

SS-2003: Psychology

(PART A)

Saturday, 3rd June, 2023

Course Instructors

Nagina Safdar

Serial No:

Final Exam

Total Time: 25 Min.

Marks: 25

Signature of Invigilator

Student Name

Roll No.

Course Section

Student Signature

DO NOT OPEN THE QUESTION BOOK OR START UNTIL INSTRUCTED.

Instructions:

1. The paper comprises of two parts, Part A and Part B. You are required to complete Part A i.e., objective-type in maximum 25 minutes. It will be taken back after 25 minutes. For Part B, i.e., subjective-type, you will have 2 hours and 35 minutes.
2. In case of completing Part A earlier than 25 minutes, you can ask the invigilator to provide you part B (even before the lapse of 25 minutes). In this case, you will have some extra time as compared to the allotted 2 hours and 35 minutes for Part B. This extra time is equal to the time that you might have saved in Part A.
3. Attempt on question paper. Attempt all of them. Read the question carefully, understand the question, and then attempt it.
4. No additional sheet will be provided for rough work. Use the back of the last page for rough work.
5. If you need more space write on the back side of the paper and clearly mark question and part number etc.
6. After asked to commence the exam, please verify that you have **FIVE (5)** different printed pages including this title page. There are a total **of 25 Multiple-Choice Questions**.
7. Use permanent ink pens only. Any part done using soft pencil will not be marked and cannot be claimed for rechecking.

	Q-1 (Part A)	Q-2 (Part B)	Q-3 (Part B)	Q-4 (Part B)	Total
Marks Obtained					
Total Marks	25	10	20	20	75

Question 1 [25 Marks]

Question: Choose the best answer. No cutting or over-writing is allowed.

I. The Haunted Swing illusion is created by separating the movement of the swing occupants sit on, and the room that surrounds them. While the swing barely moves, the room can fully rotate around the occupants and it appears to the person as if they are turning upside down. This is an example of _____

a. Phi Phenomenon

b. Stroboscopic Movement

c. Induced Movement

d. Autokinetic Movement

II. Hallucinations are different from illusions in that hallucinations are:

a. Only found in hearing

b. shared by most people

c. Normal Perceptual distortion

d. Abnormal Perceptual distortions

III. Activation of receptors in muscles, joints and tendons leads to _____ sensation.

a. Extra-Sensory

b. Vestibular

c. Gustation

d. Kinesthetic

IV. Smokers are not bothered by the smell of tobacco smoke the way nonsmokers are. This is an example of _____

a. Sensory Adaptation

b. Sensory reduction

c. Sensory stimulation

d. Sensory transduction

V. On most modern IQ tests, a score of 115 would be

a. Average

b. 15% higher than average

c. an indication of genius

d. one standard deviation above the mean

VI. _____ test of WISC measures the child's ability to categorize.

a. Block Design

b. Digit Symbol

c. Similarities

d. Digit Span

VII. What is the IQ of a child with MA of 12 years and CA is 9 years?

a. 132

b. 133

c. 134

d. 135

National University of Computer and Emerging Sciences

FAST School of Computing

Spring-2023

Islamabad Campus

VIII. Which one the following is not a facet of Sternberg's Triarchic theory of Intelligence?

- a. Rational Intelligence
- b. Analytical Intelligence
- c. Creative Intelligence
- d. Practical Intelligence

IX. Which of the following statements is TRUE with reference to Health Psychology Model?

- a. The individual is a passive victim of some external forces such as viruses.
- b. Physical changes that occur due to illness should be treated.
- c. Biological, Sociological and Psychological factors contribute to health and illness.
- d. All of these

X. When you're dealing with a broken heart or feel someone hurt or betrayed you, forgiveness may be one of the examples of _____ coping strategies.

- a. Problem focused Coping
- b. Emotion Focused coping
- c. Avoidant Coping
- d. Unhealthy Coping

XI. When the body is in a state of internal stability, it is said to be in a state of _____

- a. resistance
- b. allostasis
- c. homeostasis
- d. Alarm

XII. "Get in touch with your senses" is referring to _____

- a. Stress Coping
- b. Hardiness
- c. Resilience
- d. Mindfulness.

XIII. CASE 1. Complete this word (S_ _ P) while I go and grab some food: Answer: SOUP

CASE 2: Complete this word (S_ _ P) while I take shower: Answer: SOAP

The cases above represent the example of _____

- a. Information Processing
- b. Priming
- c. Semantics
- d. Inhibition

XIV. During the Exhaustion stage of GAS, _____

- a. The body shuts down
- b. The body is put on high alert
- c. Adrenaline is released
- d. Glucose is released

National University of Computer and Emerging Sciences

FAST School of Computing

Spring-2023

Islamabad Campus

XV. Sadia can't recall the Schools of thought in Psychology because she was daydreaming when it was presented in the class. This can be best explained by _____

- a. Motivated forgetting
- b. Retrieval Failure
- c. Cue dependent forgetting
- d. **Ineffective encoding**

XVI. In comparison to Generalized Anxiety disorder, Panic disorder is characterized by periods of distress that are:

- a. Similar intensity but more prolonged
- b. More intense and more prolonged
- c. Less intense and more prolonged
- d. More intense and less prolonged

XVII. Patients of _____ are more likely to recognize that their eating behavior is pathological; the more life threatening eating disorder is _____

- a. Anorexia Nervosa; Bulimia Nervosa
- b. **Bulimia Nervosa; Anorexia Nervosa**
- c. Anorexia Nervosa: Anorexia Nervosa
- d. Bulimia Nervosa; Bulimia Nervosa

XVIII. Positive Symptoms of Schizophrenia include

- a. **Delusions and Hallucination**
- b. Social Withdrawal
- c. Lack of interest in daily activities
- d. All of these

XIX. Alizeh was not called by her friends to New Year's party, she is of the view "even if I was called, I would have refused them as I had to study for my Finals". Which defense mechanism is this?

- a. Projection
- b. **Rationalization**
- c. Denial
- d. Regression

XX. Grouping information so that it can be easily retrieved from the memory is called _____

Chunking

XXI. After undergoing Psychoanalysis for several months, Ms K has suddenly started forgetting to attend her therapy sessions. This behavior is most likely is a form of:

- a. **Resistance**
 - b. Transference
 - c. Insight
 - d. Catharsis
-

National University of Computer and Emerging Sciences

FAST School of Computing

Spring-2023

Islamabad Campus

XXII. When an individual starts thinking that everyone is after him and wants to destroy his life, making plan in groups against him and following him across various settings, this is _____

- a. Auditory Hallucination
- b. Delusion of Erotomania
- c. Delusion of Grandiosity
- d. **Delusion of Persecution**

XXIII. Critics have argued that Projective tests are

- a. Concrete
- b. Quantitative
- c. Objective
- d. **Subjective**

XXIV. A behavioral approach to personality would argue that the root of pathology lies in _____

- a. Unrealistic belief
- b. **Maladaptive learned-response patterns**
- c. Fixation and regression
- d. Disordered functioning of cognitions

XXV. Your company has asked you to hire someone who is motivated, organized and who shows up to work every morning. Which of the Big Five personality traits will you be looking for?

- a. Extraversion
- b. Agreeableness
- c. **Conscientiousness**
- d. Openness to Experience