

Iterative Methods

Jayadev Naram

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1 General Projection Methods

Let $A \in \mathbb{R}^{n \times n}$ and \mathcal{K} and \mathcal{L} be two m -dimensional subspaces of \mathbb{R}^n . A projection technique onto the subspace \mathcal{K} and orthogonal to \mathcal{L} with an initial guess x_0 is a process which finds an approximate solution \tilde{x} by imposing the conditions that \tilde{x} belong to $x_0 + \mathcal{K}$ and that the new residual vector be orthogonal to \mathcal{L} , i.e,

$$\text{find } \tilde{x} \in x_0 + \mathcal{K}, \text{ such that } b - A\tilde{x} \perp \mathcal{L}.$$

$$\tilde{x} = x_0 + \delta, \delta \in \mathcal{K}$$

$$(r_0 - A\delta, w) = 0, \forall w \in \mathcal{L}, \text{ where } r_0 = b - Ax_0.$$

Let $V = [v_1, \dots, v_m]_{n \times m}$ and $W = [w_1, \dots, w_m]_{n \times m}$ whose column-vectors form a basis of \mathcal{K} and \mathcal{L} , respectively. Then approximate solution can be written as:

$$\tilde{x} = x_0 + Vy,$$

where y can found from the orthogonality constraint:

$$W^T AVy = W^T r_0.$$

If $W^T AV$ is non-singular, then $\tilde{x} = x_0 + V(W^T AV)^{-1}W^T r_0$.

Algorithm 1 Prototype Projection Method

- 1: **repeat**
 - 2: Select a pair of subspaces \mathcal{K} and \mathcal{L}
 - 3: Choose basis $V=[v_1, \dots, v_m]$, $W=[w_1, \dots, w_m]$ for \mathcal{K} and \mathcal{L}
 - 4: $r \leftarrow b - Ax$
 - 5: $y \leftarrow (W^T AV)^{-1}W^T r$
 - 6: $x \leftarrow x + Vy$
 - 7: **until** Convergence
-

Non-singularity of A is not sufficient condition for non-singularity of $W^T AV$.

Proposition. Let A , \mathcal{L} and \mathcal{K} satisfy either one of the two following conditions:

- i. A is SPD and $\mathcal{L} = \mathcal{K}$, or
- ii. A is non-singular and $\mathcal{L} = A\mathcal{K}$.

Then $B = W^T AV$ is non-singular for any bases V and W of \mathcal{K} and \mathcal{L} .

Proof. Consider case(i). Since $\mathcal{L} = \mathcal{K}$, then $W = VG$, where G is a non-singular $m \times m$ matrix. Then $B = W^T AV = G^T V^T AV$. Since A is SPD, so is $V^T AV$ and since G is non-singular, B is non-singular.

Now, consider case(ii). Since $\mathcal{L} = A\mathcal{K}$, then $W = AVG$, where G is a non-singular $m \times m$ matrix. Then $B = W^T AV = G^T (AV)^T AV$. Since A is non-singular, then $(AV)_{n \times m}$ full rank matrix and so is $(AV)^T AV$ and therefore, B is non-singular. \square

Theorem 1. Assume that A is SPD and $\mathcal{L} = \mathcal{K}$. Then a vector \tilde{x} is the result of an (orthogonal) projection method onto \mathcal{K} with the starting vector x_0 iff it minimizes the A -norm if the error over $x_0 + \mathcal{K}$, i.e, iff

$$\tilde{x} = \arg \min_{x \in x_0 + \mathcal{K}} \|x_* - x\|_A = \arg \min_{x \in x_0 + \mathcal{K}} (A(x_* - x), x_* - x)^{\frac{1}{2}}$$

Proof. First we prove that if \tilde{x} minimizes A-norm of the error, then it is the result of orthogonal projection method with x_0 onto \mathcal{K} . Assume columns of V to be basis vectors of \mathcal{K} , then the objective function can be written as:

$$\begin{aligned}
E(x) &= (A(x_* - x), x_* - x)^{\frac{1}{2}}, \quad (x \in x_0 + \mathcal{K}) \\
\implies E(y) &= (A(x_* - x_0 - Vy), x_* - x_0 - Vy)^{\frac{1}{2}}, \quad (y \in \mathbb{R}^m) \\
\implies E^2(y) &= (A(x_* - x_0 - Vy), x_* - x_0 - Vy), \\
&= (x_* - x_0 - Vy)^T A(x_* - x_0 - Vy), \\
&= c + 2y^T V^T (Ax_0 - Ax_*) + y^T V^T A V y, \\
&= c - 2y^T V^T (b - Ax_0) + y^T V^T A V y = f(y), \\
\frac{\partial f(y)}{\partial y} = 0 &\implies V^T (b - A(x_0 + Vy)) = 0 \\
&\implies V^T (b - A\tilde{x}) = 0 \\
&\implies b - A\tilde{x} \perp \mathcal{K}.
\end{aligned}$$

Therefore the residue of vector which minimizes A-norm of error over $x_0 + \mathcal{K}$ is orthogonal to \mathcal{K} , therefore it is the result of orthogonal projection method onto \mathcal{K} starting with x_0 . Now we prove the converse, i.e, the result of orthogonal projection method onto \mathcal{K} starting with x_0 minimizes A-norm of error over $x_0 + \mathcal{K}$. We know $V^T (b - A\tilde{x}) = 0$, i.e, $(x_* - \tilde{x}, v)_A = 0 \forall v \in \mathcal{K}$.

$$\begin{aligned}
\implies \|x_* - x\|_A &= \|x_* - \tilde{x} + \tilde{x} - x\|_A, \quad (\tilde{x}, x \in x_0 + \mathcal{K}) \\
&= \|x_* - \tilde{x}\|_A + \|\tilde{x} - x\|_A, \quad (\text{since } x_* - \tilde{x} \text{ is A-orthogonal to } \mathcal{K}) \\
\implies \|x_* - \tilde{x}\|_A &\leq \|x_* - x\|_A, \quad \forall x \in x_0 + \mathcal{K}.
\end{aligned}$$

Therefore \tilde{x} minimizes the A-norm of the error. \square

Corollary 1.1. Let A be an arbitrary square matrix and assume that $\mathcal{L} = A\mathcal{K}$. Then a vector \tilde{x} is the result of an (oblique) projection method onto \mathcal{K} orthogonally to \mathcal{L} with the starting vector x_0 iff it minimizes the 2-norm of the residual vector $b - Ax$ over $x \in x_0 + \mathcal{K}$, i.e, iff

$$\tilde{x} = \arg \min_{x \in x_0 + \mathcal{K}} \|b - Ax\|_2$$

Proposition. Let \tilde{x} be the approximate solution obtained from a projection process onto \mathcal{K} orthogonally to $\mathcal{L} = A\mathcal{K}$, and let $\tilde{r} = b - A\tilde{x}$. Then,

$$\tilde{r} = (I - P)r_0,$$

where P denotes the orthogonal projector onto \mathcal{K} .

Proof. Let $r_0 = b - Ax_0$, then

$$\begin{aligned}
\tilde{r} &= b - A\tilde{x} \\
&= b - A(x_0 + \delta), \quad (\delta \in \mathcal{K}) \\
&= r_0 - A\delta.
\end{aligned}$$

By orthogonality condition we have $\tilde{r} \perp A\mathcal{K}$, i.e, $A\delta$ is the projection of r_0 onto $A\mathcal{K}$. Therefore, if P is the orthogonal projector onto $A\mathcal{K}$, then

$$Pr_0 = A\delta \implies \tilde{r} = (I - P)r_0$$

It follows from the above that $\|\tilde{r}\|_2 \leq \|r_0\|_2$. Therefore, this class of methods can be termed as **Residual Projection Methods**. \square

Proposition. *Let \tilde{x} be the approximate solution obtained from an orthogonal projection process onto \mathcal{K} , and let $\tilde{d} = x_* - \tilde{x}$. Then,*

$$\tilde{d} = (I - P_A)d_0,$$

where P_A denotes the projector onto \mathcal{K} , which is orthogonal with respect to A -inner product.

Proof. Let $d_0 = x_* - x_0$ be the initial error, and let $\tilde{d} = x_* - \tilde{x}$, where $\tilde{x} = x_0 + \delta$ is the approximate solution resulting from the projection step. We know that residual of the approximate solution is orthogonal to \mathcal{K} , i.e, $\tilde{r} = A\tilde{d} = A(d_0 - \delta)$, $\tilde{r} \perp \mathcal{K}$.

$$\begin{aligned} \implies (A(d_0 - \delta), w) &= 0 \quad \forall w \in \mathcal{K} \\ \implies (d_0 - \delta, w)_A &= 0 \quad \forall w \in \mathcal{K} \end{aligned}$$

Therefore, if P_A is the projector onto $A\mathcal{K}$, which is orthogonal with respect to A -inner product, then δ is the A -orthogonal projection of d_0 , i.e,

$$P_A d_0 = \delta \implies \tilde{d} = (I - P_A)d_0.$$

It follows from the above that $\|\tilde{d}\|_A \leq \|d_0\|_A$. Therefore, this class of methods can be termed as **Error Projection Methods**. \square

Define $\mathcal{P}_{\mathcal{K}}$ to be the orthogonal projector onto \mathcal{K} and let $\mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}$ be the (oblique) projector onto \mathcal{K} and orthogonally to \mathcal{L} . Then

$$\begin{aligned} \mathcal{P}_{\mathcal{K}}x &\in \mathcal{K} \text{ and } x - \mathcal{P}_{\mathcal{K}}x \perp \mathcal{K}, \\ \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}x &\in \mathcal{K} \text{ and } x - \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}x \perp \mathcal{L} \end{aligned}$$

Theorem 2. *Assume that \mathcal{K} is invariant under A and the initial residue, i.e, $r_0 = b - Ax_0$ belongs to \mathcal{K} . Then the approximate solution obtained from any (oblique or orthogonal) projection method onto \mathcal{K} is exact.*

Proof. An approximate solution \tilde{x} is defined by

$$\begin{aligned} \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}(b - A\tilde{x}) &= 0, \text{ where } \tilde{x} = x_0 + \delta, \delta \in \mathcal{K}. \\ \implies \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}(b - Ax_0 - A\delta) &= 0 \\ \implies \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}r_0 &= \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}A\delta \end{aligned}$$

But \mathcal{K} is invariant under A , then $A\delta \in \mathcal{K}$.

$$\begin{aligned} \implies r_0 &= A\delta, \text{ (since } r_0 \in \mathcal{K} \text{ and } \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}A\delta = A\delta) \\ \implies A\tilde{x} &= b \end{aligned}$$

\square

Theorem 3 (General Error Bound). *Let $\gamma = \|\mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}A(I - \mathcal{P}_{\mathcal{K}})\|_2$ and assume that b is a member of \mathcal{K} and $x_0 = 0$. Then the exact solution x_* of the problem is such that*

$$\|b - \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}}A\mathcal{P}_{\mathcal{K}}x_*\|_2 \leq \gamma\|(I - \mathcal{P}_{\mathcal{K}})x_*\|_2.$$

Proof. Since $b \in \mathcal{K}$,

$$\begin{aligned}
b - \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A \mathcal{P}_{\mathcal{K}} x_* &= \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} b - \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A \mathcal{P}_{\mathcal{K}} x_* \\
&= \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} (b - A \mathcal{P}_{\mathcal{K}} x_*) \\
&= \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A (I - \mathcal{P}_{\mathcal{K}}) x_* \\
&= \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A (I - \mathcal{P}_{\mathcal{K}}) (I - \mathcal{P}_{\mathcal{K}}) x_* \\
\implies \|b - \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A \mathcal{P}_{\mathcal{K}} x_*\|_2 &= \|\mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A (I - \mathcal{P}_{\mathcal{K}}) (I - \mathcal{P}_{\mathcal{K}}) x_*\|_2 \\
&\leq \|\mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A (I - \mathcal{P}_{\mathcal{K}})\|_2 \|(I - \mathcal{P}_{\mathcal{K}}) x_*\|_2 \\
\implies \|b - \mathcal{Q}_{\mathcal{K}}^{\mathcal{L}} A \mathcal{P}_{\mathcal{K}} x_*\|_2 &\leq \gamma \|(I - \mathcal{P}_{\mathcal{K}}) x_*\|_2
\end{aligned}$$

□

2 One-Dimensional Projection Methods

One-dimensional projection processes are defined when $\mathcal{K} = \text{span}\{v\}$ and $\mathcal{L} = \text{span}\{w\}$. In this case, the new approximation takes the form $x \leftarrow x + \alpha v$, where the orthogonality condition $r - A\delta \perp w$ yields,

$$\alpha = \frac{(r, w)}{(Av, w)}, \text{ where } r = b - Ax_0.$$

2.1 Steepest Descent

The steepest descent algorithm is defined when A is SPD and $v = w = r$.

Lemma 4 (Kantorovich inequality). *Let B be any real SPD matrix and λ_1, λ_n its largest and smallest eigenvalues. Then,*

$$\frac{(Bx, x)(B^{-1}x, x)}{(x, x)} \leq \frac{(\lambda_1 + \lambda_n)^2}{4\lambda_1\lambda_n}, \forall x \neq 0$$

Proof. It is equivalent to prove the statement for any unit vector x. Since B is SPD, it can be diagonalized by similarity transformation with an orthogonal matrix Q, $B = Q^T D Q$.

$$(Bx, x)(B^{-1}x, x) = (Q^T D Q x, x)(Q^T D^{-1} Q x, x) = (D Q x, Q x)(D^{-1} Q x, Q x).$$

Define $y = Qx = (y_1, y_2, \dots, y_n)^T$, and $\beta_i = y_i^2$. Then,

$$\lambda \equiv (Dy, y) = \sum_{i=1}^n \beta_i \lambda_i, \quad \sum_{i=1}^n \beta_i = 1$$

$$\psi(y) = (D^{-1}y, y) = \sum_{i=1}^n \beta_i \frac{1}{\lambda_i}.$$

Note that λ is a convex combinations of eigenvalues of B. Then,

$$(Bx, x)(B^{-1}x, x) = \lambda \psi(y).$$

Noting that $f(\lambda) = 1/\lambda$ is a convex function for $x \in \mathbb{R}_{++}$, $\psi(y)$ contains all the convex combinations of $1/\lambda_i$ s which is bounded above by line passing through $(\lambda_1, 1/\lambda_1)$ and $(\lambda_n, 1/\lambda_n)$, i.e,

$$\begin{aligned}\psi(y) &\leq \frac{1}{\lambda_1} + \frac{1}{\lambda_n} - \frac{\lambda}{\lambda_1 \lambda_n} \\ \implies (Bx, x)(B^{-1}x, x) &= \lambda \psi(y) \leq \lambda \left(\frac{1}{\lambda_1} + \frac{1}{\lambda_n} - \frac{\lambda}{\lambda_1 \lambda_n} \right).\end{aligned}$$

The right-hand side is maximum when $\lambda = \frac{\lambda_1 + \lambda_n}{2}$ yielding,

$$(Bx, x)(B^{-1}x, x) \leq \frac{(\lambda_1 + \lambda_n)^2}{4\lambda_1 \lambda_n}$$

□

Algorithm 2 Steepest Descent Algorithm

- 1: Compute $r = b - Ax$ and $p = Ar$
 - 2: **repeat**
 - 3: $\alpha \leftarrow (r, r)/(p, r)$
 - 4: $x \leftarrow x + \alpha r$
 - 5: $r \leftarrow r - \alpha p$
 - 6: Compute $p = Ar$
 - 7: **until** Convergence
-

Theorem 5. Let A be a SPD. Then, A -norms of the error vectors $d_k = x_* - x_k$ generated by the above algorithm satisfy the following relation:

$$\|d_{k+1}\|_A \leq \left(\frac{\lambda_1 - \lambda_n}{\lambda_1 + \lambda_n} \right) \|d_k\|_A,$$

and the algorithm converges for any initial guess x_0 .

Proof. We know that $d_{k+1} = x_* - x_{k+1}$, but $x_{k+1} = x_k + \alpha_k r_k$.

$$\implies d_{k+1} = x_* - (x_k + \alpha_k r_k) = d_k - \alpha_k r_k.$$

Now consider,

$$\begin{aligned}\|d_{k+1}\|_A^2 &= (d_{k+1}, d_k - \alpha_k r_k)_A \\ &= (d_{k+1}, d_k)_A - (d_{k+1}, \alpha_k r_k)_A \\ (d_{k+1}, \alpha_k r_k)_A &= (Ad_{k+1}, \alpha_k r_k) = (r_{k+1}, \alpha_k r_k), \\ &= (r_k - \alpha_k Ar_k, r_k), \text{ where } \alpha_k = \frac{(r_k, r_k)}{(Ar_k, r_k)}, \\ &= (r_k, r_k) - \frac{(r_k, r_k)}{(Ar_k, r_k)} (Ar_k, r_k) = 0 = (r_{k+1}, r_k). \\ \implies (d_{k+1}, \alpha_k r_k)_A &= 0.\end{aligned}$$

$$\begin{aligned}
\implies \|d_{k+1}\|_A^2 &= (d_{k+1}, d_k)_A \\
&= (d_{k+1}, Ad_k) \quad (\text{since } A \text{ is SPD}), \\
&= (d_k - \alpha_k r_k, r_k) \\
&= (A^{-1}r_k, r_k) - \alpha_k (r_k, r_k) \\
\text{But, } \|d_k\|_A^2 &= (Ad_k, d_k) = (r_k, d_k) = (A^{-1}r_k, r_k), \\
\implies \|d_{k+1}\|_A^2 &= (A^{-1}r_k, r_k) \left(1 - \frac{(r_k, r_k)^2}{(Ar_k, r_k)(A^{-1}r_k, r_k)}\right),
\end{aligned}$$

From Kantorovich inequality,

$$\begin{aligned}
&\leq \|d_k\|_A^2 \left(1 - \frac{4\lambda_1\lambda_n}{(\lambda_1 + \lambda_n)^2}\right), \\
\implies \|d_{k+1}\|_A &\leq \left(\frac{\lambda_1 - \lambda_n}{\lambda_1 + \lambda_n}\right) \|d_k\|_A.
\end{aligned}$$

□

3 Krylov Subspace Methods

We define Krylov Subspace to be

$$\mathcal{K}_m(A, v) = \text{span}\{v, Av, A^2v, \dots, A^{m-1}v\}.$$

Then, $x = p(A)v$, $\forall x \in \mathcal{K}_m$, where $\deg(p) < m$.

Definition 1 (Minimal Polynomial of a vector). *Monic polynomial of least degree such that $p(A)v = 0$ is called minimal polynomial of v and degree of such polynomial is called $\text{grade}(\mu)$.*

Theorem 6. *Let μ be the grade of v . Then \mathcal{K}_μ is invariant under A and $\mathcal{K}_\mu = \mathcal{K}_m \forall m \geq \mu$.*

Proof. Since, grade of v is μ there exists a polynomial p of degree μ , such that $p(A)v = 0$, where $p(A) = p_0I + p_1A + \dots + p_{\mu-1}A^{\mu-1} + A^\mu$.

$$\implies A^\mu v = -(p_0I + p_1A + \dots + p_{\mu-1}A^{\mu-1})v \quad (1)$$

But, $\forall x \in \mathcal{K}_\mu$, $x = q(A)v$, $\deg(q) < \mu$, i.e.,

$$x = q_0v + q_1Av + \dots + q_{\mu-1}A^{\mu-1}v, \quad \forall x \in \mathcal{K}_\mu,$$

$$\implies Ax = q_0Av + q_1A^2v + \dots + q_{\mu-1}A^\mu v,$$

Case 1: $q_{\mu-1} = 0$, then $Ax \in \mathcal{K}_\mu$.

Case 2: $q_{\mu-1} \neq 0$, then replace $A^\mu v$ by (1), $Ax \in \mathcal{K}_\mu$.

Therefore, \mathcal{K}_μ is invariant under A . Similarly it can be seen that $\mathcal{K}_\mu = \mathcal{K}_m \forall m \geq \mu$. □

Corollary 6.1. $\dim(\mathcal{K}_m) = \min\{m, \text{grade}(v)\}$.

Algorithm 3 Arnoldi-Modified Gram-Schmidt

```
1: Choose a vector  $v_1$  of norm 1
2: for  $j = 1, 2, \dots, m$  do
3:   Compute  $w_j = Av_j$ 
4:   for  $i = 1, 2, \dots, j$  do
5:      $h_{ij} = (w_j, v_i)$ 
6:      $w_j = w_j - h_{ij}v_i$ 
7:   EndDo
8:    $h_{j+1,j} = \|w_j\|_2$ 
9:   If  $h_{j+1,j} = 0$  Stop; found an invariant subspace  $[v_1, \dots, v_j]$ 
10:   $v_{j+1} = w_j/h_{j+1,j}$ 
11: EndDo
```

4 Arnoldi's Method for Linear Systems (FOM)

Arnoldi's procedure is an algorithm for building an orthogonal basis of the Krylov subspace \mathcal{K}_m .

Proposition. Denote by $V_m = [v_1, v_2, \dots, v_m]_{n \times m}$ and \bar{H}_m , the $(m+1) \times m$ Hessenberg matrix whose non-zero entries h_{ij} are defined by the above algorithm and by H_m the matrix obtained from \bar{H}_m by removing the last row. Then,

$$AV_m = V_m H_m + w_m e_m^T = V_{m+1} \bar{H}_m,$$

$$V_m^T AV_m = H_m.$$

Proof. From lines 6,8 we have, $w_j = Av_j - h_{ij}v_i$ and $w_j = v_{j+1}h_{j+1,j}$.

$$\implies Av_j = \sum_{i=1}^{j+1} h_{ij}v_i \implies AV_m = V_m H_m + w_m e_m^T = V_{m+1} \bar{H}_m.$$

Since V_m^T is orthogonal, we get $V_m^T AV_m = H_m$.

□

Given an initial guess x_0 to the original linear system $Ax = b$, we now consider an orthogonal projection method which takes $\mathcal{L} = \mathcal{K} = \mathcal{K}_m(A, r_0)$, with

$$\mathcal{K}_m(A, r_0) = \text{span}\{r_0, Ar_0, A^2 r_0, \dots, A^{m-1} r_0\},$$

in which $r_0 = b - Ax_0$. This method seeks an approximate solution x_m from the affine subspace $x_0 + \mathcal{K}_m$ of dimension m by imposing the following orthogonality constraint:

$$b - Ax_m \perp \mathcal{K}_m.$$

If $v_1 = r_0/\|r_0\|_2$ in Arnoldi's method, and we set $\beta = \|r_0\|_2$, then

$$V_m^T AV_m = H_m, \quad V_m^T r_0 = V_m^T (\beta v_1) = \beta e_1.$$

As a result, the approximate solution using the above m -dimensional subspaces is given by:

$$x_m = x_0 + V_m y_m,$$

Algorithm 4 Full Orthogonalization Method (FOM)

```
1: Compute  $r_0 = b - Ax_0$ ,  $\beta = \|r_0\|_2$ , and  $v_1 = r_0/\beta$ 
2: Define the  $m \times m$  matrix  $H_m = \{h_{ij}\}_{i,j=1,2,\dots,m}$ ; Set  $H_m = 0$ 
3: for  $j = 1, 2, \dots, m$  do
4:   Compute  $w_j = Av_j$ 
5:   for  $i = 1, 2, \dots, j$  do
6:      $h_{ij} = (w_j, v_i)$ 
7:      $w_j = w_j - h_{ij}v_i$ 
8:   EndDo
9:    $h_{j+1,j} = \|w_j\|_2$ . If  $h_{j+1,j} = 0$  Stop
10:   $v_{j+1} = w_j/h_{j+1,j}$ 
11: EndDo
12: Compute  $y_m = H_m^{-1}\beta e_1$  and  $x_m = x_0 + V_my_m$ 
```

where y_m can be found by imposing orthogonality constraint that

$$V_m^T(b - Ax_m) = 0 \implies y_m = H_m^{-1}(\beta e_1).$$

Proposition. *The residual vector of the approximate solution x_m computed by the FOM Algorithm is such that*

$$b - Ax_m = -h_{m+1,m}e_m^T y_m v_{m+1}$$

and, therefore,

$$\|b - Ax_m\|_2 = h_{m+1,m}|e_m^T y_m|.$$

Proof.

$$\begin{aligned} b - Ax_m &= b - Ax_0 - AV_my_m \\ &= r_0 - (V_m H_m + w_m e_m^T) y_m \\ &= r_0 - V_m H_m (H_m^{-1} \beta e_1) - w_m e_m^T y_m \\ &= r_0 - V_m V_m^T r_0 - h_{m+1,m} e_m^T y_m v_{m+1} = -h_{m+1,m} e_m^T y_m v_{m+1}. \end{aligned}$$

□

4.1 Variation 1: Restarted FOM

Algorithm 5 Restarted FOM (FOM(m))

```
1: Compute  $r_0 = b - Ax_0$ ,  $\beta = \|r_0\|_2$ , and  $v_1 = r_0/\beta$ 
2: Generate  $V_m$  and  $H_m$  using Arnoldi algorithm starting with  $v_1$ .
3: Compute  $y_m = H_m^{-1}\beta e_1$  and  $x_m = x_0 + V_my_m$ . If satisfied then Stop.
4: Set  $x_0 = x_m$  and go to 1.
```

4.2 Variation 1: IOM and DIOM

Algorithm 6 Incomplete Orthogonalization Method (IOM)

- 1: Compute $r_0 = b - Ax_0$, $\beta = \|r_0\|_2$, and $v_1 = r_0/\beta$
 - 2: Define the $m \times m$ matrix $H_m = \{h_{ij}\}_{i,j=1,2,\dots,m}$; Set $H_m = 0$
 - 3: **for** $j = 1, 2, \dots, m$ **do**
 - 4: Compute $w_j = Av_j$
 - 5: **for** $i = \max\{1, j - (k - 1)\}, 2, \dots, j$ **do**
 - 6: $h_{ij} = (w_j, v_i)$
 - 7: $w_j = w_j - h_{ij}v_i$
 - 8: EndDo
 - 9: $h_{j+1,j} = \|w_j\|_2$. If $h_{j+1,j} = 0$ Stop
 - 10: $v_{j+1} = w_j/h_{j+1,j}$
 - 11: EndDo
 - 12: Compute $y_m = H_m^{-1}\beta e_1$ and $x_m = x_0 + V_m y_m$
-

A formula can be developed whereby the current approximate solution x_m can be computed from the previous approximation x_{m-1} and a small number vectors are updated at each step. This progressive formulation of the solution leads to an algorithm termed as Direct IOM (DIOM).

The Hessenberg matrix obtained from IOM has a band structure with band-width $k + 1$, i.e.,

$$H_m = \begin{pmatrix} h_{11} & h_{12} & h_{13} & & \\ h_{21} & h_{22} & h_{23} & h_{24} & \\ & h_{32} & h_{33} & h_{34} & h_{35} \\ & & h_{43} & h_{44} & h_{45} \\ & & & h_{54} & h_{55} \end{pmatrix} = L_m U_m$$

$$= \begin{pmatrix} 1 & & & & \\ l_{21} & 1 & & & \\ & l_{32} & 1 & & \\ & & l_{43} & 1 & \\ & & & l_{54} & 1 \end{pmatrix} \times \begin{pmatrix} u_{11} & u_{12} & u_{13} & & \\ & u_{22} & u_{23} & u_{24} & \\ & & u_{33} & u_{34} & u_{35} \\ & & & u_{44} & u_{45} \\ & & & & u_{55} \end{pmatrix}$$

The approximate solution then is given by

$$x_m = x_0 + V_m U_m^{-1} L_m^{-1} (\beta e_1).$$

Define $P_m \equiv V_m U_m^{-1}$ and $z_m = L_m^{-1}(\beta e_1)$, we have $x_m = x_0 + P_m z_m$. Because of the structure of U_m , P_m can be updated easily. Indeed, equating the last columns of the matrix relation $P_m U_m = V_m$ yields,

$$\sum_{i=m-k+1}^m u_{im} p_i = v_m \implies p_m = \frac{1}{u_{mm}} \left(v_m - \sum_{i=m-k+1}^{m-1} u_{im} p_i \right).$$

Therefore, p_m can be computed using previous p_i 's and v_m . In addition, due to the structure of L_m , we have compute z_m by,

$$z_m = \begin{bmatrix} z_{m-1} \\ \zeta_m \end{bmatrix}, \text{ where } \zeta_m = -l_{m,m-1} \zeta_{m-1}.$$

Now, the approximate solution is,

$$x_m = x_0 + \begin{bmatrix} P_{m-1} & p_m \end{bmatrix} \begin{bmatrix} z_{m-1} \\ \zeta_m \end{bmatrix} = x_0 + P_{m-1}z_{m-1} + p_m\zeta_m.$$

Noting that $x_{m-1} = P_{m-1}z_{m-1}$, x_m can be updated as follows:

$$x_m = x_{m-1} + \zeta_m p_m.$$

This gives the following algorithm, called **Incomplete Orthogonalization Method**(DIOM).

Algorithm 7 Direct Incomplete Orthogonalization Method (DIOM)

- 1: Choose x_0 and compute $r_0 = b - Ax_0$, $\beta = \|r_0\|_2$, and $v_1 = r_0/\beta$
 - 2: **for** $m = 1, 2, \dots$, until convergence **do**
 - 3: Compute $w_m = Av_m$
 - 4: **for** $i = \max\{1, m - k + 1\}, 2, \dots, m$ **do**
 - 5: $h_{im} = (w_m, v_i)$
 - 6: $w_m = w_m - h_{im}v_i$
 - 7: $h_{m+1,m} = \|w_m\|_2$. If $h_{m+1,m} = 0$ Stop
 - 8: $v_{m+1} = w_m/h_{m+1,m}$
 - 9: Update the LU factorization of H_m , i.e, obtain the last column
 - 10: U_m using the previous k pivots. If $u_{mm} = 0$ Stop.
 - 11: $\zeta_m = \beta$ if $m = 1$ else $-\zeta_{m-1}u_{mm}^{-1}$
 - 12: $p_m = u_{mm}^{-1}(v_m - \sum_{i=m-k+1}^{m-1} u_{im}p_i)$ (for $i \leq 0$ set $u_{im}p_i \equiv 0$)
 - 13: $x_m = x_{m-1} + \zeta_m p_m$
 - 14: **EndDo**
-

Remark. Observe that $V_m^T AV_m = H_m$ is still valid because the orthogonality properties were not used to derive this relation. As a consequence the following result is also valid,

$$\begin{aligned} b - Ax_m &= -h_{m+1,m}e_m^T y_m v_{m+1} \\ \implies \|b - Ax_m\|_2 &= h_{m+1,m}|e_m^T y_m| \\ \text{But, } y_m &= H_m^{-1}(\beta e_1) = U_m^{-1}z_m \implies e_m^T y_m = \zeta_m/u_{mm} \\ \implies \|b - Ax_m\|_2 &= h_{m+1,m} \left| \frac{\zeta_m}{u_{mm}} \right| \end{aligned}$$

Since the residual vectors is a scalar multiple of v_{m+1} and since the v_i 's are no longer orthogonal, IOM and DIOM are not orthogonal projection techniques. They can however be viewed as oblique projection techniques onto \mathcal{K}_m orthogonally to an artificially constructed subspace.

Proposition. IOM and DIOM are mathematically equivalent to projection process onto \mathcal{K}_m and orthogonally to

$$\mathcal{L}_m = \text{span}\{z_1, z_2, \dots, z_m\},$$

$$\text{where } z_i = v_i - (v_i, v_{m+1})v_{m+1}, \quad i = 1, 2, \dots, m.$$

Proof. From the construction of \mathcal{L}_m , v_{m+1} is orthogonal to \mathcal{L}_m and we know the final residue r_m is a scalar multiple of v_{m+1} , hence the approximate solution $x_m \in \mathcal{K}_m$ and residue vector $r_m \perp \mathcal{L}_m$. \square

5 Symmetric Lanczos Algorithm

The symmetric lanczos algorithm can be viewed as a simplification of Arnoldi's method for the particular case of symmetric matrix. When A is symmetric, then the Hessenberg matrix H_m will become symmetric tridiagonal. The standard notation used to describe the Lanczos algorithm is obtained by setting

$$\alpha_j = h_{jj}, \beta_j = h_{j-1,j},$$

and if T_m denotes the resulting H_m matrix, it is of the form,

$$T_m = \begin{pmatrix} \alpha_1 & \beta_2 & & & \\ \beta_2 & \alpha_2 & \beta_3 & & \\ & \cdot & \cdot & \cdot & \\ & & \beta_{m-1} & \alpha_{m-1} & \beta_m \\ & & & \beta_m & \alpha_m \end{pmatrix}.$$

This leads to the following form of Modified Gram-Schmidt variant of Arnoldi's method:

Algorithm 8 Lanczos Method for Linear Systems

- 1: Compute $r_0 = b - Ax_0$, $\beta = \|r_0\|_2$, and $v_1 = r_0/\beta$
 - 2: Set $\beta_1 = 0$ and $v_0 = 0$
 - 3: **for** $j = 1, 2, \dots, m$ **do** ▷ Orthogonalization Procedure
 - 4: $w_j = Av_j - \beta_j v_{j-1}$
 - 5: $\alpha_j = (w_j, v_j)$
 - 6: $w_j = w_j - \alpha_j v_j$
 - 7: $\beta_{j+1} = \|w_j\|_2$. If $\beta_{j+1} = 0$ then Stop
 - 8: $v_{j+1} = w_j/\beta_{j+1}$
 - 9: **EndDo**
 - 10: Set $T_m = \text{tridiag}(\beta_i, \alpha_i, \beta_{i+1})$, and $V_m = [v_1, \dots, v_m]$.
 - 11: Compute $y_m = H_m^{-1} \beta e_1$ and $x_m = x_0 + V_m y_m$
-

6 Conjugate Gradient

The conjugate gradient algorithm can be derived from the Lanczos algorithm in the same way DIOM was derived from IOM. Infact, the conjugate gradient algorithm can be viewed as a variation of DIOM for the case when A is symmetric.

First write the LU factorization of T_m as $T_m = L_m U_m$. The matrix L_m is unit lower bidiagonal and U_m is unit upper bidiagonal matrix. Thus the factorization of T_m is of the form

$$T_m = \begin{pmatrix} 1 & & & & \\ \lambda_2 & 1 & & & \\ & \cdot & \cdot & \cdot & \\ & & \lambda_{m-1} & 1 & \\ & & & \lambda_m & 1 \end{pmatrix} \times \begin{pmatrix} \eta_1 & \beta_2 & & & \\ & \eta_2 & \beta_3 & & \\ & & \cdot & \cdot & \\ & & & \eta_{m-1} & \beta_m \\ & & & & \eta_m \end{pmatrix}.$$

The approximate solution is then given by,

$$x_m = x_0 + V_m U_m^{-1} L_m^{-1} (\beta e_1) = x_0 + P_m z_m.$$

As for DIOM, p_m , the last column of P_m , can be computed from the previous p_i 's and v_m by the simple update

$$p_m = \eta_m^{-1} [v_m - \beta_m p_{m-1}].$$

Note that β_m is a scalar computed from the Lanczos algorithm, while η_m results from the m -th Gaussian elimination step on the tridiagonal matrix, i.e, $\lambda_m = \frac{\beta_m}{\eta_{m-1}}$, $\eta_m = \alpha_m - \lambda_m \beta_m$. In addition, following again what has been shown for DIOM, $z_m = \begin{bmatrix} z_{m-1} \\ \zeta_m \end{bmatrix}$, where $\zeta_m = -\lambda_m \zeta_{m-1}$. As a result, x_m can be updated at each step as follows:

$$x_m = x_{m-1} + \zeta_m p_m.$$

This gives the following algorithm, which we call as direct version of Lanczos algorithm for linear systems.

Algorithm 9 D-Lanczos

- 1: Choose x_0 and compute $r_0 = b - Ax_0$, $\zeta_1 = \beta = \|r_0\|_2$, and $v_1 = r_0/\beta$
 - 2: $\lambda_1 = \beta_1 = 0$, $p_0 = 0$
 - 3: **for** $m = 1, 2, \dots$, until convergence **do**
 - 4: Compute $w_m = Av_m - \beta_m v_{m-1}$ and $\alpha_m = (w, v_m)$
 - 5: If $m > 1$ then compute $\lambda_m = \frac{\beta_m}{\eta_{m-1}}$ and $\zeta_m = -\lambda_m \zeta_{m-1}$
 - 6: $\eta_m = \alpha_m - \lambda_m \beta_m$
 - 7: $p_m = \eta_m^{-1} [v_m - \beta_m p_{m-1}]$
 - 8: $x_m = x_{m-1} + \zeta_m p_m$
 - 9: If x_m has converged then Stop
 - 10: $w = w - \alpha_m v_m$
 - 11: $\beta_{m+1} = \|w\|_2$, $v_{m+1} = w/\beta_{m+1}$
 - 12: **EndDo**
-

Observe that the residual vector for this algorithm is in the direction of v_{m+1} . Therefore, the residual vectors are orthogonal to each other as in FOM. Likewise, the vectors p_i are A-orthogonal or conjugate to each other.

Proposition. Let $r_m = b - Ax_m$, and $p_m, m = 0, 1, \dots$, be the residual vectors and auxiliary vectors produced by D-Lanczos algorithm. Then,

- i) Each residual vector r_m is such that $r_m = \sigma_m v_{m+1}$, where σ_m is a certain scalar. As a result, the residual vectors are orthogonal to each other.
- ii) The auxiliary vectors p_i form an A-conjugate set, i.e,

$$(Ap_i, p_j) = 0, \text{ for } i \neq j.$$

Proof. The first part is immediate consequence of the following relation:

$$r_m = b - Ax_m = -h_{m+1,m} e_m^T y_m v_{m+1}$$

Now we prove the second part. Consider the matrix $P_m^T A P_m$,

$$P_m^T A P_m = U_m^{-T} V_m^T A V_m U_m^{-1} = U_m^{-T} T_m U_m^{-1} = U_m^{-T} L_m$$

Now we observe $U_m^{-T} L_m$ is a lower triangular matrix which is also symmetric since it is equal to the symmetric matrix $P_m^T A P_m$. Therefore it must be diagonal. \square

A consequence of the above proposition is that a version of the algorithm can be derived by imposing the orthogonality and conjugacy conditions. This gives the Conjugate Gradient algorithm which we now derive.

Remark. *In order to conform with the standard notation used in the literature to describe the algorithm, the indexing of the p vectors now begins at zero instead of one as was done so far.*

The vector $x_{j+1}, r_{j+1}, p_{j+1}$ can be expressed as follows:

$$x_{j+1} = x_j + \alpha_j p_j, \quad r_{j+1} = r_j - \alpha_j A p_j, \quad p_{j+1} = r_{j+1} + \beta_j p_j.$$

It can be seen that $(A p_j, r_j) = (A p_j, p_j + \beta_j p_{j-1}) = (A p_j, p_j)$. Now imposing constraints,

1. Orthogonality Conditions on r_i 's gives $(r_j - \alpha_j A p_j, r_j) = 0$, as a result,

$$\alpha_j = \frac{(r_j, r_j)}{(A p_j, r_j)} = \frac{(r_j, r_j)}{(A p_j, p_j)}$$

2. Conjugacy Conditions on p_i 's gives $(p_{j+1}, A p_j) = 0$. But,

$$\begin{aligned} (p_{j+1}, A p_j) &= (r_{j+1} + \beta_j p_j, A p_j) = -\frac{1}{\alpha_j} (r_{j+1} + \beta_j p_j, r_{j+1} - r_j) \\ &= -\frac{1}{\alpha_j} [(r_{j+1}, r_{j+1}) - \beta_j (r_j - r_{j+1}, p_j)] \\ &= -\frac{1}{\alpha_j} [(r_{j+1}, r_{j+1}) - \beta_j \alpha_j (A p_j, p_j)] \\ &= -\frac{1}{\alpha_j} (r_{j+1}, r_{j+1}) + \beta_j (A p_j, p_j) \\ (p_{j+1}, A p_j) = 0 &\implies \beta_j = \frac{(r_{j+1}, r_{j+1})}{(r_j, r_j)} \end{aligned}$$

It is important to note that the scalar α_j, β_j in this algorithm and D-Lanczos are different.

Putting these relation together gives the following algorithm.

Algorithm 10 Conjugate Gradient

```
1: Choose  $x_0$  and compute  $r_0 = b - Ax_0$ ,  $p_0 = r_0$ .
2: for  $j = 1, 2, \dots$ , until convergence do
3:    $\alpha_j = (r_j, r_j) / (Ap_j, p_j)$ 
4:    $x_{j+1} = x_j + \alpha_j p_j$ 
5:    $r_{j+1} = r_j - \alpha_j Ap_j$ 
6:    $\beta_j = (r_{j+1}, r_{j+1}) / (r_j, r_j)$ 
7:    $p_{j+1} = r_{j+1} + \beta_j p_j$ 
8: EndDo
```

7 Convergence Analysis

Here we show the convergence of CG Algorithm using Chebyshev polynomials.

7.1 Real Chebyshev Polynomials

Definition 2. The Chebyshev polynomial of the first kind of degree k is defined by:

$$C_k(t) = \begin{cases} \cos[k \cos^{-1}(t)], & \text{for } |t| \leq 1 \\ \cosh[k \cosh^{-1}(t)], & \text{otherwise.} \end{cases}$$

It can be seen that $C_0(t) = 1$, $C_1(t) = t$, can be easily extended by the following trigonometric relation

$$\cos[(k+1)\theta] + \cos[(k-1)\theta] = 2\cos\theta \cos k\theta.$$

This also shows the important three-term recurrence relation

$$C_{k+1}(t) = 2tC_k(t) - C_{k-1}(t).$$

Proposition. If $|t| > 1$, then $C_k(t) = \frac{1}{2} \left[\left(t + \sqrt{t^2 - 1} \right)^k + \left(t - \sqrt{t^2 - 1} \right)^{-k} \right]$

Proof. We know, $C_k(t) = \cosh[k \cosh^{-1}(t)]$, $|t| > 1$, $\cosh \theta = \frac{1}{2}(e^\theta + e^{-\theta})$. Then, $C_k(t) = \frac{1}{2} \left[(e^\theta)^k + (e^\theta)^{-k} \right]$, where $\theta = \cosh^{-1}(t)$, i.e, $t = \cosh \theta$

$$\begin{aligned} \implies t &= \frac{1}{2}(e^\theta + e^{-\theta}) \implies e^{2\theta} - 2te^\theta + 1 = 0 \\ \implies e^\theta &= t \pm \sqrt{t^2 - 1} \end{aligned}$$

Notice that $t + \sqrt{t^2 - 1} = \frac{1}{t - \sqrt{t^2 - 1}}$. Then, for $|t| > 1$,

$$C_k(t) = \frac{1}{2} \left[\left(t + \sqrt{t^2 - 1} \right)^k + \left(t - \sqrt{t^2 - 1} \right)^{-k} \right] \gtrsim \frac{1}{2} \left(t + \sqrt{t^2 - 1} \right)^k.$$

□

In what follows we denote by \mathbb{P}_k as the set of all polynomials of degree k .

Remark. The Chebyshev polynomials are polynomials with the largest possible leading coefficient whose absolute value on the interval $[-1, 1]$ is bounded by 1.

Theorem 7. Let $[\alpha, \beta]$ be a non-empty interval in \mathbb{R} and let γ be any real scalar outside $[\alpha, \beta]$. Then,

$$\hat{C}_k(t) = \frac{C_k\left(1 + 2\frac{t-\beta}{\beta-\alpha}\right)}{C_k\left(1 + 2\frac{\gamma-\beta}{\beta-\alpha}\right)} = \arg \min_{p \in \mathbb{P}_k, p(\gamma)=1} \max_{t \in [\alpha, \beta]} |p(t)|.$$

Remark. If $\gamma \leq \alpha$, the absolute values are needed in the denominators and exchanging the roles of α and β , i.e.,

$$\hat{C}_k(t) = \frac{C_k\left(1 + 2\frac{\alpha-t}{\beta-\alpha}\right)}{C_k\left(1 + 2\frac{\alpha-\gamma}{\beta-\alpha}\right)}.$$

We can further state following which is the result of the above remark and theorem.

Corollary 7.1. $\arg \min_{p \in \mathbb{P}_k, p(\gamma)=1} \max_{t \in [\alpha, \beta]} |p(t)| = \frac{1}{|C_k(1 + 2\frac{\gamma-\beta}{\beta-\alpha})|}$

7.2 Convergence of CG Algorithm

Lemma 8. Let x_m be the approximate solution obtained from the m -th step of the CG algorithm, and let $d_m = x_* - x_m$ where x_* is the exact solution. Then, $x_m = x_0 + q_m(A)r_0$, where q_m is a polynomial of degree $m-1$ such that

$$\|(I - Aq_m(A))d_0\|_A = \min_{q \in \mathbb{P}_{m-1}} \|(I - Aq(A))d_0\|_A.$$

Proof. Consider the following objective function in the polynomial q

$$\|(I - Aq(A))d_0\|_A = \|d_0 - Aq(A)d_0\|_A = \|x_* - (x_0 + Aq(A)r_0)\|_A = \|x_* - x\|_A.$$

And also observe that $\forall x \in x_0 + \mathcal{K}_m(A, r_0)$, $x = x_0 + q(A)r_0$, $q \in \mathbb{P}_{m-1}$. Therefore minimizing x over $x_0 + \mathcal{K}_m(A, r_0)$ and q over \mathbb{P}_{m-1} are equivalent. We know that $x_m = \arg \min_{x \in x_0 + \mathcal{K}} \|x_* - x\|_A$. Hence, $q_m = \arg \min_{q \in \mathbb{P}_{m-1}} \|(I - Aq(A))d_0\|_A$. \square

Theorem 9. Let $\eta = \frac{\lambda_n}{\lambda_1 - \lambda_n}$ and $\kappa = \frac{\lambda_1}{\lambda_n}$, then

$$\|x_* - x_m\|_A \leq \frac{\|x_* - x_0\|_A}{C_m(1 + 2\eta)} \leq 2 \left[\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} \right]^m \|x_* - x_0\|_A.$$

Proof. From the previous lemma, it is known that $\|x_* - x_m\|_A$ is the minimum of the error over polynomials $r(t) = 1 - tq(t)$ which take the value one at 0, i.e.,

$$\|x_* - x_m\|_A = \min_{r \in \mathbb{P}_m, r(0)=1} \|r(A)d_0\|_A.$$

Let $\lambda_i, i = 1, 2, \dots, n$ are the eigenvalues of A , and $\xi_i, i = 1, 2, \dots, n$ are the components of the initial error d_0 in the eigenbasis. Let eigen decomposition of

$A = U\Lambda U^T$, where $\Lambda = \text{diag}(\lambda_1, \lambda_2, \dots, \lambda_n)$, then $d_0 = U\xi$, $\xi = [\xi_1 \ \xi_2 \ \dots \ \xi_n]^T$ and $r(A) = Ur(\Lambda)U^T$. Then,

$$\begin{aligned} \|r(A)d_0\|_A^2 &= (Ar(A)d_0, r(A)d_0) = d_0^T r(A)A r(A)d_0 \\ &= \xi^T U^T U r(\Lambda) U^T U \Lambda U^T U r(\Lambda) U^T U \xi \\ &= \xi^T \Lambda r(\Lambda)^2 \xi = \sum_{i=1}^n \lambda_i r(\lambda_i)^2 \xi_i^2 \leq \max_i (r(\lambda_i)^2) \|d_0\|_A^2 \\ \implies \|r(A)d_0\|_A^2 &\leq \max_{\lambda \in [\lambda_n, \lambda_1]} (r(\lambda_i)^2) \|d_0\|_A^2. \end{aligned}$$

Therefore,

$$\begin{aligned} \|x_* - x_m\|_A &\leq \min_{r \in \mathbb{P}_m, r(0)=1} \max_{\lambda \in [\lambda_n, \lambda_1]} |r(\lambda_i)| \|d_0\|_A \\ &= \frac{\|x_* - x_0\|_A}{C_m(1+2\eta)}. \end{aligned}$$

We know, $C_m(t) \geq \frac{1}{2} \left(t + \sqrt{t^2 - 1} \right)^m$, then

$$C_m(1+2\eta) \geq \frac{1}{2} \left(1 + 2\eta + 2\sqrt{\eta(\eta-1)} \right)^m.$$

Now notice that

$$1 + 2\eta + 2\sqrt{\eta(\eta-1)} = (\sqrt{\eta} + \sqrt{\eta+1})^2 = \frac{(\sqrt{\lambda_n} + \sqrt{\lambda_1})^2}{\lambda_1 - \lambda_n} = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}.$$

$$\text{Therefore, } \|x_* - x_m\|_A \leq 2 \left[\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} \right]^m \|x_* - x_0\|_A.$$

□