=10 for finding R_square Cross validation score.

```
In [121]: # Cross validation for ridge regression
    ridge = Ridge(alpha=10)
    scores=cross_val_score(ridge,x,y,cv=10,scoring='r2')
    print('R_square score for Cross Validation:',mean(scores))

R_square score for Cross Validation: 0.7466306935656075

In [122]: # K Fold cross validation for ridge regression
    cv=KFold(n_splits=10,random_state=1,shuffle=True)
    scores=cross_val_score(ridge,x,y,cv=cv,scoring='r2')
    print('R_square score for K- Fold cross Validation:',mean(scores))

R_square score for K- Fold cross Validation: 0.7464522559099886
```

- Next, we will be calculating R_square score for Cross validation by taking hyper parameters cv=10 and scoring metric as r2 and alpha=10
- Next, we will be calculating R_square score for KFold Cross validation by taking hyper parameters n_splits=10 and random_state=1 and shuffle as True and allocating it to cv. Then we will calculate the score by taking hyper parameters cv=cv and scoring metric as r2.

Overall, we can see if we try to increase penalty there is a slight variation in training score and testing score. If we try to increase it further the scores are getting reduced. We will try another model and see if the score improves.

3. Lasso Regression:

Lasso regression is a type of linear regression that uses shrinkage. Shrinkage is where data values are shrunk towards a central point, like the mean. The lasso procedure encourages simple, sparse models (i.e. models with fewer parameters).

The acronym "LASSO" stands for Least Absolute Shrinkage and Selection Operator.

Lasso regression performs L1 regularization, which adds a penalty equal to the absolute value of the magnitude of coefficients. This type of regularization can result in sparse models with few coefficients; Some coefficients can become zero and eliminated from the model (Feature Selection).

Here's the implementation of Lasso regression in our project. We had created 6 different Lasso regression models with a combination of different hyper parameters.

- **♣** The chosen alpha hyper parameter values are 1, 5, 10, 15, 20, 25 and 30
- ♣ The chosen selection hyper parameter values are 'cyclic' and 'random'
- The rest hyper parameters values are the default values

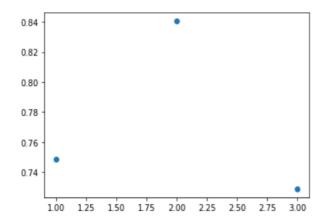
Here's the cross validation and K-Fold cross validation score of the model with alpha hyper parameter value set to 30.

- ✓ By observing all these six models, we can come to know that the training and testing score remains the same without any noticeable change.
- ✓ Lasso supports feature selection to a great extent but does not support feature importance ranking. We still tried to implement feature importance ranking but we faced errors so we had dropped that idea.
- ✓ Now, we proceed to the next model i.e., Polynomial Regression.

4. Polynomial Regression

```
In [76]: # n_splits=5
def create_polynomial_regression_model(degree):
    poly_features = PolynomialFeatures(degree=degree)
    X_poly = poly_features.fit_transform(x)
    poly = LinearRegression()
    cv=KFold(n_splits=5,random_state=1,shuffle=True)
    return np.mean(cross_val_score(poly, X_poly, y, cv=cv,scoring='r2'))
poly_cv = []
for i in range(1,4):
    poly_cv.append(create_polynomial_regression_model(i))
plt.scatter(range(1,4),poly_cv)
```

Out[76]: <matplotlib.collections.PathCollection at 0x17e0774c7f0>



0.84 -0.82 -0.80 -0.78 -

100 125 150 175 200 225 250 275 300

0.76

• First, we will be plotting degree of polynomial on x axis and cv score on y axis with having splits=5 and splits=10. From this we can see that polynomial of degree 2 has better cv score than the other degrees.

```
In [70]: # Polynomial regression
          \textbf{from} \ \ \textbf{sklearn.preprocessing} \ \ \textbf{import} \ \ \textbf{PolynomialFeatures}
          x = data.drop(['charges', 'sex', 'region'], axis = 1)
         y = data.charges
In [71]:
          pol = PolynomialFeatures (degree = 2)
          x_pol = pol.fit_transform(x)
          x_train, x_test, y_train, y_test = holdout(x_pol, y, test_size=0.2, random_state=0)
Pol_reg = LinearRegression()
          Pol_reg.fit(x_train, y_train)
          y_train_pred = Pol_reg.predict(x_train)
          y_test_pred = Pol_reg.predict(x_test)
          print(Pol_reg.intercept_)
          print(Pol_reg.coef_)
          print(Pol_reg.score(x_test, y_test))
          -5912.886035125941
          [ 0.00000000e+00 -1.17396032e+02 6.26370495e+02 1.11113642e+03
           -9.00898057e+03 4.31905688e+00 1.11467949e+00 4.75719512e+00
           -1.39004881e+01 -1.03253930e+01 -9.38476710e+00 1.37636686e+03
           -8.00566253e+01 -2.47002618e+02 -9.00898057e+03]
          0.8356067877734482
```

Next, we will be developing a polynomial regression model as shown in above snap.

Tabulating cross validation Scores for all the models -

 As we can see that polynomial regression has the highest cross validation score. So, we will be taking this model into consideration and proceeding further for predicting the charges.

Medical insurance charges are predicted using polynomial regression.

Summary and Conclusion

- ♣ After performing the feature importance ranking using random forest repressor, we can come to know that smoking contributes the maximum for medical insurance charges.
- ♣ Polynomial Regression model has the highest C.V (Cross-Validation) score compared to other models.
- ♣ From the predictions we can come to know that there is an ample amount of high insurance medical cost and the reason for that is smoking.

References

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