

# COMMON TRAINING GREEN STAR INSTRUCTIONAL GUIDE



#### **SECTION 4**

#### EO M108.04 - CLOSE TO THE RIGHT AND LEFT

Total Time: 30 min

#### **PREPARATION**

#### PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-701/PF-001, *Green Star Qualification Standard and Plan*, Chapter 4. Specific uses for said resources are identified throughout the instructional guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

#### PRE-LESSON ASSIGNMENT

Nil.

## **APPROACH**

A demonstration and performance was chosen for this lesson as it allows the instructor to explain and demonstrate the skill the cadets are expected to acquire while providing an opportunity for the cadets to practice the skill under supervision.

# INTRODUCTION

#### **REVIEW**

Review the drill movements from EO M108.03 (Execute Turns at the Halt).

#### **OBJECTIVES**

By the end of this lesson the cadet shall have closed to the right and left.

## **IMPORTANCE**

It is important for cadets to be able to perform drill movements at a competent level, developing sharpness, esprit-de-corps, physical coordination and alertness. These movements should be executed with ease ensuring that the cadets move together as one, which promotes discipline, alertness, precision, pride, steadiness and cohesion, and helps develop teamwork.



Develop and use a vocabulary of short, concise words to impress on the cadets that the movements must be performed smartly. For example, the words "crack", "drive", "seize" and "grasp" suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

Proper drill movements shall be combined with a professional demeanour throughout this lesson.



This lesson is broken down into movements. Explain, demonstrate and allow time for the cadets to practice, in a variety of positions.



Capitalization indicates the words of command for each movement.

Cadence is to be maintained when completing movements.



The term squad is a generic name for a group of cadets, used to teach drill movements. This term can be interchanged with platoon, flight, division or any other applicable elemental or regimental term.



Assistant instructors may be required for this lesson.

## **Teaching Point 1**

Explain, demonstrate and have the cadets close to the right.

Time: 15 min Method: Demonstration and Performance

## **CLOSE TO THE RIGHT**



Closing to the right is executed to adjust position right. Close march paces to the right shall not be ordered when the distance required to move exceeds eight paces. When the distance is greater, the squad shall be turned and marched the required distance.

On the command ONE PACE RIGHT CLOSE MARCH BY NUMBERS, SQUAD-ONE, the cadet shall:

- 1. bend the right knee, carrying the foot to the right and placing it on the ground with the inside of the heels one side pace 25 cm apart;
- 2. balance the weight of the body evenly on both feet; and
- 3. keep the arms at the sides.



Practice the movements with:

- the instructor calling the time;
- the **squad** calling the time; and
- the squad judging the time.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Common faults include:

- arms not held straight and firmly to the sides,
- wrong foot moved,
- foot is lifted instead of bending the knee, and
- lower leg and foot hanging at an unnatural angle.

On the command SQUAD—TWO, the cadet shall shift the weight of the body to the right foot; and bend the left knee, placing the left foot by the right to assume the position of attention.



Practice the movements with:

- the instructor calling the time;
- the squad calling the time; and
- the squad judging the time.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Common faults are the same as the first movement.

On the command ONE PACE RIGHT CLOSE—MARCH, combine the two movements, observing the following timing:

- 1. one pace, one-one,
- 2. two paces, one-one, pause, one-two: and
- 3. three paces, one-one, pause, one-two, pause, one-three.



Standard Pause: The standard pause between each movement is two beats in quick time.



Practice the movement with:

- the **instructor** calling the time;
- the squad calling the time; and
- the squad judging the time.

Emphasize any movements with which the cadets had difficulty with during the TP.

#### **CONFIRMATION OF TEACHING POINT 1**

The cadets' closing to the right will serve as the confirmation of this TP.

# **Teaching Point 2**

Explain, demonstrate and have the cadets close to the left.

Time: 10 min Method: Demonstration and Performance

#### **CLOSE TO THE LEFT**

On the command ONE PACE LEFT CLOSE MARCH BY NUMBERS, SQUAD—ONE, the cadet shall:

- 1. bend the left knee, carrying the foot to the left and placing it on the ground with the inside of the heels one side pace 25 cm apart;
- 2. balance the weight of the body evenly on both feet; and
- 3. keep the arms still at the sides.



Practice the movements with:

- the **instructor** calling the time;
- the squad calling the time; and
- the squad judging the time.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Common faults are the same as closing to the right except with the left foot.

On the command SQUAD—TWO, the cadet shall shift the weight of the body to the left foot; and bend the right knee, placing the right foot by the left to assume the position of attention.



Practice the movements with:

- the instructor calling the time;
- the squad calling the time; and
- the squad judging the time.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Common faults are the same as the first movement.

On the command ONE PACE LEFT CLOSE—MARCH, combine the two movements, observing the following timing:

- 1. one pace, one-one;
- 2. two paces, one-one, pause, one-two; and
- 3. three paces, one-one, pause, one-two, pause, one-three.



Practice the movement with:

- the **instructor** calling the time;
- the squad calling the time; and
- the squad judging the time.

Emphasize any movements with which the cadets had difficulty during the lesson.

#### **CONFIRMATION OF TEACHING POINT 2**

The cadets' closing to the left will serve as the confirmation of this TP.

#### **END OF LESSON CONFIRMATION**

The cadets' closing to the right and left will serve as the confirmation of this lesson.

#### CONCLUSION

# **HOMEWORK / READING / PRACTICE**

Nil.

#### **METHOD OF EVALUATION**

Nil.

## **CLOSING STATEMENT**

Drill develops and reinforces in cadets many qualities such as patience and determination through self-discipline and practice. Drill requires that cadets move together as one, which promotes discipline, alertness, precision, pride, steadiness and cohesion, and helps develop teamwork.

#### **INSTRUCTOR NOTES / REMARKS**

It is recommended that ongoing feedback be provided to the cadets during drill practices, parade nights and ceremonial parades. All corrections shall be made immediately so that bad habits do not persist.

#### **REFERENCES**

A0-002 A-DH-201-000/PT-001 Director History and Heritage 3-2. (2006). *The Canadian Forces manual of drill and ceremonial*. Ottawa, ON: Department of National Defence.