

## Where Does Your Light Live?

Your Golden Shadow lives in your body just as much as your dark shadow does. Often, we suppress our power through physical constriction—a collapsed chest, a quiet voice, downcast eyes.

Imagine yourself fully expressed—confident, radiant, unapologetic. Where would that energy live in your body?



**Mark the figure above:**

- Draw IRISES or LOTUSES where your brilliance wants to bloom
- Draw SUNLIGHT where you feel expansion and joy
- Draw GOLD THREAD connecting your hidden gifts to each other

Your power is not arrogance. It is your birthright.