

# ■ GraceWise Weekly Meal Planner

Day	Breakfast	Lunch	Dinner	Snacks	Notes
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Sunday					

*"Taste and see that the Lord is good." — Psalm 34:8*

# ■■ GraceWise Grocery List

## ■ Produce

<input type="checkbox"/>	
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## ■ Grains / Bread

<input type="checkbox"/>	
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## ■ Meat / Protein

<input type="checkbox"/>	
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## ■ Dairy / Substitutes

<input type="checkbox"/>	
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*Peace is part of provision. You're doing beautifully, friend. ■*