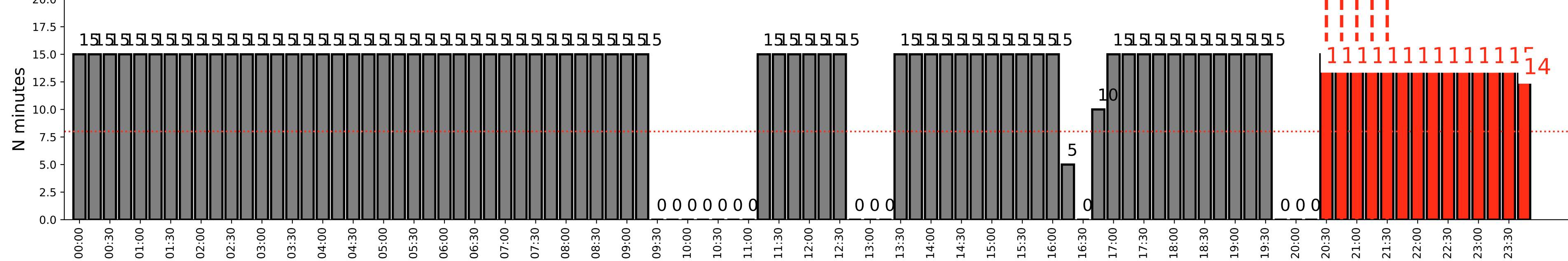
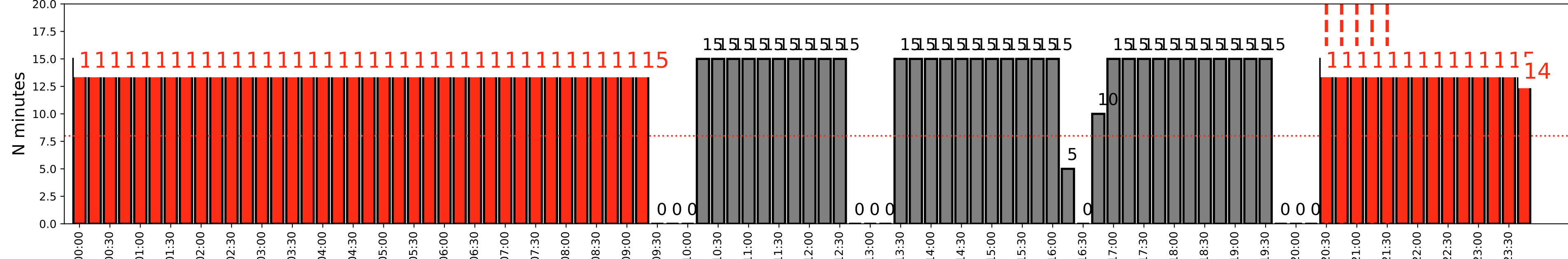


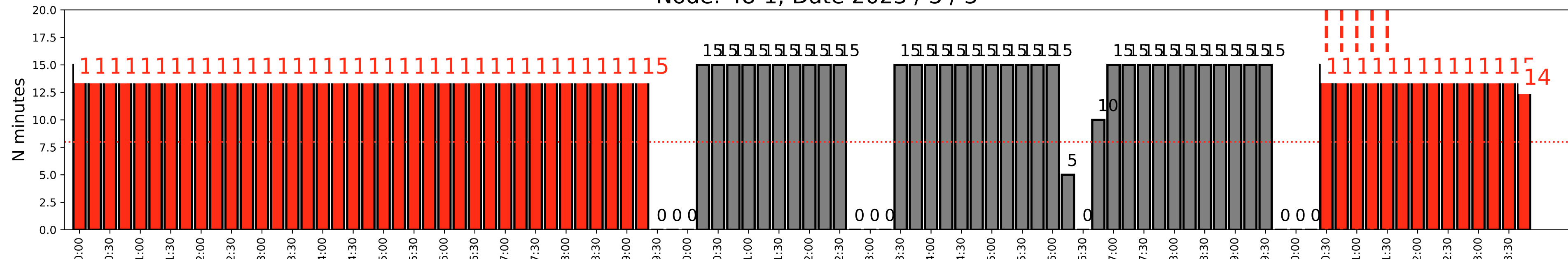
Node: 48-1; Date 2023 / 3 /



Node: 48-1; Date 2023 / 3 /

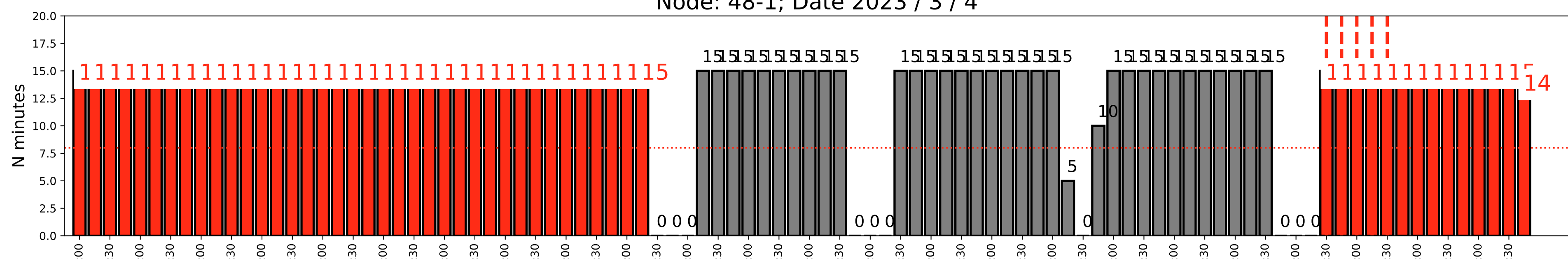


Node: 48-1: Date: 2023 / 3 /

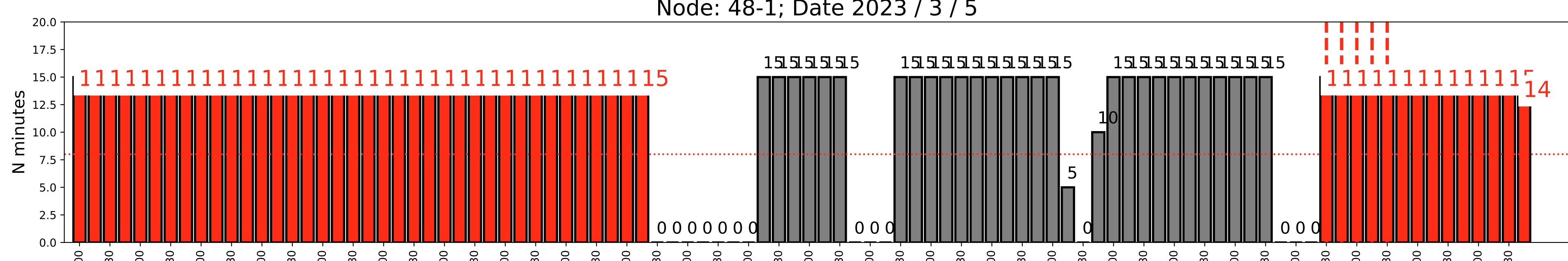


Time

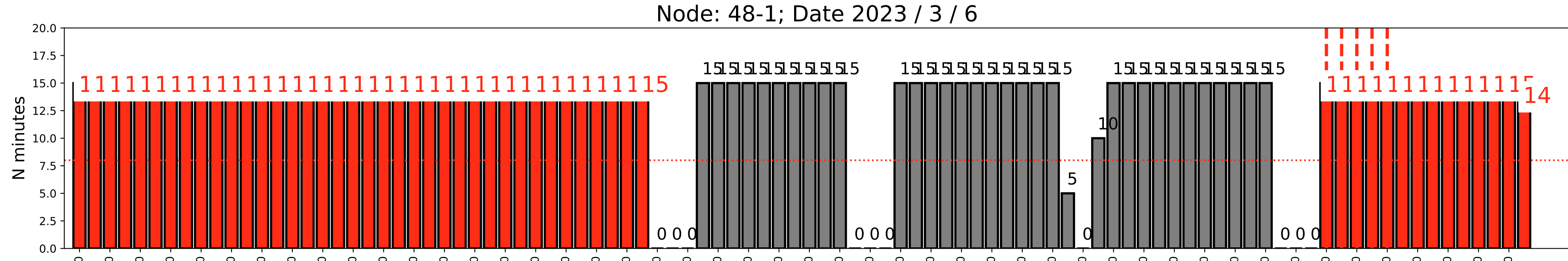
Node: 48.1; Date: 2023 / 3 / 4



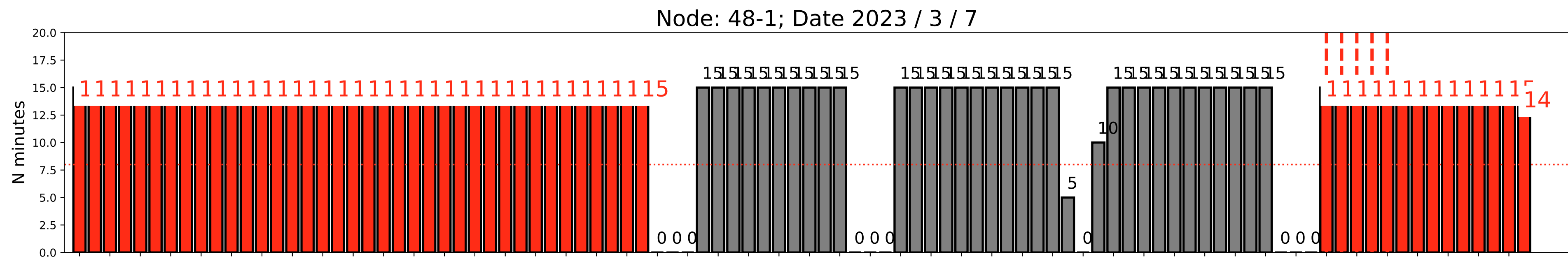
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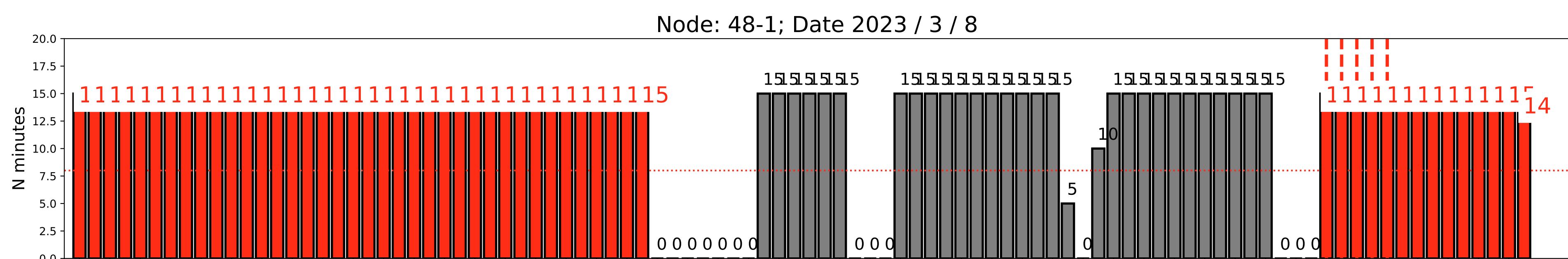
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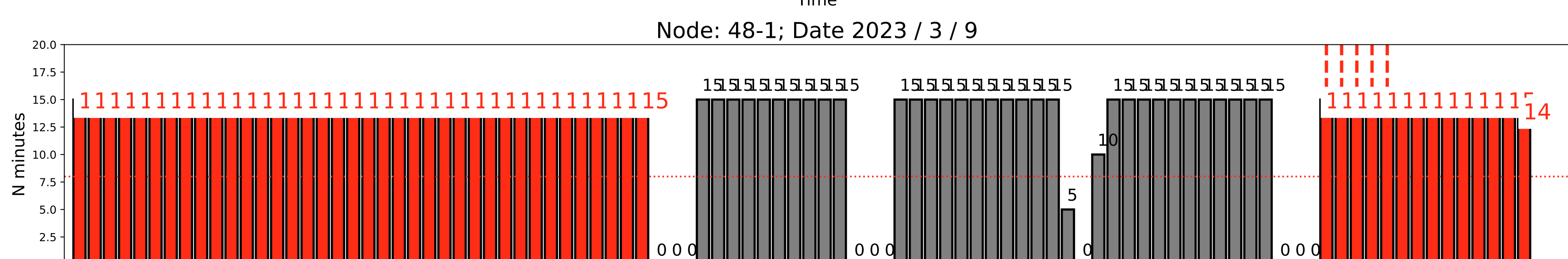
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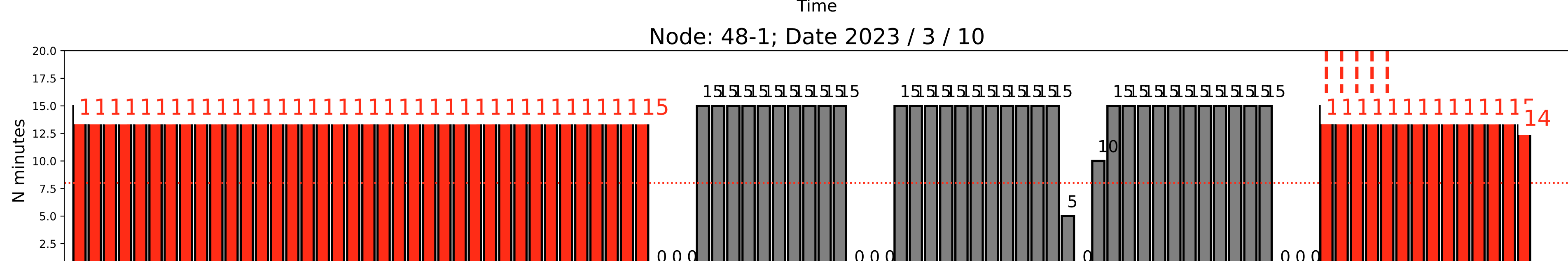
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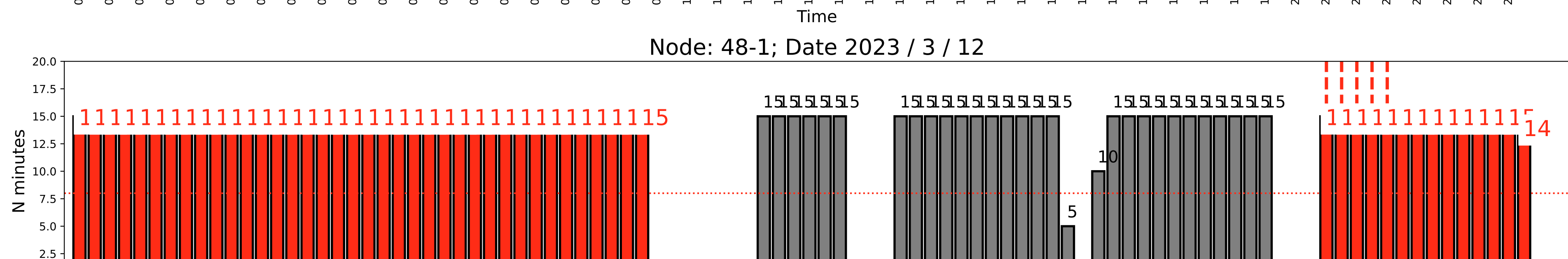
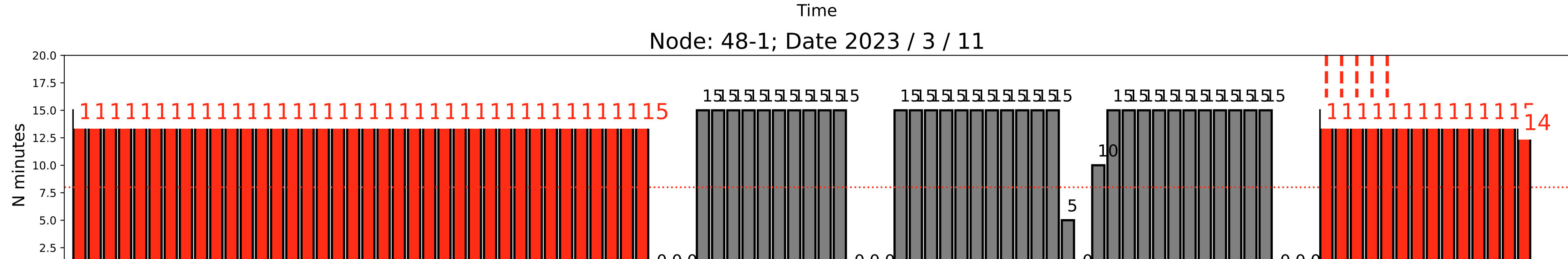
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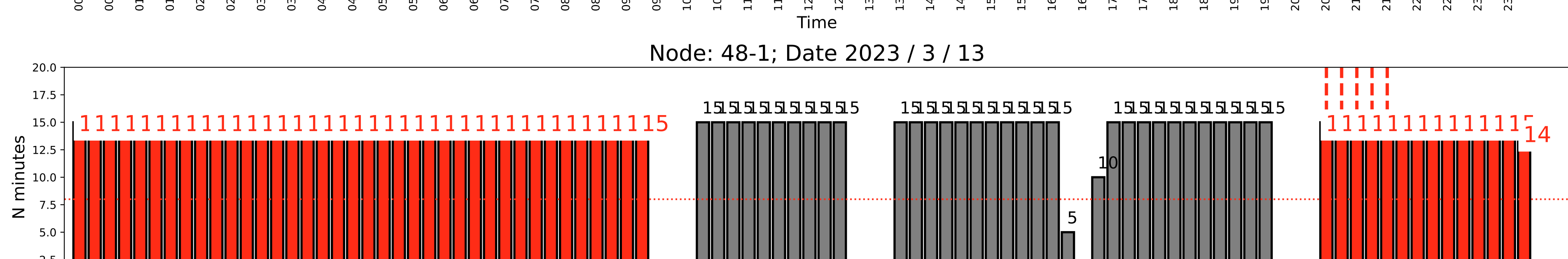
09:30
10:00
10:30
11:00
11:30
12:00
12:30
13:00
13:30
14:00



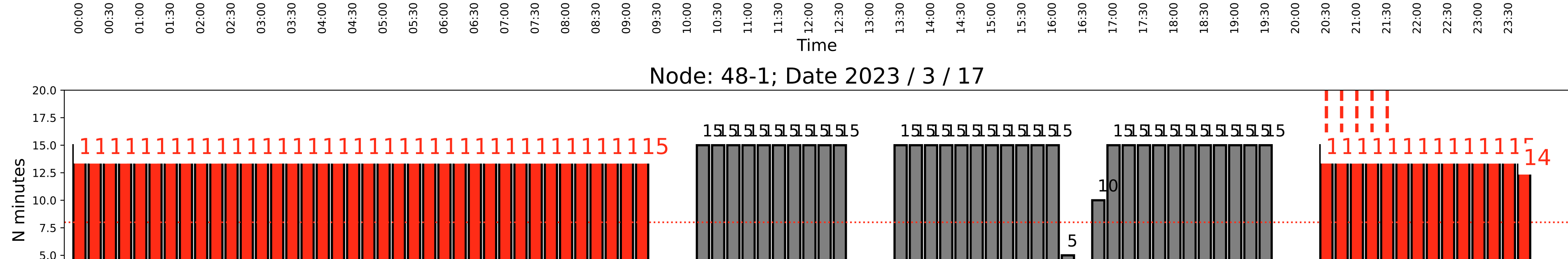
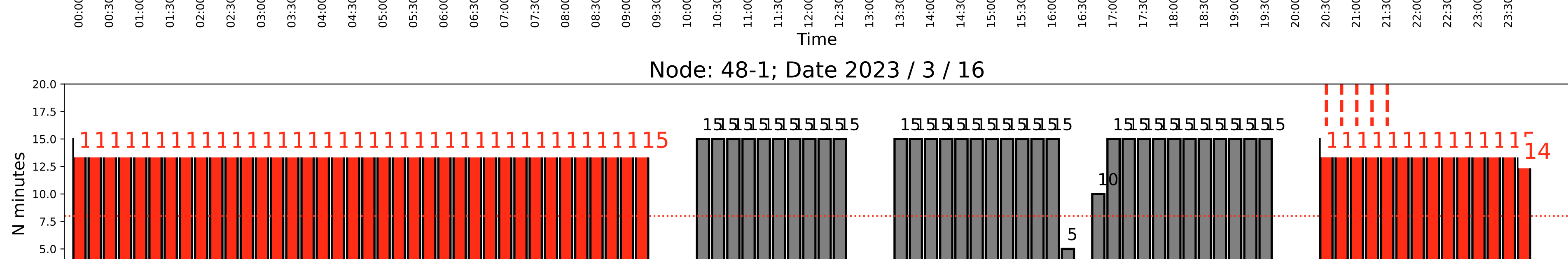
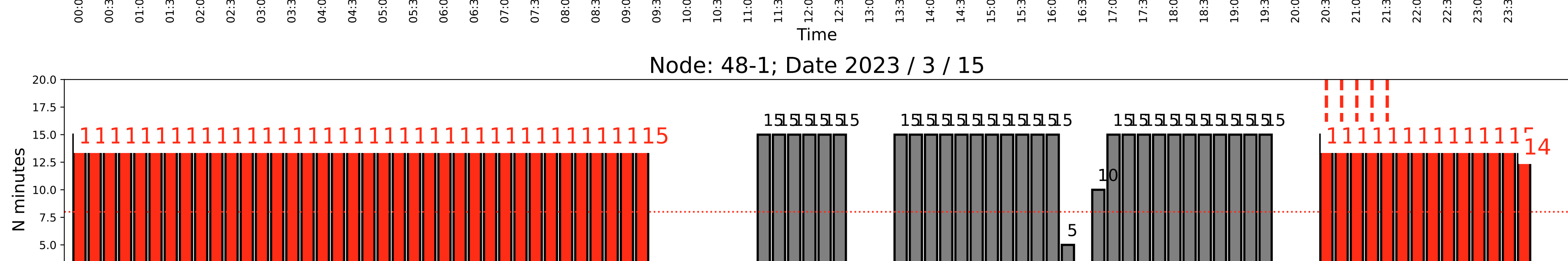
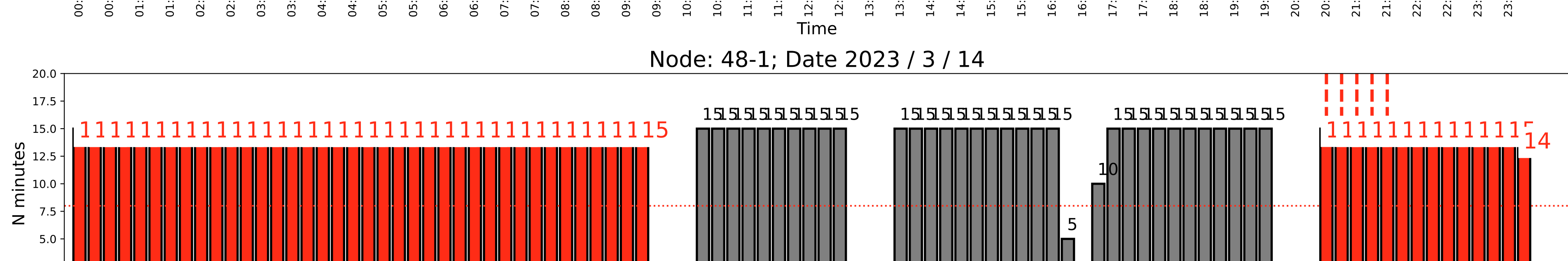
09:30 -
10:00 -
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14:00 -



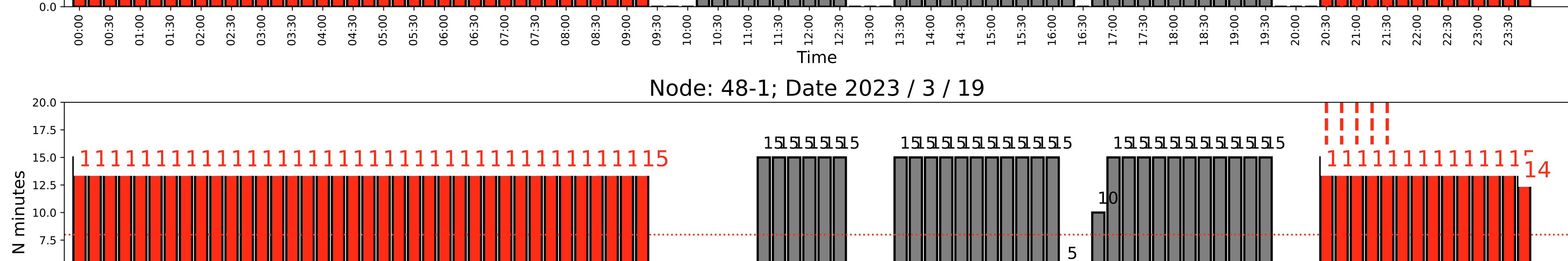
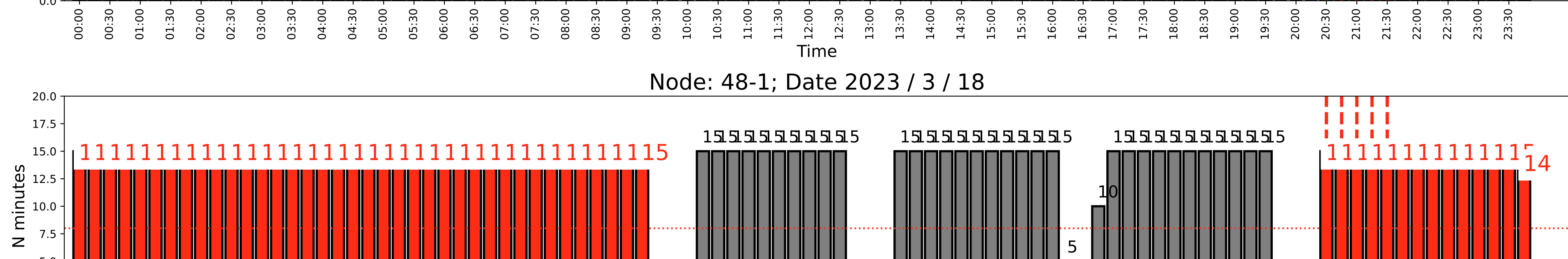
The timeline illustrates the sequence of events in the study. It begins with a baseline assessment (T0) at 0:00. This is followed by a 30-minute intervention period (T1) ending at 0:30. A 30-minute rest period (T2) follows, ending at 1:00. The intervention is repeated for a second 30-minute period (T3) ending at 1:30. A final 30-minute rest period (T4) follows, ending at 2:00. The study concludes with a follow-up assessment (T5) at 2:30.



Age Group	Number of People
0-10	1000
11-20	1500
21-30	2500
31-40	2000
41-50	1500
51-60	1000
61-70	500
71-80	200
81-90	100
91-100	50



0 0 0 1 1 1 1 1 1 1 1 1 1 0 0 0



Age Group	Number of People
0-10	10
11-20	10
21-30	10
31-40	10
41-50	10
51-60	10
61-70	10
71-80	10
81-90	10
91-100	10

