2nd Year MBBS Class Test Solutions

(Inflammation, Repair & Healing)

- 1. A 58-year-old patient with an ulcer on the left leg on steroid therapy for rheumatoid arthritis:
- a. Type of healing: Secondary intention healing.
- b. Healing process in a stepwise manner:
  - 1. Hemostasis: Formation of a blood clot.
  - 2. Inflammation: Recruitment of neutrophils and macrophages to remove debris.
  - 3. Granulation tissue formation: Fibroblasts lay collagen; angiogenesis begins.
  - 4. Reepithelialization: Epithelial cells proliferate to close the wound.
  - 5. Remodeling: Collagen crosslinking and scar formation.
- c. Three complications of wound healing:
  - 1. Infection
  - 2. Chronic ulcers
  - 3. Hypertrophic scar/keloid formation.
- 2. An ulcer in the buccal mucosa of a student during exams:
- a. Labelled diagram of the cell cycle: G1, S, G2, Mitosis, with checkpoints at G1/S and G2/M.
- b. Classify epithelial cell types by proliferative potential with examples:
  - 1. Labile cells: Continuously dividing, e.g., mucosal epithelium.
  - 2. Stable cells: Divide only upon injury, e.g., hepatocytes.
  - 3. Permanent cells: Do not divide, e.g., neurons.
- 3. A 12-year-old boy after a road accident develops abrasions and painful swelling on the leg: Sequence of events leading to the pathological event:
  - 1. Tissue damage: Abrasions cause loss of epithelial integrity.
  - 2. Acute inflammation: Neutrophil recruitment, cytokine release, and swelling.

- 3. Edema formation: Increased vascular permeability.
- 4. Healing begins: Fibroblast activity and granulation tissue formation.
- 4. Granuloma and Giant Cells:
- a. Define granuloma and morphology of a tuberculous granuloma:

Granuloma: A collection of epithelioid macrophages surrounded by lymphocytes.

Morphology: Central caseous necrosis surrounded by epithelioid cells, giant cells, and lymphocytes.

- b. Two characteristic features of Giant Cells:
  - 1. Multinucleated appearance.
  - 2. Formed by the fusion of macrophages.
- 5. A 42-year-old woman with low-grade fever, cough, and weight loss with opacity in the right lung:
- a. Type of inflammatory process: Chronic inflammation.
- b. Cells and mediators involved in chronic inflammation:
  - Cells: Macrophages, lymphocytes (T-cells and B-cells), and plasma cells.
  - Mediators:
    - Cytokines (IL-1, TNF-alpha)
    - Growth factors (VEGF for angiogenesis)
    - Chemokines (attracting immune cells).