

**a barrage of [s]:** una lluvia de (fig: insultos, preguntas al mismo tiempo) | *The suspect endured a barrage of questions during the investigation.*

**a fit of [s]:** ataque, arranque | *My boss flew into a fit of rage when he didn't get the report on time.*

**abashed [adj]:** avergonzado | *James looked abashed when I pointed out a mistake in his report.*

**abide [v]:** tolerar, soportar (neg) | *I can't abide his smoking in the house.*

**abide by [v]:** acatar, obedecer | *Cathy decided to abide by the rules.*

**above [prep]:** por encima de | *above absolute 0. 5 years and above. (see over)*

**abseil (down) [v]:** descender, bajar (con una cuerda haciendo rápel) | *Sharon abseiled down the side of a skyscraper to raise money for charity.*

**absent from [adj]:** ausente en | *Jasmine was absent from the party on Sunday.*

**acclaim [v]:** aclamar, aplaudir. | *Her influence and her authority are unanimously acclaimed.*

**accolade [s]:** premio, mayor signo de elogio | *The director won a special accolade for his achievements in film.*

**accompany [v]:** acompañar sth/sb | *Rumbling thunder accompanied the sudden downpour.*

**accord to [v]:** conferir, conceder | *We hereby accord to the petitioner the relief that she requests.*

**accord with [v]:** corresponder con, concordar con | *Make sure your behavior accords with the company's code of conduct.*

**accordingly, correspondingly [adv]:** en consecuencia | *I agreed with the candidate's stance and voted accordingly. Correspondingly, ...*

**account for [v]:** representar (porcentaje) | *In industrialized countries, organic material can account for 50 per cent of household waste.*

**accuse of [v]:** acusar de (inf) | *They accused me of not setting aside enough time.*

**acquaintance [adj]:** conocido | *He is just a casual acquaintance*

**acquaintance with [s]:** familiaridad con, familiarizarse con, conocimientos de | *Acquaintance with these instructions is an element of the knowledge required for proper use.*

**acquit [v]:** absolver a, exonerar a | *The jury acquitted the defendant due to lack of evidence.*

**acrid [adj]:** acre, áspero y picante al gusto/olfato | *Acrid smoke poured from the windows of the burning factory.*

**act on a tip-off [phrase/idiom]:** actuar tras aviso | *The police, acting on a tip-off, arrested the thieves as they left the building.*

**act up [v]:** no funcionar bien | *I think I need to take my car to the mechanic because it's acting up again.*

**act your age [phrase/idiom]:** comportarte conforme a tu edad

**acumen [s]:** perspicacia, agudeza, visión | *Though obviously talented, I feel he lacks business acumen.*

**adamant [adj]:** firme, inflexible | *I tried to change Sonia's mind, but she was adamant.*

**address [v]:** dirigirse (a); abordar | *The President will address the nation. We need to address the problem.*

**adjourn [v]:** posponer (cuando ya ha empezado) | *The chairman decided we should adjourn until the following week.*

**adjournment [s]:** aplazamiento | *The judge has granted an adjournment of the hearing until next month.*

**advise [v]:** aconsejar | *I advised him to eat before the flight. A text message advised me that my flight was delayed.*

**advocate [v]:** abogar por, proponer | (-ing) *He advocates a return to the old business model.*

**affair [s]:** asunto, caso; aventura amorosa | *Affairs of state require good policies and capable administrators. He had an affair with his secretary.*

**afoot [adv]:** en marcha | *The office is very quiet today; something strange is afoot!*

**ageing [adj]:** envejecido | *They are offering more training courses as part of their effort to replace an ageing workforce.*

**aging [s]:** envejecimiento | *Aging is something that no one can run away from.*

**agree upon [v]:** ponerse de acuerdo en, acordar | *The two men agreed on a price for the secondhand car.*

**ailing [adj]:** enfermo | *Damion helps elderly and ailing people by delivering prescription medications to them.*

**aim [v]:** apuntar a/hacia | *I saw a sniper taking aim at us from a second-story window.*

**airstrike [s]:** bombardeo aéreo | *The military has carried out five airstrikes on the city in two days.*

**alibi [s]:** coartada | *The problem with the defence case is that the accused has no alibi.*

**alight [v]:** apearse, bajarse (formal) | *Passengers alighting at the next station must move to the front carriage. (=get off)*

**alight [adj]:** en llamas | *The house was fully alight by the time we reached it.*

**allay [v]:** aliviar, apaciguar | *What can we tell them to allay their fears about the operation?*

**allegedly [adv]:** presuntamente, supuestamente | *At the time of the crime, the suspect was allegedly at her grandmother's birthday party.*

**alluring [adj]:** atractivo, cautivador | *It's beauty and possibilities are too alluring.*

**ally [s]:** aliado | *Laura can be relied on as our ally.*

**altogether [adv]:** en total; completamente | *It comes to \$35.00 altogether. The display is altogether unacceptable.*

**amount to [v]:** equivaler a, ser lo mismo; llegar a ser | *He was told he would never amount to much. Slander or libel, it amounts to the same thing.*

**annoy [v]:** enojar, enfadar; incordiar | *My sister's protests annoyed my father.*

**ansatz [s]**: solución estimada a una (o varias) ecuación(es) | *This is an ansatz of the total wave function, introduced by Born in 1951.*

**answer back [v]**: replicar, responder maleducadamente

**anthem [s]**: himno

**antics [s]**: payasadas, gracuas | *Jimmy's antics make the whole family laugh.*

**appall [v]**: horrorizar, consternar | *Everyone was appalled by the news.*

**appeal [v]**: apelar (law); suplicar, implorar | *She appealed for his help. The state governors appealed to the President for help.*

**apron [s]**: mandil | *Emily's mother always wore a red apron when she baked brownies.*

**arrive at [v]**: llegar a (acuerdo, conclusión) | *The mathematician worked to arrive at the answer.*

**as a whole [phrase/idiom]**: en conjunto, como un todo | *Some students need to improve, but the class as a whole is very good.*

**as different as chalk and cheese. [phrase/idiom]**: completamente diferente | *But every now and then one comes across a task that is as different as chalk and cheese.*

**as easy as a pie [phrase/idiom]**: pan comido

**as if / as though [conj]**: como si | *He looked as if he wanted to say something.*

**ashamed [adj]**: avergonzado

**ashore [adv]**: hacia la orilla | *We decided to put ashore when we saw the storm coming.*

**ask around [v]**: consultar, preguntar (a mucha gente) | *Ask around to get quick and easy recipes with few ingredients.*

**ask in [v]**: invitar a entrar a alguien

**ask out [v]**: pedir para salir, invitar a una cita | *He asked her out.*

**ask over [v]**: invitar (a casa) | *Why don't we ask the Johnsons over for dinner?*

**aspire [v]**: aspirar a | *I aspire to master at least one foreign language.*

**assertion [s]**: afirmación; reivindicación | *You make an assertion but provide. Their assertion of your rights is based on the constitution.*

**assertive [adj]**: firme, autoritario | *The manager decided to be more assertive with the staff.*

**assure [v]**: garantizar (sb that), asegurar | *The contract assures the forgiveness of the debt in the event of death.*

**astride [prep]**: con un pie a cada lado de | *The rider sat astride a chestnut horse.*

**at hand [adv]**: a mano, disponible; en cuestión | *The matter at hand here, after all, is healing people. Prepare a first-aid kit for the journey and have it at hand.*

**at loggerheads [adj]**: enfrentado, en desacuerdo | *Carol is at loggerheads with her brother.*

**atone, make amends for [v]**: enmendar, reparar | *He atoned (for) his sins.*

**attainable [adj]**: asequible, alcanzable | *Our goals seem more (un)attainable now we've secured the funding.*

**attire [v]**: ataviar, vestir | *He was attired in new festive garments*

**auburn [adj]**: castaño rojizo (pelo) | *The little girl with auburn curls is Abigail. The girl with the auburn hair is very attractive.*

**auction [s]**: subasta (lugar de subastas) | *Marion placed a bid on an antique chair at the auction*

**average out at [v]**: ser en promedio, tiene una media de | *The overall average monthly salary in Finland averaged out at 2.947 pounds.*

**avert [v]**: evitar (algo malo) | *How can we avert delays in the production process?*

**awake [v]**: despertarse | *The hunters awake at dawn.*

**awaken [v]**: despertar, despertarse; despertar (fig: interés, emociones) | *Her stories awakened memories of my childhood. When you awaken, reflect on what you want.*

**award [v]**: galardonar, otorgar, conceder | *He was awarded the Nobel Prize. The government awarded the contract to this company.*

**awe [s]**: asombro, sobrecogimiento | *The children stared at the beautiful scenery with awe.*

**awe [v]**: asombrar, intimidar, impresionar | *The magician awed the crowd with his death-defying act.*

**awkward [adj]**: incómodo, embarazoso; complicado | *I had an awkward conversation with my ex-girlfriend.*

**babble [v]**: balbucear | *The baby is babbling happily in her cot; she is talking to her teddy bear.*

**back away [v]**: retirarse | *He nodded vaguely, continuing to dodge and back away.*

**back down [v]**: recular, dar marcha atrás | *Despite the evidence, he refused to back down.*

**back off [v]**: dejar de molestar, retroceder | *The guys backed off when they saw the police coming.*

**back out [v]**: echarse atrás, arrepentirse | *Sue backed out of helping us paint the house. At the last minute, the investors backed out.*

**backpedal [v]**: pedalear hacia atrás; dar marcha atrás, retractarse

**backwater [s]**: remanso, páramo | *As a child living in an Australian backwater, I dreamed of visiting a big city.*

**backyard, back yard(UK) [s]**: patio trasero | *They sit in the backyard and read all summer.*

**badger [v]**: insistir (para hacer algo), dar la lata | *My children badgered me into taking them to the playground.*

**baffle [v]**: desconcertar, confundir | *I thought Evan really wanted to take the class; it baffles me that he didn't.*

**bail [s]**: fianza | *Bryan was released from jail after his mom paid his bail.*

**bail out [v]**: rescatar (financiero) | *The government bailed out many large banks during the recession.*

**bake [v]**: hornear | *Bake the cake for half an hour, then check to see if it is done.*

**balance out [v]**: equilibrar, nivelar, cuadrar | *Advertising costs money but increases revenue, so over all it balances out.*

**balance the books [v]:** cuadrar las cuentas | *We have set ourselves clear objectives and want to balance the books.*

**bald [adj]:** calvo

**ballot [v]:** seleccionar mediante voto | *The homeowners' association will ballot a new secretary soon since the previous one moved away.*

**bang [v]:** golpear | *The noisy courtroom became quiet when the judge banged the gavel.*

**bang around/about [v]:** dar tumbos | *The baby woke up because Joe was banging around in the kitchen. (=move about clumsily)*

**bank holiday [s]:** día festivo

**bare [adj]:** sin cubrir, desnudo | *He suffered cuts to his bare feet from all the sharp stones.*

**bare [v]:** mostrar, descubrir | *Before long, the truth will be bared to all.*

**barefoot [adv]:** descalzo | *I love walking barefoot on the beach.*

**bark [v]:** ladrar (perro)

**based on fact [phrase/idiom]:** basado en hechos | *If those fears are based on fact, we can deal with them by information and participation.*

**bawl out [v]:** reprender, increpar (a gritos) | *The sergeant was bawling out one of the new recruits.*

**be (not) worth sth/doing [v]:** merecer la pena | *Is it even worth doing?*

**be about to [v]:** estar a punto de | *I am about to enter my 6th year on my visa.*

**be afraid of / that [v]:** estar preocupado de, tener miedo de | *Sam was afraid of losing his job. I'm afraid my money might run out before the end of the trip.*

**be alike [v]:** ser igual | *As you know, no library is alike. Be alike to sth*

**be arsed (UK) [v]:** estar por la labor | *The story's quite good so far, but I don't think I can be arsed to read the whole thing.*

**be cut out for [v]:** estar hecho para, haber nacido para | *Some people aren't cut out for dealing with the public.*

**be dab hand at [v]:** tener maña para | *I am dab hand at painting.*

**be daunting [v]:** abrumador, intimidante | *Attending a job interview can be daunting.*

**be fated to [v]:** estar desrinado a | *He was fated to die in the Second World War.*

**be fit / be out of shape [v]:** (no) estar en forma

**be floating around/about [v]:** circular, revolotear | *A preliminary draft has been floating around the corridors of Brussels.*

**be glued to [v]:** quedarse empanado mirando algo | *We were glued to the television watching the election results come in.*

**be like [v]:** ser como | *What is it like there?*

**be out of shape / be fit [s]:** estar (fuera de/en) forma

**be pressed for time [v]:** estar con prisas, estar presionado por el tiempo | *I'd love to stop and talk, but I'm pressed for time.*

**be riddled with [v]:** impregnar de, llenar de(errores) | *This article is riddled with errors.*

**be rooted in [v]:** tener el origen en | *The problems were rooted in the area's history.*

**be short of [v]:** estar corto de, tener poco | *One or two honourable members asked us not to be short of ambition, to be more ambitious in what we do.*

**be snowed under [v]:** estar muy atareado | *I'm absolutely snowed under with work at the moment.*

**be steeped in [v]:** estar lleno de, estar impregnado de | *These ancient scholars were steeped in poetry and painting*

**be too tight [v]:** apretar (ropa, calzado) | *She's gained weight, so the waistband of her skirt is now too tight. (see pinch for shoes)*

**be up to [v]:** estar bien | *What are you up to?*

**be/become accustomed to sb/doing [v]:** estar acostumbrado, acostumbrarse | *I grew up in India, so I am accustomed to spicy food.*

**be/set alight [v]:** en llamas | *There is a sort of bonfire of barriers to set alight.*

**beam [s]:** haz | *The colorful beams at the laser light show were mesmerizing.*

**bear on [v]:** pesar sobre, tener influencia sobre (fig)(formal) | *This information may bear on this case.*

**bear out [v]:** corroborar, confirmar | *These figures bear out the fact that more children are becoming obese nowadays.*

**bear up [v]:** mantenerse fuerte, aguantar con fuerza | *She is bearing up well despite the pressure she is under.*

**bear with [v]:** tener paciencia con | *I asked them to bear with me while I checked the details of their booking.*

**beat down [v]:** caer a plomo (sol); diluviar | *The strong rays of the sun beat down on the earth. The rain beat down so hard.*

**beat up [v]:** dar una paliza (inf) | *A group of youths beat Henry up.*

**beckon [v]:** hacer señas (para que haga algo) | *The king beckoned his servant to bring him a drink.*

**bed [s]:** base, capa | *The salad was served on a bed of lettuce. The road was made of tar and stones on a bed of gravel.*

**bed sheet [s]:** sábana

**bedeck [v]:** adornar | *It is bedecked with ribbons.*

**bedspread [s]:** colcha | *Mina woke up shivering and realised that the bedspread had fallen off.*

**beef up [v]:** fortalecer; fortalecerse, echar músculos (inf) | *The coach him to beef up in the gym. They need to beef up their finances.*

**beforehand [adv]:** de antemano, con antelación | *If I had known beforehand that the store was closed on Sundays, I wouldn't have come all this way.*

**beg sb for/to [v]:** rogar, suplicar | *She begged her parents to buy her the toy.*

**behind one's back [v]:** a espaldas de | *She often told lies about him behind his back.*

**behold [v]:** mirar, contemplar (literario) | *We were in awe when we first beheld the Rocky Mountains.*

**belittle [v]:** minimizar, menospreciar, subestimar, restar importancia | *He belittled the budget shortfall as if it didn't matter.*

**bellow [v]:** gritar, vociferar, ladrar (fig) | *Mr. Smith bellowed, "Take your seats now!"*

**beloved [adj]:** amado, querido | *Daphne's uncaring husband showed no sympathy when her beloved cat died.*

**belt down [v]:** llover a cántaros | *It was belting it down*

**bemuse [v]:** desconcertar, confundir, dejar perplejo a

**bend [v]:** doblar | *The machine bent the metal bar at a sharp angle. (see fold)*

**bend down [v]:** agacharse | *The mother bent down to tie the child's shoe laces.*

**bend over [v]:** inclinarse, agacharse | *Sam bent over the fence to try to reach the ball.*

**bend over backwards for/to [v]:** hacer lo imposible, romperse la espalda (fig) | *Nicole bent over backwards for her brother when he needed help.*

**bequeath sth to/pass sth on [v]:** legar | *The house and all its belongings were passed on to her.*

**berserk [adj]:** enloquecido, furioso | *A berserk driver rammed his car into a storefront.*

**bestow [v]:** regalar, otorgar (formal) | *He bestowed a smile on everybody. (=award, gift)*

**betray [v]:** traicionar | *Charles I of England was executed for betraying his country.*

**beware of [v]:** tener cuidado con

**bewilderment [s]:** desconcierto, perplejidad

**bewitch [v]:** hechizar a, cautivar a, seducir a

**bias [s]:** sesgo | *The results might have a bias because the sample was not random.*

**biased [adj]:** parcial, partidista | *Él es parcial porque su sobrino es uno de los candidatos.*

**bickering [s]:** riña, disputa | *Bickering is just something children did.*

**bid [v]:** pujar, hacer una oferta (de) | *He bid one hundred euros for the painting at the auction.*

**bite back [v]:** morderse lengua | *He bit back a groan. He bit back an irate retort.*

**bite off [v]:** arrancar de un mordisco | *During the fight, one of the boys bit off a piece of the other boy's ear.*

**bitter [adj]:** amargo | *This food has a bitter taste.*

**bitterly [adv]:** con rencor | *You'll never be welcome here again,- he said bitterly.*

**blame [v]:** culpar, echar la culpa a (sb on sth) | *He blamed his lack of concentration on having slept badly that night.*

**blanch [v]:** ponerse pálido | *She blanched when I mentioned the cost of the repairs.*

**blanket [s]:** manta

**blanket [v]:** cubrir totalmente

**blare [v]:** sonar fuerte (sonido) | *Music blared from a passing car.*

**blast [v]:** estallar, explotar (al disparar); volar, derribar (bomba) | *A stream of bullets blasted from his gun. The demolition crew is planning to blast that building.*

**blast out [v]:** resonar, atronar, sonar muy alto (sonido) | *The longer the traffic waited, the more the car horns blasted out.*

**blatant [adj]:** descarado, desvergonzado | *His blatant disregard for authority got him in serious trouble.*

**blatantly [adv]:** descaradamente, abiertamente | *Steve's mother gets upset when he lies blatantly to her about where he has been.*

**blaze [v]:** arder | *The campfire blazed in the darkness.*

**blend [v]:** combinar, mezclar; incorporar | *The cook blended the milk with the flour and the eggs.*

**blend in [v]:** mezclar; integrarse, mimetizarse | *Then, slowly blend in the sugar. The type of construction blend in with their environment.*

**blender [s]:** licuadora

**blight [v]:** marchitar, arruinar | *The abuse he received as a young boy blighted the rest of his life.*

**blinder [s]:** gran partido, victoria brillante | *They played a blinder and secured a convincing victory.*

**blindsided [v]:** pillar por sorpresa | *Some parents become overwhelmed by medical expenses or are blindsided by additional fees.*

**blink [v]:** parpadear, | *People often blink frequently in dry places. The lights blinked as the storm raged on outside.*

**bliss [s]:** felicidad, dicha, gozo | *Ellen had never experienced bliss before she met her spouse.*

**blissful [adj]:** dichoso, feliz | *They were blissful for the first few months of their marriage.*

**blithe [adj]:** jovial, alegre; despreocupado | *Kathy shows a blithe indifference to other people's feelings.*

**blizzard [s]:** tormenta de nieve | *The family were trapped in their car during the blizzard.*

**block out [v]:** aislarse de, bloquear (fig) | *Some people abuse drugs or alcohol to block out bad memories.*

**blockade [s]:** bloqueo, asedio | *Workers coordinated a blockade of the port. They agreed to lift a blockade.*

**blossom [v]:** florecer, desarrollarse (fig) | *The plan for the project is finally blossoming. Jane has really blossomed.*

**blossom [s]:** flor

**blow a fuse [v]:** calentarse, enfadarse

**blow a kiss [phrase/idiom]:** mandar besos

**blow in [v]:** irrumpir, llegar sin avisar, caerse | *He just blows in without any warning and expects dinner.*

**blow off [v]:** tirarse un pedo (inf); volarse (por el viento)

**blow out [v]:** soplar, apagar soplando | *She blew out the candles on her birthday cake.*

**blow out [v]:** rechazar, no darle bola (inf) | *A well-known movie star spent the night chasing after her, but she blew him out.*

**blow over [v]:** pasar al olvido | *Let's hope that the dispute will soon blow over.*

**blow up [v]:** volar por los aires, hacer estallar | *The computer will blow up the school.*

**blunder [v]:** meter la pata, equivocarse | *The home team blundered several times during the football game.*

**blunder about/around [v]:** moverse dando tumbos (generalmente por no ver bien)

**blunt [adj]:** no afilado

**blur [v]:** empañar, hacer borroso; enturbiar (fig) | *For some people, migraines cause their vision to blur. Being inconsistent just blurs the rules.*

**blurt out [v]:** decir sin pensar, soltar | *To his mother's horror, he blurted out all the details of her illness.*

**blush [v]:** ponerse colorado, sonrojarse | *Fran blushed when the seam of her pants ripped as she sat down. (see flush)*

**bluster [v]:** fanfarronear, bravuconear; soplar fuerte (viento)

**board up [v]:** sellar (cubrir para proteger) | *They boarded up the windows before the hurricane arrived.*

**boast about [v]:** jactarse de, hacer alarde de, presumir de | *Jillian is boasting about her children again.*

**bode [v]:** presagiar, augurar, vaticinar | *Those clouds don't bode well for the rest of the day.*

**bodice [s]:** corpiño (fitted upper part of a dress) | *The wedding dress had an embroidered bodice.*

**boil [v]:** hervir, cocer | *Boil the mixture for 10 minutes before you add the cream.*

**bold [adj]:** atrevido | *The bold child loudly contradicted the teacher. It was a bold experiment to ...*

**bone idle [adj]:** extramadamente vago (inf) | *He does nothing around the house - he's bone idle!*

**bonehead [s]:** estúpido, cabeza hueca

**boneheaded [adj]:** ridículo

**bonfire [s]:** hoguera | *There are strict regulations about setting bonfires on your property.*

**boo, jeer [v]:** abuchear (formal) | *At the bar, the rowdy men jeered at the loser of the fight. The crowd booed his comments.*

**book up [v]:** estar completo (reservas) | *There was no room at the hotel; they were completely booked up for the summer.*

**bookcase [s]:** estantería

**boom out [v]:** retumbar | *His deep, resonant voice boomed out across the lake, awakening me from a day dream.*

**booming [adj]:** floreciente, en auge; resonante | *A booming catering business. The actor is known for his booming voice.*

**boot [s]:** maletero

**boot up [v]:** arrancar (ordenador)

**bore into [v]:** atravesar con la mirada (fig) | *The judge's stare bores into the witnesses' eyes, to intimidate them into telling the truth.*

**boss around/about [v]:** mandonear a, dar órdenes | *My manager likes to boss people around.*

**botched [adj]:** chapucero | *Correcting a botched reform is far more challenging and costly than launching a new one.*

**bother [v]:** molestar, molestar, tomarse la molestia | *He didn't bother to answer the email.*

**bottle up [v]:** reprimir (emociones) | *It is not emotionally or physically healthy to bottle up one's emotions.*

**bottom line [s]:** mínimo aceptable; balance (empresa) | *They evaluated the company's positive bottom line. The bottom line is you cannot be late for work.*

**bottom out [v]:** tocar fondo | *It appears that the recession has bottomed out.*

**bounce off [v]:** rebotar contra | *Catherine bounced the basketball off the side of the building.*

**bound for [adj]:** con destino a; destinado a | *He was bound for fame. The cruise ship was bound for New York.*

**bound to [adj]:** obligado legalmente | *Judges are bound to the law.*

**boundless [adj]:** ilimitado, inagotable | *Childminders need boundless patience.*

**bounty [s]:** recompensa (por captura) | *There is a bounty of a million dollars on the suspected terrorist.*

**bow [v]:** hacer una reverencia; reverencia | *When greeting, Japanese people bow to each other as a sign of respect.*

**bow down [v]:** hacer una reverencia | *She was asked to bow down in front of a statue of their god.*

**bowl over [v]:** dejar impresionado, dejar sorprendido | *My colleagues' kindness following my car accident really bowled me over.*

**box in [v]:** enjaular, encerrar (inf, fig) | *I missed my highway exit because I was boxed in in the wrong lane.*

**box office [s]:** taquilla

**brace [v]:** apuntalar, reforzar | *The wooden beams braced the unsteady walls of the building.*

**brag [v]:** hacer alarde, presumir | *He is always bragging about his wealth. John bragged that he owned ten motorcycles.*

**braids (USA), plaits (UK) [s]:** trenzas | *Laura wore her hair in braids when she was a little girl.*

**brainy [adj]:** inteligente, listo (inf) | *Nina is brainy; she comes first in every maths test.*

**branch off [v]:** ramificarse, bifurcarse | *The path branches off to the right.*

**branch out [v]:** expandir horizontes; expandirse | *The business has recently branched out into providing other services.*

**brand new [phrase/idiom]:** Nuevo, sin estrenar | *Car dealers have a spray that gives used cars that brand-new car smell. They're brand new!*

**brandish [v]:** lucir | *Penny is brandishing a sparkly new engagement ring. Blandish pancards*

**breach [s]:** brecha, fisura; infracción, violación; rompimiento, ruptura | *He was arrested for breach of confidence. The breach in the stone wall. A breach of relations*

**breach [v]:** romper (regla, contrato) | *The company sued George for breaching the contract.*

**break down [v]:** averiar(se);descomponer | *The car broke down on the way home. Stomach acid breaks down food during digestion.*

**break in [v]:** forzar la entrada; interrumpir | *Thieves broke in and raided the safe.Excuse me for breaking in.*

**break into [v]:** allanar, asaltar; comenzar de repente; probar suerte en, iniciarse en | *Thieves broke into the house. She broke into song. He wants to break into marketing*

**break off [v]:** desprenderse | *The door handle became loose and broke off.*

**break out [v]:** escaparse; liberar (a alguien); estallar, iniciar repentinamente | *The prisoner broke out of jail.He broke their friend out of jail.Protests broke out.*

**break through [v]:** abrirse camino | *The company succeeded in breaking through with these new ideas.*

**break up [v]:** desintegrarse; finalizar(pelea,manifa);romper(pareja)

**break-in [s]:** robo | *There has been a break-in at the post office.*

**breakaway [adj]:** separatista, disidente | *South Ossetia is a breakaway republic of Georgia.*

**breakdown [s]:** ruptura (relaciones); avería | *There's been a breakdown in negotiations between the two countries.*

**breakout [v]:** brote; fuga | *They reported a breakout of cholera in the area.The breakout at the jail was captured on video.*

**breathhtaking [adj]:** impresionante, asombroso | *The view from the top of the Sydney Harbour Bridge is breathtaking.*

**breeze in [v]:** entrar a sus anchas | *She thinks she can breeze in, give everyone instructions, and then leave.*

**bricklayer [s]:** albañil

**bride [s]:** novia (boda) | *None*

**bridge [v]:** abarcar, extenderse sobre, cubrir | *His long time as coach of the team bridged three generations.*

**brim [s]:** borde (recipiente) | *The brim of the bucket was cracked. It is filled to the brim.*

**brim with [v]:** rebosar de | *It was a very exciting time, brimming with ideas, new concepts and action.*

**bring about [v]:** traer aparejado, traer consigo, ocasionar | *Democracy brought about great change in the lives of the people.*

**bring along [v]:** traer consigo, traer, venir con | *This is not a private dinner so please invite your friends and bring along a bottle of wine.*

**bring back [v]:** traer a la memoria | *Listening to that song brings back happier days.*

**bring down [v]:** derrocar, hacer caer; derribar (avión) | *The are trying to bring down the government.*

**bring forward [v]:** adelantar | *I urge the Commission to bring forward the results of its investigation as a matter of urgency.*

**bring in [v]:** incorporar; introducir (ley, regla) | *This is a time to bring in new funds. Perhaps in future we bring in the best rule*

**bring off [v]:** llevar a cabo, conseguir, lograr | *We didn't think that he could bring it off, but the success of his business proved us wrong.*

**bring on [v]:** provocar, desatar | *His allergies brought on the asthma attack.*

**bring out [v]:** resaltar; publicar | *There are four points I would like to bring out in this debate.*

**bring over [v]:** acercar, llevar, traer (a la casa de alguien) | *When you visit me, why don't you bring over your son.*

**bring round [v]:** reanimar (desde la inconsciencia); engatusar,convencer

**bring to [v]:** hacer volver en sí, recuperar la consciencia | *We used smelling salts to bring her to after she fainted.*

**bring together [v]:** congregar, hermanar | *We bring together servants, officials and academics from federal countries to share knowledge*

**bring up [v]:** sacar un tema; vomitar (inf) | *It is not a good idea to bring up politics with my family.*

**bring up / raise (USA) [v]:** criar (child) | *The couple adopted the child and brought him up.*

**brink [s]:** borde (tmn fig) | *Her father's death brought Maisy to the brink of desperation. The brink of the cliff.*

**briskly [adv]:** rápidamente, vigorosamente | *Come back later, - the secretary said briskly.*

**broach [v]:** traer a colación, sacar, mencionar, abordar (tema) | *It is not a good idea to bring up / broach politics with my family.*

**broaden [v]:** expandir; ampliar | *The river broadens after the rapids. The violinist is attempting to broaden the appeal of music*

**broker [v]:** negociar | *The film studio brokered a deal with the agent for a major Hollywood star. (intermediario, agente)*

**broth [s]:** caldo | *Broth is good to drink when you are sick.*

**brown [v]:** dorar (comida) | *The heat of the oven browned the turkey.*

**burn down [v]:** prender fuego | *She burned down her business to collect the insurance.*

**brush off [v]:** restar importancia; cepillar, limpiar | *I was really upset; I had put a lot of work into that project, and my boss just brushed it off.*

**brush up [v]:** repasar, hacer un repaso | *My spoken French is quite good, but I would like to brush up a bit.*

**bubble over [v]:** rebsar felicidad; desbordarse, derramarse, salirse | *She was bubbling over with excitement/enthusiasm.*

**bubbly [adj]:** jovial, lleno de vida; burbujeante, espumoso (bebida) | *Her bubbly personality's just perfect for a salesperson.*

**bucket [s]:** cubo (líquido) | *Using buckets to make sand castles at the beach is fun.*

**bucket down [v]:** llover a cántaros | *Don't forget your umbrella - it's bucketing down out there.*

**buckle down [v]:** aplicarse, ponerse a trabajar | *I've got to buckle down and finish planting the vegetable seeds.*

**bug [v]:** molestar, fastidiar | *I'm trying to concentrate, so stop bugging me.*

**bugger this! [v]:** ¡No puede ser!, ¡Joder!

**build in [v]:** incorporar | *it will be essential to build in structures for close coordination*

**build up [v]:** fortalecer | *The company tries to build up trust among its customers.*

**bullseye [s]:** diana, blanco | *John threw a dart, which hit the bull's eye.*

**bully [s]:** matón, abusón | *Harold's boss is a bully, always making his subordinates do things like get his coffee and lunch.*

**bump [s]:** bulto, protuberancia, chichón | *The table is smooth except for the bump near the corner. A bump on our foreheads.*

**bump into [v]:** toparse con sb; darse contra, chocar con | *Guess who I bumped into at the supermarket? I bumped into the car in front of me on the way to work.*

**bumper [adj]:** inmenso, gigante | *A bumper crop of tomatoes.*

**bunch [adj]:** racimo | *A bunch of grapes*

**burden [s]:** responsabilidad, carga; carga (load) | *Being responsible for the family is a burden to him. The donkey can carry a heavy burden.*

**burden [v]:** agobiar, atosigar; cargar (tmn fig) | *Don't burden your mother with your problems. They burdened the truck with even more weight.*

**burn down [v]:** incendiar(se), ser destrozado por fuego | *The factory burnt down in a fire that killed 11 workers.*

**burning [adj]:** ardiente, en llamas; ardiente, apasionado (fig) | *He could barely control his burning desire. Fire fighters raced to the burning building.*

**burst in [v]:** irrumpir (inf)

**burst into song [phrase/idiom]:** ponerse a cantar, arrancar a cantar | *My father is so musical, he bursts into song in the middle of a conversation.*

**burst out [v]:** estallar, empezar a | *When we told him, the Prime Minister of Greece burst out laughing.*

**bury yourself in [v]:** hundirse, perderse (fig) | *On rainy days, the best thing to do is bury yourself in a good book.*

**bushy [adj]:** frondoso, lleno de arbustos | *He loves exploring bushy neglected gardens.*

**bustle [s]:** ajetreo, bullicio | *Karen missed the bustle of the city.*

**bustling [adj]:** desbordante, a reventar, lleno | *In Lorchester's bustling centre you can enjoy high-quality urban living.*

**but for [adv]:** si no hubiera sido por, de no ser por | *We would never have won but for your help.*

**butcher [s]:** carnicero

**butter up [v]:** engatusar | *He tried to butter up his boss in hopes of getting an extra day off.*

**buy into [v]:** convencer, comprar (fig); invertir en | *It is difficult trying to get people to buy into the idea.*

**buy out [v]:** comprar la parte de sb | *PCI planned that the farmers should be able to buy out the government stake within 10 years.*

**buy up [v]:** comprar todo, acaparar | *We bought up all the store's balloons for the party.*

**buyout [v]:** adquisición, compra (compañía) | *News of the huge buyout sent stock prices down.*

**by all means [adv]:** por supuesto | *By all means, the region suffers from scarcity of its water resources.*

**by and large [phrase/idiom]:** en líneas generales | *The ratio of male to female students is by and large equal. By and large,...*

**by heart [adv]:** de memoria | *I learnt the sonnet by heart.*

**by means of [prep]:** por medio de

**by the same token [phrase/idiom]:** del mismo modo | *By the same token, we must be vigilant against the defamation of religions.*

**cabinet [s]:** armario | *Betty bought an antique cabinet at the flea market.*

**cackle [v]:** reírse a carcajadas | *Trey cackled at the clown's antics.*

**call a halt [v]:** poner fin | *The machine broke, so the foreman called a halt to the work.*

**call for [v]:** exigir; requerir | *The senator called for an investigation. The situation calls for a calm, deliberate response.*

**call in the receivers [v]:** ir a la bancarrota, pedir el concurso | *We should call in the receivers. (=go bankrupt)*

**call off [v]:** suspender, cancelar | *The town's annual picnic was called off due to rain.*

**call on [v]:** pasar a saludar a, visitar a; recurrir a | *John called on Mary while she was in the hospital. John called on his friends for support.*

**call sb in [v]:** llamar (inf) | *Radio listeners are encouraged to call in to make comments.*

**call sb out on sth/ challenge sb [v]:** desafiar | *I challenge you to tell the truth!*

**call up [v]:** llamar a filas, reclutar; dar un toque, pegar una llamada | *Conscripts were called up for military service. Let's call her up and check the plans.*

**callousness [s]:** insensibilidad, frialdad

**calm down [v]:** calmar, calmarse | *She gave the baby a bottle to calm him down.*

**can't help [v]:** no poder evitar | *I can't help wonderING if she really knows what she's doing.*

**cap [s]:** tapa (que cubre) | *lens cap (camera), cap of the gas tank (see lid, top)*

**capitalize on [v]:** aprovechar, sacar el máximo rendimiento de | *We must work hard to capitalize on this progress and arrive at a solution through a fair compromise.*

**care for [v]:** cuidar de, hacerse cargo de; gustar, agradar sth/sb

**carefree [adj]:** despreocupado | *MaryAnne is a carefree person.*

**careless [adj]:** descuidado

**carelessness [s]:** descuido, desatención; despreocupación, irresponsabilidad | *It's because of your carelessness that we have to re-do the project!*

**caress [v]:** acariciar, tocar con afecto | *Danielle caressed the child's cheek.*

**careworn [adj]:** agobiado

**carnival [s]:** desfile, procesión | *A carnival is held every June as a fundraiser for the orphanage.*

**carry away [v]:** arrastrar | *Soap molecules pack together to carry away dirt and oil.*

**carry forward [v]:** arrastrar, incluir dinero de antiguo set de datos | *If the data set lies in the previous year, you need to carry forward the balance to the current year.*

**carry off [v]:** llevar a buen puerto, sacar adelante | *Not everyone can wear a red hat with purple shoes, but you really carry it off in style.*

**carry on [v]:** seguir haciendo | *She carried on as if nothing had happened.*

**carry-on [adj]:** de mano | *We are only allowed one piece of carry-on luggage.*

**carve [v]:** tallar, esculpir | *Michelangelo liked to carve huge athletic nudes out of marble.*

**carve out [v]:** forjar(se) | *She's succeeded in carving out a nice career for herself in marketing.*

**carve out a niche for oneself [v]:** hacerse un lugar, encontrar un hueco (fig) | *Strata's product range has carved out a niche for itself in this market.*

**cash in on [v]:** aprovecharse de, sacar tajada de (económicamente) | *The witness wrote a book about his experiences to cash in on his fame.*

**cast away [v]:** naufragar | *Crusoe is a man who survives a shipwreck and finds himself cast away on an island.*

**catch on [v]:** captar, entender, pillar (inf) | *I told her that he'd poisoned his wife with arsenic, but she didn't catch on.*

**catch out [v]:** atrapar, coger, pillar con las manos en la masa | *Computer science can offer things to catch out these lazy workers.*

**catch up on [v]:** ponerse al día (inf) | *I missed a week of work, and now I have to catch up.*

**catch up with [v]:** capturar, echar el guante | *The cops finally caught up with the shoplifter outside the stock exchange.*

**cattle [s]:** ganado | *The farm next door has cattle, but they don't grow any crops.*

**cave [v]:** ceder, tragar (inf) | *The children's father finally caved and bought new toys for them.*

**cave in [v]:** ceder (opinión) | *After a prolonged strike, the government finally caved in and agreed to all of the union's demands.*

**censorship [s]:** censura | *He's no longer prepared to tolerate such censorship of his art. They imposed censorship.*

**chain [v]:** encadenar | *When you park your bike, remember to chain it to a bike rack or tree.*

**chair [v]:** presidir | *The superintendent chaired the meeting.*

**chalk [s]:** tiza | *Optional scan range from small to large providing user visible chalk line.*

**chamber [s]:** cámara, salara (laws:sala de audiencias) | *It has a chamber for the cooling recirculation.*

**change around/round [v]:** reordenar, reorganizar (posiciones) | *You can change around the icons on your computer to make them more convenient.*

**change down; change up [v]:** subir / bajar de marcha | *When the car goes faster you need to change up to prevent the engine revving excessively.*

**change over [v]:** cambiar (a una tarea que estaba haciendo otro) | *I work until midnight for a week and then I change over to the morning shift.*

**charge with [v]:** acusar de (formal) | *However, none of those officers have been charged with crimes.*

**charm [v]:** encantar, cautivar a | *The little girl charmed the shopkeeper, and he gave her a ice cream.*

**charm [s]:** encanto | *Evan is known for his charm.*

**charming [adj]:** encantador | *Rob's girlfriend is charming; everyone seems to like her.*

**chase out/off [v]:** espantar | *The wife's scoldings chased the husband out of the house.*

**chasten [v]:** escarmentar | *My boss chastened me for the mistake I made on the report. The team was chastened by their defeat.*

**chastise [v]:** reprender | *The headteacher chastised her for her rudeness.*

**chat away [v]:** charlar, hablar, conversar con entusiasmo | *The two elderly ladies were soon chatting away happily.*

**chat up [v]:** seducir, camelar | *When he goes to restaurants, he always tries to chat up the waitresses.*

**chatter [s]:** parlote, cháchara, cotorreo | *Stop the chatter, let's get to work!*

**chatter [v]:** parlotear | *The children chattered among themselves while the adults prepared dinner.*

**chatty [adj]:** hablador, locuaz (habla mucho con soltura y facilidad) | *She's so chatty. e asked in a chatty tone.*

**cheat [v]:** engañar, hacer trampas | *I don't like playing cards with Aaron because he cheats.*

**check for [v]:** revisar en busca de | *Ann checked the document for errors before printing it out.*

**check in [v]:** registrarse, hacer el check | *What time may we check in to our hotel room?*

**check off [v]:** marcar (en una lista) | *Check each name off the list.*

**check on [v]:** controlar, verificar que algo está bien | *When Janet left the children alone at home, she called frequently to check on them.*

**check out [v]:** salir, hacer el checkout; investigar, echar un ojo a | *At this hotel, you must check out by 11. The inspector checked out the suspect's alibi.*

**check over [v]:** revisar (las condiciones de algo) | *I always check over the engine carefully before a long car journey.*

**check up on [v]:** controlar, chequear (el progreso de algo) | *When it's very hot, remember to check up on your elderly neighbors every couple of hours.*

**checked [adj]:** a cuadros (geometría) | *checked shirt*

**cheer [v]:** vitorear, aclamar | *The fans cheered enthusiastically. The fans cheered their team.*



**cheer on [v]:** animar, alentar | *We're going to the match to cheer on the team.*

**cheer up [v]:** alegrarse | *Mrs. Mills cheered up when the tea and cake were served.*

**cherish [v]:** apreciar, valorar | *Nick cherishes the pocket watch he received from his grandfather.*

**chew [v]:** masticar | *Richard chewed the apple slowly.*

**chick [s]:** polluelo | *The preschoolers are raising chicks to learn about animals.*

**chicken out [v]:** acobardarse, cagarse (fig) (inf) | *He was planning to ask her to the dance, but then he chickened out.*

**chief [s]:** Persona a cargo, líder | *The chief of our department is in a meeting now.*

**childish [adj]:** inmaduro

**chill [v]:** enfriar, refrigerar (bebida) | *You should chill white wine before serving it.*

**chill out [v]:** relajarse, calmarse | *I like to chill out in front of the television with a glass of wine and some nibbles.*

**chime [v]:** repicar, dar la hora | *You can hear the church bells chime anywhere in town.*

**chime in [v]:** meterse en la conversación (inf) | *If you know the answer, please chime in.*

**chink [s]:** abertura, grieta, rendija | *They spoke to one another through a chink in the wall.*

**chip off [v]:** descascararse (pintura), desconcharse | *Although they had just painted the wall, the cheap paint had already started to chip off.*

**chirp [v]:** piar | *There was a blackbird chirping outside my window half the night.*

**chisel [v]:** cincelar, esculpir | *The sculptor chiseled the marble into a beautiful figure.*

**choke [v]:** ahogar(se) | *Someone help that man, he's choking!*  
*The murderer killed his victim by choking her.*

**choke back [v]:** contener | *I had to choke back my tears*

**chop down [v]:** talar (árbol) | *Pioneers would chop down trees to build their homes.*

**chop up [v]:** picar (cortar en trozos) | *Chop up the onions and add them to the pan.*

**chunk [s]:** trozo, pedazo | *Father gets to eat the biggest chunk of meat in the stew.*

**cinnamon [s]:** canela | *High-quality cinnamon is delicious and strong.*

**clad [v]:** revestido, recubierto, ataviado | *he was clad in his wife's apron.*

**clairvoyance [s]:** clarividencia

**clam up [v]:** cerrar el pico (inf) | *Once he realizes everyone is listening to him, he will clam up.*

**clamber [v]:** trepar | *The contestants clambered to the top of the mountain as quickly as possible, despite the freezing temperatures.*

**clank [s]:** ruido metálico | *The car's engine made a clank and the whole car shuddered.*

**clap [v]:** aplaudir | *The audience clapped loudly as the band came on stage.*

**clap along [v]:** aplaudir ruidosamente | *The band played a familiar tune which had everyone clapping along.*

**clash [s]:** choque, disputa | *Parents and kids sometimes have clashes about curfew.*

**clash [v]:** discrepar | *The two were great friends, but clashed on music preferences. I always seem to clash with my boss.*

**clean up after [v]:** limpiar lo que alguien ensucia | *You'll need to clean up after the children.*

**clear off [v]:** Dejar libre, despejar | *I cleared the things off the table.*

**clear out [v]:** irse, retirarse | *The fire alarm went off and everybody had to clear out.*

**clear up [v]:** aclarar, explicar; mejorar, desaparecer (enfermedad); limpiar, ordenar | *The doctor told me the rash will clear up. Please, clear something up for me.*

**clerk [s]:** dependiente, vendedor | *The clerk said that the store accepts credit cards.*

**click-through**

**[adj]:** relativo a la cantidad de veces que las personas hacen click en un link  
| *You need to track click-through rates of email newsletters*

**climb down [v]:** retirarse, dar marcha atrás | *The cat climbed up the tree, so he can climb down. The government was forced to climb down.*

**cling to [v]:** mantenerse cerca de; aferrarse a (fig) | *Knowing they would soon have to part, the lovers clung to one another.*

**cloakroom (UK) [s]:** baño público | *Can you direct me to the cloakroom, please?*

**clockwise [adv]:** en la dirección de las manecillas de reloj | *Rotate the image clockwise by 90 degrees.*

**close by [adj]:** cerca | *When potential buyers live close by, they can come visit the property right away.*

**close down [v]:** clausurar | *The Women's Anti-Exploitation League vowed to close down the porno shop.*

**close in [v]:** asediar, cercar | *The enemy is closing in on our troops.*

**close in on [v]:** pisar los talones, dar alcance a | *The cops are closing in on us!*

**close off [v]:** bloquear, impedir el acceso a | *The police closed off the road due to a bad accident.*

**close up [v]:** echar el cierre, cerrar temporalmente | *He closed up and counted the day's takings.*

**cloth [s]:** trapo | *Dry the plates with a clean cloth/rag.*

**cloud over [v]:** nublarse; ponerse serio/triste, ensombrecerse el gesto | *By midday it began to cloud over. At the thought of his wife's illness his face clouded over.*

**clove [s]:** diente (ajo) | *The chef's specialty is chicken cooked with forty cloves of garlic.*

**clown [s]:** payaso (tmn peyorativo y vbo) | *Stop being a clown and get to work. Jeremy was clowning during class and didn't finish his work.*

**clumsily [adv]:** torpemente | *Sam clumsily backed the car out of the parking space.*

**clutches [s]:** garras (inf) | *"Now that I've got you in my clutches", said the villain, "you'll never get away!"*

**clutter [v]:** desordenar, poner patas arriba | *Don't clutter my desk with your paperwork!*

**clutter up [v]:** llenar de porquería | *Please take your belongings with you; you don't need to clutter up my car.*

**coat [v]:** cubrir con una capa | *Coat the top of the pie with beaten egg before baking.*

**cog up [v]:** taponar, obstruir | *Pouring melted fat down the drain will clog up the pipes. The rush hour clogs up the freeway.*

**cognizant [adj]:** consciente (formal) | *The Government is cognizant of the shortage of teachers. (=aware)*

**coin a phrase [v]:** acuñar una frase, inventar una frase | *Winston Churchill coined the phrase: "History is written by the victors".*

**collapsible [adj]:** plegable | *Mike brought a lightweight, collapsible chair on the camping trip.*

**comb [v]:** peinar(se); peine | *Care should be taken when combing or brushing the hair and shaving.*

**come about [v]:** ocurrir, tener lugar | *Dave's idea to start his own business came about after he lost his job.*

**come across [v]:** encontrarse con sth/sb | *They come across economic problems*

**come along [v]:** venir, presentarse | *Break moulds for others to come along and continue doing things.*

**come along [v]:** aparecer, presentarse ; Ven! | *Then his father left, and he waited for someone else to come along and look after him. Come along!*

**come around/round [v]:** volver/ocurrir como de costumbre; dejarse convencer, llegar a estar de acuerdo | *Peace will surely come around. Steve came round to my opinion.*

**come at price [v]:** tener su precio, no ser gratuito | *Rock stars discover that fame and fortune come at a price.*

**come away [v]:** tomar distancia, distanciarse | *I had to come away or I would have ended up swearing at them.*

**come back [v]:** regresar; volver a la memoria | *They come back to mind whenever he walks saying his rosary.*

**come between [v]:** interponerse entre | *Tony Blair's reaction was to say that nothing must come between Britain's relations with Russia.*

**come by [v]:** pasarse (inf) | *He doesn't come by often.*

**come down [v]:** abaratar; bajar | *That computer will come down in price. Go upstairs and tell your sister to come down for dinner.*

**come down (hard/heavily) on [v]:** castigar a, meter una buena a (inf) | *The police come down heavily on the football player.*

**come down with [v]:** caer enfermo con, pillar (enfermedad) | *I've just come down with a cold.*

**come in [v]:** involucrarse, tomar parte | *We need expert advice, and that's where you come in.*

**come in for [v]:** sufrir (críticas) | *Tajikistan has come in for a lot of criticism for its lack of democracy.*

**come in handy [v]:** venir bien, ser útil | *I always keep paper clips in my wallet; you never know when they'll come in handy.*

**come into [v]:** acceder, entrar en posesión de (herencia); | *He came into a large inheritance when he was quite young.*

**come of age [v]:** llegar a la mayoría de edad | *Many cultures have a ritual to celebrate when a youth comes of age.*

**come off [v]:** quitarse de , dejar (inf) | *Programmes help people come off drugs.*

**come off better/worse [v]:** ganar más/menos de una situación | *In Brazil, employers always come off better. John always comes off worse at home.*

**come off it! [v]:** vamos!, dale ya! (irónico) | *Come off it! Do you honestly expect me to run a marathon?*

**come on/go off [v]:** entrar / salir (campo de fútbol al ser cambiado)

**come out [v]:** salir a relucir; salir a un evento social; salir, asomar (sol, luna, estrella) | *The news of the affair came out. Can you come out and play? Sun came out from behind the clouds.*

**come out against [v]:** manifestarse públicamente en contra de | *Many members and, I hope, the majority, will legitimately come out against this Treaty.*

**come out in favour of [v]:** pronunciarse a favor de | *Our Parliament has come out in favour of a temporary committee of inquiry on the Prestige .*

**come out of [v]:** resultar de , salir de | *Let's hope that something good can come out of this.*

**come out with [v]:** salirse con, soltar ago (hablar) | *I couldn't believe she came out with that remark.*

**come over [v]:** venirse, pasarse; invadir, pasar (emoción) | *I don't know what's come over me, but I can't stop crying.*

**come through [v]:** superar, poder con (inf) | *The road to recovery is a difficult one, but you're strong enough to come through it.*

**come to [v]:** volver en sí, recuperar la consciencia | *When he came to, he was in hospital.*

**come up [v]:** surgir; ocurrir pronto | *Good ideas always come up when I relax.*

<b>come</b>	<b>up</b>	<b>against</b>
<b>[v]:</b>	vérselas	con, competir
		contra
<i>Davies will come up against last year's champion in the semi-final</i>		
	of	the
		competition.

**come up to [v]:** responder a , cumplir con (meet standards) | *No matter what he did he wasn't able to come up to his father's expectations.*

**come up with [v]:** elebaror, presentar | *I'll have to come up with a plan.*

**comeback [s]:** retorno (a la actividad) | *He is making a comeback with the release of his new single.*

**comedown [s]:** decepción, bajón; caída, pérdida de reconocimiento

**compel [v]:** obligar | *(sb to do) It compels us to reflect.*

**compelling [adj]:** convincente | *The prosecutor has compelling methods of interrogation.*

**comprise [v]:** constar de, componerse de | *The metropolitan area comprises downtown and several suburbs.*

**compromise [v]:** comprometer, poner en peligro

**conceal [v]:** ocultar, encubrir | *It is illegal to conceal a crime.*

**conceited [adj]:** engreído, creído | *Owen is conceited and difficult to talk to.*

**concoct [v]:** preparar, urdir, fraguar, inventar | *The story was completely concocted, without a single true detail.*

**confide in [v]:** contar un secreto | *I will confide in you because I know I can trust you. (= tell a secret)*

**congratulate [v]:** felicitar | *Everyone congratulated us ON our stroke of luck.*

**conjure up [v]:** evocar; hacer aparecer (magia) | *He can now conjure up mental pictures of people and objects that are important to him.*

**conscript [s]:** recluta | *The conscripts nervously awaited their orders.*

**contempt [s]:** desprecio | *Samuel has a lot of contempt for people who are racist.*

**contend with [v]:** luchar contra, lidiar con | *Scott found it impossible to contend with the blizzard.*

**convict [v]:** condenar

**convoluted [adj]:** enrevesado, retorcido, complicado | *Your argument's too convoluted for others to follow.*

**cooke up [v]:** improvisar (comida); coninar, tramar (fig) (inf) | *Come on over, I'll cook up some fried rice. Let's cook up a plan.*

**cool [v]:** enfriar | *The air conditioner cooled the air.*

**cool down [v]:** enfriarse (tmn fig) | *Allow the pump and components to cool down to a safe handling temperature.*

**cope [v]:** salir adelante, superar | *You are going through a difficult emotional time, but you will cope.*

**cordon off [v]:** acordonar | *The police cordoned off the area around the accident site.*

**cork [s]:** corcho | *Please put/draw the cork back in the bottle.*

**corpse [s]:** cadáver

**cost-cutting [s]:** reducción de costes, recorte de gastos | *The recovery was achieved in the old-fashioned way, with cost-cutting and price increases.*

**cosy [adj]:** acogedor, confortable | *A cold wind was blowing, but the house was warm and cosy inside.*

**cough [v]:** toser | *The thick smoke made Teresa cough.*

**count against [v]:** ir en deprimiento de, pesar en contra de | *His criminal record will count against him when he starts applying for jobs.*

**count in [v]:** incluir, contar con | *Did you count expenses in?*

**count on [v]:** contar con, confiar en | *You can count on her to be on time.*

**count out [v]:** no contar con, excluir | *I'm busy on Saturday so you can count me out of the football game.*

**count toward [v]:** contar para, contar a favor de | *Holly's German class doesn't count toward graduation credits; she's simply taking the class for fun.*

**count up [v]:** contar, sumar | *The tour guide counted up the tourists as they got back on the bus.*

**counterclockwise, anticlockwise (UK) [adv]:** en sentido contrario a las agujas del reloj | *To open the jar, you have to turn the lid counter-clockwise.*

**countless [adj]:** incontable, innumerable | *Heidi had told the same story countless times.*

**countryside [v]:** campo, área rural | *Frances preferred the quiet of the countryside to the excitement of the city.*

**cover up [v]:** cubrir, tapar; encubrir | *Please cover up the leftover food. The candidate tried to cover up his affair with a woman.*

**cow [v]:** amedrentar | *He was too cowed to stand up to the leader.*

**coward [s]:** cobarde | *Trying to avoid a fight does not make you a coward.*

**cozy up [v]:** ponerse cómodo | *They cosied up on the sofa to watch a movie.*

**crack down [v]:** ajustar las riendas, aplicar mano dura | *Europe needs to crack down on the trade in trafficking human beings.*

**cradle [s]:** cuna (tmn fig) | *Our son sleeps in the cradle that I slept in when I was a baby.*

**craic [s]:** diversión (Irland) | *The boys went driving round the town just for the craic.*

**cram [v]:** meter algo (into time) | *We crammed a lot of sightseeing into our three days in Paris.*

**cramp [s]:** calambre

**cramped [adj]:** apretado, estrecho | *Six students live in one cramped room.*

**crave [v]:** tener ansias de, ansiar | *If you crave something sweet, try satisfying your taste buds with a piece of fruit.*

**crawl [v]:** gtear; ir a paso de tortuga | *While I was at school, time seemed to crawl.*

**creep up [v]:** acercarse sin hacer ruido; | *Make some sound when you come in; don't creep up on me.*

**cripple [v]:** paralizar (tmn fig) | *The town was badly crippled when the factory closed down.*

**crop [s]:** cultivo | *Grandmother's farm always bore crops of corn and tomatoes.*

**crop out of [v]:** recortar (imagen) | *Use the zoom feature to crop out any empty parts of the frame of a stabilized video.*

**cross [adj]:** enojado | *She wasn't expecting her ex-boyfriend to be so cross with her.*

**cross off [v]:** tachar, eliminar de una lista | *Make a list of things to do and cross off each item once you have completed it.*

**cross out [v]:** tachar con una línea | *You have to cross out your mistakes. Cross out the wrong answers.*

**cross over [v]:** cambiarse de bando, pasar a | *The senator crossed over to the opposition.*

**crosswalk [s]:** paso de peatones

**crouch [v]:** ponerse en cuclillas, agacharse | *The cat crouched, and then jumped on the mouse.*

**crowning [adj]:** supremo, mayor | *The crowning feat of his career was winning a million-dollar lawsuit.*

**crumb [s]:** miga | *The children threw crumbs to the birds.*

**crumple [v]:** arrugarse(ropa), abollarse (metal) | *The fabric crumples easily, so it's not good material for clothing.*

**crush [v]:** aplastar, machacar | *He crushed the nut to break it into many pieces.*

**cuddle [v]:** arrimarse, acurrucarse | *Alice and Gerald were cuddling on the porch.*

**cuddle up [v]:** acurrucarse | *Some days, I'd like to cuddle up in my warm bed rather than getting up and walking.*

**cumbersome [adj]:** difícil de manejar | *Getting a building permit is sometimes a cumbersome process.*

**cunningly [adv]:** astutamente | *The man smiled cunningly and extended his hand to the woman.*

**curb [v]:** contener, dominar | *The nation's new economic policy is supposed to curb inflation.*

**curl up [v]:** acurrucarse | *On a winter's evening, I like to curl up in front of the fire with a good book.*

**curler [s]:** rulo (pelo) | *It's pretty unsophisticated to go out with your hair still in curlers.*

**curse [v]:** maldecir | *The witch cursed the prince and turned him into a toad.*

**curtain [s]:** cortina

**curtsy, curtsey [v]:** inclinarse, hacer una reverencia (hecho por una mujer) | *The girl curtsied after her piano performance.*

**cushion [v]:** proteger, amortiguar | *Boxing gloves help to cushion the force of the blows.*

**customs [s]:** aduanas | *After passport control, you need to pass through customs.*

**cut back on [v]:** reducir gastos en | *Now that I am unemployed we are going to have to cut back on our spending.*

**cut down [v]:** reducir | *When the team decided to cut down their roster, everyone was upset.*

**cut down [v]:** talar; reducir | *It's a pity that they cut down that old tree. The team decided to cut down their roster.*

**cut in [v]:** adelantarse; entrometerse, cortar (fig) | *The vehicle cut in front of me. She cut in while I was speaking.*

**cut off [v]:** amputar; cortar, interrumpir | *The doctors had to cut his leg off. She cut me off while I was talking.*

**cut off our nose to spite our face [v]:** tirar piedras contra nuestro propio tejado | *We have to get rid of this obsession of cutting off our nose to spite our face.*

**cut open [v]:** abrir, diseccionar (cuerpo) | *The surgeon cut the patient's chest open.*

**cut out [v]:** extraer, sacar;eliminar, suprimir | *The doctors cut the tumour out, removing the cancer.Cut out the stress from your life.*

**cut through [v]:** ir al grano, acabar con. | *Ok, let cut through the crap and see what we do agree on! Let's cut through the red tape.*

**cut-price [adj]:** a precio reducido | *cut-price airline tickets*

**dab [v]:** dar un toquecito | *The girl dabbed carefully at her wound.*

**dairy [adj]:** lácteo | *The dairy industry is an important part of the state's economy.*

**dairy [s]:** central lechera, vaquería | *This dairy is famous for its cheese.*

**dalliance [s]:** flirteo

**damping [s]:** amortiguador (vibraciones)

**dampo [adj]:** húmedo | *Peter's swimming trunks were still damp because he had failed to hang them up.*

**dangle [v]:** colgar, pender -de un sitio | *There was an electrical cord dangling from the wall.*

**dart [v]:** correr como un rayo, salir disparado

**dash [s]:** pizca (comida) | *Add a dash of soy sauce.*

**date back to [v]:** datar de, existir desde, remontarse a | *The original European regulations on novel foods date back to 1997.*

**daunt [v]:** atemorizar | *Jessie was daunted by the idea of living with her parents again.*

**dawn [s]:** amanecer | *Helen watched the dawn as she drank her morning coffee.*

**dawn [v]:** nacer (fig) | *A new technological era is dawning. The suspicion began to dawn on her.*

**daydream [s]:** ensoñación, fantasía | *I was caught in a daydream when the phone rang.*

**daydream [v]:** soñar despierto, fantasear | *Were you thinking or just daydreaming?*

**dazzling [adj]:** cegador, deslumbrante (tmn fig) | *He shaded her eyes from the dazzling light. The actor has had a dazzling career.*

**deaf [s]:** sordo

**deafen [v]:** ensordecer (tmn fig) | *Must you deafen us with that awful music of yours?*

**deafening [adj]:** ensordecedor | *The construction sounds were deafening.*

**deceive [v]:** engañar | *No one should deceive themselves into thinking that only multilateral negotiations are difficult.*

**decide on/upon [v]:** optar por, decidirse por | *They decided on a cruise for their holiday.*

**declaim [v]:** recitar; proclamar

**deem as [v]:** considerar (algo) como | *The defence deemed the judge's verdict as very unfair.*

**deem to be [v]:** considerar(se) | *It is deemed to be positive. The inform deemed her to be suitable for the job*

**deepen [v]:** hacerse más profundo | *The hole deepened as the workers continued to dig.*

**deer [s]:** venado

**deface [v]:** hacer pintadas, pintorrear | *Vandals defaced the side of the building last night.*

**default on [v]:** no pagar, fallar en el pago de | *The family's house was repossessed when they defaulted on the mortgage.*

**defer [v]:** aplazar, posponer | *I want to defer payment on the loan until next year.*

**defy [v]:** desafiar | *The student defied the teacher's instruction to go to the principal's office and stayed in his seat.*

**deject [v]:** desmoralizar | *Are you feeling lonely, dejected, disappointed and discouraged because things have not been working for you as planned?*

**delude [v]:** engañar | *Don't delude yourself into thinking that your life would be better in another city.*

**deluge [v]:** abrumar (fig) | *The office has been deluged with new business orders.*

**deluge [s]:** aluvión, avalancha (fig) | *The TV station received a deluge of complaints about the programme.*

**demonstrate [v]:** manifestarse, hacer una demostración | *The students demonstrated against the new labour laws. He demonstrated how to operate the machine.*

**demote [v]:** bajar (de categoría como empleado) | *Without warning, Chuck was demoted from manager to cashier.*

**demure [adj]:** tímido, modesto, recatado | *The boy is quite demure when grown-ups are around.*

**depict [v]:** crear una representación, representar | *I like sculptures to depict things that I can recognise.*

**deprive [v]:** privar | *Parents sometimes deprive themselves of necessities in order to provide for their children.*

**derail [v]:** arruinar, estropear (fig); descarrilar (tren) | *Despite our best efforts, the carefully laid plans derailed. An blockade derailed the train.*

**derelict [adj]:** abandonado, en ruinas | *The derelict building has had no tenants for over a decade.*

**desecrate [v]:** profanar | *Vandals desecrated the altar during the night.*

**despair [s]:** desesperación | *Tim felt despair when he lost his job.*

**despair [v]:** perder las esperanzas | *I despair of ever making Julie see my point of view.*

**despise [v]:** despreciar | *Do not abandon the one who abandons you, nor despise the sinner.*

**dessert [s]:** postre

**detract from [v]:** restarle valor a, quitarle valor a | *A scratch in the paint detracted greatly from the painting's value.*

**devastate [v]:** devastar, aollar, destrozar | *The tornado devastated an entire neighbourhood.*

**devise [v]:** idear, concebir | *The prisoner devised an escape plan.*

**devoid [adj]:** desprovisto, falto, libre | *ab initio is generally understood to denote methods that are devoid of experimental input.*

**devote oneself to [v]:** dedicarse en cuerpo y alma a | *After his wife's death from cancer, he devoted himself to fundraising for cancer charities.*

**die away [v]:** desvanecerse (sonido) | *That word cannot die away into silence.*

**die down [v]:** ir apagándose (sonido) | *The shouting died down when the rock star began singing.*

**die off [v]:** extinguirse | *As the older generation begins to die, their ideas and traditions die off with them.*

**die out [v]:** extinguirse | *Our traditions will die out. Most of bears will die out by 2050.*

**dig up [v]:** desenterrar; sacar a la luz | *They dug up the body to get a DNA sample. The tabloids try to dig up embarrassing facts.*

**dig your heels in [v]:** ponerse terco con (para rechazar otras opiniones) | *We hope that Parliament will again dig in its heels over this frontal assault on the UN Convention.*

**dim [adj]:** tenue (tmn fig) | *A dim light. A dim memory.*

**dimly [adv]:** tenuemente, vagamente | *The room was dimly lit with candles. Harry became dimly aware that he was not alone.*

**din [s]:** estrépito, escándalo | *We couldn't even hear one another because of the din upstairs.*

**diner [s]:** comensal | *The restaurant was quiet; there were only six diners there.*

**dingy [adj]:** deslucido; sucio | *How can you wear something so dingy to an interview?*

**dip into [v]:** echar mano a, recurrir a (ahorros) | *I'm so short of money at the moment that I keep having to dip into my precious savings.*

**dire [adj]:** urgente, extremo | *These people are in dire need of help. The news showed the dire situation in the war zone.*

**disagree with [v]:** estar en desacuerdo con | *I disagree with corporal punishment.*

**disbar [v]:** inhabilitar, prohibir ejercer (trabajo) | *The attorney was disbarred for unethical conduct.*

**discipline for [v]:** sancionar | *The boss disciplined Gareth for always being late to work.*

**disclose [v]:** revelar | *The company disclosed that it had lost money on the deal.*

**discourage [v]:** disuadir, desalentar | *Jane did her best to discourage her friend from drinking too much.*

**discourteous [adj]:** descortés | *These days, young people seem selfish and discourteous.*

**disguise [v]:** disfrazar; ocultar; disfraz | *The con man disguised his true intentions.*

**dishearten [v]:** descorazonar, desanimar

**dishwasher [s]:** lavavajillas

**dismal [adj]:** deprimente, lúgubre, funesto | *Mark's dismal office added to his dislike of his job.*

**dispel [v]:** disipar, dispersar (tmn fig) | *The sunlight soon dispelled the dense fog. A phone call from her would dispel all my fears.*

**dispirited [adj]:** descorazonado, desanimado

**dispose of [v]:** deshechar, tirar | *After the funeral we have a whole houseful of stuff that we have to dispose of.*

**disregard [v]:** pasar por alto, ignorar | *The man disregarded negative criticism and kept working hard.*

**disregard [s]:** indiferencia, desconsideración | *Claire shows a blatant disregard for the feelings of others.*

**disrepair [s]:** mal estado, deterioro | *The old theater, once majestic and grand, had fallen into disrepair.*

**dissemble [v]:** disimular

**distraught [adj]:** desconsolado, consternado | *The distraught parents waited for news of their child.*

**ditch [v]:** abandonar | *My boyfriend ditched me before moving abroad.*

**dither [v]:** vacilar, titubear | *Elizabeth always dithers for a while before she acts.*

**dive in/into [v]:** dedicarse, meterse de lleno; sumergirse (agua) | *He decided to dive in to working on my homework.*

**dive into [v]:** sumergirse, meterse de lleno en | *I couldn't wait to dive into my favorite author's latest book.*

**divide up [v]:** dividirse/repartirse sth; dividir, separar | *The thieves divided up the proceeds of the robbery before fleeing the country. Divide up into groups*

**divine [v]:** descubrir | *The farmer hired a man to divine underground springs in his fields when the stream began to dry up.*

**dizzy [adj]:** mareado | *Robert was dizzy after spinning around in circles.*

**do away with [v]:** abolir, acabar con | *Some Americans want to do away with the death penalty.*

**do in [v]:** dejar muerto a (de cansancio) | *This heat will do me/my head in.*

**do over [v]:** volver a hacer, rehacer | *The report was a mess, and the boss made me do it over.*

**do the trick [v]:** resolver el problema | *We just need to realize that a stroke of a magic wand will not do the trick.*

**do time [v]:** cumplir condena | *Do time for a crime*

**do up [v]:** redecorar, reparar (casa) | *I'd like to buy a run-down house and do it up.*

**do well [v]:** hacer un buen trabajo | *He's doing very well in his new job.*

**do without [v]:** prescindir de, vivir sin | *Can we do without the public polls?*

**do wrong [v]:** ser desleal con | *Frankie and Johnny were lovers, but he was doing her wrong with Nellie Bly.*

**dock [s]:** dársena; muelle

**dodge [v]:** esquivar

**doe [s]:** cierva (fem)

**dogged [adj]:** tenaz, persistente | *The detective's dogged pursuit of the suspect finally paid off.*

**doll [s]:** muñeco | *The children are playing with dolls.*

**dollop [s]:** cucharada | *The baker put a dollop of whipped cream on top of the piece of cake.*

**don [v]:** ponerse, vestirse | *She donned a grey habit of a penitent as an exterior sign.*

**donkey work [s]:** trabajo pesado

**doom [v]:** condenar, sentenciar (sth to sth) | *The child was doomed from the moment of his birth.*

**doom to failure [v]:** condenar al fracaso | *Not having the right people for the job doomed the project to failure.*

**doorbell [s]:** timbre

**doorframe [s]:** marco de puerta

**doorway [s]:** entrada | *A gang of reporters filled up the doorway.*

**dot with [v]:** salpicar de | *The field was dotted with sheep.*

**double [v]:** duplicar | *He doubled his bet because he had four kings.*

**double back [v]:** volver sobre los pasos, pegar la vuelta | *I'm sorry I'm late, but I missed the turn-off for the beach and had to double back.*

**double over/up [v]:** doblarse de la risa; doblarse del dolor | *She doubled up with laughter (=bend over in pain/laughter)*

**dough [s]:** masa (comida) | *The baker shaped the dough and left it to rise.*

**douse [v]:** mojar en/con | *The towns are being doused with rain. The chicken is doused in a spicy sauce.*

**dove [s]:** paloma; pacifista

**downcast [adj]:** abatido, desconsolado; con la mirada baja, cabizbajo (ojos) | *The little boy was downcast for days. Mariam's eyes were downcast.*

**downfall [s]:** perdición, ruina; caída | *Addiction to press attention proved to be her downfall. The dictator's downfall.*

**downgrade [s]:** pérdida/bajada de categoría, degradación | *The downgrade in my credit rating meant that I couldn't purchase a house.*

**downplay [v]:** quitarle importancia a | *I think it's important not to downplay the significance of the event.*

**downpour [s]:** aguacero, chaparrón | *I got caught in a downpour when I was walking home from class.*

**downright [adv]:** sumamente, extremadamente, realmente | *The roads are getting downright dangerous with the heavy snow.*

**downside [s]:** lado negativo, desventaja | *What's the downside of pursuing this course of action?*

**downsize [v]:** recortar (personal) | *The company has been forced to downsize a lot of positions. The company has to downsize.*

**downtown [s]:** recesión, decrecimiento, desaceleración económica | *We are now recovering from last year's downturn in sales.*

**doze [v]:** quedarse medio dormido, adormilarse | *Matt dozed throughout math class.*

**doze off [v]:** quedarse dormido (no intencionadamente) (inf) | *I dozed off for ten minutes during the end of the movie. (=fall asleep)*

**drag along [v]:** traer a la fuerza, forzar a alguien a ir | *If you drag your son along to church he will only resent it.*

**drag away [v]:** llevarse a la fuerza | *Police drag away a demonstrator during clashes*

**drag on [v]:** prolongar, continuar, arrastrar | *Are you going to drag on this story for ever?*

**drag out [v]:** alargar en el tiempo | *Let's not drag out the meeting any longer than it has to be.*

**drape [v]:** colocar, cubrir | *Helen draped her coat over the back of the chair. At Christmas, He draped the pictures with tinsel.*

**draw away [v]:** retroceder, recular; alejarse | *What drew you away from your hometown?*

**draw back [v]:** retrocederse, retirarse | *He ordered his troops to draw back from the border.*

**draw from [v]:** sacar sth de | *Plants draw nutrients from the soil. Draw your conclusions*

**draw off [v]:** drenar; sacar a tirones | *The doctor had to use a large needle to draw off the liquid in my swollen knee.*

**draw on [v]:** recurrir a, echar mano de, usar | *Henrietta drew on her experience as a hockey captain when asked to lead the project.*

**draw out [v]:** prolongar | *I signed up for a course because I wanted to draw out being a student for as long as possible.*

**draw up [v]:** redactar; acercarse, aproximarse, llegar | *Two cars drew up outside the house. Draw up a formal document.*

**drawback [s]:** desventaja, inconveniente | *The only drawback to my job is that it is far from home.*

**dread [v]:** temer, sentirse intimidado por | *I always dread giving speeches.*

**dream come true [phrase/idiom]:** sueño hecho realidad | *Getting promoted was a dream come true for her.*

**dream on! [v]:** soñar no cuesta nada! en tus sueños! | *"I'm going to be a billionaire one day," said Kate. "Dream on!" Sarah replied.*

**dreary [adj]:** deprimente, triste | *It was a dreary day and Luke didn't feel like going out.*

**dress down [v]:** echar la bronca a(USA); vestir ropa informal | *The mother dressed her son down for skipping school. We can dress down tonight.*

**dress up [v]:** disfrazar, disfrazarse; vestirse de gala | *They dressed their grandfather up as Santa Claus. The actress loves dressing up for film premieres.*

**dried [adj]:** deshidratado | *Dried fruit makes a good snack.*

**drift [v]:** ir a la deriva, ir sin rumbo | *drift on the wind, drift in the middle of the lake*

**drift off [v]:** quedarse frito, caer dormido (inf) | *The calm music and low lights caused me to drift off during the movie.*

**driftwood [s]:** madera flotante | *The beach was littered with shells and driftwood.*

**drill [v]:** taladrar, abrir un agujero | *James drilled a hole for the screw to go in.*

**drill [s]:** taladro

**drill in [v]:** entrenar en | *He was drilling him in the need for education.*

**drink in [v]:** empaparse de (fig) | *The lecture was fascinating and the audience drank in every word.*

**drink to [v]:** beber en honor de | *Let's drink to the bride and groom!*

**drink up [v]:** terminar de beber | *Drink up your juice; it's time to go.*

**drip [v]:** gotear | *The tap is dripping; I think the washer needs replacing.*

**drive off [v]:** alejarse en coche | *I sadly watched him drive off, knowing I wouldn't see him again.*

**drone on [v]:** hablar sin cesar | *Clive was droning on about his problems.*

**drool [v]:** babear

**drool over [v]:** babear (fig) | *She spends hours drooling over pictures of that movie star.*

**drop back [v]:** quedarse atrás, atrasarse (espacio) | *Stacey was becoming tired and dropping back behind the other runners in the race.*

**drop by [v]:** pasarse, dejarse caer, hacer una visita casual | *Peter dropped by earlier this afternoon.*

**drop in on [v]:** hacer una visita corta a | *Matilda enjoys dropping in unannounced on her friends.*

**drop off [v]:** quedarse dormido, quedarse frito (inf); dejar a alguien (espacio) | *I dropped off at the wheel and crashed the car. I drop my husband off at work every morning.*

**drop out [v]:** abandonar, retirarse | *The driver of the car leading the race dropped out with engine trouble.*

**drop out of [v]:** dejar, abandonar (inf) | *He dropped out of school before completing his degree.*

**drown out [v]:** ahogar (sonido) | *The helicopter drowned out the screaming of the people below.*

**drum up [v]:** despertar, fomentar (inf) | *The company ran lots of TV commercials to drum up interest in their product.*

**dry out [v]:** secar | *Overcooking meat dries it out.*

**dry up [v]:** secarse por completo; quedarse en blanco (inf); agotarse completamente (inf) | *During a drought, streams may dry up completely. The actor dried up completely. The supply of funds dried up completely.*

**duck [v]:** encogerse, agacharse, esquivar | *He ducked when the ball came flying at him.*

**duck out [v]:** escabullirse, escaquearse | *He would often try to duck out of his boss's motivational meetings.*

**duct tape [s]:** cinta de embalar | *Duct tape can be used to repair almost anything.*

**dull [adj]:** aburrido, soso, apagado | *The thesis was so dull that I fell asleep reading it.*

**dumb down [v]:** simplificar, explicar sin tecnicismos | *We try not to dumb down the shows too much.*

**dumbfounded [adj]:** asombrado, perplejo, atónito | *Researchers are all dumbfounded by the complexity of the problem.*

**dumbstruck [adj]:** sobrecogido, estupefacto | *I was dumbstruck by the amazing job offer.*

**dump [s]:** vertedero; tirar, desechar sth | *She took some garden rubbish to the dump.*

**dump [v]:** tirar (basura de forma irresponsable) | *Angela dumped her old fridge when she got a new one.*

**dusk [s]:** anochecer

**dusky [adj]:** oscuro | *The room is dusky*

**dust [s]:** polvo; desempolvar | *Richard dusted the bookcase.*

**dustbin (UK), trash can, garbage can(USA) [s]:** cubo de la basura | *Be sure to put the dustbin out for the men tomorrow morning.*

**duty [adj]:** en servicio | *I am on duty all weekend. A duty doctor*

**dwelt on [v]:** mortificarse, obsecarse | *I will not dwell on the causes of the low voter participation.*

**dwelling [s]:** morada, vivienda | *The old man lived in a small dwelling near the river.*

**each other / one another [phrase/idiom]:** entre ellos, mutuamente | *Max and Lyn kissed each other(2). Those 4 doctors refer patients to one another (+2).*

**eager [adj]:** ansioso, impaciente | *I am eager to show you my new house.*

**eagerness [s]:** entusiasmo, ímpetu, ganas | *Their eagerness faded when they learned what their pay rate was.*

**ease off/up [v]:** aliviar, reducir la presión sobre | *To slow the car down gradually, ease off the gas pedal.*

**eat away [v]:** consumir, corromper, erosionar | *The chalk cliffs are being eaten away slowly by the action of the sea.*

**eat in [v]:** cenar en casa | *None*

**eat into [v]:** comerse, consumir, mermar (savings, profits, leisure time, business) | *The companies eat into their profits*

**eat out [v]:** comer fuera de casa | *They eat out once a week.*

**eat up [v]:** terminar (comida) | *If you eat up all your vegetables, you can have dessert. Eat up!*

**edgy [adj]:** inquieto | *Trevor is waiting for his exam results and he's been edgy all day.*

**edible [adj]:** comestible | *Some mushrooms are edible, others are poisonous; it's important to know the difference.*

**educate [v]:** educar (child)

**egg on [v]:** alentar | *The fans cheered for their favorite team, egging them on.*

**either / any one of [phrase/idiom]:** cualquiera | *You can use any of (+2) these programs with either (2) system.*

**eke out an existence / eke out a living [v]:** subsistir a duras penas | *She ekes out an existence working two part-time jobs.*

**elated [adj]:** exultante, eufórico | *We were elated with the news about the wedding.*

**elation [s]:** júbilo, euforia | *Andy couldn't hide his elation about his promotion.*

**embody [v]:** personificar, encarnar | *The artist's work embodied the spirit of the age.*

**embrace [v]:** abrazar; acoger, recibir con los brazos abiertos | *His colleagues embraced his proposals.*

**embroider [v]:** bordar (clothes) | *Molly embroidered the hem of her jeans.*

**embroidered [adj]:** bordado

**emphasize [v]:** enfatizar, hacer hincapié en | *He emphasized that he didn't want to stay working there.*

**enable sb to do [v]:** permitir (no para dar permiso), posibilitar | *The knife enabled him to cut open the box.*

**encroach on [v]:** invadir, traspasar | *Their tree began to encroach on my property. This encroach on the jurisdiction of Court.*

**endanger [v]:** exponer, arriesgar, poner en peligro | *No parent would wilfully endanger the life of a child.*

**endearing [adj]:** adorable | *The baby had an endearing laugh.*

**endeavour [v]:** tratar de, intentar | *Do not endeavor to change his mind; you'll regret it.*

**endless [adj]:** interminable, sin fin (trm fig) | *Julia drove her car along an endless highway. Endless maths class.*

**endorse [v]:** respaldar | *The boss endorsed Karen's plan to make the office more efficient.*

**endurance [s]:** resistencia, aguante | *The marathon runner's endurance was impressive.*

**endure [v]:** resustir, aguantar; perdurar, durar | *The two women's friendship had endured. Adam endured the ache in his muscles.*

**enforce [v]:** imponer | *The slave driver enforced obedience.*

**engage in conversation [v]:** entablar conversación; involucrar a alguien en una conversación | *Engage in a conversation with someone and mind the edges of what you discuss.*

**engage with [v]:** comprometerse | *We must engage with all of our citizens and seek to integrate them.*

**engraving [s]:** grabado (arte) | *Inside the front cover of the book is an engraving of the author.*

**engrossed [adj]:** abstraído, concentrado | *Karen didn't even look up from her magazine when I said hello, she was so engrossed.*

**enlighten [v]:** luminar, aclarar (inf) | *The student didn't fully understand the homework task, until his teacher enlightened him.*

**enlist [v]:** contratar, emplear (servicio, ayuda); alistarse, enrolarse (militar) | *We enlisted the services of a plumber to clean up the mess. My father enlisted when he was 18.*

**enrage [v]:** enfurecer, encolerizar | *The apparent corruption of the government enraged the citizens.*

**enrich [v]:** enriquecer (fig) | *Rice is typically enriched with B vitamins.*

**ensure [v]:** asegurar (sb that) | *He ensured that the blender was in stock before he went to buy it.*



**entail [v]:** conllevar | *Getting a degree entails a lot of hard work.*  
(=imply -ing)

**enthrall [v]:** fascinar, captar la atención | *The magician's performance enthralled the children.*

**entrap [v]:** atrapar (en una trampa) | *The children entrapped their babysitter in a large net that fell from the ceiling.*

**entreaty [s]:** ruego, petición | *The enemy state ignored the entreaties for peace and declared war. (see plea)*

**entrepreneur [s]:** emprendedor | *The entrepreneur left school with no qualifications, but she was running a multinational company.*

**entrust [v]:** encomendar, confiar | *It shall entrust these duties only to recognised organisations.*

**enveigle [v]:** engatusar | *I didn't want to go to the party, but my best friend inveigled me.*

**errand [s]:** recado | *My boss is always sending me on errands. They can even run(hacer) errands. Errand boy.*

**escort [s]:** escolta | *The president was surrounded by his escort.*

**escort [v]:** escoltar

**especially [adv]:** excepcionalmente | *This film was especially good*

**establish [v]:** establecer, entablar | *You have to establish your priorities.*

**esteem [s]:** estima | *It's always nice to know that you have the esteem of your colleagues.*

**etch [v]:** grabar, marcar | *The jeweller etched the couple's initials on the rings.*

**even out [v]:** nivelar(se), igualar(se) | *Slight colour differences therefore automatically even out over time.*

**ever since [conj]:** Desde que...; ...desde entonces | *We have not been together ever since*

**every now and again [adv]:** de vez en cuando

**every now and then [phrase/idiom]:** de vez en cuando | *De vez en cuando, me gusta ojear mis postales antiguas.*

**every now and then [adv]:** de vez en cuando

**every other day [adv]:** cada dos días, día si y día no

**exhilarate [v]:** entusiasmar | *The prospect of moving to Paris exhilarated Penelope.*

**expand on [v]:** dar más detalles | *Can you expand on your earlier comments?*

**expedite [v]:** acelerar | *The insurance company promised to expedite the homeowner's claim.*

**expertise [s]:** experiencia | *The company used the hacker's expertise to help them protect their servers.*

**explain away [v]:** ofrecer excusas, justificar, dar explicaciones (ante algo malo) | *They wanted to explain away the flood by finding a physical explanation for it.*

**expose [v]:** exponer(se) | *You should wear a mask if you are going to expose yourself to harsh chemicals.*

**fabric [s]:** tela, tejido | *Jenny bought some fabric to make a costume.*

**face (up to) the facts [phrase/idiom]:** afrontar/aceptar la realidad | *It is time you face the facts*

**face up to [v]:** plantar cara a | *If you face up to bullies, they usually leave you alone afterwards.*

**factor in [v]:** incluir, considerar (en un cálculo) | *We forgot to factor in the cost of air conditioning.*

**fade in [v]:** aparecer gradualmente (sonido, imagen) | *At the opening of the movie, we fade in on a scene of a family at the dinner table.*

**fade out [v]:** desvanecerse gradualmente (sonido, imagen) | *The scene ended in a shot of birds flying over the ocean, then faded out.*

**faintly [adv]:** debilmente; imperceptiblemente | *The old woman settled into her chair and sighed faintly. A handwritten message was faintly visible.*

**fair [s]:** feria

**fairytale [adj]:** de cuento | *After three marriages, she's still dreaming of a fairytale romance.*

**fall apart [v]:** desarmarse, hacerse pedazos | *Cheaply made umbrellas fall apart quickly.*

**fall back on [v]:** contar con el apoyo de | *Whenever I am in trouble, I know that I can always fall back on my friends and family.*

**fall behind [v]:** quedarse retrasado, atrasarse (fig) | *If I don't study for two hours every night, I risk falling behind with my class work.*

**fall in [v]:** colapsarse, derrumbarse | *The snow was so heavy last year, the roof of the old house fell in.*

**fall into [v]:** caerse accidentalmente en pozo o agujero; encajar en | *She fell into an uncapped well. They fall into 3 categories*

**fall off [v]:** desprenderse, deslizarse, caerse; descender | *Car sales have fallen off during the recession. The blanket fell off the bed slowly.*

**fall out [v]:** reñir, discutir (entre amigos) | *They have fallen out and are no longer speaking to each other.*

**fall out with [v]:** enemistarse con | *If you do not stop gossiping, all your friends are going to fall out with you.*

**fall through [v]:** venirse abajo, quedarse en nada | *I thought that the deal would be very profitable for my business, but it fell through at the last minute.*

**fall through [v]:** venirse abajo, fracasar, quedar en nada | *I thought that the deal would be very profitable for my business, but it fell through at the last minute.*

**fallback [s]:** plan b; último recurso | *I applied to Harvard, but the state university is my fallback in case Harvard rejects me.*

**fallout [s]:** efectos colaterales | *We're still dealing with the fallout from her sudden resignation.*

**falsehood [s]:** falsedad | *Amy was angry when she discovered her son had told a falsehood.*

**falter [v]:** titubear, vacilar (voz en discurso); flaquear | *She faltered when she saw the angry look on his face.*

**fan out [v]:** diseminarse, dispersarse | *Groups of searchers fanned out in all directions.*

**faraway [adj]:** distante, lejano | *A distant/faraway sound*

**fare [s]:** precio del billete, tarifa | *Kyle paid his fare and got out of the taxi.*

**farewell [s]:** despedida | *He made his farewells and left.*

**farm out [v]:** subcontratar | *At the moment the Commission does not have any choice but to farm out this work.*

**fart [v]:** tirarse un pedo (inf) | *Jimmy embarrassed his mother when he accidentally farted in front of her friends.*

**fast [v]:** ayunar; hacer huelga de hambre | *The patient must fast before the surgery. To protest his treatment, the prisoner decided to fast.*

**fast-track [v]:** acelerar, apurar | *His father put pressure on them to fast-track his application.*

**fast-track [s]:** primera línea, posición idónea; vía rápida | *He is on the fast track to success. They've introduced a fast-track system.*

**fasten, do up [v]:** abrochar (ropa) | *Adam fastened the buttons of his shirt.*

**fate [s]:** destino | *Do you believe in fate? I think I was destined to meet her.*

**fathom [v]:** entender | *Mindy couldn't fathom her sister's motives for dropping out of school.*

**fatty [adj]:** graso | *The doctor told Ben to avoid fatty meat and fried foods.*

**fear [v]:** temer (a) | *I fear that they were in an accident.*

**feat [s]:** hito, hazaña | *The new building was a feat of engineering.*

**feature [v]:** presentar en público; figurar | *The school's literary magazine features students' poems. All the ingredients feature on the packaging.*

**fed up with/of [adj]:** harto de | *Joan was fed up with being sent from one office to another.*

**feeble [adj]:** débil, debilitado | *Jim was feeling feeble after having the flu. The feeble argument did not convince voters.*

**feed on [v]:** alimentarse de | *Fungus feed on the organic parts of carriers.*

**feel up [v]:** manosear a, toquetear a, meter mano a (inf) | *She accused the man of trying to feel her up.*

**feel up to [v]:** sentirse en condiciones de | *I'm so tired that I don't even feel up to going to the party.*

**feisty [adj]:** enérgico | *Their children are feisty but well-disciplined.*

**fend for oneself [v]:** valerse por sí mismo | *Julian left home at 18 and learned to fend for himself.*

**ferret out [v]:** lograr encontrar, lograr descubrir | *The reporter was known for her uncanny ability to ferret out a story.*

**festoon [v]:** engalonar, adornar | *The girl's parents had festooned the hall for her birthday party.*

**fickle [adj]:** voluble, inconsistente (persona) | *Ryan was a fickle person; he pursued a new and different passion every day.*

**fidgety [adj]:** nervioso, inquieto | *Owen makes me nervous because he's always fidgety.*

**field [v]:** tratar con, responder | *The candidate fielded a number of questions from the reporters.*

**field for [v]:** presentar documentos para | *Cara has filed for divorce. File for custody, adoption*

**fight back [v]:** contraatacar, tomar represalias | *If you attack minorities, you must expect them to fight back.*

**fight off [v]:** defenderse | *The 26-year-old woman bravely fought off her attackers with several kicks and punches.*

**figure out [v]:** resolver, descubrir la solución de | *How did you figure out that math problem?*

**figure up [v]:** calcular | *Figure up the total cost for the trip, and I'll pay you back.*

**fill in [v]:** sustituir, reemplazar | *I'm filling in for my boss at the board meeting next week.*

**fill out [v]:** rellenar, cubrir (form) | *To give you an example, a farmer may fill out a form incorrectly.*

**fill sb in [v]:** poner al corriente (inf) | *He had to leave the meeting for a while, so we filled him in when he got back.*

**fill up [v]:** llenar | *Fill up your cup before they stop serving tea. Alison filled up the petrol tank.*

**filthy [adj]:** asqueroso, sucio; obsceno | *Sarah played a lot of filthy tricks on her younger siblings when she was a teenager.*

**find out [v]:** descubrir, averiguar, enterarse de | *I just found out that my sister is pregnant.*

**finger the point [v]:** señalar con el dedo | *We should always point the finger at the real culprits.*

**finish with [v]:** terminar de usar o necesitar | *Have you finished with this newspaper?*

**firm up [v]:** concretar, definir (agreement, details, prices...); tonificar (deporte) | *The director is keen to firm the contract up. Steve has started going to the gym to firm up.*

**fish for [v]:** buscar (un cumplido) | *She's fishing for compliments; just ignore her.*

**fist [s]:** puño | *Jim shook his fist at the teenagers as he shouted at them.*

**fit in with [v]:** encajar con | *His lifestyle doesn't fit in with the group.*

**fit into [v]:** caber dentro de | *I think that this large pitcher will still fit into the cabinet.*

**fix up [v]:** arreglar, reparar | *She fixed up her house in order to sell it.*

**fix up with [v]:** emparejar | *Joan is trying to fix me up with one of her single friends.*

**fizzle [v]:** sisear, crepitar | *The fireworks fizzled and exploded in the sky.*

**fizzle out [v]:** decaer, desinflarse (fig) (inf) | *Her enthusiasm would fizzle out when she began to tire during the run.*

**fizzy [adj]:** con gas, efervescente, gaseoso, con burbujas | *All the fizzy drinks on the flight are free.*

**flabbergast [v]:** dejar atónito a, dejar pasmado a | *You must admit that is flabbergasting and poses a real problem.*

**flag [v]:** flaquear (fig); hacer señas, llamar (taxi); transmitir, comunicar | *The horse began to flag as they neared the winning post. The doorman will flag a cab for you.*

**flag down [v]:** para un vehículo con una seña | *It's hard to flag down a taxi during the rush hour.*

**flail, flail around, flail about (UK) [v]:** agitar, sacudir (brazos, piernas) | *Chuck flails and kicks in his sleep.*

**flak [s]:** críticas | *It's my money, so don't give me flak for how I spend it.*

**flap [v]:** ondear | *The flag flapped in the wind.*

**flare up [v]:** brotar (enfermedad); encenderse, enfadarse; reavivar (fuego, fig) | *The disease can flare up. He flares up easily. Violence has flared up.*

**flashed back [v]:** volver a (fig, mostrar una escena del pasado) | *Suddenly the film flashed back to a scene from the main character's childhood.*

**flat out [adv]:** a tope, a full | *We're working flat out to secure the best possible results.*

**flatten [v]:** allanar, aplanar | *The baker flattened the dough into a shallow loaf.*

**flatter [v]:** halagar | *These words flattered me and I have never forgotten them.*

**flaw [s]:** imperfección, defecto | *The gem had no flaws in it.*

**flick off [v]:** sacudir | *He flicked some crumbs off his waistcoat.*

**flick through [v]:** mirar sin poner atención; hacer zapping (tv) | *He flicked through the report. I spent ten minutes flicking through the TV channels*

**flicker [s]:** parpadeo (luz); destello (fig) | *Erin felt a flicker of doubt. Paul saw a flicker of light in the dark.*

**flinch [v]:** encogerse de dolor | *Rachel flinched when she cut herself on the knife.*

**fling [v]:** arrojar, tirar | *Hector flung the shoe at my head.*

**flip [v]:** dar la vuelta, voltear | *Flip a coin. Jim flipped the pancake in the pan.*

**flip out [v]:** ponerse como loco (inf) | *She is so volatile; it takes the slightest little thing to make her flip out.*

**flirt with sb [v]:** flirtear, ligar, coquetear | *Paul flirted with his tutor.*

**flock [s]:** rebaño, bandada | *The shepherd tended his flock.*

**flood in [v]:** llegar masivamente | *Complaints flooded in as soon as the comments were broadcast.*

**floorboard [s]:** tarima | *The old floorboards creaked beneath Myron's feet.*

**flop [v]:** fracasar

**flour [s]:** harina | *Erin tossed the pastries in flour to keep them from sticking.*

**flout [v]:** desobedecer, incumplir (ley) (formal) | *In her anger, Maryanne decided to flout the rules and stay out past curfew(=break the rules)*

**flurry [s]:** frenesí, ajetreo | *There was a flurry of activity in the office when the boss arrived.*

**flush [v]:** sonrojarse, ponerse colorado (fuertes emociones, alcohol, enfermedad) | *The champagne had caused his face to flush. (see blush)*

**flush out [v]:** ahuyentar

**fluster [v]:** poner nervioso | *The constant noise and bright lights flustered Jamie.*

**fly in [v]:** llegar en avión | *Justin is planning to fly in on Monday.*

**fly off [v]:** echarse a volar | *The startled bird flew off.*

**fly off the handle [v]:** perder los estribos (inf) | *My dad flew off the handle when I told him I'd crashed the car.*

**fly out [v]:** salir (en avión) | *We are due to fly out on holiday just before Christmas. My plane will fly out of Atlanta.*

**foam [v]:** hacer espuma | *The milk started to foam in the pot.*

**foam [s]:** espuma | *Kate worked the foam from the shampoo into her hair.*

**foam (at the mouth) [v]:** echar espuma por la boca | *I think this horse is ill; its mouth is foaming. The dog started to foam at the mouth*

**fog up [v]:** empañar, empañarse | *Contact lenses also don't fog up.*

**fold [v]:** plegar | *Tyler folded the paper into a triangle. (see bend)*

**fold up [v]:** plegar para reducir el tamaño | *Roger folded up the piece of paper and put it in his pocket.*

**foldaway [adj]:** plegable (mueble) | *a foldaway bed*

**folding [adj]:** plegable (mueble) | *Stack the folding chairs there in the corner.*

**follow sb out [v]:** salir inmediatamente después de

**fondle [v]:** sobar, acariciar, toquetear | *He says he was fondled on the school bus by the driver.*

**fondness [s]:** cariño

**foolish [adj]:** estúpido, tonto | *Ryan made a foolish mistake.*

**foot the bill [v]:** pagar la cuenta, hacerse cargo de la cuenta | *The Insurance company refused my claim, so I had to foot the bill for repairs myself.*

**force back [v]:** contener (risa, lágrimas) | *she forced back her desire to laugh. She forced back her tears*

**force down [v]:** tragarse a la fuerza (comida) | *She tried to force down the unpleasant cough syrup.*

**foregone [v]:** inevitable, que está cantado | *It was a foregone conclusion that Celta would win. It's foregone that the semester will end in May.*

**foregone [adj]:** inevitable; previo, precedente, pasado | *It's foregone that the semester will end in May. She felt nostalgic for a foregone moment.*

**foreseen [adj]:** presagiado, predicho, previsto | *The disaster, foreseen by many, was caused by poor safety practices.*

**forewarn [v]:** avisar, prevenir, advertir por adelantado | *Perry forewarned everyone that the conference might end late.*

**forfeit [v]:** perder (law) | *By marrying a divorcee, the king forfeited his right to the throne.*

**forge [v]:** falsificar | *A certificate can easily be forged.*

**forgetfulness [s]:** olvido

**forgive sb for [v]:** perdonar | *If you apologise for being late, I will forgive you.*

**forgo [v]:** renunciar a, privarse de | *Anthony decided to forgo sugar for a year. We decided to forgo going to the party.*

**former [adj]:** anterior, antiguo | *He saw his former wife with another man.*

**forthcoming [adj]:** próximo, venidero | *Kyle went to buy some supplies for the forthcoming events.*

**fortnight [s]:** quincena | *A fortnight ago.*

**foster [v]:** fomentar, alimentar (fig: actitud), albergar (fig) | *The idea was intended to foster better relations between them. Foster hopes*

**found [v]:** fundar | *The city was founded centuries ago.*

**found on [v]:** fundamentarse en, basarse en | *Gandhi's movement was founded on the premise of non-violence.*

**frame [v]:** formular, plantear (fig); enmarcar; bordear rodear | *Can you frame that concept in a more positive light? I would like to frame the orchard with rows.*

**frank [adj]:** franco, sincero | *Dana is a frank person; she always says what she thinks.*

**frantic [adj]:** frenético, agitado | *Dana was frantic when she heard that a hurricane would hit the city.*

**freak out [v]:** ponerse como loco, perder los papeles | *When I tell my parents I'm quitting school, they are going to freak out.*

**free up [v]:** dejar libre (espacio, tiempo) | *Free up disk space. Free up time so you can expend more effort on promoting yourself.*

**freeze out [v]:** hacerle el vacío, excluir | *She wanted to be a member of that popular group, but they froze her out.*

**freeze over [v]:** congelarse, helarse (cubrirse con una capa de hielo) | *The winter was mild that year and the river didn't freeze over.*

**freeze up [v]:** Congelarse (tubería); bloquearse (ordenador, sistema) | *The automatic drinking water system may freeze up. The computer froze up.*

**fritter away [v]:** desperdiciar (tiempo, dinero usándolo para cosas sin importancia) | *You can't fritter away your time and expect to accomplish anything.*

**from nose to tail [phrase/idiom]:** de arriba a abajo | *Looking good from nose to tail*

**from scratch [phrase/idiom]:** desde cero | *I made the cake with no mix, completely from scratch.*

**from sun up to sun down [phrase/idiom]:** desde el amanecer hasta el anochecer. | *I'm so busy all day; I'm on the go from sun up to sun down.*

**frost over [v]:** helarse; cubrirse de escarcha | *The large windows were frosted over.*

**frostbite [s]:** congelación | *Ellie suffered from frostbite after walking barefoot in the snow.*

**frosty [adj]:** frío, glacial (clima, día, persona) | *The couple walked hand in hand in the frosty weather. The receptionist gave Jim a frosty smile.*

**frown [v]:** fruncir el ceño | *Kate frowned as she tried to work out the difficult equation.*

**frown on [v]:** no ver con buenos ojos, desaprobación | *Some offices or careers frown on tattoos.*

**fruitful [adj]:** fructífero, productivo | *Dan's argument with his parents wasn't very fruitful.*

**fry-up [s]:** fritanga

**fuel [v]:** alimentar (fig) | *They are fueling speculation.*

**full marks [s]:** calificación máxima (UK) | *She got full marks in French.*

**fumble for [v]:** burcar a tientas; titubear, balbucear | *I fumbled in my bag for my car keys. She asked if I needed anything else and I fumbled for words.*

**fundraise [v]:** recaudar fondos | *The Boy Scouts are currently fundraising for their annual camping trip.*

**fuss [s]:** escándalo, alboroto, lío | *I didn't like that film at all; I can't see what all the fuss was about.*

**fuss over [v]:** preocuparse en exceso por, agobiarse por | *Don't fuss over things that you can't control.*

**gain on [v]:** dar alcance | *Drive faster - the police are gaining on us!*

**gamble on [v]:** apostar por, confiar en | *The company gambled on the success of their new smartphone model.*

**gamut [s]:** escala, gama, espectro (rango) | *The film ran the gamut of genres, from romance, to adventure, to suspense.*

**gang up [v]:** juntarse en banda, aliarse (inf) | *You can't win an argument with those two: they gang up every time.*

**gang up on [v]:** atacar en grupo a | *Every time the teacher makes a mistake, the students gang up on her to point it out.*

**gangland [s]:** mafia | *There has been a surge recently in the activities of the city's gangland.*

**gap out [v]:** olvidarse de (on sth) | *I totally gapped out on picking up my baby*

**garner [v]:** conseguir (elogios, apoyo...) | *She garnered praise from all her colleagues for working so hard.*

**gatecrash [v]:** colarse en (inf) | *gatecrash de party*

**gather up [v]:** recoger | *Gather up all the toys and put them in their correct place.*

**gauge [v]:** calibrar | *The thermometer gauged the temperature of the engine.*

**gavel [s]:** martillo (juez) | *The judge brought down the gavel and said "Case dismissed."*

**gear [s]:** marcha, velocidad (coche) | *When you get on the highway, shift into fifth gear.*

**gear to/towards [v]:** dirigir hacia, orientar hacia | *The TV company geared the show toward girls. You need to gear these advertisements to the youngest.*

**get a grip on oneself [v]:** controlarse | *Get a grip on yourself!*

**get a kick out of [v]:** flipar, apasionar, encontrar placer | *She gets a kick out of watching talking animal videos.*

**get a life [phrase/idiom]:** ¡Búscate una vida!

**get a word in [v]:** meter baza | *She was talking so much that I couldn't get a word in!*

**get across [v]:** hacer entender, expresar | *He tried to get his point across but it was so convoluted, no one could understand.*

**get ahead [v]:** progresar, avanzar (fig) | *In order to get ahead in business you need to be assertive.*

**get ahead of [v]:** adelantar a, dejar atrás a (tmn fig) | *He ran faster and got ahead of his sister.*

**get along [v]:** llevarse bien | *I get along very well with my mother-in-law.*

**get around [v]:** correr (rumor, voz); viajar con frecuencia | *I get around in my job. When word got around that she was baking cookies, the children appeared.*

**get around to [v]:** encontrar tiempo para | *Bill eventually got round to the washing-up.*

**get around, circumvent [v]:** sortear, evitar | *You can't get around the problem by pretending it doesn't exist. (problem, obstacle, situation...)*

**get away [v]:** escapar; hacer una escapada | *I was almost mugged but I managed to get away. I need to get away this weekend.*

**get away from [v]:** escaparse de | *How did you manage to get away from your captors?*

**get away with [v]:** zafarse, librarse | *The murderer got away with his hideous crime.*

**get back to [v]:** volver a , retomar | *I'd love to talk more but I have to get back to my work now.*

**get behind [v]:** dar apoyo, respaldar, apoyar | *If you promise not to change your mind, I'll get behind your efforts to clean up the park.*

**get bogged down [v]:** enredarse, empantanarse | *The jeep got bogged down in a huge mud puddle.*

**get buried [v]:** enterrar (tmn fig) | *When mistakes are acknowledged, they get buried.*

**get by [v]:** arreglárselas | *They had learnt to get by on their small retirement income. I can get by in the kitchen.*

**get carried away [v]:** dejarse llevar, entusiasmarse (inf) | *She gets carried away at Christmas, and spends too much money on everything.*

**get down [v]:** desanimar, deprimir | *Try not to let your exam results get you down.*

**get down to [v]:** ir al grano, ponerse a algo seriamente | *Let's get down to business. I can't wait to get down to work with him.*

**get even with [v]:** ajustar cuentas, vengarse | *I'm going to get even with him when I see him.*

**get hitched [v]:** dar el sí | *I never thought you'd get hitched.*

**get hold of [v]:** hacerse con, conseguir | *Tell me where I can get hold of a watch. You need to get hold of a copy of his birth certificate.*

**get in [v]:** entrar (coche, tren) | *I opened the door and got in.*

**get into [v]:** meterse en, entrar en | *Get into the taxi. Get into the university*

**get laid [v]:** echar un polvo (inf) | *I got laid last night for the first time in a year.*

**get left behind [v]:** quedarse atrás | *Hurry up and get on the bus or you'll get left behind! We have to ensure no-one gets left behind.*

**get off [v]:** bajarse(tren,avión,bus,barco);

**get off my back [v]:** largarse, dejar de molestar | *Please, get off my back.*

**get off on the wrong foot [v]:** empezar con mal pie | *We know that children who get off on the wrong foot can run into serious problems later on.*

**get off the ground [v]:** despegar, arrancar (fig) | *Without funding the project will never get off the ground.*

**get off to a good start [v]:** empezar con buen pie | *Our new employee has gotten off to a good start.*

**get on [v]:** llevarse bien | *If you can't get on with your boss, it might be better to quit.*

**get on in [v]:** triunfar, progresar | *To get on in life, you need to be willing to work hard.*

**get on it [v]:** ponerse manos a la obra

**get on like a house on fire [v]:** hacer buenas migas desde el principio | *I was worried that they wouldn't like each other but they're getting on like a house on fire.*

**get on one's nerves [v]:** poner de los nervios | *You're getting on my nerves.*

**get one's priorities right [v]:** establecer prioridades | *Although you are in a seemingly hopeless situation, keep thinking and get your priorities right.*

**get out of hand [v]:** irse de las manos, descontrolarse (inf) | *The party got out of hand, and a neighbour called the police.*

**get out of head [v]:** quitarse a alguien de la cabeza | *I cannot get him out of head.*

**get out of the way [v]:** quitarse del medio (inf) | *The truck finally got out of the way and I was able to turn right. (=move aside)*

**get out of your mind [v]:** sacarse de la cabeza | *I know it was a tough breakup, but you need to get it out of your mind.*

**get over [v]:** recuperarse, mejorarse | *I hope you get over your flu really quickly.*

**get sb muddled [v]:** liar, desconcertar (inf) | *You got me muddled when you changed all the details of our meeting.*

**get started on, tie into (USA) [v]:** empezar con, ponerse con | *Get started on becoming a Photoshop expert today!*

**get stuck with [v]:** encasquetar, tener que aguantar sth/sb (inf) | *My sister went shopping with her friend and I got stuck with babysitting her two small children.*

**get the ax [v]:** cortar la cabeza, perder el trabajo | *Bob was worried he would be the next person in the office to get the axe.*

**get the hang of [v]:** coger el truco, pillar el tranquillo, | *I took her ice-skating for the first time, and she got the hang of it right away.*

**get the sack (UK) [v]:** dar puerta, ser despedido | *Harry got the sack after he was found guilty of theft.*

**get through [v]:** sobrevivir, superar | *The global recession has been tough on everyone, but we will get through it.*

**get to [v]:** ponerse con | *When he failed to call me yet again, I got to wondering if he was having an affair.*

**get to the point [v]:** ir al grano | *It took Natalie a long time to get to the point.*

**get together [v]:** reunirse, juntarse, verse | *The team leaders need to get together to discuss the problem.*

**get up [v]:** levantarse

**get up to [v]:** hacer algo (especialmente malo) | *She's been getting up to all sorts of mischief lately. I wonder what those two got up to yesterday?*

**get wind of [v]:** escuchar por ahí, me contó un pajarito, enterarse de (inf) | *If your wife gets wind of this, she will kill you!*

**get worked up [v]:** alterarse, calentarse, ponerse nervioso (inf) | *Don't tell him, he will just get worked up!*

**get your act together [v]:** empezar a organizarse eficientemente | *She's so disorganized - I wish she'd get her act together.*

**get-together [s]:** quedada, reunión informal | *The girls are having a get-together tonight at my house.*

**gifted [adj]:** talentoso | *Ben was a gifted speaker.*

**giggle [v]:** reírse con nerviosismo | *The boys giggled and whispered to each other.*

**gilt [adj]:** bañado en oro, cubierto de oro | *Samantha wore delicate gilt earrings.*

**give an account of [v]:** dar cuenta de | *Everyone will give an account of how he or she has fulfilled each duty.*

**give away [v]:** regalar, donar; revelar; delatar | *She gave her clothes away. Nobody wanted to give away the person responsible.*

**give back [v]:** devolver (algo prestado) | *Did you give me back the pen I lent you?*

**give in [v]:** darse por vencido, rendirse | *I give in; it's just too difficult.*

**give in to [v]:** sucumbir ante, rendirse a | *The children wanted to stay up until midnight, but one by one, they gave in to sleep.*

**give it a second thought [v]:** pensarlo dos veces | *He dropped what he was doing and went to her without giving it a second thought.*

**give it up for [v]:** aplaudir a | *Ladies and gentlemen, give it up for the star of our show, Amy Jones!*

**give off [v]:** desprender, emanar (olor, luz, calor) | *She gives off a strong smell of perfume when she passes by.*

**give oneself up [v]:** entregarse (como prisionero) | *The gunman gave himself up to the police.*

**give out [v]:** repartir, distribuir; agotarse, abandonar, faltar | *I gave out brochures on the street. He had been ill for so long that his will to live gave out.*

**give the cold shoulder [v]:** dar la espalda | *After the incident, they all gave her the cold shoulder.*

**give up [v]:** rendirse, desistir; abandonar, dejar(hábito, adicción) | *I give up - you're far better than me at this game! I'm going to try giving up chocolate*

**give up on [v]:** perder la confianza en | *I gave up on trying to find a good example.*

**gladden [v]:** llenar de alegría, regocijar

**glare [s]:** foco (fig); resplandor, brillo, mirada asesina | *All politicians must learn to accept the glare of public scrutiny. Kyle shot a glare at his mother.*

**glee [s]:** recocijo | *The little girl clapped her hands with glee when she saw the pony.*

**glimmer [s]:** atisbo (fig) | *He tried to explain the concept until a glimmer of understanding appeared in the students' eyes.*

**gloomy [adj]:** triste, pesimista | *Rachel didn't like the play because it was so gloomy; everyone died in the end.*

**gloss over [v]:** tratar por encima | *She glossed over the company profits. The documentary glossed over some important issues.*

**glow [v]:** brillar, resplandecer (tmn fig) | *Rachel glowed when she found out that she got the job. The stars glowed brightly*

**gnawing [adj]:** persistente | *I felt a gnawing ache inside.*

**go after [v]:** ir a por, perseguir | *Mark is now going after a Master's degree in science.*

**go against [v]:** ir en contra de | *If you go against his wishes, he will make things difficult for you.*

**go along with [v]:** estar de acuerdo con, consentir con | *I usually just go along with what she says to avoid any arguments.*

**go around [v]:** ir por ahí, andar | *He goes around looking filthy.*

**go away [v]:** irse, largarse | *I yelled at the dogs to make them go away.*

**go back [v]:** examinar, revisar algo despues de ocurrir | *Mick is going over his notes to prepare for the exam.*

**go back on [v]:** no cumplir, no mantener (palabra, promesa) | *Janice went back on her word to help me with the cooking.*

**go by [v]:** pasar | *The crowd watched as the parade went by. Time went by too quickly!*

**go down [v]:** bajar, descender | *The prices have gone down at this store.*

**go easy on [v]:** no pasarse con, cuidarse con; ser paciente con | *If you want to lose weight you should go easy on the fatty foods. Please go easy on the new students*

**go for [v]:** decidirse por; venderse por/a; A por ello! | *She went for the blue car instead of the red one. The painting went for 100 USD. Go for it!*

**go hand in hand (with) [v]:** ir de la mano | *For many people, smoking and drinking go hand in hand.*

**go in [v]:** ocultarse (sol, luna); enterarse, recordar; entrar | *The sun goes in, so it becomes hidden from by clouds. It never seems to go in.*

**go in for [v]:** soler gustar algo; participar en (competición) | *I've never gone in for classical music, but I love jazz. Are you planning to go in for the race?*

**go into [v]:** discutir, explicar, describir; meterse en, empezar | *He will go into journalism. Go into trance. This is the first book to go into her personal life.*

**go into labour [v]:** entrar en trabajo de parto, ponerse de parto | *Women sometimes go into labour early and babies are born prematurely.*

**go into raptures [v]:** volverse loco (de entusiasmo) | *The crowd went into raptures when the new car was unveiled.*

**go off [v]:** desenamorar; dejar de funcionar; ocurrir de una forma particular; empeorar (calidad) | *The lights went off. The protest march went off peacefully. That paper's gone off*

**go off, go away [adj]:** irse, marcharse | *He left the family farm and went off to the big city to look for work. Go away!*

**go on [v]:** continuar; hablar repetidamente enfadado | *Please go on with what you're doing. I wish he'd stop going on about how brilliant his daughter is.*

**go on at [v]:** criticar repetidamente | *I wish you'd stop going on at me about my haircut.*

**go on doing [v]:** seguir, continuar | *Go on with your story!*

**go on then! [v]:** adelante entonces! | *Oh go on then, but just a small one.*

**go on to do [v]:** pasar a (seguir haciendo otra cosa) | *Afterwards they can go on to make a lot of money.*

**go on with [v]:** continuar con, seguir con (plan, conversación) | *I apologised for the interruption and he went on with his story.*

**go out [v]:** apagarse (fuego); salir (a actividad social) | *Could you put another log on the fire, please, before it goes out.*

**go out of / get off [v]:** salir | *go out of the car; get off the taxi/train/bus*

**go out of your way [v]:** complicarse la vida | *She went out of her way to help me.*

**go out to [v]:** ir hacia (sentimientos hacia alguien por pena) | *Our deepest sympathies go out to her husband and children.*

**go out together [v]:** salir juntos; tener una relación | *They'd been going out (together/with each other) for almost five years before he moved in with her.*

**go out; come in [v]:** bajar; subir (marea) | *The sea/tide is coming in. The tide is going out.*

**go over [v]:** revisar, analizar | *For hours afterwards, she kept going over and over what he'd told her but it still made no sense.*

**go over to [v]:** cambiarse a (la competencia o equipo rival) | *I went over to another cell phone provider because I didn't like the one I had been using.*

**go through [v]:** pasarlas canuta, sufrir; aprobar oficialmente (ley, propuesta, acuerdo) | *Joe had gone through much torment. The proposals are unlikely to go through.*

**go up [v]:** aumentar, incrementar, subir | *She was very pleased when the price of her shares went up by 20 per cent overnight!*

**go up [v]:** erigirse, construirse; aumentar, subir | *The front wall will go up. The average cost has gone up by five percent to 276 USD.*

**go wild (with) [v]:** ponerse como loco | *When he returned to the stage to perform an encore, the audience went wild.*

**go with [v]:** acompañar a; combinar con (ropa); salir con (pareja) | *Will you go with me to the hospital? These shoes go with that handbag. I've been going with Paul.*

**go without [v]:** pasar sin, vivir sin, prescindir de | *A camel can go without water for a week. Personally I can go without television.*

**go-ahead [s]:** visto bueno | *We're ready to start but we're still waiting to get the go-ahead from our head office.*

**go-ahead [adj]:** entusiasta (por usar nuevos productos y métodos) | *I like to think of ourselves as a go-ahead employers.*

**go-between [s]:** mediador, intermediario | *He acted as a go-between between the government and private arms dealers.*

**go/run around/round in circles [v]:** seguir pero sin avanzar | *It kept going around in circles. I've been running around in circles trying to get all finished.*

**goat [s]:** cabra

**gobble down/up [v]:** tragar, engullir, devorar, comer rápidamente (inf) | *They gobbled down their dinner.*

**gobble up [v]:** consumir, tragarse (dinero, espacio...) (inf) | *The main problem with the program is that it gobbles up memory by the megabyte.*

**gorge [v]:** atiborrarse de (comida) | *He gorged on meat and cheese.*

**governess [s]:** institutriz, aya | *Samantha left England to become a governess in France.*

**gown, dressing gown(UK) [s]:** bata | *John opened the door wearing only a dressing gown.*

**grapple with [v]:** tratar con, luchar contra, tratar de resolver (fig) | *Today, many Americans are still grappling with the issue of race.*

**grasp at [v]:** tomar, agarrar, aprovechar (oportunidad) | *Certainly if the job were offered me I'd grasp at the chance.*

**grate on [v]:** crispar | *Her constant complaining really grates on me/my nerves.*

**grateful [adj]:** agradecido | *She was grateful for the gift.*

**grater [s]:** rallador (cocina) | *Use a grater to make the vegetables uniform in size.*

**grease [v]:** engrasar, lubricar | *Jake greased the hinge on the door.*

**greedily [adv]:** con voracidad | *The chipmunk greedily gobbled the pieces of cereal.*

**greengrocer [s]:** frutero

**grief, sorrow [s]:** pena, extrema tristeza, aflicción | *After the fire the whole town was gripped by grief and sorrow.*

**grievance [s]:** queja (formal) | *The prosecution presented the accuser's grievances. All of the networks will air the grievance.*

**grilling [v]:** interrogatorio exhaustivo | *After hours of grilling, the suspect finally told the detectives the truth. Face a grilling*

**grimace [v]:** hacer una mueca | *Tony grimaced with pain when he stubbed his toe.*

**grin [v]:** sonreír ampliamente | *After I tripped on the stairs, I noticed a really cute boy grinning at me.*

**grind [v]:** rechinar; moler, pulverizar | *Shifting carelessly always made the gears grind in the old car.*

**grinder [s]:** molinillo, picadora | *Molly put some coffee beans in the grinder for her morning coffee.*

**grinding halt [s]:** punto muerto | *An overturned truck brought traffic to a grinding halt.*

**grip [v]:** agarrar | *The child gripped his mother's hand.*

**grit [s]:** mota, arenilla | *Mike had a bit of grit stuck in his eye and had to stop to get it out.*

**groan [v]:** gemir | *The audience groaned as they saw the trailer for another terrible movie.*

**groggy [s]:** aturdido | *Having not slept all night, Fred felt sleepy and groggy.*

**groom [s]:** novio (boda) | *None*

**grope [v]:** manosear, toquetear | *Some guy groped me on the subway this morning.*

**grounds for complaint [s]:** razones para quejarse | *The grounds for complaint should be broad, so that all failures to apply the law may be remedied.*

**groundwork [s]:** trabajo preliminar | *We laid the groundwork for the new sales plan today.*

**grow out of [v]:** quedarle pequeño algo | *Children at that age grow out of their clothes so quickly.*

**grow to like [v]:** llegar a gustar, llegar a apreciar | *Mangoes didn't appeal to me at first, but I've grown to like them.*

**grow to sw [v]:** llegar a (formal)

**grow up [v]:** crecer; madurar | *I grew up in a village in Southern England. Grow up!*

**growl [v]:** gruñir | *The dog growled as the stranger approached.*

**grownup [s]:** adulto (inf)

**grudge [v]:** tener rencor de, resentir, envidiar | *Jamie grudged her best friend every date she went on where she had to spend the evening alone.*

**grudging [adv]:** de mala gana, reticentemente | *Max grudgingly took his professor's advice and rewrote his essay.*

**gruelling (UK), grueling (USA) [adj]:** agotador, extenuante | *After a grueling climb to the top of the mountain, the hikers rested.*

**gruesome [adj]:** repelente, horripilante | *The gruesome assault was captured by a security camera.*

**gruff [adj]:** ronco (voz); brusco, seco (personalidad) | *A gruff, unfamiliar voice answered the phone. Phil appears to be gruff.*

**grumpy [adj]:** gruñón, malhumorado | *Karl is always grumpy in the morning.*

**grunt [v]:** gruñir, refunfuñar | *Cody greeted his coworker, who grunted in response.*

**gulp [v]:** engullir, tragar (aire) | *Bobby nervously gulped his beer.*

**gulp down [v]:** beber de un trago, respirar grandes bocanadas | *I started gulping down milk straight from the carton. Avoid gulping down air with your food.*

**gun down [v]:** matar de un disparo | *The victim was gunned down at short range.*

**gun for [v]:** esforzarse para derrotar o herir a alguien (inf); esforzarse para ganar/obtener algo | *We know all the other teams are gunning for us. He is gunning for his third straight championship.*

**gut [s]:** panza, barriga (inf)

**hack into [v]:** piratear, hackear | *He was tried and convicted of hacking into the CIA central database.*

**had better [v]:** sería mejor que | *He had better do what he is told!*

**hail [v]:** granizar | *During the thunderstorm, it started to hail.*

**hail (a taxi) [v]:** parar, llamar | *I hailed a taxi to get home because I drank too much.*

**hairpin [s]:** horquilla, hebilla para el pelo | *Cathy often wears sparkly hairpins instead of jewelry.*

**hallway [s]:** vestidor, recibidor | *Richard works just down the hall from the finance department.*

**halt [v]:** parar, detener (production, management...) | *Management halted the project when the money ran out.*

**hammer [s]:** martillo

**hammer out [v]:** romperse el lomo por, conseguir sacar adelante (inf) | *Though they had differing viewpoints, John and Sally hammered out a compromise.*

**hamper [v]:** obstaculizar, dificultar | *The storm will hamper the construction work. There were no difficulties that hampered our work.*

**hand back [v]:** devolver | *The immigration official handed back the passport without comment.*

**hand down [v]:** heredar | *Before I die, I will hand down to you, my son, my entire estate.*

**hand in [v]:** entregar | *The students handed in their assignments to the teacher.*

**hand in (inf), submit (formal) [v]:** entregar | *The students handed in their assignments to the teacher.*

**hand in the resignation [v]:** presentar la dimisión | *The directors must hand in their resignation to the Board of Administration and regularise*

**hand on [v]:** pasar, dejar como legado | *I always hand on my favourite books to my sister.*

**hand out [v]:** distribuir, repartir | *Volunteers in Haiti are handing out food and water to earthquake victims.*

**hand over [v]:** entregar | *The police officer persuaded Taylor to hand the knife over.*

**handcuff [v]:** esposar | *The police handcuffed the suspect.*

**handful [s]:** puñado | *Tim grabbed a handful of peanuts at the bar while he waited for his drink.*

**handkerchief [s]:** pañuelo | *Josh kept a handkerchief in his pocket at all times.*

**hang about [v]:** esperar!, un momento! | *Hang about!, do you mean to say you knew about that the whole time and just didn't tell me?*

**hang around [v]:** frecuentar, merodear (inf) | *It's annoying when youths hang around the bus stop intimidating customers. =loiter*  
**hang back [v]:** no pasar, quedarse | *The goalkeeper had a tendency to hang back on his line instead of coming out for crosses.*

**hang down [v]:** caerse, colgar | *The Halloween decorations were hanging down from the ceiling.*

**hang in there! [v]:** resistel!, no te rindas! | *Hang in there, John, you've almost made it!*



**hang on [v]:** esperar; depender de, estar supeditado a | *Hang on a minute! The safety of air travel hangs partly on the thoroughness of baggage checking.*

**hang on to [v]:** aferrarse a | *These old books are worthless, but I hang on to them because they remind me of my childhood.*

**hang out [v]:** pasar el rato (with sb) | *Why don't you come over to my house and hang out for awhile.*

**hang out [v]:** pasar el rato (inf) | *Why don't you come over to my house and hang out for awhile.*

**hang over [v]:** pesar sobre (amenaza, duda) | *Territorial disputes hang over the Arctic.*

**hang up [v]:** colgar (teléfono); colgar | *It is very rude to hang up in the middle of a telephone conversation. They hung up their coats.*

**hanger [s]:** percha

**hanker after/for [v]:** anhelar, añorar | *What did you hanker after most when you were in prison? I still hanker for a motorbike.*

**happen on [v]:** encontrarse, toparse | *I happened on an interesting article about Cuba in the newspaper.*

**happen to [conj]:** por casualidad | *Did you happen to see my keys?*

**harass [v]:** acosar (sexual) | *Kim reported her coworker to the management because he harassed her.*

**harden [v]:** endurecer (tmn fig) | *More threats will only harden its position further. They don't dry out and therefore never harden.*

**hardship [s]:** dificultades, adversidades | *The people suffered a lot of hardship during the drought.*

**harm [s]:** daño | *Never intend to do any harm to others!*

**harp on [v]:** hablar incesantemente de, insistir sobre | *The politician keeps harping on his opponent's age.*

**harsh [adj]:** duro, severo; duro, riguroso | *They have harsh winters in Norway.*

**harshly [adv]:** severamente, con dureza | *He disciplined the children harshly and sent them to bed.*

**hassle [s]:** molestia, problema | *You get the benefits of rising property prices without the hassle of being a landlord.*

**hasten [v]:** apresurar | *Rachel was so eager that she went to bed at 8 to hasten the arrival of her day. Hasten the death.*

**hatch [s]:** trampilla | *Larry closed the hatch when the storm came.*

**hatred [s]:** odio | *The bitter old man is full of hatred.*

**haul [v]:** arrastrar; transportar; arrestar a | *We hauled the new mattress up the staircase to the top floor.*

**haul up [v]:** dar explicaciones | *He reached down and hauled Rebeca up.*

**have a change of heart [v]:** cambiar de parecer | *She's had a change of heart and is inviting her sister after all.*

**have a nose for [v]:** tener un olfato especial para | *Although he was a terrible student, those who know him, told me he always had a nose for the business.*

**have a row [v]:** tener una discusión | *They had a row about his staying out all night.*

**have an eye for [v]:** tener buen ojo para | *The painter has an eye for detail.*

**have it in for [v]:** tenerlas juradas, tener cruzado (a alguien) | *That teacher has had it in for me ever since I spilled my water in class.*

**have on [v]:** llevar puesto; tener un dispositivo que funciona | *I loved that dress you had on last night. I have a radio/tv/iron on*

**have over [v]:** invitar (a casa), tener a alguien de visita | *Why don't we have Mr. and Mrs. Jones over for dinner tonight?*

**have/take off [v]:** tener (tiempo) libre | *I asked my boss if I could have some time off (from work) to go to the dentist.*

**have/take priority [v]:** tener prioridad | *His job seems to take priority over everything else.*

**havoc [s]:** caos, confusión | *The tornado wreaked chaos/havoc and destruction on the town; nothing was left.*

**hawk [s]:** halcón; halcón político | *The new congressman is a hawk and is trying to raise defense spending again.*

**hazy [adj]:** difuso (memoria, visión) | *The policeman said that his memory of the event was hazy. His vision was getting hazy.*

**head off [v]:** evitar, prevenir (una situación desagradable) | *The company is putting up wages to head off a strike.*

**head up [v]:** liderar, estar al frente de | *Rick was chosen to head up the band, perhaps because he played the drums so well.*

**headquarter [v]:** tener la sede central | *The international corporation is headquartered in New York.*

**headquarters [s]:** sede central, cuartel general

**heal over [v]:** curarse, cerrarse (herida, recuperando la piel) | *I can't use my hand until the cut on it heals over.*

**heap praise on [v]:** encomiar, alabar con empeño | *Teachers heap praises upon students that always do their work.*

**hear from [v]:** tener noticias de; saber por, enterarse por | *Do you hear from David these days? I heard from your mother that you're getting married.*

**hear of [v]:** saber de, enterarse de | *If I hear of any jobs opening up I will let you know.*

**hearse [s]:** coche fúnebre

**heart-to-heart (chat) [adj]:** franco, sincera | *A heart-to-heart chat will help to heal the rift.*

**heat stroke [s]:** golpe de calor

**heat up [v]:** calentar (comida, bebida) | *I'll heat up your dinner whenever you get home.*

**heed [v]:** prestar atención a, hacer caso a | *Don't ignore our advice and heed our warnings.*

**hem [s]:** dobladillo | *The hem of Kate's dress was too low, so she went to see a tailor.*

**hen [s]:** gallina

**hence [adv]:** por lo tanto, de ahí | *These screws are more robust and hence last longer. This is the final exam, hence its importance.*

**herd [s]:** rebaño (granja); manada (animales salvajes) | *The farmer tended his herd of sheep. The herd of bison stampeded across the plains.*

**hereafter [adv]:** en adelante, a partir de ahora; el más allá | *No one knows exactly what awaits us in the hereafter.*

**hereinafter [adv]:** de aquí en adelante (formal) | *The facts in this case will be revealed hereinafter.*

**hideous [adj]:** espantoso, horrible | *The necklace was hideous, but Jenny thanked her mother-in-law and accepted it.*

**high-pitched [adj]:** agudo (sonido) | *He startled her, and she let out a high-pitched squeal.*

**hike [v]:** hacer senderismo

**hike up [v]:** subir (rápidamente) | *She always hiked up her dress when a handsome man would walk by. The store just hiked up its prices.*

**hilarious [adj]:** divertidísimo | *Jim thought that Dana was hilarious, and laughed at all of her jokes.*

**hill [s]:** colina

**hillside [s]:** ladera | *The farmer plowed the hillside to prepare for planting his crops.*

**hilly [adj]:** montañoso | *The roads are hilly, so please go slowly.*

**hinder [v]:** dificultar, entorpecer

**hinge [s]:** bisagra | *Jake greased the hinge on the door.*

**hinge on/upon [v]:** girar sobre, depender de | *The business deal hinges upon securing a loan.*

**hint [v]:** dar a entender | *Roger Daltrey hinted at the possibility of a new Who album.*

**hiss [v]:** sisear; sisear (serpiente) | *Jane was so mad that she spent the entire movie hissing at me.*

**hit on/upon [v]:** ocurrírsele algo (idea que resuelve algo); tirar los tejos a | *Then we hit on the idea. Married men shouldn't hit on women anymore.*

**hit out [v]:** criticar duramente | *The Medical Association yesterday hit out at government cuts in healthcare services.*

**hit the road [v]:** ponerse en camino | *We rose early and hit the road before 7.00 am.*

**hit the rocks [v]:** terminar, estrellarse (fig) | *Their relationship hit the rocks.*

**hive off [v]:** escindir, separar (empresa) | *The plan is to hive off individual companies as soon as they are profitable.*

**hoard [s]:** provisiones | *Are you keeping a hoard of cash for our trip?*

**hoard away [v]:** aprovisionar, almacenar provisiones de | *Let's hoard away things*

**hoist [v]:** levantar | *Jeff hoisted the box onto the truck.*

**hoist [s]:** montecargas

**hold a position [v]:** ocupar un cargo | *Candidates do not have to hold a position currently.*

**hold back [v]:** contener; contenerse, reprimirse | *The teachers came to hold their students back. She held back from interfering in their arguments.*

**hold down [v]:** retener a, sujetar a; mantener pulsado | *He was struggling so much it took three officers to hold him down. Hold down the CTRL key.*

**hold forth [v]:** no parar de hablar, no dejar de meter baza | *Prince Charles could hold forth for hours about/on the subject of architecture.*

**hold in contempt [v]:** despreciar | *They seem to hold us in contempt. (=despise)*

**hold off [v]:** demorar, postergar | *I hope the rain holds off until we get home. Hold off playing the drums until after I've gone!*

**hold on [v]:** esperar en línea, no colgar (tlfno) | *"Can I talk to Camille?" "Hold on. I'll see if she's here."*

**hold on to [v]:** agarrarse con fuerza a | *If you think you are going to slip, hold on to my arm.*

**hold out [v]:** resistirse, oponerse | *Keep asking her for a date, she can't hold out much longer. Hold out against sth*

**hold out for [v]:** esperar (a conseguir algo deseado) | *The workers are holding out for a ten percent pay rise.*

**hold out sth [v]:** tender | *He held out his hand for the dog to sniff it.*

**hold over [v]:** posponer, aplazar; retrasar a alguien | *The weather held us over in Denver for two days.*

**hold sb/sth back [v]:** contener | *Hold back the tears. The boys started fighting so teachers came to hold them back.*

**hold to [v]:** atenerse a | *He said he would come and see me, and I'll hold him to that.*

**hold up [v]:** retrasar, posponer (inf) | *Should I hold up my application until I get the estimate? =delay*

**homesick [adj]:** nostálgico | *Laura has felt homesick since she moved out.*

**hone [v]:** pulir, perfeccionar (fig) | *Jane worked as an intern to continue to hone her skills before she applied for graduate school.*

**honk [v]:** pitar, tocar la bocina | *Who is that honking behind me?*

**hoodlum [s]:** matón, gorila | *A group of dangerous-looking hoodlums roamed the alleys.*

**hook [v]:** enganchar | *The mountain climber hooked the harness to a rope.*

**hook up [v]:** conectar; reunirse con alguien | *I hired an expert to hook up my computer to the network. He hooked up with the other members.*

**hoot [v]:** tocar el claxon | *The bicyclist hooted at Sean with his horn (claxon).*

**hoover (UK), vacuum cleaner(USA) [s]:** aspiradora

**hopelessly [adv]:** irremediablemente, sin esperanzas | *The crew was hopelessly lost at sea.*

**horn [s]:** bocina, claxon, pito | *The driver honked his horn at the bicycle because the rider did not use a hand signal.*

**horror-struck [adj]:** horrorizado

**hotspots [s]:** punto wifi, zona wifi | *All of the coffee shops in this cities are hotspots.*

**hound [v]:** acosar, perseguir | *Fiona was always hounding Jenny about the money she owed her.*

**housework, chores [s]:** tareas domésticas, quehaceres | *I'll go shopping when I've finished the housework.*

**huddle (up) [v]:** acurrucarse, acerse un ovillo | *She was so frightened by the noise of the fireworks that she huddled (up) in a corner of the room.*

**huff [v]:** resoplar | *Robert huffed as he hiked up the hill.*

**huff and puff [v]:** estar con la lengua fuera (inf) | *He huffed and puffed after the long race.*

**humble [v]:** humilde | *Tyler is a humble man, and always happy to help. I once more extend my humble apologies.*

**humble [adj]:** humilde, modesto | *Tyler is a humble man. The politician had humble beginnings.*

**hunch (over) [v]:** encorvarse | *The programmer hunched in front of his computer, typing quickly.*

**hungover [adj]:** resacoso | *to be hungover*

**hunk [s]:** trozo, pedazo (comida) | *Jim cut a hunk off the turkey/bread and put it on his plate.*

**hunt down [v]:** encontrar (principalmente a un delincuente) | *The cop swore he would hunt down the murderer.*

**hurdle [v]:** valla (atletismo); obstáculo, traba | *Fred had to go over/overcome a lot of hurdles to buy his house.*

**hurl [v]:** arrojar; arrojar, lanzar (insultos) | *Dan angrily hurled the broken computer down the stairs.*

**hurry along [v]:** moverse, avanzar, darse prisa | *Hurry along now, you kids aren't supposed to be in here.*

**hurry up [v]:** apurarse, darse prisa | *If you don't hurry up, we're going to be late.*

**hush [s]:** silencio, quietud | *There was a sudden hush when the news of the war broke.*

**hush [v]:** callar, guardar silencio | *The teacher said, "Hush everyone, I'm trying to explain." The crowd hushed as the speaker came out.*

**hush up [v]:** silenciar, ocultar (evitar que la gente descubra algo) | *There was some financial scandal involving one of the ministers but it was all hushed up.*

**hushed [adj]:** silencioso; baja (voz); profundo (silencio) | *In a hushed voice, the librarian told the kids to be quiet.*

**husky [adj]:** ronco (voz) | *The mysterious woman greeted him in a husky voice.*

**identity cards [s]:** documento de identidad

**ill at ease [adj]:** cohibido, incómodo, a disgusto | *I am always ill at ease at events where I don't know anyone.*

**ill-timed [adj]:** inoportuno | *All this is totally ill-timed.*

**impact (on) [v]:** impactar en, tener influencia (formal) | *Falling export rates have impacted (on) the country's economy quite considerably.*

**impose on [v]:** imponer sobre | *Very high taxes have recently been imposed on cigarettes. The council has imposed a ban on alcohol.*

**improve on/upon [v]:** mejorar, refinar, desarrollar | *Last time she ran the race in 20 minutes, so she's hoping to improve on that.*

**in a huff (UK) [adj]:** indignado, enojado | *I refused to lend him any more money and he left in a huff.*

**in a nutshell [phrase/idiom]:** en pocas palabras | *In a nutshell, things are slightly better than they were before.*

**in passing [adv]:** de pasada | *He mentioned in passing that he was going to be away for a few days.*

**in poor taste [adj]:** de mal gusto; inofensivo | *I do think they've decorated their bedroom in poor taste. John's joke was in poor taste.*

**in the meantime; meanwhile [adv]:** mientras tanto | *It will be a few minutes before the water boils, and meanwhile you can cut the potatoes.*

**in turn [adv]:** de uno en uno, en turnos, uno a la vez | *He looked at all the horses in turn until he found one he wanted to ride.*

**in-depth [adj]:** en profundidad, detallado | *He wrote an in-depth report on the housing shortage.*

**incur [v]:** incurrir en; contraer, causar a uno mismo | *I paid off the debts I had incurred. Calling from abroad may incur additional charges.*

**indulge [v]:** satisfacer | *As it was a special occasion, I decided to indulge my desire for a glass of champagne.*

**indulge oneself [v]:** darse un gusto | *On a Friday evening I like to indulge myself with a romantic movie and a box of chocolates.*

**infatuation [s]:** encamprichamiento, deseo | *Karen's infatuation with the bartender was probably because of the alcohol.*

**infer [v]:** deducir | *We don't need a duty sociolinguist to infer a simple rule of three. Infer that...*

**inform on [v]:** denunciar, delatar | *Hotlines allow people to inform on drug dealers anonymously.*

**ink [s]:** tinta | *Larry's pen ran out of ink, so he threw it away.*

**inmate [s]:** preso, recluso | *Several inmates escaped the prison in a laundry truck.*

**insane [adj]:** descabellado (fig); loco, demente | *Kyle had the insane idea to go base jumping for his bachelor party. Karen let out an insane laugh.*

**insight [s]:** percepción | *His insight into the human mind was fascinating.*

**insofar as [conj]:** en tanto que, si acaso | *Both ideas, insofar as they can be called 'ideas', are equally preposterous.*

**intake [s]:** cupo; ingesta, consumo; inspiración, aspiración | *The college has increased its intake of students by 50 percent this year. The intake of food/air.*

**interleave with [v]:** intercalar | *We can interleave with tissue or paper to protect sensitive film surfaces.*

**invest in [v]:** invertir en | *I am going to ask my father to invest in my business, as I can't get a bank loan.*

**irate [adj]:** encolerizado, furioso | *An irate letter to the magazine editor said the previous issue was offensive to women.*

**iron out [v]:** poner en orden, limar con | *Let's sit down and iron out the problems with this report.*

**issue [v]:** emitir, expedir | *The university issues identity cards to all its students. Issue the refund.*

**itemise [v]:** detallar, pormenorizar | *The manager asked Sally to to itemize the account.*

**jack up [v]:** subir (con gato) | *We need to jack up the car before we change the tire.*

**jam up [v]:** atascar, obstruir | *The traffic jammed up when his car stalled. This type of paper always jams the photocopier up.*

**jaw [s]:** mandíbula

**jazz up [v]:** darle vidillar a, realzar | *Mary decided to jazz up the room with some pictures.*

**jeopardise [v]:** poner en peligro, arriesgar | *Karen jeopardized her career to help a friend.*

**job-share [s]:** empleo compartido | *We operate a job-share scheme.*

**join in [v]:** unirse, tomar parte | *We should ask them to join us. He joined in the criticism. They joined in with questions.*

**join up [v]:** apuntarse, enrolarse; enrolarse en las fuerzas armadas | *The gym is offering a special to get new clients to join up. I joined up as soon as I'd left school.*

**joist [s]:** viga

**joke around [v]:** chistear, hablar de joda | *Mike is always joking around at work.*

**jostle [v]:** empujar (en medio de una multitud) | *I felt people jostling against me in the dark. (see shove. Sim. to push)*

**jot down [v]:** tomar nota de, anotar (inf) | *I'll just jot down the address.*

**juicy [adj]:** jugoso (tmn fig.) | *Nancy liked to trade juicy gossip with her neighbors. Karen was assigned to a juicy contract.*

**jump in [v]:** zambullirse, meterse (inf) | *Mike walked up to the edge of the swimming pool, hesitated a moment, and then jumped in.*

**jump off [v]:** saltar de | *She was too scared to jump off the highest diving board.*

**jump on [v]:** atacar, echarse encima, criticar | *They jumped on me when I raised the question.*

**jump over, leap [v]:** saltar sobre sth | *The horse leaped the barrier and ran away.*

**jump/leap to conclusions [v]:** sacar conclusiones apresuradas | *Stop leaping to conclusions about their relationship when you hardly even know them.*

**jump/leap to conclusions (that/about) [phrase/idiom]:** sacar conclusiones apresuradas | *Stop leaping to conclusions about their relationship when you hardly even know them.*

**junk (USA), rubbish (UK) [s]:** porquería, basura | *Dan threw away all of his junk when he moved.*

**just in case [adv]:** por si acaso | *You should take an umbrella just in case it rains.*

**jut [v]:** sobresalir | *Florida juts into the Gulf of Mexico.*

**jut out [v]:** sobresalir (de una superficie) | *The pier juts (out) into the lake. Dave's right leg was broken and the bone was jutting out.*

**keep ahead [v]:** mantenerse en la delantera | *How to keep ahead of the competition?*

**keep at [v]:** perseverar, persistir, no abandonar (en actividad) | *Eva struggled at first, but kept at it, and passed her driving test at the first attempt.*

**keep away [v]:** mantener alejado, mantener alejado de | *There are many things you can do to keep mosquitoes away. I keep away from people who are ill.*

**keep back [v]:** mantener lejos; reservar, no contar algo | *A fence around the racing track keeps spectators back. I suspect she's keeping something back.*

**keep down [v]:** mantener bajo | *We need to work hard to keep our prices down. I'm going to sleep, so try to keep the noise down?*

**keep from [v]:** evitar, no permitir | *This doesn't keep me from returning to the real world.*

**keep in [v]:** mantener en el hospital; castigar a quedarse en casa | *They kept her in overnight for observation.*

**keep in with [v]:** seguir en contacto con | *I like to keep in with my ex-employer, you never know when you might need a reference.*

**keep off [v]:** mantenerse alejado (de cosas no saludables) | *The doctor told me to keep off fatty foods.*

**keep on [v]:** seguir, persistir; dejar puesto (ropa) | *Why do you keep on talking after I've asked you to be quiet? I always keep my shirt on.*

**keep oneself amused [v]:** entretenerse

**keep out of [v]:** mantenerse al margen de | *I prefer to keep out of arguments about money. Keep me out of this!*

**keep to [v]:** atenerse a, ceñirse a | *However hard we try, it is difficult to keep to a diet and lose weight.*

**keep to yourself [v]:** Guardarse un secreto para uno | *Keep this to yourself.*

**keep up [v]:** seguir el ritmo; evitar que vaya a dormir | *They are having difficulties in keeping up. He keeps yawning - I hope we're not keeping him up.*

**keep up with [v]:** mantenerse al tanto de, estar actualizado | *Are you keeping up with all the news from Copenhagen?*

**keep your ear to the ground [v]:** estar atento a lo que ocurre a su alrededor. | *You don't need to be paranoid, but keep your ear to the ground.*

**kettle [s]:** tetera

**kick off [v]:** dar el saque inicial; arrancar, empezar (inf); empezar a enfadarse (inf) | *The festivities will kick off this afternoon. The children started to kick off.*

**kick out [v]:** expulsar, echar | *I was kicked out of class for refusing to turn off my iPod.*

**kneel down [v]:** arrodillarse | *Ben kneeled down and looked under the table.*

**knickers [s]:** bragas | *There was a pair of knickers on the bed.*

**knit [v]:** tejer, hacer punto | *Kelsey liked to knit when she was stressed.*

**knob [s]:** pequeña porción (mermelada) | *Dana smeared a knob of butter on her bread.*

**knock about/around [v]:** golpear repetidamente | *The burglars knocked him about*

**knock down [v]:** demoler, derribar (edificio); abaratar; hacer caer, tumbar | *A building was knocked down. They decided to knock down the prices. Try not to knock the fence down.*

**knock it off! [v]:** Basta! Para! | *Knock it off! Go and play somewhere else--I'm trying to do some work!*

**knock out [v]:** noquear, dejar inconsciente | *The goalkeeper collided with the striker and knocked him out.*

**knock over [v]:** arrollar, atropellar | *The bus was delayed because a cyclist was knocked over by a car.*

**knock-on effects [s]:** efectos colaterales | *Inflation can be a knock-on effect of increased government spending.*

**knockabout [s]:** comedia física | *Such a good knockabout*

**knot [s]:** nudo | *Ted tried to loosen the knot in the rope, but couldn't.*

**know from [v]:** distinguir | *He doesn't know a flower from a weed.*

**knuckle [v]:** apretar con los nudillos | *Tim knuckled his shoulder to try to loosen the muscle.*

**knuckle down [v]:** ponerse en serio, ponerse las pilas, esmerarse (to sth) | *You had better start knuckling down in school, or you'll never graduate. We'd better knuckle down to work.*

**kowtow to [v]:** arrastrarse ante (fig) | *The employees are always kowtowing to their superiors.*

**land a job [v]:** conseguir un trabajo | *There was no chance for me to land a job, having no college education to speak of. (=get a job)*

**land in [v]:** causar que alguien este | *The demonstration landed some protesters in jail overnight. It could land you in trouble.*

**land up [v]:** quedarse, terminar (en un lugar/estado no deseado) | *If you continue to arrive late for work, you will land up without a job!*

**lash out [v]:** repartir golpes a diestro y siniestro; atacar verbalmente | *He's always lashing out at everyone. She was stroking the cat when it lashed out.*

**lasting [adj]:** duradero, perdurable | *The manager wanted to build a lasting relationship with his employees.*

**late [adj]:** difunto | *The late John Peters was a good man.*

**later, afterwards [adv]:** después | *a month later/afterwards. (never after)*

**laugh at sb [v]:** reírse de, burlarse de | *I wish you wouldn't laugh at me, it's not funny!*

**laughable [adj]:** ridículo, absurdo | *The man wearing a suit on the beach was laughable.*

**lawn [s]:** césped | *Richard mowed his lawn on Saturday.*

**lay back [v]:** echarse, recostarse | *I love to lay back and relax in my new easy chair.*

**lay down [v]:** establecer (ley); deponer (armas para rendirse) | *Lori lays down the law in her class. The terrorists will lay down their arms.*

**lay into [v]:** atacar (inf) | *The attacker laid into his victim with several punches to the head.*

**lay off [v]:** poner en la calle, despedir, echar | *The current economic crisis has led many companies to lay off some of their employees.*

**lay out [v]:** exponer; gastar (mucho) dinero; diseñar (plano) | *The code lays out the duties. I will lay out 5 EU on a dress. London is laid out on a grid pattern.*

**lazy [adj]:** perezoso | *He is smart, but lazy.*

**lead into/to [v]:** dar paso a | *Opening titles lead into a movie. A diet that is high in fat can lead to obesity.*

**lead on [v]:** dar falsas esperanzas | *I thought he loved me, but he was just leading me on.*

**lead up to [v]:** anteceder, llevar a, preceder | *The days leading up to the wedding were so busy with many details to finalise.*

**lead-in [v]:** introducción, presentación | *This is my lead-in*

**leaf through [v]:** hojear (páginas) | *I was leafing through an old magazine when the doctor came in.*

**leak [v]:** filtrar (info); gotear, perder (líquido) | *The reporter leaked classified information about the government. Tom's car leaks fluid.*

**leak out [v]:** filtrar (información); | *If his real identity ever leaks out, his life will be in great danger.*

**lean [adj]:** magro, desgrasado | *I prefer lean meat to fatty meat.*

**lean out [v]:** asomarse | *I leaned out the window to watch for him.*

**lean towards [v]:** inclinarse por, optar por | *In the upcoming election, he is leaning towards the Democrats. (lean towards doing)*

**leap [v]:** saltar sobre | *The horse leaped the barrier and ran away. (=jump over)*

**leap out [v]:** salir de la nada, salir de improvisto | *The assassin leapt out from his hiding place.*

**leap out at [v]:** saltar a la vista para alguien, ser evidente para alguien | *As I turned the page his picture leapt out at me.*

**leap up [v]:** levantarse de un salto | *When I saw the young mother leap up, I looked to see why.*

**lease [v]:** alquilar (propiedad) | *Tom leased his flat in the center of town when he got the job.*

**leave behind [v]:** dejar atrás, ganar por mucho a alguien | *Joseph has always left his peers behind. The sprinter left all the other runners behind a alguien.*

**leave off [v]:** dejar de, parar de (inf) | *The mother told her son to leave off ripping the pages out of the book.*

**leave out [v]:** omitir | *The bread did not rise because I left out the yeast by mistake.*

**leave/depart for [v]:** salir hacia, partir hacia | *Soon high school graduates will leave for college.*

**ledger [s]:** libro de contabilidad

**left out [v]:** excluido | *She did not get an invitation to the party, and she felt left out.*

**lenient [adj]:** indulgente, poco severo | *The police officer was lenient, and let John go with a warning.*

**lessen [v]:** menguarse, reducir(se) | *The rain lessened after a few minutes, so Tom decided to walk home.*

**lesser [adj]:** inferior, menor | *Tom decided to prioritize and leave the lesser problems for later.*

**let down [v]:** decepcionar; alargar (ropa) | *I feel that I let down my country. My trousers shrank in the wash so I let them down.*

**let in [v]:** hacer pasar, dejar entrar | *There's someone at the door asking for you - should I let him in?*

**let off [v]:** dejar libre, encontrar no culpable | *The police let him off with a warning. I'll let you off if you apologize.*

**let off steam [v]:** desahogarse, liberar stress (fig) | *I was annoyed and wanted to let off steam.*

**let out [v]:** dejar libre, dejar salir; agrandar (ropa); revelar accidentalmente (secreto) | *Don't forget to let the cat out. Could you let out the waistband of these trousers, please?*

**let up [v]:** aflojar, debilitarse (en intensidad) | *The heavy rain let up after four hours of incessant downpour.*

**letdown [s]:** desilusión, decepción | *The bad news was a letdown.*

**level off/out [v]:** estabilizarse | *Unemployment rose to ten percent and then levelled off. The jet levelled off at 10, 000 feet.*

**level out [v]:** nivelar

**level with [v]:** sincerarse con (alguien) | *He decided to level with her about the dent in the car and told her about the accident.*

**lever [s]:** palanca | *Tom flipped the lever to start the machine.*

**levy [v]:** imponer, dictaminar (impuestos) | *The government levied taxes at the beginning of each year.*

**liaise [v]:** colaborar, cooperar | *They will help to liaise with sponsors.*

**liaison [s]:** intermediario, contacto | *The diplomat acted as a liaison between the two governments.*

**libel [v]:** injuriar, difamar; injuria por escrito | *After being fired from her job, Mary libeled her former employer on the internet. (see slander)*

**lick [v]:** lamer | *The dog licked his owner's hand.*

**lid [s]:** tapa (contenedor, jarra) | *lid of the jar, lid on the saucepan, dustbin lid, lid of the container. (see top, cap)*

**lie about/around [v]:** estar tirado | *Has anyone seen my keys lying around?*

**lie around [v]:** dar vueltas sin hacer nada | *The teenager chose to lie around for most of the day.*

**lie behind [v]:** subyacer, haber detrás de | *We cannot pretend that we do not see what forces lie behind the falsification of the Ukrainian elections.*

**lie down [v]:** acostarse, tumbarse, echarse | *The man had to lie down on the table for the doctor to inspect his abdomen.*

**lie in [v]:** quedarse acostado, dormir hasta tarde | *I will lie in this morning because I was out celebrating my birthday yesterday evening.*

**lifelong [adj]:** para toda la vida | *Marriage should be regarded as a lifelong commitment. Lifelong ambition.*

**lift [s]:** ascensor | *the lift allows to move up/down inside a building*

**lift [v]:** alzar, levantar | *He lifted the tray above the kids.*

**lift up [v]:** elevar, alzar | *Everyone in the crowd lifted up their hands and clapped along to the music.*

**lift-off [s]:** despegue, lanzamiento (cohete, misil...) | *The scheduled Ariane 5 lift-off has been postponed.*

**light up [v]:** iluminarse (la cara) | *Her face lit up when she heard that her father was returning.*

**lighten up [v]:** tomárselo con calma, relajarse | *He should lighten up and not take work so seriously.*

**lightweight [adj]:** liviano, ligero | *Our lightweight jackets are perfect for travel.*

**likelihood [s]:** probabilidad | *There is every likelihood that this Parliament will shortly reject the proposed.*

**likewise [adv]:** asimismo | *Likewise the EU is sending arms and supplies as well.*

**limp [s]:** cojera | *Since Tom came back from the war he has walked with a limp.*

**limp [v]:** cojear | *Karen limped to her car after rolling her ankle while walking down the stairs.*

**line up [v]:** alinear, hacer cola, formar en una fila | *Line up them on the wall. Lined up in front of the box office. The teacher lined up her students.*

**linger [v]:** detenerse sin irse; quedarse merodeando | *The bar closed at 3 in the morning, but some of the patrons still lingered outside for a while.*

**listen out for [v]:** agudizar el oído con algo (para escucharlo mejor) | *Would you listen out for the phone while I'm in the garden?*

**listen up! [v]:** escuchad!, poned atención! | *Listen up, class, I'm going to explain our next activity.*

**listless [adj]:** apático

**little/much else to do [phrase/idiom]:** mucho/poco más que hacer | *He has little else to say.*

**litter [v]:** contaminar, tirar la basura (a la calle) | *People who litter the pavement really make me angry.*

**live down [v]:** superar la vergüenza de | *His friends ensured that he could never live down the day he accidentally wore his sister's pants.*

**live in [v]:** vivir en el lugar de trabajo | *The hotel staff live in so they don't have to travel home after work.*

**live off [v]:** vivir de | *The widow lives off her late husband's pension and Social Security checks.*

**live on [v]:** arreglárselas, vivir de; perdurar, seguir existiendo | *This money is not enough to live on. I can live on my inheritance. His memory will still live on.*

**live through [v]:** pasar por, aguantar, soportar, resistir | *Our grandparents lived through the War and know what it is like to lose everything.*

**live up to [v]:** estar a la altura de | *She made every effort to live up to her ideals.*

**live with [v]:** vivir con alguien: aprender a vivir con algo, sobrellevar (fig) | *He has to live with his disease. I once lived with someone who would never wash the dishes.*

**live-in [adj]:** que vive donde trabaja | *a live-in housekeeper/nanny*

**livelihood [s]:** sustento | *Because of the recession Larry lost his job and his livelihood.*

**loaf [v]:** vaguear | *Amy loafed around all day.*

**loaf [s]:** barra de pan | *The baker shaped the loaf of bread out of the dough.*

**loathe [v]:** detestar | *From an early age the brothers have loathed each other.*

**lock up [v]:** encerrar (en prisión) | *They locked him up in a cell that was barely large enough to move around in.*

**lockout [s]:** cierre, clausura (negocio) | *The General Strike in 1926 was caused by the lockout of coal miners.*

**locust [s]:** saltamontes, langosta | *The field was devastated by a swarm of locusts.*

**lodge [v]:** alojar; alojarse; atascarse, quedarse atascado | *He lodged her. The backpackers lodged at the hostel. A piece of paper lodged in the printer.*

**loft [s]:** ático, desván | *Peter renovated the loft in his house in the spring.*

**loiter [v]:** deambular, merodear, perder el tiempo | *Those who loiter in front of the store will be asked to leave immediately.*

**loneliness [s]:** soledad

**longing [s]:** anhelo, deseo

**look after [v]:** cuidar; velar por, trata con | *Will you look after my fish while I'm away? The industry looks after 7 USD trillion of savings.*

**look askance at [v]:** ver con malos ojos | *Fancy restaurants look askance at shorts and sneakers.*

**look back [v]:** echar la vista atrás, recordar | *When I look back on all the times we shared, I wish for those days again.*

**look down [v]:** menospreciar, mirar por encima del hombro | *She thinks they look down on her because she doesn't have a job.*

**look for [v]:** buscar | *Some people look for love on the internet. I looked for you, but I couldn't find you.*

**look forward to [v]:** ansiar, anhelar | *We look forward to our summer holiday every year.*

**look into [v]:** investigar | *The detective looked into the murder*

**look on [v]:** mirar como espectador, contemplar | *While my father taught me to swim, my mother looked on from the shore.*

**look out [v]:** tener cuidado | *Look out, an earthquake just started!*

**look over [v]:** repasar, examinar, inspeccionar, comprobar | *The inspector looked over the restaurant for code violations.*

**look up [v]:** buscar (info) | *If you don't know who Ada Lovelace was, look her up online.*

**look up to [v]:** admirar | *Ideally, children should look up to their parents.*

**lookout [v]:** vigilante, centinela; puesto de vigilancia | *The police sat at the lookout. The neighborhood watch assigned a lookout after the local burglary.*

**loom [v]:** ser inminente, amenazar | *The threat of war loomed over the country.*

**loosen [v]:** aflojar

**loosen up [v]:** estirar músculos; relajarse, soltarse | *He spent 20 minutes loosening up before going for his morning run. Then he started to loosen up.*

**loot [v]:** saquear | *The army looted the city.*

**looting [s]:** saqueo | *The teenagers acquired all their electronics by looting.*

**lopsided [adj]:** torcido, desbalanceado, asimétrico | *The load was lopsided and looked like it would tip over.*

**lose heart [v]:** descorazonarse | *Don't lose heart, there'll be plenty more chances for promotion.*

**lose out [v]:** terminar/salir perdiendo | *The new tax means that the majority of people will lose out. The team lost out on a chance to play.*

**loudly [adv]:** a todo volumen, alto | *Must you play that awful music so loudly?*

**lounge [v]:** vaguear, holgazanear (sentado) | *Jim lounged in his bed watching TV all afternoon.*

**lousy [adj]:** terrible, pésimo | *Richard had to spend months working on a lousy project at work. Lousy excuse.*

**ludicrous [adj]:** ridículo, absurdo | *It's ludicrous to think that anyone will agree with you.*

**lug [v]:** arrastrar, transportar algo pesado | *Dan lugged his heavy backpack with him wherever he went.*

**lull to sleep [v]:** arrullar, hasta que se duerma, dormir a | *The mother's song lulled the baby to sleep.*

**lunge [v]:** embestir, arremeter | *She lunged at me suddenly, grabbing for my neck.*

**lurch [v]:** dar tumbos | *The tree lurched back and forth in the strong wind. His heart lurched.*

**lure [v]:** atraer, tentar | *The policeman lured the criminal into a trap.*

**lurk [v]:** merodear vigilando, acechar | *The cat lurked in the bushes, waiting for potential prey.*

**madden [v]:** enfurecer, sacar de quicio | *It maddens me.*

**maim [v]:** mutilar | *The explosion maimed him for life.*

**mainstream [s]:** corriente principal | *Tina decided to invent her own social group because hipsters had become part of the mainstream.*

**make a fool of yourself [v]:** ponerse en ridículo, ponerse en evidencia | *What if I make a fool of myself?*

**make a fuss [v]:** armar un escándalo, montar un pollo (inf) | *One of the customers was making a fuss at the teller's counter.*

**make a getaway [v]:** hacer una escapada, irse de vacaciones | *I am excited to make my future getaway.*

**make a killing [v]:** hacer un buen negocio, enriquecerse | *They made a killing last year buying up apartment buildings.*

**make a living [v]:** ganarse la vida | *He made a living by trading in stocks and shares.*

**make a pass at [v]:** insinuarse a | *He was disciplined for sexual harassment after he made a pass at one of the secretaries.*

**make a toast to [v]:** hacer un brindis por | *I make a toast to all that is absurd and marvelous.*

**make business sense [v]:** ser bueno para un negocio | *Investment in healthcare often makes good business sense. Flexible workforce makes business sense.*

**make ends meet [v]:** llegar a fin de mes | *In the current economic crisis a lot of families are finding it hard to make ends meet.*

**make for [v]:** dirigirse hacia (inf) | *We turned the boat around and made for the nearest harbour.*

**make no bones about [v]:** andar con rodeos (inf) | *I will make no bones about it: my decision whether or not to vote for discharge will depend on what you say today.*

**make one's hair stand on end [v]:** ponerle los pelos de punta | *That guy was so creepy, he made my hair stand on end.*

**make one's mouth water [v]:** hacerse la boca agua | *The smell of that steak on the grill is making my mouth water.*

**make oneself up, put on makeup [v]:** maquillarse | *She made herself up when she went to the bathroom.*

**make out [v]:** fingir, hacer creer; ver, divisar, descifrar | *Liam tried to make out that he was sick. I can't make out the sign from this far away.*

**make out with [v]:** liarse, besarse (inf) | *I saw Carly and Kevin making out behind the library.*

**make over [v]:** redecorar (lugar), cambiar de imagen (oneself, sb); traspasar, ceder | *They made their kitchen over. He had made over the farm to his son.*

**make the most of [v]:** sacar el máximo provecho de | *We made the most of our vacation by leaving our phones and computers turned off.*

**make up [v]:** inventar(inf) | *you make up such interesting stories.*

**make up for [v]:** compensar | *She made up for being rude to me yesterday by inviting me out for coffee.*

**make up your mind [v]:** decidirse | *Make up your mind!*

**make yourself at home [v]:** ponerse cómodo, sentirse como en casa | *We're not very formal around here-- just make yourself at home!*

**mangle sth [v]:** machacar, aplastar | *Upon crashing, the car mangled the driver's body.*

**manoeuvre [v]:** hacer maniobras con, manipular | *The president maneuvered congress to pass the bill. He maneuvered the truck around the tree.*

**mark down [v]:** bajar la nota a; rebajar el precio de | *She marked my paper down because I misspelled so many words. The store marked down the merchandise.*

**mark off [v]:** demarcar, delimitar | *Mark off the area to be tiled and find the centre.*

**mark out [v]:** marcar, definir | *Animal mark out their territory with a variety of visual and scent signals.*

**marry [v]:** casarse con | *She married her husband two years ago. (But be married to sb)*

**marshal [v]:** poner en orden; conducir, dirigir, guiar(to a place); armarse de valor (fig) | *Marshal the facts to support your argument. We have to marshal enough support to pass the bill.*

**mash [v]:** hacer puré | *Karen mashed the potatoes in the pot.*

**master [v]:** dominar | *He mastered heart surgery in only 2 years.*

**match up [v]:** emparejar | *My mother keeps trying to match me up with her friend's nephew.*

**match up to [v]:** estar a la altura de, ser tan bueno como | *He was the first man she had met who matched up to her father.*

**maternity leave [s]:** baja por maternidad | *Temps often provide cover while a full-time employee is on maternity leave.*

**mattress [s]:** colchón | *Greg bought a new mattress at the store.*

**melt [v]:** derretir

**melt down [v]:** fundir

**menial [v]:** no especializado, de baja categoría (trabajo, tarea) | *Immigrants often take menial jobs that no-one else wants.*

**merit [v]:** merecer | *Rachel merited a promotion.*

**mess about/around [v]:** hacer el tonto; perder el tiempo; tener una aventura con | *Stop messing around! He likes messing around with PCs. He was messing around with another woman.*

**miff [v]:** ofender, disgustar | *We went to a plush restaurant and ordered caviar.*

**miffed [adj]:** picado, mosqueado (inf)

**mild [adj]:** suave, no picante | *The chili peppers were fairly mild, but Sarah still didn't like them.*

**milkshake [s]:** batido

**mill around, mill about [v]:** pasearse, dar una vuelta

**mingle [v]:** mezclarse, relacionarse, socializar | *I can't stay talking to you all evening, I must mingle with the guests.*

**misbehave [v]:** portarse mal | *The girls misbehaved in church and were sent out.*

**mischief [s]:** travesura, trastada | *Richard was always up to some mischief when he was a child.*

**misconduct [s]:** mala conductal, mala praxis | *The lawyer was reprimanded and disbarred for misconduct.*

**miss out [v]:** perder(se) (una oportunidad) | *Don't miss out on this chance. I missed out on my friend's party.*

**miss the point [v]:** no entender | *You're missing the point: this isn't about pay - it's about conditions.*

**misspelt [adj]:** con errores ortográficos | *Even his name was misspelled on the first issue, as Maurain instead of Maurin.*

**mist [s]:** neblina | *The house was barely visible through the mist. He appeared wrapped in mist.*

**mist over [v]:** llenarse de lágrimas | *His eyes misted over.*

**mist over/up [v]:** llenar de vapor | *Open the window to stop the mirror misting over. The steam from the kettle misted up her glasses.*

**mistress [s]:** amante | *Karen found out that her husband had a mistress.*

**mistrust [v]:** desconfiar | *She's mistrusted him from the word go.*

**mix up with [v]:** confundir | *A lot of people mix up the meaning of 'imply' with the meaning of 'infer'. (=mistake)*



**moan [v]:** gemir | *The patient moaned as the surgeon poked at his wound.*

**mob [s]:** multitud | *The protest turned into a mob when the police started throwing tear gas at them.*

**moor [v]:** atracar, amarrar (barco) | *The sailor moored the boat to the dock.*

**mop up [v]:** limpiar (líquido que ha caído) | *I'll mop up the milk you spilled.*

**morph [v]:** mutar, transformarse | *Headaches can morph into a migraine.*

**moth [s]:** polilla

**mounting [adj]:** creciente | *There is mounting evidence that lack of sleep causes serious medical problems. Mounting concern.*

**mourn [v]:** lamentar la muerte; estar de luto | *She was mourning her mother when her friend died. He is mourning for Julie, who died last week.*

**mouth [v]:** articular (palabra) | *So the kids wouldn't hear, she just mouthed the word "candy".*

**move about [v]:** moverse continuamente, estar inquieto | *The child was moving about in his chair because he was bored.*

**move away [v]:** irse, mudarse | *I moved away when I was 18 years old and went to live in the city.*

**move in(to) [v]:** mudarse, establecerse en; involucrarse, intervenir | *They moved into their new home last week. Her mother moved in and took over control.*

**move off [v]:** partir (vehículo) | *He put the car in gear and moved off down the highway.*

**move on [v]:** seguir adelante | *I've really enjoyed my time in Rome, but now it's time for me to move on.*

**move out [v]:** irse de casa, mudarse | *Although I got on well with my parents, I couldn't wait to move out.*

**move up [v]:** obtener un ascenso; | *He moved up to a new role. Gaining qualifications can help you move up the ladder/ranks.*

**move up the ranks/ladder [v]:** ser promocionado (trabajo) | *Qualifications can help you move up the career ladder.*

**mow [v]:** cortar (hierba) | *Fred mowed once a week. Mow the grass/lawn*

**muchroom (up) [v]:** esparcirse, multiplicarse | *New buildings mushroomed up in the city over the next few years.*

**muck out [v]:** limpiar (UK, cuadras) | *We muck out the stalls daily.*

**muck up [v]:** ensuciar (inf); embarrar, cagar algo (inf) | *I need to stop before I muck up the whole thing.*

**mud [s]:** lodo, barro | *Tom's shoe got stuck in the mud.*

**muddle [v]:** hacer un lío, desordenar; liar, confundir | *Someone's muddled the records so I can't make sense of them. You've muddled your evidence*

**muddy [adj]:** embarrado; lodoso | *Sarah's expensive shoes were muddy after she walked in the rainstorm. The river was muddy that day.*

**muffled [adj]:** amortiguado (sonido) | *There were muffled footsteps in the hall.*

**mull over [v]:** considerar, sopesar, ponderar, darle vueltas a | *He paused to mull over his various options before making a decision.*

**mumble [v]:** murmurar | *Tom mumbled some excuse about being sick and left work.*

**murky [adj]:** turbio, oscuro | *The crocodile waited in the murky water.*

**muse [v]:** reflexionar | *He took weeks to muse on the question before putting pen to paper.*

**mutter [v]:** mascullar, hablar entre dientes | *Tim muttered to himself as he worked.*

**nag [v]:** fastidiar, incordiar | *Shaun's wife nagged all day. My stepdad is always nagging me to tidy my room.*

**nagging [adj]:** perturbador, inquietante | *Peter had some nagging doubts about his life choices.*

**nail [v]:** dar en el clavo, pillar (inf) | *He really nailed it with that last comment.*

**nail down [v]:** precisar, determinar (fig) | *We need to nail down exactly how much money was embezzled by our accountant.*

**naive [adj]:** ingenuo, inocente | *Tom was still very naive when he started college.*

**name after [v]:** ponerle el nombre (a alguien) por (alguien) | *John was named after his grandfather. We'd like to name the baby after my mother if it's a girl.*

**napkin [s]:** servilleta | *Erin wiped her mouth with a napkin. (=serviette(UK))*

**narrow [v]:** estrechar | *You have to narrow the tube a bit so that it will fit into the opening.*

**narrow down [v]:** restringir, reducir | *It is important to narrow down the options.*

**nasty [adj]:** desagradable | *Mary was the nasty person who started the rumors. They spread nasty rumors about her.*

**nauseate [v]:** repugnar, dar asco a

**neat [adj]:** pulcro, aseado | *Seth always kept his room neat.*

**neatly [adv]:** cuidadosamente | *The books are shelved neatly in alphabetical order.*

**needless [adj]:** innecesario | *The party was a needless waste of money.*

**negligible [adj]:** insignificante | *The damage from the earthquake was negligible.*

**nephew [s]:** sobrino

**nest [v]:** encajar | *The dolls nested inside each other.*

**nether [adj]:** inferior | *His nether lip trembled.*

**newlywed [adj]:** recién casado | *The newlywed proudly showed his coworkers pictures of his new wife.*

**niece [s]:** sobrina

**niggle [s]:** preocupación innecesaria, molestia | *Don't you feel even a slight niggle about the morality of your experiments?*

**niggle [v]:** preocupar | *All my work duties are niggling at me.*

**nightcap [s]:** copa, bebida | *Would you like to come to my place for a nightcap?*

**nightmarish [adj]:** de pesadilla | *David cried when thinking about his nightmarish time in the war.*

**nitpick [v]:** ser un quisquilloso, encontrarle tres pies al gato (inf) | *My boss wastes his time nitpicking instead of addressing major problems.*

**nitpicker [s]:** quisquilloso, criticón

**nod [v]:** decir que sí con la cabeza | *He nodded his head in affirmation.*

**nod off [v]:** quedarse dormido (sin querer) (inf) | *He nodded off while driving and wrecked his car.*

**nonchalance [s]:** despreocupación, indiferencia

**none of them/it [phrase/idiom]:** ninguno | *None of the kittens are lonely. if=them->are*

**none of your business [phrase/idiom]:** no es asunto tuyo | *What I do with my time off is none of your business.*

**nose about/around [v]:** curiosear, husmear | *There were some reporters nosing about/around.*

**nosy [adj]:** entrometido, metiche | *Paul tried to keep the nosy neighbors out of his garden.*

**notch [s]:** nivel, escalón (fig) | *The coach decided to take the team's training up a notch.*

**nourish [v]:** nutrir (tmn fig) | *The ideas in his books nourish young students' minds.*

**nowhere [adv]:** en ningún lado | *Dan's car keys were nowhere to be found.*

**nuance [s]:** matiz | *The pianist was very good at highlighting the nuances of the music.*

**nudge sth/sb [v]:** dar un empujoncito a, animar; dar un codazo a | *Mike's friends had to nudge him a few times to get him apply for a new job.*

**nuke [v]:** destruir con armas nucleares; calentar en el microondas (inf) | *They nuked a Pacific island as a test.*

**nutshell [s]:** cáscara de nuez | *Nutshells littered the ground where squirrels had left them under the trees.*

**object to [v]:** oponerse a | *Ann objected to Ben's participation in the project.*

**occur to [v]:** ocurrírsele a, pasársele por la cabeza a | *Did it occur to you that she might object to this?*

**of my own accord [phrase/idiom]:** por mi propia voluntad | *No one takes it from me, but I lay it down of my own accord.*

**off-putting [adj]:** repelente, poco atractivo | *What I found off-putting was the amount of work that you were expected to do.*

**offset [adj]:** inclinado | *The lever is offset a little to the left.*

**offset [v]:** compensar | *The gains offset the losses. Costs have been partially offset against savings.*

**offshore [adj]:** de litoral; de paraíso fiscal | *Carl works on an offshore oil rig.*

**olden [adj]:** antiguo | *In olden times, people used to come with legends to explain these phenomena.*

**omen [s]:** presagio, augurio | *She thinks it's a good omen.*

**ominously [adv]:** ominosamente, de mal agüero | *The clouds ominously turned black, indicating a severe storm was approaching.*

**on edge [adj]:** tenso, inquieto | *She was on edge, waiting for her exam results.*

**on second thought [phrase/idiom]:** pensándolo bien | *I need to speak to the kids about this; on second thoughts, perhaps I'll wait until my husband gets home.*

**on the contrary [adv]:** al contrario | *You think people can't change? On the contrary, they can!*

**on the go [adv]:** sin parar, ocupado | *They're always on the go. I'm so busy all day; I'm on the go from sun up to sun down.*

**on the whole [phrase/idiom]:** teniendo todo en cuenta, en general | *On the whole, it accords roughly with the United Nations system.*

**on their own account [phrase/idiom]:** por su propia cuenta | *Users using this website do so on their own account and risk.*

**ongoing [adj]:** en desarrollo, en curso | *Updating the dictionary is an ongoing job.*

**only partly [phrase/idiom]:** solo en parte | *Unfortunately, the air in our cities only partly testifies to this.*

**onset [s]:** comienzo, inicio, arranque | *The onset of Jack's illness was sudden. The weather gets colder at the onset of winter.*

**onshore [adj]:** costero, de costa | *Onshore rigs are different from offshore rigs.*

**open up [v]:** crear, dar paso a (oportunidad) (fig); abrir (lugar, país) (fig) | *He opened up a opportunity. We're going to open up the kitchen by knocking down that wall.*

**opening gambit [s]:** comentario inicial, entrada | *The politician's opening gambit was a joke about taxes, but nobody laughed.*

**or else [conj]:** o sino, | *Choose ham and eggs, or else ham and cheese.*

**orchard [s]:** huerto de árboles frutales | *Beyond the vegetable garden is an orchard with a variety of fruit trees.*

**orphanage [s]:** orfanato | *Parents wishing to adopt may visit the orphanage any weekend.*

**otherwise [conj]:** si no | *We should go to the cinema, otherwise we will be at home all night.*

**otherwise [adv]:** de lo contrario; otra cosa | *Anchovies are delicious and nobody can convince me otherwise.*

**oust [v]:** expulsar, destituir | *The rebels were on a crusade to oust the king. She was ousted from office for accepting bribes.*

**out of curiosity [phrase/idiom]:** por curiosidad

**outbound [adj]:** de ida | *We're going on holiday on Saturday; our outbound flight leaves at 8.23 on Saturday morning.*

**outbreak [s]:** brote, estallido (principalmente de algo malo: enfermedad, violencia...) | *Half the class is missing due to the current flu outbreak.*

**outburst [s]:** estallido, explosión (emocional, sonido) | *Tom's outburst was completely unexpected; one minute he was calm, the next he was shouting.*

**outcome [s]:** resultado | *Does anyone know the outcome of the negotiations?*

**outcry [s]:** clamor, protesta | *The killing of civilians in the war caused an outcry.*

**outdate [adj]:** anticuado, obsoleto, pasado de moda | *That banknote is outdated; you can't use it anymore.*

**outdrink [v]:** beber más que (alguien)

**outfit [s]:** atuendo, traje, equipación | *Rachel is buying herself a new outfit for her holiday.*

**outflank [v]:** ser más hábil que, aventajar a | *The Allies and the Germans attempted to outflank one another in the so-called Race to the Sea.*

**outgoing [adj]:** extrovertido | *Glenn is outgoing.*

**outgrow [v]:** quedar pequeño (tamaño), dejar atrás (tiempo) | *My seven-year-old got new shoes in April, and he's already outgrown them.*

**outlaw [v]:** ilegalizar | *The town council wants to outlaw public drinking.*

**outline [v]:** resumir | *Let me outline my ideas for you.*

**outlook [s]:** perspectiva, pronóstico | *The country's economic outlook is improving. Philip has a very positive outlook on life.*

**outpouring [s]:** flujo (fig) | *After her father died, Jessica received an outpouring of sympathy from her friends.*

**output [s]:** producción; salida; potencia de salida | *Our current output is very high. This device has an output of 2kW. Let's take a look at the output.*

**outrage [s]:** indignación

**outrageous [adj]:** indignante, intolerante, escandaloso | *John was rude all evening; his behaviour was outrageous.*

**outright [adj]:** rotunda | *Someone may declare outright opposition/hostility to this plan.*

**outspoken [adj]:** franco, honesto | *Jeremy is very outspoken; he always says what he thinks.*

**outstretched [adj]:** alargado, extendido (estar) | *His arms were outstretched. She put some pesos into the little girl's outstretched hand.*

**outweigh [v]:** sopesar; pesar más que | *The benefits of this treatment far outweigh any risks. The advantages outweigh the disadvantages.*

**outwit [v]:** aventajar, ser más inteligente que | *The chess player outwitted his opponent.*

**over [prep]:** por encima de | *over 3 millions pounds/people (cosas o números)*

**overall [adj]:** total | *The overall cost was more than we'd estimated.*

**overall [adv]:** en general | *Overall, he did a fairly good job.*

**overcast [adj]:** cubierto, nublado (tiempo) | *It's overcast today; I hope it doesn't rain.*

**overcome [v]:** derrotar, superar, vencer | *We can overcome the forces against us!*

**overcrowd [v]:** atestar

**overdo [v]:** exagerar; pasarse con | *He completely overdid the role of the cowboy. She overdid the hair dye.*

**overhaul [v]:** revisar, ajustar (motor) | *This company overhauls old engines.*

**overhear [v]:** escuchar (en secreto) | *Robert overheard Tina say she is getting a divorce.*

**overjoyed [adj]:** encantado, deleitado | *Rachael was overjoyed at the birth of her son.*

**overkill [s]:** exceso | *Should I add an explanation, or would that be overkill?*

**overnight [adv]:** de la noche a la mañana | *Everything seemed to change overnight.*

**overnight [adj]:** de la noche a la mañana, inmediato | *He enjoyed overnight success last year.*

**overpower [v]:** abrumar; dominar | *We were overpowered by the tragic scene. The mugger overpowered her and knocked her to the ground.*

**overpowering [adj]:** sofocante (calor), penetrante (olor), ensordecedor (ruido) | *The smell of curry is overpowering.*

**overpriced [adj]:** sobrevalorado, con sobreprecio, carísimo | *Luxury cars are overpriced; there are many cheaper cars of comparable quality.*

**overrule [v]:** prevalecer ante; desautorizar, rechazar | *I believe that God overrules the universe. The judge overruled the objection.*

**overshadow [v]:** eclipsar (fig) | *Worries about the economy overshadowed the conference. Her younger sister overshadowed her.*

**oversleep [v]:** quedarse dormido | *Hillary overslept and was late to work.*

**overstate [v]:** exagerar | *This deal is crucial to the firm; I cannot overstate its importance.*

**overtake [v]:** adelantar, sobrepasar, rebasar | *The red car is overtaking the blue car.*

**overthrow [v]:** derrocar, derribar (poder) | *The king was overthrown in a military coup.*

**overturn [v]:** volcar | *In a fit of rage, Barbara overturned the table. The car skidded and overturned.*

**overwhelmed [adj]:** agobiado, angustiado

**overwork [s]:** demasiado trabajo, trabajo excesivo | *Apparently, the man died of overwork*

**owing to [prep]:** debido a | *John and Julie were late, owing to the traffic.*

**own sth [v]:** poseer, ser dueño de | *Do you own a computer?*

**pack away [v]:** empacar | *Simply pack away your notebook and your printer and you are ready to go.*

**pack in [v]:** terminar una actividad (inf) | *I think I'm going to pack it in for the night, it's been a long day.*

**padlock [v]:** cerrar con candado | *Remember to padlock the gate before you leave.*

**padlock [s]:** candado | *Simon uses a padlock to secure his locker at work.*

**painstaking [adj]:** meticoloso | *He's very painstaking and slow in his editing.*

**pair off [v]:** emparejar; formar pareja | *He paired the boys off with the girls. Okay everyone, pair off with a partner.*

**pale [v]:** palidecer | *Alan paled when he heard the bad news.*

**pan out [v]:** salir bien, dar resultado | *I had hoped to move to Paris if everything went well but my investments didn't pan out.*

**pander [v]:** consentir | *She accused the other candidate of pandering to radical environmental groups.*

**pang [s]:** punzada (de emoción); dolor agudo | *She felt a pang of remorse when she realised what she had done.*

**paper over [v]:** ocultar, echar cortinas de humo sobre | *She's trying to paper over her involvement in the crime.*

**parade [s]:** desfile

**parade [v]:** desfilar | *Groups of teenagers paraded through the streets.*

**paramount [adj]:** primordial | *The children's safety is our paramount concern.*

**part with [v]:** deshacerse de (regalándolo) | *I just couldn't part with my childhood teddy bear.*

**partly [adv]:** parcialmente | *This shirt is partly made of cotton and partly of synthetic fibre.*

**pass around [v]:** hacer circular, distribuir | *They passed around sandwiches and drinks at the party.*

**pass away [v]:** fallecer | *His grandfather passed away after a five-year struggle with cancer.*

**pass by [v]:** pasar por delante de; pasar desapercibido | *I passed by a mirror and looked at your reflection.(=go past) My joke passed him by.*

**pass judgement [v]:** criticar, juzgar | *We shouldn't pass judgement on him; he's doing the best that he can.*

**pass off [v]:** transcurrir (UK) | *The pop festival passed off peacefully, despite the fears of local residents.*

**pass on [v]:** pasar (dar a la siguiente persona) | *Take a cookie and pass them on.*

**pass out [v]:** perder el conocimiento | *I took one look at the bloody cut on my arm and passed out.*

**pass out [v]:** repartir, distribuir | *During recess I passed out cookies to my teachers (=hand out)*

**pass over [v]:** no considerar, no tener en cuenta (en un trabajo a favor de alguien sin experiencia) | *She was passed over for promotion.*

**pass through [v]:** pasar a través de | *It took us 20 minutes to pass through the Mont Blanc Tunnel.*

**pass up [v]:** desaprovechar, dejar pasar perderse (oportunidad) | *Val simply couldn't pass up the opportunity to spend the summer in the South of France.*

**pastime [s]:** pasatiempo | *When he retired he found he didn't have any pastimes.*

**pastry [s]:** hojaldre, masa | *Take the pastry out of the oven when it begins to brown.*

**pat [v]:** dar una palmadita | *Becky started crying and Clive patted her on the shoulder in what he hoped was a comforting manner.*

**patch things up [v]:** arreglar las cosas, reconciliarse, resolver el conflicto | *My friend and I had a fight, but we've patched things up now.*

**patch up [v]:** arreglar | *There are no more mice in the house since I patched up the hole in the wall.*

**paw [v]:** patear; maltratar | *My old boss was always pawing me.*

**pay back [v]:** devolver, reembolsar | *I will pay you back the 5 USD tomorrow.*

**pay in [v]:** ingresar, depositar dinero en un banco | *I went to the bank and paid in a cheque.*

**pay off [v]:** pagar (completamente algo: deuda); merecer la pena, compensar | *I've paid off my mortgage. Hard work and careful planning always pay off.*

**pay through the nose for [v]:** pagar un ojo de la cara | *He paid through the nose for that car, and it's nothing but a piece of junk.*

**payroll [s]:** nómina

**peal (out) [v]:** repiquetear (campanas sonando alto) | *After their wedding, the bells pealed out from the tower.*

**peal of laughter [s]:** carcajada | *Peals of laughter coming from the movie theater were never-ending.*

**peasant [s]:** campesino | *There used to be many peasants in the English countryside.*

**peck [v]:** besar ligeramente, dar un besito a | *He just pecked me on the cheek and ran out the door.*

**peel [v]:** pelar, mondar (capa, patata) | *Grace peeled the bark from the tree.*

**peel away [v]:** desprenderse | *The paint is peeling away from the wall.*

**peel off [v]:** pelar, descascarar | *I peeled off the skin of the apple, then cored it and cut it into wedges.*

**peep out [v]:** asomarse para ver | *My underpants peep out through the hole in my trousers.*

**peer out [v]:** mirar desde dentro | *he was peering out through the chink*

**pelt down [v]:** diluviar, llover a mares

**pencil in [v]:** programar | *Let's pencil a meeting in for next Thursday at 11.*

**pent-up [adj]:** recluso, confinado (físicamente o emocionalmente) | *Pent-up emotions can be harmful to mental health. The children are pent up in the house.*

**pep [s]:** vitalidad, energía | *The cheerleaders performed with pep at the high-school football game.*

**pep up [v]:** avivar (fig); hacer sentir más energético | *Add cheese and horseradish to pep up the flavor. The smell of a rose will pep you up.*

**perch [v]:** posarse (pájaro) | *The bird perches on the fence.*

**peril [s]:** peligro, riesgo | *The trekking route was difficult and full of peril. At your peril/risk*

**perk up [v]:** espabilarse, avivarse, reactivarse; levantar el ánimo a | *He perked up after drinking coffee.*

**personally speaking [phrase/idiom]:** a título personal | *That is why, personally speaking, I approve this amendment.*

**perspire [v]:** transpirar, sudar | *After running up nine flights of stairs, the firefighters were perspiring.*

**peruse [v]:** leer detenidamente | *I didn't have time to peruse your article this morning. (=read over)*

**pester [v]:** molestar | *Don't pester your brother while he's studying.*

**peter out [v]:** irse apagando (inf) | *The fighting which started in the night had petered out by morning.*

**petticoat [s]:** combinación (clothes) | *The woman chose a new, ruffled petticoat to wear under her gown.*

**phish for [v]:** buscar (de forma fraudulenta) | *(=fish for financial information)*

**phishing [s]:** fraude electrónico

**pick at [v]:** picotear (comer un trozo de comida sin entusiasmo) | *Charles picked at his food in a bored fashion.*

**pick on [v]:** atormentar a, meterse con | *Please don't pick on me because I'm small!*

**pick out [v]:** seleccionar, escoger | *They've gone to pick out her engagement ring.*

**pick up [v]:** recoger a;aprender(autodidacta);recoger,levantar(manos); coger(tlfno);comprar(carro);mejorar | *He picked up French. I picked up the book which had fallen.*

**pick up on [v]:** pillar, captar, enterarse | *I made an error in my calculations, but nobody picked up on it.*

**pick yourself up [v]:** levantarte despues de haber fallado (fig) | *You need to pick yourself up and keep practicing to be better.*

**piece together [v]:** darle sentido, descifrar (fig) | *It was hard to piece together what he meant.*

**pierce [v]:** perforar | *The drill pierced the wall. She pierced her tongue to put in a tongue ring.*

**pile into [v]:** (en un vehículo)apretujarse, apretarse, apiñarse (entrando en un vehículo) | *The seven of us piled into her little car and off we went.*

**pile out [v]:** salir (desorganizadamente de un vehículo) | *the students pile out of the vehicles*

**pile up [v]:** apilar | *Sam let the dishes piled up in the sink.*

**pillow [s]:** almohada

**pin down [v]:** acorralar, arrinconar (tmn fig) | *The reporters asked again whether he favored the bill, but they couldn't pin him down.*

**pin up [v]:** fijar con chinchetas; sujetas con afileres o imperdibles | *The teacher pinned up the pictures on the bulletin board for everyone to see.*

**pinch [v]:** pellizcar; apretar (zapatos) | *Nancy pinched the baby's cheek.*

**pipe down [v]:** hablar más bajo | *We'd better pipe down or we'll wake the baby.*

**piss [v]:** mear | *Robert pissed against the wall.*

**piss off [v]:** tocar los huevos, cabrear | *That guy really pisses me off!*

**piss off, pee off, tee off, tick off (USA) [v]:** tocar los huevos, cabrear | *That guy really pisses me off!*

**piss, have a pee, have a piss [v]:** mear, hacer pis

**pissed off [adj]:** cabreado | *She's pissed off right now; wait until she calms down before asking your question.*

**pitch black, pitch dark [phrase/idiom]:** oscuridad total | *He walks this road every night, in the pitch dark!*

**pitch in [v]:** colaborar, contribuir, echar una mano | *Everyone pitched in to help prepare the meal.*

**pitcher [s]:** jarro

**pitiful [adj]:** deplorable | *That's the most pitiful excuse I've ever heard.*

**pity [v]:** compadecer | *I pity those who are young when their parents die.*

**placard [s]:** pancarta | *The demonstrators made a fire of their placards at the end of the day.*

**place [v]:** poner (formal) | *We placed an advert in the paper*

**plan on [v]:** pretender, pensar en hacer algo | *I planned on going with my sister, but she is sick so I won't be able to go.*

**plaster [v]:** cubrir | *Irene plastered all the notice boards in town with posters advertising her café.*

**play along [v]:** seguirle la corriente a (fig) | *I know you don't like Jack's idea, but just play along with him for a while.*

**play around [v]:** hacer el tonto | *I was just playing around to see if I could get the webcam to work. Quit playing around!*

**play down [v]:** restar importancia a | *In my job interview I played down my previous failures and emphasized my successes.*

**play off against [v]:** enfrentar a alguien contra alguien | *The capricious girl played off one suitor against the other.*

**play on/upon [v]:** aprovecharse de, sacar provecho de | *Many confidence tricksters play on the sympathy of their victims.*

**play up [v]:** resaltar (USA,inf) | *She always used heavy eyeliner to play up her blue eyes.*

**play with [v]:** considerar (una idea o plan, aunque generalmente no se hace) | *Patricia and I were playing (around) with the idea/possibility of moving to Glasgow.*

**playful [adj]:** juguetón

**plea [s]:** súplica | *Gareth's plea for mercy fell on deaf ears. (see entreaty)*

**plead [v]:** declararse (legal) | *How do you plead? Plead guilty*

**plead [v]:** suplicar | *John's mother pleaded with him to lead a more respectable life.*

**pleasantry [s]:** cumplido | *They are exchanging pleasantries.*

**pledge [v]:** prometer, dar palabra | *Christina pledged to support her friend through this difficult time.*

**plough back [v]:** invertir (las ganancias en mejorar la empresa) | *All the profits are being ploughed back into the company.*

**plough, plow(USA) [v]:** arar

**plug [s]:** enchufe

**plug away [v]:** redoblar esfuerzos | *Katie has been plugging away at her homework for hours.*

**plug in [v]:** enchufar | *He plugged in the television and switched it on.*

**plumber [s]:** fontanero | *The plumber came to fix the broken pump.*

**plummet [v]:** caer en picado | *Temperatures plummeted rapidly throughout the day.*

**plump up [v]:** mullir (ahuecar para poner blando) | *Before I get into bed, I always plump up the pillows.*

**plunge [s]:** zambullida (buceo); caída (rápida) | *The car's plunge from the cliff lasted only a few seconds.*

**plush [adj]:** lujoso | *We went to a plush restaurant and ordered caviar.*

**pod/group/school [s]:** grupo (delfines, ballenas) | *On the harbor cruise we saw a pod of dolphins playing around our boat.*

**pogrom [s]:** genocidio, matanza

**poignant [adj]:** conmovedor | *The film's poignant ending had us all in tears.*

**point out [v]:** señalar; puntualizar | *The tour guide pointed out the historical monuments. He pointed out the mistake in her translation.*

**point to [v]:** indicar a; señalar (fig) | *All the evidence points to his being guilty of murder. She pointed to the sweets.*

**point up [v]:** hacer hincapié, remarcar | *He glossed over important questions while pointing up trivial ones.*

**poisonous [adj]:** venenoso; tóxico, nocivo | *This concentration of the chemical in water may be poisonous.*

**poke [s]:** toque, empujón | *Wendy gave Bill a poke to check he was still awake.*

**poke [v]:** clavar, meter (punta); tocar (con la punta del dedo) | *She poked him with her umbrella to wake him.*

**poke out [v]:** sobresalir, asomar | *Her bag was open and her umbrella was poking out.*

**polish [v]:** abrillantar, pulir | *Lisa is polishing the table.*

**polish up [v]:** pulir, sacar brillo (tmn fig) | *He handed his essay to the teacher for him to polish it up.*

**poll [v]:** encuestar | *The candidate polled the voters.*

**ponder [v]:** reflexionar, ponderar | *I needed to ponder about the meaning of keeping a diary.*

**poodle (around) [v]:** vagar (de forma relajada, sin ningún plan) | *We spent the day poodling around town. (see wander around)*

**pop up [v]:** aparecer de repente | *Lots of second-hand shops have suddenly started to pop up in my town.*

**pore over [v]:** leer con detalle, leer cuidadosamente | *Deborah was poring over an Italian cookery book.*

**portray [v]:** retratar (a) | *The painting portrays a boy eating his lunch.*

**pose [v]:** plantear, presentar | *Emily posed the question of why everyone had to obey Paul. Nuclear weapons pose a threat.*

**potter about [v]:** estar entretenido con (pequeñas tareas) | *Sunday is usually spent pottering around the house.*

**poultry [s]:** aves de corral; carne de ave | *The price of poultry has increased in recent years.*

**pour down [v]:** diluciar, llover a mares | *I hope you've got an umbrella, it's pouring down today!*

**pour in [v]:** seguir llegando, llegar a raudales (fig) | *Letters of congratulations kept pouring in after our wedding.*

**power cut [s]:** corte de luz

**praise [v]:** ensalzar, elogiar | *He praised the website as one of the best.*

**prankster [s]:** bromista

**preach [v]:** predicar, sermonear | *An angry man was preaching on the street corner.*

**preposterous [adj]:** absurdo, ilógico | *It is a preposterous proposal and utterly unnecessary.*

**preside over [v]:** estar a cargo, presidir (formal) | *The chairman presides over the shareholder's General Meeting.*

**press on [v]:** continuar esforzándose, perseverar, avanzar | *Despite the worsening weather conditions, the explorers decided to press on with their journey.*

**pretend [v]:** fingir, hacer parecer que | *He pretended to eat her ice cream.*

**prey on [v]:** alimentarse de | *The spider preys on small flies and other insects.*

**prick up [v]:** reaccionar al sonido | *My ears pricked up when I heard someone mention my name.*

**pride [s]:** manada (leones) | *The documentary showed a pride of lions relaxing together. (=a herd of)*

**pride oneself on/upon [v]:** enorgullecerse de | *She prides herself on her spotlessly clean house. I pride myself on staying fit and slim.*

**prime [v]:** preparar (dejar lista para algo) | *The hunter primed his rifle when he saw the deer.*

**print off [v]:** imprimir | *Let me just print this letter off and I will give it to you to sign.*

**print out [v]:** imprimir | *Can you print out that email for me?*

**prod [v]:** dar un golpe con el codo; empujar, incitar (fig) | *Prod him with your elbow and he'll wake up. Mary resents having to prod her to finish his homework.*

**profit from [v]:** sacar provecho de | *Many companies will profit from the fall in interest rates. I profited from working with her.*

**profusely [adv]:** profundamente, abundantemente | *We thanked the donors profusely for their generous contribution.*

**prompt [v]:** dar entrada a, motivar | *This is the point that prompted me to keep a diary.*

**pronounced dead [adj]:** declarado muerto | *The infant was later pronounced dead as a result of internal bleeding and bruises.*

**prop up [v]:** apoyar (tmn fig) | *She propped up her book. The military force is there to prop it up?*

**proper [adj]:** real, aceptable, principal | *Her short dress was not proper clothing for church.*

**protrude, stick out [v]:** sobresalir, asomar | *Robert's enormous belly protruded over his belt.*

**proven [adj]:** probado, demostrado | *This is a proven method to make your tomatoes ripen; you will see them turning red within days.*

**provide for [v]:** mantener (apoyar financieramente) | *He had a family to provide for, and couldn't waste money. I provide for my family.*

**prying [adj]:** entrometido, fisgón | *Don't discuss your personal matters when prying eyes are watching.*

**publicly [adv]:** públicamente, en público | *Carrying on their argument publicly was in poor taste.*

**puke [v]:** echar la pota, devolver (inf) | *The dog just puked on the carpet.*

**pull away [v]:** alejarse | *She pulled away just as he was about to kiss her.*

**pull down [v]:** demoler | *Many of those old buildings will soon be pulled down.*

**pull in [v]:** estacionar, aparcar | *When her dad's car pulled in driveway, she ran out to greet him.*

**pull off [v]:** quitar; sacarse (ropa) | *Dean pulled the lid off of the container. He pulled off his shirt.*

**pull on [v]:** ponerse (ropa) | *She pulled on a sweater and jeans and went to investigate the noise.*

**pull one's leg [v]:** tomar el pelo (inf) | *Stop pulling my leg - I know perfectly well what you're up to!*

**pull out [v]:** salir, irse (vehículo); sacar, extraer | *A car pulled right out in front of me.*

**pull out all the stops [v]:** hacer todo lo posible | *They pulled out all the stops for their daughter's wedding.*

**pull over [v]:** desviarse hacia la cuneta, hacerse a un lado (vehículo) | *When he saw the flashing lights in the rear-view mirror, he pulled over.*

**pull through [v]:** recuperarse | *They said the operation had been successful and they expected his wife to pull through.*

**pull together [v]:** aunar esfuerzos; reunir, juntar | *Everyone pulled together to make the concert a success.*

**pull up [v]:** detenerse (vehículo); | *The taxi pulled up to the curb.*

**pull your socks up [v]:** esforzarse y mejorar | *He's going to have to pull his socks up if he wants to stay in the team.*

**pullout [s]:** suplemento (periódico)

**pump [s]:** bomba (inflador); surtidor (gasolina) | *Marilyn's bike tyre has gone flat, so she's looking for a pump to blow it back up again.*

**pump [v]:** bombear; echar gasolina | *Ursula is pumping the water out of her cellar. Petra pumped petrol into her car's tank.*

**puncture [v]:** perforar, pinchar | *In infants or young children, a sharp is used to puncture the skin and make it bleed.*

**purr [v]:** ronronear (gato) | *Their cat can eat and purr at the same time.*

**pursue [v]:** perseguir; andar detrás de | *Sarah pursued Ian for weeks before he agreed to go out with her.*

**push about/around/round [v]:** mandonear | *If you think you can push me around like that, you're mistaken.*

**push around [v]:** mandonear | *He likes pushing people around.*

**push aside [v]:** hacer a un lado | *She decided to push aside all negative thoughts. Fans pushed each other aside to go ahead.*

**push back [v]:** hacer retroceder | *The Austrians counter charged and pushed the Prussian cavalry back.*

**push forward [v]:** seguir avanzando | *Hannibal's army pushed forward over the Alps.*

**push off [v]:** irse, largarse (inf) | *We'd better push off; it's almost dark.*

**push on [v]:** seguir adelante (viaje); continuar (haciendo algo difícil) | *Let's push on. They are pushing on with their campaign.*

**push over [v]:** empujar, tumbar | *Daddy, Matthew pushed me over.*

**push through [v]:** obligar a aceptar | *We are trying to push this deal through asap. The president is trying to push through the reforms.*

**push up [v]:** aumentar, elevar | *A ban might lead to a fuelling of illegal trade and push up the price.*

**put a flight [v]:** dar batalla

**put a stop [v]:** ponerle fin | *The students are cheating; we'll put a stop to that right away.*

**put across [v]:** expresar (claramente) | *He put his ideas across neatly and succinctly.*

**put aside [v]:** poner a un lado, apartar; dejar a un lado; apartar, ahorrar (dinero/tiempo) | *Put aside what you are doing. Let's put aside our differences. I put aside a little every month.*

**put away [v]:** ordenar, guardar en su sitio | *My dad told me to put away my clothes.*

**put back [v]:** guardar, colocar en su sitio; postergar, posponer | *Put the books back. We had to put the meeting back a week.*

**put behind [v]:** olvidar, superar, dejar atrás | *Like any divorce, it was a painful business but I've put it all behind me now.*

**put by [v]:** apartar (dinero para usar después) | *I try to put by a few pounds every week.*

**put down [v]:** anotar; sacrificar (animal); reprimir, frenar (evento) | *I will put down that information in my notebook. Police used tear gas to put the riot down.*

**put down roots [v]:** establecerse, echar raíces | *After years of wandering, we've finally put down roots in this area.*

**put down to [v]:** atribuir a (causa a efecto) | *I put the children's bad behaviour down to the fact that they were tired.*

**put forward/forth [v]:** ofrecer, postular (propuesta, sugerencia) | *None of the ideas that I put forward have been accepted. He put forth a clear argument.*

**put in a good word for [v]:** interceder por, defender a | *Dad's angry at my big sister; Grandpa's going to put in a good word for her.*

**put in an appearance [v]:** pasar(se) a saludar | *The boss usually puts in an appearance at the annual employee picnic.*

**put in place [v]:** implementar, llevar a la práctica | *Several new security measures were put in place after the recent stabbing on campus.*

**put off [v]:** ser un agüafiestas, desalentar (inf) | *I don't want to put you off, but that make of car you're thinking of buying is very hard to maintain.*

**put off, delay [v]:** posponer | *Can we put our meeting off until tomorrow? He put his appointment off until the afternoon.*

**put on (wear) [v]:** ponerse | *She put on a pretty dress to wear to the party.*

**put on weight [v]:** ganar peso

**put out [v]:** apagar (fuego); sacar; emitir (info, amenaza...) | *Someone put out the fire! Police have put out a warning to people living in the area.*

**put the past behind [phrase/idiom]:** dejar el pasado atrás | *It is time to put the past behind you and start focusing on the future*

**put through [v]:** hacer pasar por, obligar a que pase por, pagar los estudios de | *He had been put through a lot of hardships. They will put me through college.*

**put to [v]:** preguntar, hacer (pregunta) | *I have a question I want to put to you.*

**put together [v]:** encajar, unir; elaborar, preparar | *We have enough material to put together an exhibition.*

**put up [v]:** desplegar; hospedar a, dar alojamiento a | *He put up a picture/tent. We would be happy to put you up when you next come to London.*

**put up to [v]:** sugerir, incitar | *Who put you up to it?*

**put up with [v]:** tolerar, aguantar | *I will not put up with your whining any more. Go to bed this minute!*

**quake [v]:** temblar, estremecerse (debido a shock) | *I was so scared that my legs began to quake. (see quiver)*

**quarrel [v]:** pelear, discutir | *We are not a family with brothers and sisters who quarrel with one another.*

**quash [v]:** suprimir, sofocar, anular | *The dictator was able to quash the rebellion.*

**queer [adj]:** marica (inf) | *Did you know that Henry's queer?*

**quell [v]:** sofocar, apaciguar | *What can I say to quell your anxiety about this evening? His early appearance quelled our worries.*

**queue up [v]:** hacer cola, ponerse a la cola | *You'll have to queue up and wait your turn like everybody else.*

**quibble [v]:** poner pequeñas objeciones | *Let's not quibble about small details and stick to the bigger picture.*

**quiet down [v]:** bajar la voz; bajar el ritmo | *Please quiet down! The shops always quiet down after the New Year.*

**quiff [s]:** tupé

**quirk [s]:** peculiaridad, extravagancia | *Daydreaming is one of my quirks.*

**quiver [v]:** temblar (nerviosismo) | *Her lip quivered like that of a child about to cry (see quake, quiver, shiver, shudder, tremble)*

**race [v]:** correr, echar carreras | *Leah raced around the room.*

**rack [s]:** estante, exhibidor | *Maria arranged the bottles neatly on the rack.*

**racket [s]:** barullo (inf); raqueta | *You could tell the teacher wasn't in the room because of the racket the kids were making.*

**racy [adj]:** picante, subido de tono | *That movie is too racy for children.*

**rag [s]:** trapo | *You can polish the car with that rag.*

**rage [s]:** rabia

**raid [s]:** asalto, incursión, ataque rápido; redada | *The rebels' raid on the town took the authorities by surprise. The police carried out a raid.*

**rake in [v]:** amansar, hacer dinero | *He rakes in over \$200 a year. She's really raking it in (= making a lot of money).*

**rally [v]:** movilizar | *We rallied the people to get behind us to stand up against the toxic culture.*

**ramble [v]:** pasear; divagar, irse por las ramas (fig) | *Try not to ramble and fill your answer with a lot of extra material.*

**ramble on [v]:** divagar, hablar mucho sobre | *They start rambling on about the movie.*

**range [v]:** oscilar | *The possible values range from five to fifty.*

**rank among [v]:** estar entre, ser clasificado | *In my opinion, he ranks among the theatre's greatest actors.*

**ransom [s]:** rescate (dinero de secuestro) | *Kidnappers demanded a ransom of \$5 million for the family.*

**rapture [s]:** arrebató, éxtasis | *The Sistine Chapel filled me with rapture and awe.*

**razor [s]:** maquinilla de afeitar; hoja de afeitar | *Tim picked up the razor and began to shave.*

**reach down [v]:** estirar el brazo | *Greg reached down to give the little girl a flower.*

**reach out [v]:** contactar, localizar, intentar comunicarse con | *I tried to reach out to the family in their time of need.*

**read on [v]:** continuar leyendo

**read out [v]:** leer en voz alta | *She read the letter out to me over the phone.*

**read over [v]:** echar un vistazo, leer detenidamente | *I read over the homework, but couldn't make any sense of it. (see peruse)*

**read through [v]:** leer íntegramente | *It is wise to read through any document before signing it.*

**read up on [v]:** informarse sobre, documentarse sobre | *I need to read up on the company before I go on the job interview.*

**reap [v]:** cosechar; recoger, ver (fig, resultados) | *She is reaping the rewards. You'll soon reap the benefit of all your hard work.*

**rear [s]:** parte posterior | *at the rear of the house*

**reason with [v]:** hacer entrar en razón | *The police reasoned with the hijackers to at least let the children go free.*

**reassurance [s]:** consuelo, confortación; reconfirmación | *Thank you for the reassurance. I'll need reassurance that this won't happen again.*

**reassure [v]:** apaciguar, tranquilizar

**reassuring [adj]:** tranquilizador, reconfortante | *After my husband left, I received many reassuring phone calls.*

**reboke [s]:** reprimenda | *Rose accepted her mother's rebuke, knowing she deserved it.*



**rebound on/upon [v]:** rebotar en (alguien porque es ignorado) | *His continual demands for sympathy rebounded on him because his friends finally stopped listening.*

**recipe [s]:** receta (comida) | *If you follow the recipe closely, your meal should turn out fine.*

**recklessly [adv]:** temerariamente; descuidadamente | *The teenager recklessly drove his car into a tree. I recklessly dropped a stack of papers.*

**recoil, go backwards, go back [v]:** retroceder (tmn fig) | *He recoiled when I mentioned the amount he owed me. Gary feels that his career is going backwards.*

**red tape [s]:** papeleo, trámites burocráticos | *Prepare yourself for a lot of red tape when buying a house in Italy.*

**reduce to [v]:** reducir a | *Allied bombing reduced the city to ruins/rubble.*

**reel [v]:** tambalearse (fig) | *he was reeling from the news of the company's failure.*

**reel off [v]:** soltar, escupir (informal, decir) | *The old man reeled off the names of his 22 grandchildren.*

**refer to [v]:** hacer referencia a | *Twain was referring to Shakespeare.*

**reflect on [v]:** reflexionar en | *Please reflect on your actions.*

**reflect on/upon [v]:** reflexionar (formal) | *Please reflect on your actions.*

**refrain from [v]:** abstenerse de | *Kindly refrain from such behaviour in the future.*

**regardless of [prep]:** a pesar de , sin tener en cuenta | *He continued working regardless of his illness.*

**regret [v]:** arrepentirse, lamentar | *Cathy regretted hurting her friend's feelings.*

**rehearse [v]:** ensayar | *Naomi rehearsed her excuse in her head all the way to school.*

**reign [s]:** reinado (tmn fig) | *We must put an end to the reign of impunity.*

**rein sb in [v]:** controlar, refrenar, tomar el control | *Neil galloped to the top of the hill before reining in his mount.*

**reins [s]:** riendas | *Those who hold the reins of government are unable to solve the problem of poverty.*

**reject out of hand [v]:** rechazar sin ni siquiera considerar | *Fred is so contrary that they rejected him out of hand when his name came up for a position.*

**rejoice [v]:** regocijarse | *The girls rejoice in teasing their brother. Market traders are rejoicing in their victory.*

**rekindle [v]:** reavivar, encender memorias (fig) | *The holiday was a last chance to rekindle their love.*

**relate to [v]:** relacionar a | *His stories never seem to relate to anything in the real world.*

**reliance on [s]:** dependencia de | *Our reliance on cheap oil may be a bad idea in the long run. (=dependence on)*

**reliant [adj]:** supeditado a | *Our success is reliant on everyone doing their job.*

**relieved [adj]:** aliviado

**relinquish [v]:** renunciar a , dar | *Reluctantly, Brian relinquished the key he had been gripping in his hand.*

**relish [v]:** deleitarse con, disfrutar | *Rob relishes the challenge of a new project.*

**reluctant [adj]:** reacio | *Paul was reluctant to take on new responsibilities at work.*

**reluctantly [adv]:** de mala gana, a regañadientes | *The directors accepted his resignation reluctantly.*

**rely on [v]:** depender totalmente de | *The girls have relied heavily on their sister since their mother died.*

**remind of [v]:** recordar a, traer el recuerdo de | *You remind me so much of my youngest son. The alarm reminded Tim of his appointment.*

**remorse [s]:** remordimiento

**render [v]:** dejar, volver | *The shock rendered him speechless. (render sth adj)*

**renege [v]:** incumplir, faltar a la palabra | *You promised to help me and then you reneged. My dad reneged on his promise.*

**rent out [v]:** alquilar, poner en alquiler | *I've decided to rent out my flat.*

**reprieve [v]:** indultar | *He was condemned to death, but reprieved at the last minute and given a lesser punishment.*

**reprimand [v]:** reprender | *The teacher reprimanded the children for breaking the rules.*

**resemble [v]:** parecerse a | *That cloud resembles a ship. He resembles his grandfather.*

**resign [v]:** renunciar a, dimitir | *Alison resigned her claim on the land. Hannah didn't like her job, so she resigned.*

**resign to [v]:** rendirse ante, aceptar | *He resigned himself to living alone.*

**resort [v]:** recurrir a | *I had to resort to using a broken mirror.*

**resounding [adj]:** rotundo (fig); retumbante, estridente | *The project was a resounding success. After the performance, a resounding cheer filled the room.*

**restrain [v]:** contener | *An economic recession can restrain consumer spending. The child could not restrain his enthusiasm.*

**restrain oneself [v]:** contenerse, dominarse | *Helena wanted another doughnut, but restrained herself out of politeness.*

**result in [v]:** conllevar | *Failing the test will result in a poor class grade.*

**retaliate [v]:** tomar represalias | *Robert is not usually aggressive, but if he is attacked, he retaliates.*

**retort [s]:** réplica | *I got an angry retort when I asked about the money.*

**revenge [v]:** vengar | *The story is about a girl who disguises herself as a warrior to revenge the murder .*

**revenue [s]:** ingresos | *Governments often have difficulty ensuring that spending does not exceed revenue.*

**reverie [s]:** ensueño | *Patrick was not paying attention because he was lost in reverie.*

**rib [s]:** costilla | *The blow to his side broke two of George's ribs. We're eating ribs tonight.*

**ribbon [s]:** lazo, cinta | *Rachel tied a ribbon around her pony tail.*

**ride on [v]:** jugarse, haber en juego; montar en (caballo, bici) | *We have a lot riding on the successful sale of our Chicago portfolio.*

**rift [s]:** distanciamiento (entre personas, sentimental) | *The argument has caused a rift between these two neighbours. Let's heal the rift.*

**rig [s]:** plataforma petrolífera | *Onshore rigs are different from offshore rigs.*

**right away [adv]:** right away

**ring a bell [v]:** sonar, resultar conocido (inf) | *I'm not sure if I know him or not - the name certainly rings a bell.*

**ring in [v]:** avisar por teléfono | *I rang in to say I was ill.*

**ring out [v]:** sonar alto y claro | *A cry of warning rang out. A shot rang out.*

**ring up, phone up [v]:** llamar (inf) | *Please ring up Patty tonight, and invite her to our party.*

**riot [s]:** disturbio | *Tensions built up and, finally, the unrest erupted into a riot.*

**rip [v]:** rasgar (papel), desgarrar | *Paula ripped her new trousers climbing over a fence.*

**rip apart [v]:** hacer pedazos (a alguien) (inf) | *The critics ripped the author apart.*

**rip off [v]:** arrancar, quitar rápidamente (ropa)

**rip up [v]:** hacer pedazos | *The guards ripped up his passport in front of him.*

**rise above [v]:** estar por encima de (fig) | *He rose above his pain/bad luck/difficulties.*

**rise up [v]:** sublevarse | *The oppressed people will rise up against their autocratic government.*

**risk [v]:** arriesgar(se a) | *You risk being accused of plagiarism.*

**risk life and limb [v]:** arriesgar la vida | *People often risk life and limb in campaigning on behalf of human rights issues.*

**roam [v]:** deambular, vagar; vagar por | *The teenagers roamed the streets, looking for something to do.*

**roar [v]:** rugir; reír muy alto | *The class roared at his joke.*

**roast [v]:** asar, tostar | *Bob is roasting a chicken for lunch.*

**rod [s]:** caña, vara | *The angler set up his (fishing) rod on the river bank.*

**roll in [v]:** llegar en grandes cantidades; nadar en (fig) | *Once our business gets started, the money will be rolling in. I was rolling in money.*

**roll off [v]:** rodar; hacer rodar | *Roll the marble off the table—the cat will chase it! The ball rolled off the porch.*

**roll out [v]:** lanzar, dar a conocer, presentar | *The company plans to roll out its new product range in the spring.*

**roll over [v]:** darse la vuelta (girar sobre el otro lado) | *His back injury made it difficult for him to roll over in bed.*

**roll up [v]:** llegar | *He rolled up the certificates. Just then, he rolled up in shiny new car.*

**roll up to (place) [v]:** llegar a | *The drivers rolled up to the starting line and waited for the race to begin.*

**rolling pin [s]:** rodillo (cocina)

**romp [v]:** jugar, corretear, divertirse | *The kids romped in the big backyard.*

**roof [s]:** techo | *The roof needs patching to stop the rain from coming in.*

**room for improvement [s]:** posibilidad de mejora, espacio para mejorar | *Of course, there is still room for improvement next year.*

**rooster [s]:** gallo

**root out [v]:** erradicar | *It's almost impossible to root out the causes of poverty.*

**roster [s]:** listado, alineación (equipo) | *Check the roster to see what hours you're working next week.*

**rot [v]:** pudrirse | *We need to eat those tomatoes, before they rot.*

**rot away [v]:** deteriorarse | *When we lifted the floorboards, we found that the joists had rotted away.*

**rotten [v]:** podrido | *Henry threw the rotten apples on the compost heap.*

**rough out [v]:** hacer un esbozo de | *I can rough out the plans for your house but you have to hire an architect for the finished plans.*

**rough sb up [v]:** dar una paliza (inf) | *He was roughed up by a gang of youths.*

**round down [v]:** redondear hacia abajo | *The answer was 5.1, so I rounded it down to 5.*

**round off [v]:** rematar, terminar | *He rounded off his speech with a joke, leaving the audience in a good mood.*

**round on/upon [v]:** darse la vuelta y atacar | *The fox rounded on its pursuers.*

**round out [v]:** completar, redondear (fig) | *The volunteer work Dave did last summer really rounded out his resume.*

**round up [v]:** redondear; juntar, reunir | *Round the answer up to the nearest 10. We need to round up some players to play.*

**rouse [v]:** despertar (bring out of a state of inactivity, apathy, depression, reverie...) | *He was roused to action by courageous words.*

**rub out [v]:** borrar (algo escrito) | *If you write in pencil, it's easier to rub out your mistakes.*

**rubber [s]:** goma, caucho; borrador | *Tyres are made of rubber. Betty used a rubber to erase her mistake.*

**rug [s]:** tapete, alfombra (movible) | *A rug covered most of the floor.*

**rule out [v]:** descartar | *The police ruled out the obvious suspect because he had an alibi for the time of the murder.*

**rumble [v]:** emitir un ruido sordo | *Tim hadn't eaten all day and his stomach was rumbling.*

**run about [v]:** corretear | *The children were running about excitedly.*

**run across [v]:** encontrar por casualidad | *I ran across this quote by Oscar Wilde while studying another author.*

**run against [v]:** competir en elecciones contra | *Gore ran against Bush in the 2000 elections in the U.S.A.*

**run around/round after [v]:** hacer cosas para (alguien) | *I seem to spend most of my time running around after those kids.*

**run away [v]:** huir | *Sometimes children run away from home when they are mad at their parents.*

**run away with [v]:** poder con (fig, sentimiento que hace sentir a uno tonto) | *Sometimes my imagination runs away with me and I convince myself that they are having an affair.*

**run down [v]:** desprestigiar, hablar mal de; atropellar | *My boss runs everyone down. My dog was run down by a bus.*

**run for [v]:** presentarse como candidato a | *Gore is running for president of the U.S.A.*

**run into [v]:** tropezarse con, encontrarse con (fig) | *The center ran into some financial trouble and had to borrow money.*

**run off [v]:** imprimir, sacar; echar a; salir corriendo | *Could you please run off a hundred copies for me? The protesters were run off the property.*

**run out of [v]:** quedarse sin, agotarse | *We do need to go shopping as we have run out of teabags.*

**run over [v]:** atropellar; exceder (tiempo); leer (para recordar algo) | *I accidentally ran over your cat. We're starting to run over time. They ran over the list.*

**run rings round [v]:** ser más inteligente/astuto que | *Our girls' hockey team have run rings round all their opponents this year.*

**run through [v]:** gastarse (mucho dinero); repasar, ensayar | *He ran through all his money. We will run through that difficult song once.*

**run up [v]:** generar, dar lugar a (factura); izar, levantar | *Shawna ran up a huge phone bill last month.*

**run-down [adj]:** en decadencia | *The shack by the river was old and run down.*

**runny [adj]:** goteante (nariz) | *You still have to go to school with your runny nose.*

**ruse [s]:** estratagema, treta | *Is this just a ruse to make me sign the contract?*

**rush out [v]:** salir volando | *We rushed out to get some medicines before the pharmacy closed.*

**rustle up [v]:** improvisar, preparar (comida) | *It was difficult, but Linda was able to rustle up dinner for the unexpected guests.*

**sacred [adj]:** sagrado (religión) | *This church is a sacred place.*

**safeguard against [v]:** proteger contra (efectos indeseados) | *A good diet will safeguard against disease.*

**sail through [v]:** completar sin problemas (examen) | *Mark sailed through his driving test without any problems.*

**sallow [adj]:** amarillento (piel) | *After days without sleep, the prisoner's skin was sallow and his eyes were red.*

**sambles [s]:** desastre (incon.) | *The event was a complete shambles. The kitchen was in shambles.*

**sandwich between [v]:** atrapar entre, emparedar entre | *I was sandwiched between two sumo wrestlers on that flight!*

**saucer [s]:** plato para poner debajo de una taza | *I left a small tip under the saucer.*

**save up [v]:** ahorrar | *I am trying to save up for a new car.*

**say farewell [v]:** decir adiós | *You should say farewell to him before he leaves.*

**say sth aloud [v]:** decir en voz alta | *Say aloud that you want to quit again.*

**scaffolding [s]:** andamiaje, andamios | *The house was being renovated and was surrounded by scaffolding.*

**scaffolf [s]:** andamio | *The builders erected a scaffold before beginning work.*

**scammer [s]:** estafador | *Frank lost \$2,000 after being tricked by a scammer.*

**scarcely [adv]:** escasamente, apenas | *Tim was a brilliant entrepreneur; he was scarcely twenty when he made his first million.*

**scarcity [s]:** escasez | *Local stores reported a scarcity of bottled water. (=shortage, lack)*

**scare off [v]:** ahuyentar, espantar | *I was worried that publishing the starting salary might scare off some potential applicants.*

**scathing [adj]:** feroz, severamente crítico | *The papers today are full of scathing reviews of my book.*

**scatter [v]:** dispersarse | *The tailor dropped his box of pins and they scattered everywhere. They scattered in fear.*

**scatterbrain [s]:** cabeza de chorlito | *Greg is a genius at math, but he's also a bit of a scatterbrain.*

**scent [s]:** aroma | *Wendy loves the scent of freshly baked bread.*

**scold [v]:** regañar (niños) | *Everybody, including the religious, started to scold him.*

**scoop up [v]:** alzar en brazos | *She scooped up the cat.*

**scorch [v]:** chamuscar, abrasar (quemadura superficial) | *The bottom of the pan got scorched in the fire.*

**scorching [adj]:** abrasador | *Even though it's still May, it's scorching outside.*

**scorn [v]:** desdenar, despreciar | *Linda wanted to be friends with the cool girls at school, but they scorned her.*

**scornful [adj]:** desdenoso | *Mrs. Murphy gave a scornful look to the teenager with sagging pants.*

**scoundrel [s]:** canalla, sinvergüenza (inf) | *That scoundrel has run off with my car!*

**scramble [v]:** gatear; revolver (huevos) | *Sam scrambled across the rocks.*

**scrambled [adj]:** revuelto | *scrambled eggs*

**scrap [s]:** fragmento, rasgadura | *The mechanic used a scrap from an old shirt to wipe away the oil.*

**scrape [v]:** raspar | *Janet scraped the windscreen until it was free of ice.*

**scrape by [v]:** arreglárselas (gestionando poco dinero) | *Even with both of us working, we earn just enough to scrape by.*

**scrape out [v]:** raspar, escarbar (vaciar mediante raspado) | *He scraped the last of the peanut butter out of the jar.*

**scrape through [v]:** aprobar raspando | *He managed to scrape through his final exams.*

**scratch [v]:** rayar, hacer un rasguño | *Helen scratched her car trying to get into a parking space that was too small.*

**scream [v]:** gritar, soltar un grito | *Rachel screamed when she saw the spider.*

**screw [v]:** atornillar | *He screwed the bookshelves to the wall.*

**screw up [v]:** cargarse sth, arruinar, fastidiar | *I've totally screwed up this soup by putting too much salt in it.*

**scribble [v]:** garabatear | *She scribbled a note and handed it to me.*

**scrub [v]:** fregar (con un cepillo) | *Lucy scrubbed the floor.*

**scuffle [v]:** riña, refriega, altercado | *Bobby got into a scuffle at school and bruised his arm.*

**seafood [s]:** mariscos | *Robert likes seafood.*

**seal [v]:** sellar | *We sealed the leak so the tube could hold air again.*

**seal off [v]:** acordonar | *The scene of the road traffic accident has been sealed off by the police.*

**sealed [adj]:** sellado, cerrado | *Emily put the cookies in a sealed jar to keep them fresh. The box was sealed.*

**seam [s]:** costura | *The seam of this skirt is coming undone.*

**searing [adj]:** ardiente | *The tourists were suffering in the searing heat of the midday sun.*

**second to none [adj]:** insuperable, lo máximo | *He's a brilliant footballer: his passing ability is second to none.*

**secrecy [s]:** discreción | *Secrecy is of the utmost importance to our success.*

**see about [v]:** encargarse de; pensar en, considerar | *You should see about getting your hair cut. It's getting late - I'd better see about lunch.*

**see off [v]:** espantar, echar; despedir a | *He saw off the intruders who wanted to break into the house. He came to the airport to see me off.*

**see through [v]:** calar (adivinando intenciones); llevar a cabo (tarea/proyecto complicada) | *Mom can always see through your excuses. It won't be easy, but we'll see this project through.*

**see through [v]:** llevar a cabo (a pesar de las dificultades) | *It won't be easy, but we'll see this project through.*

**see to [v]:** encargarse de, ocuparse de | *Your bicycle has a flat tire, sir? We'll see to it right away.*

**seep [v]:** filtrarse (líquido) | *The juice from the plums was seeping through the bottom of the paper bag.*

**seep out [v]:** filtrarse; irse poco a poco (fig) | *The liquid seeped out of the joints. Most of these ideas end up seeping out of your mind.*

**seethe [v]:** echar humo (fig); bullir, hervir | *Ron seethed with anger when his boss accused him of stealing. Jenny was seething.*

**seize [v]:** agarrar, coger; entender, coger (fig) | *Mary quickly seized what David was saying. Nancy seized Edward's arm.*

**seize on [v]:** sacar partido de, aprovechar | *A great tennis player will seize upon his opponent's mistakes and use them to his own advantage.*

**seize the day [phrase/idiom]:** aprovechar el tiempo | *My dad was always telling me 'Seize the day – you won't be young forever!'*

**seize up [v]:** congelarse, colgarse, trabarse, detenerse (fig) | *The traffic had seized up for miles because of the roadworks. The screen seized up.*

**selfish [adj]:** egoísta | *She won't do that for you because she is very selfish.*

**selfishness [s]:** egoísmo, interés personal | *His selfishness prevents him from noticing others' suffering.*

**sell out [v]:** agotarse | *It's always annoying to get to the ticket booth and be told they've sold out.*

**sell up [v]:** vender (casa/negocio para mudarse o hacer otra cosa) | *They sold up and retired to the West Country.*

**send down [v]:** enviar a prisión | *He was sent down for armed robbery. She was sent down for three years.*

**send in [v]:** enviar a (alguien) | *UN troops were sent in as the situation got worse.*

**send off [v]:** expulsar (jugador de fútbol) | *The player was sent off.*

**send-off [s]:** despedida | *I got an affectionate send-off from my colleagues.*

**sense [v]:** sentir, darse cuenta | *I sensed that she was telling the truth. He suddenly sensed another person in the room.*

**separate out [v]:** separar (dividiendo un grupo) | *This test will separate out the good students from the bad.*

**serve up [v]:** servir (comida, bebida) | *Helen served up a delicious meal of chicken and roast potatoes.*

**set about [v]:** ponerse a | *Julius set about arranging his collection of butterflies.*

**set apart [v]:** diferenciar, distinguir | *Also, opinion and advice should be clearly set apart from medical research. set sth apart from*

**set aside [v]:** dejar a un lado, interrumpir momentáneamente | *Set your fears aside and jump into the water.*

**set back [v]:** retrasar (proceso, evento); salir por, costar (inf); situado al fondo, retirado | *A war will set back the reform. This repair work will set me back 500 USD. The tree's set back*

**set fire to [v]:** prender fuego

**set in [v]:** establecerse, insertarse | *This rain looks as if it has set in for the rest of the day. Despair has set in among the team.*

**set off [v]:** activar, disparar | *He set off an alarm.*

**set on/upon [v]:** echarse encima de, atacar | *He was set upon by a vicious dog. They set on us with a pair of baseball bats.*

**set out [v]:** exponer, presentar | *The constitution sets out the council's decision-making procedures.*

**set up [v]:** instalar, fundar | *They set the new store up.*

**setback [s]:** revés, contratiempo | *The project suffered a setback when one of the key workers had to take two months off work.*

**settle [v]:** resolver, llegar a un acuerdo, acordar | *They settled their dispute peacefully.*

**settle in [v]:** sentirse cómodo, hacer sentir como en casa a | *It took me a few months to settle in to my new job.*

**settle on [v]:** decidirse por | *We've settled on Majorca for our summer holiday this year.*

**settle up [v]:** arreglar cuentas (pagar deuda) | *If you lend me the money now, I'll settle up with you next week.*

**sew [v]:** coser | *Tim is sewing some curtains for the living room window.*

**sewer [s]:** alcantarillado | *Tim is sewing some curtains for the living room window.*

**shack [s]:** chabola | *There are a few shacks behind the main building.*

**shackle [v]:** encadenar, aprisionar | *Police shackled him and put him in the back of the van.*

**shade [v]:** tapar, proteger (contra el sol) | *The parasol shaded the patio from the sun.*

**shake off [v]:** sacarse de encima, librarse de (un perseguidor) | *Someone was following me, but I managed to shake him off.*

**shake up [v]:** dar un cambio radical, revolucionar; sacudir, afectar (dejar en shock) | *She was quite shaken up by the news that her husband had lost his job.*

**shake-up [s]:** reforma, cambio radical | *The company is undergoing a radical shake-up.*

**sham [s]:** farsa | *James said he was too ill to go to work, but it was just a sham.*

**share out [v]:** distribuir, repartir (algo entre varios) | *In her will, she shared out her property to her nephews and nieces.*

**sharp [adj]:** afilado

**shatter [v]:** hacer añicos, destruir (tmn fig) | *The plate hit the floor and shattered. The reviews shattered the author's confidence.*

**sheer [adj]:** puro, auténtico | *That idea is sheer genius!*

**shell out [v]:** gastar(se) | *I shelled out a lot more than the used car was worth.*

**shelter [s]:** refugio, albergue | *We need to seek a shelter before the storm arrives.*

**shelve [v]:** poner en estantería | *The books are shelved neatly in alphabetical order.*

**shelve [s]:** estantería | *The room was lined with shelves filled with books.*

**shenanigans [s]:** travesuras, diabluras (inf)

**shepherd [s]:** pastor | *The shepherd was on the hillside watching his flocks.*

**shield [v]:** proteger | *The wall shielded John from the wind.*

**shift [s]:** turno; desplazamiento | *This factory has three shifts. The team's shift to the left confused the defence.*

**shine down [v]:** brillar | *The sun shone down on his head.*

**shine through [v]:** verse, notarse | *Whenever she speaks, her intelligence shines through.*

**shirk [v]:** eludir, rehuir, esquivar | *Manny is shirking his work duties again.*

**shiver [v]:** temblar (de frío), tiritar | *Josh pulled his coat tightly around him and shivered. (see quiver)*

**shiver down one spine [s]:** escalofrío | *She felt a shiver down her spine as she heard the orchestra tuning up.*

**shoal [s]:** banco (peces) | *A shoal of fish was visible in the clear water.*

**shoot down [v]:** derribar; echar por tierra, desacreditar (inf, fig) | *We were ordered to shoot down the military aircraft. His idea was shot down by the director.*

**shoot up [v]:** dispararse, subir rápidamente | *Buy as much as you can now, because in the summer prices will shoot up!*

**shop [v]:** delatar, vender (fig); comprar | *The thief was caught when his girlfriend shopped him to the police.*

**shore [s]:** orilla

**shore up [v]:** apuntalar | *We will need to shore up the house with larger boards. They are shoring up the company's image*

**shortcoming [s]:** defecto, limitación | *His enthusiasm and cheerfulness make up for all his other shortcomings.*

**shorten [v]:** acortarse | *The days are shortening*

**shorthand [s]:** taquigrafía | *I can't read your notes – they're all in shorthand.*

**shoulder the blame [phrase/idiom]:** Responsabilizarse por algo malo | *Sue decided to shoulder the blame.*

**shout [v]:** gritar, hablar alto | *I'm right next to you; there's no need to shout!*

**shout down [v]:** hacer callar con gritos | *Jennifer tried to talk at the convention but the delegates shouted her down.*

**shove [v]:** empujar con fuerza | *He shoved the door until it finally opened. (=forceful push. See jostle)*

**shove off [v]:** irse de mala gana; piédetel, ándate! | *We had to shove off before the party ended. Shove off!*

**show in [v]:** mostrar el camino | *When she arrives, show her straight in.*

**show off [v]:** jactarse; mostrar algo con orgullo | *He's showing off to impress her. He showed her off to all his friends.*

**show up [v]:** ser perceptible | *Sometimes a tumor does not show up on an x-ray.*

**showcase [s]:** vitrina, escaparate | *They take the jewellery out of the showcases at night.*

**showdown [s]:** confrontación, enfrentamiento | *The two candidates met for a showdown a week before the election.*

**shriek [v]:** chillar, aullar | *Molly shrieked when her brother poured cold water down her back.*

**shrink [v]:** encogerse, contraer | *The washing machine shrank my jumper.*

**shrug off [v]:** menospreciar (fig) | *My wife always shrugs off my suggestions.*

**shudder [v]:** estremecerse (horror) | *Linda shuddered when she thought how close she had come to an accident. (see quiver)*

**shuffle [v]:** barajar (cartas); reestructuar (plantilla); arrastrar los pies | *The company is shuffling its staff in an effort to save jobs, but still cut costs.*

**shunt [v]:** cambiar de vía, hacer a un lado (vehículo); desviar | *The railroad workers shunted the engine to a side track. The old man shunted the cart.*

**shut down [v]:** dejar de funcionar | *The company plans to shut down four factories and cut 10,000 jobs.*

**shut off [v]:** cortar, cortar el suministro de | *Shut off the electricity at the mains when you go away on holiday.*

**shut out [v]:** dejar afuera; bloquear (imagen/sonido de ser visto/oido) | *Don't forget to shut the cat out when you leave for work. Lauren tried to shut out the images.*

**shut up [v]:** callarse | *I wish he'd shut up and listen sometimes.*

**shutdown [s]:** apagado | *The shutdown on this computer takes ages.*

**shy away from [v]:** mantenerse alejado, evitar | *The horse shied away from the elephant.*

**sicken [v]:** enfermarse, enfermar; asquear, dar asco | *The baby sickened in the night.*

**sickly [adj]:** enfermizo; pálido | *Leah was a sickly child.*

**side [v]:** apoyar | *The party hopes the minister will side with them.*

**side with [v]:** ponerse del lado, apoyar | *The party hopes the minister will side with them.*

**sideswipe [s]:** crítica indirecta (USA) | *She took a further sideswipe at Vocabulia.*

**sieve [s]:** coladora

**sift through [v]:** escudriñar, revisar cuidadosamente | *I was sifting through papers when I found your letter.*

**sigh [v]:** suspirar | *The teacher sighed as Mike gave his latest excuse for not doing his homework.*

**sign over [v]:** transferir legalmente | *It won't be his property until you have legally signed it over.*

**sill [s]:** apoyo de la ventana, alféizar | *James locked the window and put the key on the sill.*

**simmer [v]:** hervir a fuego lento | *The soup was simmering on the stove.*

**sin [v]:** pecar; pecado | *William had sinned and asked his priest for forgiveness.*

**single out [v]:** señalar, seleccionar (para criticar) | *Jamie was thrilled when the teacher singled out his poem and asked him to read it aloud.*

**sink [s]:** fregadero

**sink in [v]:** entenderse, captarse, ser entendido | *He paused to allow the complex information to sink in.*

**sinner [v]:** pecador | *esus said that sinners who repented would be forgiven their sins.*

**sip [v]:** beber a sorbos | *Jasper sipped his cocoa.*

**sit up [v]:** acomodarse en el asiento | *When her mother entered the room, the girl sat up.*

**size up [v]:** evaluar, examinar (a alguien) | *Before a fight, I size the other man up to determine if I can beat him.*

**skid [v]:** derrapar, patinar | *The car skidded on the ice and hit a tree.*

**skill up [v]:** entrenar a, mejorar los skills de (alguien)

**skim off [v]:** esquilmar, llevarse la mejor parte de | *The accountant had been skimming off a few thousand dollars a month before the employer caught on.*

**skim through [v]:** ojear, leer por encima | *Read chapter 1 carefully, but just skim through chapter 2.*

**skirt [v]:** bordear, rodear | *The fields skirt the highway on both sides.*

**skirt around [v]:** bordear, rodear; rodear, esquivar, evitar (fig) | *He skirted around the subject and managed not to mention it.*

**skyline [s]:** línea del horizonte | *A dark figure appeared on the skyline.*

**slam [v]:** cerrar(se) de golpe (puerta), dar un portazo | *The teenager slammed the door as she left the room. The door slammed.*

**slam down [v]:** colgar de un golpe | *Andy angrily slammed down the telephone receiver.*

**slander [v]:** calumniar; calumnia, difamación | *Helen was slandering Imogen, spreading false rumours about her. You can't say that; it's slander!*

**slap [v]:** dar una bofetada | *Wendy slapped Carl when she found out he'd been cheating on her.*

**slap, smack [v]:** abofetear | *The mother slapped (or: smacked) her daughter. (cara vs resto del cuerpo)*

**sled (USA), sledge(UK) [s]:** trineo | *The children are out on the sled they got for Christmas.*

**sleep around [v]:** acostarse con cualquiera (inf) | *I have no more respect for guys who sleep around than for women who do.*

**sleep in [v]:** dormir hasta tarde | *It's Saturday, so I don't have to get up for work. I can sleep in.*

**sleep off [v]:** dormir (hasta sentirse mejor) | *He had a lot to drink last night, and is still sleeping it off.*

**sleep rough [v]:** dormir a la interperie | *They sleep rough, beg for food and grab lifts by clinging to the outside of moving freight trains.*

**sleepless [adj]:** con insomio; en blanco (noche) | *Billy is still sleepless because of his new baby. Sleepless night.*

**slice [v]:** cortar, trocear | *The butcher sliced the ham.*

**slice up [v]:** rebanar, cortar en rebanadas | *Slice up the onion but add the olives whole.*

**slick [adj]:** resbaladizo; hábil (fig) | *Tara slipped on the slick ice. With a slick movement, the goalkeeper caught the ball.*

**slide [v]:** deslizar; pasar | *Good lubrication will help the machine parts slide freely. Slide the butter dish down the table.*

**slide down [v]:** deslizarse | *The he started to slide down.*

**slightest [adj]:** menos posible | *I'd add just the slightest amount of salt. The slightest chance of winning.*

**slim [adj]:** escaso, pequeño (posibilidad); esbelto, delgado | *There's a slim possibility of Robert losing his job. Slim majority.*

**slim down [v]:** bajar de peso | *I'll have to slim down if I ever want to get into that dress again!= lose weight*

**sling [v]:** tirar, arrojar (inf); colgar | *Jake lost his temper and started slinging plates at the wall. He slung the washing from the line.*

**sling out [v]:** tirar | *Take your guitar or I will sling it out of the fucking door.*

**slip [v]:** resbalar | *I slipped on the ice and hurt myself.*

**slip away [v]:** pasar rápidamente, escurrirse (tiempo); escabullirse, irse (fig) | *Time was slipping away and she had to make a decision soon.*

**slip on [v]:** resbalar; ponerse rápidamente ropa (inf) | *She slipped on the icy pavement and broke her hip. I dashed upstairs to slip on something less formal.*

**slip out [v]:** irse discretamente; escaparse | *He slipped out of the meeting and headed home.*

**slog [s]:** esfuerzo (inf) | *It's going to be a long slog to the top of the mountain.*

**slog away [v]:** trabajar duro (en algo difícil o aburrido) | *I've been slogging away for days on this essay and I'm still not finished.*

**slow down [v]:** desacelerar | *He slowed down as he came up to the junction.*

**slow up [v]:** ralentizar | *Because Mary's level in English is lower than the rest of the students, she slows the class up.*

**slum [adj]:** de los suburbios; suburbio, barrio bajo | *There are a lot of slum dwellers in this city. Many people still live in slums.*

**slumber [v]:** dormir, dormir ligeramente (literario) | *I wish I could slumber through the winter like a bear.*

**slump [v]:** sentarse despatarrado | *Stop slumping! Sit up straight.*

**slung [adj]:** colgado | *A towel was slung over Bill's shoulder.*

**slur [v]:** mascullar, hablar sin que se entienda | *Brian had had a lot to drink and was slurring his words.*

**slurp [v]:** sorber, beber ruidosamente | *The diners slurped their soup greedily.*

**smack [v]:** dar una torta, abofetear con la mano abierta | *When a stranger pinched Wendy's bum, she turned around and smacked his face.*

**smarten up [v]:** arreglar, arreglarse, mejorar apariencia | *You'll need to smarten up before you go for the interview. I need to smarten the house up a bit.*

**smash [v]:** hacer un mate; destrozar

**smash up [v]:** destrozar, hacer pedazos | *He smashed up his car in an accident on the highway.*

**smear [v]:** untar; embadurnar | *Don't touch the wet paint or you'll smear it. She smeared the cake with whipped cream.*

**smooch [v]:** besuquearse (inf) | *Apparently, Emma was smooching with John in the hallway.*

**smooth down [v]:** alisar | *He smoothed down his shirt, trying to hide the creases.*

**smooth over [v]:** limar asperezas, suavizar las cosas (fig) | *Would you like me to try to smooth things over between you and your parents?*

**smother [v]:** asfixiar; ahogar, contener (fig); cubrir a besos a | *James had to smother a laugh when his boss stepped in dog mess.*

**smoulder [v]:** estar resentido, arder (fig) | *Dylan smoldered all afternoon as he continued to mull over his girlfriend's accusation.*

**snack [s]:** tentempié | *There were still two hours to go before dinner and Carol was starving, so she made herself a snack.*

**snack on [v]:** picar, comer entre horas | *Maggie snacks on chocolate bars when she's bored.*

**snag [s]:** I'm afraid we've hit a snag; we won't be able to finish the project by the deadline. | *imprevisto*

**snap [adj]:** repentino | *The snap election was called after the resignation of former First Minister.*

**snap out of [v]:** sacudirse de (fig; para levantar el ánimo) | *He just can't snap out of the depression he's had since his wife died.*

**snarl [v]:** rugir, gruñir (animal); gruñir, mascullar | *The cat was hissing and snarling.*

**snatch [v]:** arrebatarse | *Much has been snatched from us for reasons of state interest.*

**snatch up [v]:** arrebatarse, tomar rápidamente | *Karen snatched up her keys from the table and ran out of the door.*

**sneak [v]:** escabullirse, escurrirse | *The children snuck downstairs, early on Christmas morning, to see if Santa had been.*

**sneak in [v]:** colarse en; colar en, pasar a hurtadillas (algo) | *The teenagers sneaked into the bar. He hid the file to sneak it into the prisoner's cell.*

**sneak off [v]:** escabullirse, escaparse | *Paul looked around and realised Joe had snuck off again.*

**sneer [v]:** burlarse (at) | *Emma told Gavin she was sorry, but he just sneered.*

**sneeze [v]:** estornudar | *Robert has a terrible cold; he's sneezing all the time at the moment.*

**sniff [v]:** olfatear

**snigger, snicker (USA) [v]:** reír disimuladamente | *The children snickered when their classmate dropped his lunch tray.*

**snippet [s]:** fragmento, trozo (extracto de algo publicado); recorte (de periódico) | *He sat at the table and read me snippets from the paper.*

**snitch [s]:** soplón | *Gang members don't tolerate snitches.*

**snitch on [v]:** delatar a | *Pete snitched on his classmates when he saw them steal candy.*

**snoop around [v]:** husmear, fisgar | *I was snooping around in his room and found this photograph.*

**snooze, nap, take a nap, have a snooze [v]:** echarse una siesta | *Fred napped after work. Bill was snoozing in his chair when the doorbell rang.*

**snore [v]:** roncar

**snort [v]:** resoplar | *The horse snorted and shook its head.*

**so-called [adj]:** llamado, supuesto | *This so called teacher has no skills at all!*

**soak [v]:** mojar, remojar; empapar | *Soak the hands in the warmed oil to nourish the skin deep down.*

**soak up [v]:** absorber (tmn fig) | *You can use a sponge to soak up water. She soaks up everything that's said in class.*

**soar [v]:** elevarse | *Share prices soared after the company published its profits. Temperatures soar above the average.*

**sob [v]:** sollozar | *Rachel's boyfriend had dumped her and she was sobbing in the girl's restroom.*

**sod off (UK) [v]:** ¡vete a la mierda! | *sod off!*

**sodden [adj]:** empapado (agua)

**soften [v]:** ablandar | *Soak the apricots in water till they soften.*

**soften up [v]:** ablandar (tmn fig: a una persona) | *Maybe you can soften up that bread by soaking it in some water. I tried to soften him up.*

**soldier on [v]:** no aflojar, continuar | *I admired the way she soldiered on when her business ran into trouble.*

**somber, somber (UK) [adj]:** sombrío, serio | *She looked so somber that I asked her what was wrong.*

**somewhat [adv]:** de algún modo | *Getting the car into the tight parking space was somewhat tricky, but Debbie managed it in the end.*

**soothe [v]:** aliviar, calmar, confortar | *Maggie did her best to soothe the crying child.*

**soothing [adj]:** reconfortante | *Edward made a soothing gesture, trying to reassure the frightened animal.*

**sort out [v]:** poner en orden; tratar con (problema) | *My son needs to sort out the clothes in the closet. We'll sort their financial troubles out.*

**sound out [v]:** sondear, tantear | *After visiting Brazil and Chile, he flew to Moscow to sound out the new President.*

**sour [s]:** amargo, agrio (tmn fig) | *The dream of a new life soon turned sour.*

**sovereign [adj]:** soberano | *The king exercised his sovereign powers to reject the proposed law.*

**space out [v]:** desconectarse (inf) | *I always space out in chemistry class; it's so boring!*

**span [v]:** abarcar (fig: idea) | *His ideas span both philosophy and economics.*

**spank [v]:** azotar, nalguear | *Ellen spanked her son when she found out he'd been bullying younger children at school.*

**sparing [adj]:** moderado, compasivo | *The judge was surprisingly sparing when he sentenced the criminal.*

**sparingly [adv]:** con moderación | *Use the double cream sparingly, as too much isn't good for you.*

**spark [v]:** desatar, provocar | *The launch of the product sparked great enthusiasm. Spark controversy*

**sparkling [adj]:** con gas | *Peter opened the bottle of champagne and poured the sparkling liquid into the glasses.*

**sparkling [adv]:** brillante, centelleante, destellante | *Ian looked up at the sparkling stars.*

**sparsely [adv]:** escasamente | *The town, once a booming center of commerce, is now sparsely populated.*

**spate [s]:** avalancha, aluvión (fig; de cosas en cercana sucesión) | *Officials can't explain the recent spate of murders in the area.*

**specially [adv]:** sobre todo, especialmente | *This job is specially difficult.*

**speed by [v]:** pasar a toda velocidad

**spell out [v]:** deletrear; explicar con lujo de detalle | *Please spell your name out for me. I had to spell out exactly how to do his job for him.*

**spell the end [v]:** significar el fin | *These cuts will spell the end for many producers both in Europe and in the developing countries*

**spice [s]:** especia | *Dave likes making curries, so he makes sure he always has a range of spices in his kitchen.*

**spicy [adj]:** picante (comida) | *These peppers are spicy.*

**spill [v]:** derramar, derramarse | *Rachel knocked the glass over and spilled the milk. The jug fell and the milk spilled.*

**spill out [v]:** expresar (sentimiento); esparcirse (por fuera) | *All his resentment spilled out. All the shopping had spilled out of my bag.*

**spill over [v]:** rebosar, estar rebosante (fig); desbordarse (líquido) | *He is spilling over with happiness. The river spilled over its banks during the spring flood.*

**spin out [v]:** alargar, demorar (en tiempo) | *The children tried to spin out their supper in an effort to stay up longer.*

**spirited [adj]:** vivaz, animada | *The men had a spirited conversation about local politics.*

**spirited [s]:** vivaz, animoso | *The men had a spirited conversation about local politics.*

**spit [v]:** escupir | *The young man spat as he walked down the street.*

**spit it out! [v]:** ¡Dilo de una vez!, ¡Canta! | *How on earth did you get that black eye? - come on, spit it out!*

**splay [v]:** extender, separar; abrir (piernas, brazos) | *The man sat down and splayed his legs. Samantha splayed her body on the large bed and fell asleep.*

**split off [v]:** separarse (de un grupo) | *A number of left-wing politicians split off from the party to form a new one.*

**split up [v]:** dividirse, repartirse; partir, dividir | *The thieves decided to split up the money. I'm going to split up this pizza into four slices.*

**splutter [v]:** farfullar | *The old man spluttered about his past, but no one was paying attention.*

**spotlessly [adv]:** impecablemente | *The kitchen was spotlessly clean, and everything was in its proper place.*

**spotlight [v]:** enfocar, destacar, centrar la atención | *The exhibition spotlights the country's cultural identity.*



**spotlight [s]:** foco; foco de atención | *With the recent bad weather and slow response to flooding, the spotlight is on the Environment Minister.*

**spouse [s]:** cónyugue

**spread out [v]:** estirar, extender | *Spread your fingers out as wide as you can.*

**spring on [v]:** contar (algo que sorprenda) | *I hope he's not going to spring any nasty surprises on us at the meeting this morning.*

**spring up [v]:** brotar, empezar a existir | *Thousands of new businesses have sprung up in the past couple of years.*

**sprinkle [v]:** rociar | *Harry sprinkled a few drops of vanilla essence into his cake. He sprinkled some scent on himself.*

**sprinkling [s]:** poquito (hierba, especia) | *The cookie had a sprinkling of cinnamon on top.*

**sprout up [v]:** brotar, empezar a existir (rel. a un grupo de cosas) | *New factories have sprouted up everywhere. (see spring up)*

**spur on [v]:** estimular/animar (a) | *Spurred on by the promise. Aid can spur on the economic growth.*

**spur to do [v]:** incitar | *Reading about human rights abuses around the world spurred Dan to work for an NGO.*

**spurn [v]:** desdénar, rechazar | *Kate spurned Dan's romantic propositions.*

**spurt [v]:** salir a chorro; chorrear | *Tim's wound was spurting blood.*

**spy on/upon [v]:** espiar | *The nosy neighbor loved to spy on the couple next door.*

**squabble [v]:** armar escándolo, reñir | *My family constantly squabbles over the most insignificant issues.*

**squad [s]:** plantilla, equipo | *The coach gave the squad a final pep talk before the game.*

**squander [v]:** malgastar, desperdiciar (oportunidad); derrochar, despilfarrar (dinero) | *You must not squander this opportunity to meet her. He squandered his inheritance on gambling.*

**square up [v]:** echar cuentas, pagar lo debido | *If you pay for both tickets now, I'll square up with you later.*

**squash [v]:** aplastar | *Rachel has a device to squash cans before they go in the recycling bin.*

**squash in [v]:** meter, introducir (en lugar con poco espacio disponible) | *He tried to squash his jeans into the suitcase.*

**squash up [v]:** apretujarse, juntarse | *If you all squashed up, we could fit an extra person in the car. (= moved closer together)*

**squeak [v]:** chirriar | *That door needs some oil on its hinges; it squeaks whenever you open it.*

**squeaky [adj]:** chirriante | *The pizza cutter is squeaky and needs some oil.*

**squeal [s]:** grito | *A squeal of shock.*

**squealed [v]:** chillar | *Wendy squealed with delight when she saw Dan.*

**squint [v]:** entrecerrar los ojos | *The sun was bright and Debbie squinted as she tried to see whether Natalie was there.*

**squirm [v]:** retorcerse, intentar liberarse | *The little boy was squirming in his mother's arms.*

**stab [v]:** apuñalar | *The mugger stabbed his victim when she refused to hand over her bag.*

**stack [v]:** apilar | *Alison stacked the books on the table.*

**stack up [v]:** apilar, amontonar | *I stacked up all the books on my table.*

**stag [s]:** ciervo (macho)

**stag party [s]:** despedida de soltero

**stagger (away) [v]:** tambalearse | *The young man staggered as he left the bar.*

**stake [v]:** invertir | *They staked their entire vacation saving on their bet.*

**stake on [v]:** arriesgar | *I think she'll be head of this company in five year's time - I'd stake my reputation on it.*

**stake out [v]:** mantener bajo vigilancia | *The police staked out the suspect's house, hoping to catch him unawares.*

**stakeholders [s]:** accionista | *A meeting was organized for stakeholders in the proposed merger.*

**stale [adj]:** rancio, anticuado | *After two hours in the sun, the beer was stale. Stale smell. My uncle's jokes are stale.*

**stalemate [s]:** punto muerto, callejón sin salida (fig) | *The talks ended in a stalemate.*

**stalk [v]:** acechar, seguir sigilosamente; asolar | *The cat stalked the mouse. Social injustice stalk the earth.*

**stall [s]:** puesto, caseta | *There is a stall at the market selling French cheese.*

**stall [v]:** calarse (coche) | *The learner driver in front of us stalled his car twice as he approached the junction.*

**stamp on [v]:** dar un manotazo, dar un pisotón; reprimir a la fuerza; poner sellos en, estampillar | *The opposition was stamped on by the army. I will stamp on any insects I see.*

**stamp out [v]:** acabar con, aniquilar | *The priests of the Spanish Inquisition hoped to stamp out any heresy.*

**stampede [v]:** salir en estampida | *Buffalo used to stampede across these plains.*

**stand a chance [phrase/idiom]:** tener la oportunidad | *I tried everything I could but never really stood a chance.*

**stand back [v]:** mantenerse alejado | *It is important to stand back from a fire so you do not get burned.*

**stand by [v]:** estar preparado (y esperando) | *I'll be standing by to catch you if you fall.*

**stand down [v]:** renunciar | *I'd like to announce that I'm standing down as director of the company.*

**stand for [v]:** representar | *T stands for the temperature*

**stand in [v]:** reemplazar, substituir | *Your teacher had an emergency so I will stand in for her for this class.*

**stand on [v]:** subirse a | *Don't stand on a chair, you'll fall. We stood on a platform for equality and for integrity.*

**stand out [v]:** resaltar, sobresalir, destacarse | *Wow, those bright colors really stand out.*

**stand the test of time [phrase/idiom]:** resistir el paso del tiempo | *Our methods have stood the test of time.*

**stand up [v]:** levantarse; ser probado | *Their evidence will never stand up in court.*

**stand up for [v]:** alzarse en favor de, alzarse en defensa de | *Johnston was a hero who stood up for his fellow captors without regard for his own safety.*

**stand up to [v]:** hacer frente a, alzarse en contra de | *I think you should stand up to your older brother and tell him to stop pushing you around.*

**stand-off [s]:** empate | *They were equal in strength so the fight was a stand-off.*

**standby [adj]:** de repuesto, de emergencia | *The hospital used their standby generator until power was restored.*

**standby [s]:** repuesto | *The hospital used their standby generator until power was restored.*

**staple [v]:** grapar | *Janet stapled the memo to the report.*

**star-studded [adj]:** de primera categoría, estelar | *The movie boasts a star-studded cast.*

**starlet [s]:** actriz joven, estrella en ciernes

**start off/out [v]:** empezar (tarea) | *We'll need to start (off/out) early because the journey takes six hours.*

**start on at [v]:** empezar a quejarse ante (alguien) | *She started on at him about the way he's always looking at other women.*

**start out [v]:** empezar (carrera, vida) | *His father owned the company so he didn't have to start out in the mail room.*

**start up [v]:** poner en marcha (máquina, negocio) | *He heard the stranger start up a motorcycle. We started up an opera theater company.*

**start-up [adj]:** incipiente, nueva (empresa) | *Apple Inc. was just a start-up company in the late 70s and early 80s.*

**startle [v]:** sobresaltar, asustar | *You really startled us, bursting in like that.*

**starve [v]:** pasar hambre; privar de comida a sb | *The crops have failed and the people are starving.*

**state of the art [adj]:** de última generación, de vanguardia | *Our new TV uses state-of-the-art technology to provide the best picture and sound.*

**state your business [v]:** exponer las intenciones | *Each visitor stated their business before protesting.*

**state your case [v]:** decir lo que uno piensa | *The new rules allow you to state your case for the person you're voting for.*

**stay on [v]:** quedarse | *Maria hoped she could stay on after her visa expired.*

**stay out [v]:** pasar la noche fuera; quedarse fuera | *Students often stay out all night partying.*

**stay over [v]:** quedarse a dormir | *Mum, can I stay over at Anne's house tonight?*

**stay the course [v]:** no aflojar hasta conseguirlo | *That has been a powerful incentive for countries to stay the course and continue reforms.*

**stay/keep afloat [v]:** flotar | *Creative ways to increase your income and keep afloat*

**steadily [adv]:** constantemente | *The equipment is still very expensive, even though prices are steadily falling.*

**steady [adj]:** constante, continuo, ininterrumpido | *The train was moving at a steady pace. The prices have remained steady but they will rise soon.*

**steal away [v]:** escabullirse | *The burglar stole away from the back of the house before anyone saw him.*

**stealth [s]:** sigilo, cautela | *Ian moved through the dense undergrowth with impressive stealth.*

**steam [v]:** echar chispas (fig); cocinar al vapor | *As the drunk man continued to make bigoted comments, Lucy could see Bill starting to steam.*

**steam into [v]:** moverse en conjunto hacia | *Officials estimate that 20,000 refugees streamed into the city last week. (tmn out, through...)*

**steam up [v]:** empañarse | *It was so hot in the room that my glasses steamed up.*

**steer [v]:** dirigir, guiar | *Beth's parents steered her towards a career in finance.*

**stem [s]:** tallo

**stem [v]:** contener, cortar de raíz | *He put pressure on the cut to try and stem the flow of blood.*

**stem from [v]:** originarse de, venir de, surgir de | *These problems stem from the terrorist attack a few years ago.*

**step aside [v]:** hacerse a un lado; dejar el trabajo (para que lo coja otro) | *Please step aside to let the wheelchair through. She stepped down as captain of the team.*

**step back [v]:** alejarse, retroceder | *Everybody step back, let's give him some space!*

**step on [v]:** pisar | *Careful, you might step on the dog's tail!*

**stern [adj]:** serio, rígido, severo | *Harriet was a tall woman, with a stern face.*

**stew [s]:** estofado, guiso

**stick [v]:** pegar, adherir | *Let me stick this notice on the board.*

**stick by [v]:** seguir apoyando, no abandonar (decisión, opinión, plan) | *We must stick by our decision.*

**stick down [v]:** pegar (con cinta adhesiva) | *Nowadays you don't have to lick the edge of an envelope before you stick it down.*

**stick in [v]:** introducir | *The first thing that I stuck in was this diary.*

**stick to [v]:** mantenerse leal a, atenerse | *Abraham Lincoln always stuck to his opinion. You should stick to your dietician's recommendations,*

**stick up [v]:** apuntar (sobre una superficie) | *There were some large rocks sticking up out of the water. My hair is always sticking up.*

**stick up for [v]:** dar la cara por, defender a | *When the bullies came around, he stuck up for his little sister.*

**stick with [v]:** seguir a rajatabla; continuar con | *I stick with this diet. I stick with the same hairdresser.*

**stiffen [v]:** ponerse tenso; ponerse rígido | *She stiffened when I mentioned her old boss. Beat the egg whites till they stiffen.*

**stiffness [s]:** rigidez | *The stiffness of the card made it ideal for mounting pictures.*

**still (UK) [adj]:** sin gas | *Please bring me some still water.*

**stink [v]:** apestar | *Your feet stink!*

**stipped [adj]:** a rayas | *stipped shirt*

**stir [v]:** mezclar, revolver | *Stir all of the ingredients together with a spoon.*

**stir up [v]:** suscitar, incitar | *The protest was a device to stir up public interest in the issue.*

**stitch [v]:** hilvanar, coser con puntadas ligeras

**stoke [v]:** avivar | *It's getting cold in here - would you stoke the fire for me? It will stoke my rage.*

**stony [adj]:** frío, duro (rostro, voz); pedregoso | *Timothy gave the noisy children a stony glance.*

**stoop [s]:** joroba | *In old age she developed a permanent stoop.*

**stoop [v]:** encorvarse | *The cellar door was so low I had to stoop to get in.*

**stop away [v]:** ausentarse | *he stopped away from house all day.*

**stop over [v]:** pernoctar | *We stopped over in Miami on the way here.*

**stop up [v]:** tapar (agujero) | *We stopped (up) the gap with some rags.*

**stopover [s]:** escala, breve visita, parada | *We took a short stopover in New York, but unfortunately we didn't have much time for sightseeing.*

**store up [v]:** almacenar; apartar, almacenar (fig; problema) | *If you don't deal with the problem now, you'll be storing up trouble for yourself in the future.*

**storm out [v]:** salir hecho una furia | *He stormed out of the building after arguing with his boss.*

**stove [v]:** fogón, cocina | *Henry put the kettle on the stove to heat the water.*

**stow [v]:** guardar, almacenar | *Lifejackets are stowed under the seats.*

**stow away [v]:** viajar de polizón, viajar escondido | *The illegal immigrants stowed away on the passenger ship.*

**stowaway [s]:** polizón | *A sailor discovered a stowaway hiding in the ship's hold.*

**strafe [v]:** ametrallar | *The town was repeatedly strafed by military aircraft.*

**straightaway [adv]:** enseguida, inmediatamente | *Come home straightaway after work and we'll eat early.*

**straighten [v]:** enderezarse | *After miles of hairpin bends, the road finally straightened.*

**straighten up [v]:** ponerse derecho; limpiar y ordenar | *Straighten up! I straighten up the house whenever company is coming.*

**strain against [v]:** esforzarse para librarse de, forcejear contrar | *The animal strained against the rope.*

**strangle [v]:** estrangular; suprimir, estrangular (fig) | *The killer prefers to strangle his victims. These controls on the media will strangle free speech.*

**strap in [v]:** poner el cinturón a | *Brian strapped the children in, before getting into the driver's seat.*

**streak [s]:** rasgo, cualidad (personalidad); nabega, mecha (pelo) | *Don't get on the wrong side of Neil; he's got a nasty streak.*

**stretch out [v]:** estirar; tirarse, echarse | *Stretch out your arm. I like to stretch out on the sofa.*

**stretch to [v]:** alcanzar para, llegar para | *My language skills don't stretch to Japanese.*

**stride [v]:** dar zancadas, andar a pasos largos | *Len strode into the office and demanded to see the manager.*

**strike back [v]:** contraatacar, devolver el golpe | *If you wrong her, she may strike back (at you)*

**strike off [v]:** eliminar, excluir (de una lista) | *I don't like them any more, strike them off the party list.*

**strike out [v]:** ponerse a, empezar | *After working for her father for ten years, she felt it was time to strike out on her own.*

**strike up [v]:** iniciar, entablar | *During our visit to Africa I struck up a friendship with our guide.*

**strikingly [adv]:** impresionantemente | *The whole family are strikingly handsome.*

**strive [v]:** esforzarse (no físico) | *Strive for success. The animal strove to free itself.*

**stroke [v]:** acariciar | *She stroked the cat's fur.*

**stroke [s]:** golpe (brillante de ) | *a Stroke of luck/genious/work.*

**stroke of luck [s]:** golpe de suerte | *By a stroke of luck, I found a parking space on the crowded street.*

**stroll [s]:** paseo, vuelta | *The couple went for a stroll after dinner. Take a stroll*

**stroll about [v]:** dar un paseo | *We were early, so we strolled about while we waited.*

**struggle [v]:** luchar, esforzarse (norml. físico) | *I'm really struggling to get this right because it's important to me. (se strive)*

**strum [v]:** rasguear (guitarra) | *I could hear Anthony strumming his guitar all night.*

**stubble [s]:** barba incipiente, barba de varios días | *Eugene hadn't shaved for days and his chin was covered in stubble.*

**stuff [v]:** rellenar | *The easiest way to stuff a turkey is to use a spoon.*

**stumble [v]:** tropezar | *Walking along the dark path, Helen stumbled and almost fell.*

**stumble on [v]:** encontrar por casualidad | *The other night I happened to stumble on an old photo album.*

**stumble over/on [v]:** atascarse con, trabarse con (fig) | *I always stumble on the words to the national anthem when I try to sing it.*

**sturdy [adj]:** robusto, fuerte | *Andrew was a sturdy young man.*

**stutter [v]:** tartamudear | *Rick stuttered his apologies.*

**subdue, overpower [v]:** someter, dominar, reducir ( a la fuerza) | *The mugger overpowered her and knocked her to the ground. Martha managed to subdue her attacker.*

**subdued [adj]:** hundido anímicamente | *Carol was subdued after the argument with her husband.*

**subsidise [v]:** subvencionar (a) | *State governments subsidize education at all levels.*

**subtle [adj]:** sutil, imperceptible | *Wendy started making subtle signs that they should leave.*

**succeed in [v]:** lograr | *He will never succeed in business if he does not get serious.*

**suck up to [v]:** hacer la pelota a | *The man sucks up to his boss because he wants a raise.*

**sue [v]:** demandar | *Survivors of a plane crash often sue for damages. Some divorced parents sue for full custody.*

**suffle [v]:** arrastrar los pies | *The old man shuffled along the street.*

**suitable for [adj]:** apto para, adecuado para | *He doesn't think his daughter's boyfriend is suitable for her.*

**suitor [s]:** decidirse | *She has so many suitors that she cannot make up her mind.*

**sulk [v]:** enfurruñarse | *Imogen was sulking after her argument with her friend.*

**sum up [v]:** resumir | *The oral report should sum up the main points*

**summon [v]:** citar, convocar | *He has been summonsed to appear before the High Court. Jim summoned a doctor.*

**summon up [v]:** armarse de (courage, nerves) | *It took me six months to summon (up) the courage to ask him out for a drink.*

**surface [v]:** surgir, emerger; salir a la superficie, asomar | *The submarine surfaced. Let's consider the issues that may surface in the future.*

**surge [s]:** arrebato, ataque | *There is always a surge in consumer spending before Christmas. Surge of anger/adrenaline*

**surgeon [s]:** cirujano | *The surgeon prepared to operate on the patient.*

**surplus [s]:** excedente

**swallow [v]:** tragar, comerse | *I accidentally swallowed my chewing gum.*

**swallow up [v]:** envolver por completo | *The jungle vines completely swallowed up the temple ruins.*

**swanky [adj]:** pijo, estiloso, a la moda (inf)

**swarm [s]:** enjambre | *There was a swarm of flies on the wall.*

**swear [v]:** decir palabrotas, jurar | *It's rude to swear. I swear to tell the truth.*

**swear by [v]:** tener fe a | *My grandmother swore by honey as a hayfever remedy.*

**swear/curse/four-letter word [s]:** palabrota | *The children snatched because Luis said a swear word.*

**sweat out [v]:** sudar por | *Sweating out the results is often more difficult than taking the test itself.*

**sweated labour [s]:** trabajo explotado | *Let's eliminate child and sweated labour in the retail industry.*

**sweaty [adj]:** sudoroso | *I'm all sweaty from my bike ride.*

**sweep [v]:** barrer | *My father swept the floor with a wooden broom.*

**sweep aside [v]:** pasar por alto (cosas que preocupan) | *They swept his doubts and objections aside.*

**sweeping [adj]:** de gran envergadura, de gran alcance (fig) | *The new government implemented sweeping reforms.*

**sweet [adj]:** dulce | *This dessert is very sweet.*

**swell [v]:** hincharse | *Wendy's ankle swelled after she slipped on the wet rocks.*

**swerve [v]:** cambiar de dirección, virar | *Pete snatched on his classmates when he saw them steal candy.*

**swift [adj]:** rápido (incremento, ritmo, cambio) | *The travellers moved at a swift pace and soon reached their destination.*

**swig [s]:** trago grande | *Eddie took a swig of root beer and wiped his forehead.*

**swindle [v]:** estafar, timar | *The antiques dealer swindled the old lady.*

**swing [v]:** balancear(se) | *The player swung the tennis racket. The ornament swung in the breeze.*

**swing around [v]:** cambiar de dirección, girar rápidamente; hacer que (algo) cambie de dirección | *Juan swung around to look at her.*

**swirl [v]:** arremolinarse | *The dancer's skirts swirled as she moved.*

**switch [s]:** interruptor

**switch off [v]:** apagar; desconectarse (fig) | *I always switch off the lights. If he gets bored, he just switches off and looks out the window.*

**tack [v]:** fijar, pegar, sujetar con tachuelas | *Hugo tacked the secret letter to the underside of a drawer.*

**tackle [v]:** abordar | *If we are to tackle a problem effectively, then we must always begin at its root.*

**tail [v]:** seguir, perseguir (inf) | *The spy tailed the official to find out whom he was working with.*

**tail back [v]:** hacer cola, extenderse (tráfico) | *The traffic tailed back to the bridge. Traffic is currently tailing back over 10 km.*

**tail off [v]:** ir disminuyendo, apagarse (fig) | *His voice tailed off as he drifted into sleep. The profits tailed off after a few years.*

**tailor [v]:** adaptar; confeccionar, coser (ropa) | *The school tailors the course to each student's needs.*

**taint [v]:** echar a perder, contaminar, corromper | *Fertilizer has tainted the local water supply.*

**take a back seat [v]:** pasar a segundo plano, ponerse al margen | *Ron took a back seat and let his son run the family business.*

**take a bow [v]:** hacer una reverencia, saludar ante el público | *At the end of a play it's customary for the actors to take a bow at the front of the stage.*

**take a chance [v]:** arriesgar, apostar por | *Yes, it's possible I won't win, but I'll take a chance. She took a chance on him.*

**take a gamble [v]:** apostar, hacer una puesta por | *We took a gamble on Spanish cinema.*

**take a peek [v]:** espiar, echar un vistazo | *I want so much to take a peek at my presents, but I'll wait till Christmas.*

**take aback [v]:** dejar de piedra | *I was a little taken aback at the directness of the question. The news really took us aback.*

**take after [v]:** parecerse, asemejarse a | *Sam really takes after his father.*

**take along [v]:** llevar | *Take along with you, too, the message about protecting nature.*

**take away [v]:** confiscar, llevarse | *If you take away people's guns, they won't be able to kill you.*

**take away / subtract [v]:** restar | *Four take away two is two. If you take 4 away from 12 you get 8. Subtract 14 from 37 and you get 23.*

**take back [v]:** retirar, retractarse de ; recuperar | *You can never really take back an insult once you've made it.*

**take credit [v]:** atribuirse el mérito | *He takes credit for my work.*

**take down [v]:** anotar; desmontar, dismantelar | *He took down my address. The campers took the tent down.*

**take exception to [v]:** oponerse a | *I take exception to that comment.*

**take for [v]:** tomar por, ver como | *She took me for her servant! Do you take me for a fool?*

**take in [v]:** estrechar, bajar (ropa); tomar el pelo | *They'll need to be taken the pants in. Don't be taken in by his nonsense.*

**take issue with [v]:** discrepar con sb, mostrarse en desacuerdo con sb | *She took issue with his claim of innocence.*

**take it easy [v]:** tomar las cosas con calma, despreocuparse | *Retirement is the time to take it easy.*

**take it out of [v]:** dejar muerto a (de cansancio) | *Running around after 25 preschoolers takes it out of me by the end of the week.*

**take off [v]:** despegar (vuelo); coger vacaciones; | *The plane took off at 8. He took two weeks off.*

**take off (wear) [v]:** quitarse | *If you're hot, why not take off that jumper?*

**take on [v]:** hacerse cargo de | *Taking on the directorship was his first mistake. (take over)*

**take out [v]:** sacar; llevar (invitar a lugar); matar; destrozar | *You take out a book from the library. Our boss took us out for dinner.*

**take over [v]:** quedarse a cargo; asumir el control | *Take over the meeting for me, I'll be back in a moment.*

**take powder, get control of [v]:** tomar el control | *The generals took power and exiled the President.*

**take sb on [v]:** contratar

**take the field [v]:** saltar al campo | *After a long delay, the teams finally took the field.*

**take the hint [v]:** captar la indirecta, darse por aludido

**take the lead [v]:** tomar la delantera | *The Security Council must take the lead in this regard.*

**take the sting out of [v]:** empeorar (situación) | *The new policy of shorter working hours will serve to take the sting out of the pay cut.*

**take up [v]:** empezar con; acortar (ropa); ocupar (tiempo) | *I took it up recently. I'll have to take my skirt up. This desk takes up too much room.*

**take up on [v]:** aceptar | *They took up the company's offer to pay for additional training.*

**take up references [v]:** verificar referencias (trabajo) | *Take up at least two references one from the candidate's current or most recent employer.*

**take up the post [v]:** incorporarse al puesto de trabajo | *The successful candidate will be expected to take up the post by 1 July 2005.*

**take up to [v]:** durar, abarcar | *It can take up to 3 days.*

**take up with [v]:** tratar con | *She's recently taken up with a strange group of people.*

**take your hat off [v]:** sacarse el sombrero ante (inf) | *I take my hat off to the inventor of this amazing tool.*

**take-off [s]:** despegue; parodia, imitación | *Take-off is scheduled for five in the afternoon. It was the best take-off of the prime minister*

**talk at [v]:** hablar (sin escuchar o para evitar escuchar) | *What discussion? You weren't talking to me, you were talking at me!*

**talk back [v]:** responder maleducadamente a, ser impertinente con | *Don't talk back to your parents!*

**talk down [v]:** hablar con condescendencia | *I hate it when my teacher talks down to me.*

**talk over [v]:** hablar sobre, hablar por encima de sb | *Let's talk over your college plans.*

**talk through [v]:** discutir detenidamente | *Can you talk me through the proposal?*

**tame [v]:** domesticar | *Lisa is trying to tame the fox that comes into her garden.*

**tangle [s]:** enredo, maraña | *There was a tangle of cables behind the TV.*

**tangle up [v]:** enmarañarse, enredarse | *The kitten was playing with the string and eventually was tangled up in it!*

**tantum [s]:** berrinche, rabieta | *It's important not to give in if your child has a tantrum.*

**tape [s]:** cinta adhesiva, cinta (música); cinta métrica | *Ann used tape to stick the paper down. Liam put a tape in the player. He got out the tape to measure.*

**tapering [adj]:** estrechado | *Okra are called "ladies' fingers" because of their long tapering shape.*

**tatter [s]:** desgastar, hacer harapos | *The little girl tattered her doll by playing.*

**tatters [s]:** harapos | *The painting was in tatters.*

**taunt [v]:** mofarse de | *The player was sent off the field with the taunts of the crowd ringing in his ears.*

**taxing [adj]:** arduo, agotador | *Harry finds hiking in cold weather to be taxing on his body. Reading from the monitor is taxing on the eyes.*

**team up with [v]:** hacer equipo con | *The US teamed up with Britain to defeat Germany in World War II.*

**tear apart [v]:** machacar, hacer pedazos | *The art critic just tore apart the painting.*

**tear down [v]:** tirar abajo, demoler | *The government must tear down several houses to build the highway.*

**tear off [v]:** arrancar (envoltorio, hoja de cuaderno) | *He tore off the wrapping to discover what was inside.*

**tear one's hair (out) [v]:** tirarse de los pelos (en exasperación o preocupación) | *She was tearing her hair out at the scarcity of doctors.*

**tear up [v]:** romper en mil pedazos; lagrimear, llenársele los ojos de lágrimas | *I'm going to tear up the letter you wrote me. If he sings a sad song, I'm going to tear up for sure.*

**tease, pick on [v]:** meterse con | *Stop teasing your little sister!*

**tell apart [v]:** distinguir, diferenciar (inf) | *The twins are so alike that it's not easy to tell them apart.*

**tell off [v]:** regañar | *Carolina told me off when she found out I was gossiping about her date with Martin.*

**tell on [v]:** chivarse a (inf) | *If a little boy does something naughty, his sister will tell on him.*

**tempt to do [v]:** tentar | *Robert's colleagues knew he was on a diet, but they kept tempting him with cakes.*

**tempting [adj]:** tentador | *Julian was very happy with his job, but then a rival firm made him a tempting offer.*

**tend [v]:** cuidar, ocuparse de | *The shepherd tends his flocks.*

**tend towards [v]:** tender a | *Certain writers tend towards exaggeration.*

**tense up [v]:** tensar (músculo) | *Don't tense your shoulders up, just relax.*

**test out [v]:** probar | *The students tested out their cost-cutting ideas in several companies.*

**testify [v]:** atestar, evidenciar | *The witness testified that the accused had seemed nervous on the day of the robbery.*

**tether [v]:** atar (e.g. animales) | *You can tether your horse to that railing.*

**thaw out [v]:** descongelarse, calentarse (recuperar temperatura) | *I'm just starting to thaw out after taking the dogs out this morning.*

**the back of beyond [s]:** lugar remoto | *They live in some village in the back of beyond.*

**the foggiest idea [phrase/idiom]:** la menor idea | *I have (not a clue/not the foggiest idea/ no idea) what you mean.*

**therefore [adv]:** por tanto, luego, entonces | *I think, therefore I am.*

**thin out [v]:** dispersarse | *The crowd thinned out after the parade was over.*

**think out [v]:** reflexionar | *The second step is to think out loud with the victim as you identify the evidence in her story.*

**think over [v]:** considerar, pensar | *Think over what I said and let me know tomorrow what your decision is.*

**think through [v]:** pensar bien, sopesar | *She had to think through his wedding proposal.*

**think up [v]:** pensar algo, ocurrírsele algo | *Hey Jane, I just thought up a solution to your problem!*

**thoroughly [adv]:** totalmente, plenamente, absolutamente | *Robert was thoroughly fed up. He feels thoroughly ashamed.*

**thrash out [v]:** discutir a fondo | *If we have an important decision to make, we spend a whole day thrashing it out in a meeting.*

**thrifty [adj]:** ahorrador | *If you're thrifty you'll have some money left at the end of the month.*

**thrilling [adj]:** emocionante, apasionante

**thriving [adj]:** próspero | *In just a few years, this entrepreneur has built a thriving business.*

**throttle [v]:** estrangular | *The murderer throttled his victim.*

**throttle back/down [v]:** moderar la marcha

**throw a party [phrase/idiom]:** organizar una fiesta

**throw a sickie [v]:** fingir estar enfermo | *I just didn't feel like work so I threw a sickie.*

**throw away [v]:** deshacerse de, descartar | *I had to throw away a lot of old books that nobody wanted.*

**throw in [v]:** añadir, incluir (inf) | *If you buy this computer, I'll throw in a printer for free.*

**throw off [v]:** quitarse, librarse de (enfermedad) | *I can't seem (no consigo) to throw off this cold.*

**throw out [v]:** rechazar (idea, plan, caso); tirar (basura) | *The case was thrown out by the courts due to lack of evidence. Don't throw those bottles away/out.*

**throw up [v]:** echar la pota, vomitar | *I always have to throw up after drinking too much. (bring up = devolver)*

**thud [s]:** ruido sordo, golpe seco, batacazo | *Tina dropped the book and it hit the table with a thud.*

**thump [s]:** ruido sordo | *The box hit the ground with a thump.*

**tick by [v]:** pasar (tiempo) | *The seconds ticked by.*

**tick off [v]:** tachar (elemento lista; USA); echar la bronca a, reprochar enfadado por hacer algo mal | *She ticked off six reasons for saying no. He was ticked off for being late.*

**tickle [v]:** hacer cosquillas (a)

**tide [s]:** marea | *The beach is only accessible at low tide.*

**tide [v]:** marea; corriente, tendencia (fig) | *The tide of public emotion was changing as more details of the story emerged.*

**tidy up [v]:** organizar, ordenar | *I want to tidy up before the guests arrive.*

**tie back [v]:** recoger (pelo, algo que pende) | *I tie my hair back when it's hot.*

**tie down [v]:** atar, fijar (tmn fig) | *Tie down anything that might blow away in the storm. He felt tied down by the relationship.*

**tie the knot [v]:** dar el sí, casarse | *When is your sister going to tie the knot?*

**tie up [v]:** inmovilizar; atar | *They were able to tie her up.*

**tighten [v]:** apretar, ajustar | *Tighten the screw in the chair, the leg is loose.*

**tighten up [v]:** endurecer, hacer algo más restrictivo (fig) | *We need to tighten up the rules, so this can never happen again.*

**tilt [v]:** reclinar, ladear | *The man tilted his seat to take a nap.*

**tinker with [v]:** remendar, hacer apaños | *He is tinkering (around) with his car. The government would be tinkering with the health service.*

**tinkle [v]:** tintinear, campanillear | *The bells on the woman's costume tinkled as she moved.*

**tiny [adj]:** diminuto, minúsculo | *Alice lived in a tiny studio flat, with barely enough room to walk around the bed.*

**tip [s]:** propina; punta | *The tip of my nose is cold.*

**tip [v]:** dejar propina; inclinar | *It is customary to tip 15% in American restaurants. He tipped the pitcher to fill his glass.*

**tip off [v]:** avisar, poner sobre aviso | *Do not tip off the subject of an investigation.*

**tip over [v]:** caerse | *The load was lopsided and looked like it would tip over.*

**tip-off [s]:** aviso, soplo

**tipsy [adj]:** alegre, ligeramente borracho (inf) | *I was a little tipsy and didn't want to say something I'd regret.*

**tiptoe [v]:** andar de puntillas | *Bradley tiptoed through the house, avoiding the squeaky floorboards.*

**tire out [v]:** agotar a, acabar con (alguien) | *Every time I look after her kids they tire me out.*

**to and fro [adv]:** de un lado a otro, de aquí para allá | *The lion paced to and fro in his cage.*

**to and fro [phrase/idiom]:** de un lado a otro | *The lion paced to and fro in his cage.*

**to blame [adj]:** ser culpable | *Your mother is to blame for this whole situation.*

**toad [s]:** sapo | *There was a toad sitting on the rock at the bottom of the garden.*

**toast [v]:** brindar por | *At the wedding reception, the guests toasted the newlyweds' happiness.*

**top [s]:** tapa | *box top, top of the pen, milk bottle top (see cap, lid)*

**top up [v]:** recargar, cargar | *The maximum top-up amount is 100 euros, in multiples of 10.*

**topple [v]:** derribar; derrocar (gobierno) | *Revolutionaries toppled the government in 2011. Don't topple that stack of dishes.*

**torched [v]:** prender fuego, incendiar | *The joyriders torched the car when they were finished with it.*

**torn [adj]:** desgarrado, rasgado, roto | *The young man was wearing torn jeans. Sometimes, surgery to repair a torn ligament is needed.*

**toss around [v]:** zarandear; barajar (ideas, brainstorm) | *The abusive husband was tossing his wife around. The scientists got together to toss around ideas.*

**toss away [v]:** dechar, descartar, romper | *Tossing away a piece of paper is clearly taboo.*

**toss up [v]:** lanzar una moneda (cara o cruz) | *Let's toss up to see who goes first.*

**toss you for it [v]:** lanzar moneda (para decidir) | *Let's toss (a coin) to see who'll go first. I'll toss you for it - heads or tails?*

**toss-up [s]:** situación igualada | *It's a toss-up between them for the editor's job.*

**touch [s]:** un poco, un toque | *He has a touch of fever. A touch of sadness/humour/irony/class (sophistication)*

**touch on [v]:** aludir brevemente a, tocar de paso, hablar brevemente de | *In the course of the interview we touched upon the delicate matter of his conviction for assault.*

**touch up [v]:** retocar, hacer las últimas mejoras a; meter mano a | *I touched up my English paper right before turning it in.*

**touched [adj]:** emocionado

**touchy [adj]:** susceptible

**toughen up [v]:** curtirse, aprender a ser fuerte | *I'll have to toughen up if I don't want to go home crying every day.*

**tousle [v]:** despeinar | *Hillary tousled her nephew's hair and laughed.*

**toy with [v]:** jugar con, darle vueltas a | *Steve toyed with the idea of giving up his job and travelling around the world.*

**trail off [v]:** irse apagando (sonido) | *His voice trailed off weakly and we could not hear the rest.*

**tram (UK) [s]:** tranvía | *I used to take a tram to work in the City.*

**trap [s]:** trampa

**trashcan [s]:** papelera

**travail [s]:** trabajo duro, esfuerzo

**traverse [v]:** atravesar, recorrer, cruzar | *The winter grew colder as the troops traversed the eastern front.*

**treacherous [adj]:** traidor, desleal; traicionero | *Mack is treacherous. Only a fool would go out in this treacherous weather.*

**treat to [v]:** invitar (a alguien) a | *She treated her friend to lunch.*

**trekking [s]:** excursionismo | *Ryan decided to spend six months trekking in the Himalayas.*

**tremble [v]:** temblar, estremecerse | *The frightened child was trembling.*

**tribe [s]:** manada (monos) | *A tribe of baboons.*

**trim (off) [v]:** recortar | *To finish, you only have to trim off the threads sticking out of the seam.*

**trip over [v]:** tropezarse con, dar un traspié | *That cable is dangerous - someone might trip over it.*

**trip up [v]:** confundirse | *Many foreign students of English trip up on prepositions. Quirks that can easily trip up*

**triple [v]:** triplicar | *I was able to triple my income in one year.*

**trolley [s]:** carrito (compra)

**troop [v]:** marchar, caminar en grupo | *The four children trooped around the supermarket after their mother.*

**truce [s]:** tregua, pausa; armisticio | *The two sides called a truce. The political parties agreed to a truce.*

**truce [v]:** tregua | *The two sides called a truce.*

**trunk [s]:** baúl, maletero (USA)

**trustworthy [adj]:** confiable, que se puede confiar | *The business owner was lucky to have trustworthy employees.*

**truthful [adj]:** honrado; verídico, veraz | *I knew him to be truthful in dealing with me. Her first statement wasn't completely truthful.*

**try on [v]:** probarse | *I tried the shirt on and decided I didn't like it.*

**try out [v]:** testear, hacer una prueba | *The salesman let us try out the bicycle before deciding whether to buy it.*

**try-out [s]:** prueba

**tub [s]:** bañera | *Jeremy filled the tub with hot water.*

**tuck [v]:** meter | *Ursula tucked the corner of the sheet under the mattress. He tucked the newspaper under his arm.*

**tuck away [v]:** esconder para más tarde | *I've tucked away some rainy day money, so lunch is my treat.*

**tuck into [v]:** disponerse a comer | *The group tucked into the food eagerly.*

**tug [v]:** tirar de | *Emily tugged at the door, but it wouldn't open.*

**tumble [v]:** caerse; rodar | *John gave them a prod and they tumbled to the floor. The ball of wool tumbled across the floor.*

**tumble down [v]:** precipitarse, caerse | *The house had not been maintained for years and it was tumbling down around us.*

**tune in [v]:** sintonizar | *Be sure to tune in to next week's episode of "Radio Murder Mystery Hour"!*

**tune into [v]:** sintonizar (radio) | *Be sure to tune in to next week's show.*

**tune up [v]:** afinar | *Dave was tuning his guitar up.*

**turmoil [s]:** confusión, agitación | *There was turmoil at the station when the signalling system broke down.*

**turn a blind eye on/to [v]:** hacer la vista gorda ante | *The inspector agreed to turn a blind eye to the safety violations. We used to turn a blind eye to.*

**turn against [v]:** ponerse en contra de; poner (a alguien) en contra de | *The dog inexplicably turned against his owner. The family turned her against me.*

**turn around/round [v]:** darse la vuelta; girar sobre/alrededor; cambiar (negocio, plan, vida a mejor) | *If you turn around to see a sunset. The Earth turns around its axis. He has turned her life around.*

**turn away [v]:** prohibir la entrada a; apartar la mirada (from); alejarse (from) | *I had to turn away. Turn them away at the gate.*

**turn down [v]:** rechazar; reducir (sonido, temperatura) | *He was turned down for the job.*

**turn in a profit [v]:** generar beneficio | *Those areas will more quickly turn in a profit. (=make a profit)*

**turn into [v]:** convertirse | *A caterpillar will eventually turn into a butterfly.*

**turn on [v]:** excitar, poner como una moto (inf) | *He turned me on and I just couldn't resist.*

**turn one's nose up at [v]:** poner mala cara a

**turn out [v]:** resultar; producir (negocio, empresa) | *The truth turned out to be stranger than we had expected. Our factory is turning dolls out.*

**turn over [v]:** facturar (dinero); dar(se) la vuelta | *The company turns over 3 million dollars a year. If you can't sleep turn over onto your other side.*

**turn up [v]:** subir, aumentar (sonido, calor);

**turn up the heat [v]:** aumentar la presión (fig) | *The Democrats turned up the heat on their candidate to concede the election*

**turn upside down [v]:** poner patas arriba, revolucionar (tmn fig) | *The terrible news turned his world upside down.*

**turnaround [s]:** cambio de rumbo, vuelco, giro radical | *His turnaround came after he'd seen the poll results.*

**turnip [v]:** nabo | *John is growing turnips in the garden.*

**turnout [s]:** concurrencia, número de votantes | *The turnout was much better than we expected.*

**turnover [s]:** movimiento (de empleados); volumen, ventas, facturación (comercio) | *The company had a high turnover of staff. The turnover on this product is very impressive.*

**tweak [v]:** modificar ligeramente, afinar | *This is a good essay and, if you tweak it a bit, I think it could be great.*

**twilight [s]:** ocaso | *Ned's mother told him to be sure to be home by twilight.*

**twinge [s]:** punzada (dolor) | *Ursula felt a sudden twinge in her back when she tried to do the yoga pose.*

**twinkle [v]:** parpadear | *It was a clear night and the stars were twinkling.*

**twist [v]:** torcer, girar; tergiversar (facts, words) | *The expert twisted the valve clockwise.*

**twitch [v]:** contraerse nerviosamente | *He twitches every time you go near him.*

**umpteenth [adj]:** enésimo | *This is the umpteenth affair involving new buildings.*

**unbearable [adj]:** insoportable | *The heat is unbearable!*

**uncanny [adj]:** sorprente, asombroso (habilidad) | *Sonia's skill at playing the piano is uncanny. ability, skill, intuition, accuracy*

**uncaring [adj]:** indiferente, insensible | *Daphne's uncaring husband showed no sympathy when her beloved cat died.*

**unclasp [v]:** separar (las manos)

**uncover [v]:** destapar (investigación)

**undercut [v]:** vender a precios más bajos que | *Large supermarkets can undercut small family-run shops.*

**undergo [v]:** someterse a | *He is going to undergo heart surgery on Wednesday.*

**underline [v]:** subrayar; subrayar, enfatizar (fig)

**undermine [v]:** minar, socavar (fig); desautorizar | *Their acts undermined the peace talks. Don't undermine me by letting them do it!*

**underperform [v]:** defraudar

**underrated [adj]:** subestimado | *Smith is an underrated actor who deserves more recognition.*

**undertake [v]:** comprometerse | *The proofreader has undertaken to make the corrections.*

**underway [adj]:** en progreso, en marcha | *When we arrived the show was already underway. Let's get this show underway.*



**uneasiness [s]:** ansiedad | *I could sense Jim's uneasiness when I asked him what he had done with the money.*

**unequaled [adj]:** inigualable, sin rival | *This finish is unequalled by any other product on the market; accept no imitations.*

**uneven [adj]:** desigual, desnivelado | *The kitchen floor was uneven. It was an uneven race.*

**uneventful [adj]:** tranquilo, sin novedad, sin incidentes | *Bob spent an uneventful day at the office, just doing routine tasks.*

**unleash [v]:** desatar, dar rienda suelta (emociones)

**unlike [prep]:** a diferencia de | *Unlike his father, he did not drink alcohol.*

**unmistakable [adj]:** inconfundible; certero, inequívoco | *These animals are unmistakable because of their long, black and white tails.*

**unobtrusive [adj]:** discreto, desapercibido | *The waiters at the restaurant are efficient, but unobtrusive.*

**unplug [v]:** desenchufar | *Unplug the TV from the mains before you go to sleep at night.*

**unruly [adj]:** revoltoso, rebelde | *The teacher does not tolerate unruly behaviour in this class.*

**unsettle [v]:** inquietar, perturbar

**unship [v]:** desembarcar

**unspoiled, unspoilt [adj]:** puro, virgen | *Tourists come to the region to enjoy the unspoiled countryside. Unspoilt beaches.*

**unwind [v]:** desenrollar, desenmarañar (cuerda)

**up to par [phrase/idiom]:** adecuado y normal | *All the other provisions will be up to par.*

**upbeat [adj]:** animado (persona); alentador (futuro) | *The report gives an upbeat assessment of the housing market.*

**upbringing [s]:** crianza, educación | *Her upbringing made her very suspicious of strangers.*

**uphill [adj]:** ascendiente; arduo, difícil | *The uphill road leads to a small church. Life has been an uphill journey for Susan.*

**uphold [v]:** ractificar | *As a police officer you are expected to uphold the law whether you agree with it or not.*

**upholster [v]:** tapizar | *Sylvia completed an apprenticeship in how to upholster furniture.*

**upkeep [s]:** mantenimiento, costo de mantenimiento | *I can't afford the upkeep on my car right now.*

**upright [adj]:** verical | *The way to the toilets was indicated by an upright arrow.*

**uprising [s]:** alzamiento, levantamiento (fig) | *Uprisings across the Middle East have toppled governments.*

**uproot [v]:** desplazar (de un lugar en el que se estaba asentado) | *The civil war uprooted thousands of people from their homes.*

**upsetting [adj]:** molesto, triste (fig) | *It's upsetting to see homeless people begging in the streets.*

**upside down [adv]:** al revés, boca abajo | *Did you know you've hung that painting upside down?*

**uptake [s]:** ratio | *Plants in their growth stage exhibit an increased uptake of nutrients.*

**upturn [s]:** incremento, mejora (economía) | *The economy experienced an upturn when the civil war ended.*

**upturn [v]:** dar la vuelta | *Tony upturned a rock and found dozens of ants underneath it. It upturned all her ideas.*

**use up [v]:** usar todo, consumir | *Mary used up all my gas and didn't refill the tank.*

**useable [adj]:** utilizable, en condiciones de uso, disponible para usar | *Those containers might be usable as planters. The lawnmower is usable even though it is very old.*

**usher in [v]:** dar comienzo a (etapa)(formal) | *His inventions helped usher in the era of skyscrapers.*

**utter [v]:** pronunciar, proferir | *I did not utter a single word during the meeting.*

**utter [adj]:** total, absoluto, completo | *The president expressed his utter rejection of violence.*

**vagrancy [s]:** vagabundeo | *The police charged Brown with vagrancy.*

**vanish [v]:** desaparecer, esfumarse | *There was a puff of smoke and the magician vanished.*

**veer [v]:** virar, girar bruscamente (coche, barco); salirse del tema (fig) | *The conversation veered in many directions.*

**velvet [s]:** terciopelo, de terciopelo (adj) | *Velvet is a soft fabric. The woman wore a long velvet cloak.*

**veneer [s]:** revestimiento; fachada, apariencia (fig) | *Larry's veneer of charm often fooled people. The sideboard had a covering of veneer.*

**vent [v]:** soltar, descargar, dar rienda suelta | *vent fury/anger/frustration*

**vex [v]:** irritar | *The child's constant complaints were beginning to vex Elizabeth.*

**vibe [s]:** ambiente, atmósfera (fig) | *The place has a friendly, relaxed vibe and the dress code is casual.*

**viewing time [s]:** tiempo de emisión (tv) | *The pictures they took appeared on Dutch television at peak viewing time.*

**vote down [v]:** rechazar (propuesta, ley) | *As the amendment was not adopted, I would decided to vote down.*

**vote on [v]:** votar (algo) | *The committee voted on the proposal, and accepted it unanimously.*

**vote through [v]:** aprobar (propuesta) | *The lawmakers voted through the proposal.*

**vouch for [v]:** poner las monos en el fuego por (alguien); dar fe de (algo) | *I can vouch for his honesty; I even trust him with the keys to my own house.*

**vow [v]:** prometer | *Patricia vowed to make the world a better place.*

**vulture [s]:** buitres | *The vultures are circling.*

**wail [v]:** gemir en lamento, llorar | *Women wailed and beat their breasts at the funeral.*

**waistcoat [s]:** chaleco (UK) | *Paul was wearing waistcoat over a shirt and tie.*

**wait on [v]:** atender (restaurante, bar) | *Each waitress waits on three different tables in the restaurant.*

**wait up [v]:** esperar despierto | *He's 23 years old; you need not wait up for him anymore.*

**wake up [v]:** despertarse, despertar | *I wake up every day at six o'clock.*

**wake up and smell the coffee! [phrase/idiom]:** Despierta! Sé realista!

**walk away [v]:** abandonar, dejar (fig) | *You can't just walk away from a marriage at the first sign of a problem.*

**walk in on [v]:** pillar in fraganti a (alguien) | *She walked in on me when I was getting undressed.*

**walk out [v]:** desistir; salir andadndo | *When she lost her job, he walked out of the marriage. She walked out of the apartment.*

**walk-on [adj]:** extra, papel sin diálogo (actor) | *Even though he had no dialogue, his walk-on performance was memorable.*

**walkout [v]:** huelga | *The workers have voted to go on walkout.*

**wander [v]:** deambular, vagar | *Adam wandered along the beach.*

**wander (around) [v]:** vagar, deambular | *I had some free time, so I decided to wander around the city.*

**wander off [v]:** alejarse | *you nneed to wander off to the café.*

**wane [v]:** reducirse/declinarse con el tiempo | *Public support may wane if mobilized resources are not spent.*

**want for [v]:** carecer de (algo necesario) (formal) | *We didn't have much, but we never wanted for food.*

**want out [v]:** querer salir; querer terminar, querer separarse | *Open the door; the cat wants out. After her boyfriend hit her, Ophelia decided she wanted out.*

**ward off [v]:** repeler, mantener a raya | *This spray will help ward off the mosquitoes.*

**wardrobe [s]:** armario

**warm to [v]:** empezar a encontrar agradable a (alguien) | *I wasn't sure about Sarah at first, but I warmed to her after we'd been out together a few times.*

**warm up [v]:** calentar; calentarse; recalentar (comida); entusiasmar, animar (audiencia) | *Let's go inside and warm up. The comic warmed up the audience with jokes and silly pranks.*

**warm-up [s]:** calentamiento. | *The ballerina did some warm-ups before beginning her routine.*

**warn [v]:** advertir | *He warned me that the train might be late.*

**wary [adj]:** cauteloso

**wash away [v]:** arrastrar (por agua) | *The blood on the pavement had been washed away by the rain overnight.*

**wash down [v]:** bajar, acompañar (comida con bebida); lavar a fondo | *I need some milk to wash down these cookies. Wash down the cutting board.*

**wash up [v]:** arrastrar | *The driftwood was washed up on the beach.*

**wash up, clean dishes [v]:** fregar los platos | *After I cooked dinner, I had to wash up.*

**washed out [adj]:** descolorido, pálido, demacrado | *Her darker hair color makes her face look washed out.*

**waste away [v]:** consumirse, quedarse chupado | *If you don't eat you're just going to waste away. Some diseases can cause people to waste away.*

**watch out [v]:** estar atento | *When you drive in winter you have to watch out for icy patches.*

**watch over [v]:** echar un ojo a, cuidar de | *Watch over the baby while I prepare his bath.*

**water down [v]:** suavizar (idea, opinión)(fig); diluir | *The law was watered down after it failed to pass the legislature the first time.*

**watered-down [adj]:** debilitado; aguado, diluido | *They have returned with a watered-down version of the proposal.*

**watershed [s]:** punto de inflexión | *This moment is a watershed in the history of our country.*

**wave down [v]:** hacer señales a (para que se pare)

**wax [s]:** cera | *Having washed his car, Peter used wax to finish it. Valuest for wax (composiciones de cera)*

**wax and wane [v]:** experimentar altibajos | *His enthusiasm for the job waxes and wanes.*

**waylay [v]:** abordar | *A neighbour had waylaid Lynn as she was leaving the house.*

**wayward [adj]:** caprichoso | *His wayward brother showed up asking for money.*

**wealth [s]:** riqueza | *You could see that they had wealth by their expensive vacations.*

**wear away [v]:** erosionar, erosionarse | *The face of the statue was wearing away due to acid rain. Over time, the rain wear away the stone.*

**wear off [v]:** desvanecer, esfumarse (efecto) | *The pain-relieving effects of the aspirin would wear off after just an hour.*

**wear out [v]:** agotar, fatigar; deteriorar(se), gastar(se) con el tiempo | *Hard work will wear you out. My toothbrush will wear out quickly.*

**weepy [adj]:** lloroso | *The graduation ceremony was a weepy occasion. Weepy eyes.*

**weigh [v]:** pesar | *These apples weigh almost a pound.*

**welder [s]:** soldador (persona) | *You can hire a welder to fit a metal cap on that pipe.*

**well [s]:** pozo natural | *This house gets its water from a well.*

**whatsoever [adv]:** en absoluto | *I don't know anything whatsoever about Greek history.*

**wheedle [v]:** adular, halagar

**wheedle out of [v]:** sonsacar, arrebatar, obtener | *f we really want to wheedle something out of the 'rich' we have to look at taxes on capital gains.*

**wheelchair [s]:** silla de ruedas

**whence [adv]:** de dónde | *The king demanded to know whence the messenger had come.*

**whim [s]:** antojo, capricho | *Oh for a husband who would indulge my every whim! We booked the trip on a whim.*

**whine [v]:** lloriquear, quejarse | *The dog whined outside the door.*

**whining [s]:** lloriqueo | *I will not put up with your whining any more.*

**whip [s]:** látigo

**whip up [v]:** fomentar, despertar (fig); improvisar (comida) | *Tabloids are whipping up a fuss. He whipped up a meal out of the leftovers she had in the fridge.*

**whipped cream [s]:** crema batida, nata montada | *Whipped cream should be light.*

**whirl [s]:** confusión (fig) | *My head was in a whirl.*

**whirlwind [adj]:** breve, relámpago | *Dan made a whirlwind visit to Paris. It was a whirlwind romance*

**whisk [s]:** batidora | *Janet got a whisk to beat the eggs.*

**whisker (animal), moustache [s]:** bigote | *Cats use their whiskers to feel their way around.*

**whistle [v]:** silbar | *The shepherd whistled to his dog.*

**white lie [phrase/idiom]:** mentira piadosa | *His baby was ugly, but I told a little white lie and said it was cute.*

**white/red wine [s]:** vino blanco/tinto

**whittle away [v]:** ir reduciendo | *We've whittled away at our debts. By halftime their lead had been whittled down to two points.*

**whizkid [s]:** niño prodigio (inf)

**wholehearted [adj]:** incondicional, sincero | *The players made a wholehearted effort to try to win the game. support, commitment, endorsement*

**whoosh [v]:** pasar zumbando | *The arrow whooshed through the air and hit the bullseye.*

**whopping [adj]:** gigante, enorme (inf) | *Lisa gave me a whopping slice of cake.*

**wicked [adj]:** malvado, retorcido | *The wicked child tormented the kitten.*

**widen [v]:** ensanchar

**widespread [adj]:** extendido, generalizado | *The use of social media is widespread.*

**widow, widower [s]:** viuda, viudo | *Mr Jones died ten years ago, but his widow still lives in the same house.*

**wig [s]:** peluca | *Steve has started wearing a wig to hide the fact that he's going bald.*

**wildcard [s]:** comodín

**win back [v]:** volver a ganar, recuperar (fig) | *They cut prices in a move to win back customers from competitors. The party want to win back votes.*

**win out [v]:** salir victorioso, ganar | *In action movies the good guys usually win out in the end.*

**win through [v]:** conseguir ganar, ganar a pesar de todo | *Most people are fairly confident that the workers will win through in the end.*

**wince [s]:** mueca de dolor | *He drew back with a wince when I inserted the needle.*

**wince [v]:** hacer un gesto de dolor | *I winced when she described the accident.*

**wind down [v]:** desconectar, desconectarse (inf) (fig)desinflarse, quedar sin energía (fig) | *After work I have a drink to wind down.*

**wind up [v]:** terminar, dar por terminado, concluir | *It's time for lunch - I wish they'd wind up this boring meeting!*

**windfall [s]:** fruta caída; dinero caído del cielo | *They received a windfall from mining royalties last year. We leave the windfall for the deer.*

**windmill [s]:** molino

**wine and dine sb [v]:** agasajar con vino | *The Institute always wines and dines its visiting lecturers.*

**wink [v]:** guiñar un ojo | *When the handsome young man smiled and winked at her, Lucy began to blush.*

**wipe down [v]:** pasar un trapo a | *Brush off loose debris and use rags to wipe down parts.*

**wipe out [v]:** aniquilar, liquidar, destrozar; cansar extremadamente; borrar (info en PC) | *With this new weapon we'll be able to wipe out our enemies.*

**wire up [v]:** conectar (mediante cable) | *I didn't know how to wire up the speakers.*

**wiretape [v]:** intervenir el teléfono, pinchar el teléfono

**wit [s]:** ingenio | *People like this comic because of his wit.*

**witch [s]:** bruja | *The witch turned the prince into a frog.*

**with all due respect (to) [phrase/idiom]:** con el debido respeto

**withdraw [v]:** retirarse | *The regiment had to withdraw from its position. Shall we withdraw to the living room?*

**wither [v]:** marchitar | *The intense heat from the sun withered the delicate seedlings.*

**withstand [v]:** resistir, aguantar (presión, impacto: físicamente) | *The police officer's vest can withstand the impact of a bullet.*

**witter on [v]:** parlotear (de cosas sin importancia)(inf) | *He'd been wittering on about his neighbours for half the morning.*

**wobble [v]:** bambolearse, tambalearse | *Oliver tipped the chair he was sitting in backwards and it wobbled dangerously.*

**woe [s]:** infortunio (norm. plural) | *I'd say he's had more than his fair share of woes this year.*

**wolf down [v]:** engullir, zamparse | *He wolfed down the cheeseburger as if he hadn't eaten in a month.*

**wont [s]:** hábito, costumbre (formal) | *As you know, gentleman, it is not my wont to complain.*

**work around [v]:** evitar, esquivar (problema) | *They worked around the software bug by eliminating some features.*

**work around the clock [v]:** trabajar sin descanso | *We work around the clock to make sure we continue to provide affordable power to our customers.*

**work away [v]:** trabajar sin descanso, darle duro at | *i am working away at my shorthand.*

**work off [v]:** desprenderse de soltar | *She works off stress. He wants to work off surplus fat.*

**work out [v]:** resolver; hacer ejercicio | *I'm still trying to work out this last crossword clue.*

**work up [v]:** calentar, poner histérico; preparar, elaborar; generar, producir | *His speech worked the crowd up into a frenzy. Susan will try to work up a sketch by Friday.*

**work up an appetite [v]:** abrir el apetito, dar hambre | *It made me hungry; it certainly helped to work up an appetite.*

**work yourself into the ground [v]:** matarse trabajando | *He's working himself into the ground, doing three hours of overtime each night.*

**worked-up [adj]:** alterado | *Don't get worked up! There's no need to get all worked up.*

**working knowledge [s]:** conocimiento práctico | *His first language is French and he has a good working knowledge of English.*

**working order [s]:** estado de funcionamiento | *Test all equipment before the workshop to be sure it is in good working order.*

**worm out of [v]:** conseguir (información secreta de alguien) | *He wasn't going to tell me, but I managed to worm it out of him.*

**worn out [adj]:** rendido, agotado; débil/gastado con el uso | *We were worn out after the long walk*

**worsen [v]:** empeorar | *The spot on Dan's face was worsening; it was huge now.*

**worship [v]:** venerar, adorar | *Let us worship God.*

**wound up [adj]:** furioso, irritado | *When Jason gets all wound up, he does foolish things.*

**wound up [v]:** dar cuerda a | *You have to use a special key to wind the clock up.*

**wrap [v]:** envolver | *Rachel wrapped some salad in a tortilla for lunch.*

**wrap up [v]:** completar, dedondear (actividad)(fig); envolver | *Let's wrap the meeting up - I have a plane to catch.*

**wreak [v]:** ingligir, causar | *The hurricane wreaked destruction on several coastal towns.*

**wrecked [v]:** destrozado | *The emergency services removed the wrecked vehicles from the motorway.*

**wrestle with [v]:** pelearse con (fig) | *Paul wrestled with his conscience after he stole the car.*

**wriggle [v]:** retorcerse | *She turned over the rock and found worms wriggling beneath it.*

**wrinkle [s]:** arrugar, arrugar (frente) | *The old man had a lot of wrinkles. Don't wrinkle your forehead.*

**wrinkle [v]:** arrugar

**write down [v]:** apuntar, anotar | *Let's find some paper and write it down.*

**write up [v]:** hacer un informe con | *Please write up your notes from the classroom observation.*

**wry [adj]:** irónico | *Dustin's wry humor makes his stories a delight to read.*

**yank out [v]:** arrancar

**yap [v]:** aullar

**yapping [s]:** aullido | *We could hear the yapping of the dog.*

**yawn [v]:** bostezar | *I can't stop yawning - I must be tired.*

**yawning [adj]:** ancho, abierto (fig, gap) | *There is yawning gap between the rich and the poor in some countries.*

**yearn [v]:** anhelar, ansiar, añorar

**yell [v]:** gritar, chillar | *sentido negativo: Don't yell at me!. Scream - chillido de miedo. Shout - gritar para hacerse oír*

**yell out [v]:** gritar (para llamar la atención de alguien) | *I yelled out "Stop!"*

**yield [v]:** ceder el paso (tráfico) | *You must yield at this intersection to let other traffic pass.*

**yield [v]:** ceder | *yield to the pressure of the society*

**zip [s]:** cremallera

**zip up [v]:** cerrar la cremallera de

**zone out [v]:** estar en babia | *When the men started talking about football, I just zoned out.*