Performance Report for:

https://health-care-market-place.vercel.app/

Report generated: Wed, Jan 22, 2025 3:45 AM -0800
Test Server Location: 🇨🇦 Vancouver, Canada
Using: Chrome 117.0.0.0, Lighthouse 11.0.0

A	Performance **100%**	Structure **91%**	L. Contentful Paint **466ms**	T. Blocking Time **0ms**	C. Layout Shift **0**

Top Issues

Med	**Use explicit width and height on image elements** CLS	1 image found
Med-Low	**Avoid CSS @import** FCP LCP	1 resource found
Low	**Avoid enormous network payloads** LCP	Total size was 2.47MB
Low	**Serve images in next-gen formats**	Potential savings of 1.75MB
Low	**Avoid chaining critical requests** FCP LCP	2 chains found

Focus on these audits first

These audits likely have the largest impact on your page performance.

Structure audits do not directly affect your Performance Score, but improving the audits seen here can help as a starting point for overall performance gains.

Page Details

835ms
Fully Loaded Time

Total Page Size - 2.46MB

IMG 2.23MB	JS 141KB	

Total Page Requests - 36

JS 33.3%	Other 30.6%	IMG 19.4%	CSS 8.3%	Font 5.6%

■ HTML ■ JS ■ CSS ■ IMG ■ Video ■ Font ■ Other
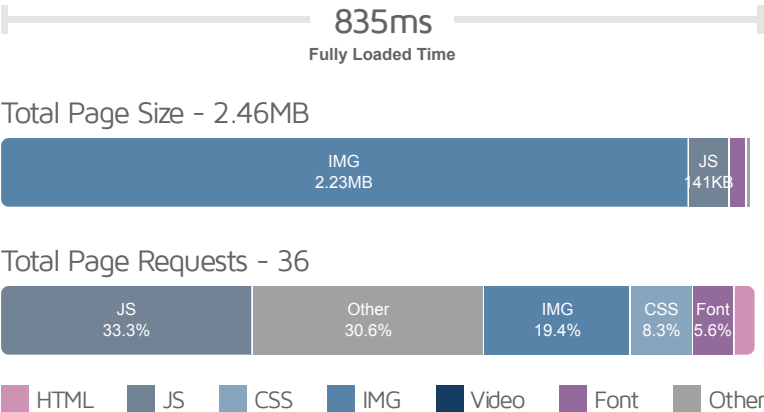
How does this affect me?

Modern web users have a short attention span and expect a fast and seamless website experience. Delivering that fast experience can result in more traffic, more conversions, and more happiness.

As if you didn't need more incentive, **Google use Page Speed and Page Experience (including Web Vitals) signals in their ranking algorithm.**
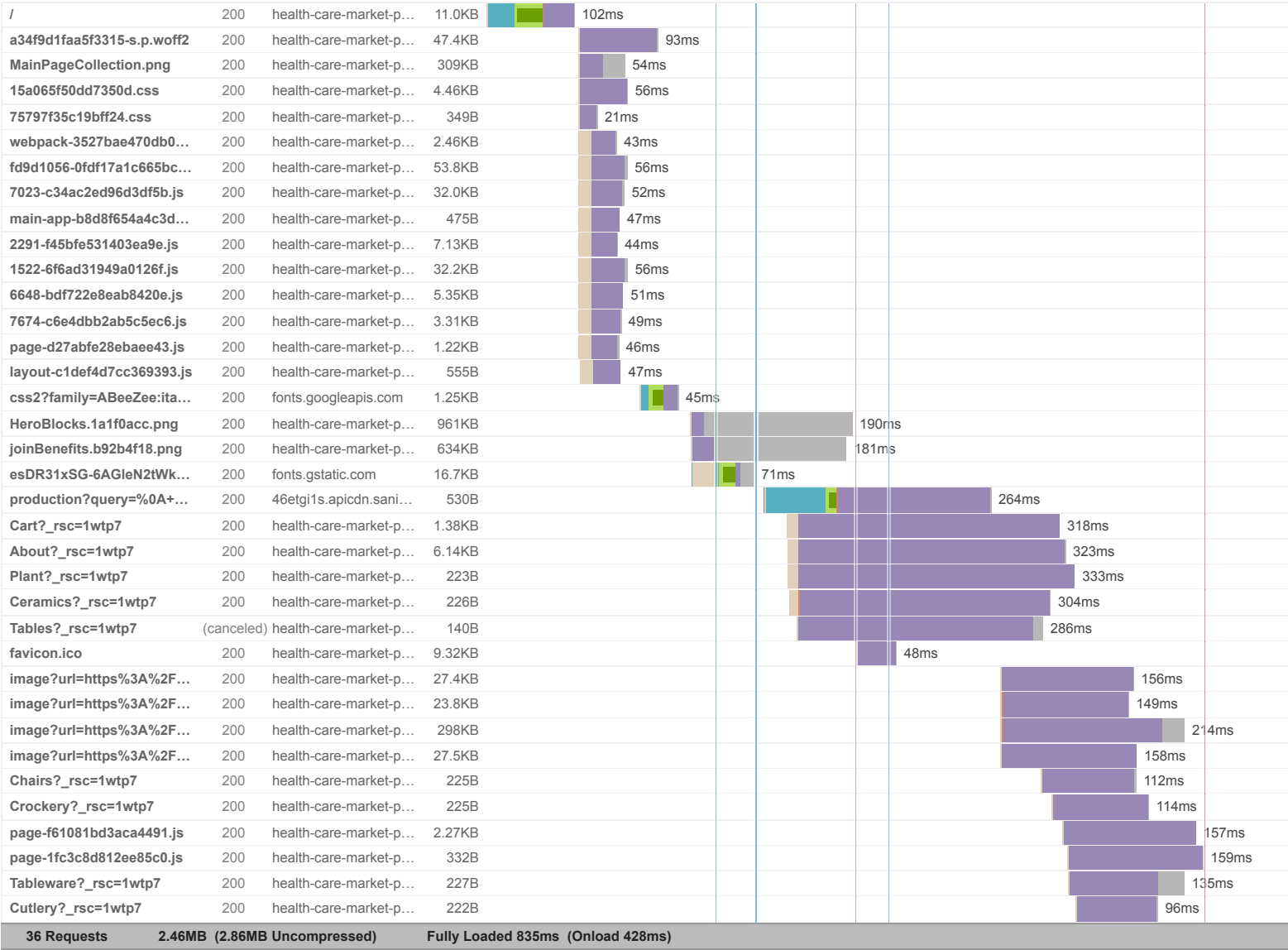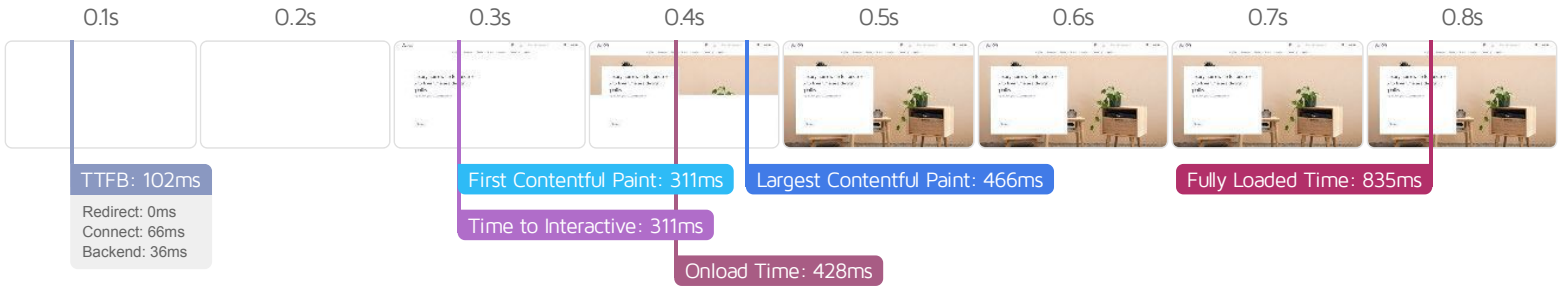
About GTmetrix

GTmetrix

GTmetrix was developed as a tool for customers to easily test the performance of their webpages.

Learn more about us.

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Create Next App

/	200	health-care-market-p...	11.0KB		102ms
a34f9d1faa5f3315-s.p.woff2	200	health-care-market-p...	47.4KB		93ms
MainPageCollection.png	200	health-care-market-p...	309KB		54ms
15a065f50dd7350d.css	200	health-care-market-p...	4.46KB		56ms
75797f35c19bff24.css	200	health-care-market-p...	349B		21ms
webpack-3527bae470db0...	200	health-care-market-p...	2.46KB		43ms
fd9d1056-0fdf17a1c665bc...	200	health-care-market-p...	53.8KB		56ms
7023-c34ac2ed96d3df5b.js	200	health-care-market-p...	32.0KB		52ms
main-app-b8d8f654a4c3d...	200	health-care-market-p...	475B		47ms
2291-f45bfe531403ea9e.js	200	health-care-market-p...	7.13KB		44ms
1522-6f6ad31949a0126f.js	200	health-care-market-p...	32.2KB		56ms
6648-bdf722e8eab8420e.js	200	health-care-market-p...	5.35KB		51ms
7674-c6e4dbb2ab5c5ec6.js	200	health-care-market-p...	3.31KB		49ms
page-d27abfe28ebaee43.js	200	health-care-market-p...	1.22KB		46ms
layout-c1def4d7cc369393.js	200	health-care-market-p...	555B		47ms
css2?family=ABeeZee:ita...	200	fonts.googleapis.com	1.25KB		45ms
HeroBlocks.1a1f0acc.png	200	health-care-market-p...	961KB		190ms
joinBenefits.b92b4f18.png	200	health-care-market-p...	634KB		181ms
esDR31xSG-6AGleN2tWk...	200	fonts.gstatic.com	16.7KB		71ms
production?query=%0A+...	200	46etgi1s.apicdn.sani...	530B		264ms
Cart?_rsc=1wtp7	200	health-care-market-p...	1.38KB		318ms
About?_rsc=1wtp7	200	health-care-market-p...	6.14KB		323ms
Plant?_rsc=1wtp7	200	health-care-market-p...	223B		333ms
Ceramics?_rsc=1wtp7	200	health-care-market-p...	226B		304ms
Tables?_rsc=1wtp7	(canceled)	health-care-market-p...	140B		286ms
favicon.ico	200	health-care-market-p...	9.32KB		48ms
image?url=https%3A%2F...	200	health-care-market-p...	27.4KB		156ms
image?url=https%3A%2F...	200	health-care-market-p...	23.8KB		149ms
image?url=https%3A%2F...	200	health-care-market-p...	298KB		214ms
image?url=https%3A%2F...	200	health-care-market-p...	27.5KB		158ms
Chairs?_rsc=1wtp7	200	health-care-market-p...	225B		112ms
Crockery?_rsc=1wtp7	200	health-care-market-p...	225B		114ms
page-f61081bd3aca4491.js	200	health-care-market-p...	2.27KB		157ms
page-1fc3c8d812ee85c0.js	200	health-care-market-p...	332B		159ms
Tableware?_rsc=1wtp7	200	health-care-market-p...	227B		135ms
Cutlery?_rsc=1wtp7	200	health-care-market-p...	222B		96ms

36 Requests   **2.46MB (2.86MB Uncompressed)**   **Fully Loaded 835ms (Onload 428ms)**

0.1s   0.2s   0.3s   0.4s   0.5s   0.6s   0.7s   0.8s

TTFB: 102ms
Redirect: 0ms
Connect: 66ms
Backend: 36ms

First Contentful Paint: 311ms

Largest Contentful Paint: 466ms

Fully Loaded Time: 835ms

Time to Interactive: 311ms

Onload Time: 428ms

Performance Metrics

First Contentful Paint

How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.

Good - Nothing to do here

311ms

Time to Interactive

How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.

Good - Nothing to do here

311ms

Speed Index

How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.

Good - Nothing to do here

402ms

Total Blocking Time

How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.

Good - Nothing to do here

0ms

Largest Contentful Paint

How long it takes for the largest element of content (i.e., a hero image) to be painted on your page. A good user experience is 1.2s or less.

Good - Nothing to do here

466ms

Cumulative Layout Shift

How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.

Good - Nothing to do here

0

Browser Timings

Redirect	0ms	Connect	66ms	Backend	36ms
TTFB	102ms	DOM Int.	264ms	DOM Loaded	265ms
First Paint	311ms	Onload	428ms	Fully Loaded	835ms

IMPACT	AUDIT	
Med	Use explicit width and height on image elements CLS	1 image found
Med-Low	Avoid CSS @import FCP LCP	1 resource found
Low	Avoid enormous network payloads LCP	Total size was 2.47MB
Low	Serve images in next-gen formats	Potential savings of 1.75MB
Low	Avoid chaining critical requests FCP LCP	2 chains found
Low	Properly size images	Potential savings of 444KB
N/A	Minimize main-thread work TBT	Main-thread busy for 307ms
N/A	Reduce the impact of third-party code TBT	Total size was 19.6KB
N/A	Eliminate render-blocking resources FCP LCP	Potential savings of 2ms
N/A	Largest Contentful Paint element LCP	470 ms
N/A	Reduce initial server response time FCP LCP	Root document took 12ms
N/A	Avoid an excessive DOM size TBT	213 elements
N/A	Reduce JavaScript execution time TBT	85ms spent executing JavaScript
N/A	User Timing marks and measures	
N/A	Avoid large layout shifts CLS	
N/A	Avoid serving legacy JavaScript to modern browsers TBT	