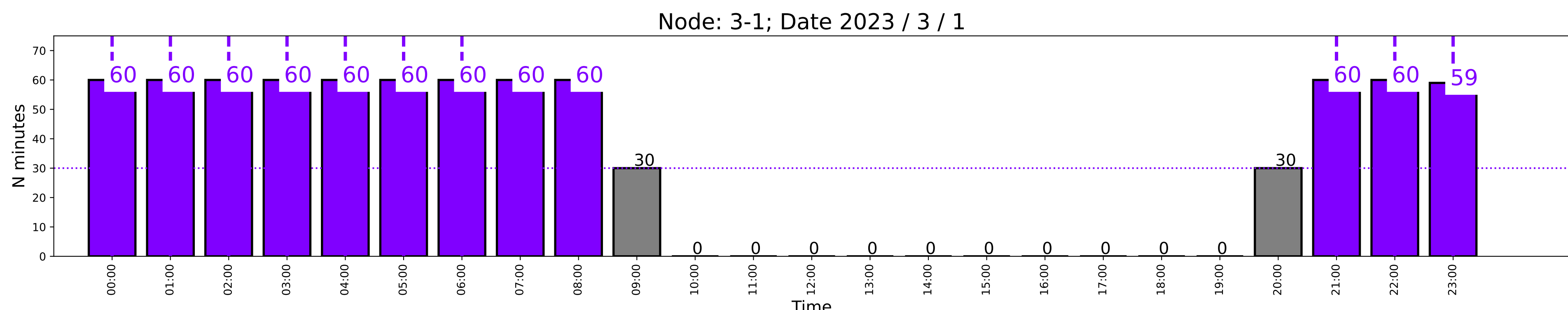
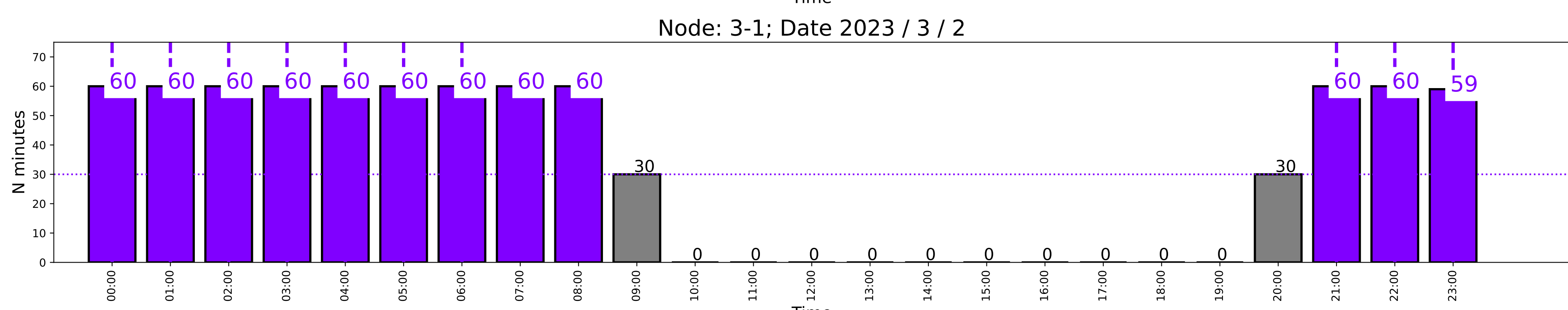


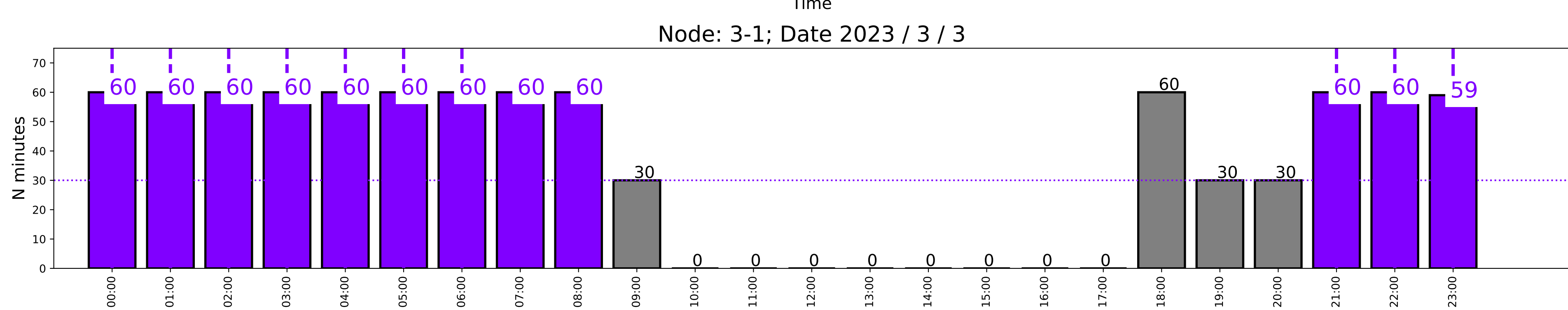
Node: 3-1; Date 2023 / 3



Node: 3-1; Date 2023 / 3

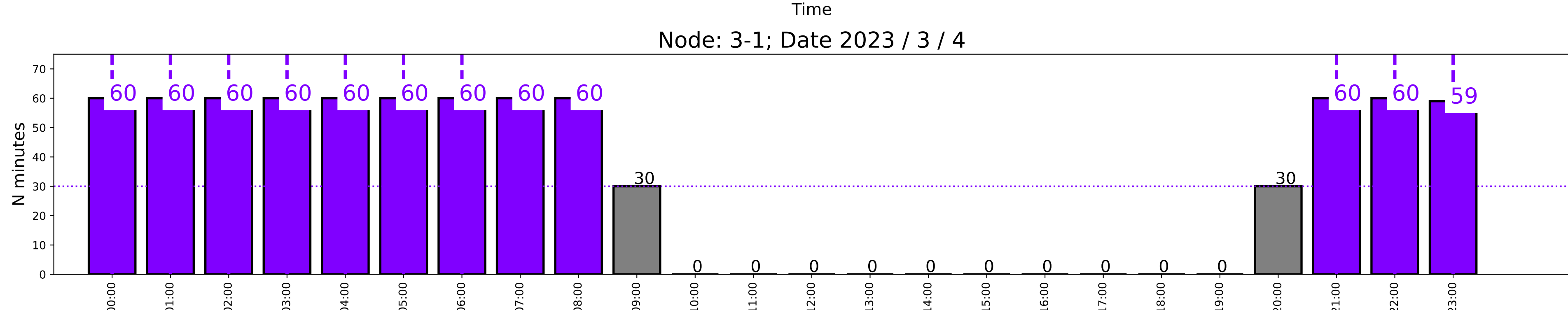


Node: 3-1; Date 2023 / 3



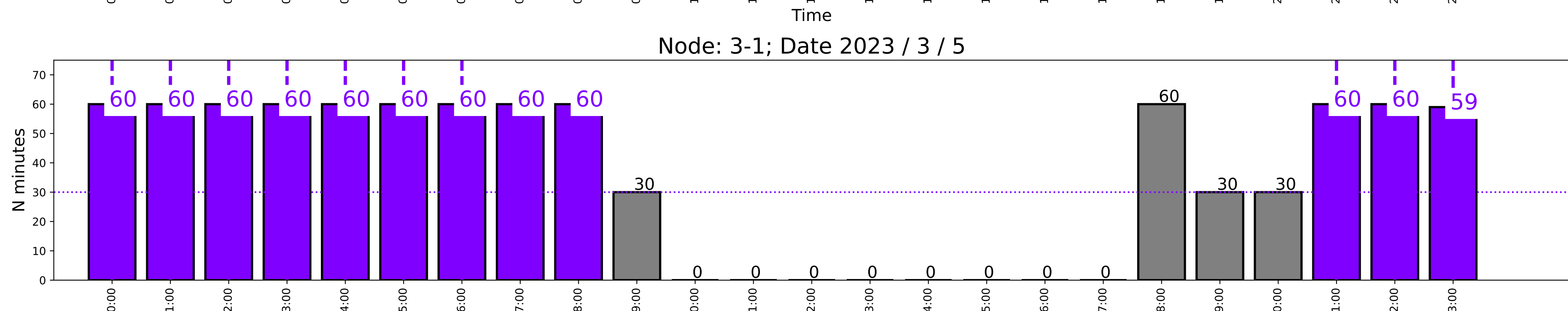
Time

Node: 3-1 · Date 2023 / 3

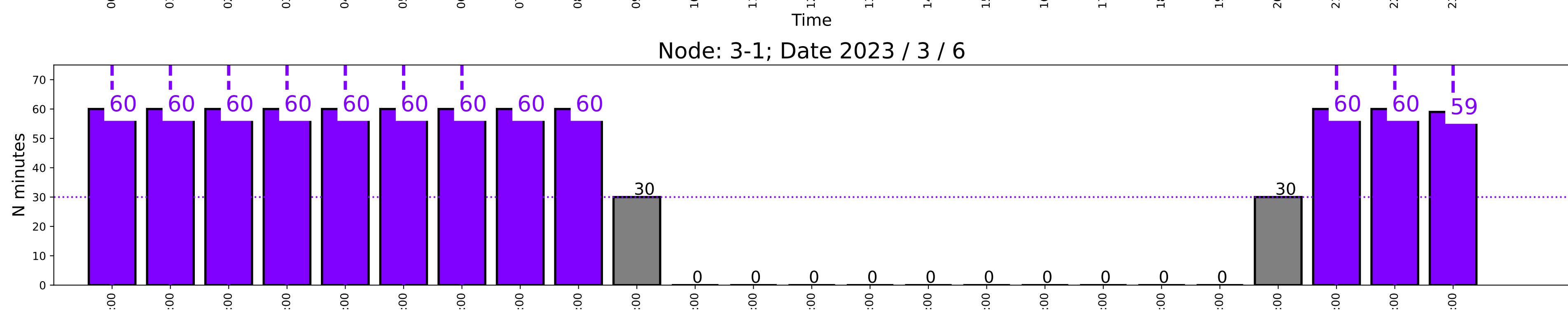


Time

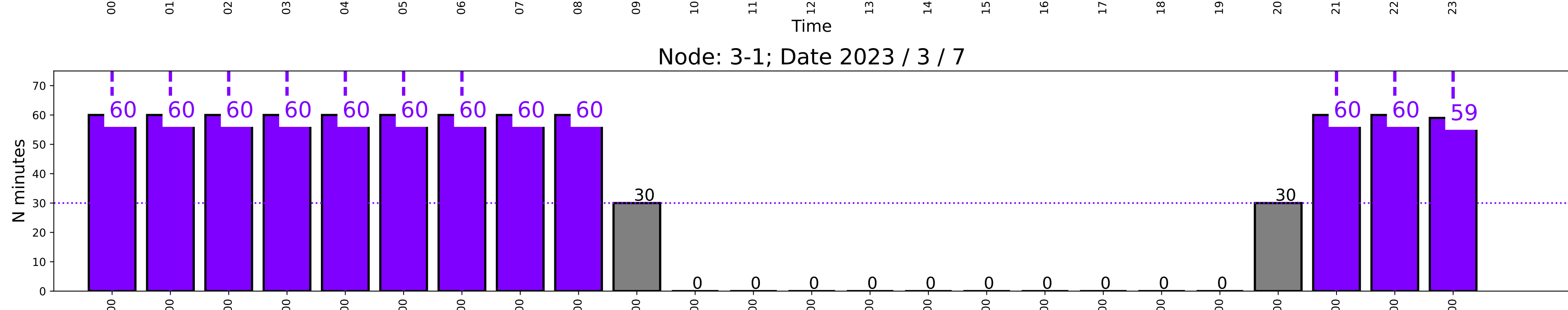
Node: 3.1; Date: 2023 / 3



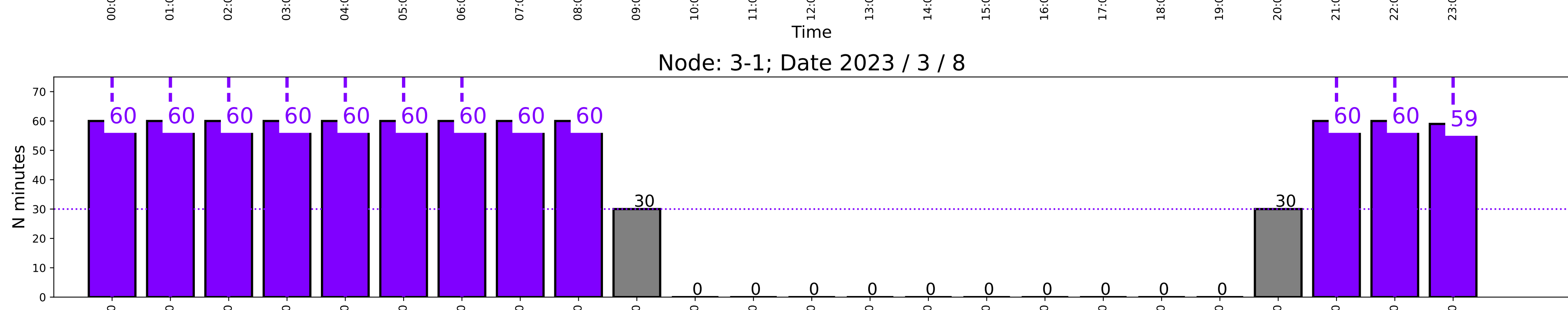
Time



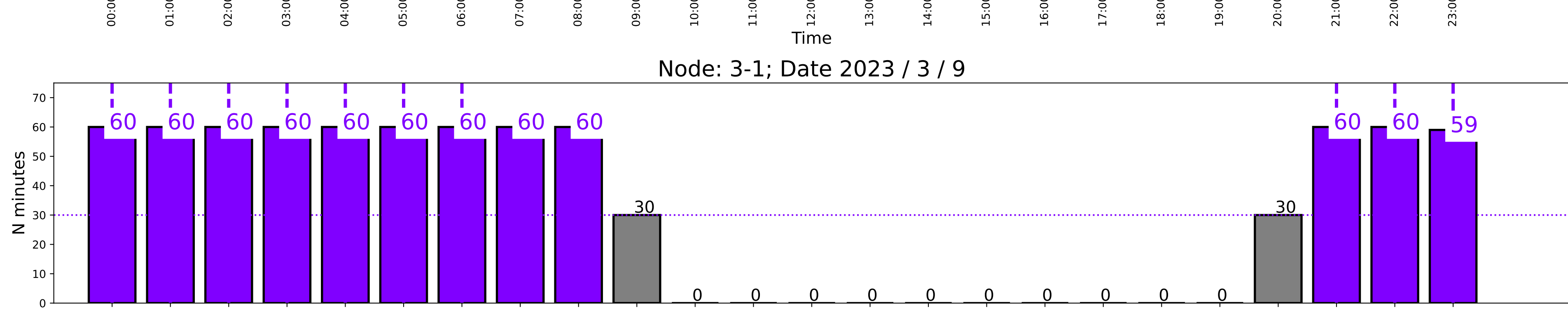
Time



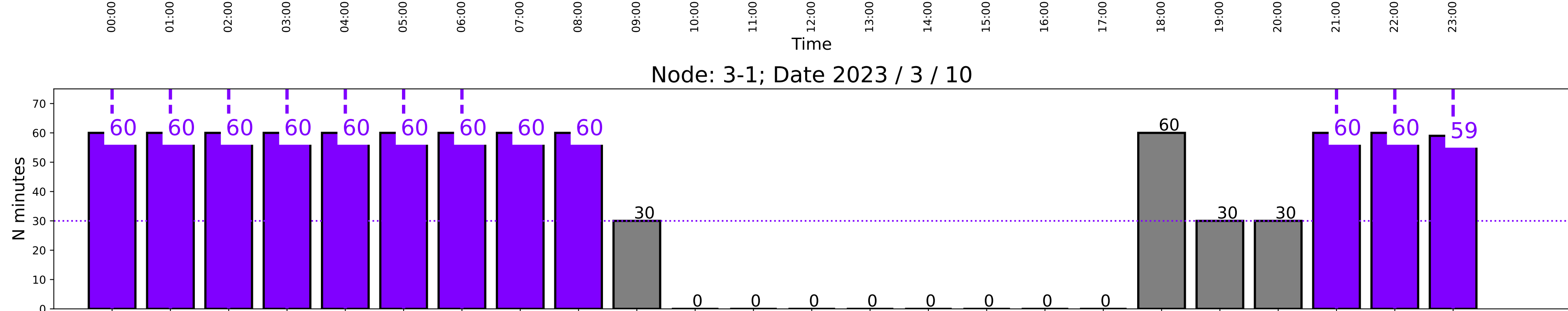
Time



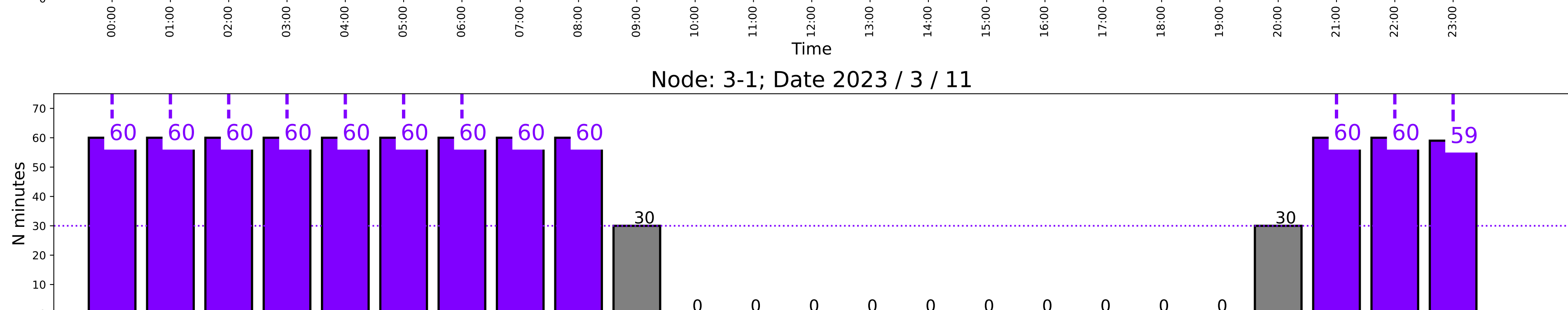
Time



Time

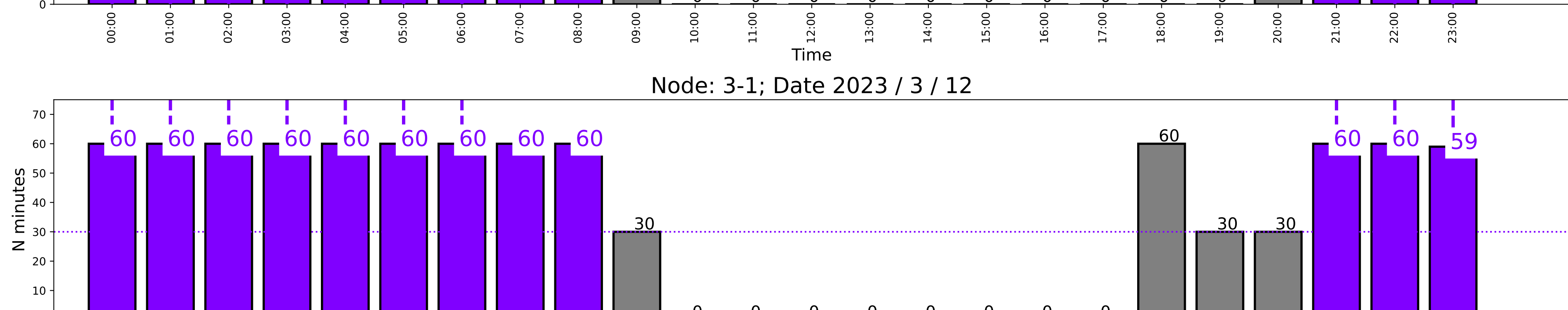


10:00 -
11:00 -
12:00 -
13:00 -
14:00 -

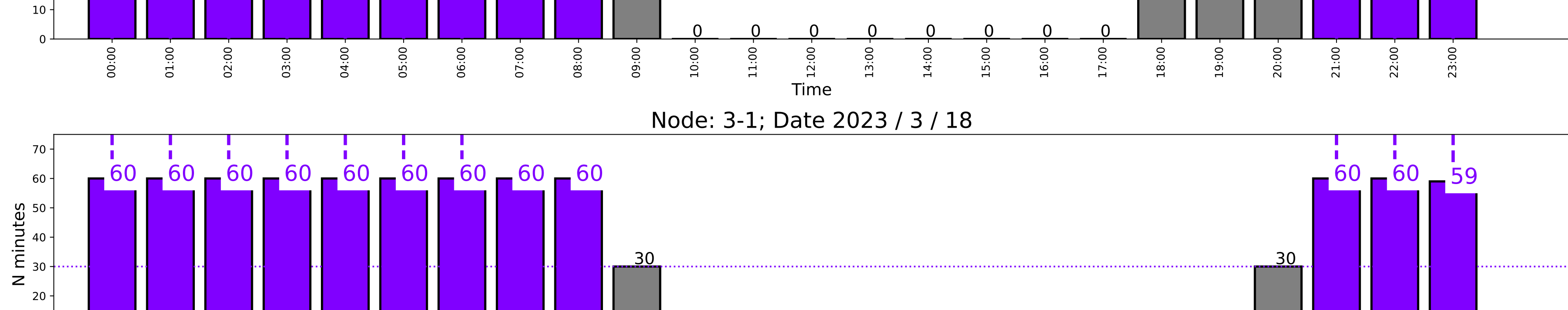
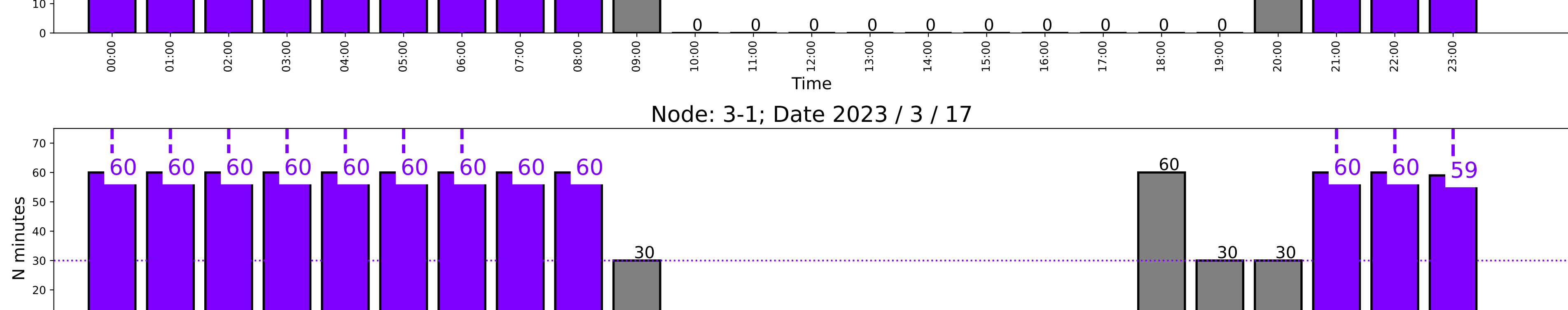
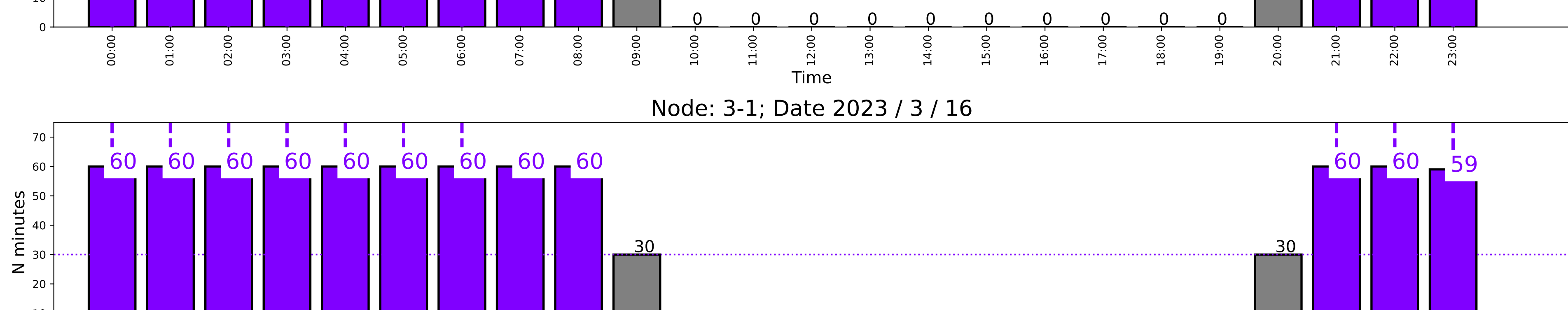
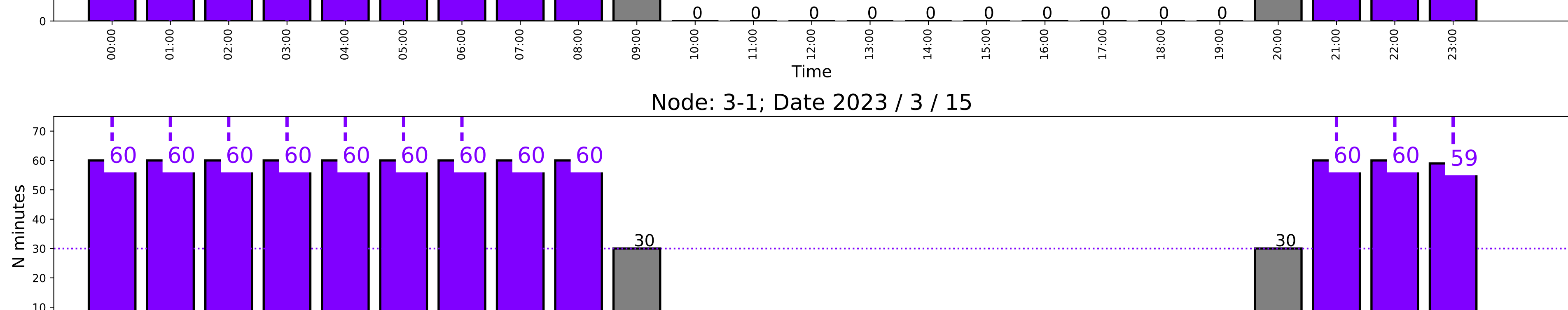
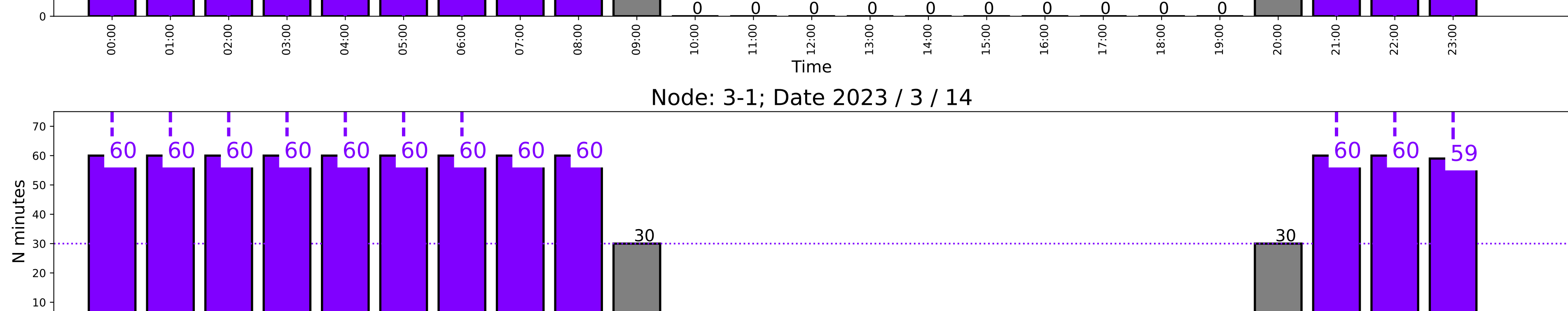
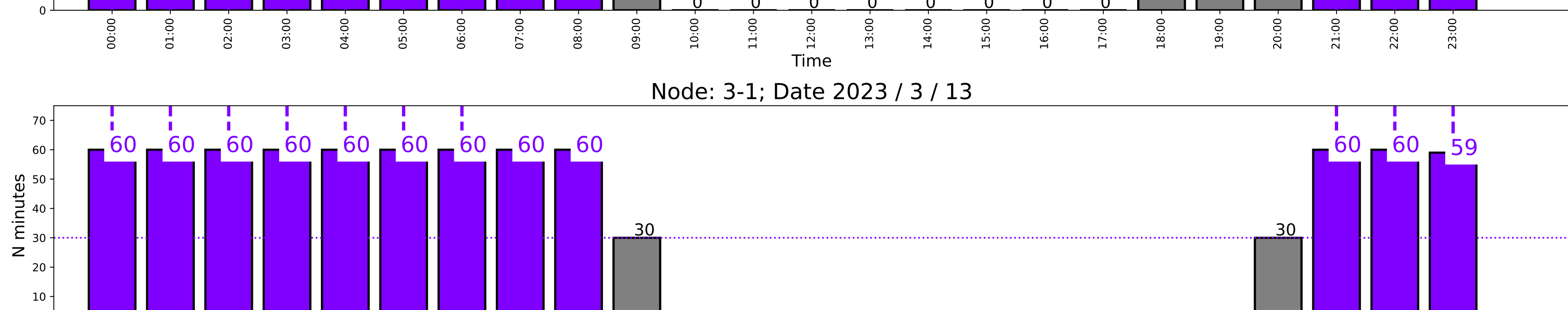


A horizontal timeline with vertical tick marks at 10:00, 11:00, 12:00, 13:00, and 14:00. The events are plotted as follows:

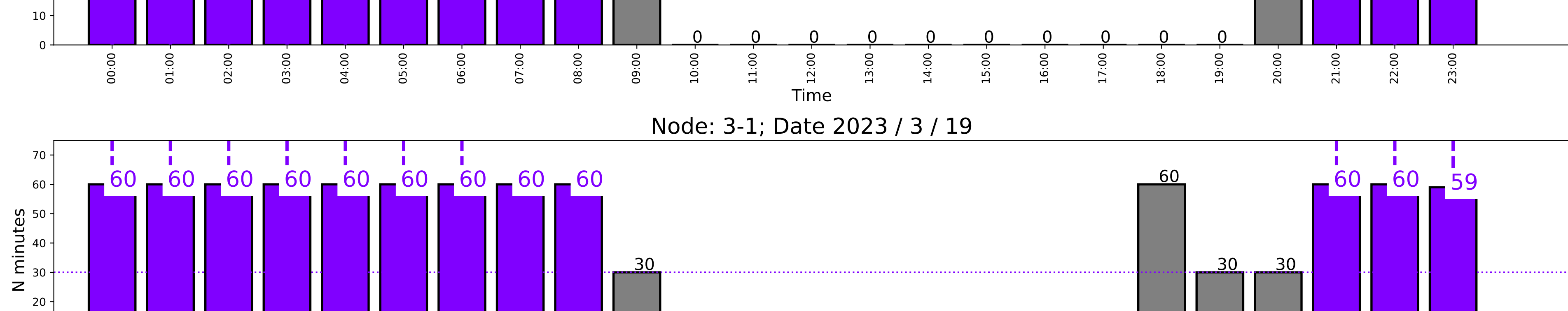
- 10:00:** A vertical line with a downward arrow labeled "Start of the day".
- 10:30:** A vertical line with a downward arrow labeled "First break".
- 11:00:** A vertical line with a downward arrow labeled "Second break".
- 11:30:** A vertical line with a downward arrow labeled "Third break".
- 12:00:** A vertical line with a downward arrow labeled "Fourth break".
- 12:30:** A vertical line with a downward arrow labeled "Fifth break".
- 13:00:** A vertical line with a downward arrow labeled "Sixth break".
- 13:30:** A vertical line with a downward arrow labeled "Seventh break".
- 14:00:** A vertical line with a downward arrow labeled "End of the day".



The timeline illustrates the study's progression from baseline to follow-up. Key events include baseline assessment, randomization, intervention (12 weeks), and follow-up (12 weeks). The timeline is marked with time points at 0:00, 1:00, 2:00, 3:00, and 4:00.



0	0	0	0	0
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0 0 0 0 0

