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# A Journey from AI to LLMs and MCP — 10 — Sampling and Prompts in MCP — Making Agent Workflows Smarter and Safer

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**A Journey from AI to LLMs and MCP - 10:**  
Sampling and Prompts in MCP  
— Making Agent Workflows  
Smarter and Safer

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We've now seen how the Model Context Protocol (MCP) allows LLMs to read resources and call tools — giving them access to both data and action.

But what if your MCP server needs the LLM to make a decision?

What if it needs to:

- Analyze a file before running a tool?
- Draft a message for approval?
- Ask the model to choose between options?

That's where Sampling comes in.

And what if you want to give the user — or the LLM — reusable, structured prompt templates for common workflows?

That's where Prompts come in.

In this final post of the series, we'll explore:

- How sampling allows servers to request completions from LLMs
- How prompts enable reusable, guided AI interactions
- Best practices for both features
- Real-world use cases that combine everything we've covered so far

## **What Is Sampling in MCP?**

Sampling is the ability for an MCP server to ask the host to run an LLM completion — on behalf of a tool, prompt, or workflow.

It lets your server say:

---

*“Hey, LLM, here's a prompt and some context. Please respond.”*

---

## Why is this useful?

- You can generate intermediate reasoning steps
- Let the model propose actions before executing them
- Create more natural multi-turn agent workflows
- Maintain human-in-the-loop approval and visibility

## Sampling Flow

Here's the typical lifecycle:

1. The server sends a `sampling/createMessage` request
2. The host (Claude Desktop, etc.) can review or modify the prompt
3. The host runs the LLM completion
4. The result is sent back to the server

*This architecture puts control and visibility in the hands of the user, even when the agent logic runs server-side.*

## Message Format

Here's an example `sampling/createMessage` request:

```
{
  "messages": [
    {
      "role": "user",
      "content": {
        "type": "text",
        "text": "Please summarize this log file."
      }
    }
  ],
  "systemPrompt": "You are a helpful developer assistant.",
  "includeContext": "thisServer",
  "maxTokens": 300
}
```

The host chooses which model to use, what context to include, and whether to show the prompt to the user for confirmation.

Response:

```
{
  "model": "claude-3-sonnet",
  "role": "assistant",
  "content": {
    "type": "text",
    "text": "The log file contains several timeout errors and warnings related"
  }
}
```

Now the server can act on that response — log it, return it as tool output, or chain it into another step.

## Best Practices for Sampling

### Best Practice Why It Matters

- Use clear system prompts Guides model behavior contextually
- Limit tokens Prevent runaway completions
- Structure responses Enables downstream parsing (e.g. JSON, bullets)
- Include only relevant context Keep prompts focused and cost-effective
- Respect user control The host mediates the actual LLM call

## What Are Prompts in MCP?

Prompts are reusable, structured templates that servers can expose to clients.

Think of them like slash commands or predefined workflows:

- Pre-filled with helpful defaults
- Accept arguments (e.g. “project name”, “file path”)
- Optionally include embedded resources
- Surface in the client UI

Prompts help users and LLMs collaborate efficiently by standardizing useful tasks.

## Prompt Structure

Prompts have:

- A name (identifier)
- A description (for discovery)
- A list of arguments (optional)
- A template for generating messages

Example:

```
{
  "name": "explain-code",
  "description": "Explain how this code works",
  "arguments": [
    {
      "name": "language",
      "description": "Programming language",
      "required": true
    },
    {
      "name": "code",
      "description": "The code to analyze",
      "required": true
    }
  ]
}
```

Clients use:

- `prompts/list` to discover prompts
- `prompts/get` to resolve a prompt and arguments into messages

## Dynamic Prompt Example

A server might expose:

```
{
  "name": "analyze-logs",
  "description": "Summarize recent logs and detect anomalies",
  "arguments": [
    {
```

```
    "name": "timeframe",
    "required": true
  }
]
```

When the user (or LLM) runs it with:

```
{
  "timeframe": "1h"
}
```

The resolved prompt could include:

- A message like: “Please summarize the following logs from the past hour.”
- An embedded resource (e.g. `logs://recent?timeframe=1h`)
- Output ready for sampling

## Sampling + Prompts = Dynamic Workflows

Combining prompts + sampling + tools unlocks real agent behavior.

Example Workflow:

- **User selects prompt:** “Analyze logs and suggest next steps”
- Server resolves the prompt and calls `sampling/createMessage`
- **LLM returns:** “The logs show repeated auth failures. Suggest checking OAuth config.”
- Server calls `tools/call` to run `check_auth_config`
- LLM reviews the result and writes a summary

All controlled via:

- Standardized MCP messages
- User-visible approvals

- Modular server logic

## **Security and Control**

## **Why These Matter for AI Agents**

## **Wrapping It All Together**

Over this 10-part series, we've explored the full landscape of AI agent development using MCP:

- LLMs and how they work
- Fine-tuning, prompting, and RAG
- Agent frameworks and limitations

- MCP's architecture and interoperability
- Resources and tools
- Prompts and sampling

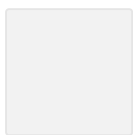
MCP gives us standardized, modular building blocks for creating AI agents that are:

- Portable across environments
- Decoupled from model providers
- Secure, observable, and controlled

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## Written by Alex Merced

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